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for the year ending 31st March, 1981

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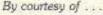
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	1937
W. AHERN*	
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\* Deceased

#### **MERIT AWARDS**

F. EGGLETON	
M. MORONEY	
G. PAGE	
A. THOMAS	1970
F. THORNTON	1978
L. WILLIAMS	

#### **CLUB MEMBERSHIP 1980-81**

	1976-77	1977-78	1978-79	1979-80	1980-81
Senior Under 20* Under 17 Under 15 Under 12	125 22 81{ 39	110 19 34 38 23	115 22 20 41 20	122 25 17 36 12	99 30 19 52 12
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#### 60 YEARS — ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB — 1921-1981

Ladies and Gentlemen,

When I walked from Terry Street, Blakehurst to Colvins Hall, Forest Road, Hurstville on the night of Monday, 7th March, 1921 to attend a meeting to form our Club, little did I think that I would still be so vitally interested in the Club today.

To recall what has happened in 60 years in a few pages of this report is an impossible task, therefore I propose featuring only the outstanding achievements during the past 10 years, as in the 50th Annual Report I did give a resume briefly of our first 50 years.

In recent times I have been able to get the very early history of the Club as follows:

- (1) The calling of a meeting to form an athletic club.
- (2) New athletic club.
- (3) Result first race.
- (4) Report of 1st Annual Meeting.



Alleyn Gainsford, President, 1981

Alleyn Gainsford photo, 1928. Photo shows Alleyn Gainsford, holder State records 6-7-8-9-10 miles, 10,000 metres. Also Australian records 10,000 and 15,000 metres.

#### HURSTVILLE PROPELLOR - FRIDAY, 4th MARCH, 1921

A meeting will be held at Colvins Hall, Hurstville on Monday, 7th March, 1921 with the object of forming an athletic club to be known as the St. George Harriers A.A.C. and to affiliate with the N.S.W.A.A.

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Objects of the Club will be to promote and foster athletic sports and in view of the possibility of the district system being introduced to athletics as in football the Club should meet with good local support, Mr C.T. Bray of Hillcrest Avenue, Hurstville is acting secretary to the movement and has the support of several prominent athletes who are resident in the district.

#### HURSTVILLE PROPELLOR — FRIDAY, 11th MARCH, 1921 New Athletic Club

At a meeting held at Colvins Hall, Hurstville on Monday night it was decided to form an athletic club in the district. It was resolved that the club be called the St. George District Harriers Amateur Athletic Club.

The meeting was presided over by Mr G.P.S. Parke, Secretary, South

#### ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB 1925-26



BACK ROW - L. Robinson, F. Matson, Jnr., W. Graham, A. Harper, E. Mavin, J. Henningham, N. Moroney, H. Taylor (Handicapper), T. Green, H. Walker, C. Wilcoxon, L. Dunbar, A. Amphlett, R. Chadwick, Snr., W. Hasler, E. Lemon. SECOND ROW: E. Atherton, S. Gainsford, N. Ellis, H. Bennett, W. Potter, W. Tilt (Vice-Captain), J. Harris (Hon. Treasurer), S. Norton, E. Giles, E. Fisher, R. Medlin, J. Walsh.

SITTING: H. Nelson (Hon. Secretary), F. Matson, Snr., O. Matson, Ald Collier (Mayor of Hurstville), E. Austen (Olympic Representative), T. Gilson (President), A. Gainsford (Captain), M. Gosling, M.L.A., L. Brodie, E. Groves.

FRONT ROW: J. Jones, C. Bartlett, C. Jones, R. Chadwick, Jnr., S. Heathwood.

(Photo by Parker Studios

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Sydney A.A.C. who was supported by Mr T.H. Ferguson, Secretary of the N.S.W.A.A.A. and several prominent persons in the athletic field.

The following officers were appointed:

President: T. H. Gilson

Hon, Secretary: C.T. Bray Hon, Treasurer: S. Taylor

Captain: W. Dalton

Vice-Captain: J. Martin

Handicappers: J. Batger Snr., H. Vaughan The subscription was fixed at 3/- per annum.

The next meeting will be held Colvins Hall on Wednesday, 16th, at 8 pm.

Time: 15 minutes

#### THE FIRST RACE

The first race was held on a very wet day at Hurstville, Saturday, 2nd April, 1921 over a 21/4-mile scratch road course.

Result: 1st — A. Gainsford St. George

2nd — P. Quinn Botany Harriers

3rd - C. Bray St. George

The course was from the premises of our first president, T.H. Gilson Chemist opposite Hurstville Post Office along Forest Road to Willison Road and return, and the prize was a V.P. Kodak Camera, which is still in my possession.

#### HURSTVILLE PROPELLOR — FRIDAY, 10th MARCH, 1922 St. George District Amateur Athletic Club

The 1st Annual Meeting of the Club was held at the Masonic Hall, Hurstville and the Annual Report presented showed a successful year's work. The new Club members were successful in open competition.



Senior St. George athletes at Ramsgate, Scarborough Park, probably 1949.

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116 HATTERSLEY STREET, ROCKDALE PHONE: 59-2359 The year closed with 67 members and 9 new members were elected at the Annual Meeting.

Credit balance of 12 pounds 3 shillings was carried forward.

Officers elected for ensuing year: President — T.H. Gilson, Secretary — A. Gainsford, Treasurer — A. Horrocks, Delegates to A.A.A. — J. Batger, E.E. Austen and A. Gainsford.

#### 1970-1980

During the above 10 years many fine athletes have run for St. George, the State and Australia including Graeme Rootham, Stephen Gee, Vin Plant, Bill Bird Jnr., Lawrie Whitty, Gary Cox and John Andrews.

Graeme Rootham won the 800 metres Australian Championships 3 years in succession as follows:

1972 - time 1 min 46.5 sec - Australian record

1973 - time 1 min 48,5 sec

Graeme had already won the Australian Half Mile in 1971.

After his great season in 1971/72 he represented Australia at the Munich Olympic Games and then in 1973 and 1974 he represented Australia at the Pacific Games, Toronto and the British Commonwealth Games at Christchurch, New Zealand. A magnificent athlete he was chosen as our finest athlete for 5 years in succession for the Alleyn Gainsford trophy.

Stephen Gee burst into Australian athletics with a most surprising win in the 400 metres and his record in Australian events are as follows:

1974 — time 47.1 sec

1975 - time 46.4 sec

It was during 1975 that Stephen created an Australian record over 400 metres at Melbourne when he ran a great 45.7 seconds. He was expected to represent Australia at the 1976 Montreal Olympics but a severe injury precluded him from competition. Stephen was elected our Best Athlete for 1974 and 1975.

Graeme Rootham and Stephen Gee won many State Championships and their Interclub records still stand.

Vin Plant, a great hurdler over 110 metres joined our Club 1976 and straight away he made his presence felt at the Australian level as follows:

1977 — 1st — Australian 110m hurdles — time 14.0 sec 1978 — 1st — Australian 110m hurdles — time 14.1 sec

Vin was most successful also in winning State titles and special events over 110m hurdles and his Club record for the hurdles stands at 13.7 sec and 10.4 sec for the 100 metres. He was adjudged our Best Senior Athlete for 3 years in succession.

Lawrie Whitty joined our Club in the 1975/76 season and this magnificent young athlete made an immediate impact in the State when he won the Sub-Junior 5000 metres (State) in 14 min 36 sec. He has improved his performances from year to year and without doubt he is the best marathon athlete in NSW.

Laurie has won quite a number of State Championships, track and winter but I list below his Australian wins:

1977 - 1st - Junior 8k CCC - time 24 min 30 sec

1980 — 1st — Australian Marathon — time 2 hr 19 min 1981 — 1st — Australian Track 10000 metres — 29 min 40.7 sec

10



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Mention must be made of Lawrie's magnificent performance at Fukuoka, Japan when he recorded 2 hr 15 min 23 sec in an International Marathon which easily breaks his previous Club record of 2 hr 19 min.

Bill Bird. One of our best Junior track athletes in the mid seventies especially over 400m hurdles, won many State hurdles, also interstate and his best performances in Junior Australian titles were as follows:

1976 — 1st — Australian 400 metres hurdles — 53.9 1977 — 1st — Australian 400 metres hurdles — 53.3

Bill, a very fine young man, holds nearly all Club records for hurdle events up to Junior level.

Gary Cox joined our Club in 1977 and he soon became our best 400 metres hurdler and he established the Club record of 51.2 sec. Gary won the State titles in 1977 and 1978 and his best performance was as follows:

1977 — 1st — Australian 400 metres hurdles — 51.2 sec. Unfortunately for our Club Gary is now living in Perth.

John Andrews. This brilliant athlete joined our Club in 1979 and it is safe to say that at present with Lawrie Whitty we have the two finest distance runners in NSW and amongst the very best in Australia.

John's most outstanding performances were as follows: 1980 — 1st — State 10,000 metres — 29 min 30,6 sec

1980 - 1st - 10,000 metres Chatswood - 29.09.2 NSW (resident) record

1980 - 10,000m Melbourne - 28 min 40 sec

1981 — 3000m Hamilton (New Zealand) — 8 min 00.81 sec

1981 — 5000m Auckland (New Zealand) — 13 min 52.5 sec 1981 — 3rd — 10,000m Pacific Conference Games (Christchurch) — 28 min

41 sec 1981 — 3rd — 5000m Pacific Conference Games (Christchurch) — 14 min 08 sec

1981 — 4th — 12,000m Trisl for Australian World Cross-Country Team — 37 min 49 sec

John represented Australia at the Pacific Conference Games, Christchurch, New Zealand, also at the World C.C.C. at Madrid, Spain.

During the past 10 years we have had some magnificent Relay Senior Teams as follows:

1978 — 4 x 100m — time 41.5 sec: R. Gurr, V. Plant, J. Van Stappen, S. Longden-Gee.

1979 — 4 x 200m — time 1 min 27.3 sec (record): J. Sullivan, G. Cox, M. Van der Velde, S. Longden-Gee.

1979 - 4 x 400m - time 3 min 15.5 sec (record): S. Longden-Gee,

G. Fortescue, M. Van der Velde, J. Van Stappen.

1972 — 4 x 1500m — time 15 min 40.4 sec; G. Rootham, J. Hancock, P. Glucina, J. Scott. Still State record and probably still Australian Club record. 1976 — 4 x 800m — time 7 min 34.7 sec; G. Rootham, G. Cook, M. Dunn,

R. Meagher. State record.

Club records for the lower age divisions are as follows; Junior 4 x 400m - 1979 - 3.28.8

Sub-Junior 4 x 100m - 1979 - 16.34.3 4 x 1500m - 1979 - 16.34.3 4 x 100m - 1979 - 44.7 4 x 200m - 1979 - 1.32.7

4 x 400m - 1979 - 3.37.4

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It was during the 1977/78 Track Season that St. George did so remarkably well when they won the A.J. Hodsdon Shield and R.C. Corish Shield for their performances in the State & Relay Championships as follows:

or manifest in the Diate of Relay Chair	upromisings as ronows.	
A.J. Hodsdon Shield Senior	St. George	29 points
	Sydney University	18 points
	Ryde-Hornsby	14 points
	Randwick-Botany	13 points
R.C. Corish Shield Junior	St. George	25 points
	Ryde-Hornsby	23 points
	Parramatta	17 points

The distance athletes have maintained our supremacy during the past 10 years and since 1977 when a Winter Interclub commenced St. George have won the Premiership 3 times.

With our present long distance runners including John Andrews, Lawrie Whitty, Col Whiteman, Ray Stephenson, Bob Talay, Bob Squirrell, John Bowers, Ron Gribble, Dave Edwards, John Burchett, we should be able to win the Premiership again.

During the Winter Season of 1979 St. George had the distinction of controlling the inaugural meeting 29/7/1979 of the Australian Schools Cross Country Championships at Scarborough Park and they proved to be a great success.

The Secretary-Director of the A.A.A. of N.S.W. advised that Mr Graeme Briggs, the representative of Amateur Athletic Union of Australia, indicated that the Championships could not have been better promoted.



Albert Thomas and Mick Dunn on the track you were not sure who was who.

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Club teams travel interstate and within NSW and I recall that during the 1971/72 season young lads under 15 years, 14 years and 11 years travelled to Brisbane and Melbourne and were undefeated. Stan Amos, Bill Bird, Snr. and Fred Scott were the managers of these teams.

Albert Thomas, our best athlete since the Club was formed in 1921, was still our best athlete during 1974 over 5000 and 10,000 metres and he still com-

petes regularly with the Club today.

Probably one of our best Interclub performances was in the 1975/76 season when we were Premiers in D-E-F Under 16 and Under 13 years grades.

It was during 1971 that great Clubmen Denis Wilson, Dennis Jolliffe and John Bowers were made Life Members and later Ron Gribble in 1975.

Merit awards were made to Fred Eggleton, Morrice Moroney, Greg Page, Albert Thomas, Frank Thornton and Les Williams.

St, George have become quite invincible in the marathon and they have won the teams title 8 times in past 9 years and for good measure individual winners during this time included Dave Edwards, Bob Talay and Dave McInnes and with our abundance of good marathon men we should again win the teams event and most likely the individual title for 1981.

The past 10 years saw the passing of Les Cossart 18/6/71, Ned Baker 30/6/71, Stan Gainsford 24/2/72, Les Blackshaw 13/4/72, Bob Chadwick 30/8/72, George Gedge Snr. 3/3/73, Ted Grove 13/8/75, Bert Sheiles 13/4/76, Charlie Weeks 1975, Harold Llewellyn 21/4/78, Bill Mackenzie 30/9/78, Fred Larcombe M.Ec. QM 10/3/80.

Club membership for the past decade has averaged 231 yearly and the

record number of members was 279 in the 1976/77 year.

Finances of the Club have always been most satisfactory and over the 10 years Club funds have average \$4,519 yearly with the highest funds at \$6,404 in 1976.

The first organised event for our 60th year celebrations was held at Harold Fraser Oval, Carrs Park when Col Whiteman, our General Secretary, established a new Club record for 1 hour when he covered 18,480.7 metres (11 miles 850 yards 2'2"), beating John Bowers' 1967 record of 11 miles 557 yards 1'10" (18,212.1m).

Herewith I list those Senior athletes who have won State Championships or gained a place in Australian Championships from 1921 onwards.

#### DISTANCE

Alleyn Gainsford, Stan Morton, Charlie Weeks, Les Brodie, Roy Wright, Ted Brooke, Albert Blyth, Ern Evans, Frank O'Hanlon, Gordon Keep, Ray Mettam, Claude Smeal, Jim Bailey, Albert Thomas, John Hancock, David Chisholm, John Nodwell, David Edwards, Bob Talay, Lawrie Whitty, Pat Mahoney, Dave McInnes.

#### TRACK

Ernie Austen, Oscar Matson, Bill Mackenzie, Bert Sheiles, Albert Blyth, Harry Gould, Jack Mumford, Arthur Gould, Vernon Wallace, Jim Bailey, Arthur Jenkin, George Gedge, Cliff Oates, Keith Short, John Lester, Frank Thornton, Dennis Jolliffee, Ern Watson, Alexis Hakelis, Albert Thomas, Denis Wilson, Ian Sharpe, Michael Smith, Len Chinnery, Bob Seibokas, John Hancock, Peter Lawler, Ron Lund, Dragon Arapovic, Graeme Rootham, Stephen Gee, Andrew Ratcliffe, Vin Plant, Lawrie Whitty, Milo Bodiroza, Gary Cox, John Andrews.

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546-1188 28 CARLTON CRESCENT, KOGARAH BAY During the history of the Club we have produced many brilliant athletes, but we have had many grand officials and to name them would be too many, and presently we have a wonderful band of officials of which I am most proud!

I close this brief report on our wonderful 60 years and I say again how proud I am to be a Life Member of it!

A.A. GAINSFORD, President

#### **60th ANNUAL REPORT & BALANCE SHEET**

Presented to Members at the Annual General Meeting Held at Electricity House, Hurstville on Friday, 29th May, 1981 at 7.45 p.m.

Ladies and Gentlemen,

The 60th Annual Report and Balance Sheet is presented to you tonight and the Report will show that our performances were somewhat better than the previous year.

It was our Senior athletes in the Interclub Competition who did not perform

nearly as well as last year.

Unfortunately and for various reasons St. Geroge were without the services of Vin Plant and Gary Cox, two of Australia's best hurdlers, Dragon Arapovic, Ian Berry, Michael Van der Velde and Bruce Dengate with the result that A Grade finished equal 5th, B Grade 6th position while C Grade did quite well to get equal 3rd.

The Interclub at Sylvania St. George fared a lot better as follows:

 Open Grade (Div. 1)
 2nd

 Open Grade (Div. 2)
 1st

 Under 15
 2nd

 Under 14
 2nd

 Under 13
 2nd

St. George had a magnificent Winter Season when we again won the Winter Interclub Competition for the 3rd time in the past 4 years when this competition commenced.

Lawrie Whitty was easily our Outstanding Winter Athlete when he won the Australian Marathon Championships in 2 hours 19 minutes, a great performance in atrocious conditions. He then gained 2nd place in the Australian 12k C.C.C. to the Victorian Robert de Castella in 37 min 35 sec. Lawrie carried on and won the State 5000 metres track in 14 min 06.5 sec then the State 10,000 metres in 29 min 43.6 sec and later he won the Australian title over 10,000 metres in 29 min 40.95 sec. Still a young athlete I think Lawrie might become Australia's best ever marathon runner keeping in mind his great performance in the Japan Marathon at Fukuoka 7/12/80 when he ran 2 hr 15 min 23 sec breaking easily his Club record of 2 hr 19 min.

