



St. George District Amateur Athletic Club

(FOUNDED 1921)

Track: Olds Park

Headquarters:

Distance: Scarborough Park



Start Cross Country Race at Scarborough Park Ramsgate 1989

SIXTY NINTH ANNUAL REPORT AND STATEMENT OF ACCOUNTS FOR THE YEAR ENDING 31ST MARCH, 1990



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R. Nash

President
A A Gainsford, OAM

Senior Vice Presidents
G. Garruthers MBE, R. Gribble, A. Thomas

Vice Presidents
G. Punch, S. Dubois, T. Griffiths, B. Unsworth, B. Langton, G. Yeomans, P. Bryant, T. Lind, R. Sharpe, R. Jolliffe, D. Wilson, S. Donnelly, G. Page, G. Freeman, M. Moroney, D. Jolliffe, A. Staples, R. Patmore, A. Argall, Mrs. B. Scott, F. Eggleton, A. Henderson, H. Gibbons, L. Bosman, Mrs. P. Donnelly.

General Secretary
P. Tuziak

Treasurer
D. Jolliffe

Track Secretary
A. Peek

Minutes Secretary
P. Tuziak

Distance Secretary
C. Stratford
Assistant G. Stratford

Hon Auditor
D. Carlisle

Executive
A. Gainsford (Chairman), A. Staples, D. Jolliffe, A. Peek, A. Thomas, P. Tonge, S. Donnelly, R. Nash, C. Stratford, Mrs B. Scott, T. Richards, N. Markham, Mrs. V. Hopkins

Delegates to Management Council
A. Peek, C. Stratford, A. Gainsford, P. Tuziak

Delegates to Interclub: A. Peek, A. Gainsford, P. Tuziak

Delegates to Harrier (Winter) Committee:
A. Staples, W. Seary, P. Tuziak

Track Captain: A. Peek,
Track Vice Captain: C. Stratford
Distance Captain: C. Spriggins, Distance
Vice Captain: G. McClean.

Publicity Officers:
A. Gainsford, A. Peek, P. Phillips, P. Tuziak.

Social Committee:
P. Donnelly, P. Nash, N. Thomas, E. McLean, G. Stratford, J. Molloy, J. Gribble, T. Gribble, T. Page, J. Spriggins, E. Walsh

Selectors:
S. Donnelly, D. Jolliffe, P. Tonge, A. Peek, C. Stratford, G. McClean, G. Spriggins, P. Tuziak

Handicappers:
S. Donnelly, D. Jolliffe, P. Tonge

Timekeepers, Judges & Gear Stewards:
T. Favell (Chief), K. Jenkins, G. Scott, S. Donnelly, B. Molino, A. Argall, R. Nash, A. Peek, M. Donnelly, H. Kunkel, T. Richards

Starters:
S. Donnelly, A. Peek, P. Tonge, R. Nash

Coaches:
A. Peek, A. Thomas, R. Molloy, C. Hadjidakis, R. Ennever

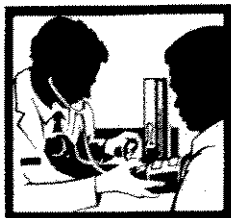
First Aid:
Drs A. Scott & M. Jones, A. Argall, R. Nash.

Life Members

A A Gainsford, OAM	1923	D Jolliffe	1971
W J Hasler * Deceased	1932	D Wilson	1971
B C Button	1937	R Gribble	1975
W Ahern *	1955	G Carruthers, MBE	1983
A Gould*	1963	A Thomas	1983
J Bowers	1971		

Merit Awards

F. Eggleton	1975
M. Moroney	1975
G. Page	1975
A. Thomas	1975
F. Thornton	1975
L. Williams*	1975



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1984
1985
1986
1987

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CLUB MEMBERSHIP

	1985-86	1986-87	1987-88	1988-89	1989-90
Senior	60	60	53	40	37
Under 20	9	10	7	8	2
Under 18	15	10	2	8	9
Under 16	29	20	19	16	25
Under 12	12	16	21	18	23
Associate	24	20	25	1	1
Official	13	13	10	50	39
TOTAL	162	149	137	141	136

There are three distinct categories into which Club members can be placed. There are -

- (A) Seniors, Associates and Official,
- (B) Athletes 16 years and over but Under 20; and
- (C) Athletes less than 16 years.

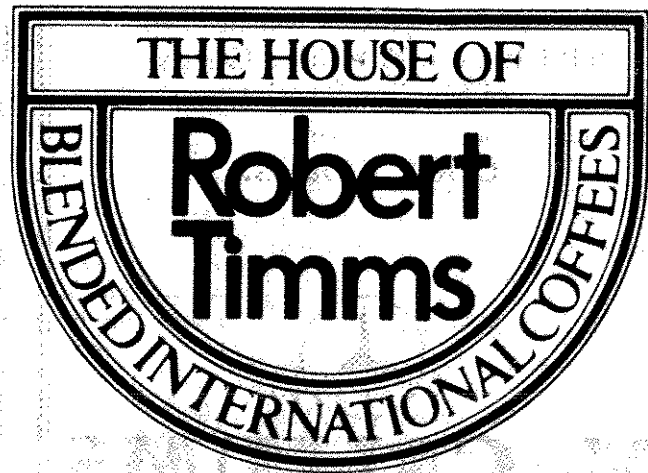
In the first category, numbers have remained relatively static apart from the latest year. This is being addressed through contact with previous years members in an effort to have them renew their membership.

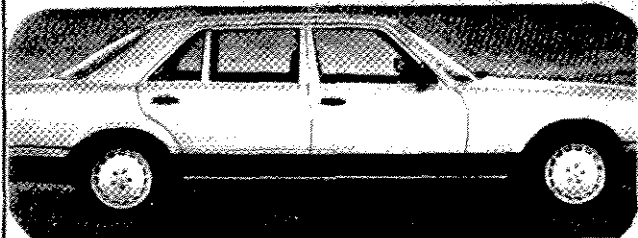
In the second category, there was a significant drop in num-

bers in 1987-88, but numbers are once again slowly increasing. It is difficult to retain athletes in this category. In their senior years at school or while they are undertaking tertiary education, many obtain part-time jobs which require them to work on Saturday afternoons. Years ago this was not a problem when most retail outlets closed at 12noon on Saturdays.

The third category is showing the most promise. Not only are numbers strong and increasing, but currently there are several athletes who have a tremendous amount of talent and who will go on to distinguish their Club, State and Country.

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Presidents Report

Presented to Members at the Annual General Meeting held at Scarborough Park National Fitness Hall, Ramsgate on Friday 29th June 1990 at 7.45pm.

Ladies and Gentlemen

The 69th Annual Report and Balance Sheet is presented to you tonight and the report will show that we had quite a successful winter season with many outstanding performances.

The track season results will show that we have maintained the improvement of performances of the previous 12 months. Once again Scarborough Park was a hive of activity during the winter season.

Scarborough is a real centre for athletes with the best facilities in the State. It is apparent that parents of our younger athletes enjoy the Park, and they are aware that they are in the good hands of our officials.

Winter Season - Men

St George gained 3rd place in the State Premiership. We certainly had the best distance runners, but we again failed to fill teams in all State Championships. Our record in winter Interclub, which commenced in 1977 is as follows:

1977	1st	1978	1st
1979	3rd	1980	1st
1981	2nd	1982	5th
1983	Unplaced	1984	Unplaced
1985	3rd	1986	2nd
1989	2nd	1988	3rd
1989	3rd		

Results of State and Club Championship will be found in Chris Stratford's report.

John Andrews by his magnificent running during the year was our best senior athlete. Probably his best performance ever, was over 5000 metres at Melbourne 23/11/89 Drug Offensive Meeting. When he recorded 13min 27min 31sec. which is the best time recorded in Australia for past 2 years. Andrews in this event defeated all the best runners, including Steve Monaghetti and Andrew

Lloyd. Most athletic enthusiasts thought John would be an automatic selection for the Commonwealth Games Auckland but this was not to be.

His other outstanding performances can be found in Arthur Peek's and Chris Stratford's reports. John, by his performances, was adjudged the best Senior Athlete and this entitled him to the Alleyne Gainsford Trophy. With distance runners of the calibre of Andrews, Whitty, Young, Hansard, Jones, McLean, and McRae, we still have the opportunity of doing well in Senior State Championships.

Senior distance athletes are not supporting State Championships, as much as they should and we hope that this situation is rectified for the 1991 season.

Winter Season - Women

Again another fine season for our young team of Ladies but not quite as good as the previous season:

Their State efforts in teams events is again quite magnificent as follows:-

6 First

3 Seconds

In the younger group we have quite a number of promising girls and in a few years, they will make their presence felt at Junior level and later within the Senior ranks.

Congratulations to Michelle Dillon for winning the State 4k Under 8 in 14m 12s and also Congratulations to Lisa Zammarrelli for winning the state 2k under 14 6m 35s. These young ladies are improving all the time, and they are supported by other good performers Linda Horrocks, Lisa Hopkins, Christine Stratford, Michelle Buckley, Danielle Ferraro, Beth Walsh, Ursula Rodway, Catherine Williams, Elizabeth Hope and Nicola Hoyle. Most of these young girls have been amongst the State Medals.

Many other younger girls are showing promise and it is hoped that more women athletes will attend Interclub next Track Season.

Club Membership

Club memberships is down by 5 as compared with last year. We keep in mind that Association membership is down by approximately 600 which is very disappointing as stated by the Executive Director of the Athletic Association, especially keeping in mind it was the Commonwealth Games year.

Track Season

Another magnificent Report of the Summer Season prepared by Arthur Peek, and he is to be congratulated for giving so much information of athletes performances throughout the season. Olds Park this going along quite well, and again our thanks to Arthur for his enthusiasm.

It is noted that 37 records were broken during the summer season 35 by women (commenced 1986) and 2 by men.

Our association with St George Little Athletics Centre is very good, and at their recent Annual Meeting, I was pleased to hear Peter Shinnick, Executive Director of Little Athletics say it was in his opinion good that little athletes join the St George Daac when they are leaving the Centre.

Presently we are getting a nice flow on of athletes to our Club from the St George Centre, and we feel sure that we will do even better next year.

From the Executive Financial Statement and Balance Sheet prepared by Treasurer Denis Jolliffe, we once again find the Club in a strong financial position.

The level of Club funds stands at \$12,979.63 which is a record and is most satisfactory. Athletes have benefited to the extent of \$2,275 during the year for travelling expenses, mostly for interstate and overseas.

Donors to Club funds are thanked for their contributions but we must remember those officials and members who promote and financially support Club functions throughout the year.

Weddings • Functions

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Thanks once again to the Ladies Committee which raised \$2400 during the past 12 months.

The Committee is headed by Vice President, Pat Donnelly and Nola Thomas.

We must also keep in mind the great financial help we receive from Buttercup Bakeries for the Annual Schools Track and Field Championships. The next 50th Annual Championships will be held at Olds Park

Penshurst probably Sunday 21st October 1990. I close my report a proud President, I wish you all well for the coming Twelve months, 1990/91

A. A. Gainsford

ANNUAL AWARDS FOR 1989/90 ATHLETICS SEASON

A.A. Gainsford Trophy:

(Outstanding Senior Athlete)

John Andrews

Robert Nash Trophy:

(Most improved Senior Athlete 1989-1990)

Louis Young Winter John Andrews Track

The L.L. Bosman Award:

(Performance, Sportsmanship, Deportment)

(Outstanding Under 20 Years)

Andrew Kelly

A. Henderson Trophy:

(Outstanding Under 18 Years)

Michelle Dillon

R. A. Jolliffe Trophy:

(Most Improved Under 18 Years)

David Lourey

St George DAAC Trophy:

Best Under 18 Years Cross Country 1989)

Michelle Dillon (F) Andrew Kelly (M)

A Gould Memorial Trophy:

(Outstanding Under 16 Years)

Lisa Zammarrelli

G. Page Trophy:

(Outstanding Under 16 Years Cross Country 1989)

Lisa Zammarrelli & Tony Auciello

H. Gibbons Trophy:

(Most Improved Under 16 Years Cross Country 1989)

Linda Horrocks (F) David Lourey (M)

F. Wilson Trophy:

(Outstanding Under 14 Years)

Suzanne Stratford

I.L. Bosman Trophy:

(Outstanding Hurdler)

NOT AWARDED

J. J. Walsh Trophy:

(Outstanding Marathon Runner 1989)

NOT AWARDED

St George Trophy:

(Outstanding Field Athlete)

NOT AWARDED

Ron Gribble Trophy:

(Open Grades Track & Field Aggregate Point Score Winner)

Arthur Peek (Hensley Athletics Field)

Christine Stratford (E. S. Marks Athletics Field)

Albert Thomas Awards:

(Track & Field Encouragement Award for Athletes Under 16 Years)

Daniel Simone

A. Winter Perpetual Trophy:

(Best Triple Jump Performance)

Graeme Jolliffe

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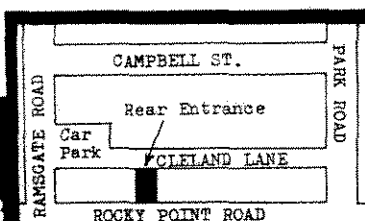
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1989 Distance Report

by Chris Stratford

During 1989 we saw a continued interest with our younger athletes and the number of athletes competing from Under 12 to Under 18 both Boy and Girls has increased appreciably. Individual and competed. The standard of competition in both the Under 12 and Under 16 events a Scarborough is very high and this was borne out by the successes at the State Championships.

The Men's and Women's Open com-

petition was not as successful as the previous year due to retirement and injury of notable athletes. However, we did manage a third in the Men's Premiership behind Sutherland and Randwick-Botany and a third in the Women's Premiership behind Randwick-Botany and Newcastle. The season did finish on a high note when our senior Men easily won the 4 by 10km Road Relay at Eraring. The team consisted of

Louis Young, Bruce Hansard, John Andrews and Lawrie Whitty and the latter two runners both ran under 30 minutes for their respective legs. Louis Young and Bruce Hansard have both been consistent athletes throughout the season and without their efforts we would not have figured so prominently in the Premiership.

Team highlights for the season were:-

WOMEN Open Novice Championship - First
Under 20 5km Road - First
Under 16 4 X 2km Road Relay - First
Under 14 2km Cross Country - First
Under 12 2km Cross Country - First
Under 12 4 X 2km Road Relay - First
Open 6km Cross Country - Second
Open 4 X 5km Road Relay - Second
Under 16 3km Cross Country - Second

MEN Open Novice Championship - First
Open 4 X 10km Road Relay - First
Open 8km Cross Country - Second
Under 14 4 X 2km Road Relay - Second
Under 12 2km Cross Country - Second

The team successes can also be measured by the commitment from our consistent athletes, notably, Gary McClean, Paul Gallaher, Andrew Mrakovic, Henry Elliott, Louis Young and Bruce Hansard. In the Women's Open competition we were fortunate to have our younger athletes compete and these included Michelle Dillon, Lisa Zammarrelli, Lisa Hopkins, Beth Walsh and

Suzanne Stratford.

The emergence of promising young athletes, and to name a few, Andrew Kelly, Dean Jones, Daniel Simone, Tony Auciello, Jason Buckley, Greg Scott, Michelle Dillon, Lisa Zammarrelli, Linda Horrocks, Michelle Buckley and Danielle Ferraro, will boost our club for the future.

