

ST. GEORGE DISTRICT  
AMATEUR ATHLETIC CLUB

Affiliated to the A.A.A. of N.S.W.

FOUNDED 1921

43rd  
ANNUAL REPORT  
and  
FINANCIAL STATEMENT  
for the year ending  
31st March, 1964

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Patron: J.J. Walsh

President: A.A.Gainsford

Senior Vice-Presidents:

W.R. Mackenzie, W. Moroney, A. Henderson

Vice-Presidents:

R.Jolliffe, A.L.Blackshaw, S.Frost, F.Larcombe, F.Eggleton, A.Gould,  
J.Coppock, E.Williams, L.Williams, E.Ellis, G.Gosling, Bro. Edmonds,  
Ald.G.W.Hill, Ald. Robinson, Ald.C. Nairn, B.Bannon, M.L.A.  
D.Cross, M.L.A., W.Rigby, M.L.A., W.Crabtree, M.L.A.

Hon.General Secretary:

A.Chisholm, 1/4/63 to 31/12/63

D.Wilson, 1/1/64 to 31/ 3/64

Hon. Treasurer:

D.Wilson, 1/4/63 to 31/12/63

D.Jolliffe, 1/1/64 to 31/3/64

Hon.Auditor:

R. Towers

Executive:

A.Gainsford, D. Wilson, D.Jolliffe, A.Gould, G.Gosling, J.Bowers  
A.Chisholm, P.Duncombe

Captains: Track: D. Jolliffe

Distance: R. Gribble

Vice-Captains: Track: D.Chisholm

Distance: A.G. Thomas

Time Keepers: Track: A.Walters, R.Slater

Distance: A.Chisholm, S. Clarke, J. Burne

Starters: Track: G.Gosling, J. Burne

Distance: S.Cunnington, A.Gainsford, J.Burne, J.Bowers

Costume Steward: J. Burne

Clark of Course: A.Gainsford

Judges: Track: R.Slater, R.Bloomfield, A.Gorman

Distance: S.Cunnington, A.Gainsford, S.Clark

Publicity Officers: F.Thornton, R. Proud

First Aid Officer: F. Wrightson Hon.Race Secretary: A. Chisholm

Hon. Track Secretary: P.Duncombe Hon. Distance Secretary: J.Bowers

Social Committee: J. Burne, A. Gould, D.Jolliffe D.Wilson

Delegates to Interclub Board: K.Taylor, A. Chisholm, P.Duncombe

Delegates to A.A.A. of N.S.W. F.Eggleton, A.Chisholm, D.Wilson,  
P. Duncombe

Delegates to Harrier Board: F.Wrightson, A. Gainsford

Gear Stewards: G. Gosling, A. Gorman

Selectors: Distance: R.Gribble, J. Bowers, F. Thornton

Track: D. Jolliffe, P. Duncombe, J. Burne

Handicappers:

Track: A. Gould (Sprints, Field Games) J. Bowers (Distance)

Distance: J. Bowers

L I F E M E M B E R S

A.A. GAINSFORD 1923

\* W.J. HASLER 1932

B.C. BUTTON 1937

W. AHERN 1955

A. GOULD 1963

\* Deceased



## 43rd Annual Report and Balance Sheet

PRESENTED TO MEMBERS AT THE ANNUAL GENERAL MEETING  
HELD AT ELECTRICITY HOUSE HURSTVILLE ON FRIDAY  
8th MAY, 1964

Gentlemen,

The 43rd Annual Report and Balance Sheet of your Club is presented to you to-night and it would seem that our achievements for the past 12 months are about the same as last year, although it would appear that we are developing more all-round ability in our younger ranks.

Year after year Albert Thomas has proved himself the best athlete in our Club and during the past year he has again established himself as easily our best performer and I feel that he is now in form equalling his previous best year of 1958, when he set up World's records for 2 and 3 Miles.

It has just been announced by the A.A.A. of N.S.W. that Albert has been awarded the Richard Coombes Memorial Medallion for the best track and field athlete in N.S.W.

Albert has now won this outstanding award on 4 occasions and the only athletes to do this previously were Jack Metcalfe and Geoff Goodacre. His outstanding and most satisfying performance was in winning the Australian 1 Mile Championship, in the Australian Open in record time of 3 min. 58.3 seconds which beat John Landy's previous record.

Albert was most unfortunate to lose the Australian 3 Mile Title when he gained 2nd place to Bill Baillie N.Z. in the very fine time of 13 min. 20.4 seconds. In the last 150 yds. he became pocketed by a tiring athlete and he quickly lost 12 to 15 yds but in a magnificent finish he failed to catch Baillie by less than 2 yards. Albert's other fine performances during the year were:

1st State	1 Mile	4 min. 11 secs.
1st "	3 Mile	13 min. 44.6 secs.
1st "	Marathon 26 miles 385 yards	2 hr. 29 min. .04sec.
2nd "	10000 Metres C.C.C.	35 min. 55 secs.

Len Chinnery had another excellent year winning the State Discus 156' 0 $\frac{1}{2}$ " and Shot Put 50' 2". In the Australian Titles Len did not give of his best, but he did gain 3rd. in the Shot and 4th in the Discus. During the year Len created a Club record with the Shot at 53' 1".

Ian Sharpe won the State Long Jump with a nice leap of 23' 8 $\frac{1}{2}$ " but he also failed to give of his best in the Australian Titles.

Garry Friend by jumping 24' 3" to gain 2nd place in the Junior State Long Jump is one of the best prospects we have had in this event and attention to sprinting could develop him into a 26 footer.

Steve Clark pleasingly surprised Club members when he convincingly won the State Sub-junior 220 yards Hurdles in 26.4 secs. and was 3rd in the State Sub-junior 120 Hurdles in 15.8 secs.

John Byrne is another very promising Sub-junior gaining 2nd place in the State Title at 20' 10" and then 3rd place in the State Triple Jump with 42' 7 $\frac{1}{2}$ ".

We have three excellent Junior Athletes who before long will make their presence felt in the Senior ranks and they are:

John Hancock	2nd State 880	1 min. 58.8 secs.
	2nd State Mile	4 min. 26.3 secs
Robert Subokas	2nd State Javelin	175' 4"
Mal Lutton	2nd State Discus	128' 8"

Other promising young athletes include Ron Morgan who won the under 16 years State Age Championships for the Javelin at 142' 4" while Mike Jackson was also successful in these Championships when he won the under 15 years 220 in 24.2 secs. and the 440 in 54.5 secs. Rob Bradley is our best Sub-junior in the Shot Put and he represented N.S.W. against Queensland in this event.

The St. George team of Jeff Duxbury, Ross Proud, Kevin Taylor and Frank Thornton won the State 4 x 1 Mile relay in 17 min. 55.8sec. but our team 4 x 880 was quite unexpectedly beaten in this relay.

The 1963/64 Interclub teams did not improve on the previous year and the only teams to do well were "E" Grade in 3rd Place and under 15, 2nd. The under 15 were most unfortunate in losing the premiership; never beaten until the last match when they dropped the baton in the relay which cost them the match and premiership.



Our senior distance athletes ran better than the previous year and it would not surprise us if St. George regained their former glory in the forthcoming season.

We gained 1st place in State Novice Teams event and 2nd place in the State Marathon, 10000 Metres and 10 Mile but did not start a team in the 15 Mile.

Ron Gribble ran very well to record 2 hours 46 min. 21 secs. for the Marathon and Ross Proud gained 3rd place in the Novice.

Junior John Hancock ran very well to win the State 5000 Metres C.C.C. and we gained 2nd place in the teams events for the State Sub-Junior 3000 Metres and Juvenile 1500 metres in which event Ross Wakely was our best performer.

In the State relays we did reasonably well to gain 2nd places in the Senior 4 x 5 Mile and Juvenile 4 x  $\frac{1}{4}$  Mile. We were unplaced in the Junior and Sub-Junior relays.

It is particularly pleasing to see the re-appearance of George Freeman after some 10 or 12 years when he was one of our best athletes. George's example of training is good for any athlete to follow after being out of the sport for so long and it would appear that he could easily make our senior teams this year.

Club membership at 150 has increased by 8 during the year but it is still a long way short of the 1949 record of 249 members.

The improvement in Club costumes is most gratifying and after very keen competition Juvenile Allan Staples was adjudged the best dressed athlete during the distance season. This young athlete's dress is immaculate and we also pass on our sincere congratulations to his parents.

Ron Gribble again won the honor of the best dressed athlete during the Track Season.

To Fred Larcombe we once again extend our sincere congratulations for organising the Annual Schoolboy Championships at Kogarah Jubilee Oval Saturday 19th September.

As usual entries were in great numbers and our thanks are also given to Fred's fine band of teachers who have done a magnificent job year after year. Fred has indicated he may retire this year as organiser and if this does come about, Fred will always be able to reflect on the many magnificent athletes he has passed through these Championships.

Apart from Albert Thomas' wonderful running another magnificent piece of organising was done by the old St. George Athletes (1921 onwards vintage) when they promoted two Bowling Days in conjunction with the Beverly Hills Bowling Club which resulted in £300 being given to our Club.

Ted Ellis our old athlete and Vice-President is mainly responsible for this grand effort and to you Ted on behalf of the present Club members I thank you most sincerely and assure you that the funds received will be spent wisely. Albert Blyth was Ted's very able assistant and he did a grand job in getting the old athletes together and to you too Albert our sincere thanks. As the result of our old athletes' help the Club financial Statement is the best it has ever been since its inception.

