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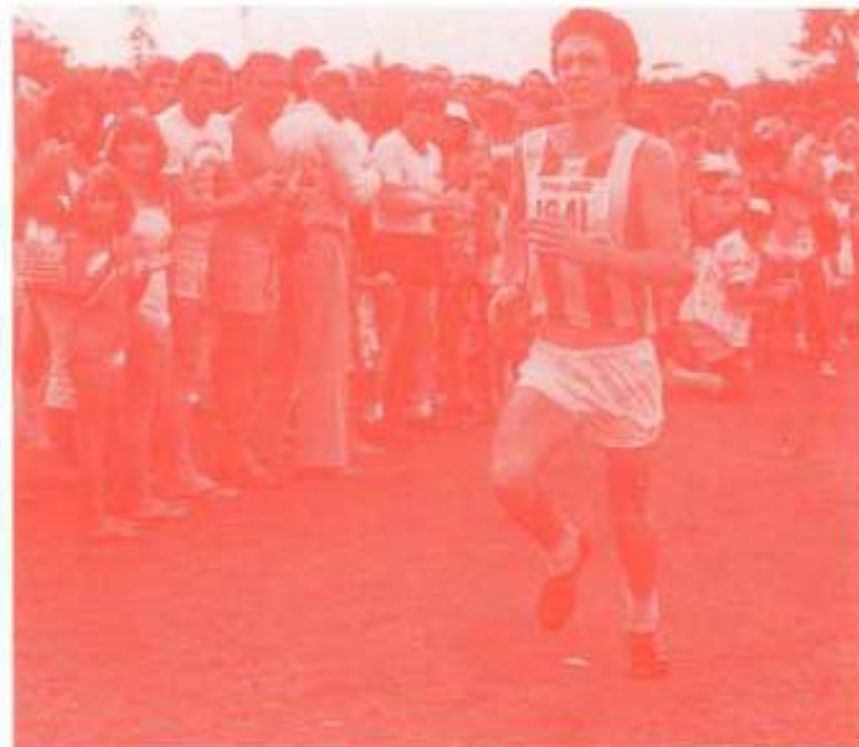
(FOUNDED 1921)

## St. George District Amateur Athletic Club

Headquarters:

Track: Harold Fraser Oval

Distance: Scarborough Park



**JOHN ANDREWS**

St. George Club's outstanding Senior athlete 1982-83, pictured winning  
Australian Cross Country Trial for the World Championships at Centennial Park,  
9th January, 1983

Photo courtesy News Ltd

## 62nd ANNUAL REPORT and

## Statement of Accounts for the year ending 31st March, 1983



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A. GAINSFORD

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Track Vice-Captain: C. SAMS

Distance Captain: C. WHITEMAN

Distance Vice-Captain: A. ARGALL

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C. WHITEMAN

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Div 2:

A. PEEK

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C. WHITEMAN

U/9 yrs.:

A. PEEK

Coaches: R. NASH, R. ENNEVER, A. PEEK, A. THOMAS, R. GRIBBLE,  
C. WHITEMAN

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B.C. BUTTON	1937
W. AHERN*	1955
A. GOULD	1963
J. BOWERS	1971
D. JOLLIFFE	1971
D. WILSON	1971
R. GRIBBLE	1975

\* Deceased

## MERIT AWARDS

F. EGGLETON	1975
M. MORONEY	1975
G. PAGE	1975
A. THOMAS	1975
F. THORNTON	1975
L. WILLIAMS	1975

## CLUB MEMBERSHIP 1982-83

	1978-79	1979-80	1980-81	1981-82	1982-83
Senior	115	122	99	78	70
Under 20*	22	25	30	22	11
Under 18†	20	17	19	24	47
Under 15	41	36	52	36	35
Under 12	20	12	12	7	14
Associate	—	9	13	12	2
Officials	13	16	16	16	26
	231	237	241	195	205

\* Under 19 prior to 1979-80

† Under 17 prior to 1982-83



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## 62nd ANNUAL REPORT & BALANCE SHEET

*Presented to Members at the Annual General Meeting  
held at Scarborough Park National Fitness Hall, Ramsgate  
on Friday, 27th May, 1983 at 7.45 p.m.*

Ladies and Gentlemen,

The 62nd Annual Report and Balance Sheet is presented to you tonight and the report will show that our performances were no better than the previous year, mainly due to the fact that our senior athletes' performances were not as good at interclub level nor during the winter season.

During the year, however, there has been some very bright spots, including the magnificent running of John Andrews; increased membership; the very fine performances of our younger athletes and Col Whiteman gaining the award "Distance Runner of the Year".

We again combined with Bankstown Sports Club for the interclub season, but Bankstown, unfortunately, only token support.

### Results Interclub (October-December)

A Grade	7th place	Clubs 9
B Grade	7th place	Clubs 9
C Grade	5th place	Clubs 9
D Grade	1st place	Clubs 8
E Grade	1st place	Clubs 8

### Open Grades Interclub seeded (January-March), individual clubs only

A Grade	9th place	Clubs 15
B Grade	4th place	Clubs 13
C Grade	7th place	Clubs 13
D Grade	1st place	Clubs 18
E Grade	1st place	Clubs 15

From the results above it can be seen that our senior athletes did not compete successfully, whereas our younger athletes in D and E Grades proved to be the best in the State.

St. George failed to live up to its reputation during the past winter season, gaining only 5th place in the Winter Interclub Competition which commenced in 1977.

With a slightly better effort we could have gained 2nd place as there was only 3 points between 2nd and 5th places. Our record in the Winter Interclub is as follows:

1977 1st  
1978 1st  
1979 3rd  
1980 1st  
1981 2nd  
1982 5th

John Andrews by his magnificent running during the year was our best senior athlete and herewith are some of his most important wins and placings.

1st Commonwealth Games Trials 5000m 4/9/82 time 13m58.52sec.  
7th Commonwealth Games Brisbane 5000m 8/10/82 time 13m42.62sec.  
1st Zatopek 10k Melbourne 16/12/82 time 28m09.7sec.  
1st Australian C.C. Trial Sydney 9/1/83 12k time 35m10sec.  
1st Victorian 10k Championships Melbourne 27/1/83 time 28m32.7sec.



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21st World C.C. Championship 12k Gateshead, England 20/3/83 time 37m36sec., 228 started — 41 nations.

8th 10th Italian International C.C. Championships won by R. de Castella, Australia

Prior to going overseas to represent Australia in the World C.C. Championships 12k at Gateshead, England, John had beaten Robert de Castella four times over 10k and 12k and it was thought he may beat "Deek" but under freezing and muddy conditions he finished 21st, the second Australian to finish. There were 228 of the world's best distance runners in the Championships so his placing was magnificent. With 41 nations competing Australia was placed 4th in the teams event being beaten by 2 points for 3rd place. John has had a wonderful year representing Australia in the Commonwealth Games and he was adjudged the Best Senior Athlete and this entitled him to the Alwyn Gainsford Trophy for the fourth year in succession.

Alan Staples and Arthur Peek, Distance and Track Secretaries for winter and summer, have prepared excellent reports where all results and details are shown.

While our senior athletes during the winter season were below their usual form nevertheless Col Whiteman performed very well by gaining 3rd place in the State 16k, 3rd place in the State marathon and finished a good season by breaking his own Club 1 hour record by running 18,770 metres.

Matthew Todd did well in the U20 events gaining 3rd place in the State 8k C.C.C. in 26m22sec., 2nd place in the State 8k Road in 25m09sec. and 3rd place in the State Novice C.C.C. 10k in 33m24sec.

Our younger winter athletes did very well particularly Philip Warren who won U15 N.S.W. Schoolboys 4k C.C.C. on the 4/7/82 in the time of 13m11sec. and then went on to win Australian title 4k 13.25sec at Adelaide 31/7/82. A great future in the sport is predicted for Warren.

Mark Irwin ran very well to win the Under 16 N.S.W. Schools C.C.C. over 4k in 13m.05sec.

In the N.S.W. Road Relays held 22/8/82, St. George had very easy wins in the 4x5k U20 in 65m49sec. and the U15 4x1.5k in 18m46sec.



Under 15 Road Relay Team. Winners of the State Championship, August, 1982  
Left to Right: Graeme Hill, Robert Woods, Philip Warren, Nigel Nixon



Australia Day Relays, Under 16 Years 4 x 200 metres. Outstanding male team of the carnival taking 12 seconds from the A.C.T. record.

Left to Right: Dennis Wilson, President A.C.T.A.A.A. and previously St. George Club Secretary, Anthony Spata, Chris Witherriff, Chris Davis, Mark Jansen.

**587 3366      587 3347**



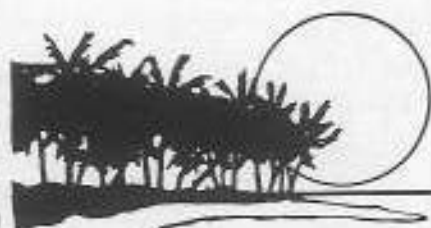
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**Womens Under 18, 3,000 metres Cross Country Championship at Landsowne 22-5-82. Gold medalists in the teams event. Left to Right: Julie Page, Evelyn Argall, Cheryl Eggermont, Karen Jenkins.**



**Mens Under 13, 2,000 metres Cross Country Championship at Landsowne 22-5-82. Silver medalists in the teams event. Left to Right: Trent Dietz, Stuart Lyons, Todd Cook, Adam Irwin.**

Track athletes from U20 down had a most successful season. In the U20 Robert Henderson again ran well winning the Metropolitan T & F Championships 100m and 200m. Robert represented N.S.W. in the Australian Championships finishing 3rd in both the 100 and 200 metres. Robert is also a very good club athlete and he again won the "A" Grade point score. It was good to see John McLoughlin win the Open 800 metres at the Metropolitan Track and Field Championships, his time being 1m53.6sec.

Congratulations to Richard Evans in gaining 3rd place in the Australian 2000m Steeplechase U18 in 6m.06sec, a club record. This young athlete will do well in steeplechase events as he improves with every performance. The U20 and U15 athletes excelled in the N.S.W. Relays, the U20 winning the 4x100m and 4x200m and the U16 created State records in their relays 4x100m, 4x200m and 4x1500m.

We have quite a number of brilliant young athletes appearing, especially Phil Warren, Martin Lubrano, Nigel Nixon, Roger Summerill, Richard Evans and their performances are shown in Arthur Peek's report. Other young athletes of outstanding ability would include Luke Bray, Mark Jansen, Alan Blue, Mark and Adam Irwin, Ian Argall, Paul Jones, Robert Fong, Alain Noisier, Chris Davis, Harry Pavlidis, Robert Woods, Chris Witheriff, Andrew Dunshea, Tony Spate, G. Sheumack and Duncan Davison.

With such talent as mentioned above we can look forward to the future with optimism.

Congratulations to our young athletes again who did so well in Australian All Schools and the N.S.W. Age Championships, particularly to winners Martin Lubrano, Nigel Nixon, Chris Davis, Robert Woods and Alain Noisier. Harold Fraser Oval, Carrs Park is being well supported by our U18 down to U12 athletes, but once again our senior athletes are not at the ground. The conditions are quite good, the track is improving all the time, the gear and facilities are excellent and the general area is most picturesque. The 42nd Annual Schools Track and Field Championships at Harold Fraser were completely washed out by rain in the afternoon with the result that the L.B. Williams and A.A. Gainsford Shields could not be presented. After going to the Tasmanian T. & F.

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Championships for the past four years at Hobart a team did not go last season, but it is hoped that we may send a team later. The increase in club membership from 195 to 205 over all age groups is most gratifying, keeping in mind that association registrations have decreased by 550. Upon examination of our members it can be seen that our seniors have gone down from 78 to 70, but some 10 seniors are listed as officials yet still competing. Our increase in figures has come mainly from the U18 to U12 years 67-96. We must endeavour to increase our senior membership and let's aim for 230 members next year.

From the excellent financial statement and balance sheet prepared by our Treasurer it can be seen that the club is in a sound financial position.

The level of club funds stand at \$6207.30 which is most satisfactory. Athletes have benefited for representation mainly overseas and interstate, therefore, we look forward to members and friends supporting our club functions whenever possible.

Donors to club funds are thanked for their contributions but we must remember those officials and members who promote and financially support club functions throughout the year. Once again the winter season at Scarborough Park has been most successful, very popular with athletes, their families and friends. Alan Staples in his report says that it must be the club's best season ever. Our excellent conditions at Scarborough I feel could be the envy of other clubs. Officials do a magnificent job during the winter and particularly on championship days.

Country visits by our track athletes have been better than ever under the managership of Track Secretary Arthur Peek who does an outstanding job. At the Australia Day relays, Canberra athletes were most successful and were rewarded for their efforts by being presented with \$300.00 for club funds. Again our most sincere thanks to our Ladies' Social Committee who have done magnificent work during the past 12 months, the club benefiting by nearly \$2000. This Committee is again headed by Tess Page, President, Jean Gribble, Secretary and Cheryl Bray, Treasurer. The club I feel is functioning extremely well from the Executive, various committees, officials and members. I close my report a proud President and I wish you all well for 1983-84 season!

**A.A. GAINSFORD, President**



**Nigel Nixon, State champion in the Under 14 years 800 metres and 1500 metres and outstanding Under 14 Club athlete.**



**Duncan Davison — Joint winner of Albert Thomas Award for athletes in the Under 12 Years and Under 16 Years age group.**



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## LETTER TO THE PRESIDENT

Mr A. Gainsford,  
President,  
St. George District Amateur Athletic Club,  
52 Landsdowne Street,  
PENSHURST. 2222

Dear Sir,

With another Annual General Meeting fast approaching, I, as a parent of a junior athlete in the Club, would like to commend you and your committee for both the opportunity St. George has given our young athletes to further their athletic ambitions and the fun and enjoyment they have derived from it.

I have been most impressed with the encouragement given to all boys and girls, irrespective of age or ability, by all your senior Club members, either active athletes or officials. This has I am sure made many friendships within the Club and ensured that harmonious relations exist within the Club. I thank you and your committee for your efforts in uniting the Club in this way and for fostering the great interest in the younger Club members.

The group of young athletes who use Harold Fraser Oval, do so under the most pleasant conditions. It is really an idyllic set up and under such conditions is it any wonder that all boys produce their best. No matter how superb the surroundings, no young athlete can do his best without encouragement and incentive. To this end our St. George boys must be among the most fortunate in Sydney in having Arthur Peek as their coach and advisor. Arthur's squad has thrived and gone from strength to strength under his dedicated attitude and interest in all of his members. As a parent, I most sincerely thank him for his untiring efforts.