St George gained some minor successes during 1989 in the NSW

In the NSW Distance Runner of the Year (1989) our most successful runners were:-

MEN 4th Louise Young 29pts
5th Lawrie Whitty 26pts
10th John Andrews 19pts
10th Bruce Hansard 19pts

WOMEN 4th Mandy Dovey 38pts
7th Patricia Marshall 30pts

In the NSW Distance Walker of the Year (1989) our most successful walker was:-

MEN 6th Chris Stratford 18pts

Distance Walking competitions. Christine stratford earned a number of minor placings in state championships with the most notable being a creditable 3rd in the Under 20 10km. unfortunately, we do not have the numbers to contest any of the team competitions and we have to gain our successes with individual competitions.

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1989 WINTER POINTSCORES

SENIOR	1. B. Molino	370.5 points
	2. P. Gallaher	332
	3. N. Markham	320
Fastest Times Champions:	Rory McRae (78)	
INTERMEDIATE	1. C. Gallagher	311 points
	2. P. Wright	287
	3. N. Hocking	283.5
Fastest Times Champions:	Michelle Dillon (66) & Andrew Kelly (87)	
UNDER 16	1. J. Buckley	212.5 points
	2. S. Stratford	210.5
	3. L. Hopkins	04.5
Fastest Times Championships:	Lisa Zammarrelli (77) & Tony Auciello (84)	
UNDER 12	1. C. Buckley	283.75 points
	2. M. Buckley	258
	3. R. Teece	253.75
Fastest Times Champions:	Ursula Rodway (86.5) & Grey Scott (104)	

ST GEORGE TROPHY DAYS

JIM ALLEN TROPHY: Senior 9km Handicap on
22nd April 89

1st R. McRae 2nd D. Jolliffe 3rd M. Blair

Fastest - R. McRae 29min 35sec

BILL DALTON TROPHY: Senior 11km Handicap on
17th June 89

1st B. Hancock 2nd B. Molino 3rd Markham

Fastest - G. McClean 38min 10sec

JACK COPPOCK TROPHY: Under 16 3km Handicap on
8th April 89

1st N. Dillon 2nd J. Buckley 3rd Hopkins

Fastest - T. Auciello 10m 10sec

GREG PAGE TROPHY: Senior 13km Handicap on
22nd July 89

1st P. Gallaher 2nd R. Mcrae 3rd A. O'Connor

Fastest - R. Mcrae 44min 17sec

DICK VAUGHAN TROPHY: Senior 12km Handicap on
16th September 89

1st R. Gribble 2nd G. Coburn 3rd c. Stratford

Fastest - G. McClean 40min 33sec

GEORGE CARRUTHERS CUP: Open Handicap on
23rd September 89

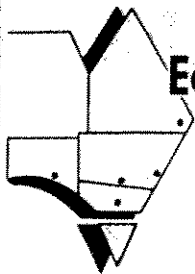
1st K. Gallaher 2nd P. Tonge 3rd A. Peek

Fastest - A. Kelly 6min 13sec

ST GEORGE CLUB CHAMPIONS 1989

	MEN		
SENIOR	1ST	2ND	3RD
8km cc (Club)	G. McClean	R. Squires	P. Webb
8km cc (NSW)	L. Young	M. Jones	B. Hansard
Novice 10km	R. McRae	G. McClean	C. Spriggins
12km cc	J. Andrews	L. Young	P. Gallaher
15km Road	L. Whitty	B. Hansard	L. Young
Marathon	P. Gallaher	J. Irvine	
UNDER 20			
5km cc	M. Donnelly	M. Gentle	
UNDER 18			
5km cc	A. Kelly	G. Argall	
6km cc	A. Kelly		
UNDER 16			
3km cc	D. Lourey		
UNDER 14			
3km cc (Club)	T. Auciello	D. Simone	J. Buckley
3km cc (NSW)	D. Simone	J. Buckley	
UNDER 12			
2km cc (Club)	G. Scott	A. Teece	R. Andrews
2km cc (NSW)	G. Scott	T. Howison	A. Teece

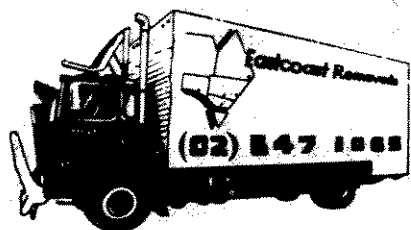
	WOMEN		
SENIOR	1ST	2ND	3RD
Novice 4km	L. Zammarrelli	L. Hopkins	L. Horrocks
5km cc	C. Gallaher	V. Hopkins	J. Page
6km cc	M. Dillon	L. Zammarrelli	L. Hopkins
8km cc	M. Dovey	P. Marshall	
15km Road	M. Dovey	P. Marshall	
UNDER 20			
5km Road	L. Zammarrelli	L. Hopkins	S. Stratford
UNDER 18			
5km cc	C. Stratford	N. Hocking	
4km cc	M. Dillon		
UNDER 16			
3km cc (Club)	L. Zammarrelli	L. Horrocks	M. Buckley
3km cc (NSW)	L. Horrocks	M. Buckley	S. Stratford
UNDER 14			
3km cc	L. Hopkins	S. Stratford	A. Rodway
2km cc	L. Zammarrelli	L. Hopkins	M. Lawrence
UNDER 12			
2km cc (Club)	D. Ferraro	C. Buckley	U. Rodway
2km cc (NSW)	U. Rodway	D. Ferraro	K. Telford



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ST GEORGE CLUB CHAMPIONSHIPS

(9th September 1989)

MEN		
Senior 8km CC (Ron Gribble Trophy)	1st Gary McLean 2nd Robert Squires 3rd Paul Gallaher	27min 12sec
Under 20 5km CC	1st Matthew Donnelly 2nd Michael Gentle	21min 36sec
Under 18 5km CC	1st Andrew Kelly 2nd Geoff Argall	17min 51sec
Under 16 3km CC	1st David Lourey	9min 57sec
Under 14 3km CC	1st Tony Auciello 2nd Daniel Simone	9min 51sec
Under 12 2km CC	1st Greg Scott 2nd Andrew Teece 3rs Ryan Andrews	7min 52sec

WOMEN		
Senior 5km CC	1st Catherine Gallagher 2nd Veronica Hopkins 3rd Julie Page	22min 03sec
Under 18 5km CC	1st Christine Stratford 2nd Narelle Hocking	22min 04sec
Under 16 3km CC	1st Lisa Zammarrelli 2nd Linda Horrocks 3rd Michelle Buckley	10min 30sec
Under 14 3km CC	1st Lisa Hopkins 2nd Suzanne Stratford 3rd Anne Rodway	11min 14sec
Under 12 2km CC	1st Danielle Farraro 2nd Catherine Buckley 3rd Ursula Rodway	7min 58sec

CHAMPIONSHIP RESULTS - 1989

ANZAC DAY NSW MARATHON

(25th April 89, Sydney)

15th	Paul Gallaher	3hrs 07 min 05 sec
16th	John Irvine	3hrs 08 min 12 sec

10th	Linda Horrocks	15 min 00 sec
13th	Michelle Buckley	15 min 43 sec
21st	Narelle Hocking	18 min 48 sec

TEAMS: 1st St George 36 points

ANZAC DAY NSW HALF MARATHON

(25th April 89, Sydney)

MEN		
9th	Frank Scorzelli	1hr 15 min 21 sec
19th	Patrick Webb	1hr 21 min 38 sec
33rd	Bruce Marshall	1hr 34 min 08 sec

WOMEN		
3rd	Patrica Marshall	1hr 34 min 07 sec

NSW NOVICE CROSS COUNTRY CHAMPIONSHIPS

(6th May 89, Ramsgate)

MEN SENIOR 10KM

3rd	Rory McRae	32 min 44 sec
7th	Gray McClean	33 min 12 sec
18th	Chris Spriggins	34 min 57 sec
19th	Paul Gallaher	34 min 58 sec
31st	Patrick Webb	36 min 32 sec
34th	Andrew Kelly	37 min 27 sec

TEAMS: 1st St George 47 Points

WOMEN SENIOR 4KM

4th	Lisa Zammarrelli	14 min 36 sec
9th	Lisa Hopkins	14 min 58 sec

NOVICE SUPPORTING EVENTS:

OPEN 10KM

3rd	Lawrie Whitty	32 min 02 sec
4th	Louise Young	32 min 14 sec
6th	Bruce Hansard	32 min 20 sec
30th	Henry Elliott	37 min 36 sec

UNDER 20 4KM

9th	Marco Zammarrelli	13 min 50 sec
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UNDER 16 4KM

5th	Michelle Dillon	13 min 21 sec
25th	Beth Walsh	16 min 23 sec

UNDER 14 2KM

3rd	Daniel Simone	7 min 04 sec
11th	Jason Buckley	7 min 32 sec
12th	Natasha Dillon	7 min 32 sec
23rd	Alex Tams	8 min 05 sec

UNDER 12 2KM

1st	Greg Scott	7 min 25 sec
6th	Ursula Rodway	7 min 53 sec
7th	Andrew Teece	8 min 01 sec
8th	Danielle Ferraro	8 min 03 sec
9th	Alexia Hill	8 min 07 sec
12th	Elizabeth Hope	8 min 13 sec
14th	Catherine Buckley	8 min 26 sec
16th	Kelly Telford	8 min 33 sec
19th	Ruth Walsh	8 min 55 sec
20th	William Tams	8 min 58 sec
27th	Rebecca Teece	9 min 25 sec

NSW 8 / 6KM CROSS COUNTRY CHAMPIONSHIPS

(8th July 89, The Crest)

MEN OPEN 8KM

9th	Louis Young	27	min	12	sec
10th	Mark Jones	27	min	17	sec
13th	Bruce Hansard	27	min	23	sec
25th	Gary McClean	28	min	06	sec
39th	Rory McRae	29	min	07	sec
67th	Paul Gallaher	30	min	29	sec
78th	Andrew Mrakovcic	31	min	22	sec
90th	David Page	32	min	20	sec

TEAMS: 2nd St George 159 points

WOMEN OPEN 6KM:

5th	Michelle Dillon	24	min	12	sec
15th	Lisa Zammarrelli	27	min	17	sec
17th	Lisa Hopkins	27	min	41	sec
18th	Beth Walsh	27	min	55	sec

TEAMS: 2nd St George 55 points

13th	Natasha Dillon	7	min	51	sec
18th	Nicola Hoyle	8	min	08	sec
22nd	Anne Rodway	9	min	57	sec

TEAMS: 1st St George 28 points

MEN UNDER 12 2KM

2nd	Greg Scott	7	min	08	sec
6th	Tristan Howison	7	min	36	sec
7th	Andrew Teece	7	min	45	sec
12th	William Tams	8	min	51	sec

TEAMS: 2nd St George 27 points

WOMEN UNDER 12 2KM

4th	Ursula Rodway	7	min	17	sec
7th	Danielle Ferraro	7	min	44	sec
9th	Kelly Telford	7	min	52	sec
11th	Catherine Buckley	8	min	02	sec
14th	Elizabeth Hope	8	min	13	sec
19th	Rebecca Teece	8	min	49	sec
21st	Stacy Telford	9	min	06	sec
23rd	Melanie Buckley	9	min	26	sec
25th	Rachel Hope	10	min	06	sec
26th	Elizabeth Stratford	10	min	07	sec

TEAMS: 1st St George 31 points

3rd St George 79 points

NSW CROSS COUNTRY CHAMPIONSHIPS

(29th July 89, Lansdowne)

MEN OPEN 12KM:

2nd	John Andrew	37	min	44	sec
8th	Louis Young	39	min	36	sec
55th	Paul Gallaher				
58th	Henry Elliott	45	min	55	sec
61st	Andrew Mrakovcic	46	min	35	sec
82nd	Neville Markham	51	min	38	sec
88th	David Page	52	min	10	sec
93rd	Chris Stratford	53	min	29	sec

TEAMS: 5th St George 266 points

WOMEN OPEN 8KM:

3rd	Mandy Dovey	30	min	43	sec
12th	Patricia Marshall	37	min	17	sec

MEN UNDER 18 6KM

9th	Andrew Kelly	21	min	24	sec
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WOMEN UNDER 18 4KM

1st	Michelle Dillon	14	min	12	sec
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WOMEN UNDER 16 3KM

4th	Linda Horrocks	10	min	54	sec
9th	Michelle Buckley	11	min	39	sec
10th	Suzanne Stratford	11	min	49	sec
13th	Beth Walsh	12	min	28	sec

TEAMS: 2nd St George 36 points

MEN UNDER 14 3KM

4th	Daniel Simone	10	min	12	sec
14th	Jason Buckley	11	min	19	sec

WOMEN UNDER 14 2KM

1st	Lisa Zammarrelli	6	min	35	sec
6th	Lisa Hopkins	7	min	17	sec
8th	Michelle Lawrence	7	min	31	sec

NSW ROAD CHAMPIONSHIPS

(28th May 89, Botany)

MEN OPEN 15KM:

2nd	Lawrie Whitty	44	min	21	sec
7th	Bruce Hansard	46	min	58	sec
10th	Louise Young	47	min	29	sec
23rd	Frank Scorzelli	51	min	00	sec
47th	Paul Gallaher	52	min	14	sec
52nd	Patrick Webb	53	min	03	sec
60th	Andre Mrakovcic	53	min	51	sec
64th	Chris Spriggins	55	min	04	sec
81st	Bruce Marshall				
83rd	Chris Stratford	63	min	22	sec

TEAMS: 4th St George 150 points

WOMEN OPEN 15KM:

4th	Mandy Dovey	55	min	05	sec
7th	Patricia Marshall				

WOMEN UNDER 20 5KM

6th	Lisa Zammarrelli	18	min	42	sec
10th	Lisa Hopkins	20	min	44	sec
11th	Suzanne Stratford	23	min	35	sec
14th	Christine Stratford	23	min	49	sec

TEAMS: 1st St George 41 points

AUSTRALIAN ROAD CHAMPIONSHIPS

(25th June 89, Perth)

MEN OPEN 15KM:

5th	Lawrie Whitty	44	min	33	sec
25th	Bruce Hansard	48	min	54	sec

TEAMS: 1st NSW 23 points

WOMEN OPEN 15KM:

5th Mandy Dovey 53 min 30 sec

R. Teece 9:26

E. Stratford 9:33

R. Walsh 8:53

M. Buckley 8:50

**AUSTRALIAN CROSS COUNTRY
CHAMPIONSHIPS**

(19th August 89, Queensland)

MEN OPEN: 12KM

21st Louise Young 39 min 49 sec

WOMEN OPEN: 8KM

14th Mandy Dovey 30 min 56 sec

**NSW ROAD WALKING
CHAMPIONSHIPS**

(6th May 89, Prospect)

MEN OPEN 30KM

4th Chris Stratford 2hrs 55 min 38 sec

WOMEN UNDER 16 4KM

3rd Christine Stratford 20 min 42 sec

NSW ROAD RELAY CHAMPIONSHIPS

(2nd September 89, Eraring)

MEN OPEN 4 X 10KM1st St George 2hrs 01 min 46 sec
L. Young 31:20 B. Hansard 31:24 J. Andrews 29:10
L. Whitty 29:52**St George B**

M. Zammarrelli 37:04 C. Stratford 39:58

MEN UNDER 18 4 X 3KM4th St George 39 min 44 sec
D. Jones 9:55 D. Lourey 10:14 G. Argall 10:15
A. Kelly 9:20**MEN UNDER 14 4 X 2KM**