During the last three months two of the Club's best athletes have taken over the executive reins of the Club and they are Denis Wilson, Hon. General Secretary and Dennis Jolliffe, Treasurer.

The work already done by Denis Wilson indicates that he will do an excellent job as our General Secretary, and I earnestly appeal to all athletes to rally around our executive officers so that we can carry on the job of good clean sport for the benefit of all our members.

A. GAINSFORD  
President.

#### ST. GEORGE DISTRICT SCHOOLBOY CHAMPIONSHIPS

Held at Jubilee Oval Carlton on Saturday  
14th September 1963

Thanks to our organiser Mr. Fred Larcombe and his band of helpers this day was once more a notable success. The programme was re-organised to bring it in line with the age groupings adopted for the combined High Schools. Primary and Secondary Schools were separated in the lower age groups.

Fine weather and good conditions resulted in some very good performances, outstanding amongst which were the treble scored by John Hancock in winning the Open 440, 880 and 1 Mile including a record breaking 1 min. 57.9 secs. run in the half and John Cashman's 14.9 secs. 120 yds Hurdles.



Marist Brothers Kogarah proved to be the strongest secondary school winning the Junior and Juvenile Secondary pennants thereby winning the A.A. Gainsford Shield from Canterbury.

The L. B. Williams Shield for Primary Schools was won by Sans Souci narrowly from Kogarah Marist Brothers.

### RESULTS OF EVENTS

#### OPEN

##### 100 yards.

1. L. McComb (Syd.Tech) 10.4s.
2. R. Covington (Cant.)
3. R. Taylor (Narwee)

##### 440 yards.

1. J. Hancock (Hurst.) 53.2s.
2. J. Weissil (Syd.Tech)
3. R. Covington (Cant)

##### 1 Mile

1. J. Hancock (Hurst.) 4.43.5s.
2. D. Benson (Cant)
3. J. Sacks (M.B.Kog)

##### Long Jump

1. S. Edwards (Kog) 20'4"
2. D. Boughton (Cant.)
3. G. Maidment (M.B.Kog.)

##### Javelin

1. A. Granland (Hurst.) 139'4½"
2. R. Taylor (Narwee)
3. J. Jeboult (Syd.Tech.)

##### Discus

1. A. Granland (Hurst.) 86'3"
2. R. Saunders (Narwee)
3. B. Battishall (Hurst.)

##### 120 yds. Hurdles

1. A. Cashman (Kog.) 14.9s. (Record.)
2. T. Simmons (Kog.)
3. D. Messiter (Syd.Tech.)

##### 220 yards.

1. L. McComb (SydTech) 24 .Gs.
2. R. Covington (Cant.)
3. D. Boughton (Cant.)

##### 880 Yards.

1. J. Hancock (Hurst.) 1.57.9s.
2. R. Greig (James Cook) (Record)
3. G. Maidment (M.B.Kog.)

##### High Jump

1. V. Whitford (M.B.Kog) 5'1"
2. J. Jeboult (Syd.Tech)
3. P. Benson (Cant.)

##### Triple Jump

1. L. Hyde (Narwee) 41'1"
2. G. Maidment (M.B.Kog.)
3. T. Tierney (Cant.)

##### Shot Put

1. M. Lutton (Blakehurst) 42'8½"
2. A. Granland (Hurst.)
3. P. Shepard (Narwee)

##### Relay (4 x 110 yds.)

1. James Cook 46.7s.
2. Canterbury
3. Syd. Tech. High.

#### 16 YEARS.

##### 100 yards.

1. J. Moore (Kog.) 10.2
2. K. Latter (M.B.Kog.)
3. J. Crump (Syd.Tech.)

##### 440 yards.

1. J. Silence (Cant.) 55.1s.
2. J. Weissil (Syd.Tech.)
3. R. Covington (Cant.)

##### 1 Mile

1. B. Clarke (M.B.Kog.) 5m.3.5 s.
2. R. Cunningham (Kingsgrove Nth)
3. G. Frawley (M.B.Kog.)

##### High Jump

1. P. Lamont (Cant.) 5'3"
2. J. McNamara (M.B.Kog.)
3. J. Van Poppel (Cant.)

##### Triple Jump

1. J. Byrne (Kingsgrove Nth) 41'2"
2. J. Van Poppel (Cant.)
3. S. Munsie (Cant.)

##### Shot Put

1. B. Clarke (M.B.Kog.) 42'1½"
2. F. McDowell (Kog.)
3. P. Little (M.B. Kog.)

##### Relay (4 x 110 yds.)

1. Canterbury 47.4s.
2. James Cook.
3. Marist Brothers Kogarah.

##### 220 yards.

1. K. Latter (M.B.Kog.) 24.2
2. J. Crump (Syd.Tech.)
3. G. Roll (James Cook)

##### 880 yards.

1. P. McManus (M.B.Kog.) 2m.11.2s.
2. R. Covington (Kingsgrove Nth)
3. P. Atkins (Syd.Tech.)

##### 90 yds. Hurdles.

1. S. Clark (James Cook) 12.3s.
2. J. Douglas (Hurst.)
3. D. Crowe (Kingsgrove Nth.)

##### Long Jump

1. J. Byrne (Kingsgrove Nth) 19'2½"
2. P. McBryde (Cant.)
3. P. Patterson (M.B.Kog.)

##### Discus.

1. S. Munsie (Cant.) 96'7"
2. D. Brown (Cant.)
3. T. Hobbs (Tempe.)

##### Javelin

1. S. Munsie (Cant.) 127'4"
2. D. Brown (Cant.)
3. F. McDowell (Cant.)

#### 15 YEARS.

##### 100 yards

1. R. Williams (James Cook) 10.3s.
2. P. McCormack (St. Johns Lak.)
3. G. Skinner (M.B.Kog.)

##### 440 yards.

1. J. Nobbs (Tempe) 55.2s.
2. G. Skinner (M.B. Kog.)
3. H. Quinan (Cant.)

##### 220 yards.

1. P. McCormack (St. Johns Lak) 24.7s.
2. T. Berry (M.B. Kog.)
3. H. Quinan (Cant.)

##### 880 yards.

1. P. Dwyer (M.B.Kog.) 2m.6.2s.
2. A. Robinson (Cant.)
3. S. Nobbs (Tempe.)

1. Mile  
1. P. Dwyer (M.B.Kog.) 4m.50.7s.  
2. A. Robinson (Cant.)  
3. M. May (Cant.)

High Jump  
1. M. O'Reilly (M.B.Kog.) 5'2"  
2. J. Natter (Cant.)  
3. I. Duncan (Hurst.)

Shot Put  
1. J. Heslop (James Cook) 44'4½"  
2. D. Badger (Syd. Tech.)  
3. R. Bomball (M.B.Kog.)

90 yards Hurdles  
1. J. Craig (Syd. Tech.) 12.7s.  
2. D. Moore (Cant.)  
3. J. Granshaw (Syd. Tech.)

Long Jump  
1. J. Nobbs (Tempe) 18'2½"  
2. D. Badger (Syd. Tech.)  
3. D. Moore (Cant.)

Relay (4 x 110 yds.)  
1. James Cook 48.7s.  
2. Marist Bros. Kogarah  
3. St. Johns Lakemba.

#### 14 YEARS.

100 yards.  
1. P. Batchelor (St. Johns Lak.) 11.1s.  
2. K. Barber (Kingsgrove)  
3. J. Schumacher (M.B.Kog.)

90 yards Hurdles  
1. K. Barber (Kingsgrove) 13.2s.  
2. K. Dimon (M.B.Kog.)  
3. C. Degney (Hurst.)

Long Jump  
1. K. Barber (Kingsgrove) 18'8"  
2. T. Appleby (Hurst.)  
3. P. Batchelor (St. Johns Lak.)

880 yards  
1. J. Schumacher (M.B.Kog.) 2m.14.3s.  
2. T. Appleby (Hurst.)  
3. K. Dimon (M.B.Kog.)

220 yards.  
1. P. Batchelor (St. Johns Lak.) 25.1s.  
2. K. Barber (Kingsgrove)  
3. J. Schumacher (M.B.Kog.)

High Jump  
1. K. Dimon (M.B.Kog.)  
2. J. Stubbs (Syd. Tech.)  
3. G. Parsons (Syd. Tech.)

Shot Put  
1. T. Appleby (Hurst.)  
2. J. Rowlings (Hurst.)  
3. P. Lory (James Cook)

Relay (4 x 110 yards)  
1. Marist Bros. Kogarah 50.6s.  
2. James Cook  
3. Hurstville

#### 13 YEARS SECONDARY

100 yards.  
1. G. Pickin (M.B.Kog.) 11.2s.  
2. J. Fortunaso (St. Johns Lak.)  
3. M. Noonan (St. Johns Lak.)

220 yards.  
1. J. Fortunaso (St. Johns Lak.) 27.5s.  
2. M. Noonan (St. Johns Lak.)  
3. C. Pickin (M.B.Kog.)

60 yards Hurdles  
1. B. Smith (Syd. Tech.) 8.9s.  
2. G. McGill (Syd. Tech.)  
3. P. Glasson (James Cook)

Long Jump  
1. M. Norman (St. Johns Lak.) 15'8"  
2. G. Turner (M.B.Kog.)  
3. G. Ikners (Syd. Tech.)