The friendly rivalry exhibited throughout the summer season extends through the cross country competition. This side of the St. George Club provides a wonderful autumn and winter period of athletics and we find the interest in cross country quite fantastic.

Lastly, the parental interest within the Club towards all competitors and their willingness to applaud and encourage every athlete is great to see.

My two years with the St. George D.A.A.C. as a parent have been most enjoyable and rewarding and I look forward to many more such years.

Yours sincerely,

BARBARA E. DAVISON

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## ANNUAL AWARDS FOR THE 1982-83 SEASON

A.A. Gainsford Trophy: Outstanding Senior Athlete	John Andrews
Robert Nash Trophy: Most Improved Senior Athlete	John Andrews
The L.L. Bosman Award (Performance, Sportsmanship, Deportment): Outstanding Under 20 yrs	Robert Henderson
R. Towers Trophy: Most Improved Under 20 yrs	Matthew Todd
A. Henderson Trophy: Outstanding Under 18 yrs	Richard Evans
R.A. Jolliffe Trophy: Most Improved Under 18 yrs	Richard Evans
National Fitness Trophy: Best Under 18 yrs Cross Country 1982	Mark Irwin
A. Gould Trophy: Outstanding Under 16 yrs	Philip Warren
G. Page Trophy: Outstanding Under 16 yrs Cross Country 1982	Philip Warren
H. Gibbons Trophy: Most Improved Under 16 yrs Cross Country 1982	Roger Summerill
F. Wilson Trophy: Outstanding Under 14 yrs	Nigel Nixon
L.L. Bosman Trophy: Best Hurdler	Paul Jones
J.J. Walsh Trophy: Outstanding Marathon Runner 1982	Colin Whiteman
St. George Trophy: Outstanding Field Event Athlete	Andrew Scott
Ron Gribble Trophy: Open Grades Track and Field Aggregate Point Score Winner	Arthur Peek
Albert Thomas Award: Track and Field Encouragement Award for athletes from 12 years to 16 years	Chris Davis and Duncan Davison

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# 1982 WINTER SEASON REVIEW

— Alan Staples

1982 at Scarborough Park must have been the Club's most successful cross country season ever. The increased numbers competing each week from Senior ranks down to Under 13 really created better competition.

Our Senior Men's teams lacked depth once again and the pressure to perform well every Championship race was placed on the shoulders of two or three runners each time. If St. George is to win every teams title there must be several other runners, ready and able to back these top athletes. This is where St. George Senior Men's teams are lacking somewhat at present. Nonetheless in the Winter Premiership pointscore, St. George only missed second placing by a few points.

- |                     |           |
|---------------------|-----------|
| 1. Bankstown Sports | 38 points |
| 2. Sutherland       | 29 points |
| 3. Ryde-Hornsby     | 28 points |
| 4. Randwick-Botany  | 27 points |
| 5. St. George       | 26 points |

However, the outstanding achievement for the season, the Distance Runner of the Year, went to Col Whiteman who clearly beat the opposition from all other clubs with his 66 points. An outstanding achievement, Col, and well deserved because of your consistent performances all season. Ray Stephenson was equal 13th in the same point score.

Outstanding performances in championship events included:

- |                 |   |
|-----------------|---|
| Col Whiteman    | — 3rd N.S.W. 16km<br>3rd N.S.W. Marathon<br>New Club Record ONE HOUR run (breaking his own previous best) |
| John Andrews    | — 1st World Cross Country Trials 12km (Sydney)<br>1st N.S.W. 12km title                                   |
| Matthew Todd    | — 3rd U/20 N.S.W. Cross Country title<br>2nd U/20 N.S.W. 8km Road title<br>3rd N.S.W. Novice title        |
| Adam Irwin      | — 3rd U/13 N.S.W. Cross Country title   |
| Mark Irwin      | — 1st U/16 N.S.W. Schools title   |
| Philip Warren   | — 1st U/15 N.S.W. Schools title<br>1st U/15 Australian All Schools title                                  |
| Evelyn Argall   | — 3rd U/18 N.S.W. Cross Country title<br>3rd Open N.S.W. Schools title                                    |
| Tanya Eggermont | — 2nd U/15 Australian Cross Country title   |
| Melissa Tatnell | — 2nd U/14 N.S.W. Schools title.  |

I would like to thank all who officiated or helped during the season. The more helpers there are, the easier the workload for everyone else. The ladies' social committee and the handicappers in particular deserve our thanks.

\* \* \*



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## 1982 WINTER POINTSCORES

Senior	1st	Pat Browne	416 points
	2nd	Tom Richards	399
	eq. 3rd	Dave Edwards)	381
		Terry O'Connor)	

Champion's Points Score  
(St. George Leagues Club Trophy) Col Whiteman, 83 points

Intermediate —

Div 1	1st	Tony Nunn	259 points
	2nd	Andrew Lay	247½
	3rd	Peter Wright	233½

Champion's Points Score — Mark Irwin, 92 points

Intermediate —

Div 2	1st	Philip Tonge	250 points
	2nd	Karen Jenkins	241
	3rd	Cheryl Eggermont	238

Champion's Points Score — Arthur Peek, 55 points

Under 15	1st	Heather Jenkins	181 points
	2nd	Stephen Wright	172
	3rd	Anthony Spata	165

Champion's Points Score — Girls — Deirdre Jolliffe, 87 points  
Boys — Nigel Nixon, 64½ points

Under 13	1st	Kelly Grey	309½ points
	2nd	Kenji Mukai	306½
	3rd	Narelle Hocking	296

Champion's Points Score — Girls — Bonita Holmes, 107½ points  
Boys — Adam Irwin)  
Trent Dietz) eq. 99

★ ★ ★

## ST. GEORGE CLUB CHAMPIONSHIPS

14th August and 11th September at Ramsgate

MEN	Senior 8km road	1) Col Whiteman	25 min 54 sec
		2) John Lee	
		3) Ron Gribble	
	Under 20 5km	1) Warren McCourt	16 min 13 sec
		2) Paul Donnelly	
	Under 17 3km	1) Mark Irwin	10 min 57 sec
		2) Neil McLoughlin	
		3) Ian Argall	
	Under 15 2km	1) Philip Warren	6 min 12 sec
		2) Nigel Nixon	
		3) Graeme Hill	
	Under 13 1.5km	1) Adam Irwin	5 min 32 sec
		2) Trent Dietz	
		3) Todd Cook	

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WOMEN	Senior 5km	1) Cheryl Bray 2) Cathy Delamare 3) Jean Gribble	23 min 25 sec
	Under 18 3km	1) Evelyn Argall 2) Cheryl Eggermont 3) Julie Page	11 min 52 sec
	Under 15 2km	1) Melissa Tatnell 2) Deirdre Jolliffe	7 min 31 sec
	Under 13 1.5km	1) Heather Harrison 2) Bonita Holmes 3) Kelly Grey	6 min 45 sec

## ST. GEORGE TROPHY DAYS

Dick Vaughan Trophy — Senior 12km cross country handicap  
8th May at Ramsgate

- |  |              |                 |
|--|--------------|-----------------|
| 1) A. Thomas                                 | 2) J. Irvine | 3) G. Gilshenen |
| Fastest time — R. Stephenson — 40 min 47 sec |              |                 |

Jim Allen Trophy — Senior 10km road handicap  
19th June at Ramsgate

- |   |                 |               |
|---|-----------------|---------------|
| 1) A. Thomas                              | 2) G. Gilshenen | 3) B. Hansard |
| Fastest time — B. Hansard — 32 min 08 sec |                 |               |

Greg Page Trophy — 12 miles road handicap  
31st July at Ramsgate

- |  |                 |                |
|--|-----------------|----------------|
| 1) P. Browne                             | 2) G. Gilshenen | 3) T. Richards |
| Fastest time — P. Browne — 68 min 42 sec |                 |                |

George Carruthers — Open 2km road handicap  
25th September at Ramsgate

- |   |            |               |
|---|------------|---------------|
| 1) D. Page                                  | 2) L. Bray | 3) R. Preston |
| Fastest time — J. McLoughlin — 5 min 51 sec |            |               |



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## CHAMPIONSHIP RESULTS — 1982

N.S.W. 16KM CROSS COUNTRY CHAMPIONSHIP  
25th April at Macquarie University

St. George lacked depth for the team's result, but Col Whiteman ran an excellent race for outright 3rd place in hot conditions.

Results			
3	Col Whiteman	55 min 15 sec	
18	Bruce Hansard	59 min 14 sec	
55	Dave Edwards	64 min 52 sec	
57	Allen Argall	65 min 19 sec	
74	Gordon Gilshenen	70 min 14 sec	
78	Tom Irwin	71 min 32 sec	
87	Gary Young	73 min 44 sec	

N.S.W. CROSS COUNTRY CHAMPIONSHIPS  
22nd May at Bogabilla Reserve, Landsdowne

Although St. George finished 4th in the teams event, John Andrews convincingly won the Open 12km event in fast time. In the Under 20 event, Matthew Todd finished 3rd; Evelyn Argall also gained 3rd place in the women's Under 18 3km event. Our Under 15 men's team gained 2nd place as did our Under 13 team. In the Under 13 event Adam Irwin gained 3rd place outright. However, the women's Under 18 team convincingly won their teams event! Congratulations girls.

### MEN OPEN 12KM

Results			
1	John Andrews	37 min 07 sec	
11	Col Whiteman	39 min 42 sec	
13	Ray Stephenson	39 min 47 sec	
32	Bruce Hansard	41 min 38 sec	
51	Pat Browne	43 min 12 sec	
69	Gordon Gilshenen	45 min 14 sec	
73	Allen Argall	45 min 29 sec	
102	Tom Irwin	48 min 22 sec	
122	Gary Young	50 min 55 sec	
138	Bruno Molino	58 min 36 sec	

Teams			
4	St. George	161 points	

### UNDER 20 8KM

Results			
3	Matthew Todd	26 min 22 sec	
7	Warren McCourt	27 min 38 sec	

### UNDER 17 4KM

Results			
22	Roger Summerill	14 min 29 sec	
24	Mark Irwin	14 min 39 sec	
31	Brendan Jones	15 min 11 sec	
33	Stephen Wright	15 min 29 sec	
35	Ian Argall	16 min 09 sec	
36	Andrew Lay	16 min 12 sec	
Teams			
5	St. George	106 points	

**UNDER 15 3KM**

Results	6	Robert Woods	10 min 19 sec
	16	Nigel Nixon	11 min 14 sec
	17	Anthony Spata	11 min 17 sec
	20	Duncan Davison	11 min 21 sec
	25	Scott Harrison	11 min 50 sec
	27	Matthew Tonge	12 min 42 sec
Teams	2	St. George	59 points

**UNDER 13 2KM**

Results	3	Adam Irwin	6 min 50 sec
	11	Trent Dietz	7 min 14 sec
	12	Stuart Lyons	7 min 20 sec
	16	Todd Cook	7 min 29 sec
Teams	2	St. George	42 points

**WOMEN UNDER 18 3KM**

Results	3	Evelyn Argall	11 min 38 sec
	8	Cheryl Eggermont	12 min 20 sec
	12	Julie Page	13 min 41 sec
	13	Karen Jenkins	16 min 59 sec
Teams	1	St. George	36 points

**UNDER 13 2KM**

Results	14	Bonita Holmes	9 min 08 sec
	15	Kim Tonge	9 min 14 sec
	16	Kelly Grey	9 min 15 sec

**N.S.W. 25KM ROAD CHAMPIONSHIP**

5th June at Pagewood

**MEN**

	5	Ray Stephenson	80 min 14 sec
	7	Col Whiteman	81 min 07 sec
	18	Bruce Hansard	84 min 35 sec
	28	Frank Scorzelli	86 min 37 sec
	41	Ron Gribble	89 min 23 sec
	48	Gordon Gilshenen	91 min 00 sec
	49	Allen Argall	91 min 06 sec
	59	Kevin Taylor	94 min 19 sec
	61	Dave Edwards	94 min 51 sec
	67	Tom Irwin	95 min 54 sec
	85	Des Allen	100 min 28 sec
	105	Gary Young	109 min 07 sec
Teams	2	St. George No. 1	54 points
	11	St. George No. 2	193 points
	17	St. George No. 3	314 points

**WOMEN 10KM ROAD CHAMPIONSHIP**

Results	27	Kerry Edwards	46 min 17 sec
	28	Deirdre Booth	47 min 31 sec
	29	Cheryl Bray	47 min 41 sec
	31	Jean Gribble	50 min 33 sec
Teams	5	St. George	115 points

**MEN UNDER 20 8KM ROAD CHAMPIONSHIP**

Results	2	Matthew Todd	25 min 09 sec
	8	Warren McCourt	26 min 18 sec
	10	Paul Donnelly	26 min 33 sec
	24	Mark Irwin	28 min 38 sec
	28	Ian Argall	29 min 27 sec
Teams	3	St. George	39 points

**WOMEN UNDER 18 5KM ROAD CHAMPIONSHIP**

Results	5	Evelyn Argall	18 min 48 sec
	11	Cheryl Eggermont	20 min 51 sec
	12	Julie Page	21 min 14 sec
	14	Karen Jenkins	26 min 59 sec
Teams	2	St. George	42 points

**N.S.W. MARATHON CHAMPIONSHIPS**

27th June at Holsworthy Army Camp

Fine, sunny weather and excellent organisation made this a most successful event. Col Whiteman again ran a superb race to be second N.S.W. runner to finish. The team improved on last year's poor placing to gain a 3rd this time.

