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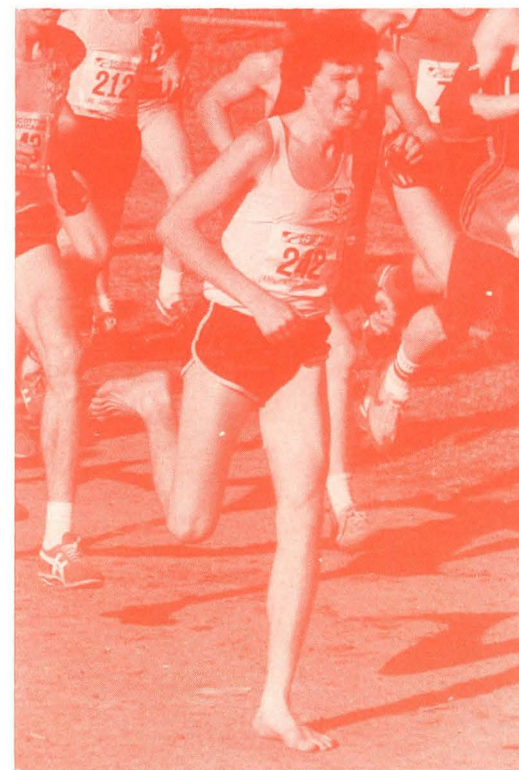
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(FOUNDED 1921)

## St. George District Amateur Athletic Club

Track: Kogarah Oval  
Headquarters: Distance: Scarborough Park



Laurie Whitty, St. George outstanding  
Junior, 1978/79

## FIFTY-EIGHTH ANNUAL REPORT and

**Statement of Accounts**  
for the year ending 31st March, 1979

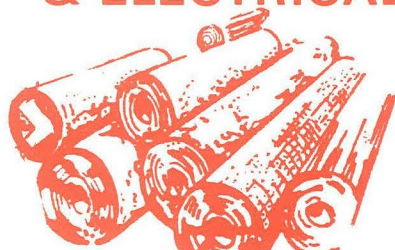


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R. JONES, H. G. CARRUTHERS M.B.E., F. EGGLETON, H. GIBBONS,

A. HENDERSON, R. JOLLIFFE, F. LARCOMBE, L. WILLIAMS,

A. THOMAS, D. WILSON, S. DONNELLY, R. NASH, W. BIRD.

Hon. General Secretary: C. WHITEMAN.

Assistant Secretary: P. PHILLIPS.

Hon Treasurer: D. JOLLIFFE. Assist Treasurer: P. PHILLIPS.

Hon Track Secretary: W. SEARY. Assist. Track Secretary: J. STAMMERS.

Hon Distance Secretary: J. BOWERS Assistant Dist Secretary: D. EDWARDS.

Executive: A. A. GAINSFORD, D. JOLLIFFE, C. WHITEMAN,

P. PHILLIPS, W. SEARY, J. BOWERS, R. GRIBBLE, W. BIRD,

S. DONNELLY, MRS. B. SCOTT, J. STAMMERS.

Hon. Auditor: R. TOWERS

Delegates to A.A.A. of N.S.W. Management Council: P. PHILLIPS,  
J. STAMMERS, C. WHITEMAN, W. SEARY.

Delegates to Interclub Committee: J. STAMMERS, P. PHILLIPS.

Delegates to Harrier Committee: D. EDWARDS, C. WHITEMAN.

Captains: Track. S. LONGDEN-GEE. Distance. D. EDWARDS.

Vice Captains: Track. P. BROWNE. Distance. C. WHITEMAN.

Publicity Officer: P. PHILLIPS.

Awards Officer: J. STAMMERS.

Gear Stewards: C. WHITEMAN, J. STAMMERS.

Social Committee: MRS. J. GRIBBLE, MRS. E. BOWERS,  
MRS G. BIRD, MRS A. BERGER, J. HANCOCK.

Handicappers: DISTANCE Senior. S. DONNELLY

Intermediate: J. TUNKS

U15, U13: P. BROWNE

Women: J. BOWERS

Composite: W. SEARY

Club Coaches: A. THOMAS, R. NASH, F. LUBRANO.



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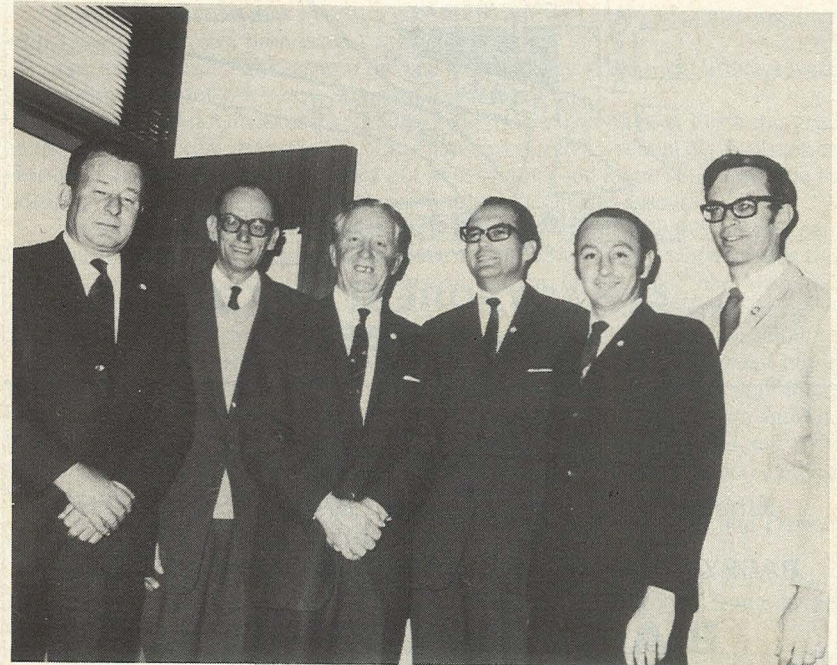
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B. C. BUTTON	1937
W. AHERN*	1955
A. GOULD	1963
J. BOWERS	1971
D. JOLLIFFE	1971
D. WILSON	1971
R. GRIBBLE	1975



**ST. GEORGE D.A.A.C. LIFE MEMBERS:**

*Left to Right: Bert Button, Arthur Gould, Alleyn Gainsford (President). Denis Wilson, John Bovers, Dennis Jolliffe.*

*Absent: Ron Gribble*

### MERIT AWARDS

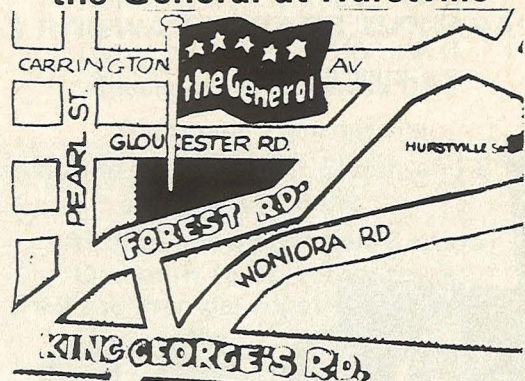
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### 58th ANNUAL REPORT & BALANCE SHEET PRESENTED TO MEMBERS AT THE ANNUAL GENERAL MEETING HELD AT ELECTRICITY HOUSE, HURSTVILLE ON FRIDAY, 25th MAY 1979 AT 7.45 PM

Gentlemen,

The 58th Annual Report and Balance Sheet is presented to you tonight and results will show that our performances for the past 12 months were well below the very high standard we attained the previous year.

It was during the Track Season that our results were well below recent years performances, brought about for various reasons.

It was unfortunate that we lost a number of our best Senior Athletes together with some of our most promising Young Athletes.

The loss of these Athletes also the late start by some of our best athletes were the main reasons for our below standard Track Season.

While we did not do as well in the Australian Championships at Perth this year as the previous year, nevertheless Vin Plant just failed to retain his 110 metres Hurdles Title while Gary Cox missed out by losing his 400 metres Hurdles Title to finish in 4th place. Andrew Scott Junior finished 8th in the Discus.

Vin Plant was again our outstanding Senior Athlete and probably his best performance was his win in the match Australia versus New Zealand when he won the 110 metres Hurdles from Max Binnington who a little earlier had won the Australian Title. Congratulations to Vin on his winning the Alwyn Gainsford Trophy for the third time in succession as the best Senior Athlete in our Club.

St. George did not perform as well in the State Track Titles as last year, but it was most pleasing to see Vin Plant and Gary Cox retain their 110m and 400m Hurdles respectively. It is hard to believe that Stephen Gee, John Bowers and Ian Ison were able to compete in State Novice Championships but they did and they won the 100m in 10.51; Steeplechase 3000m 9.45.6 and the Hammer 42.94m respectively.

In the Juvenile State, Dean Kimpton won the Triple Jump 12.22 and Darren Scott won the Javelin with a Club Record throw of 42.94m.

In the State Age Championships, Timothy Sparkes, Under 13 Years, won both 100m in 12.4 and 200m in 25.3, both Club Records. While Robert Fong in the same age group took out the Discus at 30.16m.

Our Senior Relay was not as strong as the previous year, nevertheless, they were able to win the 4 x 100 in 41.9 with Gary Cox, John Van Stappen, Vin Plant and Michael Van der Velde. I congratulated all our State Champions on their performances and I am optimistic enough to think that next Track Season we will have more Champions than the season just closed.

Our Interclub performance this year was one of worst on record and the seasons are explained in Peter Phillips Interclub Report. Next season we can only improve on last year's poor effort and again I believe that this can be done.

**Jubilee Oval Kogarah.** Last Track Season we transferred from Hurstville Oval after 57 years to Jubilee Oval and while the ground had some good features nevertheless we were confronted with difficulties which we hope will be overcome next season.

The ground is larger than Hurstville Oval, with 4 foot lanes and quite a good jumping pit. Storage is good, and there is a restricted area for field events. The ground however is very slow, with the grass left long and it is obvious already that times will be slow and records will not be established.



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The season at the ground was also interrupted by changing of nights and towards the end of the year our numbers dropped. It is to be hoped that Kogarah Council will rectify some above difficulties next season.

St. George Distance Athletes again had a great season and for the second year in succession they won the Winter Premiership as follows:-

1. St George (67 points)
2. Western Suburbs (37 points)
3. Sutherland (22 points)

In conjunction with the State Championships the Runner of the Year was decided, which resulted in Dave McInnes, St. George, gaining 2nd place. Dave would certainly have won the title as he missed competing in several Championship Events. St. George gained 4 places in the first 12 which was very good.

Our teams again had splendid victories in the Marathon, Novice CCC, 15km CCC and 2nd places in the 25km Road, 12km CCC, Junior 8 K, and Road Relays.

Dave McInnes had a fine victory in the Marathon and St. George easily won the Teams Event where we remain supreme with 8 Team wins in the past 9 years. Pat Mahoney was a surprise win in the Novice CCC while Laurie Whitty won the Junior 8km for the 3rd time in succession, a great performance. Reference to Dave Edwards fine Winter Season Report gives details of our excellent year.

Winter Athletics at Scarborough Park was again most successful and also very popular with athletes and their families. We are indeed most fortunate to have Scarborough Park as our Winter Headquarters.

The depth of our Younger Athletes at present is not quite as strong as the previous year, but we have a good number with excellent promise including Berry, Scotts, Tunks, Jones, Sparkes, Newton, McCourts, Shaw, Snowden, Howden, Borg, Fong, Kimpton, Mirigliani, Breese, Meier, Wood and Mohr. I have only used Surnames on this and I also know I have forgotten some youngsters, for which I am sorry.

Peter Phillips in his excellent Track Reports has covered the season particularly well especially Interclub, State and Australian Championships and Athletes of promise.

The St. George trip to the Tasmanian Championships 3rd, 4th and 5th March was most successful, and particularly was this noticed in the friendship of all our Athletes. Personally I was very proud of our Athletes and I thank Ron Jones and Arthur Peek for their help. Arthur Peek has made a separate Report about this visit to Tasmania.

Club Membership has again decreased from 238 to 231, spread over all age groups. It is gratifying to note that Seniors have increased from 110 to 115 and Juniors from 19 to 22. It is in the lower divisions Under 17 and Under 12 that we lost 14 Members and it is in this area we must build up our numbers.

From the excellent Financial Statement and Balance Sheet prepared by our Treasurer, it is to be noticed that Athletes have benefited considerably for their representation, Interstate etc. I am aware that St. George Club for years past is probably the most generous Club in the Association to its Athletes, therefore we expect all Athletes and their parents whenever possible to support our Club functions.

Clubs Funds stand at \$4473 which is well below last year's funds of \$5850 and quite substantially below the 1976 figure of \$6404.

We thank Ron Gribble again for organising his "200" Club from which we received the handsome sum of \$1134. Thanks again Ron.

Senior Track Athletes are not supporting Kogarah Jubilee Oval as well as they should and I hope that more support will be forthcoming next Track season. We have the sole use of the ground, there is ample space for training and Senior



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Athletes should set aside one night of the week to attend our Track Headquarters and by so doing help Club finances.

Congratulations again to Marist Bros., Kogarah for winning the Les B. Williams Shield at the St. George District Schools Track & Field Championships and also to St. Johns, Lakemba for winning the A.A. Gainsford Shield for Secondary Schools with 591 points. Only one record was broken during the meeting and as this was in the 12 Years High Jump and it confirms that the new grass track at Jubilee Oval is very slow.

The Ladies Social Committee of our Club is doing an excellent job and Club Funds have been substantially increased by their efforts. Jean Gribble's report indicates what they are doing and it is hardly necessary for me to ask all our members to give them every support for the functions they organise.

St. George is always a congenial Club and this is evident when you witness the friendship that exists everywhere and particularly at Scarborough Park. I sincerely welcome the new Members who have joined our ranks during the past year and I wish them every success.

I close my section of this report with my sincere thanks to our Executive, Officials, Winter and Summer, for another grand job of work during the year.

A.A. Gainsford  
PRESIDENT

## OBITUARY

### A TRIBUTE TO THE LATE W.R. (BILL) MACKENZIE

With the passing of Bill MacKenzie on the 30th September 1978, many Members were saddened, especially the older Members of the Club.

Bill joined our Club in 1928 and his performance was at Hurstville Oval on 27th November 1928, when he won the Club 12lb Shot Put off a handicap of 5'6". Bill's Athletics extended from 1928 to 1946 and during this time he made many close friends within our Club and throughout Australia.

His performances during this period were quite outstanding and he was also the most prolific winner of Field Events since the Club was formed in 1921. It might be said he became a legend within the District and the Club by his magnificent performances in Field Games Events.

To list all of Bill's winning performances would be quite impossible, therefore I only quote below his main wins.

#### Australian Championships

1934	1st	Discus	126' 7½" Adelaide
1934	1st	Shot Put	42' 4¼" "
1938	1st	Shot Put	45' 5½" Brisbane

#### State Championships

1934	1st	Discus	128' 10"
1935	1st	Discus	120' 11½"
1936	1st	Discus	122' 7½"
1937	1st	Discus	130' 7½"
1938	1st	Discus	135' 11"



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*Left to Right: (1934) Adelaide.  
BERT SHEILES: Australian Javelin Champion.  
BASIL DICKINSON: Australian Hop, Step and  
Jump Champion. BILL MACKENZIE: Australian  
Discus Champion, Australian Shot Put Champion.*

### Dunn Shield (equivalent State Championship)

1932	1st	Discus	115' 10½"
1935	1st	Discus	121' 7½"
1935	1st	Shot Put	41' 10½"
1936	1st	Discus	125' 5¾"
1936	1st	Shot Put	42' 0½"
1938	1st	Discus	125' 0"

### British Empire Games Sydney 1938

6th	Discus	128' 11½"
6th	Shot Put	42' 1¾"

### Centenary Games Melbourne 1935

2nd	Shot Put	41' 0"
2nd	Discus	126' 6½"

1st in both Events : M. Sippala, Finland.

### Club Championships

Unbeaten Shot Put and Discus 1928-1946

### Nankler Cup

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### Interclub

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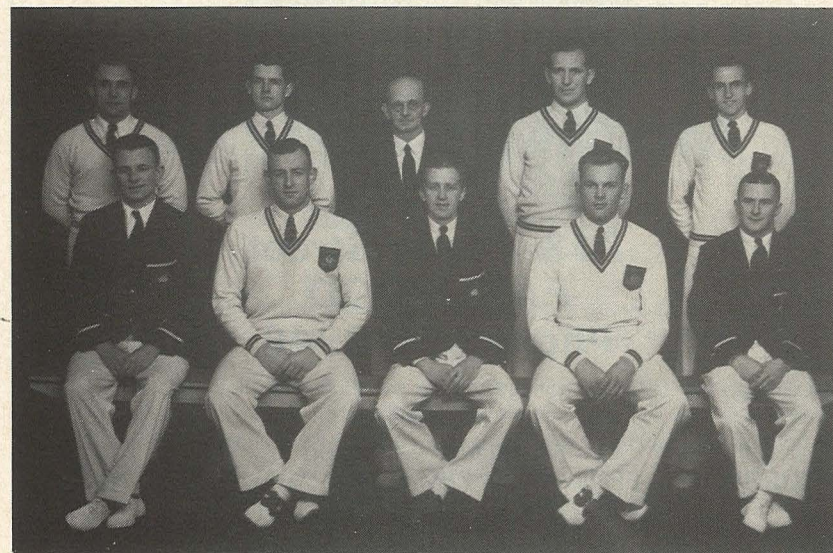
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**Officials and Competitors who took part in the  
BRITISH EMPIRE GAMES, SYDNEY, FEBRUARY 1938**



**BACK ROW:** B.W. Shieles (Javelin), B.C. Dickinson (Hop, Step and Jump — Broad Jump), E. Pope (Umpire), V. Wallace (4x440 Yards Relay), H. Gould (Broad Jump).  
**FRONT ROW:** B.C. Button (Announcer), W.R. MacKenzie (Shot Putt — Discus), A.A. Gainsford (Marathon Referee), J. Mumford (100 Yards — 220 Yards — 440 Yards), W. Ahern (Field Games Judge).

Bill's best performances with the Shot Put 45' 5½" and Discus 135' 11".

Apart from being a great Athlete, Bill was Senior Vice-President of our Club for 11 years and 14 years a Vice-President until his passing. He was Captain for many years and he was a delegate to the New South Wales Amateur Athletic Association for 7 years.