2nd St George 29 min 07 sec

MEN UNDER 12 4 X 2KM

St George

M. Rodway 8:45

WOMEN OPEN 4 X 5KM2nd St George 1hr 17 min 55 sec
M. Dovey 17:15 S. Stratford 20:23 L. Hopkins 21:15
C. Batman 19:02**WOMEN UNDER 10 4 X 3KM**4th St George 52 min 15 sec
U. Rodway 13:04 N. Hocking 13:43 D. Ferraro 12:40
L. Hopkins 2:48**WOMEN UNDER 18 4 X 3KM**3rd St George 46 min 09 sec
B. Walsh 12:54 M. Buckley 11:29 L. Horrocks 10:59
L. Zammarrelli 10:47**WOMEN UNDER 16 4 X 2KM**1st St George 28 min 37 sec
M. Buckley 7:17 L. Horrocks 6:52 B. Walsh 7:43
L. Zammarrelli 6:45**WOMEN UNDER 14 4 X 2KM**4th St George 32 min 49 sec
A. Rodway 9:06 M. Lawrence 7:48 N. Dillon 8:08
S. Stratford 7:47**WOMEN UNDER 12 4 X 2KM**1st St George A 31 min 29 sec
C. Buckley 8:02 E. Hope 7:59 D. Ferraro 7:49
U. Rodway 7:39

3rd St George B 36 min 42 sec

**NSW ROAD WALKING
CHAMPIONSHIPS**

(13th May 89, Tempe)

WOMEN UNDER 18 8KM

4th Christine Stratford 44 min 59 sec

**NSW ROAD WALKING
CHAMPIONSHIPS**

(20th May 89, Richmond)

MEN OPEN 20KM

5th Chris Stratford 1hr 47 min 44 sec

**NSW SCHOOLS ROAD WALKING
CHAMPIONSHIPS**

(10th June 89, Richmond)

GIRLS UNDER 17 5KM

2nd Christine Stratford 26 min 25 sec

GIRLS UNDER 15 3KM

2nd Suzanne Stratford 15 min 31 sec

**NSW ROAD WALKING
CHAMPIONSHIPS**

(15th July 89, Richmond)

WOMEN UNDER 20 10KM

3rd Christine Stratford 55 min 20 sec

SUN CITY TO SURF (13th August 89, Sydney)

4th	John Andrews	41	min	35	sec
20th	Louis Young	44	min	28	sec
42nd	Gary McClean	45	min	53	sec
69th	Norman Frazer	46	min	54	sec
112th	Frank Scorzelli	48	min	00	sec
208th	Patrick Webb	49	min	34	sec
226th	Mandy Dovey	49	min	57	sec
378th	Andrew Mrakovcic	51	min	51	sec
442nd	Henry Elliot	52	min	33	sec
442nd	Ron Gribble	52	min	33	sec
636th	John McClean	54	min	21	sec
665th	Stephen McClean	54	min	34	sec
783rd	Barbara Mrakovcic	55	min	26	sec
829th	Neville Markham	55	min	50	sec
909th	David Lourey	56	min	17	sec
916th	Paul Gallagher	56	min	19	sec
1340th	Daniel Simone	58	min	22	sec
1344th	Dennis Jolliffe	58	min	23	sec
1560th	Chris Stratford	59	min	12	sec
1623rd	Dave Edwards	59	min	26	sec
6393rd	Sophia Jager	1hr 11	min	04	sec
6780th	Lisa Hopkins	1hr 11	min	52	sec
7801st	Annette Gaborov	1hr 13	min	48	sec
9079th	Tristan Howison	1hr 16	min	24	sec
16217th	Christine Stratford	1hr 35	min	38	sec
17316th	Suzanne Stratford	1hr 40	min	25	sec
17791st	Pat Donnelly	1hr 42	min	37	sec

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FRIDAY

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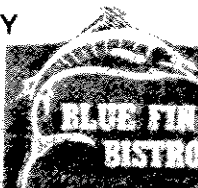
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DAYS**

LUNCH: From 12-2 pm
DINNER: From 6 pm

St. George DAAC 49th Annual Schools Track & Field Championships Sponsored By Buttercup Bakeries

BOYS 8 YEARS

100M

1 D. Batman (St. Joseph's Oatley) 16.0

2 J. Eggins (Bangor)

3 L. Lorimer (Bangor)

800M

1 J. Shaw (Bangor) 2:48.7

2 D. Batman (St. Joseph's Oatley)

3 J. Eggins (Bangor)

LONG JUMP

1 D. Batman (St. Joseph's Oatley) 3.05M

2 J. Eggins (Bangor)

3 L. Lorimer (Bangor)

4x100M RELAY

1 Bangor 69.7

2 St. Joseph's Oatley A

3 St. Joseph's Oatley B

BOYS 9 YEARS

100M

1 P. Wearne (Auburn West) 15.6

2 P. Assirati (Hurstville)

3 S. Spriggins (Penshurst West)

800M

1 A. Henwood (Botany) 2:57.1

2 S. Spriggins (Penshurst West)

3 J. Russell (St. Joseph's Oatley)

LONG JUMP

1 P. Wearne (Auburn West) 3.78M

2 A. Henwood (Botany)

3 G. Collins (St. Joseph's Oatley)

HIGH JUMP

1 P. Wearne (Auburn West) 1.10M

2 A. Henwood (Botany)

4x100M RELAY

1 St. Joseph's A 76.6

2 St. Joseph's B

BOYS 10 YEARS

100M

1 S. Fisher (Hurstville) 16.7

2 M. Graves (West Pennant Hills)

3 R. Otto (Peakhurst West)

800M

1 S. Fisher (Hurstville) 2:37.3

2 M. Graves (West Pennant Hills)

3 L. Mackenzie (Illawong)

LONG JUMP

1 A. O'Neill (Holy Cross Woollahra)

3.56M

2 M. Graves (West Pennant Hills)

3 L. Mackenzie (Illawong)

4x100M RELAY

1 Athelstone 62.3

BOYS 11 YEARS

100M

1 C. Pelham (Hurstville) 13.8

2 A. Macarthur (Sutherland)

3 R. Magiros (Hurstville)

200M

1 C. Pelham (Hurstville) 28.3

2 A. Macarthur (Sutherland)

3 R. Andrews (Trinity)

800M

1 P. Zrno (Hurstville) 2:45.5

2 R. Andrews (Trinity)

3 J. Walker (Clovelly)

LONG JUMP

1 A. Macarthur (Sutherland) 4.73M (Rec)

2 R. Andrews (Trinity)

3 P. Zrno (Hurstville)

HIGH JUMP

1 P. Zrno (Hurstville) 1.30M

2 R. Andrews (Trinity)

3 R. Magiros (Hurstville)

4x100M RELAY

1 St. Joseph's Oatley 72.4

BOYS 12 YEARS PRIMARY

100M

1 B. Thomson (Peakhurst West) 15.2

2 C. Wirth (Blakehurst)

3 G. Graves (West Pennant Hills)

200M

1 C. Wirth (Blakehurst) 31.4

2 P. Thomson (Peakhurst West)

3 G. Graves (West Pennant Hills)

800M

1 C. Wirth (Blakehurst) 2:46.9

2 M. White (Brighton)

3 G. Graves (West Pennant Hills)

LONG JUMP

1 B. Thomson (Peakhurst West) 4.26M

2 C. Wirth (Blakehurst)

3 D. Lotze (Peakhurst South)

HIGH JUMP

1 C. Wirth (Blakehurst) 1.27M

2 D. Snell (Peakhurst West)

3 D. Lotze (Peakhurst South)

SHOT PUT

1 B. Thomson (Peakhurst West)

8.22M

2 D. Snell (Peakhurst West)

3 D. Lotze (Peakhurst South)

4x100M RELAY

1 Hurstville 60.6

2 St. Joseph's Oatley

BOYS 12 YEARS SECONDARY

100M

1 L. Murphy (MB Kogarah) 13.8

2 J. Winyard (MB Kogarah)

200M

1 L. Murphy (MB Kogarah) 28.6

2 J. Winyard (MB Kogarah)

3 A. Walker (St. Pat's Suth)

400M

1 L. Murphy (MB Kogarah) 65.5

2 C. Wirth (Blakehurst)

3 J. Winyard (MB Kogarah)

800M

1 A. Walker (St. Pat's Suth) 2:42.6

80M hurdles

1 L. Murphy (MB Kogarah) 14.9

2 C. Wirth (Blakehurst)

3 M. Lane (Kingsgrove)

LONG JUMP

1 L. Murphy (MB Kogarah) 4:49M

2 J. Winyard (MB Kogarah)

3 M. Lane (Kingsgrove)

HIGH JUMP

1 M. Lane (Kingsgrove) 1.40M

2 L. Murphy (MB Kogarah)

3 S. Allen (MB Kogarah)

SHOT PUT

1 L. Murphy (MB Kogarah) 10.23M

2 A. Walker (St. Pat's Suth)

3 S. Allen (MB Kogarah)

BOYS 13 YEARS

100M

1 K. Gallagher (St. Pat's Strath) 13.8

2 T. Auciello (James Cook)

200M

1 D. Price (St. Ignat Riverview) 27.2

2 T. Auciello (James Cook)

3 K. Gallagher (St. Pat's Strath)

400M

1 D. Price (St. Ignat Riverview) 58.7

(Rec)

2 T. Auciello (James Cook)

800M

1 T. Auciello (James Cook) 2:13.8

2 D. Price (St. Ignat Riverview)

3 A. Mathers (St. Ignat Riverview)

1500M

1 T. Auciello (James Cook) 4:39.6

(Rec)

90M HURDLES		3 C. Millan (Kingsgrove)		JAVELIN THROW	
1 S. Lenehan (St. Ignat Riverview)		JAVELIN THROW		1 C. Lamont (Peakhurst) 41.88M	
15.0	2 A. Franklin (Menai)	1 P. McNicholas (South Sydney)		2 M. Ward (St. Ignat Riverview)	
	3 D. Cremin (CBC Lewisham)	27.04M		3 M. Wehrhahn (St. Ignat Riverview)	
LONG JUMP		2 C. Millan (Kingsgrove)		4x100M RELAY	
1 T. Auciello (James Cook) 4.65M		3 P. Walker (Kingsgrove)		1 St. Ignat Riverview 48.7	
2 S. Lenehan (St Ignat Riverview)		DISCUS THROW		BOYS 16 YEARS	
3 D. Cremin (CBC Lewisham)		1 P. McNicholas (South Sydney)		100M	
HIGH JUMP		45.76M (Rec)		1 M. McDonald (Benilde) 11.7	
1 D. Cremin (CBC Lewisham)		2 N. Watkins (Mudgee)		2 M. Segalla (St. Ignat Riverview)	
1.51M	2 S. Lenehan (St Ignat Riverview)	3 K. Murphy (MB Kogarah)		3 S. Elisara (Kingsgrove North)	
	3 T. Auciello (James Cook)	BOYS 15 YEARS		200M	
SHOT PUT		100M		1 M. McDonald (Benilde) 23.8	
1 T. Star (St. Ignat Riverview) 7.84M		1 T. Lampier (Engadine) 12.5		2 W. Landers (St. Ignat Riverview)	
2 S. Lenehan (St. Ignat Riverview)		2 A. Coleman (St. Ignat Riverview)		3 S. Elisara (Kingsgrove North)	
BOYS 14 YEARS		3 M. Cullen (St. Ignat Riverview)		400M	
100M		200M		1 M. Segalla (St. Ignat Riverview)	
1 K. Reid (St. Pat's Suth) 12.5		1 T. Lampier (Engadine) 25.2		56.7	
2 C. Millan (Kingsgrove)		2 M. Cullen (St. Ignat Riverview)		2 T. Ainsworth (St. Ignat Riverview)	
3 A. Miller (St. Ignat Riverview)		3 A. Coe (Port Hacking)		3 D. Johnson (St. Ignat Riverview)	
200M		400M		800M	
1 K. Reid (St. Pat's Suth) 25.2		1 T. Lampier (Engadine) 54.2		1 S. Elisara (Kingsgrove North)	
2 C. Millan (Kingsgrove)		2 A. Coe (Port Hacking)		2.40.6	
3 A. Miller (St. Ignat Riverview)		800M		1500M	
400M		1 T. Lampier (Engadine) 2.17.6		1 T. Harris (St. Ignat Riverview)	
1 K. Reid (St. Pat's Suth) 54.6 (Rec)		2 A. Coe (Port Hacking)		4.53.5	
800M		3 A. Stuart (St. Ignat Riverview)		2 D. Johnson (St. Ignat Riverview)	
1 D. Jones (Newington) 2.17.7		1500M		3 T. O'Connor (St. Ignat Riverview)	
2 D. Simone (CBC Lewisham)		1 T. Lampier (Engadine) 5.19.9		110m HURDLES	
3 D. Mulcahy (St. Ignat Riverview)		2 A. Coe (Port Hacking)		1 S. Elisara (Kingsgrove North) 18.4	
1500M		3 H. Hutton (St. Ignat Riverview)		LONG JUMP	
1 D. Jones (Newington) 4.41.0		100M HURDLES		1 S. Elisara (Kingsgrove North)	
2 D. Mulcahy (St. Ignat Riverview)		1 T. Lampier (Engadine) 15.5		5.78M	
100M HURDLES		2 M. Wehrhahn (St. Ignat Riverview)		2 W. Landers (St. Ignat Riverview)	
1 C. Millan (Kingsgrove) 19.0		LONG JUMP		3 J. Buckingham (St. Ignat Riverview)	
2 P. Walker (Kingsgrove)		1 M. Wehrhahn (St. Ignat Riverview)		TRIPLE JUMP	
3 K. Murphy (MB Kogarah)		5.54M		1 S. Elisara (Kingsgrove North)	
1500M WALK		2 T. Lampier (Engadine)		12.37M	
1 L. Mackenzie (Illawong) 9.21.0		3 E. Bull (St. Ignat Riverview)		2 M. Ward (St. Ignat Riverview)	
2 C. Jeffery (De La Salle Car-		TRIPLE JUMP		3 M. Cullen (St. Ignat Riverview)	
ringbah)	LONG JUMP	1 M. Wehrhahn (St. Ignat Riverview)		SHOT PUT	
	1 C. Millan (Kingsgrove) 4.82M	2 T. Lampier (Engadine)		1 A. Pike (St. Ignat Riverview)	
	2 S. Eisenhauer (St. Ignat Riverview)	3 A. Coe (Port Hacking)		15.55M (Rec)	
	3 P. Walker (Kingsgrove)	HIGH JUMP		2 C. Lamont (Peakhurst)	
	TRIPLE JUMP	1 C. Lamont (Peakhurst) 1.64M		3 S. Elisara (Kingsgrove North)	
	1 C. Millan (Kingsgrove) 10.23M	2 T. Lampier (Engadine)		DISCUS THROW	
	2 D. Jones (Newington)	3 S. Eisenhauer (St. Ignat Riverview)		1 S. Elisara (Kingsgrove North)	
	3 K. Murphy (MB Kogarah)	SHOT PUT		25.36M	
	HIGH JUMP	1 M. Ward (St. Ignat Riverview)		JAVELIN THROW	
	1 P. Walker (Kingsgrove) 1.40M	14.83 (Rec)		1 J. Buckingham (St. Ignat Riverview)	
	2 C. Millan (Kingsgrove) and K.	2 A. Coleman (St. Ignat Riverview)		28.64	
	Murphy (MB Kogarah)	3 M. Wehrhahn (St. Ignat Riverview)		2 D. Johnson (St. Ignat Riverview)	
	SHOT PUT	DISCUS THROW		4x100M RELAY	
	1 N. Watkins (Mudgee) 14.15M	1 M. Ward (St. Ignat Riverview)		1 St. Ignat Riverview 48.4	
	2 P. McNicholas (South Sydney)	46.40M		BOYS OPEN	
		2 C. Lamont (Peakhurst)		100M	
		3 A. Coleman (St. Ignat Riverview)		1 C. Jeffery (St. Ignat Riverview) 12.0	

2 G. Varis (St. Ignat Riverview)
200M
1 C. Jeffery (St. Ignat Riverview) 24.2
2 G. Varis (St. Ignat Riverview)
3 D. Gleeson (East Hills)
400M
1 C. Jeffery (St. Ignat Riverview) 53.7
800M
1 A. Kelly (Sydney Tech) 2.40.7
110M HURDLES
1 C. Jeffery (St. Ignat Riverview) 17.5
1500M WALK
1 T. O'Connor (St. Ignat Riverview)
10.05.0
2 D. Mulcahy (St. Ignat Riverview)
3 E. Bull (St. Ignat)
LONG JUMP
1 C. Jeffery (St. Ignat Riverview)
6.28M
2 M. Bowden (St. Ignat Riverview)
3 D. Gleeson (East Hills)
TRIPLE JUMP
1 G. Jolliffe (Sydney Tech) 12.28M
2 C. Jeffery (St. Ignat Riverview)
3 M. Bowden (St. Ignat Riverview)
HIGH JUMP
1 M. Bowden (St. Ignat Riverview)
1.88M
SHOT PUT
1 C. Nettlebeck (St. Ignat Riverview)
14.39M
2 M. Fong (MB Kogarah)
DISCUS THROW
1 C. Nettlebeck (St. Ignat Riverview)
49.66 (Rec)
2 M. Fong (MB Kogarah)
JAVELIN THROW
1 M. Bowden (St. Ignat Riverview)
32.66M
2 C. Jeffery (St. Ignat Riverview)
3 G. Varis (St. Ignat Riverview)
4x100M RELAY
1 St. Ignat Riverview A 50.2
2 St. Ignat Riverview B
GIRLS 8 YEARS
100M
1 R. Quiggin (Lugarno) 16.4
2 D. Cacciola (Illawong)
3 L. Malcolm (St. Declans)
800M
1 R. Quiggin (Lugarno) 3.20.6
2 D. Cacciola (Illawong)
3 K. Cameron (Peakhurst)
LONG JUMP
1 R. Quiggin (Lugarno) 3.17M
2 L. Malcolm (St. Declans)
3 D. Cacciola (Illawong)

4x100M RELAY
1 St. Joseph's Oatley 93.5
GIRLS 9 YEARS
100M
1 D. Nelson (Kingsgrove) 17.4
2 K. Cameron (Peakhurst South)
3 L. Freeburn (St. Joseph's Oatley)
800M
1 D. Nelson (Kingsgrove) 3.08.0
2 K. Cameron (Peakhurst South)
3 N. Sharan (St. Joseph's Oatley)
LONG JUMP
1 D. Nelson (Kingsgrove) 3.07M
2 L. Freeburn (St. Joseph's Oatley)
3 K. Cameron (Peakhurst South)
HIGH JUMP
1 D. Nelson (Kingsgrove) 1.00M
4x100M RELAY
1 St. Joseph's Oatley 83.5
GIRLS 10 YEARS
100M
1 K. Grubb (Illawong) 16.0
2 F. Quiggin (Lugarno)
3 E. Rotter (Athlstaane)
800M
1 J. Nelson (Kingsgrove) 2.50.4
2 F. Quiggin (Lugarno)
3 K. Bartlett (Riverwood)
LONG JUMP
1 M. Smyth (Beverly Hills North)
3.76M
2 K. Grubb (Illawong)
3 F. Quiggin (Lugarno)
HIGH JUMP
1 J. Baker (Carlton South) 1.20M
2 K. Bartlett (Riverwood)
3 K. Grubb (Illawong)
4x100M RELAY
1 Beverly Hills North 64.1
2 Athelstane
3 Illawong
GIRLS 11 YEARS
100M
1 D. Ferraro (Brighton) 14.9
2 U. Rodway (Sans Souci)
3 J. Greenup (Sutherland North)
200M
1 D. Ferraro (Brighton) 29.2
2 U. Rodway (Sans Souci)
3 J. Greenup (Sutherland North)
800M
1 U. Rodway (Sans Souci) 2.42.3
2 D. Ferraro (Brighton)
3 L. Cacciola (Illawong)
LONG JUMP
1 D. Ferraro (Brighton) 4.42M
(Rec)

2 U. Rodway (Sans Souci)
3 F. Low (Hurstville)
HIGH JUMP
1 U. Rodway (Sans Souci) 1.37M
2 J. Smith (Beverly Hills North)
3 L. Choo (Sans Souci)
4x100M RELAY
1 Beverly Hills North 62.0
2 St. Joseph's Oatley
GIRLS 12 YEARS PRIMARY
100M
1 A. Da Silva (St. Joseph's Oatley)
18.3
2 L. Cranney (St. Joseph's Oatley)
3 K. Rowley (St. Joseph's Oatley)
200M
1 A. Da Silva (St. Joseph's Oatley)
36.9
2 L. Cranney (St. Joseph's Oatley)
800M
1 A. Da Silva (St. Joseph's Oatley)
3.41.4
2 L. Cranney (St. Joseph's Oatley)
3 K. Rowley (St. Joseph's Oatley)
LONG JUMP
1 K. Rowley (St. Joseph's Oatley)
3.14M
2 L. Cranney (St. Joseph's Oatley)
3 A. Da Silva (St. Joseph's Oatley)
SHOT PUT
1 L. Cranney (St. Joseph's Oatley)
4.59M
2 K. Rowley (St. Joseph's Oatley)
3. A. da Silva (St. Joseph's Oatley)
12 YEARS SECONDARY
100M
1 L. Quiggin (St. George) 15.3
2 L. Baker (Blakehurst)
3 A. Munro (Danebank)
200M
1 K. Withers (Kirrawee) 29.8
2 L. Coleman (Monte St. Angelo)
3 L. Quiggin (St. George)
400M
1 D. Ferraro (Brighton) 67.02
2 U. Rodway (Sans Souci)
3 L. Quiggin (St. George)
800M
1 L. Nelson (St. George) 2.53.6
2 L. Coleman (Monte St. Angelo)
3 A. Parker (St. George)
80M HURDLES
1 L. Quiggin (St. George) 16.2
(Equal Rec)
2 L. Baker (Blakehurst)
3 A. Parker (St. George)

LONG JUMP

- 1 A. Parker (St. George) 3.81M
 2 L. Coleman (Monte St. Angelo)
 3 S. Schultz (Freeman)

HIGH JUMP

- 1 L. Baker (Blakehurst) 1.43M
 2 L. Nelson (St. George)
 3 A. Parker (St. George)

SHOT PUT

- 1 L. Baker (Blakehurst) 9.99M (Rec)
 2 S. Schultz (Freeman)
 3 L. Quiggin (St. George)

4x100M RELAY

- 1 St. George 63.0

GIRLS 13 YEARS**100M**

- 1 R. Fernandes (OLMC Epping) 13.7

- 2 D. Westwood (OLMC Burraneer)

- 3 B. Otto (St. George)

200M

- 1 R. Fernandes (OLMC Epping)

27.7

- 2 D. Westwood (OLMC Burraneer)

- 3 L. Hopkins (St. George)

400M

- 1 L. Hopkins (St. George) 66.9

- 2 C. McGrath (St. Pat's Suth)

800M

- 1 L. Hopkins (St. George) 2.35.2

- 2 A. Burne (Port Hacking)

- 3 A. Rodway (St. Joseph's Kogarah)

1500M

- 1 L. Hopkins (St. George) 5.17.1

- 2 L. Coleman (Monte S. Angelo)

- 3 A. Hall (St. George)

80m HURDLES

- 1 B. Malcolm (St. Mary's) 15.8

- 2 L. Mackay (OLSH Kensington)

- 3 B. Otto (St. George)

LONG JUMP

- 1 B. Otto (St. George) 4.86M (Rec)

- 2 J. Grubb (Menai)

- 3 L. Mackay (OLSH Kensington)

HIGH JUMP

- 1 L. Mackay (OLSH Kensington) 1.51M

- 2 S. White (Moorefield)

- 3 L. Baker (Blakehurst)

SHOT PUT

- 1 R. Dunham (Matraville) 11.27M

- 2 C. McGrath (St. Pat's Suth)

- 3 S. White (Moorefield)

4x100M RELAY

- 1 St. George 57.3

GIRLS 14 YEARS**100M**

- 1 L. Zammarrelli (Beverly Hills) 13.9

- 2 K. Hall (St. George)

200M

- 1 L. Zammarrelli (Beverly Hills) 27.8

- 2 C. McGrath (St. Pat's Suth)

- 3 K. Hall (St. George)

400M

- 1 L. Zammarrelli (Beverly Hills) 64.4

800M

- 1 L. Zammarrelli (Beverly Hills) 2.25.0

- 2 K. Hall (St. George)

- 3 B. Griffiths (Peakhurst)

1500M

- 1 L. Zammarrelli (Beverly Hills) 5.01.0

- 2 B. Griffiths (Peakhurst)

90M HURDLES

- 1 H. Lotze (Beverly Hills) 16.1

1500M WALK

- 1 B. Griffiths (Peakhurst) 9.29.0

- 2 J. Moar (Carringbah)

- 3 C. Mackenzie (Menai)

LONG JUMP

- 1 K. Hall (St. George) 4.84M

- 2 L. Zammarrelli (Beverly Hills)

- 3 H. Lotze (Beverly Hills)

TRIPLE JUMP

- 1 K. Hall (St. George) 10.43M (Rec)

- 2 H. Lotze (Beverly Hills)

- 3 S. White (Moorefield)

HIGH JUMP

- 1 H. Lotze (Beverly Hills) 1.40M

- 2 K. Hall (St. George)

- 3 B. Griffiths (Peakhurst)

SHOT PUT

- 1 K. Standing (Bankstown Gram-

- mar) 14.51M (Rec)

- 2 S. White (Moorefield)

- 3 K. Hall (St. George)

DISCUS THROW

- 1 K. Standing (Bankstown Gram-

- mar) 33.04M

- 2 L. Baker (Blakehurst)

- 3 S. White (Moorefield)

JAVELIN THROW

- 1 K. Standing (Bankstown Gram-

- mar) 27.16M (Rec)

- 2 L. Mackay (OLSH Kensington)

- 3 S. Ward (St. Peter Chanel)

4x100M RELAY

- 1 Beverly Hills 57.1

GIRLS 15 YEARS**100M**

- 1 B. Moar (Carringbah) 14.4

- 2 K. Allen (St. Joseph's Kogarah)

- 3 A. O'Connor (Santa Sabina)

200M

- 1 B. Moar (Carringbah) 30.5

- 2 A. O'Connor (Santa Sabina)

- 3 K. Braham (OLMC Epping)

1500M

- 1 A. Rodway (St. Joseph's Kogarah)

6.58.2**LONG JUMP**

- 1 B. Moar (Carringbah) 4.62M

- 2 K. Allen (St. Joseph's Kogarah)

- 3 A. O'Connor (Santa Sabina)

TRIPLE JUMP

- 1 B. Otto (St. George) 10.00M (Rec)

- 2 L. Hopkins (St. George)

- 3 K. Bean (St. George)

HIGH JUMP

- 1 K. Allen (St. Joseph's Kogarah)

1.45M

- 2 A. O'Connor (Santa Sabina)

SHOT PUT

- 1 B. Moar (Carringbah) 8.95M

- 2 K. Allen (St. Joseph's Kogarah)

- 3 A. O'Connor (Santa Sabina)

DISCUS THROW

- 1 K. Allen (St. Joseph's Kogarah)

30.96M

- 2 R. Dunham (Matraville)

- 3 B. Moar (Carringbah)

JAVELIN THROW

- 1 K. Allen (St. Joseph's Kogarah)

28.32M

- 2 B. Moar (Carringbah)

- 3 A. O'Connor (Santa Sabina)

GIRLS 16 YEARS**100M**

- 1 J. Ward (Bankstown) 13.6

- 2 C. Botto (Nazareth Bankstown)

- 3 M. Dummer (Danebank)

200M

- 1 J. Ward (Bankstown) 28.2

- 2 M. Dummer (Danebank)

- 3 K. Buckley (OLMC Burraneer)

400M

- 1 J. Sweeting (OLMC Burraneer)

71.4**100M HURDLES**

- 1 J. Ward (Bankstown) 17.7

LONG JUMP

- 1 J. Ward (Bankstown) 4.45M

- 2 K. Buckley (OLMC Burraneer)

- 3 M. Dummer (Danebank)

TRIPLE JUMP

- 1 J. Ward (Bankstown) 9.88M (Rec)

HIGH JUMP

- 1 M. Akins (Santa Sabina) 1.60M

(Equal Rec)	2 Peakhurst West 56	AA GAINSFORD SHIELD
2 J. Ward (Bankstown)	3 St. Joseph's Oatley 49	SECONDARY BOYS AG-
SHOT PUT	LB WILLIAMS MEMORIAL	GREGATE
1 J. Ward (Bankstown) 8.48M	SHIELD	St. Ignatius Riverview 557
2 P. Myers (Ravenswood)	PRIMARY BOYS AGGREGATE	JUVENILE GIRLS SECONDARY
DISCUS THROW	St. Joseph's Oatley 150	PENNANT (12,13,14)
1 J. Ward (Bankstown) 26.44	JUNIOR GIRLS PRIMARY PEN-	1 St. George Girls High 256
JAVELIN THROW	NANT (8,9,10 YEARS)	2 Beverly Hills Girls High 103
1 J. Ward (Bankstown) 27.84M	1 St. Joseph's Oatley 91	3 Blakehurst High 46
GIRLS OPEN	2 Kingsgrove 53	JUNIOR GIRLS SECONDARY
100M	3 Lugarno 51	PENNANT (15,16)
1 M. Ackling (Beverly Hills) 14.7	SENIOR GIRLS PRIMARY PEN-	1 Bankstown Grammar 62
200M	NANT (11,12 YEARS)	2 St. Joseph's Kogarah 50
1 M. Ackling (Beverly Hills) 31.1	1 St. Joseph's Oatley 102	3 Santa Sabina 44
2 Y. Cotton (James Ruse)	2 Sans Souci 52	SENIOR GIRLS SECONDARY
TRIPLE JUMP	3 Brighton 30	PENNANT
1 M. Ackling (Beverly Hills) 8.30M	ST. GEORGE LITTLE ATH-	1 (Eq) Beverly Hills Girls High &
(Rec)	LETICS SHIELD	James Ruse High 30
SHOT PUT	PRIMARY GIRLS AGGREGATE	ST. GEORGE WOMEN'S AAC
1 Y. Cotton (James Ruse) 10.20M	St. Joseph's Oatley 193	SHIELD
(Rec)	JUVENILE BOYS SECONDARY	SECONDARY GIRLS AG-
2 M. Ackling (Beverly Hills)	PENNANT (12,13,14)	GREGATE
DISCUS THROW	1 Marist Bros. Kogarah 128	St. George Girls High School 282
1 Y. Cotton (James Ruse) 29.62M	2 St. Ignatius Riverview 121	INDIVIDUAL TROPHY WINNERS
JAVELIN THROW	3 Kingsgrove North 58	8 YEAR BOYS 100 METRE
1 Y. Cotton (James Ruse) 28.82M	JUNIOR BOYS SECONDARY	CHAMPION
CHAMPION SCHOOL TEAMS	PENNANT (15,16)	Daniel Batman St. Joseph's Oatley
JUNIOR BOYS PRIMARY PEN-	1 St. Ignatius Riverview 289	8 YEAR GIRLS 100 METRE
NANT (8,9,10 YEARS)	2 Engadine 69	CHAMPION
1 St. Joseph's Oatley 101	3 Kingsgrove North 58	R. Quiggin Lugarno Public
2 Bangor 54	SENIOR BOYS SECONDARY	BUTTERCUP TROPHY - OUT-
3 Hurstville Primary & Auburn West	PENNANT	STANDING MALE
SENIOR BOYS PRIMARY PEN-	1 St. Ignatius Riverview 147	Michael Ward St. Ignatius Riverview
NANT (11,12 YEARS)	2 (Eq) Marist Bros. Kogarah & Syd-	BUTTERCUP TROPHY - OUT-
1 Hurstville Primary 89	ney Tech. High 16	STANDING FEMALE
		Danielle Ferraro St. Thomas Moore
		Brighton



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1989 - 90 TRACK SEASON REPORT

By Arthur Peek.

Another summer season has flown by and during the season several of our athletes registered excellent performances. The best performance was by outstanding senior athlete John Andrews. His effort in winning a invitation mens 5000 metres race in Melbourne in club record time of 13min 27.21 sec was brilliant as it was the strongest 5k field assembled in Australia for some time.

Other athletes who did well at National or State levels were.

MALE

Chris Stratford	10km	Walk	Open
Andrew Kelly	5,000	Metres	U/19 Sch, U/20 AAA
David Jones	1500/3,000	Metres	U/15 Sch & AAA
Tony Auciello	1,500	Metres	U/14 Sch
Jason Buckley	1,500	Metres	U/14 AAA

FEMALE

Christine Stratford	3km/5km/10km	Walk	U/19 Sch, U/20 AAA
Michelle Dillon	800/1500	metres	U/17 - U/18
Suzanne Stratford	1500m	Walk	U/16 - U/15
Lisa Zamarrelli	800/1500	Walk	U/15 AAA/Sch
Linda Horrocks	300	Metres	U/15 Sch
Lisa Hopkins	800	Metres	U/14 Sch
Danielle Ferraro	200/400	Metres	U/13 AAA
Ursula Rodway	800/1500/LJ/HL		U/12 AAA
C. Buckley	800/1500	Metres	U/11 AAA

St. George had teams in the Mens "B" and Womens "A" and "B" Grades at Sydney Athletic Field of Interclub competition. Teams were also in the Mens and Womens competition at Hensley Athletic Field in all grades "D", "E" and "F". The attendance at Sydney Athletic Field by our athletes was hear with only a few regular competitors. Chris Stratford, Christine Stratford and Michelle Dillon shared the honours as our regular

and were not supported enough by other athletes in the club of Sydney Athletic Field standard. Hence the results of the interclub were not encouraging.

On the other hand we had several regular competitors at Hensley Athletic Field and here the results of interclub are good. The detailed results will show the extent of the competition.

Olds park at Penshurst was the venue of our club night and overall were well attended. Competition was close in many of the age groups and I thank the regular competitors and officials for their assistance in making the club nights a success once again. The grass track has just has extra drainage put in and this should enable us to use the track in wet weather next season.

There were five interclub matches for Southern Zone this season and we should be able to improve on our efforts next season. Two matches were held at Olds Park, two at Illawong and one at Sylvania Waters. The detailed results show St. George did well in some of the age groups. Next season I would like to see many more of our club members attend the Southern Zone Premiership matches as athletes or officials.

Following on from the Southern Zone Interclub was the Angus and Coote Shield Competition. It is an interzone match held over 2 days of competition, and there are six zones in Sydney - Southern, Northern, Eastern, Western Central and Blair. Competition this year was at Rotary oval Chatswood on December 16/17, 1989. Club athletes to compete at this competition include David Jones, Sean Saunders, Tony Nunn, Bob Molloy and Arthur Peek who had an individual pointscore 190 points from 14 events.

A total of 37 club records were either broken or established by our athletes during the summer season.

Congratulations to all athletes involved and it would be encouraging for a repeat performance next season.

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MENS SENIOR CLUB CHAMPIONSHIPS

100m	T. Nunn	12.6sec	R. Molloy	S. Saunders
200m	R. Molloy	26.3sec	S. Saunders	T. Nunn
400m	S. Saunders	60.2sec	P. Tuziak	T. Nunn
800m	R. Gribble	2m 13.2sec	P. Tuziak	S. Saunders
1500m	B. Hansard	4m 04.17sec	L. Young	G. McClean
3000m	J. Andrews	8m 19.5sec	G. McClean	B. Hansard
5000m	J. Andrews	13m 27.21sec	L. Young	B. Hansard
110m Hdis	P. Tuziak	18.9sec	A. Peek	S. Saunders
400m Hdis	P. Tuziak	76.8sec	A. Peek	S. Saunders
3000m Walk	C. Stratford	13m 36.3sec	-	-
5000m Walk	C. Stratford	23m 47.2sec	-	-
Long Jump	P. Tuziak	5.18m	R. Molloy	A. Peek
High Jump	P. Tuziak	1.50m	R. Molloy	A. Peek
Triple Jump	P. Tuziak	10.62m	D. Jolliffe	A. Peek
Shot	P. Tonge	9.23m	A. Peek	R. Molloy P. Tuziak
Discus	P. Tonge	25.24m	R. Molloy	A. Peek
Javelin	A. Peek	34.00m	P. Tonge	R. Molloy
Hammer	A. Peek	20.80m	-	-

MENS UNDER 16 CLUB CHAMPIONSHIPS

100m	D. Jones	13.6sec	M. Teece	-
200m	D. Jones	28.3sec	M. Teece	-
400m	D. Jones	63.1sec	M. Teece	-
800m	D. Lourey	2m 04.52sec	D. Jones	D. Simone
1500m	D. Lourey	4m 14.6sec	D. Jones	D. Simone
3000m	D. Lourey	9m 42.5sec	D. Jones	D. Simone
Shot	D. Lourey	8.44m	D. Jones	M. Teece
Discus	D. Jones	21.26m	M. Teece	-
Javelin	D. Jones	25.16m	D. Simone	D. Lourey
Long Jump	D. Jones	4.64m	M. Teece	-
High Jump	D. Jones	1.30m	M. Teece	-
Triple Jump	D. Jones	10.00m	M. Teece	-

MENS UNDER 20 CLUB CHAMPIONSHIPS

100m	M. Zammarrelli	13.1sec	M. Donnelly	-
200m	M. Zammarrelli	27.1sec	M. Donnelly	-
400m	M. Zammarrelli	59.1sec	M. Donnelly	-
800m	A. Kelly	1m 59.67sec	M. Zammarrelli	M. Donnelly
1500m	A. Kelly	4m 01.1sec	M. Zammarrelli	M. Donnelly
3000m	M. Zammarrelli	9m 44.0sec	M. Donnelly	-
5000m	A. Kelly	15m 21.61sec	M. Zammarrelli	-
2000m s'chase	A. Kelly	6m 24.5sec	-	-
Long Jump	M. Donnelly	3.38m	-	-
Javelin	M. Donnelly	15.86m	-	-

BOYS UNDER 14 CLUB CHAMPIONSHIPS

100m	K. Gallagher	13.6sec	D. Batman	R. Andrews
200m	K. Gallagher	29.2sec	R. Andrews	D. Batman
400m	K. Gallagher	66.9sec	R. Andrews	A. Teece
800m	K. Gallagher	2m 24.99sec	J. Buckley	R. Andrews
1500m	J. Buckley	4m 54.71sec	K. Gallagher	A. Teece
3000m	K. Gallagher	12m 04.5sec	R. Andrews	A. Teece
Long Jump	K. Gallagher	4.83m	R. Andrews	D. Batman
High Jump	R. Andrews	1.25m	A. Teece	D. Batman
Triple Jump	K. Gallagher	9.26m	R. Andrews	A. Teece
Shot	K. Gallagher	8.04m	R. Andrews	A. Teece
Discus	K. Gallagher	21.64m	A. Teece	M. Rodway
Javelin	K. Gallagher	18.50m	R. Andrews	A. Teece

MENS UNDER 18 CLUB CHAMPIONSHIPS

100m	A. Wee	12.0sec	M. Fong	-
200m	A. Wee	25.1sec	D. Jones	M. Fong
400m	A. Wee	55.9sec	M. Fong	-
800m	D. Jones	2m 02.5sec	A. Wee	M. Fong
1500m	A. Wee	4m 42.1sec	-	-
110m Hdis	M. Fong	18.1sec	A. Wee	-
400m Hdis	A. Wee	68.4sec	-	-
Shot	M. Fong	11.94m	G. Jolliffe	A. Wee
Discus	M. Fong	35.94m	A. Wee	-
Javelin	M. Fong	31.26m	A. Wee	-
Long Jump	A. Wee	5.64m	M. Fong	-
High Jump	A. Wee	1.50m	M. Fong	-
Triple Jump	G. Jolliffe	12.68m	A. Wee	M. Fong

WOMENS OPEN CLUB CHAMPIONSHIPS

100m	C. Williams	13.05sec	L. Zammarrelli	B. Tuziak
200m	L. Zammarrelli	27.15sec	C. Williams	M. Buckley
400m	L. Zammarrelli	60.47sec	M. Dillon	C. Williams
800m	M. Dillon	2m 15.89sec	L. Zammarrelli	C. Williams
1500m	M. Dillon	4m 33.0sec	L. Zammarrelli	M. Buckley
3000m	M. Dillon	10m 03.0sec	L. Zammarrelli	C. Stratford
3000m Walk	C. Stratford	14m 36.41sec	-	-
5000m Walk	C. Stratford	25m 33sec	-	-
Long Jump	L. Zammarrelli	4.88m	C. Williams	B. Tuziak
Triple Jump	L. Zammarrelli	10.12m	C. Williams	B. Tuziak
Shot	C. Williams	6.71m	B. Tuziak	L. Zammarrelli
Discus	C. Williams	20.94m	B. Tuziak	V. Hopkins
Javelin	C. Batman	20.30m	B. Tuziak	C. Williams

GIRLS UNDER 14 CLUB CHAMPIONSHIPS

100m	D. Ferraro	13.3sec	U. Rodway	L. Hopkins
200m	D. Ferraro	27.03sec	U. Rodway	C. Buckley
400m	D. Ferraro	61.06sec	U. Rodway	L. Hopkins
800m	L. Hopkins	2m 23.75sec	U. Rodway	C. Buckley
1500m	L. Hopkins	5m 05.90sec	U. Rodway	C. Buckley
3000m	S. Stratford	11m 39sec	U. Rodway	D. Ferraro
1500m Walk	S. Stratford	7m 24.71sec	-	-
Long Jump	U. Rodway	4.76m	D. Ferraro	L. Hopkins
High Jump	U. Rodway	1.35m	D. Ferraro	R. Teece
Triple Jump	U. Rodway	9.33m	D. Ferraro	A. Rodway
Shot	D. Ferraro	7.38m	U. Rodway	A. Rodway
Discus	D. Ferraro	17.46m	L. Hopkins	A. Rodway
Javelin	U. Rodway	10.00m	D. Ferraro	J. Spriggins

SYDNEY ATHLETIC FIELD INTERCLUB POINTSCORE

Mens "B" Grade

Reebok - Hills	26		
Tiger - Wests	25		
Northern Districts	21		
Parramatta	21		
Randwick Botany	21		
Combination (B) (St. George)	18	4 wins	6 losses
South Sydney - Nepean	14		
Universities	14		

Womens "A" Grade

Tiger - Wests	28		
Reebok - Hills	22		
Southern Districts (inc St. George)	22	6 wins	4 losses
Cumberland Ryde Hornsby	22		
South Sydney - Easts	20		
Nepean - Randwick Botany	16		
Sutherland 14			
Northern Districts	12		

Womens "B" Grade

Reebok - Hills	30		
South Sydney - Easts	22		
Nepean - Randwick Botany	20		
Tiger - Wests	20		
Southern Districts (inc St. George)	16	3 wins	7 losses
Cumberland Ryde Hornsby	10		

HENSLEY ATHLETIC FIELD INTERCLUB POINTSCORE

Mens D Grade

U/20 Open Vets		Revesby Workers	18
St. George	211	Hills District	15
Leth Park	161	South Sydney	15
Randwick Botany	120	Randwick Botany (Z)	14
NSW Vets	105	Canterbury Bankstown	13
Easts	57	Bondi Diggers	12
Sydney Uni	55	Jensen	10
Tiger Wests	53	Maitland	9
Bankstown Sports	52	Parramatta	8
St George (Z)	52	Uni of NSW	6
Sutherland	47	Girraween	5
Reebok	33	Liberty Plains	4
Northern Suburbs	26	Leth Park (2)	3
Cumberland Ryde Hornsby	25	Coffs Harbour	1
Illawong	20	Eastwood Pennant Hills	1
		Katoomba	1

Mens E Grade

U/15 U/16 U/18		Reebok	16
Leth Park	188	Barker	8
St. George	50	Penrith	8
Randwick Botany	46	Cumb-Ryde H.	6
Illawong	30	Liberty Plains	6
South Sydney	20	Easts	4

Mens F Grade

U/13 U/14		Doonside La's	10
Penrith 20		Girraween	10
Nepean 16		St George	10
		Girraween (Z)	6

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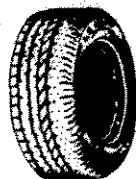
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HENSLEY ATHLETIC FIELD INTERCLUB POINTSCORE

Womens "D" Grade		Illawarra Blue Stars	14
U/20 Open Vets		Revesby Workers	12
Randwick Botany	75	South Sydney	10
Cumberland Ryde. H	32	Bays	8
Northern Suburbs	30	Pymble Ladies College	8
NSW Vets	30	Reebok	8
St. George	26	Nepean	5
Tiger Wests	23	Hills	4
Sutherland	16	Sydney Uni	3

Womens "E" Grade		St. George	20
U/15 U/16 U/18		Randwick Botany	10
North Canberra	28	Reebok	10

Womens "F" Grade		St. George	10
U/13 U/14		Girraween	10
Randwick Botany	10		

INDIVIDUAL POINTSCORES FOR INTERCLUB

"B" Grade Men		B. Hansard	5
C. Stratford	68	D. Jones	5
A. Kelly	27	G. McClean	44
D. Lourey	11	L. Young	4
J. Andrews	7	M. Zammarrelli	3
G. Jolliffe	7		

"D" Grade men		S. Saunders	447
A. Peek	2335	R. Gribble	279
P. Tuziak	1714	P. Tonge	84
R. Molloy	1433	C. Stratford	21
T. Nunn	1172	D. Jones	19

"E" Grade Men		M. Fong	285
A. Wee	463	D. Jones	88

"F" Grade Men		J. Buckley	46
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"A" Grade Women		M. Dillon	60
C. Stratford	65		

"B" Grade Women		L. Zammarrelli	7
C. Stratford	19	M. Dillon	3

"D" Grade Women		C. Stratford	23
C. Williams	136		

"E" Grade Women		M. Buckley	46
B. Tuziak	109		

"F" Grade Women		M. Buckley	42
C. Buckley	69		

COMPETITION POINTSCORE FOR OLDS PARK

Open Women		M. Buckley	131
C. Williams	2477	B. Tuziak	118
L. Zammarrelli	1941	C. Stratford	91
V. Hopkins	145	C. Batman	87

Open Men		T. Nunn	424
A. Peek	2843	S. Saunders	309
R. Molloy	2059	B. Molino	50
P. Tuziak	1486	J. McClean	46
J. Gallagher	082	M. Favalaro	33
P. Tonge	739		

Under 20 Men		M. Zammarrelli	638
David Jones	2206	D. Simone	198
M. Fong	1517	D. Lourey	82
M. Donnelly	1118	G. Jolliffe	62
M. Teece	862	Dean Jones	60
A. Wee	733		

Under 14 Girls		J. Spriggins	382
U. Rodway	2420	L. Hopkins	213
R. Teece	1830	S. Stratford	95
A. Rodway	1687	E. Stratford	53
D. Ferraro	1488		

Under 14 Boys		K. Gallagher	1378
A. Teece	1873	M. Rodway	858
D. Batman	1829	S. Spriggins	671
R. Andrews	1762	J. Buckley	123

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SOUTHERN ZONE INTERCLUB POINTSCORE

3 Way Matches: - St. George v Sutherland v Illawong

Under 14 Boys		M. Rodway	23
K. Gallagher	60	D. Batman	21
A. Teece	30	R. Andrews	6
Under 14 Girls		U. Rodway	74
D. Ferraro	85	A. Rodway	5
Under 18 Men		A. Wee	14
David Jones	72	D. Simone	8
G. Jolliffe	16		
Under 18 Women		L. Zammarrelli	31
Open Men		M. Donnelly	14
A. Peek	33	J. Gallagher	11
S. Saunders	33	A. Wee	8
M. Zammarrelli	31	P. Tuziak	5
Open Women		C. Williams	127
Vets men		C. Stratford	28
A. Peek	91	J. Gallagher	23
P. Tuziak	60	D. Jolliffe	11
R. Molloy	56		

SOUTHERN ZONE PREMIERSHIP RESULTS

Under 14 Girls		St. George	164
Illawong	166	Sutherland	82
Under 14 Boys		St. George	151
Illawong	312	Sutherland	68
Under 18 Women		Sutherland	98
Illawong	214	St. George	31
Under 18 Men		Sutherland	179
Illawong	228	St. George	110
Open Women		Illawong	101
Sutherland Women	165	Sutherland	59
St. George	127		
Open Men		St. George	135
Illawong	230	Sutherland	57
Vets Women		Illawong	101

Vets Men		St. George	269
Illawong	386	Sutherland	76

PULSAR QUARTZ GAMES (NSW ALL SCHOOLS) Sydney Athletic Field 7 - 8th October 1989

Boys Under 19 years			
1500 metres	A. Kelly	4m 07.97sec	5th
5000 metres	A. Kelly	15m 36.6sec	2nd
2000 metres S'chase	A. Kelly	6m 24.5sec	4th
Boys Under 17 years			
Shot 4.545kg	M. Fong	11.12m	9th
Discus 1.5kg	M. Fong	33.18m	7th
Boys Under 16 years			
1500metres	D. Lourey	4m 24.53sec	Heat 1
3000 metres	D. Lourey	9m 42.5sec	8th
Boys Under 15 years			
1500 metres	D. Jones	4m 33.80sec	6th
3000 metres	D. Jones	9m 54.10sec	3rd
	D. Simone	10m 01sec	5th
Boys Under 14 years			
800 metres	T. Auciello	2m 11.12sec	4th
	D. Simone	2m 18.96sec	5th
	K. Gallagher	2m 26.64sec	Heat 1
1500 metres	T. Auciello	2m 26.64sec	2nd
	D. Simone	4m 33.37sec	4th
	J. Buckley	5m 10.53sec	13th
Girls Under 17 years			
3000 metres Walk	C. Stratford	15m 13.32sec	2nd
Girls Under 16 years			
1500 metres Walk	C. Stratford	6m 51.0sec	1st
	S. Stratford	7m 33.0sec	3rd
1500 metres	M. Buckley	5m 16.55sec	5th
Girls Under 15 years			
200 metres	L. Zammarrelli	27.15sec	8th
400 metres	L. Zammarrelli	60.47sec	7th
800 metres	L. Zammarrelli	2m 19.23sec	4th
1500 metres	L. Zammarrelli	4m 48.12sec	3th
	L. Horrocks	4m 56.58sec	6th
3000 metres	L. Horrocks	10m 49.1sec	2nd
Girls Under 14 years			
800 metres	L. Hopkins	2m 23.75sec	3rd
1500 metres	L. Hopkins	5m 05.90sec	6th

NSW RELAY CHAMPIONSHIPS

Sydney Athletic Field 25 - 26th November 1989

Under 16 Male

4 x 800 metres 9m 20.40sec 7th
D. Jones, J. Buckley, D. Simone, D. Lourey.

4 x 1500 metres 18m 46.72sec 4th
D. Jones, J. Buckley, D. Simone, D. Lourey.

Under 16 Female

4 x 800 metres 9m 44.64sec 3rd
M. Buckley, U. Rodway, L. Horrocks, L. Zammarrelli.

4 x 1500 metres 20m 30.66sec 2nd
M. Buckley, U. Rodway, L. Horrocks, L. Zammarrelli.

COMMONWEALTH GAMES SELECTION TRIALS

Sydney Athletic Field 1 - 3 December 1989

Chris Stratford Mens 5k Walk 23m 47.02sec 6th
Christine Stratford Womens 5k Walk 25m 49.65sec 4th

AUSTRALIAN ALL SCHOOLS T & F CHAMPIONSHIPS

Adelaide 8 - 10 December 1989

Under 17 Girls

1500 metres M. Dillon 4m 33.0sec
3000 metres M. Dillon 10m 03.0sec

NSW 10KM WALK CHAMPIONSHIPS

Womens Open 7th January 1990
Sydney Athletic Field

Christine Stratford 54m 16.80sec 6th

Mens Open 21st January 1990
Sydney Athletic Field

Chris Stratford 49m 43.9sec 6th

NSW TRACK & FIELD CHAMPIONSHIPS

February 10 - 11, 17 - 18, 1990.
Sydney Athletic Field

Mens Open

5000 metres L. Young 15m 16.55sec 18
M. Jones 15m 25.37sec 19
G. McClean 15m 34.71sec 22
P. Webb 17m 03.93sec 32

Mens Under 20

1500 metres A. Kelly 4m 07.14sec 9
M. Zammarrelli 4m 13.0sec 12
5000 metres A. Kelly 15m 21.61sec 3
M. Zammarrelli 16m 21.16sec 8

Mens Under 18

800m D. Lourey 2m 08.96sec HT3
D. Jones 2m 03.16sec Semi 2
1500m D. Lourey 4m 17.0sec HT2

Womens Open

5000m Walk C. Stratford 25m 33sec 3rd

Womens Under 20

3000m Walk C. Stratford 14m 49.32sec 5

Womens Under 18

800m M. Dillon 2m 16.37sec 3rd
1500m M. Dillon 4m 43.2sec 4th
3000m Walk C. Stratford 14m 36.41sec 3rd

NSW STATE AGE CHAMPIONSHIPS

Sydney Athletic Field March 3/4, 1990

Boys Under 15

800m	D. Jones	2m 11.53sec	4th
1500m	D. Jones	4m 25.86sec	3rd
3000m	D. Jones	9m 47.43sec	1st
Javelin	D. Jones	25.16m	8th

Boys Under 14

800m	K. Gallagher	2m 24.99sec	4th
	J. Buckley	2m 27.94sec	5th
1500m	J. Buckley	4m 54.71sec	3rd

Girls Under 15

800m	L. Zammarrelli	2m 16.36sec	2nd
1500m	L. Zammarrelli	4m 44.31sec	1st
3000m	L. Zammarrelli	10m 55.91sec	5th
1500m Walk	S. Stratford	7m 24.71sec	1st

Girls Under 13

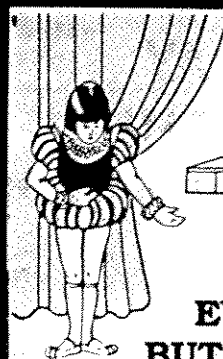
100m	D. Ferraro	13.3sec	4th
200m	D. Ferraro	27.03sec	3rd
400m	D. Ferraro	61.06sec	1st
Long Jump	D. Ferraro	4.41m	3rd

Girls Under 12

200m	U. Rodway	28.09sec	4th
800m	U. Rodway	2m 31.90sec	2nd
1500m	U. Rodway	5m 07.21sec	1st
Long Jump	U. Rodway	4.64m	2nd
High Jump	U. Rodway	1.34m	2nd

Girls Under 11

200m	C. Buckley	31.75sec	6th
800m	C. Buckley	2m 40.15sec	3rd
1500m	C. Buckley	5m 31.35sec	1st



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AIS DRUG OFFENSIVE MEET

Olympic Park, Melbourne, Thurs 23.11.89

Mens 5,000 metres

John Andrews	Club Record	13m 27.31sec	1	Jamie Harrison	13m 27.91sec	2
Pat Carroll		13m 28.91sec	3	Steve Moneghetti	13m 30.84sec	4
Andrew Lloyd		13m 37.0sec	5			

ANGUS & COOTE SHIELD - 16/17 DECEMBER, 89 - POINTSCORES

Age Group	Northern		Southern		Central		Blair		Eastern
	M	F	M	F	M	F	M	F	F
OPEN	462	755	106	40	194	71	372	0	33
VETERAN	734	658	388	0	260	406	213	72	20
UNDER 18	589	542	39	94	227	262	340	0	0
UNDER 16	679	316	74	20	67	20	44	0	0
UNDER 15	627	357	83	0	180	102	44	0	0
UNDER 14	550	455	0	0	58	69	0	0	0
UNDER 13	461	427	0	0	96	0	0	0	0
TOTAL	4102	3510	690	154	1082	930	1013	72	53

EQUIPMENT

1 Portable Loud Hailer	3 3kg Shot Puts	3 10lb Shot Puts	40 Hurdles
1 Map Display Board	3 8lb Shot Puts	3 12lb Shot Puts	2 Junior Relay Batons
1 Winners Dais	1 Heavy Metal Box		8 Relay Batons
1 First Aid Kit	1 1kg Discus	1 2kg Discus	1 Lap Bell (Hand)
6 High Jump Bags	1 1.5kg Discus	1 Portable Metal Discus Circle	2 Cap Starting Guns
2 High Jump Bars - Fibreglass			1 Clock
6 High Jump Bars - Metal	2 600g Javelins		1 Printer/Spotwatch
4 Sets High Jump Stands	1 700g Javelins	2 800g Javelins	3 Stop Watches
2 Measuring Sticks - Metal	1 50m Tape Measure	1 Steel 20m Tape	2 Metal Finishing Posts
2 Wooden Pole Vault Uprights	3 30m Tape Measures		20 Metal Course Posts
1 Pole Vault Bar	1 Set Field Markers 1-20		Wooden Course Flags -- Red/White
2 Shot Put Stop Boards - Wooden	1 Rake		Plastic Course Flags - Red/White
1 Portable Shot Put Metal Circle	5 Metal Measuring Spikes		3 St. George Club Banners/Flags
3 6lb Shot Puts	2 Sets Wooden Jumps Take Off Markers		22 Clipboards
2 4kg Shot Puts			

CLUB RECORDS

SENIOR BEST ON RECORD

100 metres	R. Henderson	10.3s	16.3.85
200 metres	S. Longden-Gee	20.9s	1974/79
400 metres	S. Longden-Gee	45.7s	17.12.74
800 metres	G. Rootham	1m 46.6s	26.3.72
1500 metres	A. Thomas	3m 42.6s	1964
3000 metres	J. Andrews	7m 58.30s	11.2.84
**5000m metres	J. Andrews	13m 27.31s	23.11.89
10,000 metres	J. Andrew	28m 09.7s	16.12.82
Marathon	J. Andrews	2hr 14m 44.00s	30.10.88
1 Mile	A. Thomas	3m 58.3s	21.3.84
110m H (1.067m)	V. Plant	13.7s	17.12.77
400m H (0.914m)	G. Cox	51.2s	17.3.77
3000m Steeple	M. Jones	9m 05.16s	19.1.87
**3000m Walk	C. Stratford	13m 36.33	21.10.89
**5000m Walk	C. Stratford	23m 47.02s	3.12.89
** 10,000m Walk	C. Stratford	49m 43.9s	21.1.90
High Jump	M. Meredith	2.01m	1963
Long Jump	B. Dickinson	7.48m	1938
Triple Jump	B. Dickinson	15.64m	1935
Pole Vault	D. Arapovic	4.32m	1970
Shot Put 7.260kg	L. Chinnery	16.18m	1964
Discus 2kg	R. Lunt	51.16m	1973
Javelin 800gm	G. Glynn	74.34m	1970
Hammer 7.260kg	M. Bodirova	59.30m	9.10.77
Decathlon	B. Dickinson	5350pts	1938
50 Mile Track	D. Edwards	6h 29m 41.0s	1971
50 Mile Road	H. Dearnley	5h 38m 37.0s	1.10.78
100 Miles	D. Gray	18h 45m 27.0s	30.5.87
1 Hours Run	C. Whiteman	18.770km	15.9.82
1 Mile Walk	E. Austen	6m 45.0s	1924
3 Mile Walk	E. Austen	22m 13.0s	1924
7 Mile Walk	E. Austen	55m 49.2s	1924
50km Walk	R. Hingston	5h 38m 37.0s	1926
4 x 100m Relay	R. Gurr		
	V. Plant		
	J. Van Stappen		
4 x 200m Relay	S. Longden-Gee	41.5s	11.3.78
	J. Sullivan		
	G. Cox		
4 x 400m Relay	S. Longden-Gee	1m 27.3s	1.12.79
	S. Longden-Gee		
	J. Fortesque		
	M. Van Der Velde		
4 x 800m Relay	J. Van Stappen	3m 15.5s	3.379
	G. Rootham		
	G. Cook		
	M. Dunn		
4 x 1500 Relay	R. Meagher	7m 34.7s	1976
	J. Hancock		
	G. Rootham		
	P. Glucina		
	J. Scott	15m 40.4s	31.1.72

** Denotes new record during 1989/90 season.

UNDER 20 BEST ON RECORD

100 metres	R. Henderson	10.63s	18.3.83
200 metres	R. Henderson	21.18s	14.2.82
400 metres	D. Stephen	47.8s	1970
800 metres	J. Hancock	1m 53.9s	1965
1500 metres	G. Cook	3m 57.06s	15.2.75
3000 metres	L. Whitty	8m 12.7s	1977
5000m metres	L. Whitty	14m 20.5s	18.2.78
10,000 metres	L. Whitty	29m 30.4s	1.3.77
1 Mile	J. Hancock	4m 13.8s	1965
110m H (1.067m)	W. Bird	14.2s	21.12.76
300m H	W. Bird	37.9s	17.1.77
400m H (0.914m)	W. Bird	53.3s	12.3.77
1500m Steeple	G. Cook	4m 21.8s	1975
2000m Steeple	M. Jones	5m 53.31s	22.3.81
High Jump	M. Meredith	1.94m	1963
Long Jump	G. Friend	7.39m	1964
Triple	B. Dickinson	14.78m	1932
Pole Vault	I. Berry	3.50m	1979
Shot Put 5.449kg	I. Denivon	14.16m	1963
Discus 1.5kg	A. Scott	47.22m	10.2.79
Javelin 800gm	G. Glynn	65.10m	1963
Hammer 5.449kg	A. Scott	39.92m	3.3.79
Pentathlon	M. Dorrity	2888pts	31.12.77
Decathlon	M. Dorrity	5024pts	1977
1 Hour Run	W. McCourt	16.814km	15.9.82
1 Mile Walk	W. McAlister	7m 18.0s	1953
4 x 100m Relay	A. Dunshea		
	C. Sams		
	D. Snowden		
4 x 200m Relay	R. Henderson	43.18s	12.12.82
	C. Sams		
	P. McCaffrey		
	D. Snowden		
4 x 400m Relay	R. Henderson	1m 29.70s	29.11.81
	R. Abberton		
	J. Sullivan		
	R. Pollett		
4 x 800m Relay	M. Dorrity	3m 23.6s	12.3.78
	P. Dwyer		
	B. Byrne		
	D. Clarke		
4 x 1500 Relay	J. Hancock	7m 59.4s	1965
	L. Whitty		
	G. Elliott		
	W. McCourt		
	M. Jones	16m 34.3s	2.12.79

UNDER 18 BEST ON RECORD

COMMENCED 1.8.82

100 metres	J. Abdullah	10.97s	11.12.82
200 metres	A. Dunshea	23.32s	24.10.82
400 metres	M. Lubrano	50.00s	12.2.84
800 metres	T. Clarsen	1m 57.49s	8.11.86
1500 metres	M. Vassallo	3m 53.0s	15.2.86
3000 metres	M. Vassallo	8m 30.7s	1.3.86
** 5000 metres	A. Kelly	15m 36.9s	8.10.89
110m H (0.914m)	P. Jones	16.0s	16.10.82
400m H (0.91m)	P. Jones	1m 02.05s	24.10.82
2000m Steeple	R. Deutsch	6m 01.47s	8.12.84
High Jump	P. Jones	1.90m	16.10.82
Long Jump	L. Bray	6.33m	11.12.82
Triple Jump	D. Davidson	13.05m	2.2.86
Pole Vault	P. Jones	2.75m	11.12.82
Shot Put 4.535kg	J. Neale	14.40m	12.9.82
Discus 1.5kg	J. Neale	44.30	12.9.82
Javelin 700gm	H. Pavlidis	48.48m	19.11.83
Hammer 5.449kg	R. Fong 20. 62m	22.10.83	
Decathlon	D. Davidson	5954pts	12.1.86
4 x 400m Relay	R. Deutsch P. Noisier R. Summerill P. Warren	3m 33.00s	2.12.84
4 x 800m Relay	R. Baral-Steinberg P. Deutsch M. Tonge N. Nixon	8m 06.92s	8.12.85
4 x 1500 Relay	R. Baral-Steinberg M. Vassallo N. Nixon M. Zammarrelli	16m 36.39s	7.12.85

** Denotes new record during 1989/90 season.

3000m Walk	J. Tunks	14m 58.0s	2.11.78
High Jump	P. Jones	1.95m	15.11.81
Long Jump	W. Bird	6.64m	1975
Triple Jump	I. Berry	13.95m	13.11.75
Pole Vault	I. Berry	3.35m	21.1.78
Shot Put 4.535kg	J. Neale	16.31m	20.12.80
Shot Put 4kg	J. Neale	15.10m	1.3.81
Shot Put 8lb	P. Philips	18.85m	1959
Discus 1.5kg	J. Neale	52.22m	17.10.81
Javelin 700gm	J. Neale	56.78m	7.11.81
Javelin 800gm	J. Bowen	57.50m	1975
Hammer 5.449kg	R. Stubbs	38.98m	1972
4 x 100m Relay	J. Jansen C. Witheriff S. Hignett C. Davis	44.52s	2.12.84
4 x 200m Relay	J. Jansen C. Witheriff S. Hignett C. Davis	1m 32.29s	16.12.84
4 x 400m Relay	S. Mohr P. McCaffrey D. Snowden R. Henderson	3m 37.4s	1.12.79
4 x 800m Relay	R. Fong H. Pavlidis D. Kimpton J. Neale	9m 32.7s	25.1.81

UNDER 17 BEST ON RECORD

100 metres	C. Slatyer	10.8s	17.12.77
	M. Jansen	10.8s	12.12.84
200 metres	R. Henderson	21.6s	11.10.80
400 metres	M. Lubrano	49.23s	11.12.83
800 metres	P. Warren	1m 54.78s	11.12.83
1500 metres	L. Whitty	3m 56.0s	7.1.77
3000 metres	L. Whitty	8m 25.2s	16.12.77
5000 metres	L. Whitty	14m 36.0s	1976
10,00 metres	L. Whitty	30m 01.0s	1977
90m Hurdles	W. Bird	12.4s	1974
110m H (0.914m)	W. Bird	14.3s	1975
200m H (0.762m)	M. Dorrity	25.7s	21.12.76
300m Hurdles	W. Bird	39.7s	1975
400m H (0.914m)	P. Jones	59.52s	20.2.82
2000m Steeple	P. Warren	6m 31.0s	5.11.83
1500 Walk	J. Tunks	6m 40.0s	26.11.77

UNDER 16 BEST ON RECORD COMMENCED 1.8.82

100 metres	M. Jansen	11.1s	15.10.83
200 metres	M. Jansen	22.69s	12.2.84
400 metres	M. Lubrano	49.7s	15.10.83
800 metres	R. Summerill	1m 58.25s	28.8.82
1500 metres	P. Warren	4m 04.53s	26.2.83
3000 metres	N. Nixon	9m 03.58s	17.2.85
100m H (0.914m)	G. Scott	18.96s	27.2.83
200m H (0.762m)	D. Davison	28.18s	25.2.84
400m H (0.914m)	D. Davison	1m 01.91s	10.11.84
2000m Steeple	T. Clarsen	6m 29.1s	23.11.85
1500 Walk	G. Scott	9m 44.0s	30.10.82
High Jump	H. Pavlidis	1.80m	3.10.82
	D. Davison	1.80m	21.10.84
Long Jump	M. Lubrano	5.87m	26.2.83
Triple Jump	D. Davison	12.12m	21.10.84
Pole Vault	S. Jansen	2.45m	3.12.83
Shot Put 4.535kg	H. Pavlidis	13.25m	3.10.82
Discus 1.5kg	H. Pavlidis	42.22m	3.10.82
Javelin 700gm	D. Davison	47.74m	1.1.84
Hammer 5.449kg	A. Noisier	19.40m	8.12.84

4 x 100m Relay	C. Davis C. Witheriff M. Lubrano M. Jansen	44.89s	4.12.83
4 x 200m Relay	C. Davis C. Witheriff M. Lubrano M. Jansen	1m 33.15s	20.11.83
4 x 400m Relay	V. Parker D. Davison A. Noisier N. Nixon	3m 33.65s	16.12.84
4 x 800m Relay	P. Warren M. Lubrano R. Woods R. Summerill	8m 23.49s	28.11.83
4 x 1500m Relay	P. Warren R. Woods G. Sheumach R. Summerill	17m 39.48s	12.12.82

4 x 800m Relay	R. Fong I. Argall B. Newton J. Neale	9m 10.1s	23.11.80
4 x 1500m Relay	M. Lubrano B. Newton I. Argall M. Candy	19m 26.7s	30.11.80

UNDER 14 BEST ON RECORD COMMENCED 1.8.82

100 metres	A. Noisier	11.8s	8.12.83
200 metres	A. Noisier	23.9s	12.11.83
400 metres	A. Noisier	53.57s	25.2.84
800 metres	N. Nixon	2m 07.84s	27.2.83
1500 metres	N. Nixon	4m 19.88s	26.2.83
High Jump	S. Mungovan	1.65m	6.11.82
Long Jump	A. Noisier	5.52m	1.1.84
Triple Jump	A. Noisier	11.54m	8.11.83
Shot Put 3.632kg	A. Noisier	14.16m	6.1.84
Discus 1kg	A. Noisier	39.44m	17.1.84
Javelin 600gm	A. Noisier	43.00m	27.1.84
4 x 400m Relay	N. Nixon M. Tonge S. Jansen A. Irwin	4m 01.23s	28.11.82
4 x 800m Relay	D. Davison D. Whealy A. Irwin N. Nixon	9m 17.55s	12.12.82
4 x 1500m Relay	D. Whealy A. Irwin T. Dietz N. Nixon	19m 40.94s	28.11.82

UNDER 15 BEST ON RECORD

100 metres	W. Bird	11.3s	1972
	C. Slatyer	11.3s	15.1.77
	M. Jansen	11.3s	16.10.82
200 metres	C. Slatyer	22.9s	16.1.77
400 metres	M. Lubrano	52.10s	24.10.82
800 metres	N. Nixon	1m 58.0s	10.12.83
1500 metres	N. Nixon	4m 07.86s	17.12.83
3000 metres	M. Zammarrelli	9m 14.63s	9.12.84
90yds Hurdles	D. Stephenson	11.7s	1966
90m Hurdles	W. Bird	12.8s	1973
100m H (0.840m)	R. Fong	15.1s	15.2.81
200m (0.726m)	W. Bird	27.0s	1973
1500 Walk	D. Latham	7m 45.0s	30.11.76
High Jump	H. Pavlidis	1.90m	16.9.81
Long Jump	R. Fong	6.12m	21.9.80
Triple Jump	G. Nixon	13.56m	1975
Shot Put 3.632kg	J. Neale	15.96m	12.10.80
Shot Put 4kg	J. Neale	13.70 m	6.10.80
Discus 1kg	J. Neale	51.72m	5.10.80
Javelin 600gm	D. Davison	50.54m	5.10.83
1 Mile Walk	K. Warrington	8m 18.4s	1967
4 x 100m Relay	C. Davis C. Witheriff D. Davison M. Jansen	47.9s	29.1.83
4 x 200m Relay	R. Fong D. Barkas L. Bray J. Neale	1m 38.7s	23.11.80
4 x 400m Relay	R. Fong D. Barkas L. Bray J. Neale	3m 45.9s	30.11.80

UNDER 13 BEST ON RECORD

100 metres	T. Sparkes	12.4s	3.3.79
	A. Noisier	12.4s	13.3.83
200 metres	A. Noisier	25.19s	27.2.83
400 metres	M. Dorrity	1m 02.7s	1973
800 metres	N. Nixon	2m 17.90s	28.2.82
1500 metres	W. Wetherall	4m 43.3s	1976
1 Mile	G. McIlhoney	5m 21.4s	1969
70m H (0.762m)	W. Bird	12.3s	1970
	A. Scott	12.3s	1974
1500m Walk	M. Errington	8m 10.0s	17.12.78
High Jump	S. Green	1.55m	1.12.78
Long Jump	T. Sparkes	5.17m	1978
Triple Jump	A. Scott	10.42m	1974
Shot Put 3kg	J. Taylor	11.46m	16.10.81
Shot Put 2.724kg	J. Taylor	11.54m	4.10.81
Discus 1kg	D. Scott	30.96m	5.3.77

WOMENS SENIOR BEST ON RECORD COMMENCED 1.10.86

**100 metres	C. Williams	13.0s	20.1.90
**200 metres	C. Williams	27.1s	6.1.90
400 metres	B. Mrakovcic	1m 02.31s	26.12.86
800 metres	B. Mrakovcic	2m 10.65s	21.2.88
1500 metres	B. Mrakovcic	4m 21.45s	20.2.88
3000 metres	B. Mrakovcic	9m 33.26s	28.2.87
10,000 metres	B. Mrakovcic	36m 07.0s	7.11.88
Marathon	P. Marshall	2h 52m 03.0s	25.4.88
** 10,000m Walk	C. Stratford	54m 16.80s	7.1.90
1 Mile	B. Mrakovcic	4m 46.70s	10.1.88
** Long Jump	C. Williams	4.68m	15.11.89
** Triple Jump	C. Williams	9.26m	17.11.89
** Shot Put 4kg	C. Williams	6.71m	14.2.90
** Discus	C. Williams	20.94m	17.11.89
** Javelin 600g	C. Batman	20.30m	8.11.89
4 x 1500 Relay	M. Dovey L. Bennett M. Dillon B. Mrakovcic	18m 53.95s	27.11.88

WOMENS UNDER 20 BEST ON RECORD COMMENCED 1.10.86

100 metres	R. Haagsma	13.94s	12.11.88
200 metres	S. Jager	28.51s	8.10.88
400 metres	S. Jager	1m 06.41s	12.11.88
800 metres	S. Jager	2m 41.10s	5.11.88
1500 metres	S. Jager	5m 22.39s	8.10.88
3000 metres	N. McKean	10m 46.06s	28.2.87
10,000 metres	N. McKean	38m 27.00s	12.11.86
** 5000m Walk	C. Stratford	25m 33.00s	17.2.90

WOMENS UNDER 18 BEST ON RECORD COMMENCED 1.10.86

100 metres	B. Tuziak	13.10s	10.12.88
200 metres	B. Tuziak	27.50s	25.2.89
**400 metres	M. Dillon	1m 03.03s	21.10.89
**800 metres	M. Dillon	2m 15.89s	13.1.90
**1500 metres	M. Dillon	4m 33.0s	9.12.89
3000 metres	M. Dillon	10m 03.0s	9.12.89
100m H (0.840m)	B. Tuziak	18.90s	25.2.89
** 3000m Walk	C. Stratford	14m 36.41s	11.2.90
High Jump	D. Gauci	1.47m	15.1.89
Long Jump	D. Gauci	5.06m	25.2.89
Triple Jump	D. Gauci	10.27m	8.10.88
Shot Put 4kg	B. Tuziak	7.70m	25.2.89

Discus 1kg	D. Gauci	19.50m	11.2.89
Javelin 600gm	D. Gauci	19.72m	4.2.89
Heptathlon	B. Tuziak	2753 pts	15.1.89

** Denotes new record during 1989/90 season.

WOMENS UNDER 16 BEST ON RECORD COMMENCED 1.10.86

**100 metres	L. Zammarrelli	13.6s	1.11.89
**200 metres	L. Zammarrelli	27.15s	8.10.89
400 metres	M. Dillon	1m 00.01s	21.1.89
800 metres	M. Dillon	2m 15.50s	4.2.89
1500 metres	M. Dillon	4m 32.97s	12.12.88
3000 metres	M. Dillon	10m 01.01s	18.2.89
1500 Walk	C. Stratford	6m 45.58s	18.2.89
** Long Jump	L. Zammarrelli	4.88m	31.1.90
** Triple Jump	L. Zammarrelli	10.12m	31.1.90
** Shot 2.724kg	L. Zammarrelli	7.36m	10.1.90
** 4 x 800m Relay	L. Horrocks M. Buckley U. Rodway L. Zammarrelli	9m 44.64s	26.11.89
**4 x 1500m Relay	M. Buckley U. Rodway L. Horrocks L. Zammarrelli	20m 30.66s	25.11.89

WOMENS UNDER 14 BEST ON RECORD COMMENCED 1.10.86

100 metres	L. Zammarrelli	13.6s	19.10.88
200 metres	L. Zammarrelli	29.6s	12.10.88
400 metres	K. Holgate	1m 05.96s	17.12.88
800 metres	L. Zammarrelli	2m 18.86s	7.10.88
1500 metres	L. Zammarrelli	4m 43.09s	7.12.88
3000 metres	L. Zammarrelli	11m 16.0s	2.11.88
1500 Walk	C. Stratford	7m 14.62s	14.3.87
High Jump	L. Hopkins	1.25m	25.1.89
Long Jump	L. Zammarrelli	4.34m	18.1.89
Triple Jump	L. Zammarrelli	9.42m	25.1.89
**Shot 2.724kg	A. Rodway	5.38m	6.12.89
** Discus 1kg	L. Hopkins	15.48m	18.10.89
** Javelin 600g	U. Rodway	10.00m	28.2.90
4 x 1500 Relay	U. Rodway S. Stratford A. Rodway R. Teece	24m 21.61s	27.11.88

**WOMENS UNDER 13 BEST ON
RECORD
COMMENCED 1.10.86**

**100 metres	D. Ferraro	13.3s	3.3.90
**200 metres	D. Ferraro	27.03s	4.3.90
**400 metres	D. Ferraro	1m 01.06s	3.3.90
800 metres	K. Holgate	2m 23.89s	28.2.88
1500 metres	L. Zammarrelli	4m 57.21s	27.2.88
1500 Walk	S. Stratford	7m 07.05s	4.3.89
**High Jump	U. Rodway	1.35m	13.12.89
**Long Jump	U. Rodway	4.76m	21.2.90
**Triple Jump	U. Rodway	9.33m	28.2.90
**Shot 2.724kg	D. Ferraro	7.38m	20.12.89
**Discus 1kg	D. Ferraro	17.46m	24.1.90
4 x 1500 Relay	L. Hopkins		
	S. Stratford		
	J. Roberts		
	U. Rodway	22m 08.45s	26.11.88

** Denotes new record during 1989/90 season.

Wedding Invitations

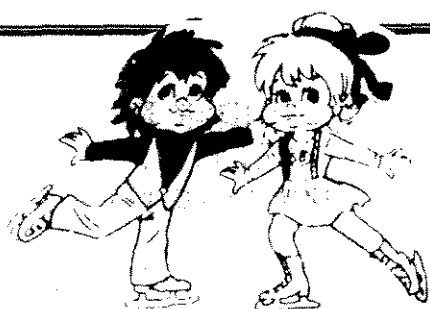
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Statement of Receipts and Payments for the year ended 31 March 1990

Receipts		General Fund		Payments	
Annual Subscriptions, etc	2,806.00	Printing, postage, etc			225.27
Donations	878.00	Registrations, etc. to AAA			2,460.72
Promotions-				Promotions-	
Cross Country - Race Fees	1,075.63			Cross Country - Fun Run Certificates	40.39
Other	35.00			Fun Run Prizes	44.10
Tract and Field - School Entries	422.00			Prizes	422.02
Cleaning Refund	200.00			Rental of Hall	697.00
Olds Park Entries	<u>193.60</u>			Hire of Oval	120.00
	1,926.23			Cleaning Deposit	200.00
Sale of Uniforms	327.00			Programs	<u>154.71</u>
General -					1,678.22
Sale of Handbooks	36.00			General -	
Interest - Bank	65.97			Purchase of Equipment	308.40
Bonds	341.15			Trophies	422.71
Building Society	9.25			Purchase of Materials	72.84
GIO	<u>1,020.00</u>			Contribution to Little Athletics	500.00
	1,472.37			other	<u>80.00</u>
					<u>1,383.95</u>
				Total Payments	5,748.16
				Surplus	<u>1,661.44</u>
	<u>\$7,409.60</u>				\$7,409.60

Receipts		Teams Funds	
		Payments	
Taren Point Fun Run	1,000.00	Assistance to Individuals	2,275.00
Sate of Refreshments	135.47	Relay Entries	170.00
Bus Fares	155.00	Bus Hire - State Relays	440.00
Sportstar awards	<u>360.00</u>		
Total Receipts	1,650.47		
Loss	1,234.53		
	<u>\$2,885.00</u>		<u>\$2,885.00</u>

Consolidated Fund			
Cash at Bank 1/4/89	505.98	Loss - Teams Fund	1,234.53
Surplus - General Fund	1,661.44	Investments in GIO 15% Fixed Deposit	5,000.00
Redemption of Australian Bonds	2,800.00	Variable Interest at call	5,000.00
Maturing GIO Investment	6,000.00	Increase in Building Society Capital	9.25
Building Society Withdrawal	240.00		
Cash at Bank 31/3/90	<u>36.36</u>		
	<u>\$11,243.78</u>		<u>\$11,243.78</u>

Balance Sheet as at 31 march 1990

Liabilities		Assets	
General Fund	12,723.29	Fixed Assets	
Teams Fund	256.34	Equipment	2,070.00
Club Funds	12,979.63	Less Depreciation	207.00
Current Liabilities			1,863.00
Bank Overdraft	36.36	Current Assets	
		Stock on hand	1,132.00
		Investments	
		Building Society	20.99
		GIO Deposit	10,000.00
			10,020.00
	<u>\$13,015.99</u>		<u>\$13,015.00</u>

AUDITOR'S STATEMENT

I have examined the Books and Records of the St. George District Amateur Athletic Club for the year ended 31 March 1990 and report that the above Balance Sheet sets out a true and view of the state of the Club's affairs at that date.

David Carisle
Honorary Treasurer

Social Committee Funds

Statement of Receipts and Payments for the year ended 31 March 1990

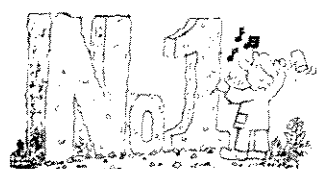
Receipts		Payments	
Funds at 1/4/89		Funds at 31/3/90	
Cash at Bank	47.50	Cash at Bank	42.46
Building Society Account	2,291.92	Bank - Fixed Term Investment	5,239.67
Building Society Fixed Term Investment	1,461.03	Building Society Fixed Term Investment	838.10
	5,800.45		
Fund Raising Proceeds (net)	1,756.86		
Interest - Banks & Building Society	562.92		
	<u>\$6,120.23</u>		<u>\$6,120.23</u>

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ON PRESENTATION OF THIS AD**

Comments on Annual Financial Statements

by Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows -

As at 31 March	Club Funds	Movement
1986	\$6,407.09	
1987	\$8,567.15	\$1,160.06
1988	\$10,366.09	\$1,798.94
1989	\$12,778.72	\$2,412.63
1990	\$12,979.63	\$200.91

The Club remains in a strong financial position. During the year, the Club increased its investments in G.I.O. from \$6,000 to \$10,000, and reduced investments elsewhere.

Although the Social Committee did not make any direct financial contribution from its funds to the Club's funds, it did assist by purchasing end-of-season cross country prizes from its revenue-raising activities and till managed to make over \$1,700 by selling refreshments. I would particularly like to thank Pat Donnelly for her contribution in the regard.

When Social Committee investments are added to the Club investments, we now have over \$16,000 earning interest for the Club. This has assisted in keeping costs to members as low as possible.

Phil Tonge is another Club members who apart from his handicapping duties, has substantially assisted has collected over \$2,800 in annual subscriptions and has also looked after Club uniforms valued at nearly \$1,500 during the year. his ded-

ication to the task is greatly appreciated.

Once again David Carlisle has agreed to admit the Club's books in an honorary capacity. His suggestions in ensuring that the Club's assets are properly accounted for, and his dedication to his auditing function are of substantial value to the club.

During the year the Club contributed \$2,275 towards expenses of Club athletes travelling interstate and overseas. In many cases the cost of travel was considerably greater than the contribution the Club was able to make. Most athletes appreciate the Club's efforts by showing their support for the Club, although it was particularly disappointing that Mandy Dovey transferred to another Club shortly after having received substantial assistance from St. George.

Team fund payments to individual athletes during the year are shown below. These athletes, and others, received a Total of \$360 for sportstar awards and this money was passed on to the Club to help defray the costs of travel.

Tony Auciello	70
Michelle Dillon	420
Mandy Dovey	600
Bruce Hansard	275
Linda Horrocks	220
Sophia Jager	70
Andrew Kelly	150
Laurie Whitty	275
Louis Young	125
Lisa Zammarrelli	70
	<u>\$2,275</u>

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PHOTO'S



The Buckleys have arrived at Scarborough Park 1989
Melanie - Jason - Catherine and Michelle



Ursula Rodway and Danielle Ferraro two of the
States best young distance runners.



Lisa Zammarrelli State Champion leading club
race at Scarborough Park



Two stalwarts at Scarborough Park Heinz
Kunkel and Greg Page.



Andrew Kelly, leading one of States
best young athletes 1989



Most promising young athlete with St.
George District AA Club Tony Auciello
13yrs a product of St. George Little
Athletics Centre
Past Australian & State Little
Athletics
Champion over 1500 metres & 800



Adam Horrocks St George distance
runner 1921 Grandfather of Linda Hor-
rocks 1990 One of our must promising
young ladies St. George, running dis-
tance events

Australian & State Overseas Representatives

10,000m Walk	E E Austen	Paris Olympic Games	1924
10,000m CC	C Weeks	Wellington-Aust CCC	1925
10,000m CC	A A Gainsford	Wellington-Aust CCC	1925
Hop, Step & Jump	B C Dickinson	Berlin Olympic Games	1936
440yds Hurd	G Gedge (53.9s)	Auckland Empire Games	1950
Marathon	C Smeal (2hr52m23s)	Helsinki Olympic Games	1952
1 Mile & 3 Mile	A Thomas	Cardiff Empire Games	1958
1500 metres	A Thomas (3m46.8s)	Rome Olympic Games	1960
5000 metres	A Thomas (14m6.2s)	Rome Olympic Games	1960
1500 & 5000m	A Thomas	Tokyo Olympic Games	1964
800 metres	G Rootham (1m48.2s)	Munich Olympic Games	1972
800 metres	G Rootham (1m47.2s)	C'church C'wealth Games	1974
400 metres	S Gee (47.0s)	NZ Games Christchurch	1975
110m Hurdles	V Plant	NZ Games Christchurch	1975
Cross Country	L Whitty	NZ-Aust Match	1978
5000 metres	J Andrews (14m08s)	Pacific Conference Games Christchurch, NZ	1981
10,000 metres	J Andrews (28m41s)	Pacific Conference Games Christchurch, NZ	1981
12,000m CC	J Andrews	World CCC Madrid	1981
12,000m CC	J Andrews	World CCC Gateshead	1983

Club and School Overseas Representatives

Long Jump	W Gilliver (6.88m)	NZ Games C'church Schools team	1925
800 metres	G Cook (1m56.0s)	NZ Games C'church Schools team	1975
110m Hurdles	W Bird (15.0s)	NZ Games C'church Schools team	1975
110m Hurdles & 100 metres	W Bird	Christchurch, NZ	1977
Marathon	R Squirrel (2h23.39)	NZ Hamilton Marathon	1975
Marathon	D Edwards (2h34.51)	NZ Hamilton Marathon	1975
Marathon	J Scott (2hr25.04)	Boston Marathon	1977
3000 metres & 1500 metres	L Whitty	Christchurch Team (NZ)	1977
Shot Put & Discus	D Snell	Christchurch Team (NZ)	1977
100m & 200m	R Henderson	USA (NSW Schools)	1981
3000m & 5000m	J Andrews	UK and Europe	1982
100m, 200m & 400m	R Henderson	UK and Europe	1982

Outstanding Performances Made Outside Australia

* Former World Record

800 yards	J Bailey (Los Angeles)	1m48.8s	1956
1 Mile	J Bailey (Los Angeles)	3m58.1s	1956
1 Mile	A Thomas (Dublin)	3m58.6s	1958
2 Miles *	A Thomas (Dublin)	8m32.0s	1958
3 Miles *	A Thomas (Dublin)	13m10.8s	1958
1500 metres	A Thomas (Sweden)	3m42s	1958
3000 metres	A Thomas (Helsinki)	9m05.2s	1958
880 yds	J Duxbury (USA 10.6.66)	1m50.2s	1966
5000 metres	L Whitty (NZ jnr)	14m19.5s	1977
Marathon	L Whitty (Fukuoka, Japan)	2hr15m23s	1980
3000 metres	J Andrews (Hamilton, NZ)	8m00.8s	1981
5000 metres	J Andrews (Auckland, NZ)	13m52s	1981
3000 metres	J Andrews (Poland)	7m58.7s	1982
Marathon	J Andrews (Chicago, USA)	2hr14m44.00s	1988

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Social Committee Report

There were no social functions during the 1989-90 season, yet the Saturday afternoons at Scarborough Park were in themselves like social gatherings. A friendly atmosphere is very evident in our Club and new members are most welcome.

The ladies of our committee are most helpful and this makes things go smoothly.

The weekly raffle is very popular and together with sales of sweets and drinks helps to increase our Club finan-

cials. We keep in mind that most of income is raised at Scarborough Park and Championships days. It is noticed that most of our income comes during the winter season and we look forward to Track Season members organising a social function during the summer season. A special thank you to our Vice President Pat Donnelly for the magnificent job she does during the year. The ordering of food for all functions, the organising that goes on behind the scenes, is a credit to her ability.

We know she has Bank knowledge, and Officials agree she knows where every cent out is.

We also thank all Pat's helpers who are always on the job when needed. We also keep in mind Greg Page for his great help with equipment on the "big days".

Very sincere congratulations to the ladies for raising \$2400 towards Club funds

A. G.

NSW Amateur Athletic Association

The St George Club again hosted the 1989 NSW Cross Country Championships at Scarborough Park. This Championships was established in 1908.

St George members were active Association matters, holding offices as follows:

Alleyn Gainsford (O.A.M)

1. Life member of the Association
2. Announcer of the Association

George Carruthers (M.B.e.)

1. Consultant "City to Surf" fun run
2. Life member of the Association

Fred Eggleton

1. Field games judge, Interclub, NSW Championships
2. Merit Award holder of the Association

Arthur Peek

1. Board member Interclub

Alan Staples

1. Member Harrier Committee (Winter)

Albert Thomas

1. Official "City to Surf"
2. Merit Award holder of the Association

Ron Gribble

1. Merit Award holder of the Association

Dennis Jolliffe

1. Merit Award holder of the Association

Roy Patmore

1. Merit Award holder of the Association



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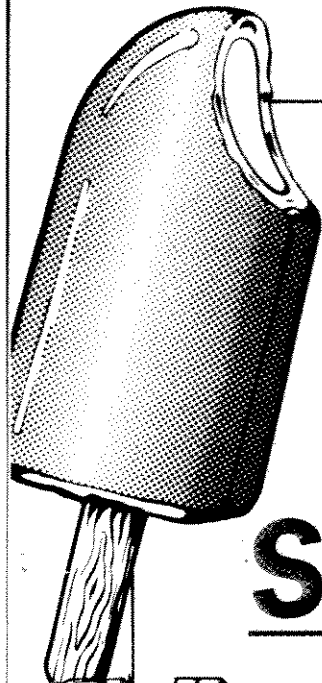
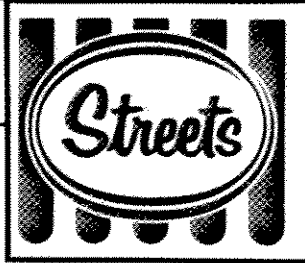


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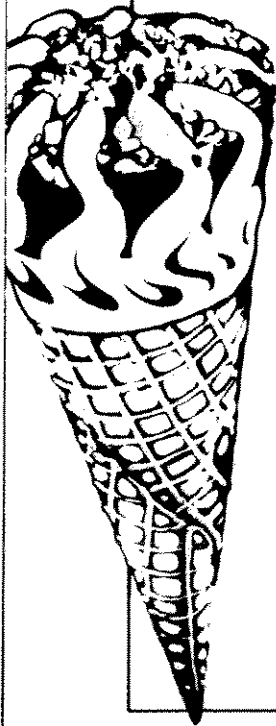
Splice

Sport support.



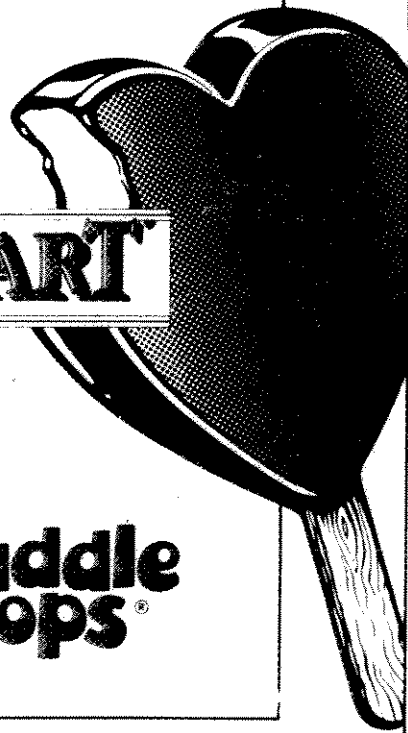
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