Results	3	Col Whiteman	2 hr 26 min 04 sec
	19	Ron Maher	2 hr 36 min 39 sec
	21	Allen Argall	2 hr 39 min 38 sec
	32	Tom Irwin	2 hr 47 min 57 sec
	34	Dave Edwards	2 hr 49 min 16 sec
	61	Frank Scorzelli	3 hr 01 min 48 sec
	63	Alan Staples	3 hr 05 min 15 sec
	70	Peter Delamare	3 hr 13 min 20 sec
		Doug Yuide	3 hr 35 min
Teams	3	St. George No. 1	36 points
	9	St. George No. 2	112 points

**N.S.W. NOVICE CROSS COUNTRY CHAMPIONSHIPS**

17th July at Ramsgate

**MEN 10 KM**

Results	3	Matthew Todd	33 min 24 sec
	5	Paul Donnelly	33 min 55 sec
	13	Bruce Hansard	34 min 36 sec
	16	Pat Browne	34 min 48 sec
	20	Frank Scorzelli	35 min 05 sec
	24	Gordon Gilshenen	35 min 26 sec
	31	Greg Krahe	36 min 03 sec
	44	Allen Argall	37 min 04 sec
	50	Pat Webb	37 min 44 sec
	55	Des Allen	38 min 19 sec
	56	Tom Irwin	38 min 25 sec
	72	John Davis	43 min 04 sec
Teams	3	St. George	37 points



**WOMEN 5KM**

Results	10	Julie Page	21 min 41 sec
	16	Kerry Edwards	22 min 51 sec
	19	Cheryl Bray	23 min 45 sec
	22	Jean Gribble	26 min 03 sec
Teams	4	St. George	67 points

**N.S.W. ROAD RELAY CHAMPIONSHIPS**  
**22nd August at Taren Point**

Unfortunately the men's senior teams lacked depth but Col Whiteman's 31 min 24 sec for the 10km was the 4th fastest recorded on the day. Our younger runners fared much better, with the Under 20 men winning the race by almost 1 minute. The Under 15 boys won in an impressive fashion. Out of the six teams in this division, St. George fielded three! Both the Under 13 men and women's teams finished 2nd.

**MEN OPEN 4 x 10KM**

Results	6	St. George (A)	2 hr 11 min 39 sec
		(Whiteman 31.24; Gribble 33.33; Stephenson 32.44; Scorzelli 33.58)	
	14	St. George (B)	2 hr 21 min
		(Bible 34.35; Gilshenen 34.42; Derricott 34.47; Webb 35.56)	
	25	St. George (C)	2 hr 28 min 19 sec
		(Allen 37.17; Beilby 37.08; Irwin 36.50; Phillips 37.04)	
	37	St. George (D)	2 hr 46 min
		(B. McCourt 38.18; Nunn 44.35; Young 40.57; Richards 42.10)	
	40	St. George (E)	2 hr 53 min 38 sec
		(Molino 43.58; O'Connor 44.12; Coster 44.02; Peek 41.26)	

**UNDER 20 4 x 5KM**

Results	1	St. George	65 min 49 sec
		(McGuckin 17.22; McCourt 16.02; Blue 16.19; Donnelly 16.05)	

**UNDER 17 4 x 3KM**

Results	4	St. George (A)	39 min 28 sec
		(Summerill 9.21; McLoughlin 10.04; Argall 10.24; Irwin 9.39)	
	9	St. George (B)	41 min 51 sec
		(Prowse 10.09; Lay 10.50; Spata 11.13; Warren 9.39)	
	10	St. George (C)	45 min 12 sec
		(Kennedy 10.54; Markham 11.09; Page 11.10; Bray 11.59)	

**UNDER 15 4 x 1.5KM**

Results	1	St. George (A)	18 min 46 sec
		(Woods 4.28; Hill 4.48; Nixon 4.55; Warren 4.35)	
	5	St. George (B)	20 min 55 sec
		(Davison; Webb; Tonge 5.14; Harrison 5.22)	
	6	St. George (C)	21 min 56 sec
		(Witheriff; M. Page; Lyons 5.26; Dietz 5.17)	

**UNDER 13 4 x 1.5KM**

Results	2	St. George (A)	20 min 50 sec
		(Dietz 4.59; Cook 5.23; Bannan 5.20; Irwin 5.08)	
	7	St. George (B)	24 min 12 sec
		(Hill 5.43; Gribble 5.58; A. Jolliffe 6.22; C. Jolliffe 6.09)	
	8	St. George (C)	25 min 17 sec
		(Davison 6.09; Delamare 6.18; Mukai 6.44; Bond 5.55)	

**WOMEN OPEN 4 x 5KM**

Results	8	St. George	97 min 01 sec
		(Booth 22.03; Bray 23.07; Gribble 24.02; K. Jenkins 27.49)	

**UNDER 18 4 x 3KM**

Results	5	St. George	53 min 55 sec
		(Page 12.48; Eggermont 12.08; Drake 17.42; Argall 11.17)	

**UNDER 15 4 x 1.5KM**

Results	5	St. George	25 min 10 sec
		(Tatnell; Jolliffe; H. Jenkins 6.52; Hocking 7.15)	

**UNDER 13 4 x 1.5KM**

Results	2	St. George	24 min 51 sec
		(Holmes 6.06; Tonge 6.18; Eggermont 6.05; Kelly 6.09)	

**3-WAY MATCH ST. GEORGE-SUTHERLAND-BANKSTOWN SPORTS**  
**24th July at Ramsgate**

Overall Points for Endeavour Cup			
	1)	Bankstown Sports	34 points
	2)	Sutherland	27 points
	3)	St. George	22 points

**AUSTRALIAN CHAMPIONSHIPS RESULTS****OPEN 12KM MEN'S CROSS COUNTRY**

19th June, 1982, Hobart

Results	23	Col Whiteman	39 min 50 sec
	27	Ray Stephenson	40 min 17 sec

**MEN UNDER 20 8KM**

Results	29	Matthew Todd	27 min 31 sec
	38	Warren McCourt	28 min 32 sec

**MEN OPEN 25KM ROAD CHAMPIONSHIP**

14th August at Sydney

Results	21	Col Whiteman	85 min 56 sec
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**OTHER RESULTS****16KM CHAMPIONSHIP DAY**

25th April at Macquarie University

**MEN UNDER 20 10KM**

	4	Warren McCourt	37 min 44 sec
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**UNDER 17 5KM**

	15	Mark Irwin	20 min 42 sec
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**UNDER 13 2KM**

	3	Adam Irwin	7 min 45 sec
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# SUTHERLAND HALF-MARATHON DAY

1st May at Audley

## OPEN 21KM ROAD

Results	4	Col Whiteman	69 min 42 sec
	10	Ray Stephenson	70 min 52 sec
	53	Allen Argall	78 min 22 sec
	60	Dave Edwards	79 min 33 sec
	63	Gordon Gilshenen	79 min 50 sec
	80	Bruce Hansard	81 min 43 sec
	96	Des Allen	83 min 16 sec
	118	Tom Irwin	85 min 48 sec
	140)	Alby Thomas	88 min 28 sec)
	140)	Gary Young	88 min 28 sec)
	162	Peter Delamare	91 min 17 sec
	176	Tom Richards	94 min 12 sec
	192	T. O'Connor	96 min 43 sec
	203	T. O'Connor	99 min 37 sec
	204	Bruno Molino	99 min 40 sec
	214	Tony Nunn	101 min 29 sec
	215	Kerry Edwards	101 min 40 sec
	223	K. Jenkins	104 min 36 sec
	239	Deirdre Booth	109 min 14 sec
	242	Cheryl Bray	110 min
	253	Jean Gribble	117 min 12 sec
	261	Cathy Delamare	132 min 27 sec

## UNDER 20 10KM

2	Matthew Todd	33 min 07 sec
4	Warren McCourt	
6	Paul Donnelly	

## UNDER 17 5KM

15	Mark Irwin	18 min 06 sec
18	Ian Argall	
26	Neil McLoughlin	

## UNDER 15 3KM BOYS

14	Stephen Wright	11 min 43 sec
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## GIRLS

8	Heather Jenkins	14 min 39 sec
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## UNDER 13 2KM BOYS

3	Adam Irwin	6 min 58 sec
22	Ian Gribble	
27	Jeffrey Argall	
29	Matthew Donnelly	

## GIRLS

6	Bonita Holmes	
7	Kelly Grey	
8	Narelle Hocking	

# 25KM CHAMPIONSHIP DAY

5th June at Pagewood

## Supporting Events

### MEN SENIOR 5KM

17	Arthur Peek	19 min 47 sec
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### UNDER 17 3KM

6	Neil McLoughlin	10 min 26 sec
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### UNDER 15 1.5KM

3	Anthony Spata	4 min 51 sec
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### UNDER 13 1.5KM

1	Adam Irwin	4 min 53 sec
23	Bonita Holmes	6 min 24 sec

## 11th ANNUAL SUTHERLAND TO SURF 11KM

6	Col Whiteman	33 min 52 sec
14	Bruce Hansard	35 min
15	Matthew Todd	35 min 06 sec
26	Frank Scorzelli	35 min 48 sec
36	Paul Donnelly	36 min 19 sec
44	Warren McCourt	36 min 40 sec
47	Gordon Gilshenen	36 min 51 sec
48	Stephen Bible	36 min 51 sec
49	Ron Maher	36 min 55 sec
76	Albert Thomas	37 min 53 sec
84	Allen Argall	38 min 08 sec
95	Kevin Taylor	38 min 26 sec
96	Philip Warren	38 min 30 sec
99	Mark Irwin	38 min 31 sec
116	Robert Woods	38 min 53 sec
137	Pat Webb	39 min 15 sec
207	Darren Beilby	40 min 21 sec
210	Des Allen	40 min 24 sec
237	Ian Argall	40 min 55 sec
262	Tom Irwin	41 min 18 sec
272	Brian McCourt	41 min 26 sec
296	Dennis Jolliffe	41 min 49 sec
364	Peter Delamare	42 min 41 sec
392	Trent Dietz	42 min 55 sec
428	Graeme Hill	43 min 16 sec
506	Evelyn Argall	44 min 03 sec

## SUPPORTING EVENTS NOVICE DAY

17th July

### MEN OPEN 10KM

4	Col Whiteman	32 min 37 sec
16	Ron Gribble	35 min 29 sec
20	Kevin Taylor	36 min 47 sec
42	Dave Edwards	40 min 23 sec
44	Albert Thomas	40 min 38 sec
45	Gary Young	40 min 38 sec



61	Peter Delamare	42 min 49 sec
63	Bruno Molino	42 min 51 sec
64	Tony Nunn	42 min 58 sec
65	Dave Steele	42 min 59 sec
68	Tom Richards	43 min 18 sec
71	T. O'Connor	43 min 53 sec
72	Heinz Kunkel	44 min
75	Terry Fisher	45 min 28 sec
76	Harry Coester	45 min 46 sec
82	T. O'Connor	46 min 38 sec
90	Ken Jenkins	47 min 54 sec
93	B. McCarthy	48 min 46 sec
100	John Blacker	51 min 19 sec

#### WOMEN OPEN 5KM

12	Cathy Delamare	26 min 14 sec
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#### OPEN SCHOOLBOYS & SCHOOLGIRLS 4KM

3	Mark Irwin	12 min 33 sec
11	Ian Argall	13 min 08 sec
15	Neil McLoughlin	13 min 39 sec
16	Richard Evans	13 min 45 sec
22	Andrew Lay	14 min 19 sec
24	Evelyn Argall	14 min 35 sec
26	David Page	16 min 21 sec
28	Louisa Drake	16 min 50 sec
29	Luke Bray	16 min 59 sec

#### UNDER 15 2KM

4	Graeme Hill	6 min 32 sec
12	Matthew Page	7 min 31 sec
13	Melissa Tatnell	7 min 34 sec
15	G. Davis	7 min 46 sec
18	Scott Harrison	8 min 28 sec

#### UNDER 13 2KM

2	Trent Dietz	6 min 58 sec
10	Todd Cook	7 min 35 sec
11	Ben Krahe	7 min 37 sec
15	Michael Hill	7 min 52 sec
17	Ian Gribble	7 min 58 sec
19	Bonita Holmes	8 min 21 sec
21	Kenji Mukai	8 min 24 sec
22	Heather Harrison	8 min 29 sec
25	Kelly Grey	8 min 41 sec
26	Matthew Donnelly	8 min 45 sec
28	Keith Delamare	9 min 10 sec
29	Narelle Hocking	9 min 17 sec
30	Graham Delamare	9 min 23 sec
31	Aaron Davison	9 min 23 sec

#### SUN CITY TO SURF 14KM

8th August

61	Ron Gribble	47 min 14 sec
67	Frank Scorzelli	47 min 20 sec
106	Alan Blue	48 min 38 sec
121	Bruce Hansard	48 min 53 sec
160	Kevin Taylor	49 min 56 sec
198	Mark Irwin	50 min 32 sec
289	Stephen Bible	52 min 02 sec
491	Tom Irwin	54 min 14 sec
664	Dennis Jolliffe	55 min 21 sec
734	Peter Phillips	55 min 48 sec
749	Doug Yuide	55 min 55 sec
866	Darren Beilby	56 min 43 sec
1291	Andrew Lay	58 min 39 sec
1849	Adam Irwin	60 min 55 sec
2168	Stuart Lyon	62 min 04 sec
2847	Tony Nunn	64 min 03 sec
3033	George Freeman	64 min 35 sec
5833	Matthew Page	71 min 08 sec
5897	Tom Richards	71 min 18 sec

#### BIG "M" MARATHON MELBOURNE

17th October, 1982

58	John Lee	2 hr 33 min 30 sec
65	Ron Gribble	2 hr 33 min 59 sec
1725	Dick Vaughan	3 hr 27 min 29 sec

#### 50KM TRACK RACE — BARTON PARK, PARRAMATTA

6th March, 1983

5	Alan Staples	4 hr 11 min 58 sec
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St. George Sub-Junior Athletes running at Ramsgate, Scarborough Park, probably 1949.

**DAVE POWER ONE HOUR RUN**  
 15th September, 1982, the Crest Oval, Bass Hill  
 5 Col Whiteman 18,770m Club Record (Snr)  
 12 Warren McCourt 16,814m Club Record  
 (U/20)

**WORLD CROSS COUNTRY TRIALS**  
 9th January, 1983 Centennial Park  
 1 John Andrews 35 min 10 sec  
 14 Ray Stephenson 38 min 23 sec  
 22 Col Whiteman 39 min 38 sec

# **ST. GEORGE D.A.A.C. OPEN SCHOOLS CROSS COUNTRY CHAMPIONSHIPS**

20th June, 1982 at Scarborough Park

The number of entries was about 180, an increase on previous years. In the Intermediate events (9 years-12 years) Gymea Bay Primary convincingly won the L.L. Bosman Trophy for the third successive year with 89 points from De La Salle Revesby 30 points. Gymea North was third.

St. George club members performed well; Trent Dietz won the 12 years; Nigel Nixon (13 years); Graeme Hill (14 years); Roger Summerill (15 years); Mark Irwin (16 years); Evelyn Argall (Open girls). The Advanced Point scores were very close with De La Salle Revesby and Marist Brothers Kogarah equal first with 29 points, Sydney Technical High was third with 22 points.

# **N.S.W. SCHOOLS CROSS COUNTRY CHAMPIONSHIPS**

4th July, 1983 at Scarborough Park

Mark Irwin, representing D.L.S. Revesby, won the U/16 4km in 13 min 05 sec.