Bill's business career commenced with the Rural Bank, he was a Chartered Accountant and he was in partnership with Bill Pearce, another old Member of our Club. Bill was Managing Director of William Pearce & Co. Pty. Ltd., until his passing.

Bill was the son of Bob MacKenzie, Hurstville, who was a Foundation Member of the St. George District Cricket Club. Bill was also a fine Rugby Player and a Sprint Swimmer of good standard.

Bill was quite humorous and amongst his old Club Members and friends, he could always get a good audience with his wholesome yarns.

Bill was one of my closest personal friends and I recall the many happy times we had together for more than 50 years.

I close this tribute with my deepest sympathy to his wife Aileen and family and also to Emm, his sister-in-law.

A. Gainsford  
PRESIDENT



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**MR. GEORGE CARRUTHERS M.B.E.**

Members of our Club were highly delighted when it was announced that our Vice-President George Carruthers was awarded the M.B.E. in the Queen's New Year's Honours List.

Our Club thought that with the many Organisations that George has been associated with, it would be fitting that a reception be arranged for the purpose of congratulating him and this was done when a Citizens Appreciation Function was held at Lyndel Lodge, Hurstville, 18th March 1979.

Some 150 well known persons representing the Community, Industry and Sport attended the function which was greatly appreciated by them.

Listed below are the Organisations that George has been associated with during his illustrious career for the past 50 years and more.

Amateur Athletic Association of N.S.W.  
Arncliffe Progress Association  
Arncliffe-Turrella Senior Citizens' Centre  
"City to Surf" Fun Run (Sun Newspapers)  
Rockdale Municipal Council  
South Sydney Amateur Athletic Club  
St. George Auxiliary — Arthritis & Rheumatic Council  
St. George County Council  
St. George District Amateur Athletic Club  
St. George Hospital Board  
St. George Medical Sports Clinic  
St. George Rowing Club  
St. George Technical College Advisory Committee  
British Empire Games, Sydney, 1938 (Official)  
Olympic Games, Melbourne, 1956 (Official)  
Commonwealth vs. U.S.A. Match, Sydney, 1956 (Manager)  
Third Pacific Conference Games, Canberra, 1977 (Manager)

To indicate all the positions that George has had during his Athletic Career would be quite impossible and only the main positions are shown in the above appreciation.

I conclude this report and trust that George, his wife Ivy and family enjoy the years ahead with happiness and good health.

**Alleyne Gainsford  
PRESIDENT**



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## 1978 WINTER SEASON REVIEW

*Dave Edwards*

1978 was another successful season for St. George and a review of the results shows that we won 3 Senior State Championship events and finished second in the other three. In addition we had three Individual Champions in Dave Milnnes who won the marathon, Pat Mahoney who won the Novice Cross Country and Laurie Whitty who won the Junior 8 km road race title. Dave McInnes and Pat Mahoney only joined St. George at the start of the season and for various reasons, neither competed very often — we hope to see more of them in the future.

St. George again won the Winter Season Premiership final points were as follows:

1. St. George 67 points.
2. Western Suburbs 37 points.
3. Sutherland 22 points.
4. Ryde Hornsby 18 points.

In the individual points table for the "Distance runner of the year" award Dave McInnes finished 2nd overall despite not competing in several of the point score events.

Other Club members to feature prominently in the points table were:

- 7th Col Whiteman
- 9th Laurie Whitty
- 12th Bob Squirrell

Col Whiteman had an exceptionally good season until hit by injury near the end of winter and he was our most consistent scorer in Championship races, scoring for the 'A' team in 4 of the N.S.W. Championship events. John Bowers and Bob Taley scored for the 'A' team on 3 occasions and the following each featured twice — Laurie Whitty, Clive Beeson, Peter Cotton and Kevin Taylor.



**START OF SUTHERLAND HALF MARATHON, AUDLEY:**

St. George Runners from Left to Right: Julian Scott, Bob Talay, Ron Gribble, John Bowers, Col Whiteman, Dave Edwards, Bob Squirrell, Nigel Beeson.



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Col Whiteman and John Bowers earned selection in the N.S.W. team for the Australian Marathon in Brisbane. Col in only his second season of running marathons and John after many years of striving to gain his State Singlet. Congratulations to both on their selection, which they fully justified by finishing in the first 10 in Brisbane and scoring in the N.S.W. bronze medal team.

Laurie Whitty was selected in the State team for the Australian Junior Cross Country and he finished 3rd in that event.

Our younger age Athletics didn't have the same successful record as the Seniors and we need to build up our representation in this area.

Scarborough Park again provided some good competition as well as pleasant social Saturday afternoons and remains the backbone of our winter athletics. The assistance of all who acted in any sort of official capacity at Scarborough Park and other venues during the season, is greatly appreciated.

### 1978 Winter Pointscore and Fastest Times Competitions:

	Pointscore Winners	Fastest Times
Senior Men	Les Farley & Col Richardson (eg)	John Bowers
Senior Women	Roby Krahe	Gail Allen
Intermediate	J. McLaughlin	Jeff Tunks
Sub-Juvenile	N. McLaughlin	Ian Argall
Juvenile	Julie Page	Evelyn Argall

### CLUB CHAMPIONSHIPS AT RAMSGATE

Senior 8km	1. Alby Thomas	25 min 45 sec
	2. Ray Stephenson	
	3. John Bowers	
Ladies 5km	1. Robyn Krahe	22 min 47 sec
	2. Gail Allen	
	3. Elaine Bowers	
Under 19 4km	1. Laurie Whitty	12 min 25 sec
	2. J. Pierce	
	3. Max Owen	
Under 17 3km	1. P. Minns	10 min 52 sec
	2. Jeff Tunks	
	3. Paul Donnelly	

### CHAMPIONSHIP RESULTS — 1978

#### N.S.W. NOVICE CROSS COUNTRY CHAMPIONSHIP 29th April at Ramsgate

The Season went off to an excellent start for the Club with a convincing win in the Novice Championship and we also supplied the individual winner — Pat Mahoney.

Pat had been running for several years with Eastern Suburbs without coming near to winning a State Championship, however within a few weeks of joining St. George he was a surprise, but decisive winner of the Novice. Well done Pat! and



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congratulations also to John Burchett, Clive Beeson and Noel Derry the other members of our winning team.

**Result**

1	Pat Mahoney	33 min 34 sec
5	John Burchett	34 min 06 sec
9	Clive Beeson	34 min 24 sec
15	Noel Derry	34 min 58 sec
20	Ray Stephenson	35 min 11 sec
34	Norm Berger	36 min 18 sec
39	Des Allen	36 min 53 sec
40	Pat Browne	37 min 00 sec
44	Tom Gillis	37 min 06 sec
45	Alan Staples	37 min 14 sec
48	Max Owen	37 min 30 sec
55	Neville Markham	37 min 58 sec

**Teams**

1.	St. George	30 points
2.	Blue Mountains	65 points
3.	Western Suburbs	73 points

**N.S.W. 25KM ROAD RACE CHAMPIONSHIP**  
**20th May at Richmond**

Illness and injuries depleted our team for this event however the Club's depth in distance running was clearly demonstrated with a second placing, although it must be admitted that we were a long way behind the winning Sutherland team.

Col Whiteman, John Bowers and Kevin Taylor were our leading placegetters with not much between them, and new Member, Alan Kennerson, who ran consistently well throughout the season, completed the scoring quartet.

**Results**

10	Col Whiteman	83 min 30 sec
12	John Bowers	84 min 18 sec
14	Kevin Taylor	85 min 09 sec
22	Alan Kennerson	87 min 06 sec
31	Ray Stephenson	88 min 33 sec
35	Des Allen	89 min 04 sec
49	Les Farley	92 min 13 sec
57	Neville Markham	94 min 14 sec
61	Lionel Potter	95 min 09 sec
62	Hugh Dearnley	95 min 47 sec
63	Tom Gillis	95 min 50 sec
77	John Irvine	99 min 54 sec

**Teams**

1.	Sutherland	32 points
2.	St. George	58 points
3.	Western Suburbs	62 points



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### **N.S.W. JUNIOR 8KM ROAD RACE CHAMPIONSHIP**

**20th May at Richmond**

Laurie Whitty won the individual title for the 3rd year in succession, and helped our team to finish 2nd.

#### **Result**

1	Laurie Whitty	24 min 43 sec
9	Jeff Tunks	26 min 48 sec
17	Max Owen	29 min 08 sec
19	Andrew Wood	30 min 15 sec

#### **Teams**

1.	Bankstown Sports	27 points
2.	St. George	46 points
3.	Western Suburbs	57 points

### **N.S.W. MARATHON CHAMPIONSHIP**

**17th June at Nowra**

At first sight the Marathon course at Nowra appeared flat and fast, however in reality the undulations near the 13 mile turning point, coupled with the strong headwind encountered on the return journey, slowed the times of all runners considerably.

St. George continued to dominate the event with a fine individual win by Dave McInnes, and an equally impressive win by our team consisting of Dave McInnes, Col Whiteman and Bob Squirrell.

Col Whiteman ran a bold race, leading the field through the turn in 70 min 50 sec. He held on in front until after the 15 miles mark before he tired. Even then he stuck to his task to finish an excellent 5th. It was good to see Bob Squirrell back running a good race in the State Championship after running the event for a few years, and hard-working Kevin Taylor was also rewarded with a place in the first 10.

St. George won the teams race for the 8th time in the past 9 years.

Sixteen of our Members bettered 3 hours compared with 13 last year, however it's interesting that of these only 7 runners did it in both years. That is 22 different Athletes have bettered 3 hours in this event in 1977 and 1978 — another indication of our marathon running depth.

#### **Results**

1	Dave McInnes	2 hr	27 min 23 sec
5	Col Whiteman	2 hr	33 min 52 sec
7	Bob Squirrell	2 hr	36 min 11 sec
9	Kevin Taylor	2 hr	37 min 54 sec
15	Norm Berger	2 hr	40 min 56 sec
16	Dave Edwards	2 hr	41 min 19 sec
24	John Bowers	2 hr	43 min 41 sec
25	Clive Beeson	2 hr	43 min 51 sec
28	Alan Kennerson	2 hr	45 min 28 sec
30	Des Allen	2 hr	36 min 36 sec
32	Pat Mahoney	2 hr	47 min 43 sec
35	Greg Kennerson	2 hr	49 min 44 sec
43	John Irvine	2 hr	53 min 30 sec



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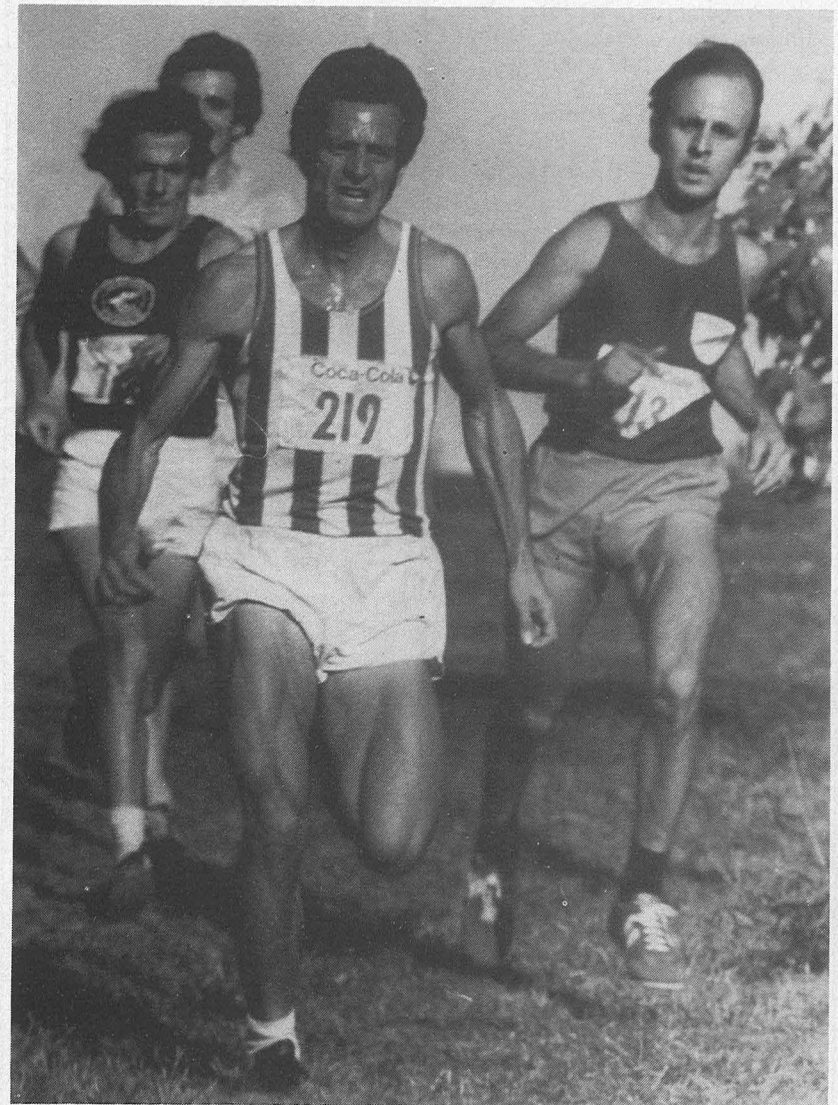
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44	Alan Argall	2 hr	53 min 36 sec
50	Andrew Ness	2 hr	55 min 58 sec
52	Hugh Dearnley	2 hr	58 min 02 sec
<b>Teams</b>			
1.	St. George	13 points	
2.	A.C.T. Branch	32 points	
3.	Ryde Hornsby	37 points	



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## N.S.W. 15KM CROSS COUNTRY CHAMPIONSHIP

9th July at MacQuarie University

St. George won this State Championship by default after having finished a fine 2nd behind the strong A.C.T. Branch Team. The winners were subsequently disqualified for not supplying Officials. Although very pleased at winning the gold medals, I would much prefer to have won on the course, rather than by the A.A.A. of N.S.W. invoking a rule to disqualify the true winners for failing to comply with a regulation.

Laurie Whitty once again was our leading performer finishing 6th but unable to reproduce his great forms of last year when he won the event. The ever consistent Col Whiteman ran another excellent race to finish 7th only 4 seconds behind Laurie.

### Results

6	Laurie Whitty	51 min 04 sec
7	Col Whiteman	51 min 08 sec
17	Bob Talay	52 min 59 sec
26	John Bowers	54 min 06 sec
28	Peter Cotton	54 min 12 sec
31	Clive Beeson	54 min 34 sec
32	Pat Browne	54 min 46 sec
37	Ray Stephenson	55 min 28 sec
43	Kevin Taylor	57 min 05 sec
45	John Fisher	57 min 11 sec
47	Alan Kennerson	57 min 26 sec
52	Des Allen	58 min 31 sec

### Teams

1.	St. George	115 points
2.	Western Suburbs	154 points
3.	Randwick Botany	179 points

## N.S.W. 12KM CROSS COUNTRY CHAMPIONSHIP

22nd July at Richmond

A fine performance by Laurie Whitty to finish 3rd and yet another first rate run by Col Whiteman who was 8th led St. George into 2nd place behind the powerful A.C.T. Branch Team. Ray Stephenson ran his best Championship race of the season to finish 15th and Veneral John Bowers again figured in our Medal Winning Team which also included Kevin Taylor and a troubled Bob Talay.

### Results

3	Laurie Whitty	37 min 51 sec
8	Col Whiteman	38 min 33 sec
15	Ray Stephenson	39 min 57 sec
22	John Bowers	40 min 39 sec
31	Kevin Taylor	41 min 39 sec
39	Bob Talay	42 min 14 sec
51	Alan Kennerson	42 min 51 sec
62	John Burchett	44 min 15 sec
63	Les Farley	44 min 16 sec
73	Lionel Potter	45 min 39 sec
74	Col Richardson	45 min 42 sec
82	John Irvine	46 min 18 sec



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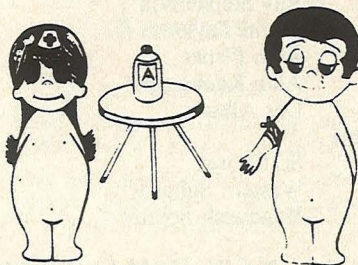
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### Teams

1.	A.C.T. Branch	81 points
2.	St. George	124 points
3.	Western Suburbs	203 points

### N.S.W. JUNIOR 8KM CROSS COUNTRY CHAMPIONSHIP

### Result

16	Tom Shaw	31 min 21 sec
----	----------	---------------

### N.S.W. SUB-JUNIOR 4KM CROSS COUNTRY CHAMPIONSHIP

### Result

11	Jeff Tunks	13 min 58 sec
12	Warren McCourt	14 min 00 sec
21	Phil Minns	14 min 33 sec
22	Craig Harrison	14 min 35 sec

### Teams

1.	Sutherland	29 points
2.	St. George	66 points
3.	Western Suburbs	74 points

### N.S.W. JUVENILE 3KM CROSS COUNTRY CHAMPIONSHIP

### Result

4	Paul Donnelly	10 min 23 sec
16	Evelyn Argall	11 min 32 sec
22	Stephen Wright	12 min 10 sec
28	Neil McLaughlin	13 min 22 sec

### Teams

1.	A.C.T. Branch	16 points
2.	Sutherland	57 points
3.	St. George	70 points

### N.S.W. SUB-JUVENILE 2KM CROSS COUNTRY CHAMPIONSHIP

### Result

19	Ian Argall	7 min 28 sec
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### N.S.W. ROAD RELAY CHAMPIONSHIPS 17th September at Taren Point

The last New South Wales event of the season resulted in St. George again finishing second, this time to a team from Newcastle Branch.

Alby Thomas ran the first leg for us in 32 min 55 sec handing over in 4th place. Bob Talay tore around the 2nd circuit in 32 min 24 sec to bring Saints into the lead.

On the third leg, Ron Gribble kept us out in front with a time of 33 min 8 sec however on the last lap Peter Cotton found himself up against the talented Brian Morgan and the Newcastle man ran the fastest time of the day to take his team to victory.



