



(FOUNDED 1921)

St. George District Amateur Athletic Club

Track: Olds Park

Headquarters

Distance: Scarborough Park



Leon Leary changes over to Jason Buckley at the third leg of the State Under 16 years Road Relay Championships, Tarren Point 1991. St. George won the title.

**SEVENTY FIRST ANNUAL REPORT
AND STATEMENT OF ACCOUNTS
FOR THE YEAR ENDING 31st MARCH, 1992**

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President	R.Grimes
Secretary President	A.J. Donnelly C.M.H.
Senior Vice Presidents	G.Donnelly M.H.; S.Donnelly A.Thomas
Wes Presidents	P.Brown; S.Lubis; R.Kirwan; T.A.Wilkes; M.Serrato; G.Lington; M.Juric; D.Melham; G.Perry; G.Thompson; H.Julius; C.Wilkes; B.Perry; G.Phillips; D.Lucko; A.Simone; A.Kagai; R.Scott; F.Kingston; A.Henderson; H.Williams; L.Herman; P.Donnelly; A.Perry; P.Phillips; D.Melham
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Treasurer	H.Julius
Track Secretary	A.Perry
Steward Secretary	C.Burman
Blitzie Secretary	P.Phillips
Honorary Auditor	D.Carlile
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Delegates to Management Council	R.Gibbons; R.Molloy; J.Lewis; C.Burman; A.

Delegates to Interclubs

A.Perry/P.Lucko/G.Dalgleish/C.G.Bradstock
A.Staples; W.Sawy; P.Phillips (4)

Track Captains

R.Scott
O.Williams

Track Vice Captains

O.Williams
G.McLean

Mens Distance Vice Captain

T.Austin
L.Zemkevill

Women's Distance Vice Captain

M.Burley
G.Campbell MBE

Publicity Officers

A.J. Donnelly C.M.H.; P.Phillips; P.Tuzun
S.Donnelly; M.McCormick; T.Milne; A.Julius; J.Wilson; M.Harding

Social Committee

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A.J. Donnelly; A.Thomas; A.Tuzun

Selectors

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S.Donnelly; D.Julius; P.Tuzun

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T.Hayward; T.Haynes; J.Hope; M.Burley; R.Fordney; R.Molloy; P.Tuzun

Costume Competition

T.Richards
B.Scott

Barista

S.Donnelly; A.Perry; P.Tuzun; P.Wilkes; P.Jones

Coaches
A.Perry/P.Lucko/A.Thomas; R.Dinner; R.Molloy; L.Wilkes

First Aid
Drs. A.Jones & M.Jones; A.Argyriou; V.Hopkins

LIFE MEMBERS

A.A. Gossard (M)	1925
M.J. Lester (deceased)	1935
E.G. Sutton	1937
W.Hare (deceased)	1944
A.Gull (deceased)	1965
J.Perry	1971
D.Quike	1971
D.Wilkes	1971
R.Gibbs	1975
G.Campbell MBE	1983
A.Thomas	1983
S.Denney	1981
F.Egginton	1981
R.MAP	1981
A.Perry	1981
A.Staples	1981

MERIT AWARDS

F.Egginton	1975
M.Burke (deceased)	1975
G.Perry	1975
A.Thomas	1975
R.Thornton	1975
L.Williams (deceased)	1975
D.Edwards	1981
A.Henderson	1981
P.Phillips	1991
T.Richards	1991
B.Scott	1991

CLUB MEMBERSHIP

	1987-88	1988-89	1989-90	1990-91	1991-92
Official	10	50	28	47	14
Senior	33	40	37	30	33
Associate	25	1	1	3	0
Under 20	7	8	2	3	2
Under 19	2	8	9	7	2
Under 17					5
Under 16	18	16	25	18	9
Under 15					4
Under 14					6
Under 13					8
Under 12					17
Total	137	141	126	131	157

There are three distinct categories into which club members can be placed. These are -

- (A) Seniors, Associates and Officials;
- (B) Athletes 16 years and over but under 20; and
- (C) Athletes less than 16 years.

The Club has experienced strong growth in all three categories with particular emphasis in the senior and officials category. The resurgence in membership is particularly encouraging and is due in part to the efforts of the Club's executive and a change in policy towards registrations by Athletics NSW. It is to be hoped that the increase in fees as a result of the inclusion of an Athletics NSW new status will not retard this growth.

During 1991-92, the Club received 31 new members and had 139 members. Since the total number of members in 1990-91 was 151, this is particularly gratifying and indicates that the numbers are happy with the way the Club is being run. 62 members, including 44 athletes under 16, were members for the full year; 57 registered for the winter session; and 8 registered as summer athletes.

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MEETING AREAS

Venue	Square Metres	Theatre
Suite I	97.5	100
Suite II	60.0	40
Mareena Auditorium	585.0	1000
Civic Theatre		250



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PRESIDENT'S REPORT

Presented to members at the First Annual General Meeting held at Syd Frost Memorial Hall, Hawthorne Street, Randwick on Friday 20 June 1982 at 7.45pm.
Ladies and Gentlemen

At the outset may I sincerely thank Alwyn Gainsford OMW our past President and now Executive President for his wonderful contribution he has made to athletics in NSW and in particular to our great club.

The club extends sympathy to Alwyn on the recent and bereavement of his wife, Shirley.

The 7th Annual Report and Financial Statement is presented with pride and satisfaction. I speak of pride of membership and satisfaction with progress made by our athletes and club administration.

As your President I have enjoyed closer ties with our athletes and officials. To be able to communicate with athletes in the competitive arena and work with a programme Club Executive puts us in the best seat. When I say communicate with athletes I mean before and after events, for most other times all I say is their tackiness (if I'm lucky). During the past year our club has improved its standing in many facets of our sport. Membership has increased by 20%, more athletes compete, our athletes all showed improved performances and our financial position, although down on the past few years, is healthy.

I thank the Club Executive for their attendance of meetings and their input thereinto.

Parents show our club has made inroads in the competitive area, particularly with our younger athletes. It is always privileged to have many fine young people who possess extraordinary talents in the athletic field.

The brilliance of Tony Auciello cannot be stated. This young middle distance runner had a remarkable year being undefeated during the winter season in his age group (under 15) and then showing the track season he was on his winning way to set new records for the 800m, 1500m and 3000m events. For his wonderful achievements he was awarded the Queen Elizabeth Trophy and won the Will Creek "Blue" Shield as the most outstanding athlete and High Schools sprinter respectively. Tony is a fine young man and a credit to the St. George Club.

Our club's awards for the most outstanding senior athlete went to John Andrews for his great 2nd in the Australian Marathon Championship in a time of 2hr 16m 26s and his 4th placing in the Australian 10km Road Championship held at Eastern Creek. After competing in the City to St. John's suffered recurring back and hamstring problems and did not compete until recently when he showed he is back on the Olympic selection trail again. We wish John well on his European tour as a test candidate at Olympic selection.

I cannot move on without mentioning Clinton Polkham (12) another fine young man and a pre-eminent top sprinter. He also was undefeated in his age group and in the 100m, 200m, and 400m events and set new Club records for those distances. Although the Postie Schools Games recently held in Duranbah covered within the 1982-83 season I cannot let the opportunity pass without mentioning Clinton collecting 3 gold and 1 silver medals at these prestigious Schools Games held in very poor weather conditions.

The many achievements by other very promising athletes have been highlighted in my Track Sessions Report. Realistically will see more personal best performances and club records set by our very talented athletes during the coming winter and summer athlete seasons.

Our club's coaching and competition rights held at Olds Park are steadily gaining momentum and I thank Arthur Park, Peter Tursak and Chris Stratford and other club members for supporting the concept.

Our clubs association with the St. George Little Athletics Centre

has never been closer. Both clubs share athletic facilities at Olds Park where Arthur and Peter look after the coaching and development duties. Many other members of our club are connected with LA's as well. There are more athletes from LA's joining our stats and we are hopeful of even closer ties in the future. LA's is seen as a very important section of our sport.

The winter season at Scarborough Park again lived up to expectations. This series is popular for cross country running and is favoured by distance runners from all parts of the State. Both Athletics NSW and Schools Championships are held in this park and our club is always pleased to host these championships.

Much of the club's finances are raised during the winter season and I must thank Pat Donnelly, Social Committee spokesperson and Vice President for the work she, and others do, which contribute to the Club's finances. Club days at Scarborough are a highlight of the club's athletic agenda, especially the social aspect.

At the instigation of this club we have arranged talks with St. Georges LA's, St. George Women's and Amville-Scotts regarding the possible amalgamation of Athletic Clubs in the St. George district. Without going into much detail we are of the opinion that one single club with 2 or 3 sections, one of which would be LA's with a board of Directors/Management would be in the best interests of all athletes. My talk with opinions to the future of this venture.

We have also prepared a letter to State and Federal members of Parliament and local councils requesting the development of a multi-synthetic athletic field in the district. Other Athletic Clubs in the district support this concept and agreed to sign the letter. There are over 1,000 registered athletes of all ages who would benefit from the development of these facilities which would also be available to other sporting codes, schools and the general community.

Another initiative the Club Executive has introduced is to increase incentives to athletes in various ways to reward achievements of individuals and teams. We hope to be able to add to the incentive list but this is dependent upon the financial position and the availability of sponsors.

We had our most successful amateur season in years winning 5 championships - Women's Premier Grade, 2nd Grade (joint) and 10th grade and Mass Open 12th Grade, Open 2nd & 4th Grades. As a committed Sutherland/St. George District team we finished no further back than 3rd in any of the 12 grades at Interclub. We were easily the most successful combined club team in interstate and I must thank Sutherland Club and in particular Steve Sherrington (past member St. George) for agreeing to the combination and for the encouragement extended the St. George athletes.

The main social occasion was our 70th year celebration dinner held in the Hawane Catholic Club in September 1981 when 116 members and guests attended a highly successful and enjoyable evening. Another evening is planned for this year.

I would like to thank all club officials, parents, supporters, volunteers and athletes for all the assistance given me and the Club during the past year and invite other members to become involved in the administration of our Club.

I have enjoyed my first year as President and a special thanks to Dennis Jolliffe and Bob Molloy my 2 lieutenants, Alwyn Gainsford my father and other executive members for their support.

We should all look forward to the coming athlete year with confidence and enthusiasm.

RON GRIBBLE
PRESIDENT

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Annual Awards for 1991-1992 Athletics Season

A.A.Gainsford Trophy (Outstanding Senior Athlete)
John Andrews

Robert Nash Trophy (Most improved senior athlete)
Chris Stratford (Senior) **Gary McLean** (Winter)

The L.L.Bosman Award (Performance/Sportmanship)
(Outstanding under 20 years) **Andrew Kelly**

A.Henderson Trophy (Outstanding under 16 years)
Lisa Zammarra

R.A.Jolliffe Trophy (Most improved under 18 years)
Michelle Buckley

St. George DAAC Trophy (Best under 18 years OC)
Lisa Zammarra

A.Gault Memorial Trophy (Outstanding under 16 yrs)
Tony Acciello

G.Page Trophy (Outstanding U/18 cross country)
Tony Acciello

H.Gibbons Trophy (Most improved U/16 years OC)
Jason Buckley

F.Wilson Trophy (Outstanding under 14 years)
Danielle Ferraro (F) **Clinton Perfume** (M)

L.L.Bosman Trophy (Outstanding leader)
Not Awarded

J.J.Malch Trophy (Outstanding Marathon runner)
John Andrews

St.George Trophy (Outstanding field athlete)
Karen Heff

Ben Gribble Trophy
(Open grades track & field aggregate point score winner)
Cathy McMenemy (F) **Daniel Stevens** (M)

Albert Thomas Award (Track & field encouragement award for athletes under 18 years)
Barrie Rodney (F) **Kieran Gallagher** (M)

A.Winter Perpetual Trophy
(Outstanding triple jump performance)
Stephen Gallagher

Peter Tuzlak Award (Encouragement award for athletes under 18 years)
Elizabeth Stratford (F) **Deeley Banwarie** (M)

1991 DISTANCE REPORT

By Christine D'Amato

As I prepared this report I reviewed 1991 results and tried many times to put into words the results of St. George's outstanding performances. As I turned each page, each State Championship revealed more personal best results. Factually our relays and team events speak for themselves and members should be recompensed as they competitively competed in teams selected and designed to win medals for St. George. Some members ran one or two age groups higher than their age to enable success for a team.