Roger Summerill, Trinity, was third, 13 min 15 sec.

In the Under 15 4km, Philip Warren, representing Woolooware won in 13 min 11 sec.

In the Open Schoolgirls 4km Evelyn Argall was 3rd in 15 min 23 sec.

In the Under 14 2km Melissa Tatnell was 2nd in 8 min 42 sec. All these performances were excellent when one remembers that the best runners in the State were eligible to compete in these events.

# **AUSTRALIAN ALL SCHOOLS CROSS COUNTRY CHAMPIONSHIPS**

31st July, Adelaide

Philip Warren won the Under 15 Boys 4km event in 13 min 25 sec, an outstanding performance!

# **WORLD CROSS COUNTRY CHAMPIONSHIPS**

Gateshead, England, 20th March, 1983 12km

21 John Andrews 37 min 36 sec

228 athletes started from 41 nations. Australia finished 4th place in teams title, winning time 36 min 52 sec.

# **ST. GEORGE DISTRICT AMATEUR ATHLETIC CLUB 42nd ANNUAL SCHOOLS' TRACK AND FIELD CHAMPIONSHIPS**

Held at Harold Fraser Oval, Sunday, 19th September, 1982

This year's meeting was cancelled at 12.30 p.m. because of continued downpours of heavy rain. Despite the adverse affect of a petrol strike and rain, 260 entrants participated with 26 schools being involved, 35 events held and 85 place ribbons distributed. Some 150 letters were sent to schools prior to the meeting. The 1983 meeting to be held again at Harold Fraser Oval on September 18th is expected to be greatly improved as I have just this moment received confirmation that Buttercup Bakeries will cover the expenses up to \$400 and will supply bread products and pies for the day!

RESULTS — BOYS			
<b>OPEN</b>			
110m Hurdles	1st	P. Jones (Narwee)	16.7 sec
200m	1st	L. Jurevic (Benilde)	24.8 sec
Discus	1st	R. Bradley (Benilde)	
High Jump	1st	P. Jones (Narwee)	1.85m
<b>16 YEARS</b>			
High Jump	1st	H. Pavlidis (James Cook)	1.80m
110m Hurdles	=1st	R. Fong (Marist Bros. Kog.)	17.6 sec
		B. Jeffreys (D.L.S., Revesby)	17.6 sec
200m	1st	G. Mincher (Syd. Tech.)	24.7 sec
Discus	1st	G. Taylor (Canter.)	34.86m
<b>15 YEARS</b>			
100m Hurdles	1st	V. Akkary (St. Johns, Lakemba)	
Discus	1st	D. Lane (Sylvania)	
Long Jump	1st	K. Markham (Marist Bros. Kog.)	
<b>14 YEARS</b>			
100m Hurdles	1st	C. Witheriff (St. Pats, Strath.)	17.3 sec
Discus	1st	D. Davison (Syd. Tech.)	28.28m
<b>13 YEARS</b>			
Shot Put (3kg)	1st	A. Radopoulos (James Cook)	10.64m
100m Hurdles	1st	J. Faraday (Syd. Tech.)	
Long Jump	1st	J. Faraday (Syd. Tech.)	
<b>12 YEARS</b>			
Shot Put (6lb)	1st	T. Dietz (Gymea)	
<b>12 YEARS PRIMARY</b>			
Shot Put (6lb)	1st	Jamie Taylor (Peakhurst South)	10.88m Rec.
High Jump	1st	A. King (Gymea Bay)	
<b>11 YEARS</b>			
High Jump	1st	Jamie Taylor (Peakhurst South)	1.36m Rec. =

GIRLS			
<b>OPEN</b>			
Long Jump/100m	1st	L. Drake (Moorefields)	
<b>15 YEARS</b>			
Discus	1st	J. Smith (St. George Girls)	30.26m



<b>14 YEARS</b>		
Long Jump	1st	H. Jenkins (Moorefields)
100m	1st	D. Drake (Moorefields)
<b>13 YEARS</b>		
Long Jump/100m	1st	D. Jolliffe (Peakhurst)
<b>12 YEARS</b>		
100m	1st	S. Elliott (Carlton)
Long Jump	1st	J. Aldwell (Kurnell)
<b>11 YEARS</b>		
100m/Long Jump	1st	J. Reeves (Ramsgate)
<b>10 YEARS</b>		
Long Jump/100m	1st	S. Johnson (Kurnell)
<b>9 YEARS</b>		
Long Jump/100m	1st	J. Taylor (Peakhurst South)

P. PHILLIPS, Hon. Secretary



Dragan Arapovic, St. George, State champion pole vault, and record holder, clearing 14 feet on 17.1.70.

## TRACK & FIELD REPORT Summer Season 1982-83

by Arthur Peek

Another busy summer season has finished and the Club can be quite proud of its achievements. Outstanding senior athlete, John Andrews, was by far the most impressive sportsman of the Club. John represented Australia in the Commonwealth Games in Brisbane on 8-10-82 where he finished seventh in the 5000 metres in Club record time of 13 min 42.62 sec. He then went on to win several other races impressively, including upset wins over Robert de Castella in the Zatopek 10,000 metres in Melbourne in 28 min 09.7 sec on 16-12-82; the Australian Cross Country Trial at Centennial Park, Sydney over 12km on 9-1-83 and the Victorian 10,000 metre Track Championship in Melbourne on 27-1-83 and again relegating Commonwealth Marathon Gold Medalist De Castella into second place. John's involvement in the World Cross Country prevented his participation in the Australian Track and Field Championships.

During the Australian Track and Field Championships the Club was represented by Robert Henderson — U/20, 100m and 200m and Richard Evans U/18, 2000m steeplechase. Robert and Richard were both placed third in their events.

The N.S.W. Relay Championships were a dramatic improvement from the previous year. Gold medals were won by the Under 20 years 100 and 200 metre relay teams, and the Under 16 years 400, 800 and 1500 metre relay teams in record time. The results from the N.S.W. Track and Field Championships were a little disappointing this year with Club athletes winning three silver and one bronze medal. The N.S.W. Age Championships, however, resulted in several first class performances from our young Club athletes. Alain Noisier, Nigel Nixon, Chris Davis and Robert Woods won gold medals during the championships.

The Open Grades Interclub Competition held at Sydney Athletic Field and Hensley Athletic Field during October-November-December resulted in impressive victories for "D" and "E" Grades. Again, our Club joined with Bankstown Sports for the purpose of competition in the pre-Christmas Interclub. Unfortunately, this season due to a distinct lack of competitors our A, B and C Grades did not do well and finished mid-field in the grades. In comparison we had many keen younger athletes competing in "D" and "E" with several senior athletes enabling us to win both grades.

After Christmas the Association held a Seeded Open Grades Interclub Competition at Sydney Athletic Field and Hensley Athletic Field. We were without the assistance of Bankstown Sports as joint clubs were not allowed. The Club had outstanding wins in the "D" and "E" Grade premierships, "B" Grade showed some improvement while the lack of competitors resulted in "A" and "C" Grades finishing mid-field again.

With the Southern Zone competition not held this year the young athletes were encouraged to assist the older athletes at Open Grades Interclub and attend Harold Fraser Oval on Tuesday nights for competition which worked most successfully. We had 79 Club athletes compete at Harold Fraser Oval where competition was always keen in the seeded style competition.

Our visits to country meetings were again most successful this year. The Club's participation in the Australia Day Relays in Canberra resulted in an outstanding effort to finish second in the pointscore and collect \$300.00 towards sporting equipment. Trips to Bega and the A.C.T. Track and Field Championships were also very successful where many medals and feature event

prizes were won. The Club had three successful visits to Springwood during the summer season.

Congratulations to our Australian representative, John Andrews, State Representatives Robert Henderson, U/20, Richard Evans, U/18, Roger Summerill, U/16, Martin Lubrano, U/15 and Mark Jansen, U/15. Congratulations have also been earned by the many athletes involved in our premierships victories and the many successful visits to country events. The success of our athletes this season in the various age groups has given the Club a very busy, prosperous and most enjoyable summer track season.

## OPEN GRADES INTERCLUB

Pointscores 1982-83 Track Season

"A" Grade		"B" Grade		"C" Grade	
117	R. Henderson	87	C. Sams	61	D. Beilby
45	M. Todd	68	A. Dunsha	57	S. Bible
44	C. Whiteman	62	R. Chapman	45	M. Lubrano
43½	P. Jones	59	D. Snowden	32	T. Irwin
32	J. McLoughlin	55	A. Scott	30	R. Gribble
30	R. Evans	55	S. Bible	26	M. Irwin
25	A. Scott	53	P. Jones	26	C. Sams
23	W. McCourt	34	R. Evans	26	D. Snowden
19	B. Hansard	34	B. McCourt	22	A. Blue
19	R. Stephenson	31	W. McCourt	20	J. Neale
"D" Grade		"E" Grade			
260	S. Wilcox	115	M. Parent		
230	A. Peek	115	A. Peek		
114	A. Spata	98	E. Wade		
108	M. Jansen	97	G. Scott		
105	E. Wade	82	D. Davison		
90	C. Witheriff	72½	A. Spata		
83	C. Sams	71	S. Mungovan		
82	S. Mungovan	65	D. Yuide		
76	G. Scott	54	D. Knight		
74	D. Davison	51	R. Young		

## POINTSCORE FOR HAROLD FRASER OVAL

1982-83 Track Season

Under 14		Under 15	
2084	Duncan Davison	2167	Mark Jansen
1474	Stuart Jansen	2014	Sean Mungovan
1248	David Whealy	1998	Mike Parent
Under 16		Open	
2148	Anthony Spata	2103	Arthur Peek
2039	Greg Scott	755	Harry Coster
956	Matthew Avery	654	Andrew Kennedy

## FINAL PREMIERSHIP POINTS FOR OPEN GRADES INTERCLUB

October-November-December, 1982

A Grade	WS 21, RH 18½, RB 17½, UNSW 14, PEGVHK 12½, SGB 10, SU 10, SR 9½, NM 9.
B Grade	RH 20½, WS 18½, NM 15½, RB 14½, UNSW 13, SR 12½, SGB 12, PEGVHK 12, SU 6½.
C Grade	RH 21, WS 19, PEGVHK 16, RB 13, SGB 12, NM 10, SR 9, UNSW 7, SU 0.
D Grade	SGB 21, B2F 19, RB 17, Vets 15, SR 13, PE 11, WS 0, GVKH 0.
E Grade	SGB 17, LM 17, RR 15, RB 15, UNSW 11, Vets 9, SR 8, GVKH 0.
* SGB defeated LM 110-53 on 30.10.82 therefore winning the premiership on a countback.	

## FINAL POINTSCORE FOR MENS OPEN GRADES SEEDED COMPETITION

January-February-March, 1983

A Grade	RH 1599, RB 1156½, WS 970, NS 680½, UNSW 647, SU 525, SUTH 423, ES 385, STG 314½, BS 309, PARR 308, MW 241, RR 174, GV 105½, HD 105.
B Grade	RH 1264½, WS 588, Suth 515, STG 510, RB 494½, NS 455½, BS 424, MW 356½, UNSW 270, ES 217, SU 212, RR 179½, GV 167.
C Grade	RH 560, NS 318, SUTH 284, WS 270, ES 217, RB 211½, STG 186, BS 153½, UNSW 135, MW 95, PARR 89, GV 86, SU 71.
D Grade	STG 1496½, BS 1179½, RB 1125, Vets 559, MARR 316, SUTH 300½, RR 289, ES 156, MW 93, LP 79, NEP 73, PARR 60, NS 57, RH 53½, WS 45, MACC 43, UNSW 35, BLACK 23.
E Grade	STG 746, RB 416½, BS 239, RR 222½, Vets 88, MARR 65, MACC 64, MW 62, SUTH 58, BAL 50, PARR 33, NS 30, RH 27, WS 22, UNSW 15.



St. George Cross Country athletes running at Ramsgate, Scarborough Park, probably 1949.



## CLUB CHAMPIONSHIPS

Club championships for the 1982-83 season were based on the athletes' individual performances recorded at: Open Grades Interclub, the N.S.W. Track and Field Championships, the N.S.W. Age Championships, the A.C.T. Track and Field Championships and competition days held at Harold Fraser Oval.

### UNDER 14

100m	A. Noisier (13.04)	N. Nixon	M. Bengtsson
200m	A. Noisier (25.19)	N. Nixon	M. Bengtsson
400m	N. Nixon (56.21)	D. Whealy	M. Tonge
800m	N. Nixon (2.7.84)	D. Whealy	A. Irwin
1500m	N. Nixon (4.19.88)	D. Whealy	M. Tonge
3000m	S. Wright (10.35)	D. Whealy	A. Irwin
100m Hurdles	A. Rodopoulos (20.7)	D. Whealy	R. Withers
High Jump	A. Rodopoulos (1.45)	D. Whealy	A. Noisier
Javelin 600g	A. Rodopoulos (33.42)	N. Nixon	R. Withers
Long Jump	A. Rodopoulos (4.73)	A. Noisier	D. Whealy
Discus 1kg	N. Nixon (30.42)	A. Rodopoulos	A. Noisier
Shot Put 3.632kg	A. Rodopoulos (9.80)	A. Irwin	D. Whealy
Triple Jump	D. Whealy (10.66)	A. Rodopoulos	N. Nixon

### UNDER 16

100m	M. Jansen (11.3)	C. Davis	C. Witheriff
200m	M. Jansen (23.19)	C. Witheriff	C. Davis
400m	M. Lubrano (52.17)	A. Spata	M. Jansen
800m	P. Warren (2.1.21)	M. Lubrano	A. Spata
1500m	P. Warren (4.4.53)	R. Woods	M. Lubrano
3000m	D. Knight (10.35)	R. Sinnerbrink	A. Spata
100m Hurdles	P. Noisier (17.6)	M. Parent	C. Witheriff
400m Hurdles	D. Davison (68.7)	M. Parent	M. Avery
2000m Steeple	D. Knight (7.39.2)	M. Parent	D. Davison
1500m Walk	G. Scott (9.44)		
High Jump	S. Mungovan (1.70)	D. Davison	M. Parent
Javelin 600g	D. Davison (43.12)	R. White	M. Parent
Long Jump	M. Lubrano (5.87)	R. Sinnerbrink	A. Spata
Hammer 5.994kg	S. Mungovan (14.86)	M. Jansen	G. Scott
Discus 1kg	G. Scott (33.76)	D. Davison	M. Jansen
Shot Put 3.632kg	D. Davison (10.53)	M. Jansen	P. Noisier
Triple Jump	S. Mungovan (11.88)	A. Spata	P. Warren