John Andrews had a magnificent Track Season as follows: 3000m 8 min 0081 sec (beating Albert Thomas' record at Hamilton, New Zealand 21/1/81); 5000m 13 min 58.4 sec (Alcoa Meeting 8/3/81); 10,000m 29 min 09.2 sec (Chatswood Meeting 28/10/80 NSW record resident); 5000m 13 min 52 sec (Auckland, New Zealand 25/1/81); 10,000m 28 min 41 sec (Pacific Conference Games, Christchurch); 12,000m C.C. Trial (for World C.C.C. Madrid, Spain, 4th — time 37 min 49 sec).

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John Andrews - Australian Representative in Pacific Conference Games, February, 1981, and Australian Cross-Country Team in Spain, March, 1981.

By the above performances John was selected to represent Australia at the Pacific Conference Games, Christchurch, New Zealand and the World Cross Country Championships at Madrid, Spain. John also won the Alleyn Gainsford Trophy for the Best Senior Athlete for the second year in succession.

Alan Staples and Arthur Peek, Distance and Track Secretaries for Winter and Summer have prepared excellent reports where all results and details are shown.

Mention should be made of the fine running of our Outstanding Junior. Mark Jones, who had an excellent track season as follows:

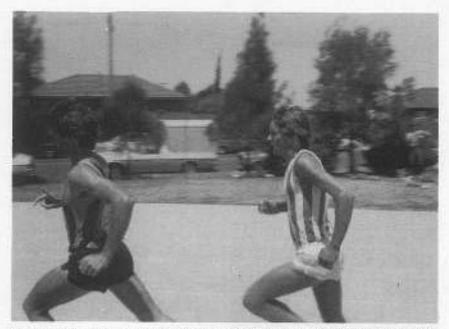
State Championships — 2nd — 1500m 3 min 58.3 sec

2nd 2000m steeplechase 5 min 59.5 sec

Australian Championships — 2nd — 200m steeplechase 5 min 53.4 sec Congratulations to this popular young man and it is to be noted that his time in the Australian 2000m steeplechase easily broke his Club record of 6 min 01.7 sec.

Let us hope the 2nd placings become 1st next year.

Congratulations to our State champions Lawrie Whitty - 5k and 10k, Robert Fong — Juvenile 200m hurdles and triple jump, Harry Pavlidis — Juvenile high jump.



Mark Jones - second in Australian Junior 2000m Steeplechase in Adelaide, 1981.

Club membership has improved from 237 to 241 over all age groups. Seniors have decreased from 122 to 99 whereas Juniors have increased from 25 to 30 and the younger age groups Under 17 and 15 have increased from 53 to 71 while Under 12 and officials are the same as the previous year with 12 and 16 respectively.

From the excellent Financial Statement and Balance Sheet prepared by our Treasurer, it is noticed that athletes have again benefited for representation interstate and overseas, therefore, we look forward to athletes, parents and friends supporting Club functions whenever possible, especially this year when we celebrate our 60th year.

Again our most sincere thanks to our ladies' Social Committee who have done an excellent job. Club funds have benefited considerably and this Committee is headed by Tess Page, President; Jean Gribble, Secretary and P. Squirrell, Treasurer, together with a wonderful band of women.

The Harold Fraser Oval, Carrs Park, our Track Headquarters, has not been supported by members as much as it should be and it is to be hoped that we have a much better attendance next Track Season. The ground has developed into quite a good track as evidenced by Col Whiteman's record breaking run for one hour. Facilities for all events are now available and the only events we cannot hold is the steeplechase and pole vault.

Winter athletics at Scarborough Park was again most successful and also very popular with athletes, their families and friends. Frequently we had over 100 athletes competing and on occasions nearly 150. We are certainly fortunate to have such good conditions for our Winter Headquarters.

The 40th Annual School Track and Field Championships were held at our Summer Headquarters at Harold Fraser Oval, Carrs Park and were most successful. Sixteen records were broken, which is most encouraging and a compliment to the curator, Stephen Bunting, for preparing such a good ground in less than 12 months.

Gymea Bay won the L.B. Williams Shield for primary schools and Marist Bros. Kogarah were successful in winning the A.A. Gainsford Shield for secondary schools.

The depth of younger athletes at present is extremely good and we can look forward to the future with optimism and to name just a few would include Robert Henderson, Jamie Neale, John Abdullah, Robert Fong, Ian Argill, Dean Kimpton, Brett Newton, Mark Candy, Adam and Mark irwin, Martin Lubrano, Harry Pavlidis and Ian Simpson.

The third successive St. George trip to the Tasmanian Track & Field Championships was again successful and enjoyable. The team of 20, smaller than previous years, nevertheless came back with 16 medals, Friendships were developed and it is good to know that the Tasmanian A.A.A. and even the hotel wish to have us return in 1982. Arthur Peek was of great assistance to me during the visit and he has made a separate report of the results.

Since St. George Club was formed in 1921 we have always enjoyed the reputation of being a good and very happy club and this spirit of friendship still exists today.

Scarborough Park is a grand place to maintain and make new friends and the visits to Tasmania have helped the family atmosphere quite considerably. I sincerely welcome the new members who have joined our ranks and I wish them well and every success.

I close my section of this report with my sincere thanks to our Executive, Officials, Winter and Summer, for another great job of work during the past 12 months.

It is a grand feeling for me as President to know that I have such a fine band of Officials around me.

A.A. GAINSFORD, President



Lawrie Whitty leads in the A.C.T. 12km Cross-Country Race.

#### ANNUAL AWARDS FOR THE 1980-81 SEASON

A.A. Grainsford Trophy: Outstanding Senior Athlete 1980-81 John Andrews Robert Nash Trophy: Most Improved Senior Athlete 1980-81 Jon McLoughlin The L.L. Bosman Award (Performance, Sportsmanship, Deportment): Outstanding Junior Athlete 1980-81 Mark Jones R. Towers Trophy: Most Improved Junior 1980-81 Robert Henderson A. Henderson Trophy: Outstanding Sub-Junior 1980-81 James Neale R.A. Jolliffee Trophy: Most Improved Sub-Junior 1980-81 John Abdullah National Fitness Trophy: Outstanding Sub-Junior Cross Country 1980 Paul Donnelly A. Gould Trophy: Outstanding Juvenile 1980-81 Robert Fong G. Page Trophy: Outstanding Juvenile Cross Country 1980 Mark Candy H. Gibbons Trophy: Most Improved Juvenile Cross Country 1980 Mark Irwin F. Wilson Trophy: Outstanding Sub-Juvenile 1980-81 Stephen Wright L.L. Bosman Trophy: Outstanding Hurdler 1980-81 John Kenny J.J. Walsh Trophy: Outstanding Marathon Runner 1980 Lawrie Whitty J. Bowers Trophy: Outstanding Field Event Athlete -Senior or Junior 1980-81 Andrew Scott

#### **1980 WINTER SEASON REVIEW**

- Alan Staples

St. George teams, particularly the Seniors, fared much better during 1980 than they had the previous year. The men's Senior teams gained first placings in the Novice, 25k road, 12k cross country championships, and 4 x 10k road relay. The women's Open team repeated their 1979 success by winning the Open 4 x 5k road relay.

The most outstanding individual performances undoubtedly came from Lawrie Whitty who won the Australian Marathon title and came second in the Australian Cross Country Championship; two very fine performances. Lawrie also bettered the club marathon record twice during the season.

John Bowers, Col Whiteman and Bob Squirrell turned in some very good performances during the season and often formed the backbone of the St. George winning team.

St. George won the Winter Season Premiership for the third time in four years.

Now that we have regained our top position we must keep there in 1981. The judges, timekeepers and handicappers are to be congratulated once again on a splendid job during the season, as well as the ladies who look after the refreshment side of the afternoons so capably.

#### 1980 WINTER POINTSCORES

Senior Men	1)	Dennis Jolliffee	413 pts
	2)	Stan Donnelly	368 pts
	3)	Ken Jenkins	344½ pts
Intermediate	1)	Steven Macks	327½ pts
	2)	Peter Wright	327 pts
	3)	Cheryl Bray	280 pts
Under 15	1)	Ian Argall	216 pts
	2)	Matthew Webb	199 pts
	3)	Neil McLoughlin	191 pts
Under 13	1)	Adam Irwin	201 pts
A CONTRACTOR OF THE PARTY OF TH	2)	Heather Jenkins	197 pts
	3)	Matthew Page	- F
	627	THE PROPERTY OF THE PARTY OF TH	181 pts

#### FASTEST TIMES

Senior Men	<ol> <li>John Bowers (73 pts);</li> <li>Ray Stephenson (53 pts);</li> <li>Bob Squirrell (39 pts).</li> </ol>
Intermediate	<ol> <li>Paul Donnelly (80 pts);</li> <li>Paul McGuckin (35 pts);</li> <li>Steven Macks (34 pts).</li> </ol>
Under 15	<ol> <li>Ian Argall (93 pts);</li> <li>Mark Irwin (64 pts);</li> <li>Neil McLoughlin (38 pts).</li> </ol>
Under 13	<ol> <li>Stephen Wright (94 pts);</li> <li>Adam Irwin (74½ pts);</li> <li>Matthew Page (42½ pts).</li> </ol>

#### ST. GEORGE CLUB CHAMPIONSHIPS

2nd August at Ramsgate

	2nd A	lugust at Ramsgate	
MEN	Senior 8 km road	Ray Stephenson     Bob Squirrell	24 min 55 sec
	Under 20 5 km	Paul Boer     Warren McCourt     Paul McGuckin	16 min 52 sec
	Under/17 5 km	3. Andrew Wood 1. Paul Donnelly 2. Matthew O'Connor	16 min 33 sec
	Under 15 2 km	Mark Candy     Mark Irwin	6 min 21 sec
	Under 13 1.5 km	3. Ian Argall 1. Stephen Wright 2. Adam Irwin	5 min 54 sec
WOMEN	Under 18 5 km Under 13 1,5 km	Matthew Page     Julie Page     Deidre Jolliffe     Heather Jenkins	21 min 48 sec 6 min 47 sec



Ian Argall — Juvenile fastest times winner in Cross-Country 1980.

#### **CHAMPIONSHIP RESULTS — 1980**

#### N.S.W. NOVICE CROSS COUNTRY CHAMPIONSHIP 26th April at Ramsgate

St. George's first 4 runners ran well as a team to gain first placing in the team's championship from Randwick-Botany, an excellent start to the winter season!

#### MEN 10 KM NOVICE

	416,644.7 4.50	AREA AND LANGE.
Results		
7	John Fisher	34 min 54 sec
13	Mark Jones	35 min 57 sec
14	Col Richardson	36 min
16	Pat Browne	36 min 15 sec
18	John Lee	36 min 45 sec
21	Max Owen	37 min 09 sec
22	Peter Phillips	37 min 22 sec
30	Allen Argall	38 min 16 sec
34	John Irvine	38 min 44 sec
57	Andrew Wood	41 min 30 sec
Teams		
1.	St. George	50 points
2.	Randwick-Botany	56 points
3.	Manly-Warringah	79 points
	WOMEN 5 KM NO	VICE CHAMPIONSHIP
Results		NOT BE ASSESSED THE PROPERTY.
2	Evelyn Argall	19 min 32 sec
7	Robyn Thomas	21 min 53 sec
7 8	Julie Page	24 min 01 sec
9	Kaylene Coster	24 min 59 sec
	CONTRACTOR OF THE PARTY	



John Bowers (4114), World Veterans Champion for 3000m Steeplechase in New Zealand, 1981.

#### N.S.W. 25 KM ROAD CHAMPIONSHIP 17th May at Richmond

Another successful day for St. George with an excellent 4th placing outright for John Bowers and a win for our first team.

outright for	John Bowers and a win for	or our first team.
Results		
4	John Bowers	1 hr 23 min 51 sec
8	Col Whiteman	1 hr 24 min 36 sec
9	Bob Squirrell	1 hr 25 min 20 sec
17	Kevin Taylor	1 hr 28 min 39 sec
21	John Lee	1 hr 29 min 39 sec
24	Bob Talay	1 hr 30 min 37 sec
31	Norm Berger	1 hr 32 min 52 sec
38	Les Farley	1 hr 34 min 41 sec
39	Allen Argall	1 hr 34 min 55 sec
53	John Irvine	1 hr 40 min 01 sec
55	Con Hadjidakas	1 hr 41 min 22 sec
68	Alan Staples	1 hr 44 min 35 sec
75	Tom Irwin	1 hr 46 min 31 sec
83	Bruce Dennett	1 hr 49 min 01 sec
84	Peter Doncas	1 hr 49 min 01 sec
Teams		
1.	St. George (1)	38 points
2.	Sutherland (1)	40 points
3.	Western Suburbs (1)	96 points
5.	St. George (2)	114 points
12.	St. George (3)	215 points
		The state of the s

#### N.S.W. JUNIOR 8 KM ROAD CHAMPIONSHIP

Results		
9	Paul Donnelly	27 min 38 sec
11	Warren McCourt	27 min 58 sec
17	Malcolm Phillips	29 min 15 sec
19	Nick Koikas	29 min 28 sec
23	Graham Elliott	30 min 56 sec
26	Danny Byrne	33 min 26 sec

#### N.S.W. WOMEN'S 10 KM ROAD CHAMPIONSHIP

Resu	lts.
	ca

3 Ann Harding

39 min 23 sec

#### N.S.W. WOMEN'S JUNIOR 5 KM ROAD CHAMPIONSHIP

#### Results

2 Evelyn Argall

19 min 39 sec

#### N.S.W. MARATHON CHAMPIONSHIP 22nd June at Sydney

John Bowers once again displayed top form in being our first runner home in 5th place in a very fast time.

Results		
5	John Bowers	2 hr 25 min 36 sec
12	Kevin Taylor	2 hr 30 min 05 sec
27	Norm Berger	2 hr 39 min
29	Allen Argall	2 hr 39 min 18 sec
31	Dave Edwards	2 hr 39 min 25 sec
33	John Lee	2 hr 40 min 15 sec
48	John Burchett	2 hr 46 min 45 sec
63	Alan Staples	2 hr 53 min 25 sec
68	Nick Koikas	2 hr 54 min 54 sec
72	Greg Krahe	2 hr 58 min 40 sec
78	Tom Irwin	3 hr 02 min 14 sec
81	Phil Haren	3 hr 06 min 25 sec
90	Heinz Kunkel	3 hr 09 min 45 sec
105	Terry O'Connor	3 hr 24 min 40 sec
106	Brian McCourt	3 hr 25 min 49 sec
107	Danny Byrne	3 hr 26 min 05 sec
Teams		
1.	Sutherland	21 points
2.	Western Suburbs	22 points
3.	St. George (1)	44 points
11.	St. George (2)	93 points
19.	St. George (3)	179 points
24.	St. George (4)	231 points
29.	St. George (5)	299 points

#### N.S.W. 16 KM CROSS COUNTRY CHAMPIONSHIP 12th July at Newcastle University

53 min 11 sec
59 min 11 con
30 HHH 11 80C
54 min 19 sec
55 min 08 sec
55 min 41 sec
57 min 45 sec
59 min 07 sec
51 min 40 sec
71 points
107 points
153 points

#### N.S.W. CROSS COUNTRY CHAMPIONSHIPS 16th August at Landsdowne

#### MEN SENIOR 12 KM

St. George won the teams event and Lawrie Whitty and John Andrews both ran fine races finishing 2nd and 3rd.

D 14		
Results	T	44
2	Lawrie Whitty	37 min 47 sec
3	John Andrews	38 min 17 sec
11	Col Whiteman	40 min 03 sec
13	Bob Squirrell	40 min 26 sec
15	Ray Stephenson	40 min 31 sec
27	John Bowers	41 min 40 sec
46	Tony Heslop	43 min 05 sec
50	John Fisher	43 min 30 sec
51	Pat Browne	43 min 45 sec
60	Paul Boer	44 min 11 sec
61	Peter Phillips	44 min 16 sec
75	Dave Edwards	45 min 56 sec
78	John Lee	46 min 29 sec
83	Tom Irwin	46 min 51 sec
85	Allen Argall	47 min 05 sec
100	Les Farley	48 min 22 sec
124	Neville Markham	50 min 36 sec
130	Bill Seary	51 min 30 sec
149	Stan Donnelly	58 min 47 sec
Teams		
1.	St. George (1)	71 points
2.	Randwick-Botany	100 points
3.	Western Suburbs	109 points
6.	St. George (2)	343 points
12.	St. George (3)	590 points

#### JUNIOR 8 KM

		Committee of the commit
Results		
7	Paul Donnelly	28 min 12 se
11	Paul McGuckin	30 min 14 se
17	Stephen Macks	32 min 47 se
18	Steven Edwards	33 min 11 se
Teams		
1.	Western Suburbs	17 points
2.	St. George	53 points
3.	Parramatta	58 points

#### JUVENILE 3 KM

	O C TANTALOG O ALIO	
Results		
6	Mark Candy	10 min 27 sec
12	Mark Irwin	10 min 40 sec
14	Brett Newton	10 min 45 sec
16	Ian Argall	10 min 54 sec
24	Stephen Wright	11 min 25 sec
36	David Page	14 min 27 sec
Teams		
1.	St. George	48 points
2.	Blue Mountains	100 points



Matthew Page and Ian Gribble in the St. George Sub-Juvenile Team at Nowra Road Relays.