880 yards.  
1. A. Crockett (Syd. Tech.) 2m.22.7s.  
2. A. Hilton (Kingsgrove)  
3. R. Formosa (M.B.Kog.)

Shot Put  
1. L. Gibson (Hurst.) 30'5½"  
2. P. Wood (Cant.)  
3. D. Calderwood (Hurst.)

Relay (440 yards.)  
1. Marist Brothers Kog. 52.2s.  
2. St. Johns Lakemba.  
3. Sydney Tech.)

High Jump  
1. D. Calderwood (Hurst.) 4'7"  
2. T. Lamont (St. Jos. Banks)  
3. G. McGill (Syd. Tech.)

#### 12 YEARS SECONDARY

100 Yards.  
1. D. Stephenson (M.B.Kog.) 11.9s.  
2. W. McPherson (M.B.Kog.)  
3. T. Schulz (M.B.Kog.)  
3. H. Clarke (Hurst.)

High Jump  
1. T. Leathan (James Cook) 4'3"  
2. P. McGovern (M.B.Kog.)  
3. J. Davidson (Cant.)

880 yards  
1. T. Derricott (Syd. Tech.) 2m.33.6s.  
2. J. Connelly (James Cook)  
3. P. McGovern (M.B.Kog.)

60 yards Hurdles  
1. H. Clarke (Hurst.) 9.9s.  
2. D. Stephenson (M.B.Kog.)  
3. T. Leathan (James Cook)

220 Yards.  
1. W. McPherson (M.B.Kog.) 29.5s.  
2. D. Stephenson (M.B.Kog.)  
3. T. Schulz (M.B.Kog.)

Long Jump  
1. N. Weeks (James Cook) 14'4½"  
2. D. Sands (M.B.Kog.)  
3. G. Hammond (M.B.Kog.)

Relay (4 x 110 yards.)  
1. Marist Bros. Kogarah 56.2s.  
2. James Cook.  
3. Hurstville

#### 13 YEARS PRIMARY

100 yards.  
1. J. Jenari (M.B.Kog.)  
2. J. Freckleton (Sans Souci)  
3. P. King (Sans Souci)

220 yards.  
1. J. Jenari (M.B.Kog.) 27.0s.  
2. D. Slade (St. Johns Lak.)  
3. G. Cole (Boxley)



60 yards.

1. J.Jenart (M.B.Kog.) 9.9s.
2. J.Freckleton (Sans Souci)
3. R.Giles (Bexley)

Long Jump

1. J.Jenart (M.B.Kog.) 16'3½"
2. J.Freckleton (Sans Souci)
3. P. King (Sans Souci)

100 yards.

1. W.Lynch (Narwee) 12.3s.
2. A.McNally (M.B.Kog.)
3. N.Van den Oever (M.B.Kog.)

High Jump

1. P.Webber (St.Johns Lak.) 4'4"
2. F.Smith (Bexley)
3. W.Hood (Narwee)

Long Jump

1. R.Black (Sans Souci) 14'4½"
2. K.McClure (Bexley)
3. J.Jedornicky (St.Johns Lak.)

Relay (4 x 110 yards)

1. Sans Souci 57.7s.
2. St. Johns Lakemba.
3. Bexley.

11 YEARS PRIMARY100 yards.

1. G.Hughes (St.Johns Lak.) 12.3s.
2. R.Jones (Hurst.)
3. P.Walters (Ramsgate)

High Jump

1. G.Wirth (Sans Souci) 4'2" (Rec.)
2. J.Ferrier (Bexley) 4'2" (Rec.)
3. P.Glanville (Bexley) 4'2" (Rec.)

Shot Put

1. D. Berry (Oyster Bay) 24'6"
2. R.Watts (Sans Souci)
3. J.Freckleton (Sans Souci)

Relay (4 x 110 yds.)

1. Sans Souci 59.6s.

220 yards.

1. A.McNally (M.B.Kog.) 29.8s.
2. J.Kenny (Brighton)
3. B.McManus (M.B.Kog.)

880 yards.

1. A.Freestone (M.B.Kog.) 2m.39.4s.
2. J.Trenear (M.B.Kog.)
3. W.Lynch (Narwee)

60 yards Hurdles.

1. W.Lynch (Narwee) 10.2s.
2. W.Hood (Narwee)
3. G.Cole (Bexley)

Long Jump

1. G.Wirth (Sans Souci) 14'3½"
2. P.Culshaw (M.B.Kog.)
3. J.Ferrier (Bexley)

Relay (4 x 110 yards)

1. St. Johns Lakemba 57.0s.
2. Sans Souci
3. Bexley.

10 YEARS PRIMARY50 yards

1. A.Croft (Ramsgate) 9.2s.
2. R.Harris (Connells Point)
3. P.Nickerson (Peakhurst)

Relay (4 x 55 yds.)

1. Marist Bros.Kogarah 30.5s.
2. Peakhurst
3. Baldface

9 YEARS PRIMARY50 yards

1. R.Kneale (Connells Pt.) 6.9s.  
(Record)
2. E.Coe (Peakhurst)
3. N.Jones (Bexley)

Relay (4 x 55 yds.)

1. Bexley 32.5s.
2. Baldface
3. Peakhurst.

DIVISION PENNANTS AND SHIELDSA.A.GAINSFORD SHIELD FOR SECONDARY SCHOOLS AGGREGATE:

Kogarah Marist Brothers.

L.B.WILLIAMS SHIELD FOR PRIMARY SCHOOLS AGGREGATE

Sans Souci.

Secondary Senior Pennant

1. Hurstville 53 points
2. Canterbury 46 points
3. Sydney Technical 38 points

Secondary Junior Pennant.

1. Marist Bros.Kogarah 116½ points
2. Canterbury 115 points
3. James Cook 51 points.

Secondary Juvenile Pennant

1. Marist Brothers Kogarah 125½ points
2. Hurstville 73½ points
3. St. Johns Lakemba 66 points

Primary Senior Pennant

1. Marist Bros.Kogarah 66 points
2. Sans Souci 57 points
3. Bexley 31 points

Primary Junior Pennant

1. Sans Souci 27 points
- Bexley 27 points
3. Peakhurst 18 points.

## TRACK SEASON REVIEW

### Interclub Competition at E.S. Marks Athletic Field

Only three teams were entered in the senior Competition viz. A, B and E Grades. The point score results do not indicate the calibre of the Club's athletes. Whilst we are strong in the middle distance events and some field events we lack the sprinters, hurdlers and walkers necessary to produce well balanced teams. It is worthy of note that we had eight runners clock better than two minutes for the half mile during the season. It was pleasing to see Frank Thornton maintain very good form in this event. Frank can still show much younger runners a clean pair of heels.

A Grade only finished sixth because whilst we have a wealth of talent, not all athletes compete every Saturday, resulting in other Clubs having walkovers in events we could normally win or fill major placings. Albert Thomas created a new interclub record of 4 m. 4.1s. for the 1 mile whilst Len Chinnery who consistently won the Shot Put and Discus events every second week also set new interclub marks of 52' 0" and 160' 5" for these events respectively. Flemming Barchmann, in his only appearance, had an equal best interclub performance of 11' 6" in the Pole Vault whilst much improved Maurice Smith also had an equal best interclub performance of 6' 0" in the High Jump. Consistent point scores throughout the season were B. Kelly (Sprints), F. Thornton, J. Duxbury, K. Taylor, D. Wilson (Middle distance), R. Ellicott (Hurdles), J. Bowers (Steeple), K. Gowan, D. Jolliffe (Triple Jump), M. Saith (Jumps) G. Glynn, R. Seibokas (Javelin), L. Chinnery (Shot, Discus), Gary Friend (Jumps.)

B. Grade. This team was practically non-existent, except for our middle distance competitors who consistently won their events resulting in its finishing last in the competition. The boys who helped put a few points on the board were :- R. Gribble, R. Proud, M. Rooke, R. Hingerty (Middle distance) C. Clarke (Steeple).

E. Grade. This was our only successful senior team, finishing 3rd in the competition, due mainly to the efforts of Bob Ellicott and Paul Duncombe who each competed in anything up to five events each afternoon. The main point scores were :- R. Ellicott (100, 220, 440, H.J., L.J., Shot), P. Duncombe (100, 220, 440, H.S.J., Hurdle, H.J., L.J., Shot), C. Clarke, (middle distance), J. Nodwell and G. Hingerty (middle distance) also helped fill the teams in higher grades as required.

### Junior Inter-Club. (By D. Jolliffe)

The Club originally decided to enter only an under 17 team in the Junior division but during the first few training nights at Hurstville Oval, it was evident that we had sufficient athletes to enter an under 15 team as well. It was a pleasure to organise the teams and see St. George athletes competing to gain a place in the team in many events.

Under 17 - Division 1. Prior to Christmas, our under 17 team performed very well usually filling the maximum number of positions permitted in every event. However, at the final interclub meetings held in January, attendances in this division were very poor and this probably cost the team a reasonably high position in the interclub points score.

Bob Penfold, Steven Clark, Phillip Gee, Stephen Ison and John Byrne made up our sprint team, with Steven Clark and Phillip Gee also running very good times in the 120 and 220 hurdles. Stephen Ison in addition to the 100 and 220 also competed during the season in the 440, 880, mile walk, 220 hurdles and triple jump. Stephen's main potential appears to be in the 440 yards as he has a very smooth style and natural stamina which could assist him as he develops in athletics. Phillip Gee showed that he too is very versatile as he performed creditably in the high jump, long jump, triple jump and javelin in addition to sprints and hurdles.