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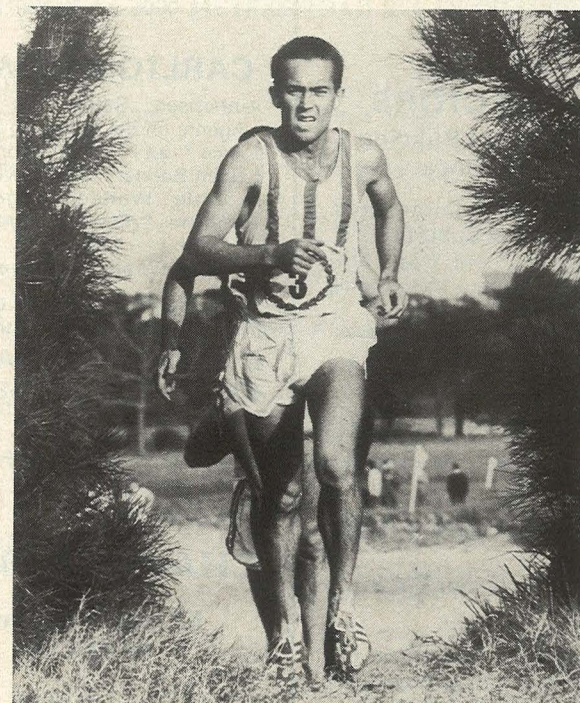
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## SENIOR 4 x 10,000 METRES

### Results

#### A TEAM

4th	Alby Thomas	32 min 55 sec
1st	Bob Talay	32 min 24 sec
1st	Ron Gribble	33 min 08 sec
2nd	Peter Cotton	34 min 58 sec

#### B TEAM

19th	Alan Argall	37 min 29 sec
17th	Greg Krahe	36 min 36 sec
14th	Neville Markham	37 min 02 sec
14th	Col Richardson	36 min 20 sec

#### Teams

1.	Newcastle	2 hr	11 min 45 sec
2.	St. George	2 hr	13 min 25 sec
3.	Sutherland	2 hr	13 min 33 sec



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## SUB-JUNIOR 4 x 3000 METRES ROAD RELAY CHAMPIONSHIP

### Results

Jeff Tunks	9 min 12 sec
Warren McCourt	9 min 50 sec
Paul Donnelly	10 min 13 sec
Phil Minns	9 min 55 sec

### Teams

1.	Ryde - Hornsby	38 min 42 sec
2.	St. George	39 min 10 sec
3.	South Coast	39 min 57 sec

## SUB-JUVENILE 4 x 1500 METRES ROAD RELAY CHAMPIONSHIP

### Results

Ian Argall	5 min 20 sec
M. Lumbrano	5 min 33 sec
P. Mannassis	5 min 17 sec
N. McLaughlin	5 min 48 sec

### Teams

1.	Blue Mountains	21 min 28 sec
2.	South Coast	21 min 54 sec
3.	St. George	21 min 58 sec

## AUSTRALIAN MARATHON CHAMPIONSHIP

6th August at Caboolture, Near Brisbane

John Bowers and Col Whiteman together with Canberra Athlete Geoff Moore were the New South Wales scoring trio and took the Bronze Medals behind Victoria and Western Australia.

On a hot steamy day which was completely unsuitable for Marathon running, our two Athletes continued with their impressive form shown throughout the Season with John finishing 9th and Col 10th.

### Results

9	John Bowers	2 hr	32 min 28 sec
10	Col Whiteman	2 hr	33 min 23 sec
21	Kevin Taylor	2 hr	37 min 37 sec
37	Dave Edwards	3 hr	2min 08 sec

### Teams

1.	Victoria	14 points
2.	Western Australia	17 points
3.	New South Wales	23 points
4.	Queensland	25 points



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JOHN BOWERS (2nd from Left) and COL WHITEMAN (Right) competing for N.S.W. in the 1978 Australian Marathon Championships, Caboolture, Queensland.



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## AUSTRALIAN JUNIOR CROSS COUNTRY CHAMPIONSHIP

8KM

2nd September at Richmond

Defending Champion Laurie Whitty couldn't quite repeat his success of last year, nevertheless he turned in another fine performance to finish 3rd, with a time of 25 min 16 sec.

## AUSTRALIAN CROSS COUNTRY CHAMPIONSHIP

12KM

2nd September at Richmond

51st	Col Whiteman	40 min 54 sec
------	--------------	---------------

### OTHER RESULTS

#### SENIOR 10KM NOVICE DAY

29th April at Ramsgate

1	Dave McInnes	31 min 36 sec
4	Bob Squirrell	32 min 30 sec
8	Col Whiteman	34 min 28 sec
12	John Bowers	35 min 21 sec
16	Ron Gribble	35 min 47 sec
23	Greg Kennerson	36 min 41 sec
24	Dave Edwards	36 min 54 sec
34	Alan Kennerson	38 min 24 sec
36	Lionel Potter	38 min 33 sec
47	Greg Krahe	40 min 16 sec
55	Bruce Kennerson	42 min 10 sec
61	Bill Seary	43 min 50 sec

#### SCHOOLS 4KM NOVICE DAY

29th April at Ramsgate

10	Tom Shaw	13 min 6 sec
13	Robin Legge	14 min 6 sec

#### UNDER 15 YEARS 2KM NOVICE DAY

5	Paul Donnelly	6 min 45 sec
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#### UNDER 13 YEARS 2KM NOVICE DAY

16	Neil McLaughlin	7 min 40 sec
----	-----------------	--------------

#### SUTHERLAND HALF MARATHON

6th May at Audley

2	Dave McInnes	1 hr	7 min 8 sec
5	Laurie Whitty	1 hr	8 min 47 sec
8	Bob Squirrell	1 hr	10 min 52 sec



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10	Col Whiteman	1 hr	11 min 49 sec
11	John Bowers	1 hr	12 min 18 sec
16	Kevin Taylor	1 hr	13 min 20 sec
25	Bob Talay	1 hr	14 min 35 sec
27	Ron Gribble	1 hr	15 min 03 sec
28	Clive Beeson	1 hr	15 min 17 sec
33	Dave Edwards	1 hr	16 min 36 sec
34	NOrm Berger	1 hr	16 min 51 sec
35	Alan Kennerson	1 hr	16 min 56 sec

### NEWCASTLE MARATHON

13th May at Williamtown

13th	Alan Staples	3 hr	27 min 40 sec
------	--------------	------	---------------

### PARRAMATTA OPEN 10 MILES

10th June at Parramatta Park

3	Dave McInnes	49 min 48 sec
5	Col Whiteman	50 min 49 sec
9	John Bowers	52 min 27 sec
14	Ron Gribble	53 min 27 sec
27	Norm Berger	56 min 11 sec
30	Alan Kennerson	56 min 39 sec
32	Des Allen	56 min 43 sec
37	Dave Edwards	57 min 25 sec
39	Les Farley	57 min 29 sec
44	Tom Gillis	58 min 02 sec

### PARRAMATTA UNDER 19 5 MILES

1	Laurie Whitty	25 min 11 sec
---	---------------	---------------

### PARRAMATTA UNDER 17 3 MILES

10	Tom Shaw	17 min 18 sec
----	----------	---------------

### PARRAMATTA UNDER 15 2 MILES

6	Paul Donnelly	12 min 18 sec
---	---------------	---------------

### PARRAMATTA 10 MILES — OPEN LADIES

9	Gail Allen	79 min 23 sec
11	Elaine Bowers	89 min 57 sec
12	Jean Gribble	93 min 43 sec

### N.S.W. VETERANS MARATHON

2nd July at Hensley Field

1	John Bowers	2 hr	33 min 4 sec
2	Ron Bribble	2 hr	34 min 1 sec
7	Tom Gillis	2 hr	42 min 39 sec
17	Neville Markham	2 hr	52 min 56 sec
23	Lionel Potter	2 hr	56 min 48 sec



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## SUN "CITY TO SURF" 13th August Sydney to Bondi

18	Dave McInnes	46 min 18 sec
28	Bob Talay	47 min 10 sec
30	Ron Gribble	47 min 14 sec
37	John Bowers	47 min 48 sec
47	Alby Thomas	48 min 08 sec
76	Noel Derry	49 min 16 sec
97	Pedro Sidolti	49 min 58 sec
115	Les Farley	50 min 36 sec
130	Col Richardwon	50 min 50 sec
133	Con Hadjidakas	50 min 52 sec
143	Alan Kennerson	51 min 04 sec
179	Des Allen	51 min 42 sec

## D.R.N. 50 MILES RACE 1st October from Sydney Town Hall

1	Hugh Dearnley	5 hr	38 min 37 sec
4	Tom Gillis	6 hr	20 min 14 sec
16	John Irvine	7 hr	02 min 42 sec



HUGH DEARNLEY: N.S.W. 50 mile Champion 1978.



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## CANBERRA MARATHON

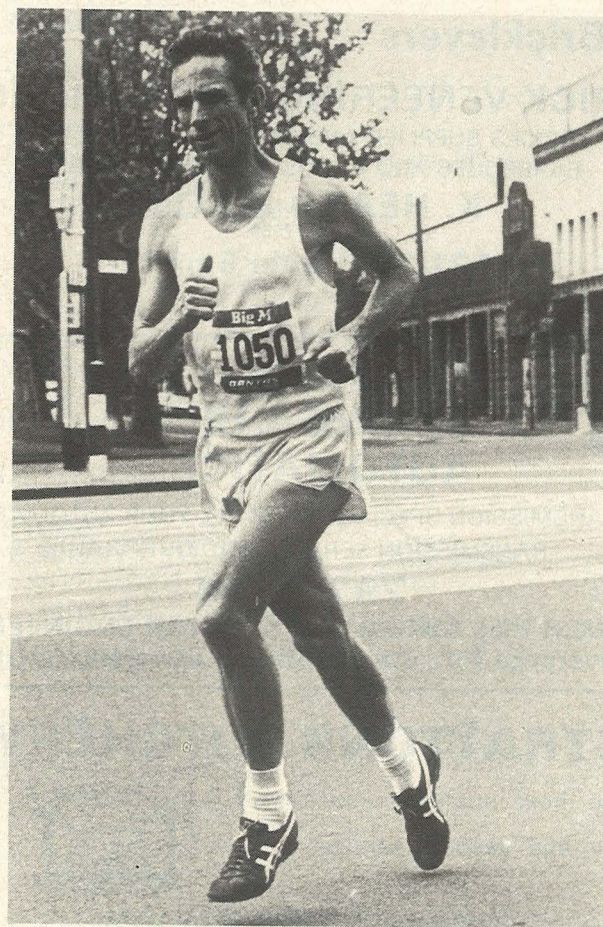
5th November Canberra

11 Norm Berger 2 hr 36 min 55 sec

## "BIG M" MARATHON

5th November Melbourne

7th Ron Gribble 2 hr 32 min 24 sec (1st VET.)



RON GRIBBLE competing in the 1978 Big 'M' Marathon in Melbourne.



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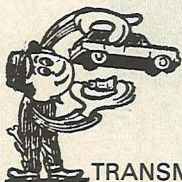
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## RESULTS

### ST. GEORGE DISTRICT SCHOOLBOYS CROSS-COUNTRY CHAMPIONSHIPS

held at Scarborough Park, Ramsgate, Sunday 30th April

#### SENIOR AGGREGATE POINT SCORE FOR DENIS WILSON TROPHY

1st	D.L.S. REVESBY	121 pts
2nd	NARWEE HIGH	35 pts
3rd	JAMES COOK	13 pts

#### OPEN 3200m

1	J. PIERCE (Strathfield)	11 min 9 sec
2	J. McLAUGHLIN (Narwee)	
3	R. LEGGE (James Cook)	

#### TEAMS

1st	NARWEE	11 pts
-----	--------	--------

#### 16 YEARS 2400m

1	J. TUNKS (M.B. Kogarah)	8 min 28 sec
2	W. McCOURT (Narwee)	
3	S. KOVACS (D.L.S. Revesby)	

#### TEAMS

1st	D.L.S. REVESBY	12 pts
2nd	NARWEE	15 pts

#### 15 YEARS 2400m

1	M. CARR (D.L.S. Revesby)	8 min 32 sec
2	J. CLARK (D.L.S. Revesby)	
3	R. CARROLL (D.L.S. Revesby)	

#### TEAMS

1st	D.L.S. REVESBY	6 pts
-----	----------------	-------

#### 14 YEARS 1600m

1	W. BERKLEY (D.L.S. Revesby)	5 min 34 sec
2	B. BRYCE (D.L.S. Revesby)	
3	K. SMITH (D.L.S. Revesby)	

#### TEAMS

1st	D.L.S. REVESBY	6 pts
-----	----------------	-------

#### 13 YEARS 1600m

1	W. WETHERALL (James Cook)	5 min 34 sec
2	B. THOMPSON (Narwee)	
3	P. ROSEMAN (D.L.S. Revesby)	

#### TEAMS

1st	D.L.S. REVESBY	
-----	----------------	--

#### JUNIOR AGGREGATE POINT SCORE FOR L.L. BOSMAN CUP

1st	D.L.S. REVESBY	104 pts
2nd	RAMSGATE	15 pts
3rd	PANANIA	14 pts



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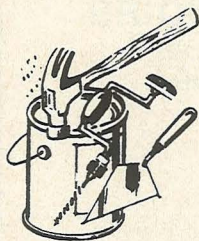
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### 12 YEARS 1200m

1	S. GREEN (D.L.S. Revesby)	4 min 34 sec
2.	L. BERKLEY (D.L.S. Revesby)	
3.	M. McEVOY (D.L.S. Revesby)	

### TEAMS

1st	D.L.S. REVESBY	6 pts
2nd	NARWEE	25 pts

### 11 YEARS 1200m

1	B. NEWTON (Lugarno)	4 min 20 sec
2	M. LUBRANO (Panania)	
3	M. BERKLEY (D.L.S. Revesby)	

### TEAMS

1st	D.L.S. REVESBY	13 pts
-----	----------------	--------

### 10 YEARS 1200m

1	N. DAWES (Ramsgate)	5 min 02 sec
2	A. DEVLIN (D.L.S. Revesby)	
3	S. FITZHARRIS (D.L.S. Revesby)	

### TEAMS

1st	D.L.S. REVESBY	10 pts
-----	----------------	--------

### 9 YEARS 1200m

1	J. LUBRANO (Panania)	5 min 6 sec
2	S. WRIGHT (Connells Point)	
3	N. NIXON (Arncliffe)	

## ST. GEORGE DISTRICT SCHOOLS TRACK & FIELD CHAMPIONSHIPS held at Jubilee Oval, Kogarah on Sunday 24th September 1978

Although the numbers of Athletes at this years Championship were well down on previous years, competition was still very keen and good. One Record was broken at the Championships:

Robert Fong (M.B. Kogarah) 12 Years High Jump 1.44m

### PRIMARY SCHOOL RESULTS

#### 8 YEARS

100 metres	1st	C. SCOTT (Arncliffe)	16.7 sec
800 metres	1st	C. SCOTT (Arncliffe)	2 min 56 sec
Long Jump	1st	J. LUBRANO (Panania)	3.15 m

#### 9 YEARS

100 metres	1st	N. NIXON (Arncliffe)	15.6 sec
800 metres	1st	N. NIXON (Arncliffe)	2 min 51 sec

#### 10 YEARS

100 metres	1st	S. WELFARE (St. Francis Arncliffe)	14.6 sec
800 metres	1st	S. WELFARE (St. Francis Arncliffe)	2 min 38 sec
High Jump	1st	P. ROCHECOUSTE (St. Johns Lak.)	1.19 m
Long Jump	1st	A. MORGAN (San Souci)	3.65 m
4x100m Relay	1st	ST. JOHNS (Lakemba)	61.6 sec



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### 11 YEARS

100 metres	1st	J. REHAYEM (St. Johns Lakemba)	14.5 sec
200 metres	1st	J. REHAYEM (St. Johns Lakemba)	30.1 sec
800 metres	1st	M. LUBRANO (Panania)	2 min 32.5 sec
High Jump	1st	R. COOPER (D.L.S. Kings)	1.22 m
Long Jump	1st	R. COOPER (D.L.S. Kings)	4.11 m
4x100m Relay	1st	ST. JOHNS (Lakemba)	59.7 sec

### 12 YEARS PRIMARY

100 metres	1st	T. LORUSSA (M.B.K.)	14.2 sec
200 metres	1st	T. LORUSSA (M.B.K.)	29.00 sec
800 metres	1st	J. FOX (M.B.K.)	2 min 40.8 sec
High Jump	1st	T. LORUSSA (M.B.K.)	1.22 m
Long Jump	1st	D. FLETCHER (M.B.K.)	4.27 m
Shot Put	1st	T. LORUSSA (M.B.K.)	9.67 m
4x100m Relay	1st	MARIST BROS. (Kogarah)	58.9 sec

### POINT SCORES — PRIMARY SCHOOLS

#### JUNIOR PENNANT

1st	Arncliffe Primary
2nd	Marist Bros. Penshurst
3rd	St. Johns Lakemba

#### SENIOR PENNANT

1st	Marist Bros. Kogarah
2nd	Marist Bros. Penshurst
3rd	St. Johns Lakemba

#### L.B.WILLIAMS SHIELD

1st	Marist Bros. Kogarah
-----	----------------------

### SECONDARY SCHOOLS

#### 12 YEARS SECONDARY

100 metres	1st	T. SPARKES (Narwee)	13.2 sec
200 metres	1st	T. SPARKES (Narwee)	27.5 sec
400 metres	1st	R. FONG (M.B.K.)	68.7 sec
800 metres	1st	L. BRAY (Sydney Tech High)	2 min 35.8 sec
High Jump	1st	R. FONG (M.B.K.)	1.44 m (Rec.)
Long Jump	1st	L. BRAY (S.T.H.)	4.39 m
Shot Put	1st	R. FONG (M.B.K.)	9.72 m
4x100m Relay	1st	ST. JOHNS (Lakemba)	59.2 sec

#### 13 YEARS

100 metres	1st	J. RIPOLL (M.B.K.)	13.2 sec
200 metres	1st	G. KASKOS (Enmore)	26.5 sec
400 metres	1st	M. GAUDIELLO (St. Johns Lakemba)	63.5 sec
800 metres	1st	P. SWEENEY (M.B.K.)	2 min 30.8 sec
1500 metres	1st	P. SWEENEY (M.B.K.)	5 min 08 sec
90m Hurdles	1st	P. JONES (Narwee)	16.5 sec
High Jump	1st	J. SAROUFIN (St. Johns Lakemba)	1.44 m
Long Jump	1st	J. DAY (St. Johns Lakemba)	4.41 m
6lb Shot	1st	T. ISSA (St. Johns Lakemba)	11.32 m
4x100m Relay	1st	ST. JOHNS (Lakemba)	54.00 sec