#### SUB-JUVENILE 2 KM

Results		A COLUMN TO AND A
11	Adam Irwin	7 min 45 sec
14	Matthew Page	8 min 22 sec
28 - 791	WOMEN	SENIOR 5 KM
Results 3	Ann Harding	19 min 05 sec

#### JUNIOR 3 KM

Results		
2	Evelyn Argall	11 min 05 sec
8	Julie Page	12 min 43 sec

#### JUVENILE 2 KM

Results		
11	Lynette Wright	8 min 39 sec
13	Heather Jenkins	8 min 57 sec



Men & Women St. George Teams, Winners of N.S.W. Road Relay, 1980 at Nowra. J. Andrews, L. Whitty, R. Thomas, Middle: J. Page, A. Harding, C. Whiteman. Right: E. Argall, R. Stephenson.

#### N.S.W. ROAD RELAY CHAMPIONSHIPS 30th August at Nowra

St. George had a most successful day with team wins in the Senior men and Open female events, the women winning by only one second!

	FEMALE O	PEN 4 x 5 KM
Results		
1.	St. George	1 hr 23 min 49 sec
	(Ann Harding 18.50; E Julie Page 21.45)	velyn Argall 20.49; Robyn Thomas 22.25;
2.	Manly-Warringah	1 hr 23 min 50 sec
3.	Randwick-Botany	1 hr 24 min 50 sec
	UNDER 1	5 4 x 1.5 KM
Results		
4.	St. George	25 min 19 sec
	(Melissa O'Neill 6.28;	Lynette Wright 5.57; Louisa Drake 6.24;

#### MEN SENIOR 4 x 10 KM

Heather Jenkins 6.30)

Regulte

Results

meaning		
1.	St. George A	2 hr 08 min 47 sec
	(Whitty 31.19; Andrev 33.17)	ws 31.21; Stephenson 32.50; Whiteman
2.	Western Suburbs A	2 hr 09 min 43 sec
3.	Randwick-Botany A	2 hr 10 min 17 sec
8.	St. George B	2 hr 21 min 51 sec
	(Bowers 33.41; Gribble	35.07; Heslop 37.28; Browne 35.35)
11.	St. George C	2 hr 25 min 20 sec
	(Thomas 34.52; Phillips	s 35.58; Allen 37.06; Argall 37.24)
24.	St. George D	2 hr 46 min 56 sec
	(Irwin 38.44: Delamare	43.44: McLoughlin 42.59: Seary 41.29)

#### UNDER 20 4 x 5 KM

1.	Western Suburbs	1 hr 06 min 57 sec
2.	Sutherland	1 hr 15 min 26 sec
3.	South Coast	1 hr 17 min 31 sec
4.	St. George B	1 hr 18 min 58 sec
	(Edwards 19.29; O'Co.	nnor 20.51; Wood 18.56; Argall 19.42)
6.	St. George A	- Control of the Cont
		s 17.09; Macks, McGuckin 18.47). Unfor- ks took a wrong turning.

#### UNDER 15 4 x 1.5 KM

SERVICE CONTRACTOR	CITED AND AND AND AND		
Results			
1.	Sutherland	18 min 20	860
2.	Western Suburbs	19 min 09	sec
3.	St. George	19 min 39	sec
	(Candy 4.29; McLoughlin	5.08; Irwin	5.01; Argall 5.01)

3.	St. George (Candy 4.29; McLous	19 min 39 sec thlin 5.08; Irwin 5.01; Argall 5.01
		13 4 x 1.5 KM
Results 1. 2. 3.	Moree South Coast A St. George (Webb 5.36; Irwin 5.	20 min 19 sec 20 min 59 sec 23 min 22 sec 28; Gribble 6.26; M. Page 5.52)
		32

#### ST. GEORGE TROPHY DAYS

Jim Allen	Trophy - Senior 10 km	n road handicap
	10th May at Ramsgs	ite
in	2. N. Derry	3 K Jenkins

T. Irwin
 N. Derry
 K. Jenk
 Fastest time — R. Squirrell — 33 min 21 sec

#### Les Williams Trophy — Senior 12 miles road handicap 31st May at Ramsgate

1. J. Irvine 2. R. Stephenson 3. C. Richardson/ G. Derricott (equal)

Fastest time - R. Stephenson - 65 min 43 sec

#### Ian Ison Trophy — Senior 10 km cross country handicap 26th July at Harold Fraser Oval

1. R. Barrett 2. P. Webb 3. P. Delamare
Fastest time — J. Burchett — 35 min 03 sec

#### Bill Seary Trophy — Intermediate 5 km cross country handicap 27th September at Ramsgate

1. S. Edwards 2. P. Webb 3. D. Beilby Fastest time — P. McGuckin — 17 min 31 sec

George Carruthers Cup — Open 2 km cross country handicap
1. B. Molino 2. L. Bray 3. W. Seary

Fastest time - R. Stephenson - 5 min 44 sec

#### **AUSTRALIAN CHAMPIONSHIP RESULTS**

#### AUSTRALIAN MARATHON CHAMPIONSHIP 27th July at Adelaide

With a tremendous performance in his first official marathon, Lawrie won the Australian Marathon. In the field was a strong team of runners from Japan. Lawrie is probably the only St. George athlete to win an Australian title wearing the Club's red and white singlet, He was not representing N.S.W. but competing as an additional competitor.

1.	Lawrie Whitty	2 hr 19 min
14.	John Bowers	2 hr 29 min 05 sec
45.	Kevin Taylor	2 hr 41 min 44 sec

#### AUSTRALIAN CROSS COUNTRY CHAMPIONSHIPS — 12 KM 8th September at Bundoora, Victoria

After winning the Australian Marathon title in July, Lawrie Whitty again ran an outstanding race to finish second to Victorian Robert de Castella. The event was run through open paddocks with undulating terrain. Conditions underfoot were very rough and uneven. John Andrews was with the leading group early and fought on well for 11th place. Col Whiteman and Ray Stephenson ran as individual competitors.

Ann Harding produced her best performance of the season with a ninth placing in the Women's 4 km. She was the 7th Australian to finish as a New Zealand team was competing.



Under 15 Relay Team, winners 4x100, 4x200, 4x400 — NSW Relay Championships. Front: D. Barkas, J. Neale, Back: R. Fong, L. Bray, A. Peek (manager).

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#### SELECTION TRIAL FOR AUSTRALIAN TEAM FOR 1981 WORLD CROSS COUNTRY CHAMPIONSHIPS

8th February, 1981 at Moonie Valley Racecourse, Victoria

John Andrews, just back from representing Australia in the Pacific Conference Games in New Zealand, finished a fine 4th behind Victorian champion Robert de Castella. This 4th placing gained John a place in the nine-member Australian team to compete in Spain during March, 1981.

The pace was very fast from the start. Andrews and Whitty ran with the leading group for most of the race, but Lawrie unfortunately retired from the race. Col Whiteman ran a strong race and finished in 14th position.

Results	12 KM	
4.	John Andrews	37 in 49 sec
14.	Col Whiteman	39 min 41 sec

#### WORLD CROSS COUNTRY CHAMPIONSHIPS 1981 28th March, 1981 at Madrid, Spain

John Andrews ran his fastest time for 12,000m cross country in finishing 34th in this event. Over three hundred of the best cross country runners in world were competing. John was the fourth Australian runner to finish and his fine performance helped the Australian team to finish in fifth position in World Teams result. This is the best ever result by an Australian team. Australia beat strong cross country teams such as Great Britain, Belgium and New Zealand.

#### OTHER RESULTS

#### HARBORD MARATHON 29th March, 1980

1.	John Andrews	2 hr 24 min 07 sec
44.	John Irvine	2 hr 52 min 23 sec
51.	Geoff Derricott	2 hr 53 min 18 sec
54.	Alan Staples	2 hr 53 min 49 sec
65.	Bruce Dennett	2 hr 55 min 30 sec
123.	Nick Koikas	3 hr 04 min 37 sec
142.	Gordon Gilshenen	3 hr 07 min 51 sec
149.	Danny Byrne	3 hr 09 min 40 sec
155.	Peter Doncas	3 hr 10 min 12 sec
180.	Phil Haren	3 hr 13 min 17 sec

#### MEN OPEN 10 KM NOVICE DAY

	26th April	
6.	John Bowers	35 min 06 sec
9.	Ray Stephenson	35 min 29 sec
22.	Neville Markham	39 min 19 sec
30.	Tom Irwin	40 min 12 sec
48.	Jim Harding	41 min 54 sec
61.	Heinz Kunkel	44 min 19 sec
69.	Rick Barrett	46 min
73.	Greg Page	46 min 52 sec
74.	Terry O'Connor	46 min 57 sec
77.	Harry Coster	47 min 11 sec
85.	Stan Donnelly	50 min 02 sec
86.	Martin Lubrano	50 min 17 sec
87.	Ken Jenkins	51 min 16 sec
91.	Sheryl Bray	55 min 09 sec

#### WOMEN OPEN 5 KM

2.	Ann Harding	19 min 50 sec
11.	Denise Elliott	27 min 38 sec

#### OPEN SCHOOLS 4 KM

0.	Paul Donnelly	12 min 38 sec.
4.	Warren McCourt	12 min 39 sec
9.	Paul McGuckin	13 min 13 sec

#### UNDER 15 SCHOOLS 2 KM

10.	Ian Argall	6 min 51 sec
15.	Mark Irwin	6 min 59 sec
25.	Neil McLoughlin	7 min 46 sec
30.	David Page	8 min 09 sec

#### UNDER 13 SCHOOLS 2 KM

	UNDER 10	ER 10 OCHOURS & RES	
5.	Stephen Wright	7 min 13 sec	
8.	Adam Irwin	7 min 44 sec	
9.	Warren Hatton	7 min 49 sec	
12.	Matthew Page	8 min 01 sec	
13.	Lynette Wright	8 min 06 sec	
19.	Heather Jenkins	8 min 45 sec	
22.	Sean Godfrey	9 min 04 sec	
23.	David Godfrey	9 min 13 sec	
25	Mark Godfrey	9 min 44 sec	

#### WHYALLA MARATHON, SOUTH AUSTRALIA 4th May

Ron Gribble
 hr 42 min 54 sec

#### 25 KM CHAMPIONSHIP DAY — SUPPORTING EVENTS 17th May at Richmond

#### SENIOR 5 KM ROAD RACE

14 min 42.5 sec
16 min 41 sec
17 min 48 sec
20 min 04 sec
20 min 25 sec

#### UNDER 15 1500 METRES ROAD RACE

8.	Ian Argall	5 min 04 sec
10.	Mark Irwin	5 min 13 sec
12.	Luke Bray	5 min 33 sec
13.	John Martin	5 min 46 sec

#### UNDER 13 1500 METRES ROAD RACE

10. Adam Irwin 5 min 56 sec

#### PARRAMATTA OPEN 7th June at Parramatta Park

#### UNDER 15 2 MILES

5. Mark Candy 12 min 21 sec

#### UNDER 20 5 MILES

4	Mark Jones	26 min 35 sec
6	Malcolm Phillips	27 min 27 sec

#### OPEN 10 MILES

3.	Lawrie Whitty	48 min 09 sec
13.	John Bowers	52 min 11 sec
17.	Paul Boer	52 min 55 sec
26.	Kevin Taylor	54 min 35 sec
47.	Col Richardson	56 min 58 sec
118.	Lionel Potter	62 min 30 sec

#### SUTHERLAND TO SURF

-	-		- 4		100	
- 1	150	th.	- 21	100	V	
- 4		ш		M	1.0	

1.	Lawrie Whitty	32 min 38 sec
4.	Ray Stephenson	34 min
10.	John Bowers	34 min 57 sec
17.	Ron Gribble	35 min 41 sec
	Paul Donnelly	37 min 48 sec
	Nick Koikas	38 min 04 sec
	Allen Argall	38 min 06 sec
	Stephen Bible	38 min 06 sec
	John Irvine	38 min 12 sec

#### CITY TO SURF 14 KM 10th August

2.	John Andrews	42 min 18 sec
	Bob Squirrell	45 min 34 sec
	Paul Boer	45 min 40 sec
	Bob Talay	46 min 24 sec
	Ron Gribble	46 min 34 sec
	John Bowers	47 min 54 sec
	Col Richardson	48 min 04 sec

#### N.S.W. VETERANS MARATHON 13th July at Botany

	and the more country
Ron Gribble	2 hr 43 min
Dave Edwards	2 hr 49 min
Elaine Bowers	4 hr 18 min 05 sec

#### OPEN 8 KM CROSS COUNTRY 20th July at Macquarie University

4. Col Whiteman 26 min 34 sec

#### 100 KM ROAD RACE (62 MILES) 20th July, Llandilo-Colo

4. Alan Staples 10 hr 46 min 20 sec

#### GOLD COAST MARATHON September at Surfers Paradise

3. Bob Squirrell 2 hr 28 min 34 sec Norm Berger Dave Edwards 1st in team event

#### SYDNEY-WOLLONGONG ROAD RACE — 51 MILES 19th October

18. Bruce Dennett 7 hr 44 min 16 sec

#### BIG 'M' MARATHON October, Melbourne

37.	John Lee	2 hr 37 min 43 sec
43.	Ron Gribble	2 hr 38 min 36 sec
119.	Allen Argall	2 hr 46 min 57 sec
145.	John Burchett	2 hr 48 min 03 sec
1235.	Terry O'Connor	3 hr 28 min 44 sec

#### OLYMPIC TYRES OPEN MARATHON 23rd November, Melbourne

2 hr 23 min 34 sec Bob Squirrell 1.

#### FUKUOKA INTERNATIONAL MARATHON 7th December, Japan

Lawrie Whitty ran his fastest marathon yet. He finished 20th in a very strong field of international standard. His time of 2 hr 15 min 23 sec is the second fastest time for the event recorded by a NSW runner and is a new St. George Club record.

#### N.S.W. SCHOOLS CROSS COUNTRY 29th June, Scarborough Park

#### UNDER 17 BOYS 4 KM

2 Paul Donnelly 13 min 05 sec.

#### UNDER 14 BOYS 4 KM

Mark Irwin 1. 14 min 23 sec. 3. Ian Argall 14 min 42 sec

#### UNDER 13 BOYS 2 KM

2 Martin Lubrano 7 min 06 sec

#### 16 KM CHAMPIONSHIP - SUPPORTING EVENTS 12th July at Newcastle

#### **UNDER 20 10 KM**

35 min 14 sec Malcolm Phillips 5.

#### UNDER 15 3 KM

2. Mark Candy 10 min 32 sec



#### ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUBS SCHOOLS **CROSS COUNTRY CHAMPIONSHIPS**

Held at Scarborough Park, Ramsgate, Sunday, 1st June, 1980

The number of entries was excellent (170). This was well up on last year (144). It was particularly pleasing to see a big increase in the number of girls competing, especially in the lower age groups. This year there were 47 girls competing as against 23 in 1979.

In the Intermediate races (9 yrs to 12 yrs) Gymea Primary School was well represented and with some good performances easily won the L.L. Bosman Trophy from D.L.S. Revesby. Sportsmaster and St. George Club member David Davis coaches and organises the young athletes at Gymea Primary.

In the Advanced events, D.L.S. College, Revesby, won the Denis Wilson Trophy from Frank Clarke's new school, Benedicts College, Auburn. Marcellin College, Randwick, sent ten boys to the carnival.