Our jumpers consisted of John Nobbs, John Byrne, Bob Penfold and Phillip Gee. John Byrne recorded 19' 11" in the long jump and 42' 6" in the triple jump and should do well in these events.

The middle distance runners were headed by Vic Byrne with Stephen Ison, Ian Ison, David Cossart and David Maxwell gaining valuable points. The two Ison brothers and David Cossart were also appreciated very much for their efforts in the mile walk.

In the throwing events, Bob Penfold recorded 159' 5 1/2" in the javelin, which was the best Junior interclub performance during the season. He was ably supported by John Nobbs and Phillip Gee. Robert Bradley put the shot over 50 feet during the season and this effort gained him a trip to Brisbane in the Sub-Junior interstate match. John Heslop and Laurie Cork also performed well in the shot put. Our discus throwers were Robert Bradley, John Heslop and John Nobbs and these boys performed creditably throughout the season.



### Under 15 - Division 11.

The under 15 team was placed second in the interclub competition. It was largely through inexperience and a number of misfortunes, not lack of numbers or ability, which prevented them from winning the premiership. The team could not field a high jumper during the season and as a result were severely handicapped by giving away 8 points to Nil when this event was held.

Our sprinters consisted of Mike Jackson, Jim Blair, Ken Barker, Evan Owen and Geoff McLellan. It should be placed on record that throughout the season they were beaten into first place only once in the 100 and 220 and obtained second place in every sprint held. Ken Barker was unlucky to injure his knee on the second day of interclub and was only able to return to athletics towards the end of the season. During the periods he competed, Ken performed well in the sprints, 90 and 120 hurdles and long jump.

Mike Jackson was perhaps the strongest athlete in this team and competed regularly during the season in 100, 220, 440, 880, mile, 90 and 120 hurdles, shot put, long jump and triple jump. He reduced his time in the 440 from 62.5 to 56.5 seconds and should do well in this event in the future. Jim Blair shared the honours with Mike and Ken for first place in the sprints and also did well in the triple jump and shot put.

Geoff McLellan competed in the 100, 120 hurdles, shot put and 880. Geoff has been a keen athlete throughout the season and as a result of his efforts in the high jump, managed to qualify at the end of interclub.

Peter Glasson was another trier and he competed in the high jump, 120 hurdles and 880.

Our distance team comprised of Allan Hilton, who usually won the 1 mile outright, Peter Ison, Alan Staples and Geoff Derricott who all performed very creditably. During the season, the team lost only one relay. This was on the last day when they dropped the baton and were disqualified. Unfortunately, this meant that they lost the match and also the premiership. However, they are to be congratulated for being placed second, which is no mean feat in interclub competition.

Sub-Junior Match N.S.W. versus Qld. in Brisbane 18/19th January 1964

Rob Bradley and Bob Penfold were the St. George athletes in the

N.S.W. team and they contributed to give the visiting team victory. N.S.W. 97 pts. defeated Qld. 81 pts. Bob Penfold won the Javelin with a throw of 162' 4" whilst Rob was 5th in the shot put with a distance of 49' 6½".

### Metropolitan Championships 25th and 27th January 1964.

The following athletes gained major placings in the championships:

<u>Senior :</u>	1st L. Sharpe	Long Jump	23' 1½"
	1st L. Chinnery	Shot Put	51' 5½"
	1st L. Chinnery	Discuss Throw	146' 2"
	2nd W. Smith	High Jump	6' 1"
<u>Junior:</u>	3rd J. Duxbury	880 yards	1m.54.0s.
	2nd J. Hancock	880 yards	1m.58.2s.
	3rd J. Hancock	1 mile	4m.28.2s.
<u>Sub-Junior:</u>	2nd R. Bradley	Shot Put	52' 0½"
	3rd P. Gos	Long Jump	18' 9½"

### Inter-state Match N.S.W. versus Victoria 1st and 2nd February 1964

A number of St. George Athletes including Albert Thomas, Len Chinnery, Jeff Duxbury, Frank Thornton and Greg Glynn were in our State team, those who shone were : Len Chinnery who won the shot put with 53'1" from Warwick Selvey of Victoria. Len was also second in the Discus Throwing 155'1"; Albert Thomas in the featured 5000 metres race was outsprinted in the last lap by Ron Clarke, but Albert who was really footsore and weary from his overseas trip still recorded a very smart 13m. 50.0s.

Jeff Duxbury with a well judged half mile gave the N.S.W. team a handy lead in the Medley Relay resulting in their winning the race and creating a N.S.W. resident record. Greg Glynn who had been troubled with injury during the season struck real form to throw 201' 11" and take 4th place in the Javelin Throw.

# N.S.W. Age Championships 8th and 29th February 1964.

The following club athletes performed well in these championships :

G. Derricott	2nd	U 13	880 yds.	2m. 33.8s.
P. McGovern	3rd	U 13	880 yds.	2 m.38.7s.
D. Stephenson	2nd	U 13	60 yds Hurdles	9.7s.
H. Clarke	3rd	U 13	60 yd. Hurdles	9.7s.
M. Jackson	1st	U 15	220 yds.	24.2s.
	1st	U 15	440 yds.	54.5s.
J. Blair	3rd.	U 15	220 yds.	25.2s.
A. Hilton	2nd	U 15	880 yds.	2m. 13.9s.
	2nd	U 15	1 mile	4 m. 54.7s.
J. Hobbs	2nd	U 13	440 yds.	55.1s.
R. Morgan	1st	U 13	Jav. Throw	142'4"

# State Championships 15th and 22nd February 1964.

St. George Athletes were prominent in these championships, those gaining places being :

Senior :	1st	A. Thomas	1 Mile	4m 11s.
	1st	A. Thomas	3 Mile	13m. 44.6s.
	1st.	I. Sharpe	Long Jump	23'8½"
	1st	L. Chinnery	Shot Put	50'2"
	1st	L. Chinnery	Discus Throw	156'0½"
	1st	J. Duxbury	4 x 1 Mile	
		R. Prouc	Relay Team	
		K. Taylor	1.	
		F. Thornton		17m. 55.8s.
	2nd	W. Smith	High Jump	6' 0"
	2nd	J. Duxbury	4 x 880	
		J. Hancock	Relay Team	
		D. Wilson		
		F. Thornton		7m 55s.
	3rd	J. Duxbury	880 yds.	1m. 54.8s.
	3rd	D. Wilson	4 x 1 Mile	
		J. Modwell	Relay Team	
		J. Hancock	11.	
		R. Gribble		18m.10.4s.

Junior:	2nd	G. Friend	Long Jump	24'3"
	2nd	J. Hancock	880 yds.	1m.58.8s.
	2nd	J. Hancock	1 mile	4m 26.3s.
	2nd	R. Seibokas	Javelin Throw	175' 4"
	2nd	M. Lutton	Discus Throw	128' 8"

Sub-Junior:	1st	S. Clark	220 yd. Hurdles	26.4s.
	2nd	J. Byrne	Long Jump	20'10"
	3rd	S. Clark	120 yd.Hurdles	15.8s.
	3rd	J. Byrne	Triple Jump	42' 7½"
	3rd	V. Byrne	1 mile	
		M. Jackson	Medley Relay	
		P. Gee		
		S. Clark		3m. 53.1s.

# Australian Championships at Melbourne 23rd and 24th March 1964.

St. George had six athletes selected to represent N.S.W. at these Championships viz. A. Thomas, L. Chinnery, I. Sharpe, G. Friend, J. Duxbury, G. Glynn, the last four being at their own expense. However, the Club with the help of a very generous donation from Mr. Harry Gibbons was able to assist these athletes financially. Albert Thomas in devastating form won the mile in 3 m.58.3s. a new Australian Open Record, the next day he was unlucky to be beaten into second place in the 3 mile by W. Baillie (N.Z.), Albert's time 13m. 20.4s. Ian Chinnery was not able to reproduce his Sydney form but was still placed 3rd in the Shot Put with 50'6½" and was just beaten for third place in the Discus Throw, registering a best throw of 154'1". Gary Friend, Ian Sharpe in the Long Jump; Jeff Duxbury (who had a stomach upset) 880, 1 mile; Greg Glynn Javelin did not perform as well as hoped and they were naturally disappointed. However, these athletes are still quite young and will show their calibre in the future.

# SPECIAL AWARDS.

The Robert Nash Trophy - Most Improved Senior Athlete 1963/64.

M. SMITH.



The A. L. Blackshaw Trophy - Outstanding Junior Athlete (Performance Sportsmanship and Deportment) 1963/64.

J. HANCOCK

The National Fitness Trophy:- Outstanding Sub-Junior Scarborough (Scarborough Park) Park 1963.

V. BYRNE.

The R.A. Jolliffe Trophy - Most Improved Sub-Junior.

M. JACKSON.

The E.A. Williams Trophy - Most Improved Juvenile 1963 Cross Country

R. WAKELY.

The G. Gosling Trophy - Outstanding Sub-Junior 1963/64.

S. CLARK

Trophies donated by Mr. A. R. Blackshaw -

Best Attired Athlete - Track R. GRIBBLE

Best Attired Athlete Distance A. STAPLES.