#### 14 YEARS

100 metres	1st	D. WARD (Trinity)	12.4 sec
200 metres	1st	D. WARD (Trinity)	24.6 sec
400 metres	1st	D. WARD (Trinity)	59.0 sec
800 metres	1st	G. HILE (St. Johns Lakemba)	2 min 19 sec



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Javelin Throw 1st  
800m Walk 1st  
4x100m Relay 1st

**15 YEARS**

100 metres 1st  
200 metres 1st  
400 metres 1st  
800 metres 1st  
1500 metres 1st  
90m Hurdles 1st  
High Jump 1st  
Long Jump 1st  
Discus Throw 1st  
Javelin Throw 1st  
10lb Shot Put 1st  
4x100m Relay 1st

**16 YEARS**

100 metres 1st  
200 metres 1st  
400 metres 1st  
800 metres 1st  
1500 metres 1st  
100m Hurdles 1st  
High Jump 1st  
Long Jump 1st  
Triple Jump 1st  
10lb Shot Put 1st  
Discus Throw 1st  
Javelin Throw 1st  
4x100m Relay 1st

**OPEN**

100 metres 1st  
200 metres 1st  
400 metres 1st  
800 metres 1st  
1500 metres 1st  
100m Hurdles 1st  
High Jump 1st  
Long Jump 1st  
Triple Jump  
12lb Shot Put  
Discus Throw  
Javelin Throw  
800m Walk  
4x100m Relay

G. HILE (St. Johns Lakemba) 4 min 45 sec  
D. COLVIN (M.B.K.) 14.7 sec  
D. CARROLL (St. Johns Lakemba) 1.52 m  
J. BERENGER (St. Johns Lakemba) 5.35 m  
T. DIMITROPOULOS (Enmore) 12.30 m  
D. SCOTT (S.T.H.) 34.20 m  
D. SCOTT (Sydney Tech) 36.82 m  
M. JONES (St. Johns Lakemba) 4 min 25.1 sec  
ST. JOHNS (Lakemba) 51.6 sec

W. PHILLIPS (Randwick Nth) 12.4 sec  
W. PHILIPS (Randwick Nth) 25.5 sec  
P. TREEVES (St. Johns Lakemba) 56.4 sec  
M. GARDINER (Port Hacking) 2 min 20 sec  
M. GARDINER (Port Hacking) 4 min 40 sec  
P. BICANIC (D.L.S. Kings) 14.2 sec  
B. BRUMMELL (D.L.S. Kings) 1.52 m  
C. SAMS (Peakhurst) 5.13 m  
P. BICANIC (D.L.S. Kings) 23.85 m  
J. D'AGNOSTINO (D.L.S. Kings) 28.28 m  
M. TURNER (M.B.K.) 8.19 m  
ST. JOHNS (Lakemba) 49.4 sec

M. HORTER (D.L.S. Kings) 12.1 sec  
M. HORTER (D.L.S. Kings) 25.1 sec  
M. LOLLBACK (St. Johns Lakemba) 56.7 sec  
J. TUNKS (M.B.K.) 2 min 6.1 sec  
G. HOARE (Jannali) 4 min 21 sec  
D. TARBOTTON (Airds) 15.6 sec  
J. QUINTAL (Enmore) 1.70 m  
J. QUINTAL (Enmore) 5.67 m  
J. CATT (Hurstville High) 11.62 m  
D. FIGUEIRA (Enmore) 10.23 m  
D. TARBOTTON (Airds) 20.73 m  
M. HOWDEN (Hurstville) 39.01 m  
ST. JOHNS (Lakemba) 48.7 sec

M. LOLLIBACK (St. Johns Lakemba) 12.2 sec  
M. LOLLIBACK (St. Johns Lakemba) 24.5 sec  
E. CORA (St. Johns Lakemba) 58.0 sec  
M. JONES (M.B.K.) 2 min 5.8 sec  
M. JONES (M.B.K.) 4 min 25.7 sec  
R. SHANNON (St. Johns Lakemba) 16.5 sec  
D. McGEOWN (East Hills) 1.70 m  
R. BENNETT (Trinity) 6.58 m  
R. BENNETT (Trinity) 13.06 m  
A. HEYES (Chatswood) 13.40 m  
A. HEYES (Chatswood) 38.84 m  
A. HEYES (Chatswood) 37.58 m  
J. TUNKS (M.B.K.) 4 min 6 sec  
MARIST BROS. (Kogarah) 49.4 sec



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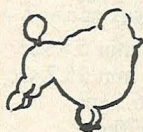
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3	D.L.S. Kingsgrove	62 pts

### JUNIOR PENNANT

1	D.L.S. Kingsgrove	196 pts
2	Marist Bros. Kogarah	78 pts
3	St. Johns Lakemba	70 pts

### SENIOR PENNANT

1	St. Johns Lakemba	175 pts
2	Marist Bros. Kogarah	75 pts
3	Enmore High	

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2	Marist Bros. Kogarah	425 pts
3	D.L.S. Kingsgrove	260 pts





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## **CAPTAIN'S TRACK COMMENTS**

The 1978/1979 Season was one of mixed results. During Interclub, although remaining virtually undefeated in Sprint Events, the A Grade Team could only manage a fifth placing.

This basically came about from the usual bad attendance of some Athletes and of course the unavoidable injuries. All this aside, our Athletes still managed to produce some good performances with excellent results. Vin Plant retained his State 110 Hurdles Title, just missed defending his National Title, but like all true champions, bounded back the following weekend to win the World Cup Selection Trials.

Gary Cox, although not having fully recovered from illness and injury, superbly defended his 400m Hurdles Title.

Michael Vander Velde, having his first year in Senior Athletics, ran creditably to win Silver Medals in the State Junior 200m and 400m Titles.

Our Distance Runners, in a lot of cases, held their own but we are obviously lacking a lot of depth. Col Whiteman, John Fisher, Laurie Whitty, John Burchett, John Fortescue, Noel Derry, to name a few of our never ending distance runners along with the old stalwarts Ron Gribble, John Bowers, Des Allen, Bob Squirrel who each week continuously produced their best for the Club.

To mention everybody would make this Report a short story, but I assure you, from my point of view, your efforts will not be forgotten.

As Club Captain and on behalf of all the other Executive Members, I would like to thank all Athletes for their continuous support and wish you all the very best of success for the coming Winter and Track Season.

**STEPHEN LONGDEN-GEE**



*STEVE LONGDON-GEE competing at Hensley Athletic Field.*



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*Good luck to the club for 1979, Barry and Julie Smith*

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## CLUB CHAMPIONSHIPS 1978/79

Club Championships were based simply upon the Athletes individual performances at Interclub as well as the N.S.W. State Championships held 17th, 18th, 24th and 25th February 1979.

An abnormal situation arose in the 110m Hurdles. Here Junior Athlete, Mark Dorrity (now Senior) had been competing over the Senior standard (3' 6") but his time was still faster than any Junior over the lower height required for Juniors. Under the circumstances he still remained Club Champion. Most outstanding performance from these results was that of Stephen Longden-Gee who regained the form he had achieved in 1974 at 21 years of age. He equalled the Club 200m Record of 20.9 seconds when he finished 3rd in the State Championship on 25.2.79. He had set this record in 1974.

In the Junior Discus, Andrew Scott had a great throw of 47.22m during the last Interclub Match on 10.2.79 to again break the old Record set by David Snell on 11.4.77. A further Record was broken by Junior, Mark Jones when he finished 3rd in the State 2000m Steeplechase Championship (6:07.6) on 24.2.79.

## CLUB CHAMPIONSHIPS 1978/79

+ indicates new Club Record \* equals Club Record  
ø M. Dorrity competed over 3' 6" Hurdles

SENIOR	1ST	2ND	3RD
100m	S. Longden-Gee (10.7)	J. Fortescue	V. Plant
200m	* S. Longden-Gee (20.9)	V. Plant	G. Cox
400m	S. Longden-Gee (47.6)	G. Cox	J. Fortescue
800m	N. Derry (1:54.1)	R. Stephenson	J. Fisher
1500m	R. Stephenson (3:55.4)	P. Cotton	J. Fisher
5000m	R. Stephenson (14:59.3)	J. Bowers	R. Squirrel
10,000m	L. Whitty (32:18.5)	—	—
3000m Steeple	J. Bowers (9:31.5)	J. Burchett	—
110m Hurdles	V. Plant (14.3)	M. Dorrity	—
400m Hurdles	G. Cox (52.6)	S. Longden-Gee	M. Dorrity
3000m Walk	T. Richards (16:59.0)	—	—
1500m Walk	T. Richards (8:06.0)	—	—
High Jump	G. Borg (1.70)	J. Stammers	P. McWilliams
Long Jump	G. Johnson (6.60)	W. Bird	L. Mitchelson
Triple Jump	G. Johnson (12.90)	L. Mitchelson	P. McWilliams
Discus	B. Guest (46.36)	J. Stammers	L. Mitchelson
Shot Put	J. Stammers (11.40)	B. Guest	G. Borg
Javelin	J. Stammers (48.10)	L. Mitchelson	P. McWilliams
Hammer	I. Ison (42.94)	—	—
Pole Vault	D. Arapovic (3.65)	J. Burchett	L. Mitchelson
JUNIOR	1ST	2ND	3RD
100m	M. Dorrity (11.8)	S. Molin0	G. Breese
200m	M. Dorrity (23.3)	S. Molino/R. Bennett	(dead heat)
400m	M. Dorrity (53.0)	B. Doolan	M. Jones
800m	M. Jones (1:58.2)	J. Tunks	M. Dorrity
1500m	M. Jones (4:05.7)	J. Tunks	B. Doolan
3000m	L. Whitty (8:54.9)	J. Tunks	B. Doolan





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5000m	L. Whitty (15:09.0)
2000m Steeple +	M. Jones (6.07.6)
110m Hurdles	M. Dorrity (16.5)
400m Hurdles	M. Dorrity (56.0)
1500m Walk	G. Breese (7:01.0)
3000m Walk	G. Breese (15:49.0)
High Jump	I. Berry (1.85)
Long Jump	I. Berry (6.54)
Triple Jump	M. Dorrity (12.97)
Discus +	A. Scott (47.22)
Shot Put (12lb)	A. Scott (13.92)
Javelin (800gm)	A. Scott (49.56)
Hammer (12lb)	A. Scott (36.98)
Pole Vault	I. Berry (2.45)

M. Jones	—
A. Wood	—
S. Molino	G. Breese
—	—
—	—
—	—
D. McGeown	M. Dorrity
R. Bennett	M. Dorrity
I. Berry	A. Scott
R. Bennett	—
R. Bennett	—
G. Breese	—
—	—
M. Dorrity	—

### SUB JUNIOR 1ST

100m	A. Meier (11.8)
200m	M. Howden (23.4)
400m	R. Henderson (56.8)
800m	M. Howden (2:03.8)
1500m	W. McCourt (4:26.0)
3000m	W. McCourt (9:30.0)
110m Hurdles	M. Howden (19.6)
1500m Walk	D. Latham (7:39.0)
High Jump	M. Howden (1.60)
Long Jump	M. Howden (5.65)
Triple Jump	C. Sams (11.48)
Discus	M. Howden (26.10)
Javelin	M. Howden (700gm State Title, 42.40 and 800gm 42.24) — No others
Shot Put	(No Competitors)

### 2ND

M. Howden & R. Henderson
A. Meier
D. Snowden
P. Minns
P. Minns
S. Mohr
—
—
D. Snowden
C. Sams
M. Howden
—

### 3RD

(dead heat)
R. Henderson
S. Mohr
S. Mohr
S. Mohr
—
—
—
A. Meier
W. Phillips
—

### JUVENILE

100m	R. Henderson (11.9)
200m	R. Henderson (24.1)
400m	R. Henderson (56.8)
1500m	—
3000m	M. Leben (13.40)
High Jump	R. Henderson (1.45)
Long Jump	D. Kimpton (5.97)
Triple Jump	D. Kimpton (12.66)
Javelin	D. Scott (42.94)
Discus	D. Scott (41.09)
90m Hurdles	R. Henderson (13.4)
200m Hurdles	R. Henderson (28.8)
Shot Put (8lb)	Z. Taseski (13.49)
Shot Put (4kg)	D. Kimpton (11.83)
1500m Walk	M. Leben (8.07)
Hammer Throw (10lb)	D. Scott (24.18)

### 2ND

Z. Taseski (12.4)
Z. Taseski (26.0)
D. Kimpton (61.4)
—
M. Leben (1.40)
Z. Taseski (5.67)
Z. Taseski (10.98)
D. Kimpton (42.54)
D. Kimpton (39.62)
P. Jones (15.2)
P. Jones (31.9)
D. Kimpton (12.93)
D. Scott (10.73)
—
D. Kimpton (22.82)

### 3RD

D. Kimpton (12.5)
M. Leben (29.0)
Z. Taseski (61.5)
—
R. Henderson (5.13)
R. Henderson (10.08)
Z. Taseski (32.82)
M. Leben (22.12)
D. Kimpton (16.5)
—
D. Scott (11.51)
R. Henderson (8.13)
—
R. Henderson (17.12)



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### SUB-JUVENILE 1ST

100m	T. Sparkes (12.5)
200m	T. Sparkes (26.6)
400m	L. Bray (66.4)
800m	I. Argall (2.36)
1500m	I. Argall (5.03)
3000m	M. Irwin (10.50)
High Jump	S. Green (1.56)
Long Jump	T. Sparkes (5.17)
Triple Jump	R. Fong (10.35)
Javelin	R. Fong (27.76)
Discus	R. Fong (30.15)
Shot Put (6lb)	R. Fong (10.60)
Shot Put (3kg)	T. Sparkes (9.90)
1500m Walk	M. Errington (8.10)
70m Hurdles	T. Sparkes (15.3)
100m Hurdles	T. Sparkes (17.7)
200m Hurdles	R. Fong

### 2ND

L. Bray (13.4)	R. Fong (13.6)
L. Bray (28.5)	R. Fong (28.5)
T. Sparkes (67.1)	J. Pasfield (68.7)
S. Logue (2:37.6)	M. Lubrano (2.38)
M. Irwin (5.05)	S. Wright (5.22)
S. Wright (11.37)	S. Sherwin (12.36)
R. Fong (1.40)	J. Pasfield (1.40)
L. Bray (4.89)	S. Dunne (4.73)
L. Bray (9.73)	J. Pasfield (9.31)
T. Sparkes (25.64)	L. Bray (18.62)
T. Sparkes (23.48)	L. Bray (20.54)
—	—
S. Thompson (9.39)	R. Fong (8.89)
R. Fong (10.04)	G. Scott (10.11)
R. Fong (15.6)	S. Green (16.1)
S. Thompson (18.3)	J. Pasfield (18.5)
S. Green	

### 3RD

### INTER-CLUB REPORT 1978-79

*by Peter Phillips*

Unfortunately this season was one of the club's worst as far as Interclub results are concerned. These results are: A Grade (5th), B (7th), C (5th), D (last), E (6th) and G (4th); our club did not enter an F Grade team.

These poor results can be attributed to: (1) transfer of at least 6 "A" Grade athletes in early 1978 for various reasons which actually crippled the good which had been built up previously in athletic depth. (2) the retirement from Interclub of Bill Bird senior and Stan Donnelly who were experienced stalwarts and an inspiration to all athletes. (3) overall lack of athletes, e.g. lower grade relays and field events. (4) disqualification in E and G Grades for the lack of officials. (5) insufficient officials to handle the task of grading, recording and managing resulting in loss of a central control point and match progress which would have given incentive to athletes.

Through Stephen Longden-Gee's initiative and the keen interest of Campbelltown athletes Michael Van der Velde, Brett Smith, David Tarbotton and Paul Curley we were able to have them compete as second claim with Michael eventually joining. Thank you boys for your wonderful attendance and congratulations on a fine effort to Stephen who resides at Campbelltown travelling each week to Interclub.

### "A" Grade

From 14 matches we won 6, finished 5th (26 points) behind premiers Randwick-Botany (42 points). However, the sprinters were brilliant winning 100, 200 and 400m consistently. Captained by Stephen Longden-Gee the team of Michael Van der Velde, John Van Stappen, John Sullivan, Garry Cox, Vin Plant and John Fortescue excelled even when either athlete was absent. Unfortunately Richard Gurr's season was short having one start only then being out injured the rest of the season. The 4 x 100m relay teams were defeated only once but the 4 x 200m relay lacked a complete "A" team most of the time and won only twice.

In middle distance events depth was lacking although those who competed "A" never stopped trying their hearts out. In the 800m there were 2 wins — both by Noel Derry but points were consistently gained by Jeff Tunks (S-J) and John Fisher. It was a similar situation in the 1500m with 2 wins; by Laurie Whitty on 14-10-78



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*NOEL DERRY: Club 800m Champion.*

and John Fisher on 28-10-78. Ray Stephenson scored points in every 1500 match and soon proved himself our best athlete over this distance. Others to score were Jeff Tunks, Noel Derry and John Bowers. Prominent over 5000m were Robert Squirrell, John Bowers supported by Ray Stephenson; Lawrie Whitty started once for a 3rd.

Hurdlers were sadly lacking this season and in the first match there was not one athlete in any hurdle event in any grade from our club. Mark Dorrity was the only starter on 3 occasions recording a win, 2 seconds and Vin Plant raced once for a win (absent from Sydney). In the 400m hurdles Dorrity was a mainstay starting 5 times for 3 wins, 2nd and 3rd. Garry Cox had 3 wins while Stephen Longden-Gee raced once for a 2nd and John Burchett qualified "A" for points on one occasion.

Veteran John Bowers was impressive in the 3000m steeple chase having a win and 3 second while John Burchett had his best season over the steeple starting twice for 2 wins.

In the short athletes represented in only 4 matches; Barry Guest qualifying twice for two 3rds and Damir Biasiol for 1 match. Barry Guest threw the discus in 4 matches for 2 wins and two 2nds and was then out injured. Lloyd Mitchelson qualified once while Damir Biasiol represented once. On no occasion did a Javelin thrower qualify "A" except in the last event of the Interclub competition when Jim Stammers and Andrew Scott (J) both qualified while in "B" grade.