#### RESULTS

#### BOYS AGGREGATE POINT SCORE FOR DENIS WILSON TROPHY

1.	D.L.S. REVESBY	78 points
2.	ST, BENEDICTS, AUBURN	38 points
3.	MARCELLIN, RANDWICK	30 points

#### BOYS OPEN 6000 m

1. W. McCourt (Narwee) 2 J. Harrison (Hurlstone) 3. P. Donnelly (M.B. Kogarah)

#### Teams

1st Marist Brothers, Kogarah

#### 16 YEARS 5000 m

1. B. Howe (D.L.S. Revesby) 17 min 45 sec 2. P. Tate (D.L.S. Revesby)

3. B. Hawthorne (St. Benedicts, Auburn)

#### Teams

D.L.S. Revesby 1st

#### 15 YEARS 4000 m

1. B. Kentwell (East Hills) 13 min 03 sec 2. P. Roseman (D.L.S. Revesby)

B. Thompson (Narwee) 3.

#### Teams

1st D.L.S. Revesby 14 points

#### 14 YEARS 3000 m

M. Candy (Waverley) 1. 11 min 20 sec M. Irwin (D.L.S. Revesby)

3. L Argall (Hurstville)

Teams		
1st	D.L.S. Revesby	11 points
1. 2. 3.	G. Wilson (Marcellin, Randwick) P. Kovacs (D.L.S. Revesby) B. Donnellan (St. Benedicts, Auburn)	12 min 25 sec
Teams 1st	D.L.S. Revesby	14 points
1. 2. 3.	12 YEARS 2000 m D. Shaddack (Marcellin, Randwick) D. Fitzjohn (Gymea) A. Devlin (D.L.S. Revesby)	7 min 37 sec
Teams		
lst	St. Benedicts, Auburn D.L.S. Revesby	equal 19 points
1. 2. 3.	S. Wright (Hurstville) D. Logan (Gymea) T. Wrightson (Gymea)	7 min 28 sec
Teams		
1st	Gymea	13 points
1. 2. 3.	G. Davidson (Gymea) D. Wood (D.L.S. Revesby) S. Pfeiffer (Gymea)	6 min 06 sec
Teams		
1st	Gymea	10 points
1. 2.	9 YEARS 1500 m G. Parnell (Gymea) B. Turner (Miranda)	6 min 35 sec
3.	B. Power (Gymea North)	
l'eams	HATELET COMMUNICATION OF PROPERTY AND	
1st	Gymea	11 points
OYS JUN	HOR AGGREGATE POINT SCORE FOR	L.L. BOSMAN CUP
1.	GYMEA	60 points
2.	D.L.S. REVESBY	30 points
3.	ARNCLIFFE	10 points
	GIRLS 16 YEARS 3000 m	
1.	E. Argall (St. George Girls)	12 min 05 sec

1. 2.	J. Page (Kogarah) L. Drake (Moorefields Girls)	14 min 11 sec
1. 2.	14 YEARS 2000 m L. Harrison (Hurlstone R. Seidel (Moorefields Girls)	7 min 19 sec
1. 2. 3.	13 YEARS 2000 m K. Hall (St. Marys) S. Gosch (Gymes) F. Flowers (Connells Point)	9 min 34 sec
1. 2. 3.	12 YEARS 1500 m N. Dawes (Moorefields Girls) L. Wright (St. George Girls) S. Freeman (Moorefields Girls)	6 min 19 sec
Teams 1st	Moorefields Girls	9 points
1. 2. 3.	11 YEARS 1500 m K. Beresford (Gymea) S. Agnew (Gymea) S. Langby (Ramsgate)	6 min 58 sec
1. 2. 3.	10 YEARS 1500 m N. Power (Gymea North) R. Knorr (Brighton) K. Hardie (Gymea)	6 min 38 sec
Teams 1st	Gymea	19 points
1. 2. 3.	9 YEARS 1500 m A. Marshall (Gymea) T. Fitzjohn (Gymea) L. Matthews (Gymea)	7 min 19 sec
Teams 1st	Gymea	6 points



#### ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB

#### **40th ANNUAL SCHOOLS' TRACK AND FIELD** CHAMPIONSHIPS

Held at Harold Fraser Oval, Sunday, 21st September, 1980

These championships were held at the Club's new Summer Headquarters at Harold Fraser Oval, Carrs Park for the first time. Nearly four hundred schoolboys and schoolgirls competed in the various events at the championships. The standard of competition was very high, Sixteen records were broken, mainly in the field events (high jump and throwing events).

Gymea Bay Primary School athletes dominated the eight, nine and ten years' events. They compiled enough points to clearly win the L.B. Williams Shield for the Champion Primary School. Second and third were Marist

Brothers, Kogarah and D.L.S. Revesby.

Marist Brothers, Kogarah clearly won the A.A. Gainsford Shield for the Champion Secondary School, It was pleasing to see school teams from Benilde, St. Johns Lakemba, D.L.S. Revesby, D.S.L. Carringbah and Marist Brothers, Penshurst competing in large numbers.

" Land State Committee of the Committee			
TO THE OWNER OF THE	THE PARTY OF	RROK	100

		TELECOTECO DIFOTELLA	
8 years	Long Jump	S. McKenzie (Gymea Bay)	3.70 m
8 years	400m Relay	Gymea Bay	65.3 sec
10 years	High Jump	M. Kitteringham (Gymea Bay)	1.29 m
11 years	High Jump	P. Raymond (D.L.S. Revesby)	1.36 m
13 years	800 metres	B. Newton (Peakhurst High)	2 min 15.6 sec
14 years	Long Jump	R. Fong (M.B. Kogarah)	6.12 m
14 years	8lb Shot	J. Neale (Hurstville)	14.28 m
14 years	Discus Throw	J. Neale (Hurstville)	45.66 m
14 years	Javelin	J. Neale (Hurstville)	46.48 m
15 years	10lb Shot	D. Sullivan (Heathcote)	13.77 m
16 years	High Jump	S. Green (Jannali)	1.86 m
16 years	Discus Throw	D. Sullivan (Heathcote)	44.14 m
16 years	Javelin	B. Hizartzidis (James Cook)	48.12 m
Open	High Jump	M. Thebridge (Benilde)	1.92 m
Open	400 metres	M. Mobarak (Punchbowl)	52.0 sec

#### RECORDS EQUALLED

15 years	High Jump	P. Jones (Narwee)	1.70 m
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#### PRIMARY SCHOOLBOYS' RESULTS

8 YEARS	mr.	20.7	77		٦	n	
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SILARS			
100 metres	1st	S. McKenzie (Gymea Bay)	15.6 sec
Long Jump	1st	S. McKenzie (Gymea Bay)	3.70 m (Record)
800 metres	1st	S. McKenzie (Gymea Bay)	2 min 58.9 sec
400m Relay	1st	Gymea Bay	65.3 sec (Record

9 YEARS	404	D. F (C D)	140
100 metres	1st	D. Lane (Gymea Bay)	14.8 sec 2 min 55.7 sec
800 metres	1st	D. Phillis (Gymea North)	1.20 m
High Jump	1st	J. Taylor (Peakhurst South)	3.83 m
Long Jump	1st	J. Taylor (Peakhurst South)	64 sec
400m Relay	1st	Gymea Bay	Ou sec
10 YEARS			
100 metres	1st	G. Hasler (D.L.S. Revesby)	14.3 sec
800 metres	1st	S. Pfeiffer (Gymea Bay)	2 min 41.9 sec
High Jump	1st	M. Kitteringham (Gymea Bay)	1.29 m (Record)
Long Jump	1st	T. Dietz (Kareela)	4,07 m
400m Relay	1st	St. Johns Lakemba	59.9 sec
11 YEARS			
100 metres	1st	L Loy (M.B. Penshurst)	14.0 sec
200 metres	1st	L Loy (M.B. Penshurst)	30.6 sec
800 metres	1st	S. Wright (Hurstville)	2 min 31.5 sec
High Jump	1st	P. Raymond (D.L.S. Revesby)	1.36 m (Record)
Long Jump	1st	M. Short (M.B. Kogarah)	4.32 m
400 m Relay	1st	Marist Brothers, Kogarah	58.4 sec
12 YEARS			
100 metres	1st	D. Scott (Sylvania Heights)	14.0 sec
200 metres	1st	S. Wellfare (Marist Brothers,	
		Kogarah)	30.4 sec
800 metres	1st	T. Kenny (D.L.S. Revesby)	2 min 41.2 sec
High Jump	1st	M. Waight (M.B. Penshurst)	1.35 m
Long Jump	1st	M. Waight (M.B. Penshurst)	4.75 m
3kg Shot	1st	A. Phillis (Gymea North)	9. 42 m
400m Relay	1st	Marist Brothers, Kogarah	56.9 sec

#### POINT SCORE - PRIMARY SCHOOLS

Junior Pennant	Senior Pennant	L.B. Williams Shield
Pts.	Pts.	Pts.
	1st M.B. Kogarah 76	
	2nd M.B. Penshurst 75 3rd D.L.S. Reveshy 57	2nd M.B. Kogarah
3rd St. Johns Lakemba 23		ord D.L.D. Hevelby or

#### SECONDARY SCHOOLBOYS' RESULTS

12 YEARS			
100 metres	1st	T. Gregan (D.L.S. Carringbah)	14.3 sec
200 metres	1st	T. Gregan (D.L.S. Carringbah)	30.2 sec
400 metres	1st	D. Medhurst (M.B. Kogarah)	69.8 sec
800 metres	1st	T. Gregan (D.L.S. Carringbah)	2 min 28.1 sec
High Jump	1st	P. Sieben (M.B. Kogarah)	1.30 m
Long Jump	1st	P. Sieben (M.B. Kogarah)	4.54 m
3kg Shot	1st	R. Fewtrell (D.L.S. Revesby)	8.10 m
400m Relay	1st	D.L.S. Carringbah	58.3 sec
0.0000000000000000000000000000000000000		TOTAL TRANSPORT AND TOTAL STREET	

10 VEADO			
13 YEARS	1st	R. Smith (D.L.S. Carringbah)	12.9 sec
100 metres	10000	C. Salmon (D.L.S. Carringbah)	29.4 sec
200 metres	1st		63.4 sec
400 metres	lst	J. Jasmin (St. Johns Lakemba)	VEHICLE TO THE PARTY OF THE PAR
800 metres	1st	B. Newton (Peakhurst)	2 min 15.6 sec (Record)
1500 metres	1st	S. Harrison (Picnic Point)	5 min 02 sec
100m Hurdles	1st	J. Mooney/D. Girard (D.L.S.C.)	18.3 sec
High Jump	1st	P. Ross (D.L.S. Revesby)	1.43 m
Long Jump	1st	B. Sakr (St. Johns Lakemba)	4.84 m
3kg Shot	1st	G. Mifsud (D.L.S. Revesby)	9. 95 m
400m Relay	1st	D.L.S. Carringbah	53.6 sec
14 YEARS			
100 metres	1st	G. Mincher (Sydney Tech.)	12.2 sec
200 metres	1st	G. Mincher (Sydney Tech.)	26.7 sec
400 metres	1st	G. Mincher (Sydney Tech.)	60.5 sec
800 metres	1st	B. Jones (M.B. Kogarah)	2 min 15.9 sec
1500 metres	1st	P. Arthur (Gymea)	4 min 46.7 sec
100m Hurdles	1st	R. Fong (M.B. Kogarah)	15.8 sec
High Jump	1st	H. Pavlidis (James Cook)	1.65 m
Long Jump	1st	R. Fong (M.B. Kogarah)	6.12 m (Record)
Triple Jump	1st	R. Fong (M.B. Kogarah)	11.97 m
8lb Shot	1st	J. Neale (Hurstville)	14.28 m (Rec.)
Discus Throw	1st	J. Neale (Hurstville)	45.66 m (Rec.)
Javelin Throw	1st	J. Neale (Hurstville)	46.48 m (Rec.)
800m Walk	1st	T. Jessup (St. Johns Lakemba)	4 min 10.7 sec
400m Relay	1st	M.B. Kogarah	49.6 sec
15 YEARS			
100 metres	1st	J. Abdullah (Peakhurst)	11.4 sec
200 metres	1st	J. Abdullah (Peakhurst)	25.5 sec
400 metres	1st	G. Purtill (Punchbowl)	55.6 sec
800 metres	1st	R. Bradley (St. Johns Lakemba)	2 min 15 sec
1500 metres	1st	P. Roseman (D.L.S. Revesby)	4 min 41 sec
100m Hurdles	1st	D. Leach (D.L.S. Revesby)	15.1 sec
High Jump	1st	P. Jones (Narwee)	1.70 (Eq. Rec.)
Long Jump	1st	P. Jones (Narwee)	5.80 m
10lb Shot	1st	D. Sullivan (Heathcote)	13.77 m (Rec.)
Discus	1st	R. Bradley (St. Johns Lakemba)	30.84 m
Javelin	1st	D. Sullivan (Heathcote)	34.98 m
Triple Jump	1st	R. Bradley (St. Johns Lakemba)	11.54 m
400m Relay	1st	St. Johns Lakemba	48.2 sec
16 YEARS			
100 metres	1st	E. Reyes (M.B. Kogarah)	11.7 sec
		P. Barrett (M.B. Kogarah)	26.2 sec
200 metres	1st	M. Paxton (M.B. Kogarah)	56.6 sec
400 metres	1st	M. Cooke (D.L.S. Revesby)	2 min 08 sec
800 metres	1st		4 min 34.6 sec
1500 metres	1st	N. Issa (St. Johns Lakemba)	16.5 sec
110m Hurdles	1st	P. Dale (Benilde)	10.0 860

			CASE 18 847
High Jump	1st	S. Green (Jannali)	1.86 m (Record)
Long Jump	1st	L. Kuhn (East Hills)	6.15 m
Triple Jump	1st	L. Kuhn (East Hills)	12.45 m
10lb Shot	1st	R. Lane (East Hills)	11.82 m
Discus Throw	1st	D. Sullivan (Heathcote)	44.14 m (Rec.)
Javelin	1st	B. Hizartzidis (James Cook)	48.12 m (Rec.)
400m Relay	1st	M.B. Kogarah	47.4 sec
OPEN			
100 metres	1st	T. Lucey (Benilde)	11.3 sec
200 metres	1st	T. Lucey (Benilde)	24.9 sec
400 metres	1st	M. Mobarak (Punchbowl)	52.00 sec (Rec.)
800 metres	1st	M. Mobarak (Punchhowi)	2 min 03 sec
1500 metres	1st	P. Donnelly (M.B. Kogarah)	4 min 16.9 sec
110m Hurdles	1st	M. Thebridge (Benilde)	16.4 sec
High Jump	1st	M. Thebridge (Benilde)	1.92 m (Record)
Long Jump	1st	M. Thebridge (Benilde)	5.75 m
Triple Jump	1st	M. Brown (M.B. Kogarah)	10.04 m
12lb Shot	1st	P. Cullen (M.B. Kogarah)	12.18 m
Discus Throw	1st	M. Thebridge (Benilde)	35.94 m
Javelin Throw	Ist	G. Carrano (James Cook)	34.44 m
800m Walk	1st	M. Choueifate (D.L.S. Revesby)	3 min 59.7 sec
400m Relay	1st	M.B. Kogarah	47 min

#### POINT SCORE - SECONDARY SCHOOLS

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#### TRACK & FIELD REPORT 1980-81 Summer Season

by Arthur Peek

The season just completed saw a revised Senior Interclub Competition at the Sydney Athletic Field. It was an integrated competition, where the Men's Association conducted its events in conjunction with the Women's Association. Unlike previous seasons where the Men's Association conducted several grade premierships, this season there was room only for three grades, hence a slight relaxing of qualifying standards for all events to aid all clubs to fill their teams. The new style competition worked fairly well but improvements can be made. Many thought that the men's competition could not be run with the women's competition. It has been proved that it can work. The new Sydney Athletic Field is a first class track, however, the field events leave a little to be desired. The hammer throw could not be conducted for several weeks for fear of the 'loo' being bombed or athletes being struck on the perimeter of the track. The hammer and discus area also encroached onto an already limited grassed warm up area.

St. George had three teams in the men's competition, where "A" Grade team finished in equal fifth place; "B" Grade finished in sixth place and "C" Grade finished in equal third place. "A" Grade had a disappointing season, winning only three matches - one against Sydney University and two against Parramatta Easts. The Club was most unfortunate to lose several top athletes in only a matter of months thus greatly depleting our strength. On many occasions we had one or even no competitors in "A" Grade events - especially the shot put where we have no one capable of qualifying. Other top athletes appearances at interclub were occasional and others unfortunately were bettling injuries which prevented them from competing. "B" Grade suffered the same fate, with so many gaps in "A" the competitors in "B" team were promoted where they could reach the qualifying "A" standard. "B" Grade won five matches throughout the season and was unlucky to win a couple more. "C" Grade got off to a disastrous start, losing its first three matches in close-scoring contests. In the following matches the "C" Grade team lost only one more match in its last ten rounds of competition to the eventual winners, Wests-Bankstown. The improved performances enabled "C" Grade to finish in equal third position in the competition

At the Southern Zone Interclub Competition held at Sylvania Waters on Friday nights, our Club was well represented. The age groups covered were — Under 13, Under 14, Under 15, and Open for both men and women. Only one team was successful in the premiership. The Open men's Division Two team scored a very surprising win in their grade. The Open men's Division One team just missed out after a very close struggle with Bankstown Sports throughout the season. The Open men's competition in the cool of the evening proved very successful with fifty of our senior athletes taking some part in the competition. The Under 15s had eleven athletes participating; the Under 14s had 12 athletes and the Under 13s had twenty-six youngsters competing in events. Bankstown Sports, Sutherland and Revesby workers were the other clubs in the Zone Competition.

Several of our younger athletes recorded exceptional performances at the NSW Secondary Schools Coca-Cola Games in October and appear destined to a bright athletic career. They then progressed to the Australian All Schools Championships in December where they again registered fine performances.

The N.S.W. Relay Championships were held in late November and our Club finished with seven medal winning teams — three gold, three silver and one bronze. The outstanding performances this year was by the Under 15 team of J. Neale, R. Fong, L. Bray and D. Barkas who made a clean sweep of the State 4 x 100, 4 x 200 and 4 x 400 metre championships — a magnificent achievement and the team was awarded the Junior Leader Sportstar of the Week.

The N.S.W. Novice Championships held in late January '81 saw St. George athletes fill seven places in the finals. John Sullivan — 100 metres, Ray Stephenson — 5000 metres and Angelo Cachinero — javelin were our winning athletes.

During the Australia Day weekend in January a small team competed in Canberra at the Australia Day Relays. They were most successful in winning fifteen team medals against some very strong interstate opposition over two days of strenuous competition. We had five gold medals, two silver and eight bronze medal winning teams in the Sub-Junior, Junior and Senior events. The squad also finished a creditable sixth in the overall point score competition.

The A.C.T. Track & Field Championships were held at the Bruce Stadium during early February. St. George athletes returned with twenty medals from these championships, nine gold, eight silver and three bronze from all age groups. Our Under 15 team of H. Pavlidis, R. Fong and L. Bray completely dominated the six field events in their age group winning all events and gaining three places as well.

The N.S.W. Track & Field Championships were held during late February. The Under 15 competitions at Hensley Athletic Field and the U/17, U/20 and Seniors at Sydney Athletic Field. The Under 15s finished with eight medals — three gold, one silver and four bronze by athletes Fong, Bray and Pavlidis. The Senior athletes of the Club collected eleven medals. Lawrie Whitty won both the Senior 5000m and 10,000m championships. Club athletes also won four silver and five bronze medals to give us a total of eleven.

