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Affiliated to the A.A.A. of N.S.W.

**St. George District Amateur Athletic Club**

(FOUNDED 1921)

**Headquarters:**

**TRACK:**  
Hurstville Oval

**DISTANCE:**  
Scarborough Park

**49th**  
**ANNUAL REPORT**  
**and**  
**FINANCIAL**  
**STATEMENT**

**For the Year ending 31st March, 1970**  
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# LIFE MEMBERS

A. A. Gainsford	1923
W. J. Hasler *	1932
B. C. Button	1937
W. Ahern *	1955
A. Gould	1963

\* Deceased

## OFFICE BEARERS - 1969/70

Patron: L.L. Bosman President: A.A. Gainsford  
Senior Vice-Presidents: M. Moroney, A. Gould, H.G. Carruthers  
Vice-Presidents: M. Arthur, M.H.R., R.F. Mead, M.L.A., W.F. Crabtree, M.L.A., G.J. Dannon, M.L.A., D.D. Cross, M.L.A., Ald. H. Jones, Ald. E.J. Curllise, Ald. E. Duggan, Ald. R. Gosling, W. Ahern, A.L. Blackshaw, A. Blyth, J. Coppock, F. Eggleton, H. Gibbons, F.J. Howard, R. Jolliffe, F. Larcombe, W.R. Mackenzie, E. Williams, A. Henderson, L. Williams, A. Thomas, G. Gosling.

Hon. General Secretary:  
 J.W. Douglas (June-Feb.)  
 D.P. Wilson.

Hon. Track Secretary:  
 J. Stammers

Hon. Treasurer:  
 D. Jolliffe

Hon. Distance Secretary:  
 R. Squirrell

### Executive:

A.A. Gainsford, J.W. Douglas, D. Jolliffe, H.G. Carruthers, D. Wilson, A. Gould, J. Stammers, R. Squirrell, R. Gribble.

Managers: A.A. Gainsford Referee: H.G. Carruthers  
Captains: - Track: R. Gribble Distance: R. Gribble  
Vice-Captains: - Track: J. Stammers Distance: R. Squirrell  
Time-Keepers: Track: L. Cossart, I. Cossart, W. Hunt, S. Connelly, M. Barber.

Distance: S. Donnelly, D. Bennett, N. McGuckin  
Starters: Track: R. Patmore Distance: N. McGuckin  
Judges: Track: G. Avery, J. Douglas, K. Harmey, R. McIlhoney  
Distance: N. McGuckin, N.S. Warrington, A. Hanceron,

Hon. Auditor: R. Towers  
Publicity Officers: Track: N. Derry Distance: P. Campbell  
Gear Stewards: R. Patmore, J. Stammers, A. Gould.

Trophy Organiser: N. McGuckin.  
First Aid Officers: F. Wrightson, J. Bowers.  
Hon. Race Secretaries: Distance: R. Squirrell

Track: Seniors: J. Stammers  
Juniors: S. Amos

Social Committee: R. Patmore, J. Hancock  
Delegates to A.A.A. of N.S.W.: F. Eggleton, J. Stammers, J. Douglas, S. Amos, A. Gould.

Delegates to Inter-Club Board: J. Stammers, H.G. Carruthers  
Delegates to Harrier Board: R. Squirrell, J. Bowers  
Selectors: Track: R. Gribble, J. Bowers, J. Stammers, S. Amos.  
Distance: N. McGuckin, R. Gribble, R. Squirrell, J. Bowers.

Handicappers: Track (sprints & field games): W. Douglas, S. Amos.  
 (distance): J. Burchett, W. Douglas.  
Distance: U/13: S. Donnelly, U/15: S. Gee  
Intermediate: W. Douglas  
Senior: N. McGuckin

Team Managers: Seniors: R. Gribble Juniors: S. Amos,  
 J. Stammers A. Henderson  
 R. McIlhoney  
 K. Harmey.

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## 49th ANNUAL REPORT &amp; BALANCE SHEET

Presented to Members at the Annual General Meeting  
held at Electricity House, Hurstville  
on Friday, 22nd May 1970 at 7.45pm.

Gentlemen,

The 49th Annual Report and Balance Sheet of your Club is presented to you tonight and it will be seen that we have again had an excellent year.

With the 50th year of the Club quickly approaching it is particularly gratifying to me as a foundation member to see such excellent support and performances to the Club during the past 12 months.

One of the outstanding features of the year is the improvement in membership from 219 last year to 257 this year.

In 1949 we had 250 members which did not include registered officials as is the case today.

Graeme Rootham has been adjudged for the second year in succession our best Senior Athlete when he was awarded the Hurstville Trophy Award. Graeme's best performances were as follows:-

800 metres 1st State Championships 1m 50.4s  
1500 metres 2nd State Championships 3m 47.2s  
4 x 800 Metres State Relay- Member Australian National  
record 7m 35.8s  
800 Metres 2nd In Heat Australian National Championships  
Adelaide 1m 49.3s  
5th in Final 1m 53.0s

The outstanding performances of the year were those made by our magnificent Junior athlete, David Stephenson, when he capped a wonderful season by winning the Junior Australian 400 metres title in the wonderful time of 47.8s.

His other performances included.

1st	State 400 Metres	48.3s
2nd	State 100 Metres	10.7s
2nd	State 200 Metres	21.2s
3rd	Australian 100 Metres	11.1s
2nd	Australian 200 Metres	22.3s

David's run of 47.8s for the 400 metres erased Jack Mumford's old record of 48.4 when he won the 440 yards Australian title at Brisbane in 1937.

Experienced athletic followers predict a magnificent career for David and with further improvement in the next 2 years he could represent Australia at the next Olympic Games, Munich 1972.

For the first time in 6 years our Club could not claim supremacy during the distance season, yet we had numbers and quality to maintain this record. At vital stinges a few of our best athletes failed to appear and others ran well below form.

Our team results were as follows.

1st	State	15 Mile.
2nd	State	10,000 Metres C.C.C.
2nd	State	10 Mile
2nd	State	Marathon
2nd	State	5 Mile Novice C.C.C.
1st	State	Junior 5000 Metres C.C.C.

Our best individual performances were:

Ron Gribble	1st State Country Marathon
Ron Gribble	2nd Marathon
John Hancock	4th 10,000 Metres C.C.C.
John Hancock	4th 10 Mile
John Dowers	2nd 15 Mile
Julian Scott	2nd 5 Mile Novice C.C.C.
Julian Scott	2nd State Country Marathon
Julian Scott	4th Marathon
Bob Saurrel	6th 15 Mile

St. George can regain distance superiority next season as we still have the fine runners as mentioned above also Vic Byrne, Mal Rooke, Juniors John Durbett, Noel Derry, Kevin Warrington, Pat Legge and still further we have younger runners, Robert Willding, McIlhoney brothers, Jim Conlon, Mal Legge, Greg Warner and Rick Warrington showing great promise.

Interclub performances during the Track Season by our 11 teams at the Marks & Hensley tracks were the best the Club has experienced for many years. Results:-

Age Group	MA Grade 4th;	MC Grade 5th;	ME Grade 3rd;	HM Grade 1st;
Under 16 years	2nd		Under 13 years	2nd
Under 15 years	2nd		Under 12 years	2nd
Under 14 years	2nd		Under 11 years	4th
			Under 10 years	2nd

With the influx of Club athletes returning from overseas together with other new members, at one stage it appeared as though our Club could be premiers but with wretched luck during the 2nd half of the competition, we lost some of our best athletes through injuries & illness, yet by gaining 4th place in "A" Grade we still performed better in this Grade than for many years. Congratulations especially to Gary Friend for his magnificent performances during the 1st half of the Interclub, but injuries put paid to him for the



rest of the season when it appeared he could win a State title.

Congratulations to Dragon Arapovic and Bob Watson for very fine performances in the Pole Vault. Never before have we seen such vaulting in our Club and also Interclub.

"HM" Grade lads convincingly won this grade by defeating Eastern Suburbs 134 points to 39 points. It was pleasing to see old timer Frank Thornton leading this team to victory.

Our young lads competed at the new Hensley all weather track for the 1st time and generally most athletes performed better than they did at Campbell Oval the previous year. Stan Amos and his officials did a magnificent job and the boys responded very well by gaining 2nd place in 6 grades. With just a little luck our under 14 and under 13 could have won their grades. The boys are to be congratulated on their enthusiasm and I pay a particular tribute to Stan Amos as their Manager. We have many boys showing excellent promise including Lindsay Gee, Paul Parkinson, Greg King, Jeff Kirby, Rod Stubbs, Mark Goode, Stephen Welling, Peter Amos, Stephen Connor, Paul Taylor, Russell Abberton and Andrew Scott. One of the highlights of the Season was the visit of our Under 12 Premier team of last Track Season to Melbourne 11th January 1970 when they soundly defeated the two Melbourne teams, Sandringham & Coburg. Result - St. George 117 points, Coburg 87 points, Sandringham 70 points.

Once again I must thank Stan Amos for gathering this team together and acting as their Father and Manager. According to reports from the boys they had a wonderful time.

The Club did extremely well to have 10 athletes selected for the Australian Track and Field Games Championships at Adelaide, and elsewhere in this report the results are shown. Gary Friend, Dragon Arapovic, Bob Watson, although selected were unable to make the trip.

Congratulations are extended to Rod Stubbs our Juvenile Athlete who won the State Javelin with a throw of 148' 1".

Once again we are most grateful to John & Elaine for their magnificent contribution of \$250.00 to Club funds raised from their refreshment stall.

Only recently the Hurstville Municipal Council announced that the Oval is to be improved considerably in the way of additional lighting and \$7600 has been set aside for this purpose. The Curator and his staff are to be congratulated for preparing such excellent tracks during the last season.

Scarborough Park continues to be a grand place for our Winter racing and is growing in popularity each year.

Our officials during the Summer and Winter season have again done magnificent work. With so much enthusiasm and activity within the Club it would seem that our 50th year could be our best year since the Club's formation.

It has just been announced that George Carruthers has been given the Merit Award of the Amateur Athletic Union of Australia for distinguished service to Amateur Athletic movement in Australia. George for 15 years was Auditor and Trustee for the Union and he was also Manager to Herb Elliott when they went to U.S.A. some years ago.

Our sincere congratulations to you George for an Award that has been well earned.

Jim Douglas who was our General Secretary until recently has found it necessary to resign from this position through business commitments and to you Jim we thank you most sincerely for a well done job. Jim during your office of 2½ years you saw St. George grow and prosper and we know that you and your sons have enjoyed your membership to our fine Club.

To our competent Treasurer, Dennis Jolliffe, we say thank you for another magnificent job.

When Denis Wilson again accepted the office of General Secretary we all expressed our pleasure and delight as we are conscious of the fact that he will again do a wonderful job.

With Denis at the executive helm we can look forward to a wonderful year culminating in our 50th year celebrations.

A. Gainsford.  
President

#### A TRIBUTE TO THE LATE BILL AHERN.

When Bill Ahern passed away on the 1st September 1969, our Club lost one of its most loyal and best members since the Club was formed in 1921.

Bill made a magnificent contribution to Athletics throughout Australia and particularly to our Club which he admired so much. I think it appropriate that I quote at this stage Bill's conclusion to his last Annual Report (36th ending 31/3/57) as follows:

#### "Conclusion"

I am proud to have the opportunity to help with this report in the greatest year in the history of Australian athletics.

Also to say that I have reached my 20th year as your Hon. General Secretary and present my twentieth report. To look back it has been a long time but it has brought me in contact with some very



fine athletes and officials. Over the years, our President A.A. Gainsford who now has been in this position for 21 years. A. Gould who has filled many positions in the Club and seven years as Treasurer, E. Williams for his work in the Distance section, also A. Henderson, F. Slater in the same sphere. E. Watson for all his work over the years, R. Jolliffe who has done sterling work this athletic year and to all other Officials who I may not have mentioned.

My thanks to the many athletes who have assisted the Club and its Officials to make the past year a success. One disappointing fact is that our civic bodies seem to be overlooking our work among the youth of the district. We did not receive one word of thanks or praise as a Club for the inclusion of our two athletes and ten officials who took part in the Olympic Games, a record that any Club and District should be proud.

It is my intention to retire from my position at this Annual Meeting and I hope someone will come forward and take over this very interesting and responsible position.

W. AHERN  
Hon. General Secretary "

To detail his record is nearly impossible but hereunder are most of his achievements.