Ian Ison improved this season by being a tremendous strength to the club when he threw the Hammer every match winning 4 matches and being second twice and third once. In the long jump wins were recorded by Mark Dorrity, John Howard, Ian Berry while Robert Bennett, Brett Smith and Bill Bird junior all gained points. Again Mark Dorrity was most consistent when he recorded 2 wins in the triple jump while Glen Johnson and Brett Smith also scored. In only 3 matches



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did athletes qualify in the High Jump: David McGeown (J), Ian Berry (J), Brett Smith (J) and John Howard were those to gain points.

Dragon Arapovic reached the veteran age of 40 years in 1978 and he also indicated that he was unable to train for the Pole Vault. However, this did not stop him from qualifying 3 times for 2 wins and a second while Ian Berry jumped once for a win.

It was not until the 9th match that our club found a very willing walker in new schoolboy junior Glen Breese who at his first 1500m walk won the match and went on to record 2 further wins from as many starts. In the 3000m walk he competed in 2 matches for one win; well done Glen.

### "B" Grade

This grade were premiers last season but slumped to a dismal 7th (16 points) behind the winner Randwick-Botany (40 points). In the 100, 200m sprints Simon Harmey represented consistently with Garry Cox, John Sullivan, Brett Smith, Mark Dorrity and John Fortescue having competed at some stage in this grade. In the 400m Mark Dorrity and John Van Stappen were the only qualifiers with Richard Gurr having only one start. Teams competed in the 4 x 100m relay 3 times for a win and on 4 occasions in the 4 x 200m for one win. In most relays it was necessary to fill "B" with "E" sprinters.

In the 800m Jeff Tunks, Richard Sharp and Peter Cotton were gaining points early in the season but in December Ray Stephenson broke through with great improvement to win in 1:58.9. In the latter matches Paul Curley, Mark Dorrity and John Fortescue each raced once in this grade. The 1500m seen Noel Derry Jeff Tunks (S-J) Mark Jones (J) and Peter Cotton (2 wins) all win. Pat Browne and Paul Curley (J) also started once gaining points. In the 5000m Mark Jones started twice



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for two impressive wins while Ray Stephenson, Ron Gribble, John Burchett, Norm Berger, Pat Mahoney and Kevin Taylor (win) all gained points from representing on one occasion each.

The 110m hurdles were poorly attended but Brett Smith started once for a win and David Tarbotton competed once for a 2nd. In the 400m hurdles David Tarbotton really carried the points with 2 wins and 2 seconds from 4 starts while John Burchett competed once for a win. There were no club representatives in the 3000m steeplechase.

In the shot put Jim Stammers gained points on 3 occasions, Mark Dorrity on one and newcomer Gerard Borg twice for a win and a second. Gerard threw 11.10m ("A" standard) in the last match and I hope he will be with us next season as he has the ability to be a good "A" thrower.

The discus was a good points winner from Lloyd Mitchelson (2 wins), Peter McWilliams (1 win), Jim Stammers (1 win), Andrew Scott (1 win) and Brett Smith a 3rd. Jim Stammers was a solid points winner in the Javelin having competed 5 times for 3 wins and 2 seconds. Lloyd Mitchelson and Brett Smith competed twice. Andrew Scott competed once in the last match and both he (46.48m) and Stammers (46.60m) qualified "A" which is bright news for next season. Andrew Scott and Lloyd Mitchelson were excellent point scorers in the hammer. Andrew gained points in 5 matches (2 wins) while Lloyd had 2 wins and 2 seconds from 4 matches; Jim Stammers competed once.

Long jumpers were few with only Glen Johnson (6.60m), Bill Bird junior (6.53m) and Robert Bennett (6.48m) competing once each for a win. Bill is now at Bathurst Teachers College (Mitchell). In the triple jump Ian Berry competed once (12.89m) for a second while David Tarbotton (11.97m) did some for a third.

The High Jump event also experienced a lack of consistent competitors. David McGeown (J) started well winning first up (1.75m) but unfortunately for us he joined the Army. Mark Dorrity jumped once for a second while Gerard Borg won first up (1.70m) for one start only. John Burchett was the sole Pole Vaulter to gain points competing 3 times (first, second and third) while others to attempt the event on one occasion each were Mark Dorrity, Lloyd Mitchelson, Brett Smith and Damir Biasiol.

There were no "B" walkers from our club in the 1500 and 3000m walks.

### "C" Grade

This grade was 5th (17 points) behind Macquarie and University of N.S.W. combined clubs (42 points) despite some good field performances. Mark Dorrity was the mainstay in the 100 and 200m sprints and many times was our sole "C" representative having 5 starts for 1 win. Brett Smith and Bill Bird competed twice while David Hines and John Fortescue started once each. Mark Dorrity missed a large portion of the season through his absence from Sydney and he has made his decision that next year he will be joining University of N.S.W. I would like to thank him for the many great allround performances which he has given to enable this club to gain points over the years and so win track premierships; all the very best Mark.

In the 400m no athletes represented as our D grade runners were just not strong enough to promote to the higher grade. The 4 x 100m relay resulted in good experience for the sub junior sprinters competing twice for 1 win while the 4 x 200m was unsuccessful.

In the early part of the season Ray Stephenson and John Burchett competed in the 800m on 3 occasions all gaining points. Lawrie Whitty and Ron Gribble each



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*BILL BIRD: Australian Junior 400m Hurdles Champion 1976; 1979.*

competed once while Paul Curley (1st in 1:59.1) twice and Mark Jones once (1st in 1:59.9). Veteran Ron Gribble was strongest in the 1500m competing 5 times for 2 wins while Robert Squirrell and Richard Sharp each competed 3 times and gaining points. Ray Stephenson (win), John Burchett (win), Paul Curley (win), Jeff Tunks, Brian Doolan (J), Eddie Lynch and Phil Minns (S-J) all started once. The 5000m seen John Burchett, Les Farley, Eddie Lynch and Paul Curley (J) all win while Greg Krahe, Tom Gillis, Alan Staples all gained points.

David Tarbotton handled the 110m hurdles twice for a first and third while Bill Bird started once for a win. Bill was only able to compete in 3 matches. Greg Krahe and John Burchett were the "iron men" of the 200m steeplechase each competing twice and both recording wins. Mark Jones also started once for a second placing.

Frank Mirigliani (S-J) started well in the shot put winning first up (9.28m) but needs more training to develop technique and strength. Peter McWilliams is a great stalwart of Interclubs and he gained a win from two matches while Ian Ison and Lloyd Mitchelson competed once each gaining points.

The discus was a Scott and Bennett event with Andrew Scott winning 6 out of 6 matches as well as breaking the club junior record twice on 18-11-78 (44.66m) and 27-1-79 (45.10m) while Robert Bennett improved (36.18m) on last season competing 3 times for 2 seconds and a 3rd. Peter McWilliams backed them up also scoring points. In the Javelin Andrew Scott competed in 5 matches (2 wins), Mark Howden (S-J) two (1 win) with Peter McWilliams also scoring points.

Our only long jumper was Lloyd Mitchelson who competed 3 times for a second and third. In the triple jump Andrew Scott competed three times for a win (11.69m) while David Tarbotton started twice for a win (11.85m) and Lloyd Mitchelson gained a second (11.59m) from one match start.



Brett Smith was our only winner from one match start in the High Jump while others to gain placings and points were Mark Dorrity, Jim Stammers and Mark Howden.

Glen Breese (J) started twice in the 1500m walk for a win and second while in the 3000m walk Tom Richards (veteran) also competed twice to achieve a second and third placing.

#### "D" Grade

Although finishing last this grade's team was not disgraced gaining 17 points behind premiers Western Suburbs/Bankstown Sports (40 points). From the commencement of the season it was very difficult to field an athlete as the lower grade sprinters were sub-juniors (15 and 16 yrs old) who could not match this grade's standard of competition. Eventually in the 100 and 200m Aaron Meier was promoted with Mark Howden both competing on four occasions. Glen Johnson started once for a 2nd as did Bill Bird for a win. In the 400m success came to Ray Stephenson (win) and Mark Jones (win) while Brian Doolan (J) and Brett Smith (J) gained points on two occasions. John Fisher and Paul Curley each competed once. A 4 x 100m relay team was fielded twice succeeding in a win. A shortage of "B", "C" and "D" grade sprinters was very noticeable.

The 800m races seen Mark Dorrity, Brian Doolan, Mark Jones and Peter Phillips all record a win each. Peter Phillips competed in 4 matches and Phil Minns in 3; Stephen Bible, Brian Doolan, Mark Dorrity, Ron Gribble and Laurie Whitty all competed twice while Mark Jones, Andrew Wood, Robert Sweet, Mark Howden and Damien McGuckin started in this grade once only. In all matches points were scored.

Again, in the 1500m we were well represented and Warren McCourt, John Burchett, Brian Doolan, Mark Jones and Robert Squirrell all had a win each. Burchett competed in 3 matches, McCourt and Peter Phillips in 2 while Mark Dorrity, Phil Minns, Doolan, Lloyd Mitchelson, Jones, Squirrell and Andrew Wood started once.

Although not strong in depth for the 3000m in this grade good performances were achieved — Peter Cotton started once for a win (9:09) then was injured; John Fisher once for a win (9:15.7) while Colin Richardson started twice improving tremendously winning one match and also recording a 9:15.8. John Lee and Ron Gribble competed twice but our main stay was the courageous and determined sub-junior Warren McCourt who competed in 5 matches gaining valuable points each time.

Only John Burchett and Stephen Molino competed on one occasion each in the 110m hurdles being 3rd and 4th respectively. Richard Morgan and Andrew Wood both won the 2000m steeplechase on the one occasion which each competed while others to start once were Rick Barrett and Neville Markham.

Andrew Scott (J) dominated the shot put competing in 6 matches winning 5 and being placed 2nd in the other — a splendid effort; Brett Smith twice for 2 seconds. However, in the discus the situation was the opposite to say the least with only Brett Smith competing once for a win while Frank Mirigliani, Mark Dorrity and David Nakaleru all failed to qualify on the one occasion which each competed. Mark Howden (S-J) was very prominent in the Javelin competing in 4 matches winning two. Peter McWilliams won at his only start while Glen Breese, Paul Curley and Gerard Borg all competed once.

David Tarbotton was our sole competitor in the long jump starting twice for a win. The situation was again similar in the triple jump with only Lloyd Mitchelson, Stephen Molino and Geoff Derricott competing once. In the High Jump Mark

Howden competed in 4 matches to gain 2 wins while Andrew Scott jumped once for a third.

Veteran Tom Richards was a solid performer in the 1500m walk in the early part of the season having 3 wins and a 2nd from 4 starts while Donald Latham started twice for 2 wins. Tony Michelsen competed once for a third. In the 3000m walk Richards and Latham both started once each winning on each occasion.

#### "E" Grade

In this grade we finished 6th (19 points) behind winners Macquarie and University of N.S.W. combined clubs (42 points). Except for a few athletes the sub-juniors made up the 100 and 200m sprints and as "D" athletes were needed I was forced to promote some "E" boys to the higher grade by the Executive member for Interclub and Outer Ground and they responded splendidly. In "E" wins came to Aaron Meier, Glen Johnson and Mark Howden while consistent competitors Howden (S-J), Meier (S-J), David Tarbotton (S-J), Craig Sams (S-J), Gordon Schofield and Warren Phillips (S-J) while Glen Johnson, Stephen Molino, Stephen Mohr and Peter McWilliams all had a start in these sprints.

Damien McGuckin, Peter Cotton and Stephen Bible were the 400m stayers with McGuckin winning one match in 55.5 seconds. Brian Doolan (J) and Robert Sweet each raced once for a win each while John Burchett started once.

There was a tremendously large number of starters in middle distance events but again many athletes failed to compete in the latter half of Interclub or the



RON LUNT: Former Club Shot-Put Champion.



season. In the 800m races Leo Carpenter (2 starts) and Brian Doolan (1 start) had wins while Andrew Wood competed in 4 matches to greatly improve his performances to eventually win in 2:09. Stephen Bible was consistent racing in 4 matches as was Des Allen in three. Others who competed were Lloyd Mitchelson, Peter Phillips, Richard Morgan, Damien McGuckin, Mark Howden and Glen Breese. Des Allen, Stephen Bible, Andrew Wood and Peter Phillips were the most consistent competitors in the 1500m. Des having some good runs and winning twice. Others to win were John Lee and John Pierce while Brian Doolan, Mark Dorrity, Brian McCourt, Max Owen, Robert MacDonald, Robert Cook, Leo Carpenter, Kevin Taylor, Warren McCourt and Lloyd Mitchelson all started at least once.

Consistency paid off for Gordon Gilshenen after racing in every 3000m event (7 matches) improving some 18 seconds to win in the final match in 10:00 minutes. Congratulations Gordon. Stephen Bible and Bill Seary each competed in 5 matches with Stephen eventually breaking through for a win. Greg Krahe started 3 times for 2 wins while John Pierce competed once for a win. Others to race on at least one occasion were Brian Doolan, Des Allen, Jeff Tunks, John Burchett, Andrew Wood, Brian McCourt, Stephen Mohr, Alan Argall, Peter Phillips, Richard Morgan, Glen Breese and Michael Whitaker.

Mark Howden (S-J) was prominent in the 110m hurdles starting 4 times for a win while Glen Breese and Stephen Molino also competed.

A poor number of field event athletes didn't help and this was evident in the shot put where Peter McWilliams was our only winner gaining a first from 2 matches. Mark Howden competed 4 times to gain points in the discus as did David Tarbotton who did his best while Glen Breese, Andrew Calvin and Paul Curley attempted the event on one occasion.

Winners in the long jump were David Tarbotton (1 start before being promoted to "D" grade) and Mark Howden. Those who attempted this event were Aaron Meier, Tony Lamb, Craig Sams, Peter McWilliams and Glen Breese. Mark Howden was the backbone in our Triple jump effort gaining points from competing in 5 matches and winning once. Others to compete were Stephen Molino, Peter McWilliams and Lloyd Mitchelson. In the High jump Stephen Molino and David Tarbotton both competed twice and John Burchett once. All gained points.

#### "G" Grade

Although not as high scoring as "A" Grade our team finished 4th (19 points) well behind Western Suburbs and Bankstown Sports (No 1 Team) club (42 points). Most consistent competitors in the 100 and 200m sprints were David Snowden (S-J), Tony Michelsen and Glen Breese (J) backed up by Warren Phillips (win), Stephen Molino (3 wins from 3 starts), Mark Howden (win), Paul Curley (win from 1 start), David Tarbotton (win from 2 starts) and Craig Sams and Stephen Mohr. Others to compete on one occasion in this grade were Andrew Calvin, Robert Bennett, John Burchett, Des Lyons, Jim Stammers and Bill Seary.

Strength in the 400m came from Brian McCourt (2 wins from 4 matches), David Tarbotton (win from 3 races), Warren Phillips, David Snowden, Peter Phillips, Peter McWilliams, Glen Breese. Others to compete were Des Allen, Stephen Mohr, Bill Seary and Anthony Hobbs.

The 800m attracted big fields for the first half of Interclub but most consistent were Brian McCourt (win), Greg Krahe (win), Lloyd Mitchelson (win), Stephen Mohr and Terry Fisher. Richard Gurr (win), Warren Phillips, Robert Cook, Anthony Cole, Bill Seary, David McGeown, Rick Barrett, David Snowden, Alan

Argall, Stephen Molino, Bruce Tunks, Peter McWilliams, Gordon Gilshenen, Simon Harmey and Glen Breese all competed at least once.

In the 1500m we seen some great tussles and good fields. Greg Krahe was most outstanding winning 3 races from as many starts while Brian McCourt won 2 races from 5 matches he competed in. Rick Morgan won the first match in this event but unfortunately didn't race in this event again. Bill Seary and Gordon Gilshenen were the most consistent competitors followed by Glen Breese, Alan Argall and Stephen Mohr (S-J). Those to compete at least once were Lloyd Mitchelson, Dave Edwards, Terry Fisher, Neville Markham, Rick Barrett, Robert Cook, Tom Gillis, Damien McGuckin, Andrew Cole, Peter Derig and Des Lyons.

In the shot put only twice were points gained when Robert Bennett competed once to win (9.99m) and David Tarbotton likewise. Others who tried but could not qualify were Mark Howden, David Snowden and Glen Breese.

Wins in the long jump went to Craig Sams, Gordon Schofield, Stephen Molino and Jim Stammers. Others to compete were Andrew Calvin, Warren Phillips and Peter McWilliams. Triple jumpers to win were Warren Phillips and Craig Sams (11.48m). However, all competitors only started once except Warren Phillips (twice). Others were Andrew Calvin, David McGeown and Mark Howden. Again, we fell short of consistency and depth, this time in the High jump the only winner being Peter McWilliams (win from 2 starts) while others to participate were Anthony Hobbs (once), Andrew Wood (once) and David Snowden (4 times).

#### SENIOR INTER-CLUB POINT SCORE

A Grade		B Grade	
1: S. Longden-Gee	121	1: J. Stammers	60
2: M. Dorrity	77	2: L. Mitchelson	50
3: M. Van der Velde	60	3: A. Scott	31
C Grade		D Grade	
1: A. Scott	74	1: M. Howden	65
2: J. Burchett	40	2: A. Scott	48
3: R. Gribble	31	3: T. Richards	37
E Grade		G Grade	
1: M. Howden	88	1: B. McCourt	74
2: S. Bible	43	2: S. Molino	37
3: D. Allen	37	3: D. Tarbotton	37
All Grades			
1: M. Howden	181		
2: A. Scott	159		
3: M. Dorrity	151		



### AGE GRADES SOUTHERN-ZONE INTERCLUB

This year there was Athletic competition at both Kogarah Oval and Sylvania Waters Athletic Field.

**U12:** In the UNDER 12 division St George had seven athletes who completed during the season. Heather Jenkins competed regularly each weekend in her best events, 800m, 1500m and 3000m, and gained many points.

Mathew Errington set a new club record in the sub-juvenile 1500m walk (8 min 10 sec) Greg Scott went in many events and finished third in the pointscore. Stephen Wright (10 years old) improved during the season 1500m (5 min 22 sec), 3000m (11 min 37 sec). Lyn Wright, Martin Lubrano and Scott Thompson competed on a few occasions.