### UNDER 18

100m	J. Abdullah (11.0)	L. Bray	R. Fong
			H. Pavlidis
200m	L. Bray (24.5)	R. Summerill	J. Prowse
400m	R. Summerill (53.54)	J. Manousoglou	T. Daly
800m	R. Summerill (2.00.02)	J. Prowse	A. Blue
1500m	A. Blue (4.11.93)	R. Summerill	R. Evans
3000m	R. Evans (9.00.04)	A. Blue	M. Irwin
5000m	M. Irwin (16.45)	R. Evans	
110m Hurd. .914m	P. Jones (16.0)	R. Fong	G. Scott
400m Hurd. .914m	J. Prowse (66.0)	R. Fong	M. Smullen
2000m Steeple	R. Evans (6.7.2)	M. Irwin	J. Davis
Pole Vault	P. Jones (2.75)		
High Jump	P. Jones (1.90)	H. Pavlidis	J. Prowse
Javelin 700g	D. Davison (37.08)	R. Fong	H. Pavlidis
Long Jump	L. Bray (6.33)	R. Fong	P. Jones
Hammer 5.994kg	R. Fong (18.89)	A. Spata	S. Jansen
Discus 1½kg	J. Neale (38.46)	H. Pavlidis	R. Fong
Shot Put 4.535kg	G. Scott (10.74)	A. Spata	C. Brogan
Triple Jump	P. Jones (12.25)	L. Bray	J. Davis

### UNDER 20

100m	R. Henderson (10.78)	A. Dunshea	C. Sams
200m	R. Henderson (21.46)	A. Dunshea	D. Snowden
400m	R. Henderson (49.52)	D. Snowden	A. Dunshea
800m	D. Miller (2.5.08)	R. Evans	M. Roddy
1500m	R. Evans (4.18.0)	D. Miller	M. Roddy
3000m	J. Davis (9.50.06)	J. Manousoglou	M. Roddy
110m Hurd. .991m	L. Bray (18.4)	S. Wilcox	R. Fong
400m Hurd. .914m	S. Wilcox (62.8)	G. Scott	S. Mungovan
2000m Steeple	M. Roddy (8.03)	M. Avery	S. Mungovan
Pole Vault	C. Sams (2.75)	S. Wilcox	
High Jump	A. Dunshea (1.50)	S. Wilcox	C. Sams
			D. Snowden
Javelin — 800g	R. Fong (36.28)	H. Pavlidis	C. Sams
Long Jump	C. Sams (5.90)	S. Wilcox	C. Witheriff
Hammer 5.994kg	S. Wilcox (22.00)	D. Davison	C. Sams
Discus 1.5kg	D. Scott (33.20)	C. Sams	D. Snowden
Shot Put 5.994kg	J. Neale (13.90)	R. Fong	L. Bray
Triple Jump	C. Sams (11.59)	S. Wilcox	D. Davison

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Graeme Rootham, Munich Olympian, Australian 800 metres champion, winning Interclub 800 metres on 16.1.71.

#### SENIOR

100m	J. McLoughlin (11.69)	R. Chapman	R. Young
200m	P. McCaffrey (22.82)	J. McLoughlin	R. Chapman
400m	J. McLoughlin (49.19)	R. Chapman	B. McCourt
800m	J. McLoughlin (1.53.6)	M. Todd	R. Sharp
1500m	J. Andrews (3.51.96)	R. Stephenson	M. Todd
3000m	M. Todd (8.32.4)	W. McCourt	C. Whiteman
5000m	M. Todd (15.2.9)	C. Whiteman	R. Stephenson
10,000m	J. Andrews (28.32.7)	C. Whiteman	A. Peek
110m Hurd. 1.067m	A. Peek (24.1)		
400m Hurd. .914m	E. Wade (67.4)	R. Young	T. Nunn
1500m Walk	E. Wade (7.26.3)	T. Richards	K. Jenkins
3000m Walk	E. Wade (15.17)	T. Nunn	T. Richards
5000m Walk	E. Wade (25.40)	T. Nunn	T. Richards
2000m Steeple	E. Wade (7.10)	T. Irwin	J. Reid
High Jump	D. Beilby (1.70)	L. Bray	A. Peek
Javelin 800g	A. Scott (49.32)	A. Peek	S. Wilcox
Long Jump	R. Young (5.11)	J. Reid	A. Peek
Hammer 7.260kg	A. Scott (31.76)		
Discus 2kg	A. Scott (38.52)	M. Lutton	A. Peek
Shot Put 7.260kg	A. Scott (11.02)	A. Peek	K. Jenkins
Triple Jump	J. Reid (11.02)	G. Scott	E. Wade

#### AGGREGATE POINTSCORE AT OPEN GRADES INTERCLUB 1982-83 Track Season

350	Arthur Peek	159	Mike Parent
296	Stephen Wilcox	156	Duncan Davison
220	Eric Wade	153	Sean Mungovan
216	Craig Sams	144½	Paul Jones
186½	Anthony Spata	138	Mark Jansen
173	Greg Scott	126	Robert Henderson

#### PACIFIC SCHOOLS GAMES, QEII, BRISBANE

These school games were organised primarily as a trial run for the Commonwealth Games, being held at the various venues for the Games during August. Club athlete Roger Summerill was selected to run for the N.S.W. team in the Under 16 years 800 metres. Roger finished a very close second to a fine New Zealand athlete and this time is his best effort to date.

Under 16 800 metres Roger Summerill 1m 58.25 sec 2.

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# SPRINGWOOD INVITATION MEET

29th August, 1982

The purpose of our visit to this carnival was to help prepare our younger Club athletes for important school carnivals which were not far away. Highlights of the day's competition was the Club's domination of the sprint events

U/15	100 metres	M. Jansen	11.7	1
		C. Davis	12.8	2
	400 metres	C. Davis	60.7	2
U/18	100 metres	J. Abdullah	11.0	1
		L. Bray	12.1	2
	400 metres	M. Jansen	12.1	3
		J. Abdullah	54.5	1
		J. Prowse	55.1	2
U/18	100 metres	Karen Jenkins	14.3	3
Women	400 metres	Cheryl Eggermont	66.6	3
Senior	100 metres	A. Peek	12.5	1
		A. Peek	65.0	3

Under 18 Pointscore A. Spata First 7 points

Senior Pointscore A. Peek First 7 points

# NEWCASTLE MATTARA FESTIVAL

12th September, 1982

Senior	100 metres	P. McCaffrey	11.2	3
		J. McLoughlin	2m00	1
	Javelin	A. Peek		7
U/18	100 metres	J. Abdullah	11.2	1
		J. Abdullah	23.3	1
	200 metres	R. Summerill		4
		A. Spata		6
	800 metres	R. Summerill	2.01	2
		N. McLoughlin		4
		A. Spata		7
	Shot Put	J. Neale	14.40	2
	Discus	J. Neale	44.30	1
U/15	100 metres	M. Jansen	11.7	1
		C. Witheriff		5
	200 metres	M. Jansen	23.9	1
		C. Witheriff		5
	Shot Put	M. Jansen	10.73	3
U/14	100 metres	C. Davis	12.3	1
		D. Davison		5
	200 metres	C. Davis	26.5	2
	800 metres	N. Nixon	2.15.6	2
		D. Davison		5
	High Jump	D. Davison	1.50m	2
U/13	800m	A. Irwin	2.29	2

# COMMONWEALTH GAMES TRIALS, QEIL, BRISBANE

Saturday, 4th and Sunday, 5th September, 1982

After weeks of solid training Club athletes John Andrews and Robert Henderson competed in Brisbane for places in the Australian Track & Field team for the Commonwealth Games in four weeks time. John was successful in winning the 5000 metre race and was placed in the team. Robert found the sprint events very competitive. He made the finals of both the 100 and 200 but could not fill a place.

100 metres	R. Henderson	10.80 sec	8
200 metres	R. Henderson	21.51 sec	6
5000 metres	J. Andrews	13m 58.52 sec	1
10,000 metres	J. Andrews	29m 00.33 sec	3

# COMMONWEALTH GAMES, QEIL STADIUM, BRISBANE

8th September, 1982

5000 metres John Andrews 13 min 42.62 sec 7th

John ran an excellent race to be up with the leaders for eleven of the twelve and one half laps. The pace of the race was fierce from the start which resulted in fast times being recorded. John's time sets a new senior club record taking 7.38 seconds off the previous best recorded by Albie Thomas (13 min 50 sec) in 1964.

# CANBERRA TIMES TITLES, BRUCE STADIUM, CANBERRA

3rd October, 1982

U/14	100 metres	C. Davis	12.1	2
		C. Davis	25.5	1
	200 metres	N. Nixon		4
	800 metres	N. Nixon	2.20.1	1
	Long Jump	C. Davis		7
U/15	100 metres	C. Witheriff		4
		C. Witheriff	25.3	3
U/16	200 metres	A. Spata		5
		A. Spata		5
	800 metres	H. Pavlidis	5.83	3
	Long Jump	A. Spata		6
		C. Witheriff		7
	Discus	H. Pavlidis	42.22	1
	High Jump	H. Pavlidis	1.80	1
	Shot Put	H. Pavlidis	13.25	1
U/18	100 metres	L. Bray		6
		N. McLoughlin		5
	800 metres	P. Jones	1.90	2
	High Jump	R. Fong	5.98	3
	Long Jump	L. Bray		4
		P. Jones		5
	Shot Put	J. Neale	13.36	1
		R. Fong		4
		L. Bray		5
	Discus	J. Neale	41.40	1
	Javelin	J. Neale	47.60	1
		H. Pavlidis	46.64	2
		R. Fong		5



U/20	100 metres	P. McCaffrey	11.3	2
	200 metres	P. McCaffrey	23.3	1
Long Jump		D. Snowden		5
		C. Sams	5.84	2
		S. Wilcox		4
Senior	800 metres	J. McLoughlin	1.57.2	2
	Javelin	A. Peek		5

#### N.S.W. ALL SCHOOLS CHAMPIONSHIPS PULSAR QUARTZ GAMES

Sydney Athletic Field, 23rd-24th October, 1982

U/14	800 metres	N. Nixon	2.11.6	5
	1500 metres	N. Nixon	4.50	8
High Jump		D. Davison	1.60	4
U/15	100 metres	M. Jansen	11.90	2
		C. Witheriff	12.44	6
200 metres		M. Jansen	24.00	3
		C. Witheriff	25.60	6
400 metres		M. Lubrano	52.10	2
		M. Lubrano	2.01.2	1
800 metres		R. Woods	2.04.9	2
		G. Hill	2.08.4	5
1500 metres		R. Woods	4.18	1
U/16	800 metres	P. Warren	2.00.00	1
		R. Summerill	2.00.60	2
1500 metres		P. Warren	4.12.20	1
U/17	800 metres	J. Prowse	1.59.6	4
	1500 metres	M. Irwin	4.21	5
3000 metres		J. Prowse	4.26	6
		M. Irwin	9.42.4	7
Javelin		H. Pavlidis	47.44	5
U/19	100 metres	A. Dunshea	11.57	3
		J. Abdullah	11.62	6
200 metres		A. Dunshea	23.32	3
		P. Jones	62.05	5
400m Hurdles				
		P. Jones	1.85	4
High Jump				

#### SPRINGWOOD INVITATION MEET

7th November, 1982

Another pleasant day was spent at Springwood and the results from the competition were satisfying. The Club's domination in the sprints continues with impressive performances:

U/15 200m M. Jansen (23.4) 1, C. Witheriff 2, C. Davis 3.

U/18 200m J. Abdullah (22.9) 1, A. Spata 3.

Club athletes also did well in the pointscore competition:-

Senior A. Peek 10 points, 1.

U/18 J. Abdullah 11 points 1, A. Spata 7 points, 2.

U/15 D. Davison 10 points, 2.

#### BEGA OPEN CARNIVAL

14th November, 1982

Club members who participated in the bus trip for the weekend to Bega enjoyed the visit immensely. All efforts by the Bega Athletic Club to make our stay comfortable and enjoyable were appreciated. Unfortunately, the competition throughout the Sunday's events was not as strong as many of our Club members needed. Our athletes won 22 events, came second on 24 occasions and filled the third placing 13 times in the Under 14, Under 16, Under 18 and Open events. The outstanding feature of our efforts was that the U16 team won every event for their age group and filled the minor placings as well except for three events.

#### N.S.W. RELAY CHAMPIONSHIPS

The results of the Relay Championships are most pleasing this year. Congratulations to the Under 16 teams in the 4 x 400, 4 x 800 and 4 x 1500 metres as these teams all bettered the State Open and Residential Records for their age group. Also the Under 20 team scored a brilliant double in the 4 x 100 and 4 x 200 metre events.

#### FIRST DAY 28TH November, 1982

Senior Men 4 x 1500m E. Wade, A. Peek, P. Warren, A. Spata. Times: 19m 29.37sec. Placed 8.

U/20 Men 4 x 200m A. Dunshea, J. Abdullah, D. Snowden, R. Henderson. Time 1m 30.72sec. Placed 1.

U/16 Men 4 x 200m C. Davis, C. Witheriff, A. Spata, M. Jansen. Time Heat 1.37.63, Final 1.38.02. Placed 2.

U/16 Men 4 x 800m P. Warren, M. Lubrano, R. Woods, R. Summerill. Time 8m 23.49sec. State Record. Placed 1.

U/14 Men 4 x 400m N. Nixon, M. Tonge, S. Jansen, A. Irwin. Time 4m 01.23sec. Placed 3.

U/14 Men 4 x 1500m D. Whealy, A. Irwin, T. Dietz, N. Nixon. Time 19m 40.94sec. Placed 3.

U/13 Women 4 x 1500m L. Eggermont, K. Tonge, K. Grey, S. Elliott. Time 25m 04.73sec. Placed 4.

#### SECOND DAY, 12th December, 1982

U/20 Men 4 x 100m A. Dunshea, D. Snowden, C. Sams, R. Henderson. Time 43.18sec. Placed 1.

U/18 Men 4 x 800m A. Blue, M. Irwin, G. Hill, J. Prowse. Time 8m 38.55sec. Placed 5.

U/16 Men 4 x 100m C. Davis, C. Witheriff, A. Spata, R. Sinnerbrink. Time Heats 48.02, Final 47.83. Placed 6.