#### Club

- 1) Joined Club 1928
- 2) Hon. Secretary 20 years
- 3) Delegate to A.A.A. of N.S.W. 31 years
- 4) Referee 14 years
- 5) Timekeeper 14 years
- 6) Starter 10 years
- 7) Vice President 5 years

He also acted as Handicapper Result and Point Score Official for periods from one to three years.

Dill was a near limit distance runner for some 6 years and his best performance was 2nd in the Open Bob Tuck Memorial race 1930, won by Tom Millard of South Sydney Club.

#### A.A.A. of New South Wales

- Referee 17 years
- Gear Official 14 years
- Member Executive 12 years
- Chairman Interclub Board 10 years
- Member Officials & Sports Committee 5 years
- Chief Field Games Judge 3 years.

In his capacity as Referee he acted in the same position for the Australian Track & Field Games Championships held at Sydney, and he was also Manager for several N.S.W. teams to

Australian Championships Interstate.

Apart from Athletics, Dill was a foundation member of the Rockdale Bowling Club.

Dill had many qualities, he was quiet, unassuming, honest, reliable and highly respected by everyone. At all times he was prepared to assist members of our Club and he is sadly missed, particularly by old members. This tribute closes with our deepest sympathy to his wife Mary and his son Grahame.

A. Gainsford.

#### DISTANCE SEASON REVIEW

by Ron Gribble.

The 1969 Winter Season saw our club meet with mixed success. After having won the 'Blue Ribbon' event, the State 10,000 metres Cross-Country Teams Race for the past 4 years we surrendered this title by finishing second to Western Suburbs. We also had 2nd places in the 10 Mile Teams Race, Marathon Teams Race and 5 Mile Novice Teams Race, 3rd place in the Sydney-Bathurst Road Relay and 4th place in the 4 x 5 mile Road Relay. Our bright spot came when we won the 15 Mile Road Championship Teams Race at Canberra. Our Junior athletes had an improved season and won the State 5000 Metres Cross Country Championship Team Race. It has been many years since our club has won this event. Although our Sub-Junior, Juvenile and Sub-Juvenile boys did not come to light to any marked degree many showed a considerable improvement during the season and must surely do well in coming years. John Hancock, Julian Scott, Bob Squirrell, Ron Gribble, John Dowers and Bob Langley all had some sort of success in the Senior Division. John Burchett, Dallas Whiting and Noel Derry were the backbone of the Juniors. Rob Willding was our best Sub-Junior while Jim Conlon, Mark Donnelly, Damian McGuckin, Charlie Montano and Paul Wilson all showed encouraging form during the season in Juvenile and Sub-Juvenile events. Our club days at Scarborough Park were outstanding with good attendances and some fine running. All officials are to be congratulated for jobs well done, of course we must remember without these men our wonderful sport just would not function. Nev. McGuckin, a tireless worker for athletics deserves special mention for attending to all the handicapping and arranging the presentation of trophies each Saturday.

The first major event of the year was the Sydney to Bathurst Road Relay, 132 miles, on the 26th April and our effort in finishing 3rd was by far our best since this race was introduced 5 years ago. The race itself was most exciting as a great battle developed between the leading three teams towards the finish. After being in 4th place at the end of the 1st stage we gradually made up ground in the 2nd and 3rd stages to be only 5 minutes behind the leaders R-S and had headed Wests to be in 2nd place. Over the final 32



miles of the 4th stage R-D gradually drew away again and we fought tooth and nail with Wests for 2nd place. R-D held on to win and after a hectic struggle Wests grabbed 2nd place from us just a few hundred yards from the finish line. The 24 runners selected to represent our club were N. Derry, V. Byrne, R. O'Grady, J. Scott, A. Thomas and P. McWilliams (1st stage), B. Junka, R. Wilding, W. Douglas, J. Hancock, G. Rootham and J. Clarke (2nd stage), M. Rooke, J. Dowers, L. Farley, R. Langley, R. Squirrel and R. Wrennall (3rd stage), A. Staples, J. Dorchett, M. Bone, J. Lawrence, R. Stephenson and R. Gribble (4th stage). All these athletes turned up at their planned change-over points and did a grand job for the club in this gruelling relay. Some noted runs were by N. Derry, R. O'Grady, A. Thomas, J. Hancock, M. Rooke and in particular J. Dowers and R. Squirrel in the 3rd stage where we achieved fastest time. Due to the co-operation from each runner the organisation of our team ran very smoothly, only one hitch we didn't win but as the saying goes you must crawl before you walk, then run, by 1970 we will be running, running to win.

The State Cross Country Championship held at Centennial Park on 28th June proved a trifle disappointing for our club. After winning the blue ribbon event, the 10,000 metres teams race for the previous 4 years we finished 2nd in this event to Western Suburbs club with Randwick-Botany 3rd. The course was a foot under water in places and many athletes found the conditions very trying. John Hancock's run was impressive, he finished close up in 4th place and his time of 32.29 mins. was good, Bob Squirrel's effort to finish 8th was also good, John Dowers was 11th, Julian Scott 13th, Graeme Rootham 17th and Ron Gribble after falling heavily in a storm water channel recovered to finish 30th.

John Hancock was selected to represent the State in the Australian Cross Country Championships held in Toowoomba, Qld. on the strength of his 4th placing. John ran a creditable 11th in this event and gained a silver medal for being a member of the N.S.W. team which finished 2nd in the teams race. The Junior 5000 metres showed that our club has many fine young athletes coming up when we won the teams race associated with this event. It has been a long time since we won a Junior teams race. John Dorchett was placed 8th, Dallas Whiting 9th, Noel Derry 14th and Kevin Warrington 16th. Our Sub-Junior, Juvenile and Sub-Juvenile teams all finished 3rd in teams races. Bob Wilding was 14th and Bob O'Grady 18th in the Sub-Junior event. Jim Conlon's run in the Juvenile event was a marked improvement, he finished 5th with Geoff Molloney 10th. Charlie Montano and Paul Wilson gave us a good sight in the Sub-Juvenile race, however, our other midgets failed to impress.

The 10 mile State Championship was run for the first time on Gosford Racecourse. The track was boggy in places and moderate times were the order of the day. John Hancock again filled 4th place and with Julian Scott, Bob Squirrel, John Dowers and Ron Gribble finishing in the first 13 places it seemed

we would take out the teams race, however, our 6th runner finished in the thirties which ruled out our chances. We were placed 2nd to Randwick-Botany with Western Suburbs well back in 3rd place.

The State 15 Mile Championship was held at Canberra on Sunday, August 24th and 6 of our distance runners journeyed down to that capital for the race. The weather conditions were not so pleasant with a cold wind blowing and some rain. The result proved a triumph for our club and a return to the top for our long distance runners. John Dowers finished in 2nd place and along with Bob Squirrel 6th, Julian Scott 11th and Ron Gribble 15th we were successful in the Teams Race. Our last win in the Teams Race of this event was way back in 1932, some 37 years ago. In finishing 2nd John Dowers ran his best race in a State Championship to date and his time of 1 hour 22 minutes 36 seconds was good considering the undulating course and weather conditions at the time. Bob Squirrel again ran well in this event to finish 6th in 1 hour 26 minutes 5 seconds, Julian Scott 11th and Ron Gribble 15th were both capable of better runs. Elwin Egan and David Ellis completed the race in 24th and 25th places respectively.

On Sunday, 1st June, 1969 the State Road Relay Championships were conducted at Parramatta Park and the results as far as our club was concerned were a little disappointing. A record seventeen teams represented our club covering the 5 divisions and only 2 teams managed to fill a place, our Junior team 2nd and Sub-Juvenile No. 1 team 3rd. Firstly, 5 Senior teams were entered in the 4 x 5 mile and the best our No. 1 team could do was 4th place, after being the champion team in 1968. John Hancock ran a very creditable 24 mins 28 secs for the first leg, his time was 4th fastest, Julian Scott 25.06, John Dowers 26.09 and Bob Squirrel 25.25, it was thought this team would at least finish in a place. The No. 2 team was placed 6th, Graham Rootham ran 25.27 and Mal Rooke 25.31 for this team. No. 3 team finished 13th, Vic Byrne 26.37, this time is almost 2 minutes slower than his time of last year. No. 4 team 22nd Elwin Egan ran 28.42, an improved effort. No. 5 team in 26th place. Our Junior team in the 4 x 3 miles finished 2nd some 28 minutes behind a very strong Newcastle District team, John Dorchett being our fastest runner in 15mins 32 secs, next Noel Derry 16.02, Kevin Warrington 16.46 and Pat Legge 17.47. The Sub-Junior, Juvenile and Sub-Juvenile teams were expected to do better, however, it was very pleasing that so many boys turned up to run in these divisions and so we entered twice as many teams as any other club. These boys will certainly improve in this type of competition and next year will prove hard to beat. Our Sub-Junior 4 x 2 mile relay teams finished in 5th, 9th, 10th and 12th placing with Robert Wilding being our fastest runner with a time of 10 mins 39 secs. Worth a mention would be Jim Conlon's 11.19 mins after running in the Juvenile 4 x 1 mile in which he ran a fast 5 mins 6 secs for his leg. Jim's run was the fastest of our Juveniles and our 4 teams in this division finished in 4th, 8th, 11th and 13th placing. The Sub-Juvenile 4 x 1 mile relay was an exciting event with the winning team easing from 3rd placing at the end of the 3rd leg. Our No. 1



team were only 3 secs from the lead at this stage but lost ground in the last leg to finish in 3rd place. Charles Montano ran a great 1st leg for the No. 1 team and his time of 5 mins 12 secs was just 1 second from the fastest time in this division. The other teams here finished in 10th and 12th placing.

Striking top form at the right time Julian Scott ran his best Cross Country race to finish 2nd in the State 5 Mile Novice Championship held at Ransgate on 10th May. Julian's time of 26 mins. 38 secs. for the distance was 28 secs. behind the winner Bruce Adams of Northern Suburbs and 27 secs. better than the 3rd placed runner. Graeme Rootham finished a creditable 6th in the race after looking a threat 2 miles from the finish. John Burchett was 10th and Noel Derry 17th. These four runners formed the clubs team and were placed 2nd in the Teams Championship behind Western Suburbs. Other club athletes to finish were Ray Stephenson 18th, Bob Langley 22nd, Bruce Tunks 26th, Peter McWilliams 32nd, Bob Warmoll 49rd, Dave Ellis 46th, Bill Lake 49th and Don Sieben 50th. In the Open Senior and Junior event run prior to the Novice John Hancock ran a great race to finish 3rd in 26mins 6 secs, John Dowers came home in 12th place and Ron Gribble 13th. The Sub-Juvenile event on this day was won by a much improved Jeff McIlhoney with Charlie Montano in 2nd spot, Mike Donnelly also ran well to finish close up in 5th place.

Ron Gribble and Julian Scott both met with success in Marathon Championships held in N.S.W. during the winter. The first of these events was the State Country Championship run at Newcastle on 14th June where Ron had his 2nd win in the race, having won the inaugural event in 1966. After running with the leading bunch for the first 15 miles Ron went to the lead and ran on strongly to record a clear win in the time of 2 hrs and 41 mins. Julian also finished on well to take 2nd place 3 mins behind his clubmate. The State Championship was held on 13th September and on this occasion, Ron Gribble finished 2nd and Julian Scott 4th. At the half way mark in this event John Dowers was leading with Clark of Western Suburbs but John weakened after covering 17 miles and surrendered his place to Gribble who chased Clark for the remainder of the race. Julian was running on strongly at the finish to gain 4th place. John Dowers tried hard but fell back through the field to end up in 16th place after a very gallant effort towards the finish. This was not good enough for our club to win its first teams race in which we were placed 2nd two points behind Randwick-Botany. Dave Ellis running his first Marathon did very well to finish and beat the qualifying time. On their performances in the State Championship both Gribble and Scott were selected to represent this State in the Australian Marathon Championship run at Botany on 11th October. In this event Scott ran his best Marathon to gain 9th place in 2hrs 36 mins 2 secs with Gribble coming home in 11th place some 2 minutes behind Scott. Both these athletes gained medallions for the teams event where this State finished 2nd behind Victoria. Scott was the 2nd N.S.W. runner to finish and Gribble the 3rd. John Dowers running as an independent improved on his State time to finish 17th in

2 hrs 44 mins 5 secs.