The N.S.W. Age Championships were conducted at the Sydney Athletic



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Field at the end of February. Here Under 16 athlete James Neale won three events he entered. On the first day he won the discus and on the second day he won both the shot and javelin establishing new Club records with his effort. Robert Fong won both the long jump and 200m hurdles. Club athletes also won two silver and one bronze medal at the age titles.

Team manager Alleyn Gainsford and nineteen club athletes made our third successive trip to the Tasmanian Track and Field Championships held at the Domain Athletic Centre, Hobart on February 28th, March 1st & 2nd, 1981. Although the smallest team yet to venture south we came back with sixteen placings in the championships — 3 firsts, 6 seconds and 7 thirds. John Sullivan was a brilliant winner of the 200m final, Russel Abberton outclassed the best Tasmanian Junior 800m runners and Ian Ison retained his hammer throw title in the Senior ranks for the third successive year. It was again a most successful trip and Mr Gainsford must be thanked for his tireless efforts to get us there and back. It was pleasing to see several of our younger athletes on the trip this year and their results are encouraging.

During the summer season our Club athletes made several trips to country carnivals and returned each time with some very successful results. Early in the season Junior sprinter Paul McCaffrey won the Canberra Times Titles 100 metres and 200 metres in the Under 20 age group, Robert Fong won the Under 15 years high jump and long jump at the same carnival. James Neale won the Under 15 years shot and second in the discus both breaking Club records. At the Goulburn Workers Carnival a day later Robert Fong again won the Under 15 years long jump and high jump and James Neale won the Under 15 shot.



Lawrie Whitty winning the A.C.T. 12km Cross-Country in Canberra.



Dubbo Open Carnival — January, 1981 Front: D. Simes, P. Jones, J. Neale. Back: A. Peek, R. Fong, P. McCaffrey,

At the Dubbo Open Meet on the 4th January 1981, Club athletes won fourteen medals — seven gold, six silver and one bronze in various age groups. In the 14 years age group, R. Fong won the high jump and finished second in the long

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jump, shot put and 100 metres. J. Neale won the javelin, won the shot put with a new carnival record throw and finished a very close second in Club record time in the 800 metres in the fourteen years age group. James also won the discus in the Under 17 years competition. Paul Jones won the Under 17 years high jump and Dean Simes won both the Under 20 years 800 and 1500 metres races. At the Springwood Open Carnival on the 15th March, 1981 St. George Club athletes recorded thirty-three placings during a mammoth 180-event programme. Our athletes won eleven events, set two new records and equalled two others. James Neale smashed the ground and our own Club record with a mighty 52,68 m throw in the Under 17 javelin event. Carol Neal bettered the record by nearly three seconds in the women's 035 400 metres. Harry Paylidis equalled Paul Jones' ground record of 1.73 m in the Under 15 high jump and brilliant sprinter John Abdullah equalled the record in the 100 metres Under 17 after nearly three months out of racing with injuries. The trip to Springwood was a one day event and it was quite an enjoyable day shared with the St. George Women's Association who joined us on the bus trip which was fully booked.

The Australian Track and Field Championships were in Adelaide during late March and here Club athletes Lawrie Whitty and Mark Jones both recorded excellent results. Lawrie won the Senior 10,000 metres and finished third in the Senior 5,000 metres and Mark finished second in the Junior 2,000m

steeplechase in a new Club record time of 5 min 53.4 seconds.

Throughout the season Club athletes bettered existing Club records on 24 occasions and established new records on four other occasions. James Neale had an incredible season and his name appears on the list 14 times as an individual competitor and four times as a member of the relay team. He surely must be the outstanding athlete of the season. Robert Henderson established new records for the Under 17 years 200 and 400 metres and Junior Mark Jones set new times in the 2000m steeplechase. The Under 15 relay team of Fong, Bray, Barkas and Neale set new times in the 4 x 100, 4 x 200 and 4 x 400 metre events and John Andrews bettered Alby Thomas' record in the 3000 metres by running 8 min 60.81 sec in Hamilton, New Zealand during January, 1981. Thomas' record was set back in 1960 and Andrews' fine run was an outstanding effort. Performances of our leading athletes in setting new Club records are as follows:

R. Fong	U/15	Long Jump	6.12 metres	21. 9.80	(6.06)	
J. Neale	U/15	Discus 1kg	51.73 metres	5.10.80	(48.52)	
J. Neale	U/15	Shot 4kg	13.70 metres	6.10.80	(13.45)	
R. Henderson	U/17	200 metres	21.6 seconds	11,10,80	(22.2)	
R. Henderson	U/17	400 metres	49.6 seconds	12.10.80	(51.0)	
J. Neale	U/15	Shot 8lb	15.96 metres	12.10.80	(13.49)	
J. Neale	U/15	Javelin 600g	48.38 metres	24.10.80	(42.94)	
J. Neale	U/17	Discus 11/2kg	42.68 metres	22.11.80	(39.62)	
M. Cockayne	U/13	Shot 3kg	10.59 metres	28.11.80	(10.07)	
J. Neale	U/15	Javelin 600g	49.20 metres	5.12.80	(48.38)	
L. Whitty	Senior	Marathon	2hr 15min 23sec	7.12.80	(2.23.39)	
J. Neale	U/17	Shot 4.5kg	13.69 metres	20.12.80	(13.65)	
J. Neale	U/17	Discus	42.94 metres	21.12.80	(42.68)	
J. Neale	U/15	800 metres	2 min 3 sec .95	4. 1.81	(2.7.6)	
J. Andrews	Senior	3000 metres	8 min 00.81 sec	21, 1,81	(8.01.4)	
J. Neale	U/17	Discus	43.22 metres	24. 1.81	(42.94)	
J. Neale	U/17	Javelin	52.68 metres	15, 3.81	(51.60)	
M. Jones	U/20	Steeplechase	5 min 53,31 sec	22. 3.81	(5.59.9)	

J. Neale		U/17	Javelin	51.60 metres	1. 3.81	(48.34)
J. Neale		U/17	Shot 4kg	15.10 metres	1. 3.81	New
J. Neale		U/17	Javelin	52.68 metres	15.3.81	(51.60)
M. Jones		U/20	Steeplechase	5 min 53.31 sec	22. 3.81	(5.59.9)
C. Whiter	nan	Senior	1 hour run	18480.70m	28. 3.81	(18212.1m)
The J	uven	ile rela	v teams to esta	blish new records	are:-	
4x100m	U/18			s, L. Bray, J. Neal		(48.7)
4x200m	U/18	5 R. F	ong, D. Barka:	s, L. Bray, J. Neab	e 1m 38.7 se	c (1.40.2)
4x400m	U/18	5 R. F	ong, D. Barka	s, L. Bray, J. Neal	e 3m 45.9 se	c New
4x800m	U/18				9m 10.1 se	
		B. N	Newton	A CONTRACTOR OF THE PARTY OF TH		
4x1500m	U/18	5 I. A	rgall, B. Newt	on, M. Lubrano,	19m 26.7 s	ec New
		M. (	Candy			

You will see from the following results that the St. George Club has done remarkably well at the many different carnivals where our athletes have competed. It has been a most hectic season with many impressive results as all of these results will show.

#### **CLUB CHAMPIONSHIPS**

Club championships for the 1980-81 season were based on the athletes' individual performances at Interclub competition on Saturday afternoons, performances at Sylvania Waters during the Southern Zone Interclub, performances at the N.S.W. Track and Field Championships during February, 1981 and performances at the N.S.W. Age Championships on February 28th and March 1st, 1981.

400	EYBAT	TO	Th.	76.0	EΝ
100	BO DO	24.3	H.	-1909	DOM:

DESCRIPTION DEFEND			
100m	J. Sullivan & S. Longde	n-Gee (10.89)	G. Chaplin
200m	J. Sullivan (21.67)	S. Longden-Gee	J. McLoughlin
400m	S. Longden-Gee (47.53)	J. McLoughlin	J. Fortescue
800m	J. McLoughlin (1.53.4)	D. Simes	R. Stephenson
1500m	R. Stephenson (3.52)	P. Cotton	J. Fisher
5000m	L. Whitty (14.06.5)	J. Andrews	R. Stephenson
10.000m	L. Whitty (29.43.6)	C. Whiteman	
110m Hurd 3'6"	J. Kenny (15.12)	M. Howden	
400m Hurd 3'	S. Longden-Gee (54.09)	J. Fortescue	A. Cachinero
3000m Steeple	J. Bowers (9,53,8)	N. Derry	THE REWARD OF
1500m Walk	T. Nunn (7.36)	T. Richards	
3000m Walk	T. Nunn (16,11)	T. Richards	
High Jump	A. Cachinero (1.50)	K. Duv	
Long Jump	A. Cachinero (6.69)	W. Bird	L. Mitchelson
Triple Jump	G. Johnson (13.53)	A. Cachinero	L. Mitchelson
2kg Discus	A. Scott (38.20)	L. Mitchelson	M. West
800g Javelin	L. Mitchelson (51.32)	A. Cachinero	M. West
16lb Hammer	I. Ison (47.50)	L. Mitchelson	3741 175000

JUNIOR MEN -	- Under 20		
100m	R. Henderson (11.11)	P. McCaffrey	R. Abberton
200m	R. Henderson (22.33)	P. McCaffrey	D. Snowden
400m	G. Elliott (51.31)	R. Abberton	D. Snowden
800m	R. Abberton (1.55.2)	M. Jones	D. Simes &
			G. Elliott
1500m	M. Jones (3.58.3)	D. Simes	M. Todd
110m Hurd 3'3"	M. Howden (18.0)	D. Kimpton	D. Beilby
400m Hurd 3'	M. Howden (59.87)	Gallia di Gallia	31136717
2000m Steeple	M. Jones (5.59.9)	P. McGuckin	S. Mohr
High Jump	M. Howden (1.70)	D. Beilby	C. Sams
Long Jump	M. Howden (5.78)	C. Sams	D. Beilby
Triple Jump	C. Sams 11.60	M. Howden	D. Beilby
Pole Vault	M. Howden (2.60)		100000000000000000000000000000000000000
12lb Shot	A. Scott (12.84)	D. Snowden	M. Howden
1.5kg Discus	A. Scott (42,76)	M. Howden	D. Beilby
800g Javelin	A. Scott (49.46)	M. Howden	D. Beilby
12lb Hammer	A. Scott (38.14)		
5000m	M. Todd (15.37.5)	W. McCourt	S. Macks
1500m Walk	G. Breese (6.38)		
3000m Walk	G. Breese (15.26.7)		
10,000m Walk	G. Breese (57.36)		
SUB-JUNIOR -	- Under 17		
100m	R. Henderson (11.02)	J. Abdullah	A. Dunshea
200m	R. Henderson (22.47)	J. Abdullah	D. Miller
400m	R. Henderson (51.25)	I. Simpson	A. Dunshea
800m	I. Simpson (1.58.2)	R. Henderson	R. Evans
1500m	I. Simpson (4.17)	R. Evans	M. Candy
3000m	G. Gielassen (10,50)		
110m Hurd 3'	P. Jones (16.3)	D. Kimpton	R. Fong
200m Hurd 2'9"	P. Jones (29.56)	A. Dunshea	G. Gielassen



Ray Stephenson — Club 1500m and Mile Champion in 1980-81.

	Section 191	D D		
	2000m Steeple	R. Evans (7,20)		
	1500m Walk	G. Gielassen (9.21)	D. Winner	G. Gielassen
	High Jump	P. Jones (1.85)	D. Kimpton	Control of the Porton was been all the
	Long Jump	D. Kimpton (6.08)	P. Jones	A. Dunshea
	Triple Jump	D. Kimpton (12.45)	P. Jones	A. McGoldrick
	Shot 10lb	J. Neale (13.34)	D. Kimpton	D. Scott
	Discus 1.5kg	J. Neale (42,72)	D. Scott	D. Kimpton
	Javelin 700g	J. Neale (51.60)	D. Kimpton	D. Scott
	JUVENILE - U	Under 15		
	100m	J. Neale (11.95)	D. Barkas	L. Bray
	200m	J. Neale (24.48)	D. Barkas	R. Fong
	400m	J. Neale (54.5)	D. Barkas	R. Fong
	800m	J. Neale (2.16.61)	M. Candy	R. Fong
	1500m	B. Newton (4.44)	I. Argall	S. Sherwin
Ī	3000m	M. Candy (10.10)	B. Newton	I. Argall
	100m Hurd 2'9"			
	200m Hurd 2'9"	R. Fong (28.4)	L. Bray	M. Henderson
	1500m Walk	G. Scott (9.18)	M. Avery	D. Gluyas
	High Jump	H. Paylidis (1.78)	R. Fong	L. Bray
	Long Jump	R. Fong (5.92)	L. Bray	H. Paylidis
	Triple Jump	R. Fong (12.77)	L. Bray	H. Pavlidis
	Shot 8lb	D. Barkas (13.43)	R. Fong	H. Pavlidis
	Discus 1kg	J. Neale (51.46)	R. Fong	L. Bray
	Javelin 600g	J. Neale (49.20)	H. Pavlidis	R. Fong
	77. CA. (1975) 77. (1975) 78. (19			- 2000000000000000000000000000000000000



Three of the Club's Junior athletes — Dean Kimpton, Craig Sams and David Snowden at Wyatt Park during interclub season.

SUB-JUVENILI	E — Under 13		
100m	A. Warren (13.98)	J. Taylor	A. Jackson
200m	J. Taylor (29.59)	A. Warren & A.	Jackson
400m	S. Harrison (65.60)	M. Batty	M. Parent
800m	S. Harrison (2.26)	M. Parent	S. Wright
1500m	S. Harrison (4.54)	S. Wright	M. Parent
3000m	S. Harrison (11.09)	J. Dunn	A. Warren
80m Hurd 2'6"	A. Warren (17.0)		
200m Hurd 2'6"	J. Dunn (40.68)		
1500m Walk	C. Griffiths (10.06)	S. Harrison	A. Jackson
High Jump	C. Griffiths (1.30)	S. Harrison	T. Horder
Long Jump	C. Griffiths (4.27)	A. Warren	J. Taylor
Triple Jump	C. Griffiths (9.15)	M. Cockayne	A. Warren
Shot 3kg	M. Cockayne (10.59)	A. Warren	A. Kantas
Discus 1kg	A. Warren (25.82)	M. Cockayne	C. Griffiths
Javelin 600g	M. Parent (24.44)	A. Warren	D. Johnston

#### INTERCLUB RESULTS FROM SYDNEY ATHLETIC FIELD

			"A" GR.	ADE		
18.10.80	R.H.	92	d StG	75		
25.10.80	Suth	108	d StG	93		
1.11.80	StG	84	d S.U.	73		
8.11.80	StG	128	v P.E.	119	v S.U.	67
15.11.80	R.B.	143	d StG	62		
22.11.80	W.B.	136	d StG	67		
29.11.80	W.B.	181	v StG	93	v M/UNSV	W 81
6.12.80	R.B.	143	v R.H.	143	v StG	117
27.12.80	StG	95	d P.E.	81		
10. 1.81	M/UNSW	109	d StG	84		
31. 1.81	N-M	160	v StG	103	v Suth	93
7. 3.81	N-M	106	d StG	94		
14. 3.81	Suth	129	v StG	115%	v P.E.	701/1

		'C" GRADE				"B" (	GRADE
18.10.80	S.U.	71 & StG	71	M/UNSV	N 87	d StG	67
25.10.80	N-M	110 d StG	68	G.V.H.D	. 80	d StG	71
1.11.80	R.H.	82 d StG	64	R.B.	71	d StG	66
8.11.80	StG	98 d Suth	75	StG	991/4	d W.B.	97%
15.11.80	R.B.	110 d StG	77	StG	121	d Marr.	45
22.11.80	W.B.	133 d StG	66	StG	117	d N-M	83
29.11.80	StG	89 d P.E.	66	StG	122	d Suth	69
6.12.80	G.V.H.D.	95 d StG	73	StG	91 1/2	d W.B.	82
27.12.80	M/UNSW	62 d StG	42	StG	106	d Fair.	66
10. 1.81	StG	100 d S.U.	40	W.B.	131%	d StG	761/2
31. 1.81	StG	98 d G.V.H.D.	75	StG	103	d R.B.	42
7. 3.81	StG	72 d P.E.	70	StG	123	d R.R.	30
14.3.81	R.B.	77 d StG	59	StG	85	d Marr.	14

#### SENIOR INTERCLUB POINT SCORE RESULTS

A GRADE	B GRADE	C GRADE
107 S. Longden-Gee	105 M. Howden	110 P. Jones
98 J. Sullivan	60 A. Scott	81 M. Howden
63 L. Mitchelson	44 D. Kimpton	76 T. Richards
60 A. Scott	41 T. Nunn	70 P. Phillips
56 M. Howden	35 D. Simes	58 A. Peek
54 R. Stephenson	33 S. Macks	55 P. McCaffrey
51 N. Derry	32 M. West	44 B. McCourt.
48 J. Bowers	31 J. McLoughlin	39 S. Macks
46 L Ison	W. McCourt	R. Gribble
44 A. Cachinero	30 A. Cachinero	36 L. Mitchelson

#### SOUTHERN ZONE INTERCLUB POINT SCORE RESULTS

OPEN GRADE	UNDER 15	UNDER 14	UNDER 13
1st A. Peek	1st L. Bray	1st M. Avery	1st A. Warren
2nd D. Beilby	2nd R. Fong	2nd G. Scott	2nd S. Harrison
3rd J. Page	3rd J. Neale	3rd A. Sparta	3rd C. Griffiths



Athletes at Australia Day Relays, Canberra, January, 1981.