#### POINT SCORE RESULTS

1st: H. Jenkins	217pts
2nd: M. Errington	177pts
3rd: G. Scott	137pts
4th: S. Wright	58pts
5th: L. Wright	28pts

**U13:** This was our strongest Age group with thirteen boys competing regularly. Tim Sparkes was unbeaten in the 100m and 200m events throughout the season.

Robert Fong performed well in the throwing events each weekend. Steven Green was unbeaten in the high jump events and set a new club subjuvenile record with 1.55m. Steven has jumped 1.63m at the N.S.W. Schools Track and Field Championships.

Luke Bray was club champion in the 400m (66.4 sec) and he also performed well in the Long jump and Triple jump events. Luke broke the subjuvenile long jump record early in the season with 4.89m, but this was broken by Tim Sparkes with 5.17m. Stewart Dunne also performed well in the sprints and jumps. Stewart finished 5th in the Long jump at the Australian Primary Schools Championships in Canberra.

Our distance runners were Mark Irwin, Ian Argall, Stephen Sherwin, Stephen Sogue. James Pasfield was a regular competitor before christmas and finished fourth in the pointscore. Scott Thompson, Jeff Hardy and Michael Henderson backed up the other members, scoring points in sprinting and field events.

#### POINTSCORE RESULTS

1st: Robert Fong	391pts
2nd: Luke Bray	242pts
3rd: Tim Sparkes	204pts

Others: J. Pasfield 201pts; S. Logue 162pts; M. Irwin 155pts; S. Sherwin 117pts; S. Thompson 78pts; M. Henderson 97pts; S. Green 85pts; J. Hardy 68pts; I. Argall 63pts; S. Dunne 61pts.

**UNDER 14:** Six athletes represented the club in this age group. Paul Jones was first in the pointscore. Pauls' best events were the 100m and 200m Hurdles (31.9 sec); and high jump (1.55m). Thomas Leben competed in the throws, jumps and earned valuable points. Julie Page performed well in the 800m and 1500m.

George Liogas excelled in the Triple Jump. Wayne Atton, Steven Caldwell were a versatile competitors, competing in the walks, throws and jumps.

### POINTSCORE RESULTS

1st: Paul Jones	344pts
2nd: T. Leben	191pts
3rd: J. Page	146pts

Others: G. Liogas 76pts; S. Caldwell 95pts; W. Otten 85pts.

**UNDER 15:** In this age group the club has some very promising and talented athletes. Robert Henderson improved during the season and regularly won his sprint and hurdles races. Roberts best times were 100m (11.9 sec); 200m (24.1 sec); 90m hds (13.4 sec), 200m hds (28.8 sec).

Dean Kimpton did extremely well in the Triple jump, long jump and the throwing events. Darren Scott was the club champion in the Javelin and Discus events. The competition in the throws between Dean and Darren was always close. Michael Leben went in the throws, jumps and sprints but his best event was the 1500m walk (8 m 07 sec). Zoran Taseki joined the club in January. He ran excellent times in the sprints 100m (12.4 sec); 200m (26.0) and performed well in the throws especially the Shot Put.

#### POINTSCORE RESULT

1st: R. Henderson	383pts
2nd: M. Leben	306pts
3rd: D. Kimpton	224pts

Others: D. Scott 170pts; Z. Taseski 78 pts.

### SOUTHERN ZONE PREMIERSHIP MATCH

*St. George versus Sutherland Nov 18th and 25th at Sylvania.*

**UNDER 13 Yrs:** Congratulation to the St. George Under 13 team who won with 283 points to Sutherland 228 pts. Tim Sparkes won the 100m (12.6 sec); 200m (26.6 sec); 100m Hurdles (17.7 sec) and the Shot Put (9.39 m). Matthew Errington (1500m walk in 8 min 17.4 sec) and Steven Green (High Jump in 1.50m) won their events and set new Club Sub-Juvenile records. Mark Irwin 3rd in 1500m (5 min 24.6 sec), and 2nd in the 3000m 11 min 39 sec; Stephen Wright (only 9 years old) came 3rd in the 3000m in the good time of 12 min 14 secs. Our other distance runners were Stephen Logue (3rd 800m, 2 min 37.5 sec); Ian Argall; Stephen Sherwin and Jeff Hardy. Robert Fong was first in the Discuss (21.44m) and the Triple Jump (10.35m). James Pasfield, Scott Thompson, Luke Bray Stewart Dunne, Michael Henderson and Greg Scott gained points with good placings.

**UNDER 14 YRS:** In this Age group Sutherland were too good winning with 383 points to St. George's 148 pts George Liogas won the Triple Jump with 10.95m while Paul Jones won the Hurdles double 100m (16.7 sec) and 200m (33.1 sec). Thomas Leben, Wayne Otten gained valuable points with good placings in the field and jumping events.

**UNDER 15 YEARS:** Sutherland won this Age Group with 270 points to St. Georges 228 pts. This was a fine effort by the St. George team which had only three members. Robert Henderson won all sprints and hurdles events as well as the long jump. (100m 11.9 sec; 200m 24.1 secs, 400m 60.8 secs; 100m hds 16.0 secs; 200m hds 30.2 secs; Long Jump 4.88m). Darren Scott won all the throwing events Javelin 35.19m; Hammer 22.56m; Shot Put 10.35m; Discuss 35.26m. Michael Leben's best performance was 2nd in the 1500m walk 8 min 26 sec and was placed in most of the field events.



**INTER-ZONE MATCH FOR ANGUS & COOTE SHIELD**  
held at Orana Oval, Campbelltown, 3rd February and 10th February

Two St. George Female Athletes, Heather Jenkins and Julie Page were in the winning Womens Southern-Zone Team which won the Angus and Coote Shield. In the **Under 15 Years Boys**, Robert Henderson, Dean Kimpton, Darren Scott, Zoran Taseski and Michael Leben. **Under 14 Years** Paul Jones. **Under 13 Years** Tim Sparkes, Luke Bray, Robert Fong, Stephen Sherwin, Mark Irwin, Michael Henderson and Steven Green represented Southern Zone. The **Under 13 Years** Southern Zone Team scored the most points in their age group, however as Southern Zone didn't contest the Under 16 Years and Open Events (one competitor) the overall winner was Northern Zone.

**RESULTS**

**200 METRES**

OPEN:	A. PEEK	29.5 sec	3rd	
U/15:	R. HENDERSON	25.7 sec	2nd	Heat 1
	Z. TASESKI	26.8 sec	2nd	Heat 3
U/13:	T. SPARKES	26.9 sec	1st	Heat 1
	L. BRAY	29.8 sec	2nd	Heat 3
	M. HENDERSON	33.9 sec		

**100 METRES**

OPEN:	A. PEEK	14.0 sec	3rd	
U/15:	R. HENDERSON	12.9 sec	3rd	Heat 1
	Z. TASESKI	13.3 sec	3rd	Heat 2
	D. KIMPTON	13.5 sec	3rd	Heat 3
U/13:	T. SPARKES	13.2 sec	2nd	Heat 1
	L. BRAY	14.6 sec	2nd	Heat 3
	M. HENDERSON	15.6 sec		
	R. FONG	14.2 sec		

**400 METRES**

U/15:	R. HENDERSON	57.8 sec	2nd	
U/13:	L. BRAY	66.4 sec	2nd	Heat 3

**1500 METRES**

OPEN:	A. PEEK	5 min 31.6 sec		
U/13:	M. IRWIN	5 min 34.7 sec		
	S. SHERWIN	5 min 42.5 sec		
U/13				
WOMEN:	H. JENKINS	7 min 10.5 sec	4th	

**HURDLES**

OPEN 110m	A. PEEK	20.5 sec	3rd	Heat 1
U/15 90m	R. HENDERSON	14.7 sec	1st	Heat 2
U/14 80m	P. JONES	14.9 sec	1st	Heat 1
U/13 80m	R. FONG	15.6 sec	1st	Heat 2
	T. SPARKES	16.4 sec	2nd	Heat 3

**3000 METRES**

U/13:	M. IRWIN	10 min 50 sec	1st	
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**200 METRE HURDLES**

U/15:	R. HENDERSON	29.7	1st	Heat 1
U/14:	P. JONES	33.7	3rd	Heat 1

**HIGH JUMP**

U/14:	P. JONES	1.55 m	2nd	
U/13:	S. GREEN	1.50 m	2nd	
	R. FONG	1.35 m	5th	
	L. BRAY	1.25 m		

**LONG JUMP**

OPEN:	A. PEEK	4.25 m		
U/15:	Z. TASESKI	5.24 m		
	D. KIMPTON	5.22 m		
	R. HENDERSON	4.64 m		
U/13:	L. BRAY	4.48 m	1st	
	T. SPARKES	4.32 m		
	S. GREEN	3.60 m		
U/14				
WOMEN:	J. PAGE	3.59 m		

**DISCUS THROW**

U/15:	D. SCOTT	41.90 m		
	D. KIMPTON	38.54 m		
U/13:	R. FONG	27.76 m		
	T. SPARKES	25.64 m		
	L. BRAY	18.52 m		
	S. GREEN	16.32 m		

**SHOT PUT**

U/15:	Z. TASESKI	12.50 m		
	D. KIMPTON	12.22 m		
	D. SCOTT 10.96 m			
U/13:	R. FONG	10.60 m		

**TRIPLE JUMP**

U/15:	D. KIMPTON	11.57 min	1st	
	Z. TASESKI	10.51 min		
U/13:	L. BRAY	9.73 min	1st	

**HAMMER THROW**

U/15:	D. SCOTT	24.18 m		
	D. KIMPTON	22.82 m		

**JAVELIN THROW**

OPEN:	A. PEEK	21.36 m		
U/15:	D. KIMPTON	38.51 m	1st	
	D. SCOTT	36.15 m	2nd	
	Z. TASESKI	23.85 m		
U/13:	M. HENDERSON	12.00 m		



## TRACK & FIELD REPORT 1978/79

by Peter Phillips (Track Manager)

The Club extends congratulations to Hurdlers Vincent Plant (110 m) and Garry Cox (400 m) who both successfully retained their respective State Titles. Juveniles Darrin Scott and Dean Kimpton also had wonderful performances which gained them each a State Title. Although our Club did not finish the Season with the record tally of last year, Athletes still gained the following Championships: 2 NSW Senior and Juvenile Titles and one Senior Relay Championship; 3 State Age and 3 Metropolitan Novice Titles. Congratulations to these Champions.

### STATE SUB-JUNIOR AND JUVENILE TRIALS Hensley Athletic Field — 16th and 17th December 1978

NOTE : \* Denotes Club Record

#### SUB JUNIOR

100 metre	A. MEIER (12.5)	6th	Heat 3
200 metre	A. MEIER (23.9)	3rd	Heat 3
1500 metre	W. McCOURT (4:26.0)	9th	

#### JUVENILE

100 metre	T. SPARKES (12.8)	4th	Heat 5
	R. HENDERSON (S-J) (12.1)	2nd	Heat 4
200 metre	R. HENDERSON (S-J) (24.6)	4th	Heat 1
400 metre	R. HENDERSON (S-J) (59.1)	2nd	Heat 1
90 m Hurdles	R. HENDERSON (S-J) (13.8)	4th	Heat 2
	P. JONES (15.2)	3rd	Heat 3
200 m Hurdles	R. HENDERSON (S-J) (29.9)	2nd	Heat 1
	P. JONES (31.9)	2nd	Heat 2
1500 m Walk	M. LEBEN (8:07.0)	9th	
	M. ERRINGTON (8:10.0)	10th	
Long Jump	D. KIMPTON (5.86 m)	4th	
	R. HENDERSON (S-J) (4.92 m)	14th	
Triple	D. KIMPTON (12.66 m)	2nd	
Discus	D. SCOTT (36.82 m)	4th	
Javelin	* D. SCOTT (42.30 m)	1st	
	D. KIMPTON (38.44 m)	3rd	
Shot	D. KIMPTON (12.93 m)	3rd	
	D. SCOTT (11.51 m)	6th	

Congratulations to Darren Scott on achieving the Javelin Club Record which again bettered in the State Championships on 18.2.79.

### SENIOR ONE MILE STATE CHAMPIONSHIP 16th December 1978

R. STEPHENSON (4:15.3)	6th
P. COTTON (4:27.0)	9th
C. WHITEMAN (4:30.0)	10th

## N.S.W. METROPOLITAN NOVICE CHAMPIONSHIPS Hensley Athletic Field — 5th and 12th January 1979

Our Club was well represented and Athletes gained 3 Gold, 1 Silver and 3 Bronze with the most improved performances being that of Raymond Stephenson in the 500 m and Glen Breese (Walk). The most impressive win was that of Veteran, John Bowers (40 years old) in the Steeplechase, however Stephen Longden-Gee was the most outstanding winning the 100 m in 10.51 seconds.

100 metre	S. LONGDEN-GEE (10.51)	1st
1500 metre	R. STEPHENSON (4:00.45)	5th
5000 metre	R. STEPHENSON (14:57.8)	3rd
	P. BROWNE (16:21.0)	14th
	D. ALLEN (17:21.0)	20th
300 metre (Steeple)	J. BOWERS (9:45.6)	1st
	J. BURCHETT (9:54.2)	2nd
3000 metre (Walk)	G. BREESE (15:01.9)	3rd
Discus	J. STAMMERS (32.22 m)	5th
	P. McWILLIAMS (29.66 m)	8th
Hammer	I. ISON (42.94 m)	1st
Javelin	J. STAMMERS (43.10 m)	4th
	L. ALLISON (41.18 m)	5th
Shot	J. STAMMERS (11.41 m)	3rd
	P. McWILLIAMS (9.25 m)	8th

### N.S.W. Vs. QLD UNDER 15 YEARS MATCH Hensley Athletic Field — 20th and 21st January 1979

Both Dean Kimpton and Darrin Scott were selected to represent N.S.W. in this match with Dean gaining a 1st in the Triple Jump (12.62 m) as well as 5th in the Shot Put (12.84 m) while Darrin received a Bronze Medal for 3rd in the Discus Throw (39.18 m).

### N.S.W. Vs. QLD OPEN MATCH Brisbane — January 1979

Our Senior Representatives in this match were Stephen Longden-Gee and Vincent Plant who acquitted themselves very well, both having a win each.

100 metre	V. PLANT (11.1)	6th
200 metre	S. LONGDEN-GEE (21.7)	3rd
400 metre	S. LONGDEN-GEE (47.3)	2nd
110 metre Hurdles	V. PLANT (14.5)	1st
400 metre Hurdles	S. LONGDEN-GEE (54.5)	2nd
4x100 metre Relay	V. PLANT (41.8)	2nd
4x400m Relay	S. LONGDEN-GEE (3:11.6)	1st

### N.S.W. Vs. VICTORIA CHALLENGE MATCH Olympic Park, Melbourne — 6th February 1979

Here, Hurdlers Garry Cox and Vincent Plant represented with Garry winning the 400m Hurdles while Vin won the 110 m Hurdles and was 6th in the 100 m.



# **N.S.W. STATE CHAMPIONSHIPS**

Hensley Athletic Field — 17th, 18th, 24th and 25th February, 1979

Our Club was again well represented this year and there were some fine performances. Juvenile, Darrin Scott created a new Club Javelin Record (42.94 m) when he won the State Title. Zoran Taseski broke the Juvenile Club Shot Put Record, throwing 13.49 m and being placed 3rd while Junior Athlete Mark Jones created a Club 2000 m Steeplechase Record (6:07.6) when he finished 3rd. Stephen Longden-Gee equalled his own 200 m Club Record (20.9) when he was 3rd in this Title. Best Improvement came from Jim Stammers (Javelin) 48.10 m throwing some 2 metres further than his best and Ray Stephenson (5000 m in 14:59.3; 1500 m in 3:55.4) slicing 1 min 20 seconds off the 5000 m and some 6 seconds of the 1500 m. Noel Derry also ran well in the 800 m heat (1:54.2) and semi-final (1:54.1) to reach the final while John Bowers Steeplechase was World Class for his age (40 years old).

## **SENIOR** \* Denotes Club Record; † Equals Club Record

200 metre	S. LONGDEN-GEE † (20.9)	3rd
400 metre	S. LONGDEN-GEE (47.6)	3rd
110 metre Hurdles	V. PLANT (14.7)	1st
400 metre Hurdles	G. COX (52.6)	1st
	M. DORRITY (55.2)	4th
800 metre	N. DERRY (2:03.0)	7th
1500 metre	R. STEPHENSON (3:55.4)	10th
5000 metre	R. STEPHENSON (14:59.3)	7th
10,000 metre	L. WHITTY (32:18.5)	9th
3000 metre (Steeple)	J. BOWERS (9:33.6)	5th
	J. BURCHETT (10:06.0)	13th
3000 metre Walk	G. BREESE (Jnr.) (16:05.0)	14th
Discus	J. STAMMERS (30.40 m)	11th
Hammer	I. ISON (42.94 m)	7th
Javelin	J. STAMMERS (48.10 m)	10th
Shot	J. STAMMERS (11.40 m)	9th

## **JUNIOR**

400 metre Hurdles	M. DORRITY (56.0)	3rd
1500 metre	M. JONES (4:05.7)	5th
5000 metre	M. JONES (15:36.8)	5th
2000 metre Steeple	* (6:07.6)	3rd
3000 metre Walk	G. BREESE (15:49.0)	9th
Discus	A. SCOTT (45.54 m)	3rd
Hammer	A. SCOTT (36.98 m)	3rd
Javelin	A. SCOTT (49.56)	7th
Shot	A. SCOTT (12.13)	10th

## **SUB-JUNIOR**

High Jump	M. HOWDEN (1.60 m)	10th
Javelin	M. HOWDEN (42.40 m)	7th

## **JUVENILE**

Long Jump	D. KIMPTON (5.97 m)	3rd
	Z. TASESKI (5.67 m)	7th
	P. JONES (4.39 m)	12th

Triple	D. KIMPTON (12.22 m)	1st
	Z. TASESKI (10.98 m)	7th
	P. JONES (9.58 m)	14th
	R. FONG (Sub.Juv.) (9.37 m)	15th
Discus	D. SCOTT (39.74 m)	3rd
	D. KIMPTON (36.28 m)	5th
	R. FONG (Sub.Juv.) (25.04 m)	14th
Javelin	* D. SCOTT (42.94 m)	1st
	D. KIMPTON (42.54 m)	2nd
	Z. TASESKI (32.82 m)	9th
Shot	* Z. TASESKI (13.49 m)	3rd
	D. KIMPTON (12.75 m)	5th
	D. SCOTT (10.95 m)	9th

# **N.S.W. AGE CHAMPIONSHIPS**

Hensley Athletic Field — 3rd and 18th March 1979

This year, Club Age Representatives performed very well with Timothy Sparkes and Robert Fong paving the way with good wins and Club Records. Timothy set a new 100 m (12.4) Club Record in his Semi-Final and still ran the Final in 12.5 seconds. He also broke the 200 m Record with a 25.3 seconds win. This gave him the Sprint Double. Congratulations Tim. Robert Fong also established a 3 kg Shot Put Club Record of 10.07 m and won the Discus with 30.16 m. Congratulations to you too, Robert.