In a fast run race at Campbelltown on 20th July the 20 mile Open Road Race was another triumph for our club when John Dowers ran an excellent race to win in the time of 1 hr 50 mins 42 secs. Ron Gribble also did well to finish 2nd in 1 hr 52 mins 17 secs. Both these runs were personal best times for the distance.

The annual Frank McGaffrey Cup match against Western Suburbs at Cabarita resulted in a narrow win for our club by 59 points to 51. Our strength in numbers proved the deciding factor, Wests won 4 out of the 5 events, however, we filled most of the places in each event to make up the difference. The points in the Senior Grade run over 5 miles were 22 for and 17 against. John Dowers ran well here to gain 3rd place in 26.16 mins. Bob Langley ran his best ever cross country to finish 5th in 26.36 mins with Graeme Rootham 6th, Julian Scott 7th and Bob Squirrell 8th. The Junior 3 miles saw John Burchett beaten by inches in the good time of 15.54 mins. Noel Derry was 4th and Kevin Warrington 5th, the points here being Wests 7, St. George 6. Bob Willding was our only outright winner of the day in the Sub-Junior event and he did well to run the 2 miles in 9.59 mins, the grade proved a walkover for our club. Our Juvenile boys turned up in force and though Wests had 4 out of the first 5 places we filled the places in the lower divisions to turn out winners overall by 17 points to 12, Ray McIlhoney being our best in the good time of 5.17 mins. Jim Conlon was 6th and Geoff McIlhoney 7th. Charlie Montano, Paul Wilson and Russell Abberton did very well in the Sub-Juvenile event to all finish in the first 6 with Charlie best finishing 2nd in 5.48mins. Wests took the points here by 15 to our 11.

Our club was host to Sutherland club for the annual inter-club match on 9th August and this meeting proved a great success. This annual match against our neighbouring club has always proved popular but never more than on this day. The competition was very good and we had to pull all stoppers out to win by 123½ to Sutherland's 103½. 41 Seniors finished the 6 miler in which there were 6 divisions. John Dowers had a great win in the smart time of 32 mins 55.5 secs and crossed the finishing line nearly half a minute ahead of Graeme Rootham with Julian Scott in 3rd place giving our club a great start. Bob Squirrell finished 6th, Ron Gribble 8th and Bob Langley 10th. The Junior and Intermediate event over 3 miles saw John Burchett make amends for his narrow defeat against Wests when he won by 4 secs from Dallas Whiting who also ran well. Sutherland made a great start in the Sub-Junior 2 miles gaining the first 3 places, however, there lack of numbers gave our club the edge. Bob Willding was 4th here in 10.42 mins, Bob O'Grady 5th and Laurie Melville improving to gain 6th place. Sutherland had there only win when their Juvenile boys ran well as a team to beat our team by 2 points. Ray McIlhoney was our top athlete here when he finished 3rd with Jim Conlon in 6th spot. Charlie Montano and Paul Wilson gave our club a good start in the Sub-Juvenile 1 mile when they finished 1st and 2nd respectively. Robert Campbell was our next runner home in 8th place. The



points for each grade were: Seniors St. George 54, Sutherland 47; Junior and Intermediate 14 to 5; Sub-Junior 20½ to 18½; Juvenile 21 to 23 and Sub-Juvenile 14 to 10.

### GLWD CHAMPIONSHIPS RESULTS

SENIOR:	1st	2nd	3rd	Time
10,000 Metres CC	J. Hancock	R. Squirrell	J. Dowers	32m29s
5 Miles	J. Hancock	J. Scott	G. Rootham	25m7s
5 Miles Novice CC	J. Scott	G. Rootham	J. Burchett	26m38s
10 Miles CC	J. Hancock	J. Scott	R. Squirrell	52m55s
15 Miles Road	J. Dowers	R. Squirrell	J. Scott	1h22m36s
Marathon	R. Gribble	J. Scott	J. Dowers	2h36m33s

JUNIOR:	1st	2nd	3rd	Time
5000 Metres CC	J. Burchett	D. Whiting	N. Derry	17m25s
3 Miles CC	J. Burchett	R. Stephenson	W. Douglas	16m15s

SUB-JUNIOR:	1st	2nd	3rd	Time
3000 Metres CC	R. Willding	R. O'Grady	J. Clarke	14m20s
2 Miles CC	R. Willding	J. Lawrence	P. Legge	10m44s

JUVENILE:	1st	2nd	3rd	Time
1500 Metres CC	J. Conlon	G. McIlhoney	G. Holdaway	10m26s
1 Mile CC	J. Conlon	M. Legge	D. McGuckin	5m8s

SUB-JUVENILE:	1st	2nd	3rd	Time
1500 Metres CC	G. Montano	P. Wilson	G. Hughes	7m27s
1 Mile CC	P. Wilson & D. Montano	D. H. R. Abberton		5m24s

### POINT SCORE COMPETITIONS

Senior:	D. Ellis	165	J. Dowers	164	G. Page	142
Intermediate:	R. Willding	186	J. Burchett	179	J. Lawrence & W. Douglas	159
Juvenile:	D. McGuckin	187	M. Donnelly	183	R. McIlhoney	173
Sub-Juvenile:	G. Montano	189	D. Montano	173	A. Henderson	165

The Champions' Awards for the most consistent performances in the fastest times competitions went to:-

Senior:	J. Dowers	Intermediate:	J. Burchett
Juvenile:	R. McIlhoney	Sub-Juvenile:	G. Montano

George Carruthers Cup: 1st G. Wilson, 2nd D. Sieben, 3rd P. Legge.

### N.S.W. CHAMPIONSHIPS RESULTS

#### SENIOR

10,000 Metres C.C. - Team 2nd	J. Hancock	4th	32.29	J. Scott	13th	33.57
	R. Squirrell	8th	33.08	G. Rootham	17th	34.18
	J. Dowers	11th	33.28	R. Gribble	30th	35.19
5 Miles Novice - Team 2nd	J. Scott	2nd	26.38	J. Burchett	10th	28.33
	G. Rootham	6th	28.00	N. Derry	17th	29.03
10 Miles CC - Team 2nd	J. Hancock	4th	52.55	J. Dowers	11th	
	J. Scott	9th		R. Gribble	13th	
	R. Squirrell	10th		R. Langley	32nd	

15 Miles Road - Team 1st	J. Dowers	2nd	1:22.36	J. Scott	11th	1:27.44
	R. Squirrell	6th	1:26.05	R. Gribble	15th	1:29.33
Marathon - Team 2nd	R. Gribble	2nd	2:36.33	J. Dowers	16th	3:8:37
	J. Scott	4th	2:38:05			
4 x 5 Mile Road Relay	A. Team	4th	101m 8s			
	J. Hancock	24.28,	J. Scott	25.06,	J. Dowers	26.09, R. Squirrell
						25.25
	B. Team	6th	104m 6s			
	G. Rootham	25.27	M. Rooke	25.31,	R. Gribble	26.14
						A. Thomas 27.34
	C. Team	13th	111m 50s			
	V. Byrne	26.37,	R. Langley	27.19,	D. Tunks	29.05, A. Staples
						28.49
	D. Team	22nd	121m 59s			
	E. Egan	28.42,	G. Page	30.05,	R. Wormoll	31.24, D. Ellis
						31.48
	E. Team	26th	143m 24s			
	T. Fisher	35.19,	M. Lake	33.08,	H. Fay	37.57, D. Sieben
						37.00

#### JUNIOR

5000 Metres C.C. - Team 1st	J. Burchett	8th	17.25	N. Derry	14th	18.05
	D. Whiting	9th	17.28	K. Warrington	16th	18.15
4 x 3 Mile Road Relay - Team 2nd	66m 07s					
	J. Burchett	15.32,	N. Derry	16.02,	K. Warrington	16.46,
						P. Legge 17.47

#### SUB-JUNIOR

3000 Metres C.C. - Team 3rd	R. Willding	14th	14.20	J. Clarke	23rd	14.51
	R. O'Grady	18th	14.35	P. Legge	24th	14.57
4 x 2 Mile Road Relay	A. Team	5th	44m 14s			
	R. Willding	10.33,	J. Lawrence	11.01,	J. Clarke	11.29, R. O'Grady
						11.11;
	D. Team	9th	47m 26s			
	L. Melville	11.24,	R. Gray	11.27,	G. Douglas	12.38, S. Gee
						11.57
	C. Team	12th	51m 15s			
	D. Walshe	13.08,	J. Ryan	12.49,	R. McIlhoney	12.09, S. Bennett
						13.15
	D. Team	10th	48m 01s			
	M. Legge	11.56,	G. McIlhoney	11.25,	G. Warner	13.21, J. Conlon
						11.19

#### JUVENILE

1500 Metres C.C. - Team 3rd	J. Conlon	5th	10.26	G. Holdaway	13th	10.54
	G. McIlhoney	10th	10.48	R. Warrington	15th	10.59
4 x 1 Mile Road Relay	A. Team	4th	21m 14s			
	R. McIlhoney	5.14,	J. Conlon	5.06,	G. McIlhoney	5.27, M. Legge
						5.27
	D. Team	8th	22m 37s			
	R. Warrington	5.30,	G. Holdaway	5.35,	G. Millott	5.55,
						G. Warner 5.37



C. Team 11th 23m 21s  
J. Kunicki 5.35, A. Kelly 5.26, P. Ryan 6.21, D. McGuckin 5.59

D. Team 19th 25m 00s  
D. Campbell 6.09, D. Agnew 5.58, P. Wilson 5.53, M. Donnelly 6.00

#### SUB-JUVENILE

1500 Metres C.C. - Team 3rd

C. Montano 7th 7.27 G. Hughes 18th 8.07  
P. Wilson 8th 7.35 R. Campbell 26th 9.18

4 x 1 Mile Road Relay A. Team 3rd 22m 16s  
C. Montano 5.12, M. Donnelly 5.31, P. Wilson 5.38, G. Hughes 5.55

D. Team 10th 26m 19s  
R. Abberton 6.06, D. Hughes 6.08, C. Wilson 6.09, R. Campbell 7.56

D. Team 12th 28m 26s  
A. Agnew 6.26, N. Jackson 7.59, D. Montano 6.14, A. Henderson 7.47

#### ST. GEORGE SCHOOLBOYS' CROSS-COUNTRY CHAMPIONSHIPS, SCARDOROUGH PARK, SUNDAY, APRIL 27th, 1969.

These Championships again proved a great success, the weather was perfect and a good role up of young athletes and their parents were present. The competition was very keen and many fine performances were recorded.

The L.L. Dosman Cup for the aggregate points score for the Intermediate ages was won by Sans Souci on 56 points with Marist Bros. Kogarah second on 32 points and Revesby De La Salle 3rd on 25 points.

Narwee High School produced some very good athletes in the advanced division and won the Denis Wilson trophy by the overwhelming score of 120 points to Marist Bros. Kogarah 59 points second and Kingsgrove High 3rd, 38 points.

#### Intermediate:

10 Years  $\frac{3}{4}$  Mile: 1st D. Hughes - Sans Souci, 2nd: M. Curry - M.D.K. 3rd: A. McNeill - M.D.K. Time: 4m21s  
Winning Team: Sans Souci 12 points.

11 Years  $\frac{3}{4}$  Mile: 1st: D. Derry - Sans Souci, 2nd: R. Towns - M.D.K. 3rd: S. Madden - Revesby High Time: 4m12s.  
Winning Team: Sans Souci 10 points

12 Years  $\frac{3}{4}$  Mile: 1st: G. Cook - Hurstville High, 2nd: C. Montano - M.D.K. - 3rd: G. Hood - Narwee High, Time: 4m01s  
Winning Team: Narwee 13 points.

Aggregate Points Score - L.L. Dosman Cup.

1: Sans Souci 56 pts, 2: Marist Bros. Kog. 32 pts, 3: Revesby DLS 25 pts.

#### Advanced:

13 years 1 Mile: 1st: G. McIlhenny - Narwee High, 2nd: P. Fitzpatrick - M.D.K. 3rd: G. Warner - Kingsgrove High, Time: 5m30s.  
Winning Team: Narwee 10 points.

14 years 1 Mile: 1st: G. King - Narwee; 2nd: M. Legge - James Cook; 3rd: S. Lennon - Kingsgrove High; Time: 5m26s  
Winning Team: Narwee 10 points.