U/16 Men 4 x 400m R. Summerill, R. Sinnerbrink, A. Spata, P. Warren. Time 3m 38.96sec. State Record. Placed 1.

U/16 Men 4 x 1500m P. Warren, R. Woods, G. Sheumack, R. Summerill. Time 17m 39.48sec. State Record. Placed 1.

U/14 Men 4 x 800m D. Davison, D. Whealy, A. Irwin, N. Nixon. Time 9m 17.55sec. Placed 3.

#### AUSTRALIAN ALL SCHOOLS TRACK & FIELD CHAMPIONSHIPS

10th-11th-12th December, 1982, Hobart, Tasmania

Three Club athletes competed with mixed success. Congratulations to Martin Lubrano on a brilliant run in the 800 metres. John Abdullah broke down in the final of his 100 metre event and Mark Jansen stumbled at the start of his 100 metre event.

Under 15 800 metres Martin Lubrano. 2m 01.75. Placed 1.  
 Under 15 100 metres Mark Jansen. Heat 11.55, Final 11.79. Placed 5.  
 Under 19 100 metres John Abdullah. Heat 10.97, Final DNF.

#### ZATOPEK 10,000 METRES Melbourne, 16th December, 1982

Club athlete John Andrews had a sensational finishing burst and scored an upset win over Robert de Castella. John, who represented Australia in the Commonwealth Games 5000m ran shoulder to shoulder with the Games marathon champion for 24 laps and in the final bend of the 25th lap passed de Castella to finish 15 metres in front with a time of 28m 09.7sec taking 31.3 seconds from his own St. George Club record in the process.

#### UNDER 16 N.S.W. TRACK & FIELD CHAMPIONSHIPS Sydney Athletic Field, December 18th-19th, 1982

100 metres M. Jansen. Heat 11.81, Final 11.88. Placed 7.  
 400 metres R. Summerill, Heat 54.78, Final 53.54. Placed 6.  
 800 metres R. Summerill, Heat 2.03.12, Final 2.03.62. Placed 4.  
 A. Spata, Heat 2.10.16, Final 2.10.86. Placed 7.  
 1500 metres R. Summerill, 4.13.80. Placed 4.  
 High Jump S. Mungovan, 1.55m. Placed 11.  
 Triple Jump S. Mungovan, 11.24m. Placed 6.

#### N.S.W. 1 MILE CHAMPIONSHIP Sydney Athletic Field, 19th December, 1982

R. Stephenson Heat 4.16.12, Final 4.12.54. Placed 6.  
 W. McCourt 4.32.62.  
 P. Webb 4.44.76.

#### UNDER 15 INTERSTATE MATCH

##### N.S.W. vs Queensland, S.A.F. 16th January, 1983

Club athlete Mark Jansen was selected to represent N.S.W. in the 100 and 200 metre events and as a team member in the 4 x 100m relay. His efforts of 11.7sec for the 100 metres to finish second and 23.2 sec for the 200 metres in fourth place were good efforts on the day.

#### PAN-AM INTERNATIONAL MEET Olympic Park, Melbourne, 27th January, 1983 10,000 metres Victorian Championship.

John Andrews ran another brilliant race and once again defeated Robert de Castella clearly. The winning time was 28min 32.7sec.

#### SYDNEY METROPOLITAN TRACK & FIELD CHAMPIONSHIPS Hensley Athletic Field, 29-30th January, 1983

Open	400 metres	J. McLoughlin	H 49.9, F 49.3.	4th
	800 metres	J. McLoughlin	H 1.56.6, F 1.53.6.	1st
	1500 metres	R. Stephenson	F 3.58.5.	3rd
		M. Todd	F 4.04.0.	5th
U/20	100 metres	R. Henderson	F 10.8.	1st
	200 metres	R. Henderson	F 21.6.	1st

#### AUSTRALIA DAY RELAYS

##### Bruce Stadium, Canberra, 29th January, 1983

This carnival was one of the highlights of the season as our team finished second on the pointscore competition, only nine points from first place and collecting \$300 for the Club towards operating equipment.

#### Under 16 events contested

4 x 100m	C. Davis, C. Witheriff, D. Davison, M. Jansen. Time 47.9sec (U/15 Club Record). Placed 1st.
4 x 200m	C. Davis, C. Witheriff, A. Spata, M. Jansen. Time 1m 38.2sec (U/16 A.C.T. Record). Placed 1st.
4 x 400m	A. Spata, D. Davison, N. Nixon, M. Jansen. Time 3m 48.7sec. Placed 2nd.
4 x 800m	N. Nixon, D. Davison, M. Parent, A. Spata. Time 9m 14sec. Placed 2nd.
3 x Shot Put	M. Jansen, A. Spata, D. Davison. Distance 29.30m. Placed 1st.
3 x Javelin	M. Parent, M. Jansen, D. Davison. Distance 97.66m. Placed 1st.
3 x High Jump	M. Parent, D. Davison, S. Mungovan. Height 4.75m. Placed 3rd.
3 x Long Jump	S. Mungovan, C. Witheriff, A. Spata. Distance 14.16m. Placed 2nd.

This Under 16 team performed exceptionally well and were placed in every event for their age group. It was a proud moment for the members of the 4 x 200m relay team when they were awarded the outstanding male team of the carnival award. They slashed 12 seconds from the A.C.T. Open U/16 record for the 4 x 200 metres.

#### Under 20 Events Contested

4 x 100m	C. Sams, D. Snowden, A. Dunshea, S. Wilcox. Time 44.5sec. Placed 1st.
4 x 200m	A. Dunshea, C. Sams, S. Wilcox, D. Snowden. Time 1m 32.3sec. Placed 1st.
4 x 400m	D. Snowden, R. Summerill, P. Jones, A. Dunshea. Time 3m 51sec. Placed 5th.
4 x 800m	R. Summerill, C. Witheriff, C. Davis, N. Nixon. Time 9m 39.3sec. Placed 6th.
3 x Shot Put	D. Snowden, R. Fong, L. Bray. Distance 30.35m. Placed 3rd.
3 x Javelin	C. Sams, R. Fong, H. Pavlidis. Distance 79.68m. Placed 3rd.
3 x High Jump	P. Jones, H. Pavlidis, C. Sams. Height 5.00m. Placed 2nd.
3 x Long Jump	R. Fong, P. Jones, L. Bray. Distance 17.67m. Placed 1st.

#### Senior Events Contested

4 x 100m	L. Bray, P. Jones, R. Fong, P. McCaffrey. Time 45.9sec. Placed 5th.
4 x 200m	L. Bray, P. Jones, R. Summerill, P. McCaffrey. Time 1m 38.9sec. Placed 3rd.
4 x 400m	P. McCaffrey, C. Witheriff, C. Davis, S. Wilcox. Time 4m 27sec. Placed 5th.
3 x Shot Put	A. Peek, H. Pavlidis, P. McCaffrey. Distance 24.72m. Placed 3rd.
3 x Javelin	R. Fong, H. Pavlidis, A. Peek. Distance 108.98m. Placed 2nd.



- 3 x High Jump S. Mungovan, H. Pavlidis, P. Jones.  
Height 5.20m. Placed 1st.  
3 x Long Jump S. Wilcox, C. Sams, H. Pavlidis.  
Distance 15.78m. Placed 2nd.

#### Final Club Pointscore (18 clubs participated)

1	Warringah	Women	172
2	St. George	Men	163
3	Woden Valley	Men	151
4	R.M.C.	Men	126
5	Mentone	Men	98
6	Woden Valley	Women	69

#### N.S.W. TRACK & FIELD CHAMPIONSHIPS

Sydney Athletic Field, 12th-13th, 19th-20th February, 1983

Senior	100 metres	R. Henderson	H 11.30, SF 11.23, SF 11.11, 5th.
	200 metres	R. Henderson	H 22.37, SF 21.93, F 22.15, 4th.
	5000m	M. Todd	15.02.9. 9th.
U/20		C. Whiteman	15.10. 12th.
		B. Hansard	15.50. 21st.
		P. Poppert	15.52. 22nd.
	100 metres	R. Henderson	H 11.29, F 11.21. 2nd.
	200 metres	A. Dunshea	H 11.46, F 11.59. 4th.
U/18		R. Henderson	H 22.92, F 22.00. 2nd.
		A. Dunshea	H 23.29, F 23.29. 5th.
	800 metres	R. Summerill	H 2.00.97, F 2.00.02. 6th.
	1500 metres	A. Blue	H 4.11.93, F 4.15.36. 10th.
	3000 metres	A. Blue	9.20.25. 9th.
		M. Irwin	9.33.30. 14th.
		J. Davis	9.50.06. 18th.
	110m Hurdles	P. Jones	16.87. 4th.
	2000m Steeple	R. Evans	6.13.76. 2nd.
		M. Irwin	6.47.16. 6th.
	High Jump	P. Jones	1.90. 3rd.
	Long Jump	L. Bray	6.18. 8th.
		P. Jones	5.92. 9th.

#### A.C.T. TRACK & FIELD CHAMPIONSHIPS

National Athletics Stadium, Canberra, 12th-13th February, 1983

The young athletes of the Club excelled themselves with the results gained from these championships. They won a total of 10 gold, six silver and nine bronze medals over two days of competition. Star of the championships was Nigel Nixon who shattered the four A.C.T. records in the events he contested in the Under 14 age group, being the 400, 800, 1500 metres and the discus.

#### UNDER 14 RESULTS

400 metres	N. Nixon (56.5sec) A.C.T. Record 1, D. Whealy 5.
800 metres	N. Nixon (2.13.6) A.C.T. Record 1, D. Whealy 6.
1500 metres	N. Nixon (4.27.6) A.C.T. Record 1, D. Whealy 5.
Discus	N. Nixon (30.42m) A.C.T. Record 1.
Triple Jump	D. Whealy 2.

#### UNDER 16 RESULTS

100 metres	M. Jansen (11.7sec) 1, C. Davis 2, C. Witheriff 3.
200 metres	M. Jansen (23.2sec) 1, C. Witheriff 3, C. Davis 4.
400 metres	M. Jansen 2, A. Spata 3, R. Sinnerbrink 5.
800 metres	A. Spata 5, R. Sinnerbrink 6, M. Parent 9.
1500 metres	M. Parent 7, D. Knight 9.
3000 metres	D. Knight 5.
100m Hurdles	C. Witheriff (18.9sec) 1.
400m Hurdles	D. Davison 2, M. Parent 3.
2000m Steeple	D. Knight 3, M. Parent 4.
High Jump	S. Mungovan 3, D. Davison 4.
Long Jump	R. Sinnerbrink (5.26) 1, S. Mungovan 3, C. Davis 4.
Shot Put	S. Mungovan 2, M. Jansen 3.
Discus	D. Davison (30.06) 1.
Javelin	D. Davison 2, M. Parent 3, M. Jansen 4.
4 x 100m Relay	C. Davis, C. Witheriff, D. Davison, M. Jansen (47.9sec) 1.

#### N.S.W. AGE CHAMPIONSHIPS

Sydney Athletic Field, 26th-27th February, 1983

Much stronger opposition was encountered at the Age Championships but Club athletes again can be proud of their results, where they won six gold, three silver and four bronze medals.

#### UNDER 13

100 metres	A. Noisier, H 13.08, F 13.04. 1st.
200 metres	A. Noisier, H 26.25, F 25.19. 1st.

#### UNDER 14

400 metres	N. Nixon, H 57.65, F 56.21. 3rd.
800 metres	N. Nixon, H 2.11.30, F 2.07.84. 1st.
1500 metres	N. Nixon, 4.19.88. 1st.
Javelin	A. Rodopoulos, 33.42m. 4th.
Triple Jump	D. Whealy 6, A. Rodopoulos 8.

#### UNDER 15

100 metres	C. Davis, H 12.25, F 12.19. 1st.
	C. Witheriff, H 12.46, F 12.59. 9th.
200 metres	C. Witheriff, H 24.14, F 24.20. 3rd.
	C. Davis, H 24.40, F 24.26. 4th.
400 metres	R. Sinnerbrink, H 55.25, F 56.00. 6th.
800 metres	R. Woods, H 2.08.37, F 2.06.36. 2nd.
	M. Parent, 2.15.89, 2.18.48. 8th.
1500 metres	R. Woods, 4.12.22. 1st.
	M. Parent. 19th.
	D. Knight. 21st.
Javelin	D. Davison, 43.12m. 4th.

#### UNDER 16

100 metres	M. Jansen, H 11.74, F 11.69. 3rd.
200 metres	M. Jansen, H 23.65, F 23.19. 4th.
400 metres	M. Lubrano, H 54.02, F 52.17. 5th.
	A. Spata, H 54.50, F 54.94. 8th.



800 metres	P. Warren H 2.04.16, F 2.01.21. 2nd. M. Lubrano, H 2.03.76, F 2.01.97. 3rd. A. Spata, H 2.04.40, F 2.07.13. 7th.
1500 metres	P. Warren, 4.04.53. 2nd.
Long Jump	M. Lubrano, 5.87. 4th.
100m Hurdles	G. Scott, (18.96sec). 4th.

### AUSTRALIAN CHAMPIONSHIPS

Olympic Park, Melbourne, 17th-18th March, 1983

Congratulations to Robert and Richard on fine efforts.

Under 18, 2000m Steeplechase,	R. Evans, 6m 06.06sec. 3rd.
Under 20, 100m,	R. Henderson, H 11.13, F 10.63. 3rd.
200m,	R. Henderson, H 21.94, F 21.72. 3rd.

### TWILIGHT MEETINGS

Throughout the summer season the N.S.W. Amateur Athletic Association held several twilight meetings on Wednesdays at the Sydney Athletic Field.

17th November, 1982

One Mile	W. McCourt, 4m 29.3sec. 5th. B. McCourt, 4m 37.0sec. 9th.
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1st December, 1982

100 yards	J. Abdullah, 10.5sec. HT2. 1st. M. Jansen, 11.0sec. HT2. 3rd.
200 metres	J. Abdullah, 23.7sec. 2nd. M. Jansen, 24.4sec. 3rd.

5th January, 1983

400 metres	D. Snowden, 54.0sec. HT2. 6th. J. McLoughlin, 50.1sec. HT7. 4th. R. Chapman, 51.7sec. HT8. 2nd.
5000 metres	B. Hansard, 15m 34secs. 10th. P. Poppert, 16m 16sec. 21st.

9th January, 1983

100 metres	R. Henderson, 11.1sec. 1st.
1500 metres	R. Stephenson, 4m 04.0sec. 2nd.