Females

1st NSW Open 8km Novice CC Championship Team
L.Zammarra,L.Hopkins,L.Homack,M.Buckley

1st NSW U/16 4km CC Relay
L.Zammarra,L.Hopkins,L.Homack,M.Buckley

1st NSW U/16 4km CC Relay
M.Hoyle,S.Stratford,J.Nelson,C.Buckley

2nd NSW U/12 2km CC Relay
D.Hakala,R.Teece,C.Grantford,M.Buckley

2nd NSW Veterans 4km CC Relay
E.Watch,S.Nelson,V.Hopkins,G.Raines

3rd NSW U/20 8km Road Championship Team
L.Zammarra,L.Hopkins,L.Homack,S.Stratford

3rd NSW U/12 8km CC Championship Team
E.Stratford,T.Jago,M.Buckley,R.Teece

3rd NSW U/14 4km CC Championship
C.Buckley,U.Rodney,H.Reben,E.Hope

3rd NSW U/16 4km CC Championship
L.Zammarra,L.Hopkins,S.Stratford,C.Buckley

3rd NSW U/18 8km CC Championship
M.Buckley,L.Homack,B.Watson,P.Miles

3rd NSW U/18 8km Road Relay
U.Rodney,C.Buckley,J.Nelson,D.Ferraro

3rd NSW U/16 8km Road Relay
E.Watson,S.Stratford,N.Hoyle,L.Hopkins

3rd NSW U/14 4km Road Relay
L.Zammarra,B.Watson,L.Homack,M.Buckley

2nd NSW Veterans 8km Road Relay
V.Hopkins,J.Edwards,J.Jones,S.Watson

Males

3rd NSW U/20 8km CC Relay
C.Lovsey,G.Argot,J.Kennedy,A.Kelly

2nd NSW U/16 8km CC Relay
T.Angell,D.Servino,J.O'Gallagher,J.Buckley

2nd NSW U/12 2km CC Relay
D.Bolmar,C.Benjamin,E.Scott,A.Murphy

2nd NSW Veterans 8km CC Relay
R.Squires,A.Argot,C.Stratford,J.Miles

4th NSW Open 4km CC Relay
R.Potter,G.McLoon,M.Jones,J.Whitby

1st NSW U/19 10km Road Championship Team
A.Kelly,D.Jones,D.Simone,J.Kennedy

4th NSW Open 12km CC Championship Team
G.McLean,B.Hanmer,P.Webb,F.Scarcelli,S.Cawsey,Jones

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PARADE FOOTWEAR

4th NSW U12 3km CC Championship	Team
E.Scott,D.Balmer,R.Petit,B.Smith	
4th NSW U16 4km CC Championship	Team
A.Teece,D.Balmer,A.Murphy,M.Moody	
1st NSW U18 4km CC Championship	Team
T.Auciello,L.Buckley,L.Lourey,T.Wilson	
2nd NSW U20 4km CC Championship	Team
A.Kelly,D.Jones,I.Kennedy,G.Argall	
3rd NSW Open 10km Road Relay	Team
G.McLean,R.Petrie,P.Webb,L.Whitby	
3rd NSW Veterans 10km Road Relay	Team
R.Squires,J.Scocozza,N.Markham,R.Gibbons	
3rd NSW U22 8km Road Relay	Team
I.Kennedy,A.Kelly,D.Jones,D.Lourey	
1st NSW U16 3km Road Relay	Team
J.Buckley,T.Auciello,L.Lourey,D.Simone	
4th NSW U13 1.5km Road Relay	Team
R.Paul,E.Scott,B.Scott,M.Rodway	

Individual Highlights include

Tony Auciello	1st U16 4km Novice day
	1st U18 4km State CC
Liza Ziemannelli	2nd U18 4km State CC
	4th Open 4km Novice CC
	3rd U20 8km State Road
Linda Norrocks	3rd Open 4km Novice CC
Bar Peters	4th Open 10km State Road
	35th Open 15km Aust Road
Gary McLean	10th Open 10km State Road
	19th Open 15km Aust Road
	3rd NSW Team 15km Aust Road
John Andrews	2nd Australian in Aust Marathon Chpt
	25-16-20s
	4th Aust 10km Road
	3rd NSW Team 15km Aust Road

1991 Winter Point Score

Senior	1 T.Richards	721 Points
	2 J.Irvin	720
	3 E.Geddes	700
Faster Times Champions		
Male	G.McLean	
Female	C.Baines	
Intermediate	1 B.Watson	687 Points
	2 E.Watson	681
	3 K.Jenkins	524
Faster Times Champions		
Male	I.Kennedy	
Female	L.Ziemannelli	
Under 18	1 K.Hopkins	268 Points
	2 L.Hopkins	417
	3 T.Auciello	528
Faster Times Champions		
Male	T.Auciello	
Female	L.Hopkins	
Under 14	1 C.Buckley	382 Points
	2 U.Rodway	370
	3 M.Moody	390

	Faster Times Champion	
	Male	G.Scott
	Female	E.Stratford
Under 12	1 D.Balmer	800 Points
	2 E.Stratford	742
	3 R.Teece	731
	Faster Times Champion	
	Male	D.Rutter
	Female	E.Stratford

ST. GEORGE TROPHY DAYS

Jim Allen Trophy:	Senior 15km Hoop	27.6.91
1 G.Baines	2 M.Gordon	31.5.91
Female G.McLean(M) 33.06 G.Baines(F) 44.46		
Bill Belton Trophy:	Senior 11km Hoop	5.5.91
1 S.Williams	2 P.Philips	3 N.Markham
Female G.McLean(M) 28.02 G.Baines(F) 33.18		
Jack Copcock Trophy:	U18 3km Hoop	25.5.91
1 K.Gallagher	2 D.Simone	3 G.Buckley
Female T.Auciello(M) 10.22 C.Buckley(F) 12.24		
Greg Page Trophy:	Senior 15km Hoop	27.7.91
1 R.Gibbons	2 E.Gordon	3 G.Stratford
Female P.Scocozza 48.28		
Black Vaughan Trophy:	Senior 15km Hoop	7.9.91
1 R.Gibbons	2 M.Donnelly	3 A.Argall
Female R.Oddleigh(M) 49.32 C.Balmer(F) 58.29		
George Gerruthera Cup:	Open 2km Hoop	21.9.91
1 D.Pryor J.McCarthy	2 I.Kennedy	
Female T.Auciello(M) 8.02 L.Ziemannelli 7.13		

ST. GEORGE CLUB CHAMPIONS 1991

	Men			
	Senior	1st	2nd	3rd
Movie 10km	H.Elliott	P.Wells	F.Scocozza	
	26.14	26.25	35.20	
10km Road	R.Peters	G.McLean	B.Hansard	R.Squires
	30.56	31.04	34.97	
12km CC	G.McLean	R.Hansard	P.Webb	T.Wilson
	41.54	42.37	44.23	
8km CC NSW	G.McLean	P.Webb	M.Todd	
	25.37	27.11	27.28	
8km CC Club	R.Peters	G.McLean	M.Jones	
	25.25	25.31	26.25	
Under 18				
15km Road	A.Kelly	D.Jones	D.Simone	
	54.50	58.03	58.05	
8km CC NSW	A.Kelly	D.Jones	I.Kennedy	
	28.21	28.59	32.12	
Under 18				
8km CC NSW	D.Lourey			
	20.96			
8km CC Club	D.Lourey	I.Kennedy		
	17.25	18.21		
Under 18				
4km CC NSW	T.Auciello	J.Buckley	L.Lourey	
	13.25	14.43	14.53	
8km CC Club	T.Auciello	D.Simone	L.Lourey	
	6.42	9.32	10.41	

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Championship Results 1991

NSW Novice Cross Country 25,681 Runners

Under 14				
4km CC NSW	A. Tooke	D. Batman	A. Murphy	
	18.13	18.34	19.21	
Skin CC Club	A. Murphy			
	12.52			
Under 12				
2km CC NSW	D. Batman	E. Scott	B. Paul	
	7.54	7.99	8.26	
Skin CC Club	R. Paul	E. Scott	B. Scott	
	8.09	8.35	8.28	
Women				
Senior				
Novice 4km CC	L. Harrocks	I. Zannenroth	L. Hopkins	
	15.04	15.07	15.37	
Eve Read	V. Hopkins			
	35.06			
4km CC NSW	I. Zannenroth	M. Buckley	S. Stratford	
	30.26	32.04	30.80	
4km CC NSW	V. Hopkins	I. Edwards		
	38.30	30.18		
Skin CC Club	G. Batman	C. Wilkins	E. Walsh	
	20.46	22.35	23.55	
Under 20				
Skin Road	I. Zannenroth	L. Harrocks	S. Stratford	
	30.28	22.04	33.60	
Skin CC Club	H. Hooley			
	25.29			
Under 18				
4km CC NSW	M. Buckley	L. Harrocks	B. Walsh	
	16.27	16.55	17.41	
Skin CC Club	I. Zannenroth	L. Harrocks	S. Stratford	
	10.24	20.06	20.32	
Under 16				
4km CC NSW	I. Zannenroth	L. Hopkins	S. Stratford	
	15.86	17.15	17.27	
Skin CC Club	H. Hooley			
	10.22			
Under 14				
4km CC NSW	C. Buckley	H. Hooley	J. Nelson	
	16.56	17.02	17.30	
Skin CC Club	H. Hooley	C. Buckley	J. Nelson	
	12.13	12.22	13.03	
Under 12				
2km CC NSW	E. Stratford	T. Lugo	M. Buckley	
	7.49	7.56	7.93	
Skin CC Club	E. Stratford	M. Buckley	R. Tracey	
	8.28	9.06	9.18	

Women Senior 4km	
3	Linda Harrocks
4	Lisa Zannenroth
5	Liz Hopkins
6	Michelle Buckley
7	Suzanne Bestford
8	Cathy Williams
9	Veronica Hopkins
10	Beth Wiles
11	Jaime Nelson
12	Barbara Penaro
13	Debbie Nelson

Men Senior 10km	
24	Henry Elliott
25	Pat Webb
26	Frank Scorzilli
27	Anastasios Mavridis
28	Mark McDonald
29	John Irwin
30	Terry O'Gorman
31	Bravo Molina
32	Michael Gondle
33	Eddie Ganto

Novice Day Supporting Events Open 10km	
3	Rex Peters
4	Mark Jones
5	Bob Squires
6	Alan Argil
7	Dennis Jeffreys
8	Paul Batman
9	Tony Atuna
10	Tony Richards
11	Bill Steary
12	Bob Mulley

Under 18 4km	
11	David Lonsay
12	John Scott

Under 16 4km	
1	Tony Azzola
2	Jason Buckley
3	A. Toms

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Under 14 3km

4	Greg Scott	6.66
11	Nicola Hoyle	7.46
10	Adam Murphy	8.02
19	Ruth Walsh	8.22

Under 12 2km

4	Catherine Buckley	7.21
10	W. Tavis	7.49
12	Eddie Scott	7.51
13	Daniel Barnes	7.58
18	Brad Scott	8.06
20	Melanie Buckley	8.20
21	Rebecca Teiceira	8.25
23	Elizabeth Stratford	8.29

NSW Road Champs 2.6.97 Eastern Creek**Male Open 10km**

8	Rex Pease	30.66
10	Gary McLennan	31.04
	Bob Squires	34.27
	Pat Webb	34.38
	Shane Couper	35.06
	Chris Bradford	45.36

Male Under 20 5km

11	Andrew Kelly	34.90
13	David Jones	35.00
26	David Barnes	35.03
20	Ian Kennedy	35.09

Female Open 5km

	Veronica Hopkins	35.05
--	------------------	-------

Female Under 20 5km

3	Lisa Zonneveld	30.28
6	Linda Horrocks	32.04
8	Suzanne Stratford	32.90
9	Lisa Hopkins	34.09

Australian 15km Road

4	John Andrews	44.54
19	Gary McLennan	47.01
30	Rex Pease	48.43

Both John Andrews and Gary McLennan were members of the ill-fated NSW Team placed 3rd in this Champs.

NSW CC Championships 4.7.97 Werrington**Male Open 12km**

10	Gary McLennan	41.94
15	Bruce Heward	42.37
30	Pat Webb	44.33
43	Frank Soprilli	46.13
47	Shane Couper	47.05
62	John Irwin	53.04
64	Chris Bradford	59.43

Female Open 4km

24	Lisa Zonneveld	17.05
25	Michelle Buckley	17.03
29	Suzanne Stratford	17.27
32	Catherine Buckley	17.48
37	Veronica Hopkins	18.33
38	Evelyn Argall	18.34

NSW CC Championships 4.8.97 The Crest**Main Open 5km**

10	Gary McLennan	26.40
26	Pat Webb	27.10
29	Matthew Todd	27.28
34	Frank Soprilli	28.07
36	Bob Squires	28.17
46	Shane Couper	28.20
47	Dave McInnes	29.30
63	Chris Stratford	

Under 10 5km

51	Andrew Kelly	30.21
54	David Jones	36.58
55	Ian Kennedy	32.12
56	Graef Argall	33.27

Under 16 4km

9	Tony Acciari	13.23
	Jason Buckley	14.43
	Leah Leary	14.47
	Toby Watson	14.55
	Kieran Gallagher	16.12

Under 14 4km

23	Andrew Trice	18.27
30	David Barnes	18.33
	Adam Murphy	19.30
	Michael Moody	19.22
	Edward Scott	19.32

Under 12 2km

15	David Barnes	7.53
26	Edward Scott	7.53
30	Ross Paul	8.04
35	Bradley Scott	8.08
36	Mario Rodney	8.24

Female Open 5km

25	Veronica Hopkins	
30	Kerry Edwards	

Under 18 4km

6	Michelle Buckley	16.26
	Linda Horrocks	16.55
	Beth Welsh	17.45
	Ruth Walsh	20.30

Under 14 4km

2	Lisa Zonneveld	16.88
	Lisa Hopkins	17.19
	Suzanne Stratford	17.37
	Catherine Buckley	18.30
6	Catherine Buckley	18.33
7	Linda Horrocks	17.03
	Janina Ralston	17.99
	Elizabeth Hope	16.27

Under 12 2km

11	Elizabeth Stratford	7.48
12	Tennie Jago	7.56
	Melanie Buckley	7.58
	Rebecca Teiceira	8.38
	Jacqueline McCarthy	8.52

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14 John Andrews	42.49	
34 Gary McLane	44.51	
160 Frank Scorsell	48.95	
243 Bob Squibb	49.32	
205 Mark Jones	50.00	
206 Shane Couzal	50.16	
520 Ron Gribble	52.07	
661 David Loney	52.33	
608 Bob Tiley	53.01	
749 Norris Mathews	54.03	
918 Anthony O'Connor	55.27	
824 Leon Lousy	55.30	
529 Dave Edwards	55.34	
1154 Glenn Gatzrodt	55.55	
1487 Alan Atkins	55.58	
1562 Dennis Jolliffe	55.66	
1832 John McLane	55.42	
1922 Phillip Warren	55.01	
2151 Michael Gavrilis	55.54	
2194 Matthew Connolly	55.02	
3354 Evelyn Argall	54.12	
3882 Ursula Footway	55.27	
4092 Rhonda Melojo	55.48	
4199 Carly Williams	55.00	
4352 Venessa Hopkins	54.29	
6755 Eddie Gantle	71.01	
7024 Norm Windred	75.30	
7457 Tim Richards	73.27	
11018 Angela Nicholson	79.29	
13434 Rob Mulry	84.06	
15592 Harold Hawking	84.35	
15387 Nola Thomas	84.58	
20275 Pat Connolly	106.30	

* Denotes joint 1st place group

Australian Marathon Champs 23.7.91 Gold Coast

1st John Andrews 3hrs 16.23min

2nd Australian

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Alan Staples started 1st in 09 stations completed 141.2hrs.
Congratulations Alan.

1991 - 92 Track & Field Season Report

By Tony Abbott

Our club has been looking forward to a turn around by our Track and Field athletics for some years and this year we did just that. Improved overall commitment and performance during the summer season gives hope we may, once again, rise to the level of competition our club enjoyed in the past.

It was not the record tally that resulted in this end but the increased participation by our athletes. Our pleasing aspect was seen in the field where our athletes, particularly the ladies, began to emerge. Young athletes Karen Hall, Belinda Otto, Ursula Footway and Stephen Gallagher gave evidence they will be a force in the Juniors area in future.

These four athletes are coached by club coaches Arthur Paul and Peter Tasic at Old Park where facilities and the running track have been upgraded during the past 12 months. We thank Hurstville City Council for improvements made and look forward to continued assistance from Council in the future. Arthur Paul, Peter Tasic and

Chris Stratford must be congratulated for their tremendous contribution to coaching and competition nights at Olds Park. They are always available to help and advise athletes at any time during the year.