15 years  $1\frac{1}{2}$  Miles: 1st: M. Rees - Narwee; 2nd: D. Hayward - Narwee; 3rd: N. Colella - Hurstville; Time: 8m03s  
Winning Team: Narwee 8 points

16 years  $1\frac{1}{2}$  Miles: 1st: R. Willding - Kogarah High; 2nd: G. Spentley - Narwee; 3rd: J. Lawrence - M.D.K.; Time: 7m49s  
Winning Team: M.D.K. 13 points

Open 2 Miles: 1st: M. Derry - M.D.K.; 2nd: A. Morris - Narwee; 3rd: D. Cantor - Narwee; Time: 10m59s  
Winning Team: M.D.K. 10 points.

Aggregate Points Score - Denis Wilson Trophy

1st: Narwee High 120 points  
2nd: Marist Bros. Kogarah 59 points  
3rd: Kingsgrove High 38 points.

Club Officials, Messrs. G. Carruthers, D. Wilson and N. McGuckin are to be congratulated on organising a very successful Championships.

#### ST. GEORGE SCHOOLBOYS' TRACK & FIELD CHAMPIONSHIPS

Held at Jubilee Oval, Kogarah on Sunday  
21st September, 1969.

Once again there were very good entries and plenty of spectators. A number of fine performances were noted with 9 records in the primary section and 19 records in the secondary. Outstanding performers were:-

Sprints: R. Abberton, P. Smith, S. Welling, C. Montano, P. Amos, J. White, K. Coop, L. Gee, G. Dryan, G. Walleit  
Field Games: D. O'Connor, E. Emmanuel, S. Welling, J. White, K. Coop, L. Carroll, S. Tulk, M. Tasker  
Middle distances: C. Montano, G. King, M. Rees,  
Walks: P. Lopez, N. Derry.

The champion schools were Marist Bros. Kogarah in the secondary division and Sans Souci in the primary division.

The organising committee expresses its appreciation to Mr. Fred Larcombe, the Organiser, and that great band of fellow school-teachers, women's and men's club officials, and athletes who helped to push through a very big programme in record time. Hurstville High School once again very kindly allowed us to use their hurdles.

Due to the lack of implements on the day, it was not possible to hold the javelin throw events & it was finally decided to abandon those events.



## PRIMARY SCHOOLS:

## 8 YEARS:

70 Metres: R. Abberton (Oatley) 10.1s Rec.  
4x70 Metres Relay: Marist Bros. Pens. 46.5 Rec.

## 9 YEARS:

70 Metres: M. Rayment (M.D. Pens) 10.2s  
4x70 Metres Relay: Marist Bros. Pens. 43.9 Rec

## 10 YEARS:

70 Metres: G. Hunt (Padstow park) 9.9  
4x70 Metres Relay: Panania & Narwee 42.5 Rec  
High Jump: D. O'Connor (D.L.S. Revesby) 3' 10" Rec  
Long Jump: G. Cavanna (Kogarah) 13' 0"

## 11 YEARS:

100 Metres: P. Smith (Carlton) 13.5s Rec.  
200 Metres: M. Rodden (Greenacre) 29.2s  
400 Metres: D. Berry (Sans Souci) 68.8s  
800 Metres: M. Rodden (Greenacre) 2m 33.9s  
High Jump: P. Bird (Dexley) 4' 2"  
Long Jump: G. Herrick (Sans Souci) 14' 8"  
4x100 Metres Relay: Sans Souci 58.0s  
Shot Put: E. Emanuel (Sans Souci) 26' 2"

## 12 YEARS:

100 Metres: S. Wenham (Hurstville) 13.0s  
200 Metres: S. Welling (Dexley) 27.4s  
400 Metres: M. Boylan (D.L.S. Kings) 69.5s  
800 Metres: M. Boyd (M.D. Kog) 2m 32s  
80 Metres Hurdles: J. Cavanna (M.D. Kog) 14.6s  
High Jump: J. Cavanna (M.D. Kog) 4' 4"  
Long Jump: S. Welling (Dexley) 16' 7½" Rec.  
6lb Shot Put: G. Keep (Sans Souci) 27' 5"  
4 x 100 Metres Relay: Marist Bros. Kogarah 57.3s

## SECONDARY:

## 12 YEARS:

100 Metres: C. Howley (D.L.S. Kings) 12.8s  
200 Metres: C. Howley (D.L.S. Kings) 28.4s  
400 Metres: C. Montano (M.D. Kog) 65.7 Rec.  
800 Metres: C. Montano (M.D. Kog) 2m 27s Rec.  
80 Metres Hurdles: P. Amos (Narwee) 14.2s Rec  
High Jump: A. Spinks (Kingsgrove) 4' 2"  
Long Jump: A. Spinks (Kingsgrove) 16' 1"  
6lb Shot Put: M. Tasker (Kingsgrove) 27' 5½" Rec  
4x100 Metres Relay: D.L.S. Kingsgrove 56.8s

## 13 YEARS:

100 Metres: M. Goode (M.D. Kog) 12.5s  
200 Metres: M. Goode (M.D. Kog) 27.4s  
400 Metres: G. Mallett (Narwee) 62.5s Rec  
800 Metres: G. Warner (Kingsgrove) 2m 22s  
80 Metres Hurdles: M. Goode (M.D. Kog) 13.3s  
High Jump: A. Faglioni (D.L.S. Revesby) 4' 9"  
Long Jump: A. Faglioni (D.L.S. Revesby) 16' 6½"  
6lb Shot Put: J. White (East Hills) 44' 13"  
4x100 Metres Relay: M.D. Kogarah 53.6s

## 14 YEARS:

100 Metres: K. Coop (D.L.S. Revesby) 11.5s Rec  
200 Metres: K. Coop (D.L.S. Revesby) 24.7s  
400 Metres: K. Coop (D.L.S. Revesby) 58.5s

14 YEARS:  
(Cont.)

800 Metres: J. Kirby (M.D. Kog.) 2m 14.8s  
1500 Metres: G. King (Narwee) 4m 33.3s Rec  
80 Metres Hurdles: K. Coop (D.L.S. Revesby) 12.1s Rec  
High Jump: L. Carroll (D.L.S. Revesby) 5' 2" Rec  
Long Jump: S. Tulk (Kogarah) 18' 11" Rec.  
6lb Shot Put: S. Tulk (Kogarah) 46' 5"  
4x100 Metres Relay: Narwee 51.7s  
800 Metres Walk: P. Lopez (D.L.S. Revesby) 4m 16s Rec

## 15 YEARS:

100 Metres: L. Gee (Kogarah) 12.0s  
200 Metres: L. Gee (Kogarah) 24.8s  
400 Metres: G. Mullane (Kogarah) 57.9s  
800 Metres: M. Rees (Narwee) 2m 11.6s  
1500 Metres: M. Rees (Narwee) 4m 34s Record  
80 Metres Hurdles: P. Higgins (D.L.S. Revesby) 13.8s  
High Jump: P. Hausmann (M.D. Kogarah) 5' 10"  
Long Jump: L. Gee (Kogarah) 19' 1½"  
8 lb Shot Put: N. Thompson (DLS Revesby) 45' 10"  
Discus Throw: K. Martin (Hurstville) 101' 4"  
Triple Jump: F. Sugar (M.D. Kogarah) 37' 8"  
4x100 Metres Relay: M.D. Kogarah 50.4s

## 16 YEARS:

100 Metres: R. Harris (Syd. Tech) 11.2s  
200 Metres: G. Bryan (James Cook) 23.8s  
400 Metres: G. Fitch (Kingsgrove) 56.3s  
800 Metres: R. Willding (Kogarah) 2m 7.9s  
1500 Metres: A. Gross (Narwee) 4m 37.4  
80 Metres Hurdles: R. Harris (Syd. Tech) 12.0s  
High Jump: M. Dedman (Narwee) 5' 0"  
Long Jump: G. Deeth (M.D. Kogarah) 19' 5"  
Triple Jump: M. Craig (M.D. Kogarah) 38' 1"  
10 lb Shot Put: I. McFarland (Kingsgrove) 34' 0"  
Discus Throw: I. McFarland (King) 103' 3"  
4 x 100 Metres Relay: Kingsgrove 46.8s Record.

## OPEN:

100 Metres: J. Kenny (James Cook) 11.0s  
200 Metres: J. Kenny (James Cook) 23.4s  
400 Metres: L. O'Brien (Narwee) 54.0s  
800 Metres: L. O'Brien (Narwee) 2m 6.8s  
1500 Metres: N. Derry (M.D. Kogarah) 4m 31.8s  
80 Metres Hurdles: J. Kenny (James Cook) 11.8s Rec  
High Jump: L. Shadbolt (Narwee) 5' 5"  
Long Jump: J. Fuster (M.D. Kogarah) 19' 11"  
Triple Jump: P. Dwyer (M.D. Kogarah) 37' 10"  
Discus Throw: H. Rutz (Narwee) 94' 5"  
4 x 100 Metres Relay: Syd. Technical 46.0s  
800 Metres Walk: N. Derry (M.D. Kog.) 3m 46.4s Rec.

L.S. Williams Shield for Primary Schools Aggregate:  
Sans Souci Primary School

## Primary Junior Pennant

1. M.D. Penhurst 28 pts  
2. Sans Souci 26 pts  
3. D.L.S. Revesby 21 pts

## Primary Senior Pennant

1. Sans Souci 72½ pts  
2. M.D. Kogarah 62 pts  
3. Dexley 31½ pts



<u>Primary Aggregate</u>	
1. Sans Souci	98½ pts
2. M.C. Kogarah	65 pts
3. M.C. Penhurst	45½ pts

A.A. Gainsford Shield for Secondary Schools Aggregate.  
Marist Bros. Kogarah.

Secondary Juvenile Pennant

1. Narwee	123½ pts
2. D.L.S. Revesby	106 pts
3. M.C. Kogarah	95 pts

Secondary Senior Pennant

1. M.C. Kogarah	99 pts
2. Narwee	54 pts
3. Sydney Tech	28 pts

Secondary Junior Pennant

1. M.C. Kogarah	97 pts
2. Narwee	83½ pts
3. D.L.S. Revesby	78½ pts

Secondary Aggregate

1. M.C. Kogarah	285 pts
2. Narwee	261 pts
3. Kingsgrove	194½ pts
4. D.L.S. Revesby	186½ pts

SENIOR INTER-CLUB COMPETITION

at  
 E.S. Marks' Athletic Field

by Ron Gribble.

With an increasing number of Senior Athletes competing an additional team was entered for competition at E.S. Marks' Athletic Field and so 4 teams represented our club during the summer season in A, C, E & H Grades. It was our additional team in H. Grade which brought honour to the club when it easily won the final of that Grade by 134 points to 39, the most decisive win by any team in the finals of the competition. Athletes representing our club in H. Grade all showed improvement during the season and many personal best performances were achieved in the final.

Overall our performance in the other three grades was an improvement on the past few years, a better role up of athletes each Saturday and much improved sprinting and hurdling added together to push our teams nearer to the top of the competition ladder. It seems this season was a stepping stone to a much brighter season next year and it looks a good bet our club will field the Premiership winning team in A. grade.

1A1 GRADE: After beginning the competition with five straight wins we seemed to be heading for the big time in this grade, however, the rot set in at that point and we finished the season in 4th place. It could be said we had hard luck on a few occasions not to have beaten Randwick-Dotany and Western Suburbs, our relay team seemed to run into trouble week after week and so we went down by a few odd points. Had we gained the breaks our No. 1 team could easily have been premiers.

Towards the end of the season a new 400 metre champion emerged from our ranks, a little late to be of benefit to our premiership hopes, however, David Stephenson will certainly make his presence felt in this event next year. It was in this event and the walking events we had bother gaining points against the

leading teams. David looks to be our big gun of the future as his sprinting and hurdling have also improved greatly.

Gary Friend was easily our main points scorer and after showing tremendous ability in the long jump, sprints and hurdles each week he suffered a re-occurrence of an old leg injury during December which virtually forced him out of hard competition for the rest of the season and a severe blow to our premiership hopes. His best long jump was 24' 3½", 100 metres 10.9, 200 metres 21.6, high jump 5' 8", 110 metres hurdles 15.7 and 200 metres hurdles 26.5. Brian Lawler was another very consistent performer and his efforts particularly in the long and triple jumps were invaluable to the club. Brian was also a useful performer in the high jump and hurdle events. Greg Jagers from Canberra, who competed as a 2nd class athlete for our club showed remarkable improvement in the sprints and he certainly looks like being another star of the future.