## CANBERRA TIMES TITLES Sunday, 5.10.80, National Athletics Stadium — Bruce

U/15	100 metres	R. Fong	12.5 sec	3rd
	200 metres	B. Newton		4th
	800 metres	B. Newton		6th
	Discus	J. Neale	51.73 m	2nd
	High Jump	R. Fong	1.64 m	1st
	Shot	J. Neale	15.80 m	1st
	Long Jump	R. Fong	5.71 m	1st

U/17	100 metres	J. Abdullah	11.3 sec	2nd
	200 metres	J. Abdullah	23.8 sec	3rd
	Long Jump	P. Jones	20.0 300	5th
	High Jump	P. Jones	1.80 m	2nd
	Javelin	J. Neale	4.00 111	2nd
U/20	100 metres	P. McCaffrey	11.1 sec	1st
	200 metres	P. McCaffrey	22.6 sec	1st
Open	100 metres	S. Longden-Gee	22.0 Sec	3rd
- Shows	200 metres	S. Longden-Gee		2nd
	200 11101100	J. Sullivan		3rd
	Hammer	I. Ison	48.04 m	2nd
	Javelin	A. Peek	40.04 111	9th
	00.000	211 I OUA		Otes
	GOUL	BURN WORKERS CAR	RNIVAL	
		Monday, 6.10.80		
U/15	100 metres	R. Fong	12.7 sec	3rd
	400 metres	B. Newton		6th
	Shot 4kg	J. Neale	13.70 m	1st
	Shot	R. Fong	11.10 m	3rd
	High Jump	R. Fong	1.58 m	1st
	Long Jump	R. Fong	5.31 m	1st
U/17	High Jump	P. Jones	2007-100	2nd
	Long Jump	P. Jones		3rd
	100 metres	J. Abdullah		2nd
	400 metres	J. Abdullah		3rd
Open	100 metres	A. Peek	12.2 sec	4th
	3000 metres	A. Peek	Amin DOL	9th
		nal (S. Longden-Gee, J.	Sullivan.	- Delta
	Team A	P. McCaffrey, R. Gi	urr)	1st
	4x100m Relay Fi	nal		1
	Team B	(J. Abdullah, R. Fon	g. R. Nash, A. Peek)	6th
	Javelin	A. Peek	B) an around ser a comp	4th
	3.414,0000	(27), 2), 227)		
		DARY SCHOOLS COCA		
	Sydney Au	iletic Field, 11-12th Oc	200er, 1880	
U/19	100 metres	R. Henderson	10.9 sec	1st
	200 metres	R. Henderson	21.6 sec	1st
	400 metres	R. Henderson	49.6 sec	3rd
U/17	Long Jump	D. Kimpton	6.03 m	3rd
	Triple Jump	D. Kimpton	12.85 m	3rd
U/16	100 metres	J. Abdullah	11.0 sec	1st
831111	200 metres	J. Abdullah	22.8 sec	2nd
	High Jump	P. Jones	1.80 m	2nd
U/15	Shot	J. Neale	15.96 m	4th
14.0	Discus	J. Neale	49.97m	1st
	Triple Jump	R. Fong	12.13m	2nd
	Long Jump	R. Fong	5.85 m	1st
U/14	800 metres	B. Newton	2 min 12 sec	4th
10000	STATE OF THE STATE		7500 (0.000)	100.00

The St. George Club has some of the best young athletes in the State as can be seen by the above results. Track sprinters Henderson and Abdullah are developing into first class athletes over the 100 and 200-metre events whilst. Neale and Fong are gaining strength in field events. The Club extends their congratulations to all the above athletes for their outstanding achievements.

#### ALBERT THOMAS 3,000 METRES FOR MEN Hensley Athletic Ticld, 15.10.80

A Division	C. Whiteman	8 min 45 sec	2nd
	J. Fisher	9 min 05 sec	3rd
	A. Thomas	min 34 sec	5th
B Division	P. Phillips	9 min 45 sec	4th
C Division	C. Hadjidakis	10 min 17 sec	1st

#### ANGELA COOK 10,000 METRES FOR WOMEN

Ann Harding 37 min 14.9 sec 1st

#### NORTHERN SUBURBS TWILIGHT CARNIVAL Chatswood Rotary Field, 28.10.80

The highlight of the meet was the 10 km which produced great early season form from many athletes. The 5 km was reached in 14 min 44 sec with the leading runners being John Andrews, Lawrie Whitty, Andrew Lloyd and Danny Boltz. Andrews and Whitty alternated the lead for much of the race with Lloyd sitting in. With 800 metres remaining Andrews accelerated away and finished in a new N.S.W. residential record of 29 min 09.2 sec breking John Farrington's 29.16.2 set in 1970. Whitty held Lloyd off to finish with a personal best time of 29 min 20 sec and Col Whiteman finished well in fourth place also with a personal best time of 29 min 52 sec. John Fisher ran well with a time of 32 min.

#### SYDNEY METROPOLITAN RELAY CHAMPIONSHIPS Wyatt Park, Auburn, 4th and 11th November, 1980

4 x 100m Heats Team A: J. Sullivan, R. Henderson, S. Longden-Gee, R. Gurr Team B: S. Harmey, D. Teuma, J. McLoughlin, R. Abberton Team C: M. Howden, D. Miller, A. Peek, P. McCaffrey	47.7 45.8 47.7	5th 2nd 6th
4 x 100m Final	V9350V	
Team B: Finished 5th	45.6 sec	
4 x 800m Heats		
Team A: R. Abberton, J. McLoughlin, R. Stephenson, N. Derry	8.44.7	
Team B: D. Simes, M. Howden, S. Macks, S. Longden-Geo	8.40.7	
4 x 800m Final		
Team A: Finished 4th	8m 13.2	Sec
	8m 49.3	sec
4 x 1500m		
Team A: N. Derry, M. Todd, R. Stephenson, W. McCourt		
Toom D. D. Simon S. Master S. Edwards W. Sassu		

Team B: D. Simes, S. Macks, S. Edwards, W. Seary

Team A finished 4th 17m 01.1 sec, Team B finished 10th 18m 56 sec.

#### 4 x 400m Final

Team A: I. Simpson, P. McCaffrey, D. Simes, M. Howden

Team B: D. Snowden, S. Macks, D. Miller, A. Peek

Team A finished 5th in 3 m 34.9 sec. Team B finished 8th in 3m 49.9 sec.

#### N.S.W. STATE RELAY CHAMPIONSHIPS Sydney Athletic Field, 23rd and 30th November, 1980

#### SENIOR RESULTS

4 x 100m: Team A — J. Sullivan, R. Henderson, S. Longden-Gee, R. Gurr finished 2nd, time 42.28 sec. The team qualified for the final by finishing second in a heat in 43.79 seconds. We looked all set for victory but Randwick-Botany just caught us on the line in a time of 42.21 sec. Team B - McCaffrey, Peek, Fortescue and Harmey finished fifth in a heat in 45.88 sec and did not qualify for the

4 x 200m: Team A - J. Sullivan, M. McCaffrey, J. Fortescue, S. Longden-Gee finished 2nd, time 1 min 28.1 sec. The team qualified easily in the fastest heat time of 1.30.9 but again Randwick-Botany were just too strong for us with a winning time of 1 min 26.9 sec. Team B - Meier, Miller, Snowden and Peek finished sixth in a heat in 1 min 39.5 sec and did not qualify for the final.

J. Sullivan, J. McLoughlin, J. Fortescue, S. Longden-Gee finished 4 x 400m: 3rd, time 3 min 18.7 sec. Here again Randwick-Botany proved too strong for us and completed a hat-trick of wins in 3 min 13.1 sec.

4 x 1500m: P. Cotton, N. Derry, C. Whiteman, A. Peek finished 5th, time 17 min 39.8 sec. Western Suburbs was the winning team in 15 min

41 sec.

#### JUNIOR RESULTS

4 x 100m; M. Howden, D. Miller, A. Meier, J. Abdullah finished 8th, time 45.97 sec. This team just scraped through the heats qualifying in 46.40 sec. South Coast was the winning team in 42.80 sec.

P. McCaffrey, I. Simpson, M. Howden, D. Miller finished 6th, 4 x 200m: time 1 min 35.6 sec. Qualified for the final by recording 1 min 34.9 sec in a heat but could not reproduce that effort in the final again won by South Coast in 1 min 28.8 sec.

I. Simpson, P. McCaffrey, M. Howden, D. Simes finished 5th, 4 x 400m: time 3 min 30.2 sec. Heats were not required for this event and was won by Randwick-Botany in 3 min 18.7 sec.

I. Simpson, P. McGuckin, M. Todd, D. Simes finished a close 4 x 800m: fourth, time 8 min 10.5 sec.

4 x 1500m; M. Todd, W. McCourt, D. Simes, S. Macks finished a close fourth again, time 17 min 00.3 sec.

#### JUVENILE RESULTS

4 x 100m: R. Fong, D. Barkas, L. Bray, J. Neale were brilliant winners in the smart time of 48.21 sec. After an impressive heat win in 48.34 sec. this team completed outclassed all the opposing teams.

4 x 200m: R. Fong, J. Neale, D. Barkas, L. Bray had this race won a long way from home to win by 3.4 sec. Their winning time was a smart 1 min 38.7 sec after an effortless win in the heats by some five seconds.

R. Fong, D. Barkas, L. Bray, J. Neale were most impressive in 4 x 400m: running the opposition off their legs to record a stunning victory by 5 seconds. The winning time was 3 min 45.9 sec and it gave this excellent team of athletes a hat-trick of wins. To qualify for the final the team coasted to a second placing in a heat in 3 min 48.2 sec.

4 x 800m; R. Fong, I. Argall, B. Newton, J. Neale finished 2nd, time 9 min 10.1 sec. six seconds behind the winning team, Sutherland in record time. To qualify for the final this team finished second to Sutherland in a heat in 9 min 18.9 sec and their effort in the final was excellent

4 x 1500m: M. Lubrano, I. Argall, B. Newton, M. Candy finished 6th, time 19 min 26.7 sec, 46.9 seconds behind the winning team -Sutherland.

#### AUSTRALIAN ALL-SCHOLLS TRACK & FIELD CHAMPIONSHIPS Sydney Athletic Field 13th & 14th December, 1980

U/15	100m Hurdles	R. Fong	6th
	Long Jump	R. Fong	5th
	Discus	J. Neale	5th
	Shot	J. Neale	4th
	Triple Jump	R. Fong	5th
	Javelin	J. Neale	8th
U/17	800m	I. Simpson	5th
U/19	200m	R. Henderson	Heats - 2nd, Final - 4th
	200m	P. McCaffrey	Heats — 6th
	100m	P. McCaffrey	Heats — 5th
	100m	R. Henderson	Heats — 1st, Final Equal 3rd



Juvenile State Team Representative (U/15) - Robert Fong and Harry Paylidis.



Peter Phillips running at Interclub.

#### DUBBO OPEN CARNIVAL 4th January, 1981

		A STATE OF THE PARTY OF THE PAR		
14 yrs	800m	J. Neale	2 min 3.95 sec (Club Juv. Rec.)	2nd
	100m	R. Fong	12.65 sec	2nd
	High Jump	R. Fong	1.63 m	1st
	Long Jump	R. Fong	5.78 m	2nd
	Shot	J. Neale	14.69 m	1st
	Water Comments		(Dubbo Record)	
	Shot	R. Fong	12.55 m	2nd
	Javelin	J. Neale	41.80 m	1st
U/17	High Jump	P. Jones	1.75 m	1st
200	Long Jump	P. Jones	5.62 m	2nd
	Discus	J. Neale	38.94 m	1st
	100m	P. Jones	50.00 4 444	7th
U/20	100m	P. McCaffrey		5th
	400m	D. Simes	53.88 sec	2nd
	800m	D. Simes	1 min 58.9 sec	1st
	1500m	D. Simes	4 min 19 sec	1st
Open	Javelin	A. Peek	32.50 m	3rd
o pean	1500m	A. Peek	Onion in	4th
	4 x 100m Relay	(Fong, Jones, Peek, M	cCaffron)	4th
	a see a second a second ?	I'v confet a correct v court ver	COMMERCE STA	A. LOLL

#### SYDNEY METROPOLITAN NOVICE TRACK & FIELD CHAMPIONSHIPS Hensley Athletic Field, 24th & 25th January, 1981

3000 metres Steeplechase	N. Derry	10 min 05 sec	2nd
100 metres Final	J. Sullivan	10.7 sec	1st
1500 metres Final	P. Cotton	4 min 4 sec	3rd
Javelin Throw	A. Cachinero	49.68 m	1st
Long Jump	A. Cachinero	6.69 m	3rd
5000 metres	R. Stephenson	15 min 18 sec	1st
5000 metres	C. Whiteman	- (1)	2nd

#### AUSTRALIA DAY RELAYS

#### National Athletics Stadium, Bruce, A.C.T., 24th & 25th January, 1981

Athletics was one of many sporting activities held in Canberra over the long weekend, where teams from all parts of Australia participate. The Bruce Stadium is a magnificent arena and our athletic teams did exceptionally well and recorded some excellent results. Our small team showed some of the strength at St. George and returned with fifteen team medals — 5 gold, 2 silver and 8 bronze.

#### Sub-Junior Events Contested

- 4 x 100m; R. Fong, L. Bray, D. Barkas, J. Neale finished 3rd in 47.4 sec.
- 4 x 200m; R. Fong, L. Bray, D. Barkas, J. Neale finished 4th in 1 min 39.9 sec.
- 4 x 400m; D. Barkas, L. Bray, R. Fong, J. Neale finished 3rd in 3 min 46.4 sec.
- 4 x 800m; R. Fong, H. Pavlidis, D. Kimpton, J. Neale finished 4th in 9 min 32.7
- 3 x Shot: J. Neale, D. Kimpton, D. Barkas proved too strong to win with a collective throw of 36.58 metres.
- 3 x High Jump: R. Fong, H. Pavlidis, P. Jones finished 3rd with a total jump of 5 metres.
- 3 x Discus: R. Fong, D. Kimpton, J. Neale were an unbeatable combination with a total throw of 107.72 metres.
- 3 x Long Jump A; P. Jones, D. Kimpton, R. Fong 1st. B; H. Pavlidis, L. Bray, D. Barkas — 3rd.

Here, both teams jumped well with the "A" team coming out as clear winners over Malvern Harriers from Melbourne with our B team only a matter of centimetres off claiming second place. The A team's total jump was 17.25 metres.

3 x Javelin — A: D. Kimpton, J. Neale, H. Pavlidis — 1st. B: P. Jones, R. Fong, D. Barkas — 4th.

Again both teams performed well with the "A" team proving too strong for Malvern Harriers in this event with a total throw of 130,26 metres. The "B" team did well to finish fourth and only missed third place by some four centimetres with a total throw of 88,46 metres.

#### Junior Events Contested

- 4 x 100m; C. Sams, P. McCaffrey, D. Snowden, P. Jones finished 2nd in 45.6 sec behind Malvern Harriers.
- 4 x 200m; D. Snowden, C. Sams, D. Kimpton, P. McCaffrey were brilliant winners in this event after the much favoured top Victorian team Malvern Harriers set up a good lead in the middle stages of the race. In an excellent display of team running our team gradually narrowed the gap. McCaffrey ran the race of his life to hit the front thirty metres before the finish and raced on to a very big win in 1 min 34.5 sec.
- 4 x 400m: D. Snowden, C. Sams, D. Kimpton, P. McCaffrey finished 3rd in 3 min 36.89 sec.
- 3 x High Jump: C. Sams, D. Snowden, L. Bray finished 3rd with a total jump of 4.35 metres.

3 x Long Jump: H. Pavlidis, P. McCaffrey, C. Sams finished 3rd with a total jump of 16.17 metres.

#### Senior Events Contested

- 4 x 100m; C. Sams, P. McCaffrey, D. Snowden, A. Peek finished a very close 5th in the final in 46.54 seconds, only two seconds separated the first six places in what was a most hectic finish.
- 4 x 200m: C. Sams, D. Barkas, A. Peek, P. Jones finished sixth in the final in 1 min 45.56 sec.
- 4 x 400m: D. Snowden, P. McCaffrey, H. Pavlidis, A. Peek were eliminated in the heats of this event.
- 4 x 800m: D. Snowden, P. McCaffrey, L. Bray, A. Peek were eliminated in the heats of this event.
- 3 x High Jump: D. Kimpton, P. Jones, H. Pavlidis finished 2nd with a total jump of 5.05 metres. It was not a bad effort by a team of youngsters — one 14, 15 and 16 against senior competition.
- 3 x Shot: P. McCaffrey, J. Neale, A. Peek finished in 6th place with a total thow of 25.19 metres with a 16lb shot.
- 3 x Discus: J. Neale, D. Kimpton, A. Peek finished in 6th place with a total throw of 77 metres.
- 3 x Long Jump: L. Bray, A. Peek, P. Jones finished in 4th place with a total jump of 15.60 metres.
- 3 x Javelin: D. Kimpton, A. Peek, J. Neale finished in 3rd place in the competition with a total throw of 107.80 metres.