Club competition on Wednesday nights at Olds Park has been a success thanks to Arthur and Peter. They also arrange Southern Zone Competition between neighbouring clubs Sutherland and Baulkham. This competition has added variety to the summer programme and is expected to expand to include other clubs next season.

Anne Manning (now Penrith) a past champion walker as a teenager returned to the athletics scene and joined our club last season to show the walking intensity she is again keen to establish herself in the top bracket of walkers. Anne's best performance was in the State 5km walk with 5th when she finished 3rd in 25m 25.19s.

Chris Stratford (a veteran) enjoyed breaking his own state records each week and was one of the club's most improved and consistent athletes. In the past year Chris has set new club records for the 5km (30m 22.6s) 5km (22m 46.2s) and 10km (48m 26.7s) track and 5km (50m 30.6s) road walks.

I have continually stressed the importance of competition, all this training and coaching an athlete can take does not substitute for the competitive side of athletics or for any competitive sport for that matter. The experience and feeling gained from competition cannot be acquired in any other way.

Many of our athletes who compete regularly improved and finished the season with personal best performances. To name a few in this category - Michelle Buckley, Karen Hall, Danielle Ferraro, Ross Peters, Clinton Polman, Chris Stratford, Dean Jones, Daniel Groom, Shannon Lai, Karen Gallagher, Jason Buckley, Stephen Gallagher and Luis Zannierilli.

One disturbing aspect in our sport is the injuries athletes incur. Many athletes and their coaches push towards goals that seem far too difficult. This inevitably leads to overusing the body and subsequently injury and sickness follow. When soreness, particularly in joints and muscles becomes a problem, athletes must ease up and allow time for the body and troublesome areas to heal and recover.

It is much better to improve a little (if possible) in competition than to make great strides only to suffer injury or long illness. This situation is hard for any athlete to accept.

Tony Abbott who turned 16 years in January was brilliant. He was awarded the Class Elizabeth Trophy after being named as the most outstanding athlete at the NSW Combined High Schools Track and Field Athletics Championships. His haul at these Championships included wins in the 800m in 1min57s, 1500m in 4m 0.8s (record) and shot put discus (record). Tony was also awarded the prestigious Wall-to-Wall "Blue" Shield for his outstanding efforts in athletics in 1991 by a Committee of Combined High Schools Sportspersons. This award is made to the best male sportsperson and takes in all sports conducted in High Schools in the St George, Sutherland Shire and Centenary-Bankstown areas. Believe me, these awards are really something. Tony excels in any type of running and was also undefeated in cross country Championships during the winter season at both State Schools and ANSWL level. Probably his best run was the Olympic Games Invitational 1500m in Melbourne when he finished 2nd and placed the Australian Under 16 record holder to a new Australian record. Tony's 2nd placing just one second behind Michael Powler of Victoria brought him a new NSW State record of 3m 57.49s. Tony Abbott is a very talented young athlete who gained valuable experience running in the senior interclub competition this year.

Towards the end of the season a young athlete emerged and showed great potential. I refer to Clinton Polman (15 years) who set club records for the under 14 100m (11.03s) and 200m (23.26s). These records were formerly set by Alan Hooper in 1983. Clinton is a champion in Little Athletics and although giving away age to other athletes in the State Under 16 Championships he remained the fresh-

and was very strong competitive. In the Polar Quartz Games last October, Clinton scored a triple winning the 100m in 11.03s, 200m in 24.00s and 400m in 54.16s. We look forward to Clinton's progress in athletics.

Danielle Ferraro (14 years) always enjoys herself at athletics, whether on or off the track and she has a great passion of competition. Danielle runs with good style and great judgement. She was placed 2nd in the State Under 18 400m (86m) in the position of 58.11s and was a finalist in the 200m. Her efforts in the Pulse Quartz Games were excellent when she won the 100m, 200m and was 2nd in the 400m heats.

Lisa Ziemannski has the ability to put it all together when the big ones are required. Her best efforts for the season were in the State titles in the Under 18 division where she scored a gold and 2 silver medals. Lisa was the 10m 17.8s and finished a close 2nd in both the 100m in 4in 46.97s and 900m in 2m 15.45s.

Michele Bentley also contested the 150m and 2km in the Under 18 division and collected a bronze medal for her 3rd in the 2km. Michele ran the distance in a personal best of 10m 23.44s. Michele is beginning to ease her presence left in all middle distance events.

Cathy Williams had injury problems during the season, however she finished 4th in the Class Women's 400m title. Cathy also ran the 200m this year and finished with a personal best of 2m 20s in the State Women's final. With a good winter build up Cathy will further improve her 800m times next season.

Séanne Gallagher emerged as an athlete with plenty of potential. His first competition in the high jump saw Steve enter 12.12m "A" Grade qualifying. Steve had personal best times in 400m, 800m and 1000m distances and will make the top grade in whatever event he likes to concentrate. Steve has all the athletic performance to succeed. Séanne's younger brother, Kevan, although only 15 years and growing fast will also make the grade. His rare mid distance times were full of merit and I feel Kevan will show much improvement in the coming season.

Karen Hall is a young lady with a big future in field events. Although injury plagued her during the season she managed a 5.05m long jump for a 5th placing in the Australian title. This was a personal best and a club record. Karen has the ability to be a success in a number of events and could be another Jane Flaming in the making.

Rox Peters also had injury problems during the early part of the track season but did return to run a personal best of 4m 60s in the 1500m. Rox is better known as a longer distance runner but as her shorter track runs will assist his speed in the longer events. Rox finished 4th in the State 10km track title in the good time of 30m 33.17s.

Dr. Mark Jones had an injury ridden season but did manage a thin 29.74m 5th placing in the 8m shot putchess of the State title. We hope Mark has a trouble free season on the track next year.

Gary McLoch and Rox Peters ran the quintet in the Wally Thomas 3000m event this year in what seemed to be a dead heat at the finish. Congratulation boys for a most thrilling race. Gary had a successful easy track season but has a nice race in the State Open 8km track title. Name could be grudge Gary taking things a little easier last summer.

Braes French had a fine 8.5m 8m and fine 82m 80m track effort during the summer. Braes is capable of much better and with a good build up during the present winter season he will set personal best times next season on the track.

Ursula Redding (13) runs with a fine flowing economic style and is another young athlete who will succeed. Ursula could do well in a number of events. She is "A" grade standard in the high jump and triple jump and like middle distance running, Ursula is a good prospect at any 13 years. I'll be very interested to see how she develops her athletic talent in the next few years.

Dean Jolley showed good form this season to gradually improve his 800m and 1500m times to finish with personal best times of 1.7s

10.52s and 4in 10.4s just at interstate. I hope Dean finds more time to train over seasons so he will knock seconds off his times.

Shane Gieskes was a very busy young runner who will no doubt be running in anything. Shane would run all day if he could. His 2m 03s 800m and the 20m 1000m were excellent in the heats of the Under 18 State Championships. He improves yearly. Good luck.

Frank Bonzelli, veteran vintage, is showing age is no barrier as he has one of his best seasons on the track. He finished 17th in the State Open 100m track title in a very respectable time 20.01s.

Another young lady with a future in the jumps area is Belinda Ocio. Belinda had an interrupted season with sickness but when she runs off the campaign Belinda showed she has leaps of ability. Her best effort was to win the Under 18 triple jump of the Polar Quartz Games with a leap of 10.73m. Belinda was placed 3rd in the long jump at the State titles with a leap of 5.22m. A very good prospect in Belinda.

Shayron Daly from the ranks of beach sprinters finds time could stretch the fast footsteps on the track as well. He had a best effort in the State Under 16 400m when he was placed 4th in a personal best of 52.38s which was a 1.5s improvement for the season. Shayron shows plenty of grit in his racing and is bound to improve next season.

Jasine Buckley (15) also improved on all his events - 800m (10.6s) and 3km. Jasine is a determined runner and is beginning to match it with the fastest.

Linda Horrocks and Lisa Hopkins, two of our best middle distance runners took it easy this year and we will be the better for the lay off.

David Jolley had personal bests in middle distance events but after a run of below standard efforts he found he had glandular fever which explained his poor form. His 2m 02.7s 800m at the Polar Quartz Games was a good effort. David will give them everything to chase next season.

Our club had some success in relay championships with the Under 18 girls winning the 4x 800m and 4x 1500m and the Under 16 boys winning the 4x 1500m. We have some very good young athletes emerging and these runners will move straight into relay championships next track and field season.

The programmes for last seasons track and field competition, set by Athletics NSW left a lot to be desired; however, encouragement and assistance by club officials helped our athletes through difficult times. I hope Athletics NSW will listen to club officials and agree to set a programme for the coming track and field season that will suit both athletes and clubs alike.

Thanks must go to Arthur Poole, our Track Secretary, for all the work he put into our club's track and field programme last season. Arthur organises club coaching and competition at Olds Park and is Manager of Hensley Field competition on Saturday afternoons. Arthur has a very understanding wife and son, Gavin Jason for her patience. As well as managing the Hensley Field competition Arthur continues in all events himself. I lied at the thought.

Our track and field team will undoubtedly be bigger and better next season and with coaching and guidance by our club officials we will make further inroads into the State Athletics arena.

NSW TRACK & FIELD CHAMPIONSHIPS

Sydney Athletic Field, 8,22,23 February 1992

Female				
Event	Competitor	Time	Place	Notes
400m	C.Williams	59.98	2nd	(H)
		59.49	4th	(F)
800m		2:20.18	6th	(F)
5km Walk	A.Manning	25:26.19	3rd	(F)
Under 18				
100m	K.Hall	13.67	7th	(H)
Long Jump		5.20m	8th	
800m	L.Zannarella	2:16.45	2nd	(F)
1500m		4:44.97	2nd	(F)
3000m		10:17.60	1st	(F)
1500m	M.Buckley	4:57.87	5th	(F)
3000m		13:23.46	2nd	(F)
Under 18				
200m	D.Perrino	23.65	2nd	(H)
		23.67	7th	(F)
400m		59.74	2nd	(H)
		58.11	2nd	(F)
Long-Jump	B.Otto	5.23m	3rd	
Main				
Discus				
1500m	R.Peters	4:00.45	8th	(H)
		4:12.81	11th	(F)
15000m		38:33.17	3rd	(F)
5km Walk	F.Soranzelli	34:28.31	17th	(F)
5km Steeple	C.Stratford	24:19.14	7th	(F)
	Nick Jones	22:29.14	9th	(F)
Under 20				
1500m	Dean Jones	4:19.03	9th	(F)
Under 18				
800m	O.Simone	2:03.63	5th	(F)
1500m		4:20.54	11th	(F)
5km Steeple		6:53.52	5th	(F)
Under 16				
100m	C.Pellatt	11.91	4th	(F)
		11.99	5th	(F)
200m		23.57	3rd	(F)
		23.24	5th	(F)
400m	G.Daly	52.16	2nd	(F)
		52.39	4th	(F)
400m	K.Gallagher	56.13	6th	(F)
1500m	J.Buckley	4:30.64	8th	(F)
3000m		9:53.26	6th	(F)

NSW RELAY CHAMPIONSHIPS

SAF 16-17 November 1991

Female	
Rider 18	
4x 400m	Final 1m 11.03s
L.Hopkins,L.Hornbeck,M.Buckley,L.Zannarella	
Placed 4th with a fine effort.	
4x 800m	Final 9m 41.37s
M.Buckley,L.Hornbeck,L.Hopkins,L.Zannarella	
Our girls were too good for the opposition and ran out clear winners to take the gold medal.	

Rider 18	
4x 200m Heat 3m 55.1s	Final 1m 54.6s
K.Rodway,J.Nelson,C.Buckley,D.Perrino	
Qualified 4th fastest but could not improve, finished 4th.	
4x 400m Heat 4m 17.48s	Final 4m 17.48s
K.C.Buckley,U.Rodway,J.Nelson,D.Perrino	
Good team effort to finish the bronze medal. Dennis has a good沉iner log after Usain.	
Heat three well placed after the 2nd leg.	
4x 800m	Final 10m 19.94s
J.Nelson,D.Perrino,C.Buckley,U.Rodway	
Consistent running had this team well placed throughout the race to finish with the silver medal.	
Blacks	
Rider 18	
4x 1500m	Final 17m 56.20s
D.Simone,J.Buckley,J.Kennedy,O.Jones	
Placed 4th with a fine effort.	

Rider 16	
4x 400m Heat 3m 51.10s	Final 3m 51.63s
K.Gallagher,L.Leary,J.Buckley,D.Simone	
Qualified for final but could not improve and finished 6th.	
4x 1500m	Final 10m 40.00s
L.Leary,K.Gallagher,J.Buckley,O.Simone	
Brilliant effort by this fine young team. The race was slow throughout with a blanket covering the first 6 hours till the last 800m. Daniel ran a first class final leg and this team continues the brilliance St.George has shown in their 4x1500m relays during the past several seasons.	

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PULSAR QUARTZ GAMES

1991 NSW Schools Track & Field Championships

Sydney Athletic Field, 12 & 13 October 1991

Male Under 15

100m	D.Lesney	2:09.74	8th	[P]
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Male Under 17

100m	David Jones	2:09.74	4th	[P]
		2:11.17	8th	[P]

1500m

		4:16.18	7th	[P]
		5:28.04	2nd	[P]

Male Under 18

200m	G.Daly	25.01	3rd	[P]
400m		53.81	2nd	[P]
		53.93	7th	[P]

800m

	D.Simone	2:04.29	8th	[P]
		2:04.74	3rd	[P]

1500m

	T.Auciello	4:21.27	5th	[P]
		4:26.03	8th	[P]

3000m

	J.Backley	9:06.08	1st	[P]
		9:52.78	1st	[P]

1500m

	J.Backley	4:28.89	12th	[P]
--	-----------	---------	------	-----

3000m

	J.Backley	10:02.93	10th	[P]
--	-----------	----------	------	-----

Male Under 14

100m	G.Petters	11.84	1st	[H]
		11.83	1st	[P]

200m

		24.50	1st	[P]
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400m

		56.16	1st	[P]
--	--	-------	-----	-----

Female Under 18

Heptathlon	K.Hall	5745 pts	4th	
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Female Under 17

800m	L.Zimmermann	2:20.07	6th	[P]
1500m		4:52.00	5th	[P]
1500m	L.Normark	5:05.78	7th	[P]
3000m		11:00.50	9th	[P]

Female Under 16

Triple Jump	B.Ode	10.73m	1st	
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Female Under 14

100m	D.Foxon	13.00	1st	[H]
		12.96	1st	[P]
200m		26.74	1st	[H]
		26.25	1st	[P]
3000m		1:00.87	1st	[H]
		68.58	2nd	[P]

Sydney Metropolitan Interclub Competition

1991-92 (Sydney Athletic Field)

by Ross Grubbs

"With a much better turn out of athletes this season our combined interclub team, Sutherland/St George Districts, entered teams in 12 grades of competition with great results.