Graeme Rootham and John Hancock were again in good form throughout the season and were always in the first 2 or 3 placings in 800, 1500 and 5000 metre events. Mal Rooke, Mike Dunn, Denis Wilson and Ron Gribble also gained points in the middle distance events. Vic Byrne came to light in the 5000 metres near the end of the season and Julian Scott, Bob Squirrell, John Dowers and Bob Langley all showed some sort of form in the long distance event. Bob Squirrell and John Dowers also gained points in the Steeplechase without much trouble.

Steve Clarke who rejoined our club this season showed he still retains his good form in hurdle events while two other new comers to our club this season, Dragon Arapovic from Yugoslavia and Bob Watson from Canada, both Internationals, were almost unbeatable in the Pole Vault. This was the first time for many years that our club could field 3 pole vaulters. Kevin Taylor began to improve rapidly with the aid of our new boys and he reached a personal best height of 11'. Dragon set a new inter-club record of 14' 2" while Bob's best height was 12' 6", top grade vaulting for this State.

Our field games specialists always did well when they turned up, Len Chinnery and Ron Lunt with the Shot and Discus and in the Javelin event Peter Lawler, Bob Seibokas and another of our returned athletes from the U.S.A. Greg Glynn, all threw well during the season. Albert Magassy, another 2nd class athlete from Canberra proved a great asset to our club when he threw the hammer on a few occasions, Albert is one of the States best in this event.

Jim Stammers was most consistent in the High Jump and many times gained the major points. Neil Meredith, who was making a comeback to this event did well until injury forced him to the sidelines. Dennis Jolliffe began to show some of his old form in the triple and high jumps towards the latter part of the season while Noel Barry and John Burchett tried hard to gain points in the walks, however, both will do better in middle distance races when we can find a pair of top grade athletes for this event.



With more training together our sprint relay team could easily prove the best in the State. On occasions when things went right for these boys we more than held our own with the leading clubs.

**IG! GRADE:** It was in this Grade where we could easily have won instead of finishing in the middle of the competition ladder. The same old story, many boys only turn up when they feel like it and others have to move to A. Grade to fill a gap. We gave Balmain a scare last time we met this club and they went on to win the competition, only lack of athletes on the day cost us a win.

Geoff Bryan in his first season in senior competition did not show to advantage, study, lack of training etc. kept Geoff below his best, he will be a major force in this grade next season. Mike Hourigan also had troubles and will improve next season. These two boys are still Juniors and much more will be heard of them up to 400 metres. Dave Kennelly, too, has a future in the sprints provided he competes more often.

There was no really consistent point scorer in this Grade, Denis Wilson in middle distance events showed up until he moved up to A. Grade, Bob Langley, Elwin Egan and Col Richardson also gained points in middle distance events. Strangely, it was in the 1500 metre walk where we always gained major points, John Burchett when not in A. Grade, Jim Stammers and Bob Willding were very keen in this event.

Dave Stephenson always gained points in the 110 and 200 metre hurdles although only moving at half pace. Bob Watson won the Shot Put each time he competed and Peter McWilliams, Gary Friend and Mike Denney, whom we were pleased to see again all gained points in the Shot, Javelin and Discus events.

**IE! GRADE:** We were probably a little unlucky not to have reached the final of this grade and finished close up in 3rd spot. It's hard to find a reason for not reaching the final here, this team did well each week and were beaten only narrowly by the finalists when we met them during the competition.

Our sprinters and middle distance athletes were always present and showed great form, Alan Heighway, Col Richardson and Brian Lawler in the sprints, Rob Willding, Dick Vaughan and Col Elliott 400 metres and Frank Thornton, Rob Willding, John Burchett, Dick Vaughan and Bruce Tunks in the 800 and 1500 metre events. Alan Heighway showed improvement with his sprinting, Col Elliott ran his best 400 metres in the last match while Rob Willding, after being promoted from H. Grade, improved more than any other athlete in 400, 800 and 1500 metre events in the lower grades. Rob has a very bright future in athletics. Jim Stammers and Mike Denney gained points in hurdle events while Rob Willding, Peter Murphy and John Burchett took on the high jump. Mike

Denney was unbeatable with the Shot Put with Dennis Jolliffe to back him up and they also had success in the long and triple jumps with Jim Stammers backing them up.

It seems that a more determined effort is needed here and success will surely come our way.

**HI! GRADE:** This team won the final against Eastern Suburbs by 134 points to 39, a very easy win and they thoroughly deserved their win having been beaten only once throughout the competition. Every athlete in this grade was at his best in the final and many personal best performances were recorded. Lindsay Orien's 52.1 400 metres was terrific, he improved with each run. Don Seiben 41' 9" Shot Put an improvement of nearly 12' since the season began. Peter Murphy won the 100 metres in personal best time and Noel Derry ran his best races to date on the track when he won both the 800 and 1500 metre events in personal best times. The Premiership winning team was:- P. Murphy, C. Elliott, J. Tobin, J. Wormoll, L. Orien, G. Derricott, F. Thornton, C. Tunks, M. Derry, J. Burchett, J. Lawrence, R. Vaughan, R. Wormoll, M. Denney, J. Dowers, D. Seiben, J. Stammers, A. Heighway, P. McWilliams, R. Willding, C. Richardson and G. Turner.

Senior points score conducted at Inter-club 1969/1970 -

A. Grade: G. Friend 125 pts, D. Lawler 105 pts, J. Dowers 78 pts,  
C. Grade: J. Stammers 66 pts, C. Richardson 46 pts, R. Watson 45;  
E. Grade: R. Willding 93 pts, A. Heighway 53 pts, J. Burchett 52;  
H. Grade: J. Tobin 81 pts, M. Denney 65 pts, P. Murphy 62 pts.

#### HENSLEY FIELD REPORT

Competing in the Southern Zone Division our Age Teams acquitted themselves well on the new all weather track at Pagewood. The following results were obtained in each grade:-

Age Group	Position	Interclub	Leading Points Scorer
U16	2nd		Paul Parkinson
U15	2nd		Rod Stubbs
U14	2nd		Mark Goode
U13	2nd		Peter Amos
U12	2nd		Paul Taylor
U11	4th		Gregory Gwilliams
U10	2nd		Andrew Scott.

All teams performed very well indeed. Unfortunately, injuries prevented at least three of the teams from reaching the finals, the U13 teams suffering most of all. A record number of teams were entered and the St. George Club was well represented every Saturday.

The new composition track created mixed feelings amongst the athletes, suiting some and not others. It must be noted that



on the few occasions the boys competed on grass the performances of some of the lads was considerably better. Everyone agreed that the location of the track is bad and that the winds and odours even worse.

### TEAMS REPORTS

U16: This season some new faces appeared on the scene in the form of Vic. Matthews, John Owen and Peter Hausman. Together with the old stalwarts Paul Parkinson, Lindsay Gee, Cliff Innes and Ray McIlhoney gave a very good account of themselves. First in the points score was Paul Parkinson, Paul was a very much improved athlete this season and he gave a polished and consistent all round performance in all events. The sprinting of Lindsay Gee was a joy to watch and we wish both boys the best in the senior grades. Attendance was poor by most of the other athletes and it was this fact coupled with the absence of a class walker that cost them the chance of a win.

U15: As with the senior team quite a few new faces appeared. Greg King, Jeff Kirby, John Kaponay, Rod Stubbs and Steven Tulks joined the club and gave a very good account of themselves. The leading points scorer, Rod Stubbs, shone out as an outstanding athlete and he is to be congratulated for his aggressive winning performances. His success in the State Titles brought honour to himself and the club. Greg King and Jeff Kirby improved vastly as the season advanced and showed great promise for the future. Congratulations to Martin Smith and John Kaponay for fine individual efforts. I feel sure that if this team keeps together they will reach the top next season.

U14: This team had a wealth of talent and should have won the division. Injuries and difficulty for some of the athletes to reach the remote location played no small part in ruining their chances. Mark Goode in a runaway win in the points score showed tremendous all round improvement and demonstrated his wonderful athletic ability. Congratulations Mark. John Mullins, Ian McDougall, Geoff McIlhoney and Greg Warner all acquitted themselves well and our congratulations go out to a really fine team.

U13: Hard luck dogged this great team. They were the only team out of all the clubs participating at Hensley to record a win over a Sutherland 1 Team. Half-way through the season they were unbeatable. Then in a space of a few weeks they lost three top performers through injury and one other lad. Despite this major setback they displayed the remarkable depth the team possesses and continued to win. The final result of the competition was not resolved until the very last Saturday. Our team had been inflicted with the draw that was made contrary to the rules and was upheld despite vigorous protest, and then had to compete with a greatly depleted team. The result of the match was decided by the relay and it really was a cliff hanger.

Our special congratulations go out to Stephen Welling for the best times at Hensley in the 100 and 200 metres, Peter Amos for the best time in the 70 metres hurdles and the best broad jump and to Stephen Connor for the best times in the 800 and 1500 metres. Stephen Welling and Stephen Connor are also to be congratulated for their very fine efforts in the State Age Titles.

Michael Dooley, Chris Howley, Ross McDonnell, Charles Montano, Chris Derry, Steven Hooker all contributed to the team effort and earned high praise. Peter Amos won the points score. Peter showed excellent all round ability and was rewarded for keen endeavour in all events.

Mid-way through the season this U13 team visited Victoria to compete against the two top club teams in that State. They won in fine and convincing manner and I have related the details in a separate report.

U12: Here is a team that started slowly and gathered strength as the season progressed. Always a force to be reckoned with, they came near to toppling the leaders on quite a few occasions. Injuries played no small part in their disappointments. Paul Taylor won the points score and was a model of consistency throughout the season. His interest in the team effort was an inspiration to the other lads to give of their best. Congratulations to Bill Bird, Clif Richards, James Tweedle and Paul Smith for a great effort.

U11: This group was rather disappointing and finished well down on the competition table. Attendance was good but performances just could not come up to the required standard. Gregory Williams won the points score and earned our admiration. Congratulations to G. Okola, Stephen Turnbull, Peter Welling, Michael Powderley, Paul Duggess and D. Maudby for giving of their best.

U10: This team became quite a star team towards the end of the season and always competed with keen endeavour. They improved all the time and at the end of the season were really a first class team. Andrew Scott won the points score and in doing so displayed a wonderful versatility in a boy so young. Congratulations Andrew and best wishes for the future. Russell Abberton deserves special mention for his excellent sprinting and distance running and for his success in the State Age Titles. Congratulations are extended to Alex Henderson, G. Jansen, Bernard Montano, W. Owen, P. Williams and G. Perfrement on their effort and I wish them well for next season.

GENERAL: Great strength was given to our age teams by the introduction of a large number of athletes from Narwee Boys High School to the club. Mr. Tierney from Narwee School was responsible for this move and our thanks go out to this dedicated man for the interest and enthusiasm he displays in connection with athletics.



Parents assisted in no small way with the management of the teams. Mrs. Mullins with the U14's, Mr. & Mrs. Bird with the U12's, Mr. Gwilliam with the U11's and Mr. & Mrs. Scott with the U10's all played a wonderful part and helped the athletes through a difficult season. Once again a special vote of thanks to our President Alwyn Gainsford for a sterling job on the P.A. System.

#### REPORT ON U/13 TEAM CHALLENGE TO SANDRINGHAM & COBURG CLUBS, VICTORIA.

In a move to commemorate to U12 Team of 1967-68 season winning the final, a challenge was issued to the corresponding winning team in Victoria. The challenge was accepted & a three way meeting was arranged between St. George, Sandringham & Coburg Clubs to be held on Sunday 11th January, 1970; Sandringham Athletic Centre being the venue of the meeting.

The team was comprised of Stephen Welling, Michael Dooley, Peter Amos, Chris Derry, Steven Hooker, Ross McDonnell, Simon Harmey and Stephen Connor.

We caught the early morning plane to Melbourne and were met on arrival by officials of both host clubs. Before going to the field a tour was arranged covering points of interest around Melbourne. The boys enjoyed this tremendously. We then inspected the club facilities enjoyed by the Melbourne athletes and found them much superior to anything offered in Sydney. They would not believe we did not possess a fully equipped gymnasium.