#### A.C.T. TRACK & FIELD CHAMPIONSHIPS National Athletics Stadium, Bruce, 7th & 8th February, 1981

Club athletes returned with 20 medals from the championships giving the Club and athletes a very successful weekend. Nine gold, eight silver and three bronze was the medal tally. Most impressive were the Under 15 duo of Robert Fong and Harry Pavlidis who between them won all the field event gold medals in their age group.

		RESULTS		
U/15	100m Final	R. Fong	12.4	4th
		L. Bray	12.7	7th
	200m Final	L. Bray	26.5	7th
	100m Hurdles	R. Fong	14.7	2nd
	Javelin	H. Pavlidis	48.34 m	1st
	Triple Jump	R. Fong	12.18	1st
		H. Pavlidis	11.33	3rd
		L. Bray	11.11	4th
	High Jump	H. Pavlidis	1.70	1st
		R. Fong	1.55	4th
	Shot	H. Pavlidis	11.68	1st
		R. Fong	11.40	2nd
	Long Jump	R. Fong	5.88	1st
		L. Bray	5.48	3rd
	-34	H. Pavlidis	5.39	4th
	Discus	R. Fong	38,30	1

U/17	High Jump Triple Jump Long Jump 110m Hurdles	P. Jones P. Jones P. Jones P. Jones	1.80 12.07 5.62 16.5	1st 2nd 4th 1
U/20	100m Final	P. McCaffrey D. Snowden	11.3 11.6	2nd 4th
	200m Final	P. McCaffrey D. Snowden	22.9 23.6	2nd 5th
	400m Final	P. McCaffrey D. Snowden S. Macks	52.5 53.0 53.1	4th 5th 6th
	800m Final 1500m Final	D. Simes S. Macks D. Simes	1.59.5 2.04 2nd	1st 6th
Senior	100m Final 200m Final 800m Final 3000m Steeple Hammer Javelin	J. Sullivan J. Sullivan N. Derry A. Peek I. Ison A. Peek	11.1 22.1 2.05.7 12.40.6 46.98 33.84	3rd 2nd 8th 6th 2nd 5th

#### THE SUN-KB GAMES Sydney Athletic Field, 8th February, 1981

110m Hurdles	J. Kenny	15.04	2nd
One Mile	R. Stephenson	4.08.6	10th

#### N.S.W. TRACK & FIELD CHAMPIONSHIPS February 14th, 15th, 21st, 22nd, 1981

#### RESULTS

		and the second of the second		
Senior	100m Final 200m Final 400m Final 800m Final 1500m Final 5000m Final	J. Sullivan J. Sullivan J. McLoughlin J. McLoughlin R. Stephenson L. Whitty R. Stephenson C. Whiteman J. Fisher	14.06.5	5th 4th 6th 7th 9th 1st 6th 8th 17th
	TO THE RESERVE OF THE PARTY OF	J. Bowers	200	18th
	10,000m Final	L. Whitty C. Whiteman	29 min 43.6 sec	1st 6th
	110m Hurdles 10,000m Walk	J. Kenny G. Breese	15.12	2nd 19th
	Shot (Women's) Discus	S. Ison A. Scott		4th 6th
	Hammer (Men's)	I. Ison	46.78	3rd
			20.04	3rd

Junior	800m	R. Abberton	1.55.2	2nd
	1500m	M. Jones	3.58.3	2nd
	5000m	M. Todd		9th
	3000m Walk	W. McCourt		12th
	THE RESIDENCE OF THE PARTY OF T	G. Breese	F 76 W	13th
	2000m Steeple	M. Jones P. McGuckin	5.59.9	2nd
	Javelin	A. Scott	48.60	10th
	Hammer	A. Scott	40.00	3rd 4th
	Discus	A. Scott		5th
	anacus	A. DOM		Jui
Sub-	400m	I. Simpson		6th
Junior	800m	I. Simpson		5th
	High Jump	P. Jones		5th
	Triple Jump	D. Kimpton		7th
	Long Jump	D. Kimpton		11th
	Discus	J. Neale	42.72	3rd
	Shot	J. Neale		4th
	Javelin	J. Neale	48.44	3rd
		D. Kimpton		6th
14.000		D D I		413.
Juv.	400m	D. Barkas		4th
	100m Hurdles	R. Fong	00.05	5th 1st
	200m Hurdles	R. Fong	28.35	- 1000
	High Jump	H. Pavlidis	1.78	1st 5th
	T	R. Fong	E 00	2nd
	Long Jump	R. Fong	5.68 5.47	3rd
		H. Pavlidis	3.47	4th
	West Contractor	L. Bray	12.77	1st
	Triple Jump	R. Fong	11.51	3rd
		L. Bray H. Pavlidis	11.01	4th
	em us	D. Barkas		4th
	Shot	Control of the Contro		6th
		R. Fong		7th
	Diame	H. Pavlidis	36.48	3rd
	Discus	R. Fong H. Pavlidis	43.38	3rd
	Javelin	n. raviidis	40.00	aru

#### JOHN FARRINGTON 10,000 METRES Sydney Athletic Field, 25.2.81

This special 10,000-metre race was run in driving rain and strong winds.

Despite these adverse conditions Lawrie Whitty proved too strong for Wests'

Andrew Lloyd.

L. Whitty — 30 min 9 sec — 1st C. Whiteman — 31 min 13 sec — 4th.

#### N.S.W. AGE CHAMPIONSHIPS Sydney Athletic Field, 28th February & 1st March, 1981

U/12	800m	RESULTS S. Wright		6th
	1500m	S. Wright	5.10	3rd
U/13	800m 1500m	S. Harrison S. Harrison		6th 7th
U/14	90m Hurdles	A. Warren		6th
U/15	100m 400m 1500m 100m Hurdles	D. Barkas D. Barkas I. Argall R.Fong		4th 6th 14th 5th
	200m Hurdles High Jump	R. Fong H. Pavlidis R. Fong	28.4	1st 4th 6th
	Long Jump Triple Jump	R. Fong R. Fong H. Pavlidis	5.92 11.87	1st 2nd 4th
	Shot Discus Javelin	H. Pavlidis R. Fong H. Pavlidis R. Fong	44.18	6th 4th 2nd 7th
U/16	1500m Long Jump Triple Jump	I. Argall L. Bray L. Bray		14th 7th 6th
	Shot	J. Neale A. McGoldrick	15.10	1st 10th
	Discus	J. Neale A. McGoldrick	48.28	1st 8th
	Javelin	J. Neale	51.60	1st



Col Whiteman — new Club 1 Hour Run record holder with 18,480.7m at Carrs Park, March, 1981.

#### TASMANIAN TRACK & FIELD CHAMPIONSHIPS Domain Athletic Field, Hobart, 28th February, 1st & 2nd March, 1981

RESULTS

WALTERSON CO.	2227	RESULTS	77.00-02
Senior	100m	J. Sullivan	2nd
	200m	J. Sullivan 22.2	lst
	400m	J. McLoughlin	2nd
	800m	J. McLoughlin	5th
	300m Steeple	A. Peek	5th
	110m Hurdles	A. Peek	3rd
	Javelin	A. Scott	6th
		A, Peek	7th
	Hammer	L Ison 46.36	1st
Junior	100m	P. McCaffrey	6th
	800m	R. Abberton 1.55.6	1st
		M. Todd	7th
	1500m	M. Todd	5th
		G. Elliott	8th
	5000m	M. Todd	2nd
	Discus	A. Scott	2nd
	Hammer	A. Scott	3rd
	4 x 100m Relay	Meier, Elliott, Abberton, McCaffrey	3rd
Sub-	100m	A. Dunshea	4th
Junior	200m	A. Dunshea	6th
Oamor	1500m Walk	M. Avery	2nd
U/15	200m	177/28-10:4017L	
U/15	100m Hurdles	A. Sparta	4th
200000	177530475	M. Avery	2nd
U/14	400m	A. Sparta	3rd
		M. Avery	5th
	800m	A. Sparta	3rd
		M. Avery	4th
	1500m	M. Avery	5th
	Triple Jump	M. Avery 5th	
Open			
Women	Hammer	S. Ison	3rd
U/18	800m	J. Page	5th
Women		L. Drake	6th
Tr. Gattern	1500m	J. Page	3rd
	account.	L. Drake	4th
U/13			12641
	000-	U Labina	0.0
Girls	800m	H. Jenkins	8th



#### ALCOA CHALLENGE SERIES Sydney Athletic Field, Sunday, 8th March, 1981

	200m 400m	J. Sullivan J. McLoughlin	21.73 48.5	3rd
5000m	J. Andrews	13.58.4	2nd	5th
DOCOM	o. Hittiews	CONTROL TOWNS OF THE CONTROL TO C	10000000	Cheston
		L. Whitty	14.17.7	5th
		C. Whiteman	15.27	9th
	Hammer	I. Ison	47.14	7th
	4 x 100m U/15 Relay	Fong, Pavlidis, Spar	rta, Barkas	4th

#### AUSTRALIAN TRACK & FIELD CHAMPIONSHIPS

Olympi	c Park Sportsfield	d, Kensington, S.A. — 19	-20-21-22 Marc	h, 1981
Senior	200m 500m 10,000m	J. Sullivan Heats 22.0 L. Whitty L. Whitty	S.F. 22.29 14.07.6 29.40.7	7th 3rd 1st
Junior	1000m 200m 2000m Steeple	R. Henderson R. Henderson M. Jones	S.F. 11.59 S.F. 23.41 5.53.4	7th 6th 2nd

#### CONCLUSION

It is clear from all these results that this Club has many talented athletes participating during the track and field season. If all or most of our athletes were available for interclub it is certain we would finish much closer to first place. Congratulations are due to our four State representatives this season — Senior athletes John Kenny (110m Hurdles) and Ian Ison (Hammer) and Juvenile athletes Robert Fong and Harry Pavlidis, All justified their selection with excellent performances.

I would like to close with a special word of thanks to our many officials who give their services so as athletes may compete and to our Club coaches who spend many hours with athletes in both track and field events. Such efforts are clearly seen in this season's results and all indications are that next season should be very successful.

#### **AMATEUR ATHLETIC ASSOCIATION OF NSW**

The St. George Club hosted two winter championship events in 1980 at Scarborough Park.

NSW Novice Cross Country Championships, Saturday, April 26th, NSW Schools Cross Country Championships, Sunday, June 29th.

St. George members active in Association matters, holding offices as follows:

Alleyn Gainsford (O.A.M.) — Vice-President of the Association

Life Member of the Association

Delegate to Australian C'wealth Games Assn.

Acted as referee and on Jury of Appeal at various

State championships

Member, Award Review Committee

George Carruthers (M.B.E.) — Life Member of Amateur Athletic Union of Aust. Life Member of A.A.A. of N.S.W. Race Director of "City to Surf" Fun Run Honorary Auditor for Association

Roy Patmore — Starter at Interclub, NSW Track & Field championships and Cross Country championships.

Fred Eggleton, Bill Dorrity — Officials at Interclub and Barry Starr, Jim Evans — N.S.W. Track and Field Championships.

Arthur Peek — Member of Southern Zone Interclub Committee St. George Delegate to Interclub Committee

Colin Whiteman - Member of Harrier Committee (Winter competition)

Ron Gribble - Member of Roas Course Committee (Winter competition)

Officials at Interclub (Souther Zone) — P. Phillips, A. Peek, R. Jones, K. Jenkins, Mrs B. Scott. Mrs B. Scott.

Officials at Cross Country Championships: P. Phillips, A. Peek, A. Staples, K. Jenkins, S. Donnelly, A. Argall, W. Seary, Mrs N. Thomas, Mrs P. Donnelly, H. Coster, T. Richards, T. Irwin, G. Freeman.

#### SOCIAL COMMITTEE REPORT

During the past year the ladies' Social Committee arranged various functions which were successful in every respect.

Our Club's Annual Cabaret Ball was held at Ramsgate R.S.L. on the evening of Saturday, July 19th when Club members and friends had a most enjoyable time.

Another pleasant evening was the Cocktail Party held at Lyndel Lodge on September 12th with the attendance of Club members and special invited guests.

The Club's Christmas tree which is always an exciting time for Club member's children was also enjoyed by all who attended with Santa putting on a good display in his red and white outfit and bringing many nice gifts for the children.

Many thanks to Pet Squirrell for her attention to the catering of refreshments each Saturday. Other Committee ladies attend to the afternoon teas which are obviously welcomed by all during the winter months.

Club members continue to support our '100 Clubs', the funds from which are set aside to financially assist our athletes when travel and accommodation expenses need to be raised.

In concluding I would like to express my thanks to the lady members of the Social Committee who have given their time and effort to ensure that the Club's social activities and fund raising efforts continue to be successful.

JEAN GRIBBLE

## COMMENTS ON ANNUAL FINANCIAL STATEMENTS

by Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows:-

As at 31st March	Club Funds	Movement 8
1977	5,248.43	
		602.05
1978	5,850.48	-1,377.32
1979	4,473.16	1,451.86
1980 1981	5,925.02 6,284.55	359.53

In recent years the Teams' Fund has been used to provide team trips for Club members in general, as well as assisting members who have achieved representative status. Team trips are largely paid for by members themselves, and fund raising efforts for the Teams' Fund go towards assisting individual athletes. However, to raise funds requires considerable effort by the fund raisers and co-operation and contributions by all Club members. Over the past 5 years, the Club has paid \$5,236 to individuals. Payments in 1980-81 totalling \$829 were made to E. Argall, P. Donnelly, D. Forbes, A. Harding, R. Henderson, I. Ison, M. Jones, J. Kenny, W. McCourt, R. Stephenson, J. Sullivan, C. Whiteman, and L. Whitty.

The Club Executive is very concerned with the rapid increase in the cost of Club singlets, and at 31st March had 144 on hand for sale to Club members at discounted prices. This involved an outlay of \$1,395 during the year for singlets and shorts and was a considerable drain on Club General Funds. The Social Committee raised \$950 for the Club General Funds during the year and this materially assisted in meeting the varied demands on the General Funds.

I would like to thank Peter Phillips, Assistant Treasurer for his tremendous effort during the year in looking after registrations and sales of singlets and shorts. I would also like to thank Mr David Carlisle who has diligently and conscientiously audited the Club's books over the last few years.



Basil Dickinson — Olympic Representative, Berlin, 1935. Still holds Club records for Long Jump 7.48 m set 1938 and Triple Jump 15.54 m, 1935.

#### **CLUB RECORDS**

#### SENIOR BEST ON RECORD

100 metres	V. PLANT	10.4s	15.1.77
200 metres	S. LONGDEN-GEE	20.95s	1979
400 metres	S. LONGDEN-GEE	45.78	1974
800 metres	G. ROOTHAM	1m46.6s	1972
1500 metres	A. THOMAS	3m42.6s	1964
3000 metres	J. ANDREWS	8m00.81s	21.1.81
5000 metres	A. THOMAS	13m50s	1964
10,000 metres	J. ANDREWS	28m40s	6.2.80
Marathon	L. WHITTY	2hr15.23	7.12.80
110m Hurdles	V. PLANT	13.7s	17.12.77
400m Hurdles	G. COX	51.28	17.3.77
3000m Steeple	D. CHISHOLM	9m8sec	1962
High Jump	M. MEREDITH	2.01m	11/00/2007
Long Jump	B.C. DICKINSON		1963
		7.48m	1938
Triple Jump	B.C. DICKINSON	15.54m	1935
Pole Vault	D. ARAPOVIC	4.32m	1970
Shot Put 7.2575 kgs	L. CHINNERY	16,18m	1964
Discus 2 kg	R. LUNT	51.16m	1973
Javelin 800g	G. GLYNN	74.34m	1970
Hammer 7.2575 kgs	M. BODIROSA	59.30m	9.10.77
Decathlon	B.C. DICKINSON	5350 pts	1938
1 Mile	A. THOMAS	3m58.3s	1954
50 Mile Track	D. EDWARDS	6hr29m41s	1971
50 Mile Road	H. DEARNLEY	5hr38m37s	1.10.78
1 Hour Run	C. WHITEMAN	18,480,70m	28.3.81
1 Mile Walk	E.E. AUSTEN	6m45s	1924
3 Mile Walk	E.E. AUSTEN	22m13s	1924
7 Mile Walk	E.E. AUSTEN	55m49.2s	1924
50k Walk	R. HINGSTON	5hr45m21.8s	1926
OOR WHILE	IL IIINGSTON	UHF40HIZ1.08	1326
4 x 100m Relay	R. GURR, V. PLANT,		
Amount Control of the State of	J. VAN STAPPEN.		
	S. LONGDEN-GEE	41.5s	11.3.78
Consultation of the Consul		25.500	35000000
4 x 200m Relay	J. SULLIVAN, G. COX,		
	M. VAN DER VELDE,		
	S. LONGDEN-GEE	1m27.3s	1.12.79
4 x 400m Relay	S. LONGDEN-GEE,		
4 × 400m Read	J. FORTESQUE,		
	M. VAN DER VELDE,		
	J. VAN STAPPEN	3m15.5s	3.3.79
4 x 800m Relay	G. ROOTHAM, G. COOK.		
w words near	M. DUNN, R. MEAGHER	7m34.7s	1976
	M. DOMA, M. MENGHER	(IIIO-1.18	1370
4 x 1500m Relay	J. HANCOCK, G. ROOTHA	M,	
Commence of the Commence of th	P. GLUCINA, J. SCOTT	15m40.4s	31.1.72
		-	and the same of