## **UNDER 16** \* Denotes Club Record

90 metre Hurdles	R. HENDERSON (14.8)	3rd
200 metre Hurdles	R. HENDERSON (29.0)	3rd
Discus	D. KIMPTON (29.04 m)	7th
Hammer	D. SCOTT (23.81 m)	3rd
Long Jump	D. KIMPTON (5.91 m)	3rd

## **UNDER 15**

Long Jump	Z. TASESKI (5.04 m)	7th
Discus	D. SCOTT (35.86 m)	5th
Javelin	D. SCOTT (38.86 m)	4th

## **UNDER 14**

200 metre Hurdles	R. FONG (33.8)	3rd
	S. GREEN (34.1)	4th
Long Jump	L. BRAY (4.13 m)	9th

## **UNDER 13**

100 metre	T. SPARKES (12.5) (Semi * 12.4)	1st
200 metre	* T. SPARKES (25.3)	1st
80 metre Hurdles	R. FONG (14.5)	4th
1500 metre	I. ARGALL (5:03.0)	7th
	M. IRWIN (5:06.0)	8th
	S. SHIRWIN (N/T)	13th
High Jump	R. FONG (1.30 m)	2nd
Long Jump	R. FONG (4.74 m)	3rd



Discus	R. FONG (30.16 m)	1st
Shot	* R. FONG (10. 07 m)	2nd

<b>UNDER 12</b>		
1500 metre	S. WRIGHT (5:22.5)	5th

**N.S.W. RELAY CHAMPIONSHIPS**  
Hensley Athletic Field — 10th and 11th March 1979

Even though this was not a good year for us in these Championships, our 4x100 m Team won and the 4x400 m Team was second, breaking the Senior 4x400 m Club Record of last year by 3.5 seconds. However, this time was landed by 0.1 of a second by a previous Team competing in the Tasmanian T & F 1979 Championships held earlier in March.

<b>SENIOR</b>		
4x100 metre	G. COX (41.9)	1st
	J. VAN STAPPEN	
	M. VAN DER VELDE	
4x200 metre	J. VAN STAPPEN (1:32.7)	4th
	M. VAN DER VELDE	
	J. SULLIVAN	
	MARK HOWDEN	
4x400 metre	S. LONGDEN-GEE (3:15.6)	2nd
	G. COX	
	M. VAN DER VELDE	
	J. FORTESCUE	
4x800 metre	N. DERRY (7:56.5)	4th
	J. FORTESCUE	
	R. STEPHENSON	
	R. SHARP	
4x1500 metre	R. STEPHENSON (16:28.6)	4th
	MARK JONES (J)	
	N. DERRY	
	J. BOWERS	

<b>JUNIOR</b>		
4x800 metre	(8:25.0)	6th
4x1500 metre	(18:25.8)	7th

<b>SUB-JUNIOR</b>		
<b>(Boys)</b>		
4x100 metre	(48.5)	6th
<b>(Girls)</b>		
4x800 metre	L. WRIGHT (11:57.0)	
	N. DAWES	
	H. JENKINS	
	J. PAGE	

<b>JUVENILE</b>		
4x800 metre	(10:42.2)	8th

**AUSTRALIAN CHAMPIONSHIPS**  
Perth Western Australia — 22nd, 23rd, 24th and 25th March 1979

This year only 3 Athletes from our Club actually represented and competed, but Stephen Longden-Gee was selected and broke down with an injury before the start of his race — an unfortunate ending to such a good season for Stephen having suffered this injury prior to the State Relay Titles. Athletes to compete were Hurdlers Vincent Plant and Garry Cox and Junior Andrew Scott.

<b>SENIOR</b>		
110 metre Hurdles	V. PLANT (14.21)	2nd
400 metre Hurdles	G. COX (52.46)	4th
NSW 4x100m Relay	(V. PLANT) (41.22)	4th
NSW 4x400m Relay	(G. COX) (3:11.58)	4th

<b>JUNIOR</b>		
Discus	A. SCOTT (43.64 m)	8th

**AUSTRALIA Vs. NEW ZEALAND TEST**  
Olympic Park, Melbourne, Victoria — 31st March 1979

Here Vin Plant was the Club's sole Australian Representative and he avenged his 2nd placing defeat in the National Title earlier in the week to "turn the tables" on Australian Champion, Max Binnington and so win the 110 m Hurdles in 14.09 seconds.

Congratulations to both Vin Plant and Garry Cox on their selection into the A.A.U. Training Squad for the 1980 Moscow Olympic Games.



**TASMANIAN TRACK & FIELD CHAMPIONSHIPS**  
**MARCH 3rd, 4th & 5th, 1979**  
**DOMAIN ATHLETIC FIELD — HOBART**

*by Arthur Peek (Track Manager)*

Twenty-four Athletes and three Club Officials made a strong St. George Team to compete at the Tasmanian Championships this year. Over three days of strenuous competition, all Athletes performed admirably and were a credit to the Club.

St. George Athletes won nine Gold, six Silver and four Bronze Medals during the Competition. Team Captain, Stephen Longden-Gee, undisputed sprint king of Tasmania, was the outstanding Athlete over the three days. In a magnificent performance, Steve won four Gold Medals in Sprint Events. He had excellent support from the other Sprinters in the Squad. Michael Van Der Velde won three Gold Medals and John Van Stappen won 2 Gold, 1 Silver and 1 Bronze Medals. In the Field Events, Andrew Scott won two Gold Medals, 1 Silver and Ian Ison, one Gold Medal.

Team Members were S. Longden-Gee, J. Van Stappen, J. Sullivan, I. Ison, A. Peek, A. Fortescue, L. Mitchelson, W. Seary, J. Burchett, P. Cotton, D. Lyons, A. Scott, M. Van Der Velde, D. Tarbotton, P. Curley, M. Howden, R. Jones, P. Minns, A. Wood, S. Mohr, L. Daley, F. Mirigliani, P. Jones and R. Corben. Club Officials being Messrs. A. Gainsford, R. Jones and J. Coppock. Team Members appreciated Club assistance which helped them to make the trip to Tasmania. A special thanks to Mr. A. Gainsford who did a tremendous job in organising the trip and making it such a success.

**ST. GEORGE DISTRICT A.A. CLUB**  
Tasmanian Touring Team, March 2-17, 1947



**Back Row: (Left to Right): E. Watson, C. Hubble, F. Kitto, J. Crealy, R. Hough, E. Stockdale**  
**Front Row: R. Bennett, R. Kelleher, W. Ahearn (Manager), S. Sheringham, G. Cross**



**ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB**  
**(Founded 1921)**

Winners: N.S.W. 5-mile Novice C. 1925-26-27-28; N.S.W. Senior C.C.C., 1927-28; N.S.W. 10-mile C.C.C., 1928, and 15-mile C.C.C., 1928; Chas. Winn Cup, S.M. McAlister Cup, and Proud Cup, 1925-28.

**GOLD MEDALS**

**Track**

100 metre Senior	S. GEE	10.7 sec
200 metre Senior	S. GEE	21.4 sec
400 metre Junior	M. VANDERVELDE	49.1 sec
110 metre Hurdles Jnr.	D. TARBOTTON	15.8 sec
4x100 metre Relay Snr.	S. LONGDEN-GEE	42.1 sec
	J. VAN STAPPEN	
	M. VANDERVELDE	
	J. SULLIVAN	
4x400 metre Relay Snr.	S. LONGDEN-GEE	3 min 15.5 sec
	J. VAN STAPPEN	
	M. VANDERVELDE	
	A. FORTESCUE	

**Field**

Hammer Junior	A. SCOTT	39.92 m
Discus Junior	A. SCOTT	44.86 m
Hammer Senior	I. ISON	44.10 m

In the 4x100 metre Relay: ST. GEORGE 1 42.1; SANDY BAY 2 42.3; EAST SUBURBS 3 42.6; All bettered the existing Tasmanian Residential Record. It was a thrilling race right to the line.



## SILVER MEDALS

### Track

200 metres Senior	J. VAN STAPPEN	21.8 sec
1500 metres Junior	P. CURLEY	4 min 05 sec
1500 metres Sub. Jnr.	L. DALEY	4 min 21.2 sec

### Field

Shot Put Junior	A. SCOTT	12.62 m
Triple Jump Under 14	P. JONES	10.64 m
Long Jump Under 14	P. JONES	4.89 m

## BRONZE MEDALS

### Track

90 metre Hurdles Under 14	P. JONES	
100 metre Hurdles Senior	D. TARBOTTON	18.4 sec
100 metre Senior	J. VAN STAPPEN	10.9 sec

### Field

Long Jump Junior	D. TARBOTTON	6.20 m
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A strong bond of Comradeship, application and dedication which are factors essential for any Team to do well were not lacking from this squad. They were directly responsible for the fine performance from this Team during the Tasmanian Championships. I would like to congratulate each and every member of the team as they were great ambassadors from St. George, both on and off the track.

Not all of our time was spent at the track. Mr. Gainsford did allow us some leisure time. Most Athletes and Officials dined out at night then many Athletes sought some of the night lights of Hobart. In particular, the Wrest Point Casino and Disco. For some, the visits to the Casino ended in financial success — especially the night at the St. George table. All five participating at the table came out well in front. Help was even given to one of our Members who had to catch up on some school assignments. "We" received near top marks for our efforts when the papers were marked by the teachers concerned.

Congratulations to the Tasmanian Amateur Athletic Association on a fine Carnival and we thank them for allowing us to compete.

Their Organisation of the Championships was nothing short of remarkable. All Officials were most Industrious and no time was lost at any time and all events started on time. They catered for Under 12 to Open age Competitors. After the completion of each final event the medals were presented within five minutes.

Tasmanians have a first class track available for competition in Hobart. This as well as strong competition enabled St. George Athletes to record better than their average performance. All Athletes and Officials had a tremendous time in Tasmania and we now look forward to future trips as successful as this one.

## AMATEUR ATHLETIC ASSOCIATION OF N.S.W.

St. George Members were active in Association matters, holding Offices as follows:—

ALLEYN GAINSFORD — Vice-President of the Association.  
— Delegate to the Australian Commonwealth Games Association.  
— Acted as Referee and on Jury of Appeal at various State Championships.

GEORGE CARRUTHERS — Awarded the M.B.E. in the 1979 New Years Honours List for his work in Athletics and the Community.  
— Manager of N.S.W. Novice and N.S.W. Schools Cross-Country Championships.  
— Referee and on Jury of Appeal at various State Championships.

JIM STAMMERS — Member of the Interclub Committee.

DAVE EDWARDS — Member of the Harrier Committee.

ROY PATMORE — Starter at Inter Club; State Championships; and Cross-Country Championships.

BARRY STARR — Manager of U17 N.S.W. Team to Adelaide.

Many Club Members acted as Officials at Inter-Club:— Barry Starr; Jim Evans; Roy Patmore; Fred Eggleton; Peter Phillips.

At Age Inter-Club conducted at Kogarah Oval and Sylvania:— Ron Jones; Tom Irwin; Bob Henderson; Lyn Sparkes; Beverley Scott; Ken Jenkins; Barry Bray and Ray Green were regular Officials.

## SOCIAL COMMITTEE

Our Club's Social Committee continues to be successfully conducted by a team of Associate Lady Members whom I feel have done a splendid job considering each of them have families and ties of their own.

Functions held during the year included a Cocktail Party at Lyndel Lodge and also our Club's Annual Cabaret Ball. Both functions were well attended by Club Members, prominent citizens and friends.

The Club's Christmas Tree in December was well attended with 42 Club Member's children under 10 years of age receiving gifts from Santa.

In February this year at the home of Tess and Greg Page a B-B-Q and Games Night was held. This very pleasant and financially rewarding evening was attended by 134 Club Members and their friends.

The Club's Annual Cabaret Ball will be held at Ramsgate R.S.L. Club on Saturday, 14th July, 1979. For details regarding tickets and table bookings, please phone 522-8061.

It is great to see an increasing number of ladies lining up for the Ladies Event at Scarborough Park on Saturdays. As the old saying goes "If you can't beat them, you join them".

Thank you for your interest in attending our functions in the past and we hope to see you all again in the future.

JEAN GRIBBLE



## SPECIAL AWARDS

<b>A.A. Gainsford Trophy:</b> Outstanding Senior Athlete 1978/79	Vincent Plant
<b>Robert Nash Trophy:</b> Most Improved Senior Athlete 1978/79	Colin Whiteman
<b>The L. L. Bosman Award (Performance, Sportsmanship &amp; Deportment):</b> Outstanding Junior Athlete 1978/79	Lawrence Whitty
<b>R. Towers Trophy:</b> Most Improved Junior 1978/79	Andrew Scott
<b>A. Henderson Trophy:</b> Outstanding Sub-Junior 1978/79	Jeffrey Tunks
<b>R.A. Jolliffe Trophy:</b> Most Improved Sub-Junior 1978/79	Mark Howden
<b>National Fitness Trophy:</b> Outstanding Sub-Junior Cross-Country 1978	Jeffrey Tunks
<b>A. Gould Trophy:</b> Outstanding Juvenile 1978/79	Dean Kimpton
<b>G. Page Trophy:</b> Outstanding Juvenile Cross-Country 1978	Paul Donnelly
<b>H. Gibbons Trophy:</b> Most Improved Juvenile Cross-Country 1978	Evelyn Argall
<b>F. Wilson Trophy:</b> Outstanding Sub-Juvenile 1978/79	Timothy Sparkes
<b>L.L. Bosman Trophy:</b> Outstanding Hurdler 1978/79	Vincent Plant
<b>J.J. Walsh Trophy:</b> Outstanding Marathon Runner 1978	David McInnes
<b>J. Bowers Trophy:</b> Outstanding Field Event Athlete — Senior or Junior 1978/79	Andrew Scott

## CLUB MEMBERSHIP

	1974-75	1975-76	1976-77	1977-78	1978-79
Senior	96	111	125	110	115
Junior	11	14	22	19	22
Sub Junior U17	65	59	81	72	61
Sub Juvenile U12	12	20	39	23	20
Officials	15	15	12	14	13
	199	219	279	238	231

## COMMENTS ON ANNUAL FINANCIAL STATEMENTS

by Dennis Jolliffe

One of the main criteria in assessing the financial wealth of the Club is the level of the Club's funds, including the Reserve for Team Expenses. The balance in the Reserve at 31st March 1979 was determined after the amount due for the Travelling Expenses for the Tasmanian trip was transferred to Sundry Creditors to reflect the true position of the Reserve for Team Expenses. Over the last 5 years, the Club's funds have moved as follows:—

As at 31st March	Club Funds	Movement
	\$	\$
1975	4,249.57	+ 2,154.95
1976	6,404.52	- 1,156.09
1977	5,248.43	+ 602.05
1978	5,850.48	- 1,377.02
1979	4,473.16	

Included in the negative movement of \$1,377.32 in Club Funds for 1978-79 was a drop of \$893.06 in the Reserve for Team Expenses. During 1978-79, the Reserve was reduced by the amount which the Club underwrote the cost of the Tasmanian trip, and it was also affected by the fact that no proceeds were received from sale of refreshments. For the third consecutive year, the General Fund has incurred a loss. The Club needs to pay careful attention to its finances, to ensure that wherever possible expenditure on promotions is covered by receipts.

Payments to individuals from the Teams Fund totalled \$1,437.90. Individual Athletes who received assistance were N. Berger, J. Bowers, G. Cox, D. Edwards, T. Gillis, R. Gribble, S. Longden-Gee, V. Plant, A. Scott, K. Taylor, M. Vander Velde, C. Whiteman and L. Whitty.

I wish to thank Ron Gribble and members of the Ladies Auxillary for their Fund Raising efforts. I would also like to thank Peter Phillips, Assistant Treasurer for capably handling Club Funds while I was in Canberra during the year and Mr. David Carlisle who has kindly agreed to act as Honorary Auditor.

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## CONCLUSION:

My thanks are extended to Alleyn Gainsford, Dennis Jolliffe, Dave Edwards, Steve Longden-Gee, Peter Phillips, Arthur Peek, Jean Gribble and to all Club Members who have assisted in the compilation of this 58th Annual Report. Photographs were arranged by Alleyn Gainsford and Tom Gillis.

Colin Whiteman  
HONORARY SECRETARY



## CLUB RECORDS

Records for metric distances will only be recognised when they are better than the corresponding English Distance Record, adjusted by a standard time correction.

Club Records shall be recognised for all events which are for the time being included in the list of events for which World Records are recognised by the I.A.A.F. and any other event or events which the Club may decide to recognise from time to time.

Any such record will be the responsibility of the Athlete to notify the Club Secretary in writing at least 21 days after competition.