The meeting was conducted in a very fair and efficient manner & following are the results obtained by our lads:-

100 Metres Div.1;	1st S. Welling 13.3s;	2nd S. Harmey 13.8s;
" Div.2;	1st P. Amos 13.8s;	3rd M. Dooley 14.0s;
200 Metres Div.1;	1st S. Harmey 28.5s;	2nd P. Amos 29.4s;
" Div.2;	1st M. Dooley 28.5s;	2nd R. McDonnell 30.5s;
90 Metres } Div.1;	1st P. Amos 14.5s;	
Hurdles } Div.2;	2nd S. Hooker 16.0s;	
880 Yards;	2nd S. Connor 2:23.4s;	3rd C. Derry 2:24.6s;
1 Mile	3rd S. Connor 5:16.0s;	4th C. Derry 5:40;
4 x 100 Metres Relay	P. Amos, S. Harmey, R. McDonnell, M. Dooley.	No Time
Discus	1st S. Hooker 68.8;	3rd R. McDonnell 64.0;
High Jump	4th S. Connor 4.2;	5th P. Amos 4.0;
Shot	2nd S. Hooker 28.11;	4th P. Amos 25.5
Long Jump	1st P. Amos 14.8;	

Points scored were:- St. George 117, Coburg 87, Sandringham 70.

This was a great win for the boys and reflected the tremendous effort they made.

The meeting commenced at 11.00 am and continued through to 2.30 pm. At the conclusion of the meeting a barbecue was enjoyed by all after which various Victorian officials arranged tours & meals for the boys for the rest of the day.

At this point I would like to mention that Gordon Hemming of Eastern Suburbs Club played a large part in the success of the meeting. Gordon was working in Melbourne at the time of the meeting and went to a great deal of trouble in arranging a lot of the details. He advised me regarding various pertinent matters that had a direct bearing on the success of the trip.

We arrived back in Sydney at 10.00 pm. I hasten to say that the boys were a credit to their parents and to the club and were great little ambassadors for their State.

A wonderful time was enjoyed by all.

#### TRACK SEASON REVIEW

by Jim Stammers

##### Hurstville Oval

Our youngsters dominated the club's tuesday night programme but it was notable that there was a slight increase in the Junior-Senior groups. This season instead of having handicap races as in previous years, graded scratch races were conducted and proved very successful.

##### Club Championships

3rd, 10th, 17th & 24th February, 1970

Despite some confusion over the marking of the 100 yards track, the championships went off very well. The only disappointing feature was the absence of some of our top athletes from their particular events. Apart from the Primary division the only record was due to an excellent performance by D. Bird to create a Sub-Juvenile Record of 4' 5" in the High Jump.

##### RESULTS

	1st	2nd	3rd
Senior			
100 Yds	A. Heighway	P. Murphy	C. Richardson 11.1s
220 Yds	P. Murphy	A. Heighway	C. Richardson 23.8s
440 Yds	C. Richardson	J. Cowers	A. Heighway 54.2s
880 Yds	D. Wilson	J. Cowers	R. Squirrell 2m4.6s
1 Mile	R. Squirrell	D. Wilson	J. Cowers 4m27.0s
3 Miles	J. Hancock	V. Byrne	R. Squirrell 14m20
High Jump	J. Stammers	D. Lawler	D. Jolliffe 5'8"
Long Jump	D. Lawler	J. Stammers	D. Jolliffe 21'9"
Triple Jump	D. Jolliffe	D. Lawler	P. McWilliams 44'12"
1 Mile Walk	J. Cowers	D. Ellis	A. Heighway No Time

Senior Club Championship events - decided at Inter-Club.

110 M. Hurdles	D. Lawler	D. Jolliffe	18.2
200 M. Hurdles	D. Lawler		28.5



Senior	1st	2nd	3rd	
400M. Hurdles	D. Stephenson	R. Gribble		60.3
Javelin	P. Lawler	G. Glynn		228' 1"
Discus	R. Lunt			148' 2"
Shot Put	R. Lunt	L. Chinnery		44' 8"
Pole Vault	D. Arapovic	R. Watson	K. Taylor	14' 0"
3000M. Steeple	R. Squirrell	J. Dowers		9.38
1500M. Walk	N. Derry			7.18
3000M. Walk	N. Derry			15.39
Junior:				
220 yds	G. Bryan	N. Derry	J. Dorchett	24.0s
440 yds	N. Derry	G. Derricott	R. Willding	53.8s
880 yds	N. Derry	J. Dorchett	G. Derricott	2m 3.7s
1 Mile	J. Dorchett	N. Derry		4m 43.5s
2 Miles	J. Dorchett	R. Willding	N. Derry	10m 0.2s
High Jump	J. Howden	J. Dorchett	N. Derry	5' 2"
Long Jump	N. Derry	J. Dorchett		18' 11"
Triple Jump	N. Derry	J. Dorchett		39' 5"
1 Mile Walk	N. Derry & J. Dorchett (D-H)	R. Willding		7m 37.2s
Sub-Junior:				
100 Yds	S. Gee	P. Parkinson	C. Innes	11.3s
220 Yds	L. Gee	V. Mathews	P. Parkinson	25.0s
880 Yds	R. Willding	J. Lawrence	J. Conlon	2m 7.5s
1 Mile	R. Willding	J. Conlon		4m 44.9s
High Jump	P. Hausmann, J. Lawrence & G. Bryan (D-H)			5' 4"
Long Jump	G. Bryan	L. Gee		21' 3"
Triple Jump	L. Gee	A. Turner		39' 5"
Juvenile:				
100 Yds	R. Stubbs	J. Doyle	J. Kirby	11.9s
220 Yds	R. Stubbs	J. Kirby	M. Goode	25.0s
440 Yds	R. Stubbs	M. Goode	G. Kelly	57.6s
1 Mile	J. Kirby	G. Warner	M. Donnelly	5m 52.0s
High Jump	R. Stubbs	M. Goode	S. Higgins	5' 0"
Long Jump	R. Stubbs	M. Goode	A. Kelly	18' 4"
1 Mile Walk	G. Warner	M. Donnelly	G. McIlhoney	9m 29.1s
880 Yds	J. Kirby	R. Stubbs	G. Warner	2m 10.3s
Sub-Juvenile:				
100 Yds	S. Welling	P. Taylor	M. Dooley	19.5s
220 Yds	S. Welling	M. Dooley	P. Smith	28.3s
440 Yds	S. Welling	P. Wilson	P. Taylor	64.1s
880 Yds	C. Derry	G. Richards	P. Wilson	2m 31.8s
1 Mile	C. Derry	P. Wilson	O. Richards	5m 47.0s
High Jump	G. Bird	P. Burgess	G. Gwilliam	4' 5"
Long Jump	S. Welling	M. Dooley	C. Richards	14' 5"
Primary:				
100 Yds	A. Scott	V. Owen	P. Gwilliam	14.2s
220 Yds	M. Owen	A. Scott	P. Gwilliam	32.2s
440 Yds	A. Scott	P. Gwilliam	M. Owen	1m 13.0s
880 Yds	A. Scott	P. Gwilliam	D. Perfrement	2m 51
1 Mile	A. Scott	M. Owen	P. Gwilliam	6m 50.0s
High Jump	P. Gwilliam	M. Owen	A. Scott	9' 5"
Long Jump	M. Owen	F. Gwilliam	D. Perfrement	11' 8"

## STATE CHAMPIONSHIPS 14th, 15th, 21st 22nd FEBRUARY, 1970.

Our athletes this year had a reasonable amount of success at these championships, gaining several major placings.

## Senior:

G. Rootham	1st 800 Metres	1m50.4s	2nd 1500 Metres	3m 47.2s
J. Hancock	2nd 800 Metres	1m54.0s		
V. Byrne	2nd 10,000 Metres	30m 26.0s		
D. Arapovic	2nd Pole Vault	13' 6"		
P. Lawler	2nd Javelin	233' 1"		
R. Watson	3rd Pole Vault	13' 0"		

## Junior:

D. Stephenson	1st 400 Metres	48.3s		
	2nd 100 Metres	10.7s	Equal Club Open Record	
	2nd 200 Metres	21.2s	Club Open Record.	

## Sub-Junior:

G. Bryan	2nd Long Jump	20' 7"
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## Juvenile:

R. Stubbs	1st Javelin	148' 1"	3rd Shot Put	43' 9"
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## STATE RELAY CHAMPIONSHIPS

In the State Relay Championships our middle distance strength was demonstrated when our 4 x 800 metres team set a new Australian National record for the event. We also showed that we are gathering a good crop of sprinters by being placed second in the 4 x 100 Metres.

The teams which were successful in gaining major placings were:-

Senior 4 x 800 Metres - 1st 7m35.8s (Club Record & Aust. Record)  
J. Hancock, G. Rootham, M. Dunn, R. Gribble.

Senior 4 x 100 Metres - 2nd  
G. Friend, D. Stephenson, J. Dower, G. Jagers.

Junior 4 x 200 Metres - 3rd  
D. Stephenson, L. Gee, M. Hourigan, G. Bryan.

## AUSTRALIAN CHAMPIONSHIPS 20th, 21st, 22nd MARCH, 1970

The club was well represented in the State Team at these Championships.

A special mention must be made of Dave Stephenson who was selected in the three junior sprints and was placed in all. His best performance was in the 400 metres which he won in the excellent time of 47.8 seconds.

The performances of these athletes in these championships were:-

<u>Seniors</u>				
G. Rootham	800 Metres	2nd Heat 1m39.3s	- Club record.	
		5th Final 1m53.0		
P. Lawler	Javelin	4th	215' 2"	

G. Glynn	Javelin	5th	213' 3"
R. Lunt	Discus	5th	153' 3"
J. Hancock	800 Metres	4th Heat	1m 52.5s
V. Byrne	10,000 Metres		
<u>Junior:</u>			
D. Stephenson	100 Metres	3rd	11.1s
	200 Metres	2nd	22.3s
	400 Metres	1st	47.8s Club Open Record.
<u>Second Claim Athletes</u>			
G. Jagers	100 Metres	4th heat	10.9s
	200 Metres	3rd heat	22.3s
A. Magassey	Hammer Throw	5th	165' 2"

OPEN MEETING HELD AT HURSTVILLE  
OVAL ON TUESDAY, 9th DECEMBER, 1969.

Entries for the graded scratch races were very good and it gave athletes their extra competition after the exam period. David Stephenson lowered two long standing Junior Club records winning a division of the 100 yards in 10.1s and the 220 yards in 22.5s.

John Hancock won both the 990 yards and 3390 yards in good style. For the first time ever the club conducted a pole Vault at Hurstville Oval.

SPECIAL AWARDS

<u>Hurstville Council Trophy</u>	Outstanding Senior Athlete 1969/70	G. Rootham
<u>Robert Nash Trophy</u>	Most Improved Senior Athlete 1969/70	K. Taylor
<u>A.L. Blackshaw Award</u>	Outstanding Junior Athlete 1969/70 (Performance, Sportsmanship, Deportment)	D. Stephenson
<u>R.A. Jolliffe Trophy</u>	Most Improved Sub-Junior 1969/70	R. Willding
<u>National Fitness Trophy</u>	Outstanding Sub-Junior Scarborough Park 1969/70	R. Willding
<u>G. Gosling Trophy</u>	Outstanding Sub-Junior 1969/70	G. Bryan
<u>E.A. Williams Trophy</u>	Most Improved Juvenile Cross-Country 1969/70	D. McGuckin
<u>R. Towers Trophy</u>	Most Improved Junior 1969/70	D. Stephenson
<u>G. Page Trophy</u>	Most Outstanding Juvenile Cross-Country 1969/70	J. Conlon
<u>A. Gould Trophy</u>	Outstanding Juvenile 1969/70	R. Stubbs
<u>F. Wilson Trophy</u>	Outstanding Sub-Junior 1969/70	S. Welling.

SPECIAL SOCIAL EVENTS

During the year we met on two occasions at the St. George Rugby Union Club on a social basis. Firstly to farewell Albert Thomas, who, with his family, was going to New York for three years for his employer Qantas.

Secondly to welcome to the Club, two new members, both pole vaulters, from overseas; Dragon Arapovic from Yugoslavia and Dob Watson from Canada, and three of our athletes, Greg Glynn, Gary Friend and Dave Chisholm who have returned after several years in U.S.A.

BI-CENTENARY CELEBRATIONS

The club has played a leading part in the local celebrations. Our President, Mr. Alwyn Gainsford is the chairman of the Hurstville Citizens Committee.