Our team won 8 premierships, we were runners-up in 4 other grades and 3rd in the remaining 2 grades. Had there been a club championship we most certainly would have won that as well. A second team was entered in "C" grade after the competition started and this team finished in 4th place. Overall a mighty improvement on last year. Athletes who made it their business to compete on a regular basis were the winners as they showed improvement as the season progressed and gained that valuable experience and confidence from regular competition.

It was very pleasing to see many more athletes competing at a regular basis for ST George. This resulted in our club being able to add support to the efforts of athletes from our neighbouring clubs in the combined team.

"With Sutherland club also being well represented we were the team to beat each week. Other clubs threw everything and everyone at us on many occasions, but our overall strength in the field events as well as track kept our nose in front.

It was a two team effort and I cannot speak more highly of Stan Shearingham, Sutherland's interclub manager for his wholehearted contribution and support to the combined team and encouragement he extended to all athletes. I thoroughly enjoyed working with Stan in placing our athletes during the interclub competition. Stan and I have a lot in common when it comes to athletics and we can both listen to and advise athletes whenever necessary.

I also thank Stan for keeping up to date records of points scored by all athletes in our teams and a progress point sheet in each grade in the interclub competition.

I must say it was a shot in the arm for me to be associated with competitive teams and athletes who possess the will to win over again.

The administration of the last interclub competition left a lot to be desired. With variations to the rules and the running of the competition each week, this only added to the very shabby procedures for nomination and marshalling of athletes for each Saturday's competition. It became a nightmare for all concerned.

I'll begin with a summary of our female athletes performances at interclubs - In "A" GRADE our middle distance star, Lisa Zimmermann (67 points) and Michelle Buckley (34) constantly gained major points. Michelle gained experience and confidence as the season progressed and both these girls will make a solid basis for our team in the 800m, 1500m and 3km events next season. Karen Hall had the best overall long jump performance of interclubs as our distance and always scored points in the triple jump and high jump as well. With a good build up this winter Karen will continue to let up with the best in 1992-93. Anna Manning's return to the walking scene may blemish and she was a certain point scorer. Anna possesses all the agility of her teenage peers and it will be great to see her resting shoulders with the stars next season.

Although Geth Williams, our track Visa Captain, had injury problems during the season, she was always trying and was our club's overall highest point scorer for all grades in interclubs with 108 points (14 in "A" grade). That's a record for our club, great work Geth. She was not able to reach her best with the standards set last year, other girls will take notice. Ursula Rodney (8) and Suzanne Stratford (4) each scored points when called upon to compete in the top grade, thanks for your efforts girls.

Team Results -

v SE	won 03-8	v BE	won	33-27
v ASICS	won 26-3	v ZWS	lost	30-61
v MD	lost 36-42	v RBS	won	55-21
v NCL	won 20-20	v Way	lost	171-251
v TW	lost 30-52	v Way	won	166-151

Won 7 lost 4 - scored 779 against 625 - equal 3rd

In PREMIER GRADE Cath Williams was the leading point scorer for the team on 31. Cath mainly contested the 400m in this grade. Lisa Hopkins and Suzanne Stratford contested middle distance events here and Lisa Zammit won the 800m after a spell from 'A' grade dates. Premier grade was a grade for track running events only.

Team Results -

v SE	won 13-0	v SE	won	13-0
v TW	won 10-0	v TW	won	9-0
v ZWS	lost 9-12	v ZWS	won	16-5
v SE	won 13-0	v Way	won	16-0
v TW	won 16-5	v Way	won	43-18
v ZWS	lost 13-15			

Won 8 lost 3 - scored 160 to 51 - premiers

Our girls in 'B' GRADE scored many points for the team with Ursula Rodney (18 years) a great athlete who is beginning to gain confidence in senior competition and she scored 38 points. Ursula was 2nd highest overall point scorer for St Georges at interclubs with 70. She can always score points in the three jumps and all distance events over 400m up. Thanks Ursula. Danielle Feraro (14 years) who scored 23 points is great to watch. A prospect for the 400m if ever I've seen one. Cath Williams scored 28 points from sprints and relays. Suzanne Stratford 24 points for middle distance events and Karen Hall 17 points for sprints and high jump also added big efforts.

Team Results -

v SE	won 45-7	v ND	lost	12-39
v TW	won 49-6	v SE	won	49-7
v ZWS	lost 24-23	v TW	won	41-8
v NCL	won 43-13	v ZWS	lost	29-30
v ASICS	won 52-0	v Way	won	147-141
v SS	won 38-3			

Won 8 lost 3 - scored 520 for 355 against - Third

2ND GRADE another track running competition saw Danielle Feraro score 19 points for the 100m and 200m sprints and 600m exceptionally. Cath Williams 28 points for the 800m with Ursula Rodney, Suzanne Stratford and Catherine Buckley sharing in point scoring.

Team Results -

v SE	won 6-8	v SE	won	16-2
v TW	won 16-0	v RBS	won	16-5
v ZWS	lost 0-0	v TW	won	9-0
v ASICS	won 13-6	v UNI	lost	11-13
v PEK	won 8-3	v Way	won	45-15

Won 8 lost 1 - scored 193 for 88 against - Joint Premiers

'C' GRADE only lost one match, again our girls scored well. Catherine Buckley (12 years) and a good prospect for the 800m started well in that sprint. She was very competitive and with her height, looks and runs like a girl must athlete. Other girls who scored well were, Lisa Hopkins (21) for the 800m and 1500m, Lisa is a good competitor, Ursula Rodney (18) for the 400m and 800m, Suzanne and Liz Stratford (13 years) for middle distance and relays. Ursula was given a small preview of interclub on one occasion and actually led her much older opponent home in a 1500m event and ran a leg of a relay.

Team Results -

v SS	won 31-5	v ND	won	40-20
v TW	won 29-17	v RBS	won	39-29
v ZWS	lost 30-47	v TW	lost	28-16
v NCL	won 41-19	v ZWS	won	33-10
v SS	won 36-3	v Way	won	103-111
v RBS	won 24-16			

Won 10 lost 1 - scored 444 for 359 against - Premiers

In THE MENS GRADINGS our club was almost devoid of entries in 'A' GRADE. Chris Stratford walked, Ross Peters (1500m) and Mark Zeebs (800m) Strathfield, did make the grade and scored points on a few occasions. Chris is a 'W' grade material but regularly walks 'B' with two of the state's best walkers in Keith Koen and Rod Healey (Strathfield) just a little faster at this juncture. These three walked always finished in the top six placings in the competition with each Strata.

Team Results -

v UNI	won 46-41	v RBS	won	49-20
v ASICS	won 67-19	v SE	won	58-29
v ND	won 62-38	v ZWS	won	66-35
v AS	won 71-4	v RBS	won	62-35
v TW	lost 56-67	v Way	won	127-152
v ZWS	won 239-266			

Won 8 lost 2 - scored 974 for 705 against - Runners-up

but our two results of the last 7 meets we introduced 7pm. Walks by 24 points.

Tony Australis (18 years) regularly competes in PREMIER GRADE 800m and 1500m and gained a lot of experience in the senior competition this year. He scored 18 points in this competition winning his events outright on some occasions. Tony has a change of pace reminiscent of the great Sebastian Coe. Here you end up as quick as him. Tony, Ross Peters, Frank Scirocco and Dean Jones joined in the pointscoring in this grade on one occasion.

Team Results -

v ASICS	won 15-12	v RBS	lost	19-20
v UNI	won 15-7	v SE	won	18-0
v ZWS	won 18-10	v NCL	won	18-0
v ND	won 19-0	v Way	lost	44-56
v TW	lost 6-15	v Way	lost	66-81
v RBS	won 18-11			

Won 7 lost 4 - scored 242 for 282 against - Runners-up.

'B' GRADE was a competition in which our team was undefeated, great work overall. Chris Stratford was our highest pointscorer on 54 points all from walks, he was undefeated in this grade. As I said before he is 'A' grade standard. Stephen Gallagher found he could easily 'A' grade triple jump when at the last round jumped 12.12 metres. We have found another triple jumper, Dean Jones on account of his improvement scored 17 points in this grade for 800m and 1500m runs. Angus Patterson scored 18 points before he left Australia to become a 'Pro'.
Australia to become a 'Pro'.

Team Results -

v SE	won 63-18	v ND	won	49-24
v TW	won 49-30	v SE	won	51-8
v ZWS	won 53-50	v TW	won	71-20
v UNI	won 58-11	v ZWS	won	58-30
v SS	won 82-3	v Way	won	101-149
v RBS	won 68-12			

Won 11 lost 0 - scored 382 for 325 against - Premiers

'C' GRADE was like the big fish that got away story, nearly had them. After losing an early round match we came home with a win to go under by 1 point. Dean Jones had some great runs in 800m and 1500m scoring 23 points. He moved up to 'B' grade with his improved performances. David Jones is built like a bison but is

tough and a real prospect, plenty of heart. Dave ran each week and scored 22 points only to find out towards the end of the season he had glaucoma later. That was the reason for some personal disappointing efforts for Dave. He'll be back next year. Daniel Simone was that busy young man who just loves competition. It was here where he scored 28 points out of his total interstate pointscore of 53. Daniel was our club's highest pointscorer in the men's competition and deserved his trophy for this achievement. He was easily an 800m; 1500m, 3000m and 3km steeplechase runner who tried all the way. Others to score points in this grade were Bruce Harvard, Stephen Gallagher, Tony Andollo, Damon Reilly and Shannen Daly.

Team Results -

v SE	won 60-18	v ND	won	50-33
v TW	won 60-18	v SE	won	57-18
v PBS	lost 62-68	v TW	won	61-41
v NCL	won 63-6	v PBS	won	64-24
v SS	won 59-18	v Way	won	253-212
v RSK	lost 26-40			

Won 9 lost 2 - scored 797 for 473 against - runners-up

3RD GRADE was never in doubt. We did not have a lot of competition here and only lost on one occasion 14-19 to Reebok. Danny Simons was overall best pointscorer here on 24. Apart from his middle distance and steeple, Daniel also ran over the 400m to help his speed, a good idea. Darren Bellby scored valuable points (2) in this grade with Jason Buckley (5) Stephen Gallagher (6) Dean Jones (7) for 400m, Angus Patterson and David Jones all scoring points.

Team Results -

v NCL	won 6-0	v TW	won	10-6
v TW	won 21-3	v PBS	won	21-6
v PBS	won 16-8	v ASICS	won	19-9
v ASICS	won 24-0	v RSK	lost	14-19
v RSK	won 17-13	v Way	won	79-51
v NCL	won 13-2			

Won 8 lost 1 - scored 249 for 112 against - Premiers.

We were robbed in 'D' GRADE but some clubs do get desperate to win just one premiership they end up stacking the grade with athletes of higher standard and so it makes our job just that much harder. We could not overcome this problem here and did not score, we did win 6 other grades. However we should have won 7 premasterships by the rules, in fact we entered a second team in this grade when a weakened club withdrew after 4 rounds, so we did the right thing by the interstate board. Our boys scored very well with Danny Simons top point scorer with 26 points. He always filled a vacancy in anything from 400m up, steeple and relay. Young Clinton Petheim (13 year) just got pipped in a 200m event in which his time was a new club record at that point of three (20.0). Clinton will do well at interstate competition next year. A number of boys scored well in this grade. Leon Leary (16), Stephen Gallagher (14) and his brother Kieran (14), Shannen Daly (14) Ron Cribbie (15) Shane Gaeser (12) and Darren Bellby (18). Darren rejoined our club this year after a stint with a northern suburbs club, he was previously a member of St. George. Demons going well and hopefully will improve next year season.

Team Results -

Team 1

v RSK	won 54-12	v ND	won	37-18
v TW	won 37-21	v PBS	won	47-39
v PBS	lost 45-50	v TW	won	57-11
v NCL	won 57-6	v PBS	won	38-29
v SS	won 45-7	v Way	lost	175-259
v RSK	won 35-20			

Won 8 lost 2 - scored 422 for 479 against - runners-up

Team 2

Not entered	v PBS	lost	33-50
Not entered	v SS	won	56-11
Not entered	v PBS	won	55-29
Not entered	v ND	won	28-26
Not entered	v Way	lost	155-255

v TW won 25-23

Won 4 lost 2 - scored 255 for 304 against - 4th

Our 4th GRADE team was undefeated. This grade was for track running events only and I enjoyed myself scoring 35 points for 300m, 1500m and 3km events. I know the young blokes like to beat the old man with grey hair but I love their spirit, it makes for good competition for all of us. One thing I can say these days, the track at SAF is better than it was 36 years ago when I started. The track was then made up of cinders (dirt) covered with sand oil to keep the dust down. However in those days there was twice as many athletes competing at interstate, I began in 'E' grade. Back to business, Leon Leary in his first year at Interstate scored 10 points for 800m and 1500m runs and Kevin Gallagher scored 14 points for 400m and 800m events.

Team Results -

v PBS	won 16-6	v RSK	won	17-9
v TW	won 24-0	v TW	won	13-3
v PBS	won 21-10	v RSK	won	18-5
v PBS	won 16-4	v Way	won	53-32
v TW	won 16-13	v Way	won	46-33
		v PBS	draw	5-5

Won 10 lost 1 - scored 346 for 153 against - Premiers

The progress of our combined team made this last interstate season compared with the previous season was phenomenal and I see no reason why we cannot go a step further and win both the "A" Grade Male and Female Premierships next season.