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At this juncture, it would probably be of interest to all members to have some of the history behind the awarding of our longest established award the A.L. Blackshaw Trophy. The Trophy, donated annually by Mr. A.L. (Les) Blackshaw then President, (now Patron) of the St. George District Cricket Club and Vice President of our Club was first awarded on 28th February 1937, the recipient being Mervyn Clissold. The conditions pertaining to the award were: - "The Junior who in the opinion of the Club Captain has to the greatest extent by deportment, track appearance and performance generally enhanced the prestige of the Club during the Season". Selection of all special Award winners is now made by the Executive. We thank Mr. Les Blackshaw for his interest in our Club over the years.

Hurstville Oval.

Tuesday night competition and training was conducted at Hurstville Oval from September to March. Attendance by Senior Athletes was generally poor. To provide added incentive, open orders were awarded to handicap event winners in the track and field events every 3rd and 5th Tuesday night respectively.

Carnival - Hurstville Oval 12th November 1963.

At the request of the A.A.A. of N.S.W., Sutherland B.A.A.C. and this Club conducted a night open Carnival. Trophies were awarded for all events, which were handicaps. Unfortunately, pressure of examinations kept many athletes away and although several name athletes competed, there were very few paying spectators resulting in a financial loss for the night.

Club Championships - 28th January, 4th and 11th February 1964.

All events were keenly contested and it was pleasing to see many Senior Athletes competing in their events, giving the spectators some well fought finishes. Results:

SENIOR

100 yards.

1. B. Kelly 10.8s.  
2. M. Smith  
3. G. Glynn

220 yards.

1. B. Kelly 23.5s.  
2. G. Friend  
3. G. Glynn

440 yards.

1. B. Kelly 51.7s.  
2. K. Gowan

880 yards.

1. J. Duxbury 1m. 51.3s.  
2. D. Wilson  
3. K. Taylor.

1 Mile.

1. R. Proud 4m. 25s.  
2. M. Rooke  
3. D. Wilson

3 Miles.

1. R. Proud 14m. 56s.  
2. J. Rodwell 14m. 56s.  
3. J. Bowers 15m. 21s.

Long Jump

1. R. Ellicott
2. G. Friend
3. P. Duncombe

19' 8 $\frac{1}{2}$ "  
18' 7 $\frac{1}{2}$ "  
18' 4"

Triple Jump

1. D. Jolliffe

43' 8 $\frac{1}{2}$ "

High Jump

1. M. Smith
2. D. Jolliffe

5' 7 $\frac{1}{2}$ "  
5' 3"

SUB-JUNIOR100 yards

1. M. Jackson
2. S. Clark
3. J. Blair

11.4s.

220 yards

1. M. Jackson
2. S. Clark
3. L. Keddie

24.5s.

440 yards

1. M. Jackson
2. A. Hilton

55.4s.

880 yards

1. J. Nobbs
2. A. Hilton
3. I. Ison

2m. 18.7s

1 Mile

1. J. Nobbs
2. P. Gee
3. I. Ison

5m. 9s.

Long Jump

1. P. Gee
2. J. Nobbs
3. G. McLellan

17' 7 $\frac{1}{2}$ "  
15' 7"  
12' 10"

Triple Jump

1. P. Gee
2. J. Nobbs
3. G. McLellan

36' 6"  
35' 4 $\frac{1}{2}$ "  
29' 6"

High Jump

1. J. Nobbs
2. K. Barber
3. J. Byrne

4' 9"  
4' 9"  
4' 7 $\frac{1}{2}$ "

Shot Put (8lb.)

1. J. Hislop
2. G. McLellan
3. P. Gee

43' 10"  
30' 7 $\frac{1}{4}$ "  
28' 3 $\frac{1}{4}$ "

NOVICE75 yards

1. H. Clark
2. N. Lynch
3. B. Storman, P. Madigan

7.5s.

100 yards

1. E. Owen
2. B. Smith
3. P. Madigan

12.1s.

220 yards

1. E. Owen
2. B. Storman
3. B. Smith

29.9s.

880 yards

1. G. Derricott
2. P. Madigan
3. W. Lynch

2m. 31 s.

Long Jump

1. B. Smith
2. R. Gardner

13' 6"  
13' 4"

1 Mile

1. A. Hilton
2. P. Madigan
3. J. Kenny

4m. 59.5s.

The following Club Champions were decided over the last two days of Inter-Club competition and the Metropolitan Championships:

SENIOR :3000 Metres Steeplechase

J. Bowers 9m. 59.6s.

220 yards Hurdles

R. Ellicott 29.6s.

Pole Vault

J. Tasker 9' 0"

Javelin Throw

G. Glynn 180' 3"

120 yards Hurdles

M. Smith 16.2 s.

Discus Throw

H.L. Chinnery 160' 5"

Shot Put

H.L. Chinnery 51' 5 $\frac{1}{2}$ "

440 yards Hurdles

R. Ellicott 67.2s.

JUNIOR :Javelin Throw

R. Seibokas 174' 1 $\frac{1}{2}$ "

Discus Throw

M. Lutton 119' 1 $\frac{1}{2}$ "



## SUB-JUNIOR

120 yards Hurdles P. Gee 17.10

1 Mile Walk I. Ison

### TRACK SEASON PERSONALITIES

Albert Thomas was once again the Club's outstanding performer, his form being as good if not better than in 1968 when he created new world figures for the 2 and 3 miles. Apart from the performances listed elsewhere, Albert ran 2 miles at Chatswood (November 1963) in 8m. 33.0s. and at the invitation of the Canadian A.A.U. competed in January 1964 at an indoor meeting in which he created a new world indoor 3 mile record at 13m. 26.3s. At every start Albert ran a noteworthy race and we probably have missed a highlight such as his defeat of Ron Clarke in the 5000 metres race in Victoria.

Len Chinnery whilst overshadowed by Albert was one of N.S.W.'s outstanding field games performers. Len created new Interclub records in the Shot Put and Discus, the former being a new Club Best on record, until he improved it to 53'1" in the Interstate Match.

Gary Friend still only a Junior jumped 24'3", a new Club Junior Best on record, showing that he has the potential to be a world beater.

Ian Sharpe won the State Long Jump with a very creditable 23' 8 $\frac{1}{2}$ " but gave the impression that his preparation had been left a little late and did not quite reach the standard we hoped he would.

Jeff Duxbury early in the season showed his capabilities by running 4m. 9.9s. at Interclub for the mile. In January 1964 Jeff had a series of runs in N.Z. the best of which was a 1m. 51.9s. for the 880 yards.

Maurice Smith was our most improved senior athlete coming from 5'6" early in the season to be consistently over 6'0" for the High Jump with a personal best of 6'2" at the City versus Country Meeting.

John Hancock after finishing exams at the end of the year quickly regained form to run very good times in 880 yards and 1 mile particularly the 880 yards.

Steve Clark proved himself to be our outstanding Sub-Junior by winning the State 220 yards Hurdles and finishing third over the 120 yards Hurdles in fine style.

Mike Jackson by improving his 440 yards time from 60 seconds odd to 54.5s., a very fine effort for a 14 year old boy, was our most improved sub-junior athlete. Mike was also busy during the season winning trophies at the Country meetings held at Katoomba, Bulli and Nowra.

### Distance Season Report 1963

by

John Bowers

The first major event on the programme this year was the St. George School Boy Championships held on 27th April. In the 12 years  $\frac{3}{4}$  Mile we had 19 starters.

1. P. McGovern	N.B.K.	4m. 9s.
2. R. Jeffree	Kings. Nth.	4m. 12s.
3. C. Duff	N.B.K.	4m. 26s.

The teams race result:

1.	N.B.K.	15 points.
2.	Kings. Nth.	

In the 13 years  $\frac{3}{4}$  mile, we had 14 starters:

1. I. Laphan	Hurstville	4m. 5s.
2. D. Calderwood	Hurstville	4m. 6s.
3. G. Dean	Hurstville	4m. 14s.

The teams race result:

1.	Hurstville	12 points
2.	James Cook	

In the 14 years 1 Mile we had 15 starters:

1. T. Appleby	Hurstville	5m. 30s.
2. J. Schumaker	M.B.K.	5m. 31s.
3. B. Kerr	James Cook	5m. 54s.

Teams race results:

1. James Cook	18 points.
2. M.B.K.	23 points
3. Kings.Nth.	37 Points.

In the 15 years 1½ Mile we had 8 starters :

1. R. Penfold	Sir Joseph Banks	8m. 15s.
2. J. Hobbs	Tempe	8m. 36s.
3. D. Wallace	Hurstville	8m. 52s.

Teams race results - Kingsgrove North 10 points.

In the 16 years 2 Mile we had 9 starters :

1. B. Clarke	M.B.K.	11m. 17s.
2. G. Frowley	M.B.K.	11m. 23s.
3. R. Cunningham	Kings.Nth.	11m. 29s.

Teams race results - M.B.K. 10 points.

In the open 3 Mile we had 4 starters :

1. J. Hancock	Hurstville	17m. 34s.
2. D. Kelly	M.B.K.	18m. 50s.
3. E. Baith	Kings.Nth	18m. 51s.

\* \* \* \*

The 4th May was the Ryde-Hornsby Open Senior 4 Mile. Les Williams was first in 27m. 55s. Les showed a great improvement to lead all the way from the go position. Other performances were

as follows :

15th	Ron Gribble	21m. 59s.
21st	John Modwell	22m. 54s.
24th	John Bowers	21m. 36s.
41st	Albert Thomas	22m. 31s.