Mr. George Carruthers organised the Bi-Centenary Torch Relay from Kurnell to N.A.S. Showground on 25th March, 1970. Ron Gribble looked after the St. George section of the relay; Ron and other participants received special Bi-Centenary certificates.

Mr. Fred Larcombe organised the schoolchildren's bi-centenary athletic and cycling championships at Olds Park, Peakhurst on 15th March, 1970. Entries were in some cases disappointing.

The results for boys' athletic events were:

<u>Primary 100 Metres</u>		<u>Secondary 15yrs &amp; Under-100 Metres</u>	
1. A. Barker	14.7s	1. G. Warner	13.3s
2. D. Berry	15.2s	2. J. Mullins	14.2s
3. L. Gilmour	15.7s	3. M. Donnelly	14.4s

<u>Cross-Country</u>		<u>12 Years</u>	
<u>Primary</u>			
1. D. Berry	4m 30s	1. S. McDonnell	4m 53s
2. D. Hughes	4m 35s	2. G. Richards	4m 58s
3. P. Higgins	4m 39.4s	3. T. Russell	5m 00s
<u>13 Years</u>		<u>14 Years</u>	
1. D. Chatwin	4m 12.8s	1. G. Warner	4m 2s
2. P. Wilson	4m 26.3s	2. G. McIlhenny	4m 5s
3. G. Walker	4m 48.6s	3. M. Donnelly	4m 9s

<u>Open</u>	
1. M. Rees	8m 21s
2. W. Hayward	8m 33s
3. R. McIlhenny	9m 24s

ST. GEORGE LADIES CLUB

Close co-operation between our two clubs on Tuesday nights enabled our programmes to be conducted expeditiously. The assistance of the ladies at our schoolboys' championships, cross-country championships & other major functions during the year was most appreciated.



As always the club was very active in Association affairs during the year.

Mr. Alleyne Gainsford, Association Vice-President, is a delegate to the N.S.W. Olympic Council and British Commonwealth Games Association.

Mr. George Carruthers was responsible as manager for the smooth running of the State and Australian Marathon Championships, Novice and Schoolboys' C.C. Championships.

Messrs. Carruthers, Cossart, Eggleton, Gainsford and Mrs. Cossart regularly acted as officials at Interclub and Championship meetings.

Mr. Denis Wilson served on the State Executive and managed the Association Junior team in its match against N.S.W. and Qld. C.H.S.

Our President, Alleyne Gainsford, was appointed by the A.A.U. of Australia as Manager of the 25 strong Australian Team which contested the U.S.A. v U.S.S.R. v British Commonwealth match in Los Angeles on 18th, 19th July, 1969.

On the way the team competed in a triangular match U.S.A. v N.Z. v Australia in Honolulu. This was a most successful trip and the first overseas athletics visit which Alleyne has made as an official in all his years in the sport's administration.

#### ST. GEORGE DALL

This year as last year, Sandra and John Hancock are doing a terrific job organising the 1970 Club Ball to be held in the Civic Centre, Hurstville on Friday, 19th June, 1970.

Hurry and get your tickets from Sandra and John.

#### CLUB MEMBERSHIP

This year has seen good increases in numbers of Sub-Juniors and Seniors. With our 50th year coming up let us make a concerted effort to increase membership again in all sections.

Parents are invited to register as officials and take an active part in club affairs.

	1964/65	1965/66	1966/67	1967/68	1968/69	1969/70
Seniors	62	49	44	48	55	65
Juniors	22	13	14	14	19	18
Sub-Juniors U17	107	148	162	76	76	104
Sub-Juveniles U12	-	-	-	50	52	52
Officials	17	20	19	14	13	15
Life Members	4	4	4	4	4	3
	<u>212</u>	<u>234</u>	<u>243</u>	<u>209</u>	<u>219</u>	<u>257</u>

#### COMMENTS ON ANNUAL FINANCIAL STATEMENTS

by Dennis Jolliffe

This year was again financially satisfactory, as club funds increased from \$1,236.23 at 31.3.69 to \$1357.83 at 31.3.70. During the year a reserve was created with a contribution by J. Dowers of \$250.00 for assistance towards expenses of athletes who qualified to compete in Australian Championships, and a sum of \$296.60 was paid from the reserve for this purpose. Athletes who received benefits from this reserve were V. Byrne, S. Glynn, J. Hancock, G. Jagers, P. Lawler, R. Lunt, A. Magassy, D. Stephenson and G. Rootham. Athletes who were eligible to receive payments had they competed were D. Arapovic, G. Friend, J. Squirrel and R. Watson.

During the year, donations totalling \$43.90 were received from G. Carruthers, M. Moroney, E. Williams, A. Gould, F. Eggleton, A. Blackshaw, R. Towers, R. Jolliffe and L. Williams.

The club purchased equipment totalling \$131.62 for use by athletes and officials. This equipment consisted of 1 discus, 1 tent, 1 table, 1-2lb Shot, 1-40lb shot, 2 javelins, 1 pole vault pole, netting for pole vault bags, and pole vault stands. Stock on hand of \$216.62 at 31st March, 1970, consisted of club singlets, cloth and metal badges and plastic heel cups, all of which may be purchased by athletes.

As a result of increased race fees at club cross-country events, for the first time in many years our distance season's income and expenditure have been approximately equal. Race fees totalled \$278.85, while the rental of the National Fitness Hall for the 1969-70 season was \$90.00, and cross-country trophies totalled \$191.38.

The club is no longer receiving interest on funds held in the club's bank account, and the Club Executive has decided to invest surplus funds and only maintain a working balance at the bank.

The audit of the club's books was made by Mr. D. Robinson, who generously stepped into the honorary auditor's position while Mr. R. Towers is overseas.

#### CONCLUSION

No year can go past without a terrific amount of work being done by many club members, officials, and in many cases parents and wives of members. While it is not possible to individually name these people, your Executive certainly appreciate their efforts.

I would like to make special mention of the fine work done by Messrs. Stan Amos and Ron Gribble in managing our interclub teams. This is a very time consuming job and every assistance and co-operation should be given to them in order to lighten the load.

During the winter we are indebted to the sterling work of Mr. Nev. McGuckin in organising the club cross country races at



Scarborough Park. It is always a pleasure to see the terrific enthusiasm of everybody on Cross Country days.

During the coming year we must overcome a serious lack of coaches as this is hampering the development of athletes' potential.

As always this report is a co-operative affair. The President and I wish to thank Messrs. Gribble, Amos, Jolliffe and Stammers for their valuable contributions.

D. Wilson.  
Hon. General Secretary.  
for Executive Committee.

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#### CLUB RECORDS

The Executive recently formulated some further Rules concerning Club Records.

Records for metric distances will only be recognised when they are better than the corresponding English distance record, adjusted by a standard time correction.

Club records shall be recognised for all events which are for the time being included in the list of events for which World Records are recognised by the I.A.A.F., and any other event or events which the club may decide to recognise from time to time.

OPEN BEST ON RECORD - registered in any Class of Competition in Australia.

100 Yards -	J. Munford	9.8s	1937
100 Metres	D. Stephenson (15.2.70)	10.7s	1970
200 Metres	D. Stephenson (22.2.70)	21.2s	1970
400 Metres	D. Stephenson (22.3.70)	47.8s	1970
800 Metres	G. Rootham (21.3.70)	1m49.3s	1970
1 Mile	A. Thomas	3m58.3s	1964
2 Miles	A. Thomas	8m33.0s	1963
3 Miles	A. Thomas	13m20.4s	1964
4 Miles	A. Thomas (9/3/65)	18m50.0s	1965
5 Miles	A. Thomas (3/2/65)	23m41.0s	1965
6 Miles	A. Thomas	28m21.0s	1957
7 Miles	A. Thomas (9/3/65)	35m12.2s	1965
8 Miles	A. Thomas (9/3/65)	40m32.4s	1965
9 Miles	A. Thomas (9/3/65)	45m54.6s	1965
10 Miles	A. Thomas (9/3/65)	51m00.0s	1965
1 Mile Walk	E. Austin	6m45.0s	1924
3 Miles Walk	E. Austin	22m13.0s	1924
7 Miles Walk	E. Austin	55m49.2s	1924

120 Yds. Hurdles	J. Lester	14.5s	1957
220 Yds. Hurdles	G. Gedge	23.3s	1950
440 Yds. Hurdles	G. Gedge	53.6s	1952
Long Jump	D.C. Dickinson	24' 6"	1938
Hop, Step & Jump	D.C. Dickinson	51' 3"	1935
High Jump	N. Meredith	6' 7"	1963
Pole Vault	D. Arapovic (10/1/70)	14' 2"	1970
Hammer (16 lb)	F. Eggleston	150' 4"	1958
Discus	H.L. Chinnery	165' 4"	1962
Shot Put	H.L. Chinnery	53' 1"	1964
Javelin	P. Lawler	240' 9"	1968
One Hour Run	J. Dowers (11/1/67)	11m 55yd 1' 10"	1967
Marathon	A. Thomas	2hr29m4s	1963
1500 Metres	A. Thomas	3m 42.6s	1964
3000 Metres	A. Thomas	8m 1.4s	1960
5000 Metres	A. Thomas	13m 50.0s	1964
10,000 Metres	A. Thomas	29m 23s	1956
15,000 Metres	A. Thomas (9/3/65)	47m 38.2s	1965
3,000 Metres			
Steeplechase	D. Chisholm	9m 8s	1962
Mile Medley Relay	D. Wilson, F. Thornton, J. Burne, W. Miles	3m 28.3s	1959
50 Kilometres Walk	R. Hingston (30/10/26)	5hr45m 21.8s	1926
4 x 800 Metres Relay	J. Hancock, G. Rootham, M. Dunn, R. Gribble	7m 35.8s	1970
4 x 1 Mile Relay	J. Hancock, M. Rooke, R. Proud, A. Thomas	16m 56.8s	1965
(6/5/65)			
4 x 1500 Metres Relay	J. Hancock, K. Taylor, M. Rooke, R. Gribble	16m 05.0s	1967
(18/3/67)			

OPEN CLUB RECORDS - Registered where St. George Club has complete control.

100 Yards	G. Gedge	10.1s	1953
220 Yards	G. Gedge	22.3s	1951
440 Yards	G. Gedge	49.8s	1955
880 Yards	J. Hancock (13/12/66)	1m 53.5s	1966
1 Mile	A. Thomas	4m 7.8s	1961
2 Miles	A. Thomas	9m 17.0s	1955
3 Miles	A. Thomas	13m 30.6s	1966
4 Miles	A. Thomas	19m 15.8s	1955
5 Miles	A. Thomas (9/3/65)	24m 47.0s	1965
6 Miles	A. Thomas (9/3/65)	29m 58.2s	1965
7 Miles	A. Thomas (9/3/65)	35m 12.2s	1965
8 Miles	A. Thomas (9/3/65)	40m 32.4s	1965
9 Miles	A. Thomas (9/3/65)	45m 54.6s	1965
10 Miles	A. Thomas (9/3/65)	51m 00.0s	1965
1 Mile Walk	E. Austin	7m 15.0s	1924
3 Miles Walk	C. Laughton	23m 44.6s	1928
120 Yds. Hurdles	D. Stubbs	15.3s	1955
220 Yds. Hurdles	G. Gedge	24.0s	1951
440 Yds. Hurdles	M. Miles	57.6s	1957
Long Jump	D.C. Dickinson	23' 4"	1939



Hop, Step & Jump	D.C. Dickinson	48' 0"	1937
High Jump	N. Meredith	6' 0"	1962
	M. Smith (19/1/65)	6' 0"	1965
Pole Vault	D. Arapovic (11/4/70)	13' 0"	1970
Hammer (16 lb)	F. Eggleton	123' 0"	1955
Shot Put (16 lb)	H.L. Chinnery	49' 9"	1962
Discus	M. Mackenzie	128' 10 1/2"	1936
Javelin	P. Lawler (25/1/66)	216' 4 1/2"	1966
5000 Metres	A. Thomas (9/3/65)	15m 9.7s	1965
10000 Metres	A. Thomas (9/3/65)	31m 6.4s	1965
15000 Metres	A. Thomas (9/3/65)	47m 30.2s	1965
3,000 Metres			
Steeplechase	J. Dowers (17/3/65)	9m 48.6s	1965