Points scored by St. George athletes at Interstate competitions were -

S.T.GEORGE WOMEN

A	Prem	B	3rd	C	Total
G.Buckley	-	-	-	4	20
M.Buckley	24	-	3	-	27
J.Cline	-	-	10	-	10
D.Fordice	-	-	21	18	47
K.Hall	24	-	17	-	41
L.Jubbins	-	7	6	-	13
A.Manning	13	-	-	-	13
T.Ong	-	-	12	-	12
B.Orts	-	-	7	-	7
B.Ridaway	3	4	38	7	10
E.Straatman	-	-	-	-	14
G.Straatman	4	7	24	9	58
C.Williams	14	31	28	7	108
L.Zanenamili	47	12	-	-	58
				Total	533

S.T.GEORGE MEN

A	Prem	B	C	S	O	E	Total
T.Andollo	-	19	14	7	-	-	40
D.Bellby	-	-	-	4	9	18	31
J.Buckley	-	-	5	1	5	24	41
S.Cleaver	-	-	-	-	-	12	12
S.Daly	-	-	-	12	-	14	26
H.Gallagher	-	-	-	-	14	14	28
S.Gallagher	-	-	5	5	24	-	30
R.Gibbs	-	-	-	-	18	35	54
B.Harvard	-	-	-	7	-	-	7
David Jones	-	-	7	32	3	4	59

Dean Jones	2	17	28	7	-	-	49
M.Jones	12	-	7	-	-	-	53
L.Laurie	-	-	-	-	16	10	26
G.McLean	7	-	-	-	-	-	7
A.Patterson	-	-	18	-	5	8	20
A.Park	-	-	-	-	15	-	15
G.Pelizzetti	-	-	-	-	4	7	11
R.Parker	12	8	7	-	-	-	24
F.Scottell	-	4	-	-	7	-	11
D.Simone	-	-	7	28	24	24	93
D.Sanford	12	-	14	-	-	-	90
L.Wells	3	-	-	-	-	-	3
				Total	534	

1991 - 92 Summer Season Review

By Arthur Park Track Secretary

Perhaps the tide is turning in our track and field squad showed improvement in all areas for the season. We had an increase in numbers at the various competitions throughout the summer and had more success in State Championships than in the past few seasons. I hope that this trend will continue.

Interest at SAW was well attended by our club athletes but could be better. Years ago athletes attended week after week for their competition but nowadays they cannot be guaranteed on for regular appearance. Ron Gibble did a great job in organizing club athletes for SAW Interclub, making many phone calls throughout the season and then attending all of the interclub races. Next season all athletes of SAW standard should not wait for personal invitations but go to the track where you will be accommodated for your event. The joint interclub team Sutherland/St.George was most successful in all grades of men's and women's competition. See Ron Gibble's detailed report as team manager.

Interest at Henbury Athletic Field was again a successful venture for St.George. The mens "A" and "B" grade teams remained undefeated throughout summer after a total of nineteen rounds of competition. Although numbers were not great, those who attended Henbury enjoyed their competition and most events were well contested.

Oaks Park Competition on Wednesday evenings was well attended and a total of twenty rounds of competition saw some keenly contested events. It is hoped that as club members increase, more will attend next season's Wednesday night events.

Southern Zone competition saw only three rounds; Sylvia Waters, Sudden Reserve and Oaks Park. Four clubs put up the zone Relays; Ingliston, St.George, and Sutherland. See the detailed results for our club's performances. Our club did well as the evening of the Oaks Park meet to win the aggregate score for the night. We had a total of 22 athletes on the ground that night but the numbers were poor on our away nights. I hope that our athletes will be willing to travel for next season's competition.

The results of the various state championships were encouraging particularly those of our younger athletes. Congratulations to our successful track relay teams for an excellent result during the weekend of the age relays at SAW. The outstanding effort of the Men's Under 16 years in a 1500m was one of the highlights of the 1991/92. Without doubt Tony Acciolla our four runners, Leon Lauri, Kelvin Fitzgerald, Jason Banksley and Daniel Berrone contested a close race throughout and any of his team looked to have a chance of winning. Daniel Berrone's final 400m put the result in our favour... a brilliant 400m at the end of 1500m. Gold medal winners at various State Championships include Lisa Zammarilli - 3000m, Tony Acciolla - 1500m and 3000m, Clinton Peltier - 100m, 200m and 400m, Belinda Cope - triple jump, Danielle Ferrier 100m and 200m. We also had sev-

eral athletes not too far from the winners either - see detailed reports for the results. Special mention should be made of Karen Hall - having injuries throughout the season she kept 5.00m in Canberrra in the long jump; her best effort by far and is showing promise in the high-jump event.

Finally, the club's first season of summer cross country at Sutherland Park was most successful. Held in the cost of the running all runners enjoyed the competition and it is to be hoped that the numbers will increase next season.

1991-92 RACEWALKING REPORT

By Chris Stratford Track Captain

Racewalkers in the club continued to have minor successes with placings in State Championships as well as gaining personal best times. During the winter Chris Stratford achieved two minor placings in state events and ended the season in 6th place on 22 points for the Distance Walker of the Year.

However, during the track season we were able to gain the services of Anne Manning who has returned to racewalking after an absence of 16 to 18 years. Anne has returned to the scene with great success and the forthcoming year should see even more outstanding results.

Interestingly, two club records were broken and two new records were set, off in the Open division. This will make it longer for both Anne and Chris in the next year.

NSW ROAD WALKING CHAMPIONSHIPS

Open Men		Open Women	
16km	2nd	Chris Stratford	Sh 13m 36s Maroubra
4.5km	-	-	-
20km	3rd	Chris Stratford	Sh 4hrs 20m Tempe
22.6km	-	-	-

1992 NSW TRACK WALK CHAMPIONSHIPS

Open Men		Open Women	
10km	6th	Chris Stratford	Sh 26.24
8km	7th	Chris Stratford	34m 19.14s

Open Women

10km	4th	Anne Manning	52m 48.74s
8km	3rd	Anne Manning	35m 55.79s

SOCIAL COMMITTEE REPORT

By Ron Grable

The main social occasion for the year was our 70th year Celebration Dinner held at the Hawkesbury Catholic Club last September. The evening was thoroughly enjoyed by all 316 members and guests and it was an occasion when many of our older members and former members could once again meet in any relaxing surroundings.

The Hawkesbury Club excelled with a very nice three course meal and drinks, the cost of which was subsidised by the club.

The occasion also marked 70 great years of service to our club by Alwyn Galdinetti OAM, our new amicus president. Representatives from local councils and neighbouring athletic clubs also attended this dinner.

Funds raised by this social committee headed by club Vice-President Pat Donnelly totalled \$3,700 which is one of the largest

amounts of money raised by this committee in any one year. Thanks must go to all for all the work that she and her happy band of helpers contribute throughout the year.

Our winter season get-togethers at the Syd Frost Memorial Hall at Scarborough Park are very sociable and many thanks to the ladies who make it their business to bring back to life those old fashioned ways with a cuppa and a biscuit.

Thanks also to Greg Pipe of Pegax Film Centre for providing the essential equipment for the cameras on the major fund raising days at Scarborough Park. We don't see much of Greg these days but someone and he's in training for another tilt at the State Marathon.

We look forward to another celebration dinner to be arranged for the end of season and hope that a large number of members and guests will be able to attend.

EMERITUS PRESIDENTS REPORT

By Allyns Gainsford OAM

Ladies and Gentlemen

On this occasion I will not be expressing my views about the Winter and Track seasons, mainly because of the difficult time I have had during the past 10 months.

Let me inform Members and Parents that the Club is in good hands and that we will be stronger still in the next 12 months.

For the history of the Club, I think it desirable that we place on record a list of senior officers for the past 70 years, together with the names of club members who represented Australia at the Olympic Games, British Empire Games and later the Commonwealth Games, together with their performances.

17 124758 - - W Akers -

18 325058 - - - -

19 143494 - - - -

20 210341 - - - -

21 110803 - - - -

22 115843 - - - -

23 285643 - - - -

24 255453 - - - -

25 216048 - - - -

26 60643 - - - -

27 48648 - - - -

28 126440 - - - -

29 186830 - - - -

30 224531 - - - -

31 244932 - - - -

32 28553 - - - -

33 28553 - - - -

34 28553 - - - -

35 176455 - - - -

36 186595 - - - -

37 245517 J.W.Ham A.A.Gainsford W.Akers -

38 235638 - - R.Balog -

39 235639 - - - -

40 125651 - - - -

41 251600 - - - -

42 107503 - - - -

43 3111263 - - - -

44 3111264 - - - -

45 285654 D.P.Wilson B.Bellis

46 285655 - - - -

47 285656 - - - -

48 285657 L.L.Bearse -

49 285658 - - - -

50 285659 J.W.Douglas -

51 285660 - - - -

52 285661 - - - -

53 285662 - - - -

54 285663 - - - -

55 285664 - - - -

56 285665 - - - -

57 285666 - - - -

58 285667 - - - -

59 285668 - - - -

60 285669 C.Whitman -

61 285670 - - - -

62 285671 - - - -

63 285672 - - - -

64 285673 - - - -

65 285674 H.S.Cuthbert MBE -

66 285675 P.Phillips -

67 285676 A.Saylor -

68 285677 - - - -

69 285678 - - - -

70 285679 - - - -

71 285680 - - - -

72 285681 H.P.Nash -

73 285682 - - - -

74 285683 A.A.Gainsford CAM
(Emeritus President)

75 285684 R.Groves -

76 285685 R.Molay -

LIST OF OFFICE-BEARERS OF ST GEORGE DISTRICT AMATEUR ATHLETIC CLUB

From the date of foundation on 7 March 1921
(Compiled by Allyns Gainsford OAM)

Annual Meeting No	Date	Name	President	Secretary	Treasurer	Editor	Publicity
1	7/3/21	T.J.Ley MIA	E.A.Rodd	C.Lay	S.Taylor	80	201/61
2	23/4/25	-	-	E.Atkinson	81	285692	H.S.Cuthbert MBE
3	21/5/27	-	-	A.A.Gainsford	82	285693	P.Phillips
4	6/3/29	T.H.Sibley	-	A.Lancock	83	178683	A.Saylor
5	8/3/29	-	-	-	84	212685	-
6	21/2/33	-	-	R.G.Henry	85	285686	-
7	18/3/34	D.Jolley	-	J.A.Horn	86	285687	-
8	2/3/35	H.J.Taylor	-	E.C.Giles	87	246880	-
9	2/3/36	-	-	A.A.Gainsford	88	285688	H.P.Nash
10	3/3/38	-	-	I.J.Watson	89	285689	-
11	4/4/37	-	-	R.Hester	90	285690	A.A.Gainsford CAM (Emeritus President)
12	12/3/26	-	-	-	91	285691	R.Groves
13	6/3/29	-	-	-	92	-	R.Molay
14	17/3/30	-	-	-	-	-	-
15	18/3/35	-	-	-	-	-	-
16	18/4/36	-	-	-	-	-	-
17	17/3/37	-	-	-	-	-	-
18	6/3/37	-	-	-	-	-	-

Competitors - Olympic Games

E.E.Austin	10,000m Walk - disqualified	1924
H.C.Dickinson	Hop Step Jump 40' 2"	
	Long jump - Injured	1928
C.Grove	Marathon 4th 2h 52m 26s	1936
A.Thomas	5000m 1st - 2nd Heat 14m 14.25	1936
	5000m 5th in final 14m 04.0	1936
J.Bailey	800m 1st - 2nd Heat 1m 51.52	1936
	800m 7th semi-final 1m 51.4s	1936
	(Qualified from heat 1m 50.5)	
	1500m did not start	1936

A.Thomas	1500m 5th - 2nd Heat 3m 46.8s	1936
	5000m 3rd in heat 14m 06.2s	1936
	5000m 13th in final 1m 20.4s	1936
A.Thomas	1500m 8th - Heat 2 5m 50.5s	1936
	5000m 11th - Heat 2 5m 27.2s	1936
	(N during games)	
B.Pooleman	800m 4th Heat 2 1m 57.4s	1972
	(1st 3 into semi-final)	

Competitors - British Empire/Commonwealth Games

W.R.McKillop	Decathlon 129.11 11.5/2	
	Shot 4th 42' 1 3/4"	1938
B.W.Sherlick	Javelin 79' 10 1/2" 10 1/4"	1938
J.Marsden	100 yds 2nd 9.8s	
	220 yds 2nd 21.3s	
H.L.Gould	440 yds 4th in heat 40.3s	1938
	4x400 relay 3rd 4' 1 1/2"	1938
G.O.Dickinson	Broad jump 3rd 23' 5 1/2"	
	Hop Step Jump 3rd 10' 1 3/4"	1938
V.Walsh	4x 400 yds relay 4th	1938
G.Gedge	400 yds Handicap score 53.9s	
	1/4 in final	1950
	4x 400 yds relay 1st 3m 17.9s	1950
J.Bailey	400 yds 4th in heat 49.5s	
	800 yds 1st in heat 1m 54.2s	1954
	(Did not finish final - broken bone in foot)	
A.Thomas	1 mile 2nd 4m 02.7s	
	3 miles 2nd 10m 24.0s	1958
A.Thomas	1 mile 4m 02.2s in heat	
	2 miles 5th in final 4m 11.2s	1962
D.Tipping	220 yds 1st round 22.00s	
I.Dunaway	4x 100 yds relay 6th 44.7s	1962
O.L.Hoodham	Discus 157' 3"	1962
V.Plast	800m 5th in semi 1m 47.2s	1974 Christchurch
	500m Hurdles 8th 14.1s	
	100m 6th 11.2s	1974 Christchurch
J.Andrews	5000m 7th 13m 42.8s	1982
L.Whitby	10000m 8th 30m 40.93s	1982
	Marathon (Did not finish withdraw at 14km)	

Medals won - British Empire/Commonwealth games

J.Marsden	2nd 100 & 200 yds	1938	2 Silver
H.C.Dickinson	3rd broad jump	1936	2 Bronze
	3rd hop-step-jump	1936	2 Bronze
G.Gedge	1st 4x 400 yds relay	1950	1 Gold
A.Thomas	2nd 1 mile	1958	1 Bronze
	2nd 5 miles	1958	1 Silver
	Total medals 7 (1 Gold 2 Silver 3 Bronze)		

