

St. George District Athletic Club Inc.

Incorporated 1992