In the Junior 2 Mile we had only 1 starter and John Hancock, running as well as ever, came from scratch to 5th place and recorded fastest time 10m. 29s.

In the Sub-Junior 1 Mile our boys ran well but from handicaps too far behind, their performances were :

8th	R. Penfold	5m. 42s.
9th	R. Cunningham	5m. 54s.
10th	V. Byrne	6m. 02s.

In the Juvenile 1 Mile, John Hobbs ran extremely well to gain 2nd place and in so doing recorded fastest time of 5m. 51s. Other results were :

11th	A. Staples	7m. 0s.
13th	J. Knight	6m. 50s.
19th	G. Straker	7m. 19s.

NOTE - In the Subjunior and Juvenile events, the mile they ran was a long way over distance, resulting in slow times.

On Saturday the 18th May we travelled to Nowra for the State Road Relays. It was a very wet trip and when we arrived at Nowra, we discovered that the course on which we had run on the year before was about 3ft to 4 ft. under water, so a new course was used which seemed to be a long one.

In the Senior 4 x 5 Mile, we had two very strong teams. The No. 1 team came 3rd with Albert Thomas running 26m. 55s., Mal Rooke 28m. 44s., John Bowers 28m. 33s., and Kev. Taylor 28m. 31s.

Our No. 2 team came 7th defeating quite a number of No.1



teams from other Clubs and being the first No. 2 team home. Ron Gribble ran 29m. 13s., John Nodwell 30m. 07s., Jeff Duxbury 30m. 03s. and Ross Proud 29m. 33s.

St. George for the first time for many many years did not field a Junior relay team. This was a very poor show considering they were the current title holders. The Sub-Juniors 4 x 1 mile team came in 5th. (Evan Bathe ran 5m. 27s., Vic Byrne 5m. 17s., John Knight 5m. 57s. and Bob Penfold 5m. 06s.)

Our Juvenile 4 x  $\frac{3}{4}$  Mile Team came 2nd. T. Appleby ran 3m. 37s. J. Schumaker 3m. 46s., B. Norris 4m. 00s. and J. Hobbs 3m. 27s.

June 8th. St. George for the first time, had a visit from the Victorian Club, Mentone. The challenge match which took place at Ramsgate was for Senior Athletes for the F. Kealey Trophy. St. George had a decisive win. Outstanding performances by our team for the five mile were :

1st	Albert Thomas	24m. 52s.
2nd	John Bowers	26m. 08s.
4th	David Chisholm	26m. 41s.
5th	Ross Proud	26m. 51s.
8th	Ron Gribble	27m. 02s.
9th	Denis Wilson	27m. 19s.

In conjunction with the above match, the McCaffrey Cup Meet against Western Suburbs and an independent match against Sutherland were contested. St. George by winning both of these matches made a clean sweep for the day.

15th June State Novice 5 Mile at Ramsgate. Ross Proud ran one of his best races to gain 3rd place in the title and became the club Novice Champion for 1963, time 26m. 42s., Ron Gribble was 6th 27m. 01s., Jeff Duxbury 7th 27m. 23s. and John Nodwell, 27m. 34s., 9th. These four boys won the teams race.

In the Senior 5 Mile, Albert Thomas came 3rd in 24m. 40s.

The Juvenile 1 Mile Handicap conducted on Novice Day was won by Alan Staples in 6m. 37s. and John Hobbs, with a very good run, gained fastest time 5m. 07s.

June 29th State Marathon Championships at Botany. St. George had 14 to face the starter, (the largest contingent of starters from St. George ever) but only three finished, these being Albert Thomas who made history being the first ever in Australia to break the 4 minute mile and win a State Marathon Title. In winning, Albert set a new Club best on record of 2 hours 29 min. 4 sec. Ron Gribble gained 7th place in 2 hrs. 46 min. 21 sec. and Bob Hingerty 16th, 3 hrs. 16 min. 9 sec. These three gained 2nd place in the teams race.

July 13th State 10 Mile Championship Randwick Racecourse. John Bowers who finished 14th in 55m. 53s. to take the Club Championship, Kevin Taylor, 16th, 56m. 07s., Ross Proud 17th 56m. 26s., Ron Gribble 20th, 56m. 44s., John Nodwell 57m. 51s., Frank Thornton 40th, 60m. 50s. made up the team which was placed 2nd in the teams race.

In the Juvenile 1 Mile John Hobbs finished 2nd in 5m. 04s., Ross Wakely 3rd in 5m. 05s.

In the Junior 2 Mile, John Hancock spreadeagled the field to win in 9m. 58s.

July 27th State 10,000 Metres Centennial Park. Albert Thomas, who was placed 2nd in 35m. 55s. to take the Club Championship with Kevin Taylor 14th, 38m. 47s., 15th David Chisholm 38m. 54s., 21st Ron Gribble 39m. 57s., 24th Denis Wilson 40m. 03s., 28th Ross Proud 40m. 16s., gave St. George second place in the teams event.

In the Junior 5,000 Metres, John Hancock ran strongly to win the Title, his time 22m. 33s.

Vic Byrne, 5th in the Sub-Junior 3,000 Metres 11m. 19s., took The Club Championship, 9th Evan Bathe 11m. 28s., 13th John Hobbs 11m. 38s., 14th Bob Cunningham 11m. 39s. comprised the team which was placed 2nd in the teams race.

Juvenile 1,500 Metres, Ross Wakely 3rd, 5m. 44s., 5th Trevor Appleby 5m. 55s., 17th Ian Ison 6m. 21s., 20th Alan Staples 6m. 23s. These four boys gained 2nd in the teams race and are to be congratulated for their efforts during the season.

#### August 17th - Club Championships at Ramsgate.

##### Senior 5 Mile Road :

1. Albert Thomas 26m.20s.
2. K. Taylor 26m.42s.
3. R. Proud 27m.30s.

##### Junior 2 Mile C/C.

1. J. Hancock. 10m. 26s.

##### Sub-Junior 1 Mile C/C

1. Bob Penfold 4m.55s.
2. Brian Clarke 4m.56s.
3. Vic Byrne 5m.07s.

##### Juvenile 1 Mile C/C

1. Ross Wakely 5m.14s.
2. Terry Appleby 5m.26s.
3. Alan Hilton 5m.35s.

#### POINT SCORE.

- |               |     |                       |
|---------------|-----|-----------------------|
| <u>Senior</u> | 1st | R. Gribble (45 pts.)  |
|               | 2nd | R. Williams (37 pts.) |
|               | 3rd | F. Thornton (32 pts.) |

- |               |     |                      |
|---------------|-----|----------------------|
| <u>Junior</u> | 1st | J. Hancock (45 pts.) |
|---------------|-----|----------------------|

- |                   |     |                         |
|-------------------|-----|-------------------------|
| <u>Sub-Junior</u> | 1st | V. Byrne (67 pts.)      |
|                   | 2nd | R. Penfold (47 pts.)    |
|                   | 3rd | R. Cunningham (46 pts.) |

- |                 |     |                      |
|-----------------|-----|----------------------|
| <u>Juvenile</u> | 1st | I. Ison (62 pts.)    |
|                 | 2nd | A. Staples (46 pts.) |
|                 | 3rd | R. Wakely (44 pts.)  |

#### FASTEST TIMES :

- |                   |                               |
|-------------------|-------------------------------|
| <u>Senior</u>     | J. Bowers & A. Thomas each 4. |
| <u>Junior</u>     | J. Hancock ..... 5.           |
| <u>Sub-Junior</u> | R. Penfold ..... 6.           |
| <u>Juvenile</u>   | J. Hobbs ..... 5.             |

August 24th - Australian 10,000 Metres at Adelaide. Albert Thomas was the only St. George athlete in the State team which was soundly beaten in the Teams Race by Victoria. Albert was placed 2nd in 33m. 21s.

September 7th - 15 Mile State Title at Canberra. John Rodwell our only entrant finished 12th in 1 hr. 29.23s. and took the Club Championship.

In summing up the season, the Senior ranks are stronger in numbers and better in performance. Junior ranks very poor in number, Sub-Juniors a little stronger but in need of larger numbers. Juveniles also need more competitors. St. George Athletes were once more prominent in all sections at all State Championships. Good Luck, Boys, for the 1964 Distance Season.

\* \* \* \* \*

#### SOCIAL COMMITTEE REPORT.

Once again several functions were organised by the Social Committee of which the Annual Ball was the most successful. The Committee were most disappointed with the response of Club members to all other functions including yacht cruise, picnic supper dance, car trial and theatre party. It is very disappointing that so much work is put into organising these functions and that they should become social and financial failures by lack of attendance.

Club Members - let's get away to a good start this year by making our first function a huge success! THE ANNUAL BALL. By the success of last year's Annual Ball the Social Committee was able to assist the Women's and Men's Club to the extent of £30 each.

I would like to take this opportunity to thank the Social Committee for their work throughout the year. Mesdames F. Poynter, M. Lawrence, Gorman and Messrs. Arthur Gould, Dennis Jolliffe, Denis Wilson and John Byrne.