World Records

A.Thomas	2 miles 5m 12s	1958
	3 miles 13m 10.8s	1968

Club Officials**British Empire Games 1938 Sydney**

A.A.Goldsmit Referee Marathon

Athletes Publicity Officer

E.Pope Umpires

B.C.Button Ambassador

H.Horn Field Games

Olympic Games 1956 Melbourne

A.A.Goldsmit Member Organising Committee

Member Olympic Council

Chief Sector Officer Marathon & Walks

W.Ahern Field Games

F.Eppleton Field Games

P.L.Jeffries Field Games

P.J.Short Field Games

W.R.McKenzie Sector Officer Marathon & Walks

J.H.Jones Sector Officer Marathon & Walks

E.Williams Sector Officer Marathon

P.Slayer Sector Officer Marathon

M.Moroney Sector Officer Marathon

**THE ST GEORGE
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Open Male Club Championships

100m	A.Peterson	11.76	G.Gallagher	S.Zobes
200m	A.Peterson	23.99s	G.Gallagher	S.Zobes
400m	G.Gallagher	52.14s	A.Peterson	D.Jones
800m	D.Jones	1m 59.53s	G.Gallagher	B.Balby
1500m	R.Peters	4m 03.41s	D.Jones	B.Balby
3000m	R.Peters	9m 33.4s	F.Scottill	S.Cawse
5000m	R.Peters	19m 43.8s	G.McLaurin	B.Hansard
110mH	P.Tuzak	16.6s	M.Gentil	A.Peek
400mH	P.Tuzak	73.3s	A.Peek	
3000mS	N.Jones	9m 35.2s	A.Peek	
3000mW	C.Stratford	13m 23.2s		
3000mW	C.Stratford	22m 49.2s		
100mM	C.Stratford			
High Jump	M.Hannigan/Peterson	1.80m	M.Gentil	
Long Jump	A.Peterson	5.90m	S.Gallagher	M.Cawse
Triple Jump	S.Gallagher	12.12m	A.Peterson	P.Tuzak
Shot	S.Zobes	18.15m	S.Gallagher	A.Peterson
Discus	S.Gallagher	25.40m	T.Nunn	A.Peek
Javelin	A.Peek	30.90m	M.Cawse	S.Gallagher
Hammer	A.Peek	19.60m	S.Gentil	R.McLoy

Male Under 18 years

100m	L.Kennedy	12.3s	G.Simone	L.Lesay
200m	L.Kennedy	25.0s	L.Lesay	D.Jones
400m	D.Jones	54.7s	D.Simone	L.Lesay
800m	T.Audatio	1m 57.39s	D.Jones	D.Simone
1500m	T.Audatio	4m 01.7s	D.Jones	D.Simone
3000m	T.Audatio	8m 52.78s	D.Jones	L.Lesay
5000m	D.Simone	17m 3d.0s	D.Jones	L.Lesay
2000mH	D.Simone	1m 50.3s	D.Jones	L.Lesay
High Jump	L.Lesay	1.58m	D.Jones	L.Kennedy
Long Jump	L.Lesay	4.67m	D.Jones	I.Kennedy
Triple Jump	D.Jones	9.80m	L.Lesay	L.Lesay
Shot	I.Kennedy	8.85m	D.Jones	L.Lesay
Discus	D.Jones	33.72m	L.Lesay	D.Jones
Javelin	D.Simone	30.00m	L.Lesay	D.Jones
Hammer	L.Lesay	19.90m		

Male Under 16 years

900m	S.Daly/K.Gallagher	12.7s	C.Rocks	100m
200m	S.Daly	24.56s	K.Gallagher	C.Rocks
400m	S.Daly	52.36s	K.Gallagher	
800m	K.Gallagher	2m 15.5s		
1500m	J.Buckley	4m 27.8s	K.Gallagher	C.Rocks
3000m	J.Buckley	8m 37.4s		
100mH	K.Gallagher	17.9s		
200mH	K.Gallagher	34.5s		
High Jump	K.Gallagher	1.40m		
Long Jump	K.Gallagher	4.95m		
Triple Jump	K.Gallagher	9.96m		
Shot	K.Gallagher	9.13m		
Discus	K.Gallagher	32.85m		
Javelin	K.Gallagher	28.48m		

Male Under 14 Years

100m	G.Peterson	11.03s	M.Moody	M.Rodway
200m	G.Peterson	23.94s	M.Moody	M.Rodway
400m	G.Peterson	54.76s	M.Moody	M.Rodway
800m	M.Moody	3m 02.00s	M.Rodway	
1500m	M.Moody	6m 10.00s	M.Rodway	
3000m	M.Moody	13m 06.00s	M.Rodway	
100mH	M.Rodway	22.1s		
200mH	M.Moody	43.5s	M.Rodway	
High Jump	M.Moody	1.20m	M.Rodway	

Long Jump

M.Moody	9.80m
M.Rodway	8.90m
M.Rodway	7.70m
M.Rodway	10.34m
M.Moody	15.50m

Open Female Club Championship

C.Williams	12.7s
C.Williams	25.9s
C.Williams	57.69s
C.Williams	2m 20.18s
C.Williams	3m 33.00s
C.Williams	12m 54.30s
A.Manning	10m 13.75s
A.Manning	34m 54.70s
S.Tuzak	1.56m
C.Williams	4.95m
S.Tuzak	9.40m
S.Tuzak	7.16m
C.Williams	18.00m
S.Tuzak	18.20m
C.Williams	14.20m

Female Under 18 years

K.Hall	12.9s
K.Hall	26.45s
L.Zammarelli	58.89s
L.Zammarelli	2m 15.40s
L.Zammarelli	4m 44.97s
M.Buckley	17.90s
K.Hall	19.02s
K.Hall	1.53m
K.Hall	5.58m
K.Hall	10.77m
K.Hall	8.23m
K.Hall	22.28m
K.Hall	25.30s
K.Hall	3745 points

Female Under 16 years

D.Fenton	12.95s
D.Fenton	26.85s
D.Fenton	59.11s
L.Hopkins	2m 25.13s
L.Hopkins	4m 19.0s
S.Sheldrod	1m 19.0s
B.Otto	18.95s
B.Otto	53.3s
B.Otto	1.55m
B.Otto	5.22m
B.Otto	10.73m
B.Otto	8.74m
B.Otto	21.34m
B.Otto	16.78m
B.Otto	A.Rodway

Females Under 14 years

R.Tuzak	13.2s
R.Tuzak	27.9s
E.Sheldrod	59.87s
E.Sheldrod	2m 21.50s
E.Sheldrod	6m 02.50s
C.Buckley	11m 20.9s
A.Rodway	19.4s
A.Rodway	39.2s

High Jump	U.Rodway	1.50m	R.Tuzak	1796	S.Zorbas	509	L.Kennedy
Long Jump	U.Rodway	6.70m	R.Tuzak	1434	E.Gentle	311	M.Hartman
Triple Jump	U.Rodway	10.58m	R.Tuzak	1450	R.Molloy		
Shot	U.Rodway	7.74m	R.Tuzak	1255	M.Gentle		Under 16 Mens
Discus	U.Rodway	20.40m	R.Tuzak	1153	J.Gallagher	230	K.Gallagher
Javelin	U.Rodway	18.00m	R.Tuzak	1119	P.Tuzak	241	C.Pools
			E.Stratford	1028	A.Patterson	256	D.Simone
				883	M.Donnelly		
				152	P.Tongo		Under 14 Mens
				90	G.Argall	1286	M.Rodway
						960	M.Moody

Hensley Interclub Pointscore

"A" Div. Men	"B" Div. Men	
886 A.Patterson	505 A.Peek	Open Women
821 M.Gentle	458 E.Gentle	2010 C.Williams
804 T.Hurn	244 R.Unley	244 R.Tuzak
630 R.Molloy	228 T.Nunn	195 A.Michelson
295 A.Patterson	184 P.Tuzak	
187 L.Leary	165 M.Gentle	Under 16 Womens
168 S.Gallagher	56 S.Gallagher	4077 U.Rodway
129 E.Gentle	30 A.Patterson	1083 S.Otto
61 K.Gallagher	25 J.Gallagher	185 R.Tuzak
55 R.Gobbe	15 David Jones	
31 F.Scottell	15 G.Roeke	
25 J.Gallagher		
15 David Jones		
"C" Div. Men	"A" Div. Women	
12 A.Peek	237 B.Tuzak	45 S.Gallagher
59 K.Gallagher	172 R.Tuzak	20 A.Patterson
51 E.Gentle	128 C.Williams	15 C.Stratford
33 P.Tuzak	16 B.Otto	10 S.Zorbas
35 L.Leary		8 J.Gallagher
27 J.Gallagher		4 A.Peek
18 R.Molloy		
9 M.Gentle		

Hensley Interclub Pointscore

Open Mens	Veteran Mens
60 M.Gentle	61 R.Molloy
49 S.Gallagher	53 A.Patterson
20 A.Patterson	28 E.Gentle
15 C.Stratford	25 P.Tuzak
10 S.Zorbas	
8 J.Gallagher	
4 A.Peek	
Under 16 Mens	Under 14 Mens
18 David Jones	8 C.Patterson
11 C.Simons	5 M.Moody
8 K.Gallagher	4 M.Rodway
6 L.Leary	
Under 16 Womens	
76 C.Williams	
70 A.Michelson	
32 R.Tuzak	
14 S.Zorbas	
Southern Zone Interclub Pointscore	
Open Mens	Veteran Mens
61 R.Molloy	
53 A.Patterson	
28 E.Gentle	
25 P.Tuzak	
Under 16 Mens	Under 14 Mens
54 U.Rodway	8 C.Patterson
51 S.Otto	5 M.Moody
5 D.Jernaro	4 M.Rodway
7 E.Stratford	

Results HAF Interclub Premiership

Mens "A" Grade	Mens "B" Grade	
190 St.George (1)	190 St.George (1)	Open Womens
121 Randwick Botany	44 St.George (2)	76 C.Williams
109 NSW Vets	16 NSW Vets	70 A.Michelson
33 Bawang	13 Tiger West	32 R.Tuzak
31 Eastern Suburbs	8 F9	14 S.Zorbas
25 Tiger West	6 Randwick Botany	
22 St.George (3)	8 St.George (3)	
Sutherland		Southern Zone Premiership Results
12 Penrith		Open Mens
12 Sydney Uni		259 St.George
8 Canterbury/Potts Hill		157 St.George
5 F9 (1)		99 Sutherland
4 F9 (2)		4 Ingolburn
3 University Gaels		Under 16 Mens
2 UNSW Hills		105 Bawang
1 Northern Suburbs		98 Ingolburn
Mens "C" Grade	Womens "A" Grade	Under 14 Mens
174 NSW Vets (1)	60 St.George (1)	46 St.George
82 St.George	40 Randwick Botany	30 Sutherland
54 Randwick Botany	18 Tiger West	
48 NSW Vets (2)	8 South Sydney	160 Bawang
5 Tiger West	6 Sutherland	104 St.George
	6 Northern Suburb	72 Sutherland
		42 Ingolburn

Southern Zone Premiership Results

Open Mens	Veteran Mens
259 St.George	259 St.George
157 St.George	157 St.George
99 Sutherland	99 Sutherland
4 Ingolburn	4 Ingolburn
Under 16 Mens	
105 Bawang	
98 Ingolburn	
46 St.George	
30 Sutherland	
Under 14 Female	
160 Bawang	
104 St.George	
72 Sutherland	
42 Ingolburn	
Under 16 Female	
125 Sutherland	
114 St.George	
95 Ingolburn	
72 Bawang	

Odds Park Competition

Open Mens	Under 18 Mens
3583 A.Peek	3667 L.Leary
2302 S.Gallagher	1422 David Jones

Summer Cross Country Division 1

	8m	8m	8m	12m	12m	12m	12m	12m	12m
J.Irving	85	20m	03s	25m	12s	300m	R.Mulley 4		
E.Gardiner	74	34m	01s	30m	29s	400m	R.Mulley 3	27.0s	
L.Lester	73	39m	02s	23m	52s	600m	R.Mulley 3	61.1s	
A.Peek	73	22m	04s	20m	29s	1500m	R.Gribble 1	3m	20.5s
P.Phillips	70	19m	04s	24m	12s		R.Gribble 3	4s	34.4s
M.Donnelly	50	19m	05s	24m	21s				
K.Jenkins	40	27m	37s	34m	03s				
R.Vaughan	29	24m	15s	31m	34s				
V.Hopkins	20	22m	30s	26m	03s				
R.Gribble	18			20m	27s				
C.Smith	11	21m	49s						
B.Molins	8	23m	01s						
P.Baker	7	21m	37s						
A.Argall	5	22m	30s						

Summer Cross Country Division 2

	2m	2m	2m	2m	2m	2m	2m	2m	2m
S.Bonnally	100	14m	08s	24m	25s		1	Portable Loud Hailer	
D.Molins	65	8m	20s	13m	30s		1	Map display Board	
P.Donnelly	70	14m	20s	23m	25s		1	Winners Bars	
A.Murphy	72	7m	43s	12m	12s		1	First Aid Kit	
R.Mulley	65	9m	36s	16m	10s		4	High Jump Bars - Fibreglass	
P.Nash	63	7m	60s	13m	29s		6	High Jump Bars - Metal	
P.Wright	62	11m	16s	18m	32s		4	Soft High Jump Screens	
N.Thomas	54	12m	33s	22m	36s		2	Measuring Sticks - Metal	
A.Thomas	51	2m	45s	13m	28s		2	Wooden Pole Vault Uprights	
M.Garrett	22	7m	43s	12m	34s		2	Pole Vault Bar	
M.Wesdop	22	8m	02s				1	Pole Vault Pole	
G.Argall	12	7m	52s				3	Shot Put Stop Boards - Wooden	
W.Scary	12	16m	43s	16m	18s		1	Portable Shot Put Metal Circle	
M.Favoloro	10	13m	15s	15m	02s		3	8lb Shot Pots	
R.Gibble	7	7m	14s				2	4kg Shot Pots	
M.Hocking	5	18m	17s				3	2kg Shot Pots	

Equipment as at 31 March 1992

W88									
100m	E.Walsh	4					1	Heavy Metal Box	
200m	E.Walsh	3					2	1kg Discus	
400m	E.Walsh	3					2	1.5kg Discus	
800m	E.Walsh	2	3m	35.4s			3	2kg Discus	
1500m	E.Walsh	2	3m	08s			1	Portable Metal Discus Circle	
3000m	E.Walsh	3	28m	42s			1	400g Javelin	
							2	600g Javelin	
							2	700g Javelin	
							4	800g Javelin	
							1	50m Tape Measure	
							3	30m Tape Measures	
							1	Shot 20 m Tape Measure	
							1	Set Field Markers (1-20)	
							1	Ruler	
							5	Metal Measuring Spikes	
							2	Set Wooden Jumps Take-off Markers	
							40	Handles	
							2	Junior Relay Batons	
							9	Relay Batons	
							1	Lap Bell (hand)	
							1	Stop Starting Gun	
							1	Clock	
							1	Printer-Stop Watch	
							3	Stop Watches	
							3	Metal Finishing Pliers	
							20	Metal Course Posts	
							20	Wooden Course Flags - Red/White	
							20	Plastic Course Flags - Red/White	
							9	St George Club Banners/Flags	
							22	Gripboards	