JUNIOR BEST ON RECORD

100 Metres	D. Stephenson (15/2/70)	10.7s	1970
200 Metres	D. Stephenson (22/2/70)	21.2s	1970
400 Metres	D. Stephenson (22/3/70)	47.8s	1970
800 Yards	J. Hancock (20/2/65)	1m 53.9s	1965
1 Mile	J. Hancock (21/2/65)	4m 13.8s	1965
2 Miles	M. Rooke	9m 27s	1962
120 Yds Hurdles	K. Short	14.9s	1954
220 Yds Hurdles	G. Gedge	24.9s	1949
Long Jump	G. Friend	24' 9"	1964
Hop, Step & Jump	D.C. Dickinson	40' 6"	1932
High Jump	N. Meredith	6' 4 1/2"	1963
Discus	M. Lutton	131' 10 1/2"	1962
Javelin	G. Glynn	213' 7"	1963
Shot Put (12 lbs)	I. Denison	46' 5 1/2"	1963
Pole Vault	A. Briggs	10' 6"	1951
1 Mile Walk	M. McAllister	7m 10.0s	1953
1500 Metres	D. Toovey	4m 7.4s	1955
1500 Metres			
Steeplechase	M. Rooke	4m 37.0s	1962
440 Yards Relay	T. Gleeson, T. O'Reilly,		
	G. Gedge, R. Estella	43.4s	1949
800 Yards Relay	T. Gleeson, T. O'Reilly,		
	G. Gedge, R. Estella	1m 31.7s	1949
1 Mile Medley	D. Wilson, M. Miles,		
	G. Clarke, K. Short	3m 30.4s	1953
4 x 800 Yards	P. Dwyer, D. Byrne		
(2/2/65)	D. Clarke, J. Hancock	7m 59.4s	1965
3000 Metres Walk	N. Derry	16m 28s	1970

JUNIOR CLUB RECORDS

100 Yards	D. Stephenson (9/12/69)	10.1s	1969
220 Yards	D. Stephenson (9/12/69)	22.5s	1969
440 Yards	M. Hourigan	52.5s	1969
800 Yards	J. Hancock (9/2/65)	1m 56.4s	1965
1 Mile	J. Hancock (19/1/65)	4m 18.8s	1965
2 Miles	K. Taylor	9m 47.4s	1959

120 Yds Hurdles	D. Webb	15.1s	1957
220 Yds Hurdles	D. Miles, J. Lester	25.7s	1956
Long Jump	P. Ford	22' 0"	1947
Hop, Step & Jump	D. Dickinson	46' 8"	1933
High Jump	N. Meredith	6' 0"	1961
Discus	M. Lutton	131' 0"	1963
Javelin	G. Glynn	192' 11"	1963
Shot Put (12 lbs)	G. Glynn	45' 0"	1962
Pole Vault	E. Watson, H. Briggs	9' 6"	1944
	J. Tasker	9' 6"	1963

SUB-JUNIOR BEST ON RECORD

100 Metres	G. Bryan (22.2.69)	10.9s	1969
100 Yards	C. Chamberlain	10.0s	1954
200 Metres	G. Bryan (23.2.69)	22.2s	1969
440 Yards/400 Metres	G. Bryan (22.2.69)	51.0s	1969
800 Yards	R. Jolliffe	2m 00.1s	1957
1 Mile	J. Hancock	4m 30.1s	1963
90 Yds. Hurdles	K. Short, J. Lester	11.2s	1952-4
120 Yds. Hurdles	D. Lawler (3/1/65)	15.3s	1965
220 Yds. Hurdles	S. Clark (15/2/64)	26.4s	1964
High Jump	D. Jolliffe	5' 8"	1954
Long Jump	D. Jolliffe	21' 8 1/2"	1954
Hop, Step & Jump	D. Jolliffe	45' 2"	1954
Shot Put (8 lbs)	P. Phillips	61' 10 1/2"	1959
1 Mile Walk	J. Thomas	7m 50.3s	1962
Discus	D. Lawler (19/12/64)	91' 0"	1964
Javelin	R. Penfold (18/1/64)	162' 4"	1964
Pole Vault	D. Lawler (9/1/65)	8' 6"	1965

SUB-JUNIOR CLUB RECORDS

100 Yards	C. Chamberlain	10.0s	1954
220 Yards	K. Short	23.2s	1952
440 Yards	D. Stephenson (17/9/66)	52.6s	1966
800 Yards	P. Dwyer (12/9/64)	2m 00.5s	1964
1 Mile	R. Jolliffe	4m 41.4s	1957
90 Yds. Hurdles	K. Short	11.5s	1952
High Jump	L. Jolliffe	5' 8"	1958
Hop, Step & Jump	D. Jolliffe	45' 2"	1954
Long Jump	D. Jolliffe	21' 8 1/2"	1954
Shot Put (8 lbs)	P. Phillips	58' 9"	1959

JUVENILE CLUB RECORDS (COMM. 1964)

100 Yards	D. Stephenson (12/9/64)	10.7s	1964
220 Yards	D. Stephenson (9/2/65)	24.3s	1965
440 Yards	G. Bryan	54.8s	1968
800 Yards	C. Hunter (13/12/65)	2m 07.6s	1966
1 Mile	C. Hunter (17/9/66)	4m 53.7s	1966
High Jump	G. Bryan	5' 3"	1968
Long Jump	G. Bryan	19' 2 1/2"	1968



Triple jump	G. Bryan (31/1/67)	36'10"	1967
90 Yds. Hurdles	D. Stephenson (8/2/66)	11.7s	1966
Shot Put (6 lbs)	G. Bryan (17/1/67)	44'2"	1967
1 Mile Walk	K. Harrington (14/2/67)	8m18.4s	1967

SUB-JUVENILE CLUB RECORDS (CONN. 1964)

100 Yards	N. Creswick (17/1/67)	12.0s	1967
220 Yards	N. Goode	27.5s	1969
440 Yards	N. Creswick (28/2/67)	63.5s	1967
880 Yards	G. McIlhoney	2m27.9s	1969
1 Mile	G. McIlhoney	5m21.4s	1969
High Jump	D. Dird (17/2/70)	4'5"	1970
Long Jump	S. Gee (8/2/66)	15'2"	1966
90 Yds. Hurdles	P. Walters (9/2/65)	15.0s	1965
Shot Put (6 lbs)	N. Creswick (7/3/67)	36'3"	1967

PRIMARY CLUB RECORDS (CONN. 1969)

100 Yards	A. Scott	14.2s	1970
220 Yards	J. Hunt	32.0s	1969
440 Yards	A. Scott	1m13.0s	1970
880 Yards	A. Scott	2m51.0s	1970
1 Mile	A. Scott	6m39.0s	1970
High Jump	J. Tweedie	3'11"	1969
Long Jump	D. Dird	12'11½"	1969

PERFORMANCES MADE OUTSIDE AUSTRALIA

Performances made by Club athletes overseas which at the time were better than Club Best on Record.

880 Yards	J. Bailey	Los Angeles	1m40.8s	1956
1 Mile	J. Bailey	Los Angeles	3m58.1s	1956
1 Mile	A. Thomas	Dublin	3m58.6s	1958
2 Mile	+ A. Thomas	Dublin	8m32.0s	1958
3 Mile	+ A. Thomas	Dublin	13m10.8s	1958
1500 Metres	A. Thomas	Sweden	3m42s	1958
3000 Metres	A. Thomas	Helsinki	8m 5.2s	1958
880 Yards	J. Duxbury	USA (10/6/66)	1m50.2s	1966

+ Former World Record.

CLUB OVERSEAS REPRESENTATIVES

10,000 Metres Walk	E.E. Austen	Paris Olympic Games	1924
10,000 Metres C-C	C. Weeks	Wellington Aust C-C Champs.	1925
10,000 Metres C-C	A.A. Gainsford	Wellington Aust C-C Champs.	1925
Hop, Step & Jump	D.C. Dickinson	Berlin Olympic Games	1936

440 Yards Hurdles	G. Gedge 59.9s	Auckland Empire Games	1950
Marathon	G. Smeal, 2h52m23s	Helsinki Olympic Games	1952
1 Mile & 3 Mile	A. Thomas	Cardiff Empire Games	1958
1500 Metres	A. Thomas, 3m40.8s	Rome Olympic Games	1960
5000 Metres	A. Thomas, 14m6.2s	Rome Olympic Games	1960
1500 & 5000 Metres	A. Thomas	Tokyo Olympic Games	1964.

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STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH, 1970

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RECEIPTS		\$	\$	PAYMENTS		\$	\$
Cash at Bank 1.1.69			1074.23	Printing, Postage, Stationery, Stamp Duty & Phone			360.49
Annual Subscriptions			676.80	Affiliation to A.A.A.	54.00		
Donations			48.90	Registration to A.A.A.	<u>316.00</u>		370.00
Promotions:				Promotions -			
Schoolboy Championships-Track	330.28			Rental of National Fitness Hall 1968-69	99.00		
Schoolboy Championships- C.C.	60.60			Hire of Hurstville Oval 68/69	100.00		
Proceeds- Track Competition	326.90			Hire of Hurstville Oval 69/70	100.00		
Race Fees - C.C.	278.85			Extra Lighting Hurstville Oval	5.00		
Refund Cleaning Fee- Jubilee Oval	<u>50.00</u>		1046.63	Schoolboy C/ships - Track	69.50		
General:				Deposit on Jubilee Oval	<u>50.00</u>		417.50
Sale of Badges	11.50			General -			
Sale of Club Singlets	75.00			Purchase of Equipment	131.60		
Sale of Plastic Heel Cups	4.25			Maintenance of Equipment	19.44		
State Championship & Open Fees	30.00			Purchase of Badges	41.40		
Bank Interest	35.60			Purchase of Singlets	149.50		
Reimbursement of Postage	.60			Purchase of Plastic Heel Cups	8.50		
New Registration Numbers	.80			Purchase of Pennants	39.00		
Welcome Evening with Overseas Athletes	42.50			Purchase of Trophies	<u>101.86</u>		491.30
Reimbursement of Cost of Pole Vault Pole	<u>39.59</u>		247.04	Purchase of Cross-Country Trophies			191.30
				Interclub Entry Fees	36.00		
				Interclub Result Service	8.00		

Purchase of Team Numbers	10.00		
Travelling Expenses - Interclub Athletes	54.00		
Subsidy-Travel Expenses- Junior Team to Victoria	<u>18.00</u>		126.00
Entries in Open, Relays & State Championships	57.00		
Donation & Hire of Hall - Annual Meeting	15.06		
Refreshments at Meetings	5.00		
Donations, Presentations & Wreaths	60.23		
Registration Forms	5.00		
New Registration Numbers	1.20		
Welcome Evening to Overseas Athletes	53.54		
Investment - Building Society	500.00		
Purchase of Pole Vault Poles on behalf of athletes	<u>79.23</u>		771.00
Subsidy of Teams Expenses A/c			<u>48.60</u>
Cash at Bank 31.3.70			2777.21
			<u>317.19</u>
			<u>\$ 3094.40</u>

\$ 3094.40

TEAM EXPENSES RECEIPTS AND PAYMENTS

J. Dowers - Proceeds from Sale of Refreshments	250.00	Travelling Exps.-Aust. C.C. C/ships Brisbane	5.00
Net Loss Carried Forward.	46.60	Travelling Exps.- Aust. T. & F. C/ships Adelaide.	<u>293.60</u>
	<u>\$ 298.60</u>		<u>\$ 298.60</u>

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## BALANCE SHEET AS AT 31st MARCH, 1970

<u>LIABILITIES</u>		<u>ASSETS</u>	
Club Funds	1967.09	Fixed Assets	
Less Reserve for Team Expenses	<u>48.60</u> 1919.23	Equipment	407.00
Current Liabilities		Less Provision for Depreciation	<u>41.00</u> 366.00
Sundry Creditors	163.73	Current Assets:	
		Stock on Hand	216.62
		Sundry Debtors	83.15
		Cash at Bank	<u>317.19</u> 616.96
		Investments	<u>500.00</u>
		Building Society	<u>1402.96</u>
	<u>1402.96</u>		
		D. JOLLIFFE	
		Honorary Treasurer.	
<p>I have examined the Books and Vouchers of the St. George District Amateur Athletic Club for the year ended 31st March, 1970 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.</p>		<p>E. Robinson Hon. Auditor.</p>	