## SENIOR RECORDS

100 metres	V. PLANT	10.4s	15.1.77
200 metres	S. LONGDEN-GEE	20.95s	1974
			1979
400 metres	S. LONGDEN-GEE	45.7s	1974
800 metres	G. ROTHAM	1m46.6s	1972
1500 metres	A. THOMAS	3m42.6s	1964
3000 metres	A. THOMAS	8m01.4s	1960
5000 metres	A. THOMAS	13m50.0s	1964
10,000 metres	A. THOMAS	29m23.0s	1956
15,000 metres	A. THOMAS	47m38.2s	1965
Marathon	R. QUIRRELL	2hr23m39s	1975
3000 M. Steeplechase	D. CHISHOLM	9m8s	1962
1 Mile	A. THOMAS	3m58.3s	1954
50 Mile (Track)	D. EDWARDS	6hr29m41s	1971
1 Hour Run	J. BOWERS	11m55yds	
		1'10"	1967
1 Mile Walk	E. AUSTIN	6m45.0s	1924
3 Mile Walk	E. AUSTIN	22m13.0s	1924
7 Mile Walk	E. AUSTIN	55m49.2s	1924
50km Walk	R. HINGSTON	5h45m21.8s	1926
110 metres Hurdles	V. PLANT (Eq. State Rec)	13.7s	17.12.77
	V. PLANT (W/A)	13.6s	1.1.77
400 metres Hurdles	G. COX	51.2s	17.3.77
Long Jump	B.C. DICKINSON	7.48m	1938
Triple Jump	B.C. DICKINSON	15.54m	1935
High Jump	M. MERIDITH	2.01m	1963
Pole Vault	D. ARAPOVIC	4.32m	1970
Hammer Throw	M. BODIROZA	59.30m	9.10.77
Discus	R. LUNT	51.16m	1973
Shot Put	L. CHINNERY	16.18m	1964
Javelin	G. GLYNN	74.34m	1970
Decathlon	B.C. DICKINSON	5350 pts	1938
4x100 metres Relay	R. GURR, V. PLANT, J. VAN STAPPEN, S. LONGDEN-GEE.	41.5s	11.3.78
4x200 metres Relay	V. PLANT, S. CALVIN, R. POLLETT, S. LONGDEN-GEE	1m28.0s	11.3.78

4x400 metres Relay (Hobart, Tasmania)	S. LONGDEN-GEE, J. FORTESCUE, J. VAN STAPPEN, M. VAN DER VELDE	3m15.5s	3.3.79
4x400 metres Relay (Resident)	S. LONGDEN-GEE J. FORTESCUE, G. COX, M. VAN DER VELDE	3m15.6s	10.3.79
4x800 metres Relay	G. ROTHAM, G. COOK, M. DUNN, R. MEAGHER.	7m34.7s	1976
4x1500 metres Relay (NSW Record)	J. HANCOCK, G. ROTHAM, P. GLUCINA, J. SCOTT.	15m40.5s	1972

## JUNIOR BEST ON RECORD

100 metres	D. STEPHENSON	10.7s	1970
200 metres	D. STEPHENSON	21.2s	1970
400 metres	D. STEPHENSON	47.8s	1970
880 yards	J. HANCOCK	1m53.9s	1965
1 mile	J. HANCOCK	4m13.8s	1965
3000 metres	L. WHITTY	8m12.7s	1977
110 metres Hurdles	W. BIRD	14.2s	21.12.76
400 metres Hurdles	W. BIRD	53.3s	12.3.77
Pentathlon	M. DORRITY	2888 pts	31.12.77
Decathlon	M. DORRITY	5024 pts	Dec '77
Long Jump	G. FRIEND	7.39m	1964
Triple Jump	B.C. DICKINSON	14.78m	1932
High Jump	M. MERIDITH	1.94m	1963
Discus	A. SCOTT	47.22m	10.2.79
Javelin	G. GLYNN	65.10m	1963
Shot Put (12lb)	I. DENIVON	14.16m	1963
Pole Vault	I. BERRY (S/Jnr.)	3.35m	21.1.78
1 mile Walk	W. McALISTER	7m18.0s	1953
3000 metres Walk	J. TUNKS (S/Jnr.)	14m58s	21.1.78
1500 metres Steeple	G. COOK	4m21.8s	1975
2000 metres Steeple	M. JONES	6m7.6s	25.2.79
300 metres Hurdles	W. BIRD	37.9s	17.1.77
5000 metres	L. WHITTY	14m20.5s	18.2.78
10,000 metres	L. WHITTY	29m30.4s	13.3.77
Hammer	A. SCOTT	39.92m	3.3.79
440 yards Relay	T. GLEESON, T. O'REILLY, G. GEDGE, R. ESTELLA.	43.4s	1949
880 yards Relay	T. GLEESON, T. O'REILLY, G. GEDGE, R. ESTELLA	1m31.7s	1949
4x880 yards Relay	P. DWYER, B. BYRNE, D. CLARKE, J. HANCOCK.	7m59.4s	1965

## SUB-JUNIOR BEST ON RECORD

100 metres	G. SLATYER	10.8s	17.12.77
200 metres	G. BRYAN	22.2s	1969
	C. SLATYER	22.2s	13.10.77
400 metres	G. BRYAN	51.0s	1969



800 metres	G. COOK	1m57.4s	1973
1500 metres	L. WHITTY	3m56.0s	7.1.77
3000 metres	L. WHITTY	8m25.2s	16.12.77
5000 metres	L. WHITTY	14m36.0s	1976
10,000 metres	L. WHITTY	30m01s	1977
90 metres Hurdles	W. BIRD	12.4s	1974
110 metres Hurdles	W. BIRD	14.3s	1975
	(Equal Aust. Record)		
200 metres Hurdles	M. DORRITY	25.7s	21.12.76
300 metres Hurdles	W. BIRD	39.7s	1975
	(n.S.W. State Record)		
High Jump	I. BERRY	1.90m	8.1.78
Long Jump	W. BIRD	6.64m	1975
Triple Jump	I. BERRY	13.95m	13.11.77
Shot Put (8lbs)	P. PHILLIPS	18.85m	1959
1500 metres Walk	J. TUNKS	6m40s	26.11.77
Discus	A. SCOTT	39.62m	10.12.77
Javelin (800 gr)	J. BOWEN	57.50m	1975
Pole Vault	I. BERRY	3.35m	21.1.78
Hammer	R. STUBBS	38.98m	1972
Shot Put (10lbs)	R. STUBBS	13.65m	1972

#### JUVENILE CLUB RECORDS (Comm. 1964)

100 metres	W. BIRD	11.3s	1972
	G. SLATYER	11.3s	15.1.77
	C. SLATYER (W/A)	10.9s	5.2.77
200 metres	C. SLATYER	22.9s	16.1.77
400 metres	G. HARRIS	53.6s	1975
880 yards	C. HUNTER	2m07.6s	1966
1500 metres	J. TUNKS	4m20s	15.1.77
High Jump	G. BRYAN	1.60m	1968
	M. DORRITY	1.60m	1974
Long Jump	G. NIXON	6.06m	1975
Triple Jump	G. NIXON	13.56m	1975
Javelin	D. SCOTT	42.94m	18.2.79
Discus	D. SCOTT	41.90m	3.2.79
90 yards Hurdles	D. STEPHENSON	11.7s	1966
90 metres Hurdles	W. BIRD	12.8s	1973
Shot Put (8lb)	Z. TASESKI	13.49s	17.2.79
Shot Put (4kg)	D. KIMPTON	11.83m	4.11.78
200 metres Hurdles	W. BIRD	27.0s	1973
1500 metres Walk	D. LATHAM	7m45s	30.11.76
1 mile Walk	K. WARRINGTON	8m18.4s	1967

#### SUB-JUVENILE CLUB RECORDS (Comm. 1964)

100 metres	T. SPARKES	12.4s	3.3.79
200 metres	T. SPARKES	25.3s	18.3.79
400 metres	M. DORRITY	62.7s	1973
800 metres	W. WETHERALL	2m18.4s	17.1.77
1 Mile	G. McILHONEY	5m21.4s	1969

High Jump	S. GREEN	1.55m	1.12.78
Long Jump	T. SPARKES	5.17m	1978
Triple Jump	A. SCOTT	10.42m	1974
70 metres Hurdles	W. BIRD	12.3s	1970
	A. SCOTT	12.3s	1974
Discus	D. SCOTT	30.96m	5.3.77
Shot Put (6lb)	D. SCOTT	11.22m	1.5.77
Shot Put (3kg)	R. FONG	10.07m	18.3.79
1500 metres	W. WETHERALL	4m42.3s	1976
1500 metres Walk	M. ERRINGTON	8m10s	17.12.78

#### PERFORMANCES MADE OUTSIDE AUSTRALIA

Performances made by Club Athletes Overseas which at the time were better than Club Best on Record.

+ Former World Record

880 yards	J. BAILEY (Los Angeles)	1m48.8s	1956
1 Mile	J. BAILEY (Los Angeles)	3m58.1s	1956
1 Mile	A. THOMAS (Dublin)	3m58.6s	1958
2 Miles +	A. THOMAS (Dublin)	8m32.0s	1958
3 Miles +	A. THOMAS (Dublin)	13m10.8s	1958
1500 metres	A. THOMAS (Sweden)	3m42s	1958
3000 metres	A. THOMAS (Helsinki)	8m5.2s	1958
880 yards	J. DUXBURY (USA 10.6.66)	1m50.2s	1966
5000 metres	L. WHITTY (N.Z. Jnr.)	14m19.5s	1977

#### AUSTRALIAN & STATE OVERSEAS REPRESENTATIVES

10,000 metres Walk	E.E. AUSTIN	Paris Olympic Games	1924
10,000 metres C.C.	C. WEEKS	Wellington-Aust C.C. Champs	1925
10,000 metres C.C.	A.A. GAINSFORD	Wellington-Aust C.C. Champs	1925
Hop, Skip & Jump	B.C. DICKINSON	Berlin Olympic Games	1936
440 yards Hurdles	G. GEDGE (53.9s)	Auckland Empire Games	1950
Marathon	C. SMEAL (2hr52m23s)	Helsinki Olympic Games	1952
1 Mile & 3 Mile	A. THOMAS	Cardiff Empire Games	1958
1500 metres	A. THOMAS (3m46.8s)	Rome Olympic Games	1960
5000 metres	A. THOMAS (14m6.2s)	Rome Olympic Games	1960
1500 & 5000 metres	A. THOMAS	Tokyo Olympic Games	1964
800 metres	G. ROTHAM (1m48.2s)	Munich Olympic Games	1972
800 metres	G. ROTHAM (1m47.2s)	Christchurch Cmnwlth Games	1974
400 metres	S. GEE (47.0s)	N.Z. Games Christchurch	1975
100 metres	(10.6s)		
110 metres Hurdles	V. PLANT	Christchurch	1977

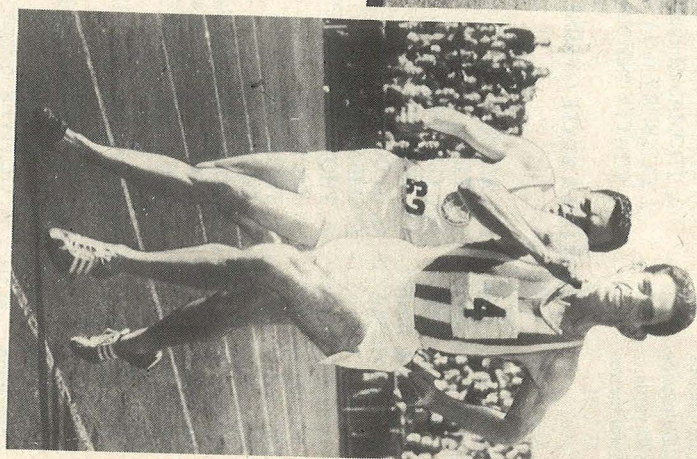
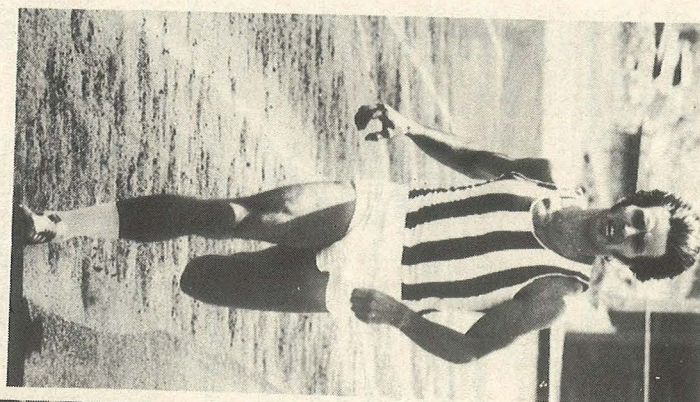
#### CLUB OVERSEAS REPRESENTATIVES

Long Jump	W. GILLIVER (6.88m)	N.Z. Games Ch.Ch. Team	1975
800 metres	G. COOK (1m56.0s)	N.Z. Games Ch.Ch. Team	1975
110 metre Hurdles	W. BIRD (15.0s)	N.Z. Games Ch.Ch. Team	1975



110m Hurdles & 100m	W. BIRD	Christchurch	1977
Marathon	R. SQUIRELL (2h23.39)	N.Z. Hamilton Marathon	1975
Marathon	D. EDWARDS (2h34.51)	N.Z. Hamilton Marathon	1975
Marathon	J. SCOTT (2h25.04)	Boston Marathon	1975
3000m & 1500m	L. WHITTY	Christchurch Team	1977
Shot Put & Discus	D. SNELL	Christchurch Team	1977

JIM BAILEY: Melbourne Olympian, in last 1/3 of 1500 metres Olympic Trial on 20.10.56.



GRAEME ROOTHAM: Munich Olympian, Australian 800 metres Champion, Winning Interclub 800 metres on 16.1.71.

# **ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB** **STATEMENT OF RECEIPTS & PAYMENTS FOR THE YEAR ENDED — 31st MARCH 1978** **and** **BALANCE SHEET** **as at 31st MARCH, 1979**

## **GENERAL FUND**

### **STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH 1979**

Receipts	\$	Payments	\$
Annual Subscriptions	1,826.00	Printing, Postage, Stationery, Phone	423.17
Donations	173.00	Registrations, etc to AAA	1,370.50
Promotions:—		Promotions:—	
C.C. — Race Fees	526.70	C.C. — Hire of Hall	182.50
C.C. — Schoolboy Chships	25.60	C.C. — Trophies	747.70
Track — Jubilee Oval	114.20	Track — Jubilee Oval	160.00
Track — Schoolboy Chships	267.20	Track — Trophies	77.50
	933.70	Track — Schboy Chships — Pennants	124.20
		Other	205.00
			1,496.90
Sale of Singlets and Shorts	940.95	Purchase of Singlets and Shorts	862.78
General —		General —	
Interest — Building Society	74.16	Rent of Halls etc	32.00
— Randwick/Btny Debentures	54.98	Scarborough Park NFA Affil Fee	5.00
— Commonwealth Bonds	210.00	Interclub Entries etc	71.20
Sale of Guessing Competition Tickets	717.10	Guessing Competition Expenses	535.00
	1,056.24	Purchase of Equipment	137.35
	4,929.00	Purchase of Library Books	48.00
		Purchase of General Trophies	248.30
Loss to Consolidated Statement	360.61	Survey — Jubilee Oval	60.30
	5,290.50		1,137.15
			5,290.50



**TEAMS FUND**  
**STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH 1979**

Receipts	\$	Payments	\$
200 Club	1,134.00	Payments to Individuals	1,437.90
Cabaret Raffle	368.55	Bus — Pacific Conference Games	45.00
Refund — Pacific Conference Games	39.45	Expenses — Tasmanian Trip	702.00
Receipts — Tasmanian Trip	3,448.20		2,184.90
Donations	20.00	Surplus to Consolidated Statement	2,825.30
	5,010.20		5,010.20

**BOSTON MARATHON FUND**  
**STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH 1979**

Receipts	\$	Payments	\$
Fund Raising	80.00	Surplus to Consolidated Statement	80.00

**CONSOLIDATED STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31st MARCH 1979**

	\$		\$
Cash at Bank 1.4.78	255.33	Loss — General Fund	360.61
Surplus — Teams Fund	2,825.30	Investment — Building Society	2,500.00
— Boston Marathon Fund	80.00	Cash at Bank 31.3.79	300.02
	3,160.63		3,160.63

**BALANCE SHEET AS AT 31st MARCH 1979**

Liabilities	\$	Assets	\$
Club Funds		Fixed Assets	
General Fund	3,820.38	Equipment	1,819.00
Reserve for Team Expenses	652.78	Less Provision for Depreciation	182.00
	4,473.16		1,637.00
Current Liabilities		Current Assets	
Boston Marathon Trust Fund	390.00	Stock on Hand	602.85
Sundry Creditors — Teams Fund		Advance — Social Committee	400.00
(Tasmanian Trip)	3,718.35	Cash at Bank	300.02
Other Current Liabilities	258.36		1,302.87
	4,366.71	Investments	
		Building Society	3,400.00
		Randwick Botany Club Debs	500.00
		Australian Savings Bonds	2,000.00
			5,900.00
	8,839.87		8,839.87

**D. Jolliffe**  
**HONORARY TREASURER**

**Auditors Statement:**

I have examined the Books and Records of the St. George District Amateur Athletic Club for the year ended 31st March 1979, and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

**D. Carlisle**  
**HONORARY AUDITOR**



## NOTES

## NOTES



## NOTICE TO ADVERTISERS

The Trade Practices Act, 1974 came into force on October 1, 1974. There are important new provisions in that Act which contain strict regulations on advertising and all advertisers and advertising agents are advised to study those provisions very carefully.

It can be an offence for anyone to engage, in trade or commerce, in conduct "misleading or deceptive". In particular Section 53 contains prohibitions from doing any of the following in connection with the supply of goods or services or in connection with the promotion, by any means, of the supply or use of goods or services:

- (a) Falsely represent that goods or services are of a particular standard, quality or grade, or that goods are of a particular style or model.
- (b) Falsely represent that goods are new.
- (c) Represent that goods or services have sponsorship, approval, performance characteristics, accessories, uses or benefits they do not have.
- (d) Represent that he or it has a sponsorship, approval or affiliation he or it does not have.
- (e) Make false or misleading statements concerning the existence of, or amounts of price reductions.
- (f) Make false or misleading statements concerning the need for any goods, services, replacements or repairs.
- (g) Make false or misleading statements concerning the existence or effect of any warranty or guarantee.

### PENALTY:

For an individual — \$10,000 or 6 months imprisonment.

For a corporation — \$50,000.

It is not possible for this company to ensure that advertisements which are published in this magazine comply with the Act and the responsibility must therefore be on the person, company or advertising agency submitting the advertisements for publication.

**IN CASE OF DOUBT CONSULT YOUR LAWYER**

## APPRECIATION

A special thanks is extended to all Advertisers without whose support the production of this Annual Report would not be possible





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