CLUB RECORDS**SENIOR MENS BEST ON RECORD**

100 metres	R. Henderson	10.30s	10.30s	100m H(1.657m)	J. Hancock	4m	13.80s	1988
200 metres	S. Longden-Gas	20.90s	19.74/19	200m Steeple	M. Bird	16.20s	21.12.76	
400 metres	S. Longden-Gas	45.70s	45.70s	High Jump	M. Jones	53.30s	12.3.77	
800 metres	G. Rooban	1m 46.60s	46.60s	Long Jump	G. Jones	53.51s	22.3.61	
1500 metres	A. Thorne	3m 42.60s	42.60s	Triple Jump	G. Friend	7.20m	1984	
3000 metres	J. Andrews	7m 55.50s	55.50s	Pole Vault	B. Dickasson	4.70m	1982	
5000 metres	J. Andrews	12m 27.31s	27.31s	Shot 5.44kg	I. Barry	3.50m	1979	
10000 metres	J. Andrews	26m 06.70s	06.70s	Discus 1.8kg	J. Neale	14.40m	12.9.82	
Marathon	J. Andrews	2h 14m 44.60s	44.60s	Javelin 800g	G. Gilroy	56.10m	1983	
1 mile	A. Thorne	3m 58.30s	58.30s	Hammer 5.4-40kg	A. Scotti	39.02m	9.3.79	
100m H(1.657m)	V. Plant	13.70s	13.70s	Discus 200g	M. Donny	50.24pt	1977	
400m H(0.914m)	G. Cox	51.20s	51.20s	Pentathlon	M. Donny	3888pt	21.12.77	
3000m Steeple	M. Jones	9m 05.16s	5.16s	4 x 100m Relay	A. Denehan			
3000m Walk	G. Stratford	12m 23.20s	23.20s		C. Senna			
5000m Walk	G. Stratford	22m 46.20s	46.20s		D. Snodden			
10000m Walk	G. Stratford	49.90s	49.90s	4 x 200m Relay	R. Henderson	43.18s	12.12.92	
High Jump	M. Wardell	2.01m	2.01m		C. Senna			
Long Jump	B. D'Alfonso	7.40m	7.40m		F. McCarthy			
Triple Jump	B. Dickasson	15.60s	15.60s		D. Snodden			
Pole Vault	D. Antropakis	4.30m	4.30m	4 x 400m Relay	R. Henderson			
Shot 7.26kg	L. Chinnery	19.10m	19.10m		R. Abbott			
Discus	R. Lunt	21.16m	21.16m		J. Sulivan			
Javelin 800g	G. Glynn	39.30m	39.30m		R. Pollett			
Hammer 7.26kg	M. Bodrossy	69.30m	69.30m		M. Donny			
Decathlon	B. Dickasson	5350 Pt	5350 Pt		P. Dwyer			
4 x 100m Relay	R. Gair				B. Byrne			
	V. Plant				D. Clarke			
	J. Van Steeden				J. Hancock			
	S. Longden-Gas			4 x 1500m Relay	L. Whitty			
4 x 200m Relay	J. Sullivan				G. Etrott			
	G. Cox				M. McGuire			
	M. Van der Velde				M. Jones	1m	34.34	9.12.79
	S. Longden-Gas				M. McGuire	15.814m	16.9.82	
	T. S. Longden-Gas			8 Hour Fleet	M. McGuire	7m	18s	9853
	1m	27.30s	27.30s	8 Mile Walk				
4 x 400m Relay	J. Forrester							
	M. Van der Velde			MIENS UNDER 18 BEST ON RECORD				
	J. Van Steeden			Commenced	1.6.82			
4 x 800m Relay	G. Rooban			900 metres	J. Abbott	10.90s	11.12.92	
	G. Cox			200 metres	R. Henderson	21.6s	11.12.92	
	M. Dunn			400 metres	M. Lamerton	49.25s	11.12.92	
4 x 1200m Relay	R. Moagher			800 metres	P. Warren	1m 54.70s	11.12.92	
	J. Hancock			900 metres	M. Vassallo	3m 53.00s	15.2.92	
	G. Rooban			900 metres	L. Whitty	2m 29.20s	10.12.77	
	P. Gunn			900 metres	L. Whitty	3m 30.00s	18.75	
	J. Scott	15s	40.40s	9000 metres	L. Whitty	0m 01.00s	1977	
50 Metre Track	D. Edwards	10.80s	10.80s	9100m H(0.914m)	J. Jones	16.00s	10.10.82	
50 Metre Pool	H. Daemley	10m 26m	21.00s	9500m H(0.914m)	J. Jones	69.50s	20.2.82	
100 Metres	D. Gray	10m 40m	37.00s	2000m Steeple	R. Deutch	8m 01.47s	6.12.94	
1 Hour Run	C. Williams	18.77km	18.77km	High Jump	J. Jones	1.35m	15.11.81	
1 Mile Walk	E. Ashton	4m 45.00s	45.00s	Long Jump	M. Bird	6.94m	1975	
2 Mile Walk	E. Ashton	22m 13.00s	13.00s	Triple Jump	I. Berry	13.93m	18.11.78	
3 Mile Walk	E. Ashton	35m 49.20s	49.20s	Pole Vault	I. Berry	3.35m	21.1.73	
5 Mile Walk	E. Ashton	52m 14.70s	14.70s	Shot 5.44kg	J. Neale	16.40m	12.9.82	
800m Walk	G. Stratford	2h 23m	18.80s	Discus 1.8kg	J. Neale	52.22m	9.7.10.81	
				Javelin (750g)	J. Neale	86.75m	7.11.81	
				Hammer 5.4-40kg	R. Stibbe	36.00m	1972	
MIENS UNDER 20 BEST ON RECORD								
100 metres	R. Henderson	10.60s	10.60s	Designation	D. Davidson	605kg	12.1.85	
200 metres	R. Henderson	21.16s	21.16s	4 x 100m Relay	M. Jones			
400 metres	D. Stephenson	47.80s	47.80s		C. Widerill			
800 metres	J. Hancock	1m 53.00s	53.00s		S. Agnew			
1500 metres	M. Wuszko	3m 03.00s	03.00s		G. Davis			
3000 metres	L. Whitty	8m 12.70s	12.70s	4 x 200m Relay	M. Jones			
5000 metres	L. Whitty	14m 20.50s	20.50s		C. Widerill			
10000 metres	L. Whitty	25m 30.40s	30.40s		S. Agnew			
			1.3.77					

4 x 400m Relay	G Davis R Deutsch A Noeier P Sunseri	1m 32.29s	18.12.04	5000 metres 100m(0.95km) 200m(0.762km)	T.Auciello G Scott W Bird	8m 52.76s	13.10.91 27.2.03 19.75		
4 x 800m Relay	P Warren R Band-Stenberg M Temple P Deutsch	2m 29.00s	2.12.04	200m Sleeps 500m Walks High Jump Long Jump	T.Glasson D.Luthens H.Pavlik R.Fong	1m 01.81s 8m 29.10s 45.00s	18.11.84 23.11.05 30.11.70 18.9.81 21.2.00		
4 x 1500m Relay	N Nixon R.Band-Stenberg N Nixon M.Vassallo M.Zamanselli	3m 06.92s	8.12.05	Triple Jump Pole Vault Shot (4.550kg) Discus (1.8kg) Javelin (700g)	G.Nixon S.Jarrett H.Pavlik H.Pavlik P.Dawson	15.56s 2.42s 13.26s 42.22m 47.74m	19.75 21.12.62 21.11.62 21.11.62 18.40m 8.12.04		
MENS UNDER 17 BEST ON RECORD									
100 metres	C.Saylor	10.80s	17.12.77	4 x 300m Relay	C.Davis C.Wetherill				
200 metres	M.Jones	20.00s	12.12.64		M.Lubiano				
400 metres	R.Henderson	21.4s	11.10.80		M.Jones	44.00s	4.12.83		
800 metres	M.Lubiano	49.23s	11.12.03	4 x 200m Relay	C.Dawson				
1500 metres	P.Warren	54.70s	11.12.69		C.Wetherill				
3000 metres	L.Whitby	9m 59.00s	7.1.77		M.Lubiano				
5000 metres	L.Whitby	9m 25.20s	18.12.77		M.Jones				
10000 metres	L.Whitby	14m 38.00s	1976	4 x 400m Relay	V.Parker				
110mH(0.914m)	W.Bird	10m 01.00s	1977		D.Dawson				
200mH(0.762m)	M.Dorothy	14.20s	1976		A.Noieir				
400mH(0.914m)	P.Jones	25.70s	21.12.74	4 x 800m Relay	N.Nixon				
2000m Steeple	T.Clarkson	6m 29.10s	23.11.85		P.Warren	3m 59.68s	16.12.04		
1500m Walk	J.Tenka	6m 40.00s	26.11.77		M.Lubiano				
200m Walk	J.Tenka	14m 56.00s	21.11.70		R.Woods				
High Jump	P.Jones	1.90m	13.11.81	4 x 1500m Relay	R.Sunseri				
Long Jump	W.Bird	6.64m	1975		P.Warren	8m 23.48s	23.11.83		
Title Jump	I.Berry	10.65m	13.11.76		G.Sunseri				
Pole Vault	I.Berry	3.38m	21.1.78		R.Woods				
Shot (4.550kg)	J.Neale	16.51m	20.12.00		R.Sunseri	17m 39.48s	12.12.03		
Discus (1.8kg)	J.Neale	52.22m	17.10.81	MENS UNDER 15 BEST ON RECORD					
Javelin (750g)	J.Neale	56.78m	2.11.81	100 metres	W.Bird	11.30s	1973		
Javelin (1900g)	J.Brown	67.00m	1975		C.Saylor	11.30s	15.1.77		
Hammer (5.449kg)	R.Stobbs	33.88m	1972		M.Jones	11.30s	16.10.82		
4 x 100m Relay	M.Jones			200 metres	C.Saylor	22.50s	16.1.77		
	C.Wetherill			400 metres	M.Lubiano	52.10s	24.10.82		
	S.Gilligan			800 metres	N.Nixon	1m 59.68s	10.12.03		
	C.Davis	44.52s	2.12.84	1500 metres	M.Nixon	4m 07.86s	17.12.03		
4 x 200m Relay	M.Jones			10000 metres	P.Warren	14.63s	0.12.04		
	C.Wetherill			3000 metres	M.Zamanselli	15.10s	15.1.81		
	B.Hignett			100mH(0.914m)	R.Fong	27.00s	19.72		
	C.Davis	1m 32.29s	18.12.04	300m Walk	D.Luthens	2m 45.00s	30.11.78		
4 x 400m Relay	V.Parker			1 Mile Walk	K.Warnings	8m 18.40s	19.67		
	P.Dawson			High Jump	H.Pavlik	1.50m	16.6.82		
	A.Noieir			Long Jump	R.Fong	6.12m	21.9.82		
	H.Knox	2m 03.05s	18.12.04	Triple Jump	G.Neale	10.56m	1975		
4 x 800m Relay	P.Warren			Shot (3.600kg)	J.Neale	15.98m	12.10.80		
	M.Lubiano			Discus (1.8kg)	J.Neale	31.72m	5.10.82		
	R.Woods			Javelin (500g)	P.Dawson	50.54m	8.10.83		
4 x 1500m Relay	P.Warren			4 x 100m Relay	C.Davis				
	R.Sunseri				G.Wetherill				
	R.Woods				B.Dawson				
	G.Sunseri	17m 39.48s	12.12.02		M.Jones	47.80s	21.5.03		
MENS UNDER 16 BEST ON RECORD									
100 metres	M.Jones	11.19s	16.10.03	4 x 200m Relay	R.Fong				
200 metres	M.Jones	22.68s	12.2.04		D.Saylor				
400 metres	M.Lubiano	49.70s	15.10.03		L.Bryant				
800 metres	T.Auciello	3m 57.39s	26.10.01		J.Neale				
1500 metres	T.Auciello	3m 57.49s	17.11.01			3m 46.90s	30.11.00		

4 x 800m Relay	F.J.Fang		10000m Walk	C.Stratford	64m	18.80s	7.1.00
	J.Argall		High Jump	K.Hall		1.85m	12.10.01
	B.Merton		Long Jump	K.Hall		5.66m	14.3.02
	J.Marie	8m	10.10s	23.11.00		10.77m	12.10.01
4 x 1600m Relay	M.U.Schreiber		Triple Jump	K.Hall		8.74m	4.3.02
	B.Merton		Shot 4kg	B.Otto		22.20m	16.52.01
	J.Argall		Discus 1kg	K.Hall		35.56m	20.11.01
	M.Candy	17m	36.48s	20.11.00		Javelin 600g	
			Hammer 4kg	G.Williams		14.28m	1.1.01
			Highjashan	K.Hall		3745pt	13.10.01
UNDER 14 BEST ON RECORD				4 x 200 m Relay			
100 metres	G.Pohore		11.63s	12.10.01			
200 metres	G.Pohore		23.24s	8.2.92			
400 metres	A.Nisler		53.57s	25.2.84			
800 metres	N.Nisler	2m	07.84s	27.2.85	4 x 400 m Relay		
1600 metres	N.Nisler	4m	19.00s	26.2.93			
High Jump	S.Mungoven		1.65m	6.11.82			
Long Jump	A.Nisler		5.52m	1.1.54			
Tape Jump	A.Nisler		11.54m	8.11.83			
Shot (0.82kg)	A.Nisler		14.78m	9.1.84	4 x 800 m Relay		
Discus (1kg)	A.Nisler		26.44m	17.1.84			
Javelin (500g)	A.Nisler		43.00m	27.1.84			
4 x 400m Relay	K.Nisler						
	M.Tango						
	S.Jamison						
	A.Jones	4m	01.23s	20.11.82	4 x 1500 m Relay		
4 x 800m Relay	D.Davison						
	O.Whaley						
	A.Jones						
	N.Nisler	3m	17.55s	12.12.05	WOMENS UNDER 20 BEST ON RECORD		
4 x 1500m Relay	D.Whaley						
	A.Jones				100 metres	D.Ferraro	12.95s
	T.Dietz					D.Ferraro	25.85s
	N.Nisler	9m	40.94s	20.11.02	200 metres	D.Ferraro	50.11
					400 metres	M.Dillon	11.90s
					800 metres	M.Dillon	27.78s
					1500 metres	M.Dillon	41.44s
					3000 metres	M.Dillon	57.00s
					10000 metres	A.McKean	27.01s
MENS UNDER 13 BEST ON RECORD							
100 metres	T.Sparkes		12.45s	3.3.79	100mH(0.940m)	B.Tazik	16.95s
	A.Nisler		12.45s	19.3.69	200mH(0.762m)	B.Otto	25.30s
200 metres	A.Nisler		25.78s	27.2.63	3000m Walk	C.Stratford	1m
400 metres	M.Dority	1m	52.70s	107s	6000m Walk	C.Stratford	25m
800 metres	N.Nisler	2m	17.90s	28.2.62	High Jump	K.Hall	
1600 metres	W.Wolfeball	4m	43.93s	1976	Long Jump	K.Hall	
1 mile	G.McMahon	5m	21.40s	1969	Triple Jump	K.Hall	
70mH(0.762m)	W.Bird		12.30s	1970	Shot 4kg	B.Otto	
	A.Scott		12.30s	1974	Discus 1kg	K.Hall	
10000m Walk	M.E.Hegerton	8m	16.00s	17.12.76	Javelin 600g	K.Hall	
High Jump	S.Green		1.58m	1.12.78	Highjashan	K.Hall	
Long Jump	T.Sparkes		5.17m	1970	4 x 200 m Relay	C.Buckley	
Triple Jump	A.Scott		10.42m	1974		D.Ferraro	
Shot (2.72kg)	J.Taylor		15.64m	4.10.81		J.Rodway	
Discus (1kg)	D.Scott		30.06m	5.3.77			
WOMENS SENIOR BEST ON RECORD				4 x 400 m Relay			
100 metres	C.Williams		12.90s	4.1.91			
200 metres	C.Williams		26.78s	14.1.91			
400 metres	C.Williams		57.89s	29.2.92	4 x 800 m Relay	M.Buckley	
800 metres	B.Makovcic	2m	10.85s	21.2.03		L.Hopkins	
1500 metres	B.Makovcic	4m	21.45s	20.2.00		L.Homnick	
3000 metres	B.Makovcic	5m	39.26s	26.2.07	4 x 1500 m Relay	L.Zornemaroff	
10000 metres	B.Makovcic	26m	07.00s	7.11.88		M.Buckley	
Marathon	P.Marshall	25	50m	25.4.00		N.Hoyte	
1 mile	B.Makovcic	4m	46.70s	10.1.00		L.Homnick	
100mH(0.940m)	B.Tazik		10.90s	26.2.09		L.Zornemaroff	
200mH(0.762m)	B.Otto		33.50s	23.10.91			
3000m Walk	A.Manning	14m	18.70s	29.2.92			
5000m Walk	A.Manning	24m	54.70s	15.2.93			