\* \* \* \* \*



## CLUB MEMBERSHIP

It is very pleasing to see our Club Membership on the rise again. Membership at the end of the financial year stood at 150 made up of :

Sub-Juniors:	68
Juniors	17
Seniors	54
Officials (including 3 Life Members)	11
	<hr/>
	150
	<hr/>

## Finance.

Our position financially at the present date is very good, principally due to the fact that a sum of approximately £300 was raised at two Bowls Days held at the Beverly Hills Bowling Club. We are deeply indebted to Mr. Bruce Archer, the President of the Bowling Club and members of his Committee, to Messrs. Ted Ellis, Albert Blyth, Albyn Gainsford, Arthur Gould, Arthur Henderson, Ern Williams of the Old St. George Athletes Organising Committee for their work on our behalf.

Mr. Dennis Jolliffe, who took over the position of Treasurer three months ago, has already very efficiently streamlined our accounting procedures - thanks Dennis.

Elaine and John Bowers throughout the year have conducted a much appreciated refreshments stall, and have this year contributed a sum of £30 to Club funds, which is a magnificent effort. Thank you, Elaine and John for your interest and work.

## Appreciation.:

We extend our thanks to the following for donations and

assistance during the past season :-

E. Ellis; R. A. Jolliffe; J. Walsh; F. Wilson;  
Mrs. A. Chisholm; W. Grabtree M.L.A.; A. L. Blackshaw;  
F. Larcombe; W. Gribble; Rockdale Council; Mrs. F. Burne;  
Hurstville Council; L. Williams; E. Williams; G. Gosling;  
R. Nash; D. Cross M.L.A.; A. Blyth; A. Henderson;  
A. Gould; Scarborough Park National Fitness Association;  
H. Gibbons; H. A. Figgins;

To the numerous other people who have helped this Club during the year we say thank you, especially to our Hon. Auditor, Mr. R. Towers.

## Equipment.

The planning Committee actively pursued a policy of providing new equipment where it was needed most. Senior and junior javelins, discus, step watch and high jump stands were purchased during the season. Mr. George Gosling as a newly elected Gear Steward has compiled a list of all our equipment and renovated or personally replaced items which were in a state of disrepair. George was ably assisted in his work by Arthur Gorman.

## A.A.A. of N.S.W.

Fewer of our members hold positions in the State body than in previous years. However, we endeavoured at every opportunity to support the Association. Our President, Mr. A. Gainsford, as the Senior Vice President of the A.A.A. of N.S.W. was called upon, on a number of occasions to act for the President, Sir Charles Moses C.B.E. being absent overseas. Mr. Gainsford continued his duties as a member of the Australian Olympic Federation, N.S.W. Olympic Council, British Empire and Commonwealth Games. Mr. Fred Eggleton, who was kept from active participation during part of 1963 through a leg injury, recovered in return to his position as Chief Throwing Referee. Noel Hunter assisted as Announcer at Interclub and Championships. George Gosling helped out as a Field Games Official at Interclub. Maurie Barber, our only official at the Junior Interclub Competition, a newcomer to the sport, acted as Track Judge

throughout the season.

Fred Wrightson, who incidentally is our oldest athlete at fifty-nine, acted as Chairman of the Harrier Board in the absence of Mr. F. Rochfort.

#### St. George Ladies' Club.

During the year we have co-operated with the Ladies at Hurstville Oval in the running of the competitions. We thank Miss N. Gould (President), Mrs. R. Slater (Secretary), Mrs. D. Montague (Treasurer), Mrs. A. Gorman, Mrs. C. Poynter, Mrs. G. Gosling, Mrs. Trinder and Mrs. W. Lawrence for their assistance.

We have also been pleased to have the Ladies' Club training at Scarborough Park during the winter, this is a step in the right direction as the performance of track athletes can be improved considerably by off season training.

Two members of the Club Social Committee, Mrs. C. Poynter and Mrs. A. Gorman were nominated to the newly formed Social Committee of the Association.

#### Conclusion.

The resignation of our popular Secretary, Tony Chisholm, during the year for business reasons, resulted in a re-shuffle in the executive positions. We now have a Treasurer and Secretary who are actively participating athletes and all members are requested to give them their support.

With any major change in office bearers there must be an infusion of new ideas some of which may conflict with those of members. However, this Club is a democratic institution and any members who know of any way in which the interests of the Club may be advanced are urged to express them. It is not sufficient just to talk, every member must be willing to put his shoulder to the wheel and help whenever possible.

A major step in the re-constitution of the Club organisation has been the election of an Executive to implement Club Policy. Much remains to be done, foremost being the revision of the Club

#### Constitution.

I must thank those experienced officials Albyn Gainsford, George Gosling and Arthur Gould who have been carrying the burden of running the Club for many years, for their assistance and advice. Our energetic Social Committee Chairman John Burne has also been very prominent as an official. It is good to see John in training again.

John Bowers as Handicapper and Distance Secretary at times practically conducted the Distance Programme unaided and still managed to run his best times during the season. John must be acknowledged as our foremost Club man.

Our Distance Captain, Ron Gribble and Track Captain, Dennis Jolliffe, performed their functions admirably and set examples for any future holders of these important posts. Dennis acted as Team manager of the Junior Interclub team with Ron helping whenever Dennis was not available.

Finally, I would like to thank all members and officers for their co-operation.

D. WILSON.

Hon. General Secretary  
St. George District Amateur  
Athletic Club.



# CLUB RECORDS

## SENIOR BEST ON RECORD REGISTERED IN ANY CLASS OF COMPETITION IN AUSTRALIA.

100 yards	J. Mumford	9.8	1937
220 Yards	J. Mumford	21.5	1937
440 Yards	J. Mumford	46.4	1937
880 Yards	J. Bailey & F. Thornton	1a.51.8s.	1956-7
1 Mile Run	A. Thomas	3m.58.3s.	1964
2 Miles Run	A. Thomas	8m.33.0s.	1963
3 Miles Run	A. Thomas	13m.20.4s.	1964
5 Miles Run	A. Thomas	24m.42s.	1957
6 Miles Run	A. Thomas	28m.21.0s.	1957
7 Miles Run	A. Gainsford	37m.14.8s.	1928
8 Miles Run	A. Gainsford	42m.41.4s.	1928
9 Miles Run	A. Gainsford	48m. 9.2s	1928
10 Miles Run	A. Gainsford	53m.31.4s.	1928
1 Mile Walk	E. Austen	6m.45.0s.	1924
3 Miles Walk	E. Austen	22m.13.0s.	1924
7 Miles Walk	E. Austen	55m.49.2s.	1924
120 Hurdles	J. Lester	14.5s.	1957
220 Hurdles	G. Gedge	23.9s.	1950
440 Hurdles	G. Gedge	53.6	1952
Long Jump	B.C. Dickinson	24' 6½"	1938
Hop, Step & Jump	B. C. Dickinson	51' 3¾"	1935
High Jump	N. Meredith	6' 7"	1963
Pole Vault	(F. Barchmann & C. Oates)	12' 0"	1962
Hammer (16-lbs)	F. Eggleton	150' 4"	1958
Discus	H. L. Chinnery	165' 4½"	1962
Shot Put	H.L. Chinnery	53' 1"	1964
Javelin	A. Hakelis	200' 8½"	1951
Marathon	A. Thomas	2h. 29m. 4s.	1963
3,000 Metres	A. Thomas	8m. 1.4s.	1960
5,000 Metres	A. Thomas	13m.50.0s.	1964
10,000 Metres	A. Thomas	29m. 23s.	1956
15,000 Metres	A. Gainsford	49m.55.4s.	1928
1,500 Metres	A. Thomas	3m.42.6s.	1964
3,000 Metres			
Steeplechase	D. Chisholm	9m. 8s.	1962
Mile Medley	D. Wilson, F. Thornton		
Relay	J. Burne, M. Miles	3m. 28.3s.	1959

## SENIOR BEST ON RECORD (Cont'd)

50 Kilometres	K. McCormack	6h.28m.42.8s.	1957
Walk			
4 x 880 Relay	A. Thomas, D. Wilson		
	F. Thornton, J. Burne	7m.46.2s.	1959
	***		

## SENIOR CLUB RECORDS REGISTERED WHERE ST. GEORGE CLUB HAS COMPLETE CONTROL

100 Yards	G. Gedge	10.1s.	1953
220 Yards	G. Gedge	22.3s.	1951
440 Yards	G. Gedge	49.8s.	1955
880 Yards	J. Duxbury	1m.55.7s.	1957
1 Mile	A. Thomas	4m. 7.8s.	1961
2 Miles	A. Thomas	9m.17.0s.	1955
3 Miles	A. Thomas	14m.50.0s.	1955
4 Miles	A. Thomas	19m.15.8s.	1955
5 Miles	A. Thomas	25m.47.0s.	1957
6 Miles	A. Gainsford	31m.49.0s.	1928
7 Miles	A. Gainsford	37m.14.8s.	1928
8 Miles	A. Gainsford	42m.41.4s.	1928
9 Miles	A. Gainsford	48m. 9.2s.	1928
10 Miles	A. Gainsford	53m.31.5s.	1928
1 Mile Walk	E. Austen	7m.15.0s.	1924
3 Miles Walk	C. Laughton	23m.44.6s.	1928
120 Yrd.Hurdles	B. Stubbs	15.3s.	1955
220 Yds.Hurdles	G. Gedge	24.0s.	1951
440 Yds.Hurdles	M. Miles	57.6s.	1957
Long Jump	B. C. Dickinson	23' 4½"	1938
Hop, Step & Jump	B. C. Dickinson	48' 0"	1937
High Jump	N. Meredith	6' 0"	1962
Pole Vault	C. Oates	11' 0"	1948
Hammer (16 lbs)	F. Eggleton	123' 0"	1955
Shot Put (16-lbs)	H. L. Chinnery	49' 9"	1962
Discus	M. Mackenzie	128' 10½"	1936
Javelin	A. Hakelis	185' 0"	1956
5,000 Metres	E. Brooke	16m.33.6s.	1928
10,000 Metres	A. Gainsford	32m.58.0s.	1928
15,000 Metres	A. Gainsford	49m.55.4s.	1928