9th March, 1983

100 metres	R. Henderson, 10.5sec. 1st.
200 metres	R. Henderson, 23.0sec. 1st.
High Jump	P. Jones, 1.90m, 4th.

## NSW AMATEUR ATHLETIC ASSOCIATION

The St. George Club hosted 2 Winter championship meetings in 1982 at Scarborough Park.

- NSW Novice Cross Country.
- NSW Schools Cross Country.

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St. George members were active in Association matters, holding offices as follows:

**Alleyn Gainsford (O.A.M.)** — Vice-President of the Association

Life Member of the Association

Delegate to Australian Commonwealth Games Association

Member of Awards Review Committee

Acted as referee and on Jury of Appeal at various State championships  
Announcer

**George Carruthers (M.B.E.)** — Hon. Auditor for N.S.W.A.A.A.

Race Director of "City to Surf" Fun Run

Member of Historical Committee

**Fred Eggleton** — Field Games Judge, Commonwealth Games, Interclub, NSW Championships

**Roy Patmore** — Starter at N.S.W. and Australian Track & Field Championships, Cross Country Championships, Interclub, Commonwealth Games  
Member of Officials Instruction and Gratings Committee.

**Alan Staples** — Harrier Committee (Winter)

**Ron Gribble** — Member of Road Course Committee (Winter)

**Jim Evans, Mrs Agnes Evans** — Officials at Interclub, NSW Championships.

## SOCIAL COMMITTEE

The Ladies Social Committee has once again worked tirelessly for the Club, not only fund raising but also keeping up the friendly relaxed atmosphere which exists — especially at our Scarborough Park gatherings.

I feel it is important that the functions organised are a social success as well as a financial one. In this way we have an enjoyable time and also support the Club.

Our Annual Cabaret Ball was held on 31st July, 1982 at the Hurstville R.S.L. Memorial Club. Although smaller in numbers everyone enjoyed it. On Presentation Day last September a large number of athletes, families and friends enjoyed mingling while partaking of a delicious afternoon tea. A number of families stayed behind for a B.B.Q. until the mosquitoes drove us home!!

We hope to run another "100 Club" this year and I thank everyone for their generosity in supporting this.

With compliments to all local members

# CALTEX SERVICE STATION



67 PRINCES HWY., KOGARAH

PHONE: 587 2172



Welcome to new members and I hope the parents of the young athletes enjoy the pleasant afternoon spent watching their children and talking to friends.

Thank you to Pat Squirrel for her work as Treasurer and thanks to Cheryl Bray who took over our finances when Pat resigned. I wish to thank all the other members of the Committee for their continued support and hard work, especially Jean Gribble, our Secretary, who works so hard behind the scenes to ensure the smooth running of all the functions. Also, on behalf of the Committee I would like to thank everyone who works on the sweets and drinks stall, makes afternoon teas, sells tickets and caters so well on all the championship days.

We hope to see you all at social functions being organised for the coming year. Thanks again for all the support.

TESS PAGE, President

## COMMENTS ON ANNUAL FINANCIAL STATEMENTS

by Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows:-

As at 31st March	Club Funds \$	Movement \$
1979	4,473.16	1,451.86
1980	5,925.02	359.53
1981	6,284.55	360.76
1982	6,645.31	-438.01
1983	6,207.30	

This year has been a very difficult one for the Club, financially. Fortunately the Social Committee assisted the teams fund with \$490.00 raised through 100 Club activities, and also \$1100 further contributions made to the Club. An unexpected windfall of \$300 prizemoney resulted from success at the A.C.T. Australia Day Relay Championships. All these receipts assisted in keeping the teams fund balances on the right side of the ledger, and assisted towards the Club's contribution of \$1640 to individual members.

As was expected, General Fund transactions for the year showed a loss, mainly due to payments for the cocktail party held on 31st March, 1982. Most ticket sales for this function were received in the preceding year. Another substantial outlay in 1982-83 was \$700 — included in General Administration expenses of \$1107.83 — for the purchase of Club Championship certificates, which should cover the requirements for the next 6 years.

Looking at the Club's assets, the Club increased its holding of Australian Savings Bonds to \$2800, from which it receives interest at 14½% per annum. The Randwick-Botany Club Ltd is being wound up, and it is anticipated that our Club will receive, in the near future, the return of capital of \$500 debentures invested in the Club.

Thanks are due to Peter Phillips who, while fulfilling the duties of Secretary of the Club, ably looked after sales of singlets and registrations of Club athletes. I would also like to thank Mr David Carlisle who has diligently and conscientiously audited the Club's books now for several years.

## TEAMS FUND PAYMENTS TO AND AMOUNTS RECEIVED IN RESPECT OF INDIVIDUAL ATHLETES

	Payment \$	Receipts (a) \$
J. Abdullah	50.00	
J. Andrews	525.00	
R. Evans	75.00	
R. Henderson	400.00	
G. Hill		2.50
M. Irwin	40.00	
M. Jansen	50.00	
M. Lubrano	50.00	22.50
W. McCourt	75.00	
N. Nixon		2.50
J. Page		20.00
R. Stephenson	75.00	
R. Summerill	40.00	2.50
M. Todd	100.00	
P. Warren	40.00	15.00
C. Whiteman	100.00	
R. Woods	20.00	5.00
	<u>1,640.00</u>	<u>70.00</u>

(a) Sportstar Donation

## CLUB RECORDS 1982-83 SEASON

Performances of our leading athletes in setting new Club records are as follows:-

Age	Event		New	Old	Date
Senior	1 Hour Run	C. Whiteman	18,770m	18,480.7m	15.9.82
U/20	1 Hour Run	W. McCourt	16,814m	—	15.9.82
Senior	5000m	J. Andrews	13.42.62	13.50	7.10.82
U/15	800m	M. Lubrano	2.03.4	2.04	9.10.82
U/15	100m	M. Jansen	11.3 =	11.3	16.10.82
U/15	1500m	R. Woods	4.18.0	4.20	23.10.82
U/15	800m	M. Lubrano	2.01.2	2.03.4	24.10.82
U/15	400m	M. Lubrano	52.10	53.6	24.10.82
Senior	10,000m	J. Andrews	28.09.7	28.40	16.12.82
U/15	4 x 100m Relay	C. Davis, C. Witheriff, D. Davison, M. Jansen	47.9	48.21	29.1.83
U/20	4 x 100m Relay	C. Sams, D. Snowden, A. Dunshea, R. Henderson	43.18	43.4	12.12.82
U/15	1500m	R. Woods	4.12.22	4.18.0	26.2.83
U/13	100m	A. Noisier	12.4 =	12.4	13.3.83
U/13	200m	A. Noisier	25.19	25.3	27.2.83
U/20	100m	R. Henderson	10.63	10.5	18.3.83
Senior	3000m	J. Andrews	7.58.7	8.00.81	.6.82



Records for the Under 14 and Under 16 age groups introduced by the N.S.W.A.A.A. this season have been included in the following list of Club best of records:-

## CLUB RECORDS

### SENIOR BEST ON RECORD

100 metres	V. PLANT	10.4s	15.1.77
200 metres	S. LONGDEN-GEE	20.9s	1974/79
400 metres	S. LONGDEN-GEE	45.7s	1974
800 metres	G. ROTHAM	1m46.6s	1972
1500 metres	A. THOMAS	3m42.6s	1964
3000 metres	J. ANDREWS	7m58.7s	6.82
5000 metres	J. ANDREWS	13m42.62s	7.10.82
10,000 metres	J. ANDREWS	28m09.7s	16.12.82
Marathon	L. WHITTY	2hr15m23s	7.12.80
110m Hurdles	V. PLANT	13.7s	17.12.77
400m Hurdles	G. COX	51.2s	17.3.77
3000m Steeple	D. CHISHOLM	9m8s	1962
High Jump	M. MEREDITH	2.01m	1963
Long Jump	B.C. DICKINSON	7.48m	1938
Triple Jump	B.C. DICKINSON	15.54m	1935
Pole Vault	D. ARAPOVIC	4.32m	1970
Shot Put 7.2575 kgs	L. CHINNERY	16.18m	1964
Discus 2 kg	R. LUNT	51.16m	1973
Javelin 800g	G. GLYNN	74.34m	1970
Hammer 7.2575 kgs	M. BODIROSA	59.30m	9.10.77
Decathlon	B.C. DICKINSON	5350 pts	1938
1 Mile	A. THOMAS	3m58.3s	1954
50 Mile Track	D. EDWARDS	6hr29m41s	1971
50 Mile Road	H. DEARNLEY	5hr38m37s	1.10.78
1 Hour Run	C. WHITEMAN	18,770m	15.9.82
1 Mile Walk	E.E. AUSTEN	6m45s	1924
3 Mile Walk	E.E. AUSTEN	22m13s	1924
7 Mile Walk	E.E. AUSTEN	55m49.2s	1924
50k Walk	R. HINGSTON	5hr45m21.8s	1926
4 x 100m Relay	R. GURR, V. PLANT, J. VAN STAPPEN, S. LONGDEN-GEE	41.5s	11.3.78
4 x 200m Relay	J. SULLIVAN, G. COX, M. VAN DER VELDE, S. LONGDEN-GEE	1m27.3s	1.12.79

4 x 400m Relay	S. LONGDEN-GEE, J. FORTESQUE, M. VAN DER VELDE, J. VAN STAPPEN	3m15.5s	3.3.79
4 x 800m Relay	G. ROTHAM, G. COOK, M. DUNN, R. MEAGHER	7m34.7s	1976
4 x 1500m Relay	J. HANCOCK, G. ROTHAM, P. GLUCINA, J. SCOTT	15m40.4s	31.1.72

### UNDER 20 BEST ON RECORD

100 metres	R. HENDERSON	10.63s	18.3.83
200 metres	R. HENDERSON	21.18s	14.2.82
400 metres	D. STEPHENSON	47.8s	1970
800 metres	J. HANCOCK	1m53.9s	1965
1500 metres	See one mile record		
3000 metres	L. WHITTY	8m12.7s	1977
5000 metres	L. WHITTY	14m20.5s	18.2.78
10,000 metres	L. WHITTY	29m30.4s	1.3.77
3000m Walk	G. BREESE	15m26.7s	1981
110m Hurdles	W. BIRD	14.2s	21.12.76
400m Hurdles	W. BIRD	53.3s	12.3.77
1500m Steeplechase	G. COOK	4m21.8s	1975
2000m Steeplechase	M. JONES	5m53.31s	22.3.81
High Jump	M. MEREDITH	1.94m	1963
Long Jump	G. FRIEND	7.39m	1964
Triple Jump	B.C. DICKINSON	14.78m	1932
Pole Vault	I. BERRY	3.50m	1979
Shot Put 5.4431 kg	I. DENIVON	14.16m	1963
Discus 1.5 kg	A. SCOTT	47.22m	10.2.79
Javelin 800g	G. GLYNN	65.10m	1963
Hammer 5.4431 kg	A. SCOTT	39.92m	3.3.79
Pentathlon	M. DORRITY	2888 pts	31.12.77
Decathlon	M. DORRITY	5024 pts	1977
300m Hurdles	W. BIRD	37.9s	17.1.77
1 Mile	J. HANCOCK	4m13.8s	1965
1 Mile Walk	W. McALISTER	7m18s	1953
4 x 100m Relay	A. DUNSHEA, C. SAMS, D. SNOWDEN, R. HENDERSON	43.18s	12.12.82
4 x 200m Relay:	C. SAMS, P. McCAFFREY, D. SNOWDEN, R. HENDERSON	1m29.70s	29.11.81



4 x 400m Relay	R. ABBERTON, J. SULLIVAN, R. POLLETT, M. DORRITY	3m23.6s	12.3.78
4 x 800m Relay	P. DWYER, B. BYRNE, D. CLARKE, J. HANCOCK	7m59.4s	1965
4 x 1500m Relay	L. WHITTY, G. ELLIOTT, W. McCOURT, M. JONES	16m34.3s	2.12.79
1 Hour Run	W. McCOURT	16,814m	15.9.82

#### UNDER 18 BEST ON RECORD

Commenced 1st August, 1982

100 metres	J. ABDULLAH	10.97s	11.12.82
200 metres	A. DUNSHEA	23.32s	24.10.82
400 metres	J. ABDULLAH	54.5s	29.8.82
800 metres	J. PROWSE	1m59.6s	24.10.82
1500 metres	A. BLUE	4m11.93s	12.2.83
3000 metres	R. EVANS	9m00.4s	5.3.83
5000 metres	M. IRWIN	16m45s	4.12.82
110m Hurdles .914m	P. JONES	16.0s	16.10.82
400m Hurdles .914m	P. JONES	62.05s	24.10.82
2000m Steeplechase	R. EVANS	6m06.06s	18.3.83
High Jump	P. JONES	1.90m	16.10.82
Long Jump	L. BRAY	6.33m	11.12.82
Triple Jump	P. JONES	12.25m	6.11.82
Pole Vault	P. JONES	2.75m	11.12.82
Shot Put 4.535 kg	J. NEALE	14.40m	12.9.82
Discus 1.5 kg	J. NEALE	44.30m	12.9.82
Javelin 700g	J. NEALE	47.60m	3.10.82
Hammer 4.535 kg	R. FONG	18.89m	30.10.82
4 x 800m Relay	A. BLUE, M. IRWIN, G. HILL, J. PROWSE	8m38.55s	12.12.82

#### UNDER 17 BEST ON RECORD

100 metres	C. SLATYER	10.8s	17.12.77
200 metres	R. HENDERSON	21.6s	11.10.80
400 metres	R. HENDERSON	49.6s	12.10.80
800 metres	G. COOK	1m57.4s	1973
1500 metres	L. WHITTY	3m56s	7.1.77
3000 metres	L. WHITTY	8m25.2s	16.12.77
5000 metres	L. WHITTY	14m36s	1976
10,000 metres	L. WHITTY	30m01s	1977
90m Hurdles	W. BIRD	12.4s	1974
110m Hurdles	W. BIRD	14.3s	1975
200m Hurdles	M. DORRITY	25.7s	21.12.76
300m Hurdles	W. BIRD	39.7s	1975