	JUNIOR BEST ON RECORD		
100 metres	D. STEPHENSON	10.7s	1970
200 metres	D. STEPHENSON	21.2s	1970
400 metres	D. STEPHENSON	47.8s	1970
800 metres	J. HANCOCK	1m53.9s	1965
1500 metres	See one mile record	Lingui, and	1000
3000 metres	L. WHITTY	8m12.7s	1977
5000 metres	L. WHITTY	14m20.5s	
10,000 metres	L. WHITTY	29m30.4s	18.2.78
3000m Walk	G. BREESE	CONTRACTOR STATE OF THE PARTY O	1.3.77
110m Hurdles	W. BIRD	15m26.7s	1981
400m Hurdles		14.2s	21.12.76
	W. BIRD	53.3s	12.3.77
1500m Steeplechase		4m21.8s	1975
2000m Steeplechase		5m53.31s	22.3.81
High Jump	M. MEREDITH	1,94m	1963
Long Jump	G. FRIEND	7.39m	1964
Triple Jump	B.C. DICKINSON	14.78m	1932
Pole Vault	I. BERRY	3.50m	1979
Shot Put 5.4431 kg	I. DENIVON	14.16m	1963
Discus 1.5 kg	A. SCOTT	47.22m	10.2.79
Javelin 800g	G. GLYNN	65.10m	19.63
Hammer 5.4431 kg	A. SCOTT	39.92m	3.3.79
Pentathion	M. DORRITY	2888 pts	31.12.77
Decathlon	M. DORRITY	5024 pts	Dec. '77
300m Hurdles	W. BIRD		
1 Mile	J. HANCOCK	37.9s	17.1.77
1 Mile Walk	W. McALISTER	4m13.8s	1965
4 x 100m Relay		7m18s	1953
4 x 100m Kelay	T. GLEESON, T. O'REILLY,	0.200	2010
4 000 D 1	G. GEDGE, R. ESTELLA	43.4s	1949
4 x 200m Relay:	T. GLEESON, T. O'REILLY,	The same of	53,033
The Sales of Land of the	G. GEDGE, R. ESTELLA	1m31.7s	1948
4 x 400m Relay	R. ABBERTON, J. SULLIVAN		
and the second second second	R. POLLETT, M. DORRITY	3m23.6s	12.3.78
4 x 800m Relay	P. DWYER, B. BYRNE,		
	D. CLARKE, J. HANCOCK	7m59.4s	1965
4 x 1500m Relay	L. WHITTY, G. ELLIOTT,		
	W. McCOURT, M. JONES	16m34.3s	2.12.79
	SUB-JUNIOR BEST ON RECOR	D	
100 metres	C. SLATYER		17.10.77
	The state of the s	10.8s	17.12.77
200 metres	R. HENDERSON	21.6s	11.10.80
400 metres	R. HENDERSON	49.6s	12.10.80
800 metres	G. COOK	1m57.4s	1973
1500 metres	L. WHITTY	3m56s	7.1.77
3000 metres	L. WHITTY	8m25.2s	16.12.77
5000 metres	L. WHITTY	14m36s	1976
10,000 metres	L. WHITTY	30m01s	1977
90m Hurdles	W. BIRD	12.4s	1974
110m Hurdles	W. BIRD	14.35s	1.2.75
200m Hurdles	M. DORRITY	25.7s	21.12.76

300m Hurdles	W. BIRD	39.7s	1975
High Jump	I. BERRY	1.90m	8.1.78
Long Jump	W. BIRD	6.64m	1975
Triple Jump	I. BERRY	13,95m	13.11.77
Pole Vault	I. BERRY	3.35m	21.1.78
	J. NEALE	13.69m	20.12.80
Shot Put 4.5359 kg		1.70.012.70.70.70.70	Control of the Contro
Shot Put 8 lb	P. PHILLIPS	18.85m	1959
Discus 1.5 kg	J. NEALE	43.22m	24.1.81
Javelin 800g	J. BOWEN	57.50m	1975
Javelin 700g	J. NEALE	52,68m	15.3.81
Hammer 4.5359 kg	R. STUBBS	38.98m	1972
1500m Walk	J. TUNKS	6m40s	26.11.77
3000m Walk	J. TUNKS	14m58s	211.78
4 x 100m Relay	A. MEIER, P. McCAFFREY,	0.0000000000000000000000000000000000000	10000000
TA TOOM TOMA	C. SAMS, R. HENDERSON	44.7s	1.12.79
4 x 200m Relay	A. MEIER, P. McCAFFREY,	44.10	T.TW. CO.
4 x 200m neay		1	0.10.70
	C. SAMS, R. HENDERSON	1m32.7s	2.12.79
4 x 400m Relay	S. MOHR, P. McCAFFREY,		1 22 44
Service Control	D. SNOWDEN, R. HENDERS	ON3m37.4s	1.12.79
Shot Put 4 kg	J. NEALE	15.10m	1.3.81
	JUVENILE BEST ON RECOR	n	
100			4070
100 metres	W. BIRD	11.3s	1972
726800XX	C. SLATYER	11.3s	15.1.77
200 metres	C. SLATYER	22.9s	16.1.77
400 metres	G. HARRIS	53.6s	1975
800 metres	J. NEALE	2m03.95s	4.1.81
1500 metres	J. TUNKS	4m20s	15.1.77
1500m Walk	D. LATHAM	7m45s	30.11.76
90m Hurdles	W. BIRD	12.8s	1973
100m Hurdles	R. FONG	15.1s	15.2.81
200m Hurdles	W. BIRD	27.0s	1973
			7.00000
High Jump	P. JONES	1.80m	1980
Long Jump	R. FONG	6.12m	21.9.80
Triple Jump	G. NIXON	13.56m	1975
Javelin 600g	J. NEALE	49.20m	5.12.80
Shot Put 4 kg	J. NEALE	13.70m	6.10.80
Shot Put 8 lb	J. NEALE	15.96m	12.10.80
Discus 1 kg	J. NEALE	51.73m	5.10.80
90 Yards Hurdles	D. STEPHENSON	11.78	1966
1 Mile Walk	K. WARRINGTON	8m18.4s	1967
4 x 100m Relay	R. FONG,M D. BARKAS,	011110.10	200.
4 & Toom Relay		48.21s	30.11.80
4 900 D-1	L. BRAY, J. NEALE	40.218	90,11,60
4 x 200m Relay	R. FONG, D. BARKAS,	4000	
	L. BRAY, J. NEALE	1m38.7s	23.11.80
4 x 400m Relay	R. FONG, D. BARKAS,	CARL WARRY	Taken Landson
	L. BRAY, J. NEALE	3m45.9s	30.11.80
4 x 800m Relay:	R. FONG, I. ARGALL,		
A CONTRACTOR OF THE PARTY OF TH	B. NEWTON, J. NEALE	9m10.1s	23.11.80
4 x 1500m Relay	M. LUBRANO, B. NEWTON,	The state of the s	
Commence of the Commence of th	I. ARGALL, M. CANDY	19m26.7s	30.11.80
	and a second second section at the second	A. Practical Dr. Fill	20,122,00

#### SUB-JUVENILE BEST ON RECORD

	Control and the Control of Contro	Address of the Person of the P	
100 metres	T. SPARKES	12.4s	3.3.79
200 metres	T. SPARKES	25.3s	18.3.79
400 metres	M. DORRITY	62.7s	1973
800 metres	W. WETHERALL	2m18.4s	17.1.77
1500 metres	W. WEHTERALL	4m42.3s	1976
1500m Walk	M. ERRINGTON	8m10s	17.12.78
70m Hurdles	W. BIRD	12.3s	1970
	A. SCOTT	12.3s	1974
High Jump	S. GREEN	1.55m	1.12.78
Long Jump	T. SPARKES	5.17m	1978
Triple Jump	A. SCOTT	10.42m	1974
Shot Put 3kg	M. COCKAYNE	10.59m	28.11.80
Shot 6lb	D. SCOTT	11.22m	1.5.77
Discus 1 kg	D. SCOTT	30.96m	5.3.77
1 Mile	G. McILHONEY	5m21.4s	1969

#### OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

#### + Former World Record

880 yards	J. Bailey (Los Angeles)	1m48.8s	1956
1 Mile	J. Bailey (Los Angeles)	3m58.1s	1956
1 Mile	A. Thomas (Dublin)	3m58.6s	1958
2 Miles +	A. Thomas (Dublin)	8m32.0s	1958
3 Miles +	A. Thomas (Dublin)	13m10.8s	1958
1500 metres	A. Thomas (Sweden)	3m42s	1958
3000 metres	A. Thomas (Helsinki)	8m5.2s	1958
880 yards	J. Duxbury (USA 10.6.66)	1m50.2s	1966
5000 metres	L. Whitty (N.Z. Jnr.)	14m19.5s	1977
Marathon	L. Whitty (Fukuoka, Japan)	2hr15m23s	1980
3000 metres	J. Andrews (Hamilton, N.Z.)	8m00.81s	1981
5000 metres	J. Andrews (Auckland, N.Z.)	13m52s	1981



#### AUSTRALIAN & STATE OVERSEAS REPRESENTATIVES

10,000m Walk 10,000m C.C.	E.E. Austen C. Weeks	Paris Olympic Games	1924
		Wellington-Aust, C.C.C.	1925
10,000m C.C.	A.A. Gainsford	Wellington-Aust, C.C.C.	1925
Hop, Skin & Jump		Berlin Olympic Games	1936
440 yards Hurdles	The state of the s	Auckland Empire Games	1950
Marathon	C. Smeal (2hr52m23s)	Helsinki Olympic Games	1952
1 Mile & 3 Mile	A. Thomas	Cardiff Empire Games	1958
1500 metres	A. Thomas (3m46.8s)	Rome Olympic Games	1960
5000 metres	A. Thomas (14m6,2s)	Rome Olympic Games	1960
1500 & 5000m	A. Thomas	Tokyo Olympic Games	1964
800 metres	G. Rootham (1m48.2s)	Munich Olympic Games	1972
800 metres	G. Rootham (1m47.2s)	C'church C'wealth Games	1974
400 metres	S. Gee (47.0s)	N.Z. Games Christchurch	1975
100 metres	S. Gee (10.6s)	N.Z. Games Christchurch	1975
110m Hurdles	V. Plant	N.Z. Games Christchurch	1977
Cross Country	L. Whitty	N.ZAust. Match	1978
5000 metres	J. Andrew (14m08s)	Pacific Conference Games Christchurch, N.Z.	1981
10,000 metres	J. Andrew (28m41s)	Pacific Conference Games Christchurch, N.Z.	1981
12,000m C.C.	J. Andrews	World C.C.C., Madrid	1981

#### CLUB OVERSEAS REPRESENTATIVES

The same of the sa		CONTROL OF THE PARTY OF THE PARTY.	
Long Jump 800 metres 110m Hurdles 110m Hurdles &	W. Gilliver (6.88m) G. Cook (1m56.0s) W. Bird (15.0s)	N.Z. Games C'church team N.Z. Games C'church team N.Z. Games C'church team	1975
100 metres Marathon Marathon	W. Bird R. Squirrell (2h23.39) D. Edwards (2h34.51)	Christchurch, N.Z. N.Z. Hamilton Marathon N.Z. Hamilton Marathon	1977 1975 1975
Marathon 3000m & 1500m Shot Put & Discus	J. Scott (2hr25.04) L. Whitty	Boston Marathon) Christchurch Team (NZ) Christchurch Team (NZ)	1975 1977 1977



# BALANCE SHEET

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STATEMENT OF RECI	RIPTS AND	PAYMENTS	STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED SIST MARCH, 1981	381	
Receipts Annual Subscriptions Donations		\$ 2,673.50 139.00	Printing, Postage, Stationery, Phone Registrations, etc. to AAA		\$ 180.38 1,872.50
Promotions — C.C. Race Fees C.C. & T & F Schools Ch'ships T & F Entry Fees	849.15 226.50 57.00		Promotions — C.C. Trophies & Hire of Hall C.C. & T & F Schools Ch'ships T & F Trophies & Rental of Oval	859.63 190.90 265.50	
Sale of Singlets and Shorts		1,122.65	Purchase of Singlets & Material for Shorts		1,395.00
	142.64		s of Trophies as, Presentations & Wreaths	376.50 49.50	
Entries in Opens, State Ch'ships Social Committee Contributions	47,00		Championships and Interclub  Donation in lies of Rental. Annual	173.00	
Cocktail Party Proceeds Raffle Proceeds	855.00 15.05		50	340.30	
		2,247.52	ld Fraser	830.00	
			The state of the		2,042,50
			Total Payments Surplus to Consolidated Statement		6,806,41

\$7,135.17

#### TEAMS FUND

#### STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1981

Receipts Proceeds, Tasmanian Trip — 1980 Proceeds, Tasmanian Trip — 1981 Bus Trip — Fares Donations Total Receipts Loss to Consolidated Statement	\$ 130.15 4,404.23 180.00 100.00 4,814.38 1,120.47	Payments Tasmanian Trip Expenses — 1980 Tasmanian Trip Expenses — 1981 Payments to Individuals Bus Trip Expenses — Nowra Relay Entries — ACT	3,923,95 931,90 829,00 200,00 50,00
Lord to Combinated Peacement	\$5,934.85		\$5,934.85

#### CONSOLIDATED STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1981

Cash at Bank 1.4.80	44.92	Building Society Investment	1,800.00
Surplus — General Fund	328.76	Loss — Teams' Fund	1,120.47
Building Society Withdrawal	3,793.80	Cash at Bank 31.1.81	1,247.01
	\$4,167.48		\$4,167.48

Liabilities Club Funds General Fund Reserve for Team Expenses	5,652.09 632.46	8	Assets Fixed Assets Equipment Less: Provision for Depreciation	2,102.00 210.00	8
Account for a found to the foundation		6,284.55			1,892.00
Current Liabilities Sundry: Creditors — Teams Fund (1981 Tasmanian Trip)		3,419.06	Current Assets Stock on Hand Cash at Bank	1,142.00 1,247.01 2,389.00	
			Investments Building Society Randwick-Botany Club Debs. Australian Savings Bonds	2,922.60 500.00 2,000.00 5,422.60	
		\$9,703.61			\$9,703.61

D. Jolliffe Honorary Treasurer

#### Auditor's Statement:

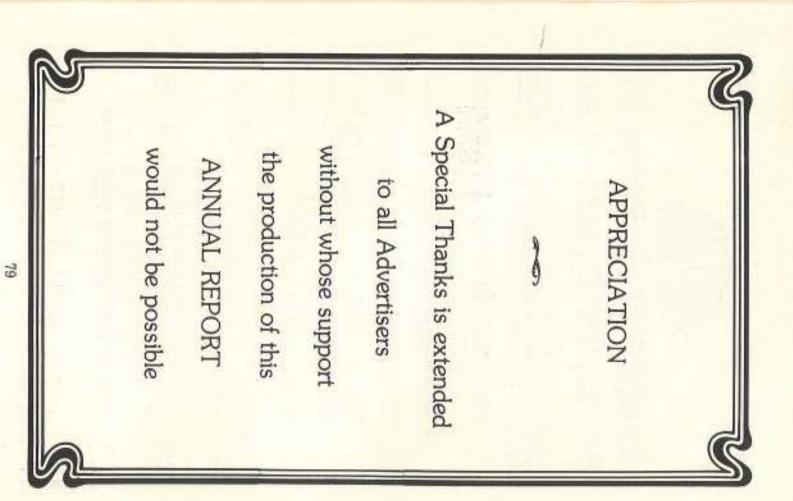
I have examined the Books and Records of the St. George District Amateur Athletic Club for the year ended 31st March, 1981 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

> C. Carlisle Honorary Auditor

January	February	March		
SMTWTFS	SMTWTFS	SMTWTFS		
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April	May	June		
SMTWTFS	SMTWTFS	SMTWTFS		
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July	August	September		
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October	November	December		
SMTWTFS	SMTWTFS	SMTWTFS		
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#### Calendar 1982

January	February	March		
SMTWTFS	SMTWTFS	SMTWTFS		
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April	May	June		
SMTWTFS	SMTWTFS	SMTWTFS		
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July	August	September		
SMTWTFS	SMTWTFS	SMTWTFS		
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October	November	December		
SMTWTFS	SMTWTFS	SMTWTFS		
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#### NOTICE TO ADVERTISERS

The Trade Practices Act, 1974 came into force on October 1, 1974. There are important new provisions in that Act which contain strict regulations on advertising and all advertisers and advertising agents are advised to slody those previsions very carefully.

It can be an offence for anyone to engage, in trade or commerce, in conduct "misleading or deceptive". In particular Section 53 contains prohibitions from doing any of the following in connection with the supply of goods or services or in connection with the promotion, by any means, of the supply or use of goods or services:

- (a) Falsely represent that goods or services are of a particular standard, quality or grade, or that goods are of a particular style or model.
- (b) Falsely represent that goods are new,
- (c) Represent that goods or services have sponsorship, approval, performance characteristics, accessories, uses or benefits they do not have.
- (d) Represent that he or it has a sponsorship, approval or affiliation he or it does not have.
- (e) Make false or misleading statements concerning the existence of, or amounts of price reductions.
- (f) Make false or misleading statements concerning the need for any goods, services, replacements of repairs.
- (g) Make false or misleading statements concerning the existence or effect of any warranty or goarantee.

#### PENALTY:

For an individual - \$10,000 or 6 months imprisonment. For a corporation - \$30,000.

It is not possible for this company to ensure that advertisements which are published in this magazine comply with the Act and the responsibility must therefore be on the person, company or advertising agency submitting the advertisements for publication.

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George Eggleton Pty. Ltd.

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PATHS & FLOORS
FREE QUOTATIONS

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