## JUNIOR BEST ON RECORD

100 Yards	K. Short	10.1s.	1953
220 Yards	C. Clarke	22.2s.	1954

# JUNIOR BEST ON RECORD (Cont'd)

440 Yards	T. McCarthy	49.62s.	1957
880 Yards	J. Duxbury	1m.55.4s.	1961
1 Mile	D. Chisholm	4m.23.6s.	1961
2 Miles	M. Rooke	9m.27s.	1962
120 Yards Hurdles	K. Short	14.9s.	1954
220 Yards Hurdles	G. Gedge	24.9s.	1949
Long Jump	G. Friend	24' 3"	1964
Hop, Step & Jump	B. C. Dickinson	48' 6"	1932
High Jump	N. Meredith	6' 4 1/2"	1963
Discus	M. Lutton	131' 10 1/2"	1962
Javelin	G. Glynn	213' 7"	1963
Shot Put (12-lbs)	I. Denivan	46' 5 1/2"	1963
Pole Vault	A. Briggs	10' 6"	1951
1 Mile Walk	W. McAllister	7m.18.0s.	1953
1,500 Metres	B. Toovey	4m.7.4s.	1955
1,500 Metres Steeplechase	M. Rooke	4m.37.0s.	1962
440 Yds. Relay	T. Gleeson, T. O'Reilly, G. Gedge, R. Estella	43.4s.	1949
880 Yds. Relay	T. Gleeson, T. O'Reilly, G. Gedge, R. Estella	1m.31.7s.	1949
1 Mile Medley	D. Wilson, M. Miles, C. Clark, K. Short	3m.30.4s.	1953
4 x 880 Yards	K. Taylor, S. Preston, R. Vaughan, D. Chisholm.		1959.

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# JUNIOR CLUB RECORDS.

100 Yards	K. Short, C. Clark	10.2s.	1953
220 Yards	C. Campbell, G. Gedge	23.2s.	1947-9
440 Yards	F. Thornton	53.1s.	1949
880 Yards	D. Chisholm	1.59s.	1960
1 Mile	D. Wilson	4m.32.0s.	1953
2 Miles	K. Taylor	9m.47.4s.	1959
120 Yds. Hurdles	B. Webb	15.1s.	1957
220 Yds. Hurdles	D. Miles, J. Lester	25.7s.	1956
Long Jump	P. Ford	22' 0"	1947
Hop, Step & Jump	B. Dickinson	46' 8"	1933
High Jump	N. Meredith	6' 8"	1961
Discus	M. Lutton	131'	1963
Javelin	G. Glynn	192' 1"	1953
Shot Put (12-lbs)	G. Glynn	45' 0"	1962
Pole Vault	E. Watson, H. Briggs, J. Tasker	9' 6"	1944
		9' 6"	1963

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# SUB-JUNIOR BEST ON RECORD

100 Yards	C. Chamberlain	10.0s.	1954
220 Yards	K. Short	23.2s.	1952
440 Yards	R. Jolliffe	51.7s.	1957
880 Yards	R. Jolliffe	2m.00.1s.	1957
1 Mile	J. Hancock	4m.30.1s.	1963
90 Yds. Hurdles	K. Short, J. Lester	11.2s.	1952-4
High Jump	D. Jolliffe	5' 8"	1954
Long Jump	D. Jolliffe	21' 8 1/2"	1954
Hop, Step & Jump	D. Jolliffe	45' 2"	1954
Shot Put (8-lbs)	P. Phillips	61' 10 1/4"	1959
1 Mile Walk	J. Thomas	7m.58.3s.	1962

# SUB-JUNIOR CLUB RECORD

100 Yards	C. Chamberlain	10.0s.	1954
220 Yards	K. Short	23.2s.	1952
440 Yards	D. Harvison	53.8s.	1948
880 Yards	D. Wilson	2m. 4s.	1952
90 Yards Hurdles	K. Short	11.5s.	1952
High Jump	L. Jolliffe	5' 8"	1958
Hop, Step & Jump	D. Jolliffe	45' 2"	1954
Long Jump	D. Jolliffe	21' 8 1/2"	1954
Shot Put	P. Phillips	58' 9"	1959

# NOVICE CLUB RECORDS

100 Yards	F. O'Brien, B. Rowlands	11.6s.	1950
75 Yards	A. Gibson	9.0s.	1958
Long Jump	B. Bushnell	16' 11"	1960
High Jump	B. Stubbs	5' 0"	1950

# SENIOR BEST ON RECORD - OVERSEAS AND CLUB OVERSEAS REPRESENTATIVES.

10,000 Metres C.C.	C. Neaks	Wellington	1925
10,000 Metres Walk	E.E. Austen (Disqual.)	Paris	1924
10,000 Metres C.C.	A.A. Gainsford	Wellington	1925
Hop, Step & Jump	B. C. Dickinson	Berlin	1936
440 Yards Hurdles	G. Gedge	53.9s.	Auckland 1950
Marathon	C. Smeal	2h.52m.23s.	Helsinki 1956
880 Yards	J. Bailey	1m.46.8s.	Los Angeles 1956
1 Mile	J. Bailey	3m.58.16s.	Los Angeles 1956
1 Mile	A. Thomas	3m.58.6s.	Dublin 1958
2 Miles	A. Thomas	8m.32s.	Dublin * 1958
3 Miles	A. Thomas	13m.10.8s.	Dublin * 1958
1,500 Metres	A. Thomas	3m.42s.	Sweden 1958
1,500 Metres	A. Thomas	3m.46.8s.	Rome 1960
3,000 Metres	A. Thomas	8m.5.2s.	Helsinki 1960
5,000 Metres	A. Thomas	14m.6.2s.	Rome 1960.

\* Former World Record.

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# ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB

## STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH, 1964

### RECEIPTS

Cash on hand and in bank at 1/4/63	93.16.10	
Annual Subscriptions	133. 2. 0	
Donations	329. 9. 9	
Promotions:		
Carnival-Hurstville Oval Receipts	35.18. 0	
Carnival-Hurstville Oval Subsidy from AAA	2.10. 2	
Social Fund	30. 0. 0	
J.Bowers Refreshments	30. 0. 0	
Schoolboy Champs. Track	46.13. 0	
Schoolboy Championships C.C.	4. 3. 0	
Competitions - Track	3.15. 3	
Competitions - C.C.	19. 4. 0	
Entries in Open & State Champs.	11. 0. 0	183. 3. 5
General:		
Phone	10. 0. 0	
Badges	2.15. 0	
Club History Books	2.10. 6	
Bank Interest	1. 8. 9	16.14. 3

### PAYMENTS

Printing, Postage & Stationery	58. 8. 9	
Petty Cash	16.11. 6	
Phone	47. 0. 9	
Affiliation Registrations	76.17. 6	
Promotions -		
Carnival-Hurstville Oval-Exps.	55.18. 7	
Schoolboy Champ. Track	39.18. 4	
Hire of Oval 1964 Schoolboy C.	7.10. 0	
Competitions - Track	2. 9. 8	
Hire of Hall Scarborough Park	9. 0. 0	
Entries in Open State Champ.		
Relays and Interclub Teams	18.19. 6	
Entertainment exps. Montrose AAC	11.13. 6	145. 9. 5
General		
Rentals	2.11. 3	
Trophies & Open Orders	13.14. 2	
Purchase of Badges & Pannants	21.12. 6	
Donations & Presentations	16.19.10	

Hire of Measuring Wheel	1. 0. 0	
Purchase of Equipment	47.16. 9	
Team Expenses	43. 0. 0	146.14. 6
Cash in Bank as at 31/3/64	220.12.10	
Cash in Hand as at 31/3/64	41. 0. 0	
Petty Cash on hand as at 31/3/64	3.11. 0	265. 3.10
		<u>£756. 6. 3</u>

## BALANCE SHEET AS AT 31st MARCH, 1964

### LIABILITIES

Club Funds	488.17.11
Sundry Creditors	29. 0. 0
Contingent Liabilities	4. 0. 9
	<u>£521.18. 8</u>

### ASSETS

Equipment	234. 0. 0	
Less Provision for Deprec.	23. 0. 0	211. 0. 0
Rentals Prepaid		7.10. 0
Sundry Debtors		38. 4.10
Cash at Bank	220.12.10	
Cash on Hand	41. 0. 0	
Petty Cash on Hand	3.11. 0	265. 3.10
		<u>£521.18. 8</u>

D. JOLLIFFE, Hon. Treasurer

Audited & Found Correct - R. TOWERS, Hon. Auditor.

Duplicated by -  
BANKSTON CALCULATING  
& TYPING SERVICE,  
Centerville St., Revesby  
Phone - - - 77-6735.