400m Hurdles	P. JONES	59.52s	20.2.82
High Jump	P. JONES	1.95m	15.11.81
Long Jump	W. BIRD	6.64m	1975
Triple Jump	L. BERRY	13.95m	13.11.77
Pole Vault	L. BERRY	3.35m	21.1.78
Shot Put 4.5359kg	J. NEALE	16.31m	20.12.80
Shot Put 4kg	J. NEALE	15.10m	1.3.81
Shot Put 8lb	P. PHILLIPS	18.85m	1959
Discus 1.5kg	J. NEALE	52.22m	17.10.81
Javelin 800g	J. BOWEN	57.50m	1975
Javelin 700g	J. NEALE	56.78m	7.11.81
Hammer 4.5359kg	R. STUBBS	38.98m	1972
1500m Walk	J. TUNKS	6m40s	26.11.77
3000m Walk	J. TUNKS	14m58s	2.11.78
4 x 100m Relay	A. MEIER, P. McCaffrey, C. SAMS, R. HENDERSON	44.7s	1.12.79
4 x 200m Relay	A. MEIER, P. McCaffrey, C. SAMS, R. HENDERSON	1m32.7s	2.12.79
4 x 400m Relay	S. MOHR, P. McCaffrey, D. SNOWDEN, R. HENDERSON	3m37.4s	1.12.79
4 x 800m Relay	R. FONG, H. PAVLIDIS, D. KIMPTON, J. NEALE	9m32.7s	25.1.81

#### UNDER 16 BEST ON RECORD

Commenced 1-8-82

100 metres	M. JANSEN	11.4s	5.3.83
200 metres	M. JANSEN	23.19s	27.2.83
400 metres	M. LUBRANO	52.17s	26.2.83
800 metres	R. SUMMERILL	1m58.25s	28.8.82
1500 metres	P. WARREN	4m04.53s	26.2.83
3000 metres	D. KNIGHT	10m35s	9.11.82
100m Hurdles .914m	G. SCOTT	18.96s	27.2.83
400m Hurdles .914m	D. DAVISON	68.7s	13.2.83
2000m Steeplechase	D. KNIGHT	7m39.2s	12.2.83
1500m Walk	G. SCOTT	9m44s	30.10.82
High Jump	H. PAVLIDIS	1.80m	3.10.82
Long Jump	M. LUBRANO	5.87m	26.2.83
Triple Jump	A. SPATA	10.90m	1.2.83
Shot Put 4.535kg	H. PAVLIDIS	13.25m	3.10.82
Discus 1kg	H. PAVLIDIS	42.22m	3.10.82
Javelin 700g	H. PAVLIDIS	47.44m	24.10.82
4 x 100m Relay	C. DAVIS, C. WITHERIFF, A. SPATA, M. JANSEN	47.5s	3.4.83
4 x 200m Relay	C. DAVIS, C. WITHERIFF, A. SPATA, M. JANSEN	1m37.63s	28.11.82
4 x 400m Relay	R. SUMMERILL, R. SINNERBRINK, A. SPATA, P. WARREN	3m38.96m	12.12.82
4 x 800m Relay	P. WARREN, M. LUBRANO, R. WOODS, R. SUMMERILL	8m23.49m	28.11.82
4 x 1500m Relay	P. WARREN, R. WOODS, G. SHEUMACK, R. SUMMERILL	17m39.48s	12.12.82



# UNDER 15 BEST ON RECORD

100 metres	W. BIRD	11.3s	1972
	C. SLATYER	11.3s	15.1.77
	M. JANSEN	11.3s	16.10.82
200 metres	C. SLATYER	22.9s	16.1.77
400 metres	M. LUBRANO	52.10s	24.10.82
800 metres	M. LUBRANO	2m01.2s	24.10.82
1500 metres	R. WOODS	4m12.22s	26.2.83
1500m Walk	D. LATHAM	7m45s	30.11.76
90m Hurdles	W. BIRD	12.8s	1973
100m Hurdles	R. FONG	15.1s	15.2.81
200m Hurdles	W. BIRD	27.0s	1973
High Jump	H. PAVLIDIS	1.90m	16.9.81
Long Jump	R. FONG	6.12m	21.9.80
Triple Jump	G. NIXON	13.56m	1975
Javelin 600g	H. PAVLIDIS	49.42m	15.11.81
Shot Put 4kg	J. NEALE	13.70m	6.10.80
Shot Put 8lb	J. NEALE	15.96m	12.10.80
Discus 1kg	J. NEALE	51.73m	5.10.80
90 Yards Hurdles	D. STEPHENSON	11.7s	1966
1 Mile Walk	K. WARRINGTON	8m18.4s	1967
4 x 100m Relay	C. DAVIS, C. WITHERIFF, D. DAVISON, M. JANSEN	47.9s	29.1.83
4 x 200m Relay	R. FONG, D. BARKAS, L. BRAY, J. NEALE	1m38.7s	23.11.80
4 x 400m Relay	R. FONG, D. BARKAS, L. BRAY, J. NEALE	3m45.9s	30.11.80
4 x 800m Relay:	R. FONG, I. ARGALL, B. NEWTON, J. NEALE	9m10.1s	23.11.80
4 x 1500m Relay	M. LUBRANO, B. NEWTON, I. ARGALL, M. CANDY	19m26.7s	30.11.80

# UNDER 14 BEST ON RECORD

Commenced 1-8-82

100 metres	C. DAVIS	12.1s	3.10.82
200 metres	C. DAVIS	25.5s	3.10.82
400 metres	N. NIXON	56.21s	26.2.83
800 metres	N. NIXON	2m07.84s	27.2.83
1500 metres	N. NIXON	4m19.88s	26.2.83
High Jump	S. MUNGOVAN	1.65m	6.11.82
Long Jump	S. MUNGOVAN	4.87m	9.11.82
Triple Jump	S. MUNGOVAN	11.11m	20.11.82
Shot Put 2.724kg			
Discus 1kg	N. NIXON	30.42m	13.2.83
Javelin 600g	D. DAVISON	39.60m	23.11.82
4 x 400m Relay	N. NIXON, M. TONGE, S. JANSEN, A. IRWIN	4m01.23s	28.11.82
4 x 800m Relay	D. DAVISON, D. WHEALY, A. IRWIN, N. NIXON	9m17.55s	12.12.82
4 x 1500m Relay	D. WHEALY, A. IRWIN, T. DIETZ, N. NIXON	19m40.94s	28.11.82

# UNDER 13 BEST ON RECORD

100 metres	T. SPARKES	12.4s	3.3.79
	A. NOISIER	12.4s	13.3.83
200 metres	A. NOISIER	25.19s	27.2.83
400 metres	M. DORRITY	62.7s	1973
800 metres	N. NIXON	2m17.90s	28.2.82
1500 metres	W. WETHERALL	4m42.3s	1976
1500m Walk	M. ERRINGTON	8m10s	17.12.78
70m Hurdles	W. BIRD	12.3s	1970
	A. SCOTT	12.3s	1974
High Jump	S. GREEN	1.55m	1.12.78
Long Jump	T. SPARKES	5.17m	1978
Triple Jump	A. SCOTT	10.42m	1974
Shot Put 3kg	J. TAYLOR	11.46m	16.10.81
Shot 6lb	J. TAYLOR	11.54m	4.10.81
Discus 1kg	D. SCOTT	30.96m	5.3.77
1 Mile	G. McILHONEY	5m21.4s	1969

# AUSTRALIAN & STATE OVERSEAS REPRESENTATIVES

10,000m Walk	E.E. Austen	Paris Olympic Games	1924
10,000m C.C.	C. Weeks	Wellington-Aust. C.C.C.	1925
10,000m C.C.	A.A. Gainsford	Wellington-Aust. C.C.C.	1925
Hop, Skip & Jump	B.C. Dickinson	Berlin Olympic Games	1936
440 yards Hurdles	G. Gedge (53.9s)	Auckland Empire Games	1950
Marathon	C. Smeal (2hr52m23s)	Helsinki Olympic Games	1952
1 Mile & 3 Mile	A. Thomas	Cardiff Empire Games	1958
1500 metres	A. Thomas (3m46.8s)	Rome Olympic Games	1960
5000 metres	A. Thomas (14m6.2s)	Rome Olympic Games	1960
1500 & 5000m	A. Thomas	Tokyo Olympic Games	1964
800 metres	G. Rootham (1m48.2s)	Munich Olympic Games	1972
800 metres	G. Rootham (1m47.2s)	C'church C'wealth Games	1974
400 metres	S. Gee (47.0s)	N.Z. Games Christchurch	1975
100 metres	S. Gee (10.6s)	N.Z. Games Christchurch	1975
110m Hurdles	V. Plant	N.Z. Games Christchurch	1977
Cross Country	L. Whitty	N.Z.-Aust. Match	1978
5000 metres	J. Andrew (14m08s)	Pacific Conference Games Christchurch, N.Z.	1981
10,000 metres	J. Andrew (28m41s)	Pacific Conference Games Christchurch, N.Z.	1981
12,000m C.C.	J. Andrews	World C.C.C., Madrid	1981
12,000m C.C.	J. Andrews (37m36s)	World C.C.C., Gateshead	1983

# CLUB OVERSEAS REPRESENTATIVES

Long Jump	W. Gilliver (6.88m)	N.Z. Games C'church team	1975
800 metres	G. Cook (1m56.0s)	N.Z. Games C'church team	1975
110m Hurdles	W. Bird (15.0s)	N.Z. Games C'church team	1975
110m Hurdles &			
100 metres	W. Bird	Christchurch, N.Z.	1977
Marathon	R. Squirrel (2h23.39)	N.Z. Hamilton Marathon	1975

Marathon	D. Edwards (2h34.51)	N.Z. Hamilton Marathon	1975
Marathon	J. Scott (2hr25.04)	Boston Marathon	1975
3000m & 1500m	L. Whitty	Christchurch Team (NZ)	1977
Shot Put & Discus	D. Snell	Christchurch Team (NZ)	1977
100m & 200m	R. Henderson	U.S.A. (N.S.W. Schools)	1981
3000m & 5000m	J. Andrews	U.K. and Europe	1982
100m, 200m, 400m	R. Henderson	U.K. and Europe	1982

# OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

+ Former World Record

880 yards	J. Bailey (Los Angeles)	1m48.8s	1956
1 Mile	J. Bailey (Los Angeles)	3m58.1s	1956
1 Mile	A. Thomas (Dublin)	3m58.6s	1958
2 Miles +	A. Thomas (Dublin)	8m32.0s	1958
3 Miles +	A. Thomas (Dublin)	13m10.8s	1958
1500 metres	A. Thomas (Sweden)	3m42s	1958
3000 metres	A. Thomas (Helsinki)	8m5.2s	1958
880 yards	J. Duxbury (USA 10.6.66)	1m50.2s	1966
5000 metres	L. Whitty (N.Z. Jnr.)	14m19.5s	1977
Marathon	L. Whitty (Fukuoka, Japan)	2hr15m23s	1980
3000 metres	J. Andrews (Hamilton, N.Z.)	8m00.81s	1981
5000 metres	J. Andrews (Auckland, N.Z.)	13m52s	1981
3000 metres	J. Andrews (Poland)	7m58.7s	1982

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# BALANCE SHEET

## GENERAL FUND

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1983

Receipts	\$	Payments	\$
Annual Subscriptions	2,804.00	General Administration Expenses	1,107.83
Donations	179.00	Registrations, etc. to AAA	2,099.00
Promotions -		Promotions -	
C.C. Race Fees	1,117.50	C.C. Trophies & Hire of Hall	1,322.99
		C.C. & T & F Schools Ch'ships	399.87
T. & F. Entry Fees	55.10	Purchase of Singlets	1,722.86
Sale of Singlets and Shorts		General -	163.60
General -		Purchase of Trophies	380.00
Interest - Building Society	58.09	Entries in Relays, Interclub, etc.	193.00
Aust. Savings Bond	260.04	Cocktail Party Expenses	880.00
Cocktail Party Proceeds	118.10	Purchase of Equipment	221.30
Entries in Opens, State Ch'ships	30.00	Maintenance of Equipment	12.72
Prizemoney - Interclub Teams	175.00		
New Registration No.	5.00		
Total Receipts	646.23		1,687.02
Loss to Consolidated Statement	5,538.87		
	1,241.44		
	<u>\$6,780.31</u>		<u>\$6,780.31</u>



**TEAMS FUND**  
**STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1983**

Receipts	\$	Payments	\$
Donations —		A.C.T. Relay Championships, Entries	46.00
Sportstar	70.00	Payments to Individuals	1,640.00
Prizemoney —		Total Payments	1,686.00
A.C.T. Relay Championships	300.00	Surplus to Consolidated Statement	374.60
Social Committee —			
100 Club Proceeds	490.00		
Other Contributors	1,100.00		
	1,590.00		
Bega Bus Trip — Net Proceeds	100.60		
Total Receipts			
Loss to Consolidated Statement			
	<u>\$2,060.60</u>		<u>\$2,060.60</u>

**CONSOLIDATED STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1983**

Cash on Hand 1.4.82	995.74	Savings Bond Investment	5,600.00
Cash at Bank 1.4.82	782.00		
	1,777.74		
Surplus — Teams Fund	374.60	Loss — General Fund	1,241.44
Building Society Withdrawal	480.00	Cash at Bank 31.3.83	590.90
Savings Bond Withdrawal	4,800.00		
	<u>\$7,432.34</u>		<u>\$7,432.44</u>

**BALANCE SHEET AS AT 31ST MARCH, 1983**

Liabilities	\$	Assets	\$
Club Funds		Fixed Assets	
General Fund	5,570.23	Equipment	1,924.00
Reserve for Team Expenses	637.07	Less: Provision for Depreciation	192.00
	6,207.30		1,732.00
		Current Assets	
		Stock on Hand	323.00
		Cash at Bank	590.90
			913.90
		Investments	
		Building Society	261.40
		Randwick-Botany Club Debs.	500.00
		Australian Savings Bonds	2,800.00
			3,561.40
	<u>\$6,207.30</u>		<u>\$6,207.30</u>

D. Jolliffe  
Honorary Treasurer

**Auditor's Statement:**

I have examined the Books and Records of the St. George District Amateur Athletic Club for the year ended 31st March, 1983 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

D. Carlisle  
Honorary Auditor

**SOCIAL COMMITTEE FUNDS**  
**STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDED 31ST MARCH, 1983**

<b>Receipts</b>		<b>Payments</b>	
Cash at Bank 1.4.82	342.60	Contribution to Club — 100 Club	490.00
Building Society Investment 1.4.82	1,638.93	Other	1,100.00
			<u>1,590.00</u>
Receipts — 100 Club	490.00	Other Payments	4,158.60
Other Receipts	3,622.87		514.92
		Cash at Bank 31.3.83	1,420.88
		Building Society Investment 31.3.83	<u>1,935.80</u>
			<u>\$6,094.40</u>
			<u>\$6,094.40</u>

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