ATHLETICS NEW SOUTH WALES

St George hosted the running of the 1981 NSW Novice Cross Country Championships at Booraburra Park. This meet is a popular fixture for cross country running and is always enjoyed by athletes and spectators alike.

Members of St George Club were active in Athletics NSW holding the following offices:

Alliance Championships OAM

1. Life Member

2. Ambassador for Athletics NSW

George Carruthers MBE

1. Consultant "City to Surf"

2. Life Member Athletics NSW

Fred Eggleton

1. Field games judge, Inaugural NSW Championships
2. Director Technical Affairs
3. Merit Award holder of All-Around NSW
4. Life Member Athletics NSW
5. State Senior Referee T & F and Multi-events
6. National Referee-Relay Games & Multi-events

Arthur Peck

1. Manager Honorary Field Competitions
2. Manager NSW Novice CC Championships

Alan Staples

1. Member Honorary Committee (Wives)

Albert Thomas

1. Merit Award holder of Athletics NSW

Ron Grishafe

1. Merit Award holder of Athletics NSW

2. Ambassador for Athletics NSW

Dennis Jefferis

1. Merit Award holder of Athletics NSW

Roy Patmore

1. Merit Award holder of Athletics NSW

AUSTRALIAN, STATE & OVERSEAS REPRESENTATIVES

1000m Walk	E.E. Austin	Paris Olympic Games	1924
1000m CC	C.W. Weeks	Wellington-Aust CCC	1925
1000m CG	A.A. Gainsford	Wellington-Aust CCC	1925
Hop, Skip & Jump	B.C. Dickinsen	Berlin Olympic Games	1936
4x100m Hurd	G.Godjo	Auckland Empire Games	1930
Marathon	C.Smeal	Helsinki Olympic Games	1952
1 Mile & 3 Miles	A.Thomas	Cardiff Empire Games	1958
1500 metres	A.Thomas	Pierre Olympic Games	1960
5000 metres	A.Thomas	Pierre Olympic Games	1960
1500 & 5000m	A.Thomas	Tokyo Olympic Games	1964
800 metres	G.Robertson	Munich Olympic Games	1972
800 metres	G.Prestwich	Christchurch	1972
400 metres	S.Gee(47.0a)	NZ Games Christchurch	1975

600m Hurdles	V.Phett	NZ Games Christchurch	1973
Cross Country	L.Whity	NZ-Auss match	1978
5000m	J.Andrews	Pacific Conference Games	1981
10000m	[14x100ms]	Christchurch NZ	1981
10000m m CC	J.Andrews	Pacific Conference Games	1981
10000m CC	[38metre]	Christchurch NZ	1981
10000m CC	J.Andrews	World CCC Madrid	1981
10000m CC	J.Andrews	World CCC Gateshead	1982

OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

*Former world record			
800 yards	J.Bailey (Los Angeles)	1min8.19	1926
8 Miles	J.Bailey (Los Angeles)	3hr08.14	1926
8 Miles	A.Thomas (Dublin)	3hr08.58	1938
2 Miles *	A.Thomas (Dublin)	50min32.0	1938
2 Miles *	A.Thomas (Dublin)	53min10.8s	1950
4000 metres	A.Thomas (Switzer)	9hr42s	1939
8000 metres	A.Thomas (Switzer)	16hr03.2s	1959
800 yards	J.Bailey (USA)	1min59.2s	1926
5000 metres	L.Whity (NZ junior)	14min19.5s	1977
5000 metres	L.Whity (Fukuoka)	2hr 15min23.000	1980
5000 metres	J.Andrews (Hamilton)	8min01.81s	1981
5000 metres	J.Andrews (Auckland)	12min32.00s	1981
5000 metres	J.Andrews (Pistol)	7m58.70s	1982
Marathon	J.Andrews (Chicago)	2hr 14min44.00s	1982

CLUB AND SCHOOLS OVERSEAS REPRESENTATIVES

Lang.Jones	W.Gilver	NZ Games Christchurch	
	[15.80s]	Schools team	1925
800 metres	G.Case	NZ Games Christchurch	
	[1min25.0s]	Schools team	1976
110m Hurdles	W.Bell	[15.0s] NZ	1976
110m Hurdles	W.Bell	NZ Games Christchurch	1976
8 100m		Schools team	
Marathon	R.Squires	NZ Hamilton	
	[2hr23min08s]	Marathon	1977
Marathon	D.Edwards	NZ Hamilton	
	[2hr34min01s]	Marathon	1978
Marathon	J.Scott	Boston Marathon	
	[2hr25min02s]		1977

See Notes Annexes A, B, C, D, E, F, G, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z. These are reproduced with permission of NZAA which retains copyright in all material and retains the right to alter or amend any part of it. Material may be reproduced only for non-commercial purposes or for personal use. Material may be reproduced in full or in part, provided that the material is not altered, is not sold, is not reproduced in whole or in part for commercial purposes, and is not distributed outside New Zealand. NZAA retains all rights in material so reproduced.

** Male Athlete of the Year - Best all round male athlete in New Zealand.

** Male Athlete of the Year - Best all round male athlete in Australia.

All male titles are restricted categories according to the rules of selection, nomination, nomination fees, and all other relevant regulations.

All female titles are restricted categories according to the rules of selection, nomination, nomination fees, and all other relevant regulations.

All awards titles are restricted categories according to the rules of selection, nomination, nomination fees, and all other relevant regulations.

All records are restricted categories according to the rules of selection, nomination, nomination fees, and all other relevant regulations.

All titles and awards are restricted categories according to the rules of selection, nomination, nomination fees, and all other relevant regulations.

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Comments on Annual Financial Statements

By Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows:

Amount	As at 31 March	Social	Other	Total
Million	Committee	Club Funds	Club	
1988	\$3,204.84	\$10,366.03		
\$10,565.83				
1989	\$3,800.45	\$12,778.72	+\$3,015.34	
\$10,579.17				
1990	\$6,129.23	\$12,979.63	+\$2,520.69	
\$10,000.94				
1991	\$7,385.90	\$13,004.40	+\$2,200.69	
\$21,350.46				
1992	\$11,886.81	\$8,064.84	-\$3,628.31	
\$16,741.25				

It has been decided that the Social Committee funds should be formally incorporated into the Balance Sheet of the Club. In recent times, transactions of the Social Committee and the Teams Fund have become minor. Rebursements have been performed from Other-Club Funds because it has been considered prudent to leave unattached Social Club Funds invested in Fixed Deposits as opposed to receive a higher rate of interest. Also, over the past twelve months there was no transfer of funds from the Social Committee to either the General Fund or the Teams Fund for the same reason.

During the year, the Club contributed \$2,670 towards the cost of erecting an extension to storage facilities at Olds Park. Other subscription expenses to celebrate the Club's 70th anniversary included Club Medallions (\$879), security of 70th Annual Dinner (\$700), and Barbecue Expenses (\$232). These expenses which totalled \$4,400 were the main reason for a loss of \$4,000 incurred by the General Fund.

In 1991-92 the Scarborough Park National Fitness Association wound up its operations. This Association has very generously allocated some of its funds to the Club, including \$500 for a Perpetual Trophy; \$300 to purchase chairs for outdoor use at Scarborough Park; \$309.77 for the Ron Gibbons Trophy cup, and \$1,500 for travel expenses for Junior athletes. The chairs are being purchased in the 1992-93 financial year, and the \$1,500 for Junior Athletes was spent in 1991-92 in the basis of a maximum of \$100 for each Junior athlete travelling interstate for competition. During the year, total payments to athletes for travel expenses totalled \$2,250.

Once again David Carlisle has agreed to audit the Club's books in an honorary capacity. His suggestions in ensuring that the Club's assets are properly accounted for, and his dedication to his auditing function are of substantial value to the Club.

ROCKDALE / KOGARAH REHABILITATION & SPORTS INJURY CENTRE

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Statements of Receipts and Payments for the twelve months ended 31 March 1992

Receipts	Payments
General Fund	
Annual Subscriptions	3,019.00
Donations	421.00
Prize Money -	
CC Race Fees	1,460.00
Radio Proceeds	258.00
Summer Race Fees	125.00
Track Race Fees	615.25
	2,358.25
Sale of Uniforms	613.00
General -	
Sale of Handbooks	66.50
Sale of Expenses	180.00
Bank Interest	100.00
Scouts Park N.F.A. Contribution -	
Trophy	800.00
Choir	300.00
CC Trophies	339.77
Dinner Tickets	1,010.00
Refund of Rental Deposit	24.00
	2,600.25
Total Receipts	10,001.46
Loss	4,000.47
	\$14,001.93
\$14,001.93	
Teams Fund	
Athletics NSW Refund	260.00
Scouts Park N.F.A. Contribution - Junior Athletes	1,500.00
Sponsor Awards	
Team	80.00
J Andrews	120.00
T Ausilia	20.00
G Buckley	30.00
	290.00
Loss	1,720.45
	\$3,730.45
\$3,730.45	
Contributions to Individuals -	
T Ausilia	300.00
C Buckley	100.00
M Buckley	100.00
D Farano	400.00
K Hall	300.00
D Jones	125.00
L Hopkins	200.00
L Horrocks	200.00
C Potham	200.00
L Zimmerman	200.00
	1,250.00
Drinks CC Bonus	532.40
Entry Entry Fees	190.00
Contribution to Athletes' Choice Entries	15.00
Travel Expenses - Novia Rally	235.00
	\$3,710.00

Statement of Receipts and Payments for the Year Ended 31 March 1992

Social Committee Funds

Receipts			Payments
Fund Raising Proceeds (net) (Interest)	3,732.67	Savies	4,500.00
	788.18		
	\$4,520.85		\$4,500.00

Consolidated Fund

Cash & Deposits at Bank 1 April 1991 -			
General & Teams Fund	9,625.43	Loss - General Fund:	4,000.47
Social Committee	7,305.98	Loss - Teams Fund	1,720.40
		Cash & Deposits at Bank 31 March 1992 -	
Surplus - Social Committee	4,500.83	General & Teams Fund	3,974.86
		Social Committee	11,000.00
	\$21,532.24		15,861.27
			\$21,532.24

Balance Sheet as at 31 March 1992

Liabilities	Assets
Cash Funds -	
General Fund	8,752.00
Teams Fund	(1,033.06)
Social Committee	<u>11,000.00</u>
	18,741.05
Non-current Liabilities	
Reserve for Chairs	200.00
Reserve for Perpetual Trophy	600.00
Reserve for CC Trophies	<u>332.77</u>
	1,132.77
Non-current Assets	
Equipment	3,080.00
Less Disposals	(300.00)
	2,780.00
Current Assets	
Stock on Hand	1,225.00
Cash at Bank -	
General & Teams Fund	3,974.86
Social Committee	218.77
Bank Deposits - Social Committee	11,071.04
Building Society	(22.05)
	17,128.42
	\$19,581.45

Dennis Jolliffe
Honorary Treasurer

Auditor's Statement

I have examined the Books and Records of the St George District Amateur Athletic Club for the year ended 31 March 1992 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

David Carlisle
Honorary Auditor

Malcolm Watson Electrical

HURSTVILLE

Gold Licence No: 30160

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As a function centre it is ideal for:

- * weddings
- * christenings
- * engagements
- * 21st birthday parties

- * seminars
- * exhibitions
- * presentation dinners

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Kogarah Council on 588 0888

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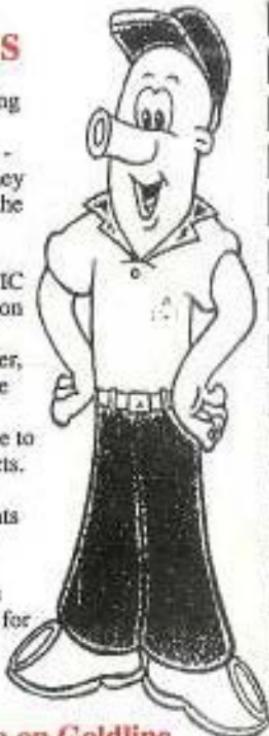
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Be quick - our installation offers only apply to residents in the areas Goldline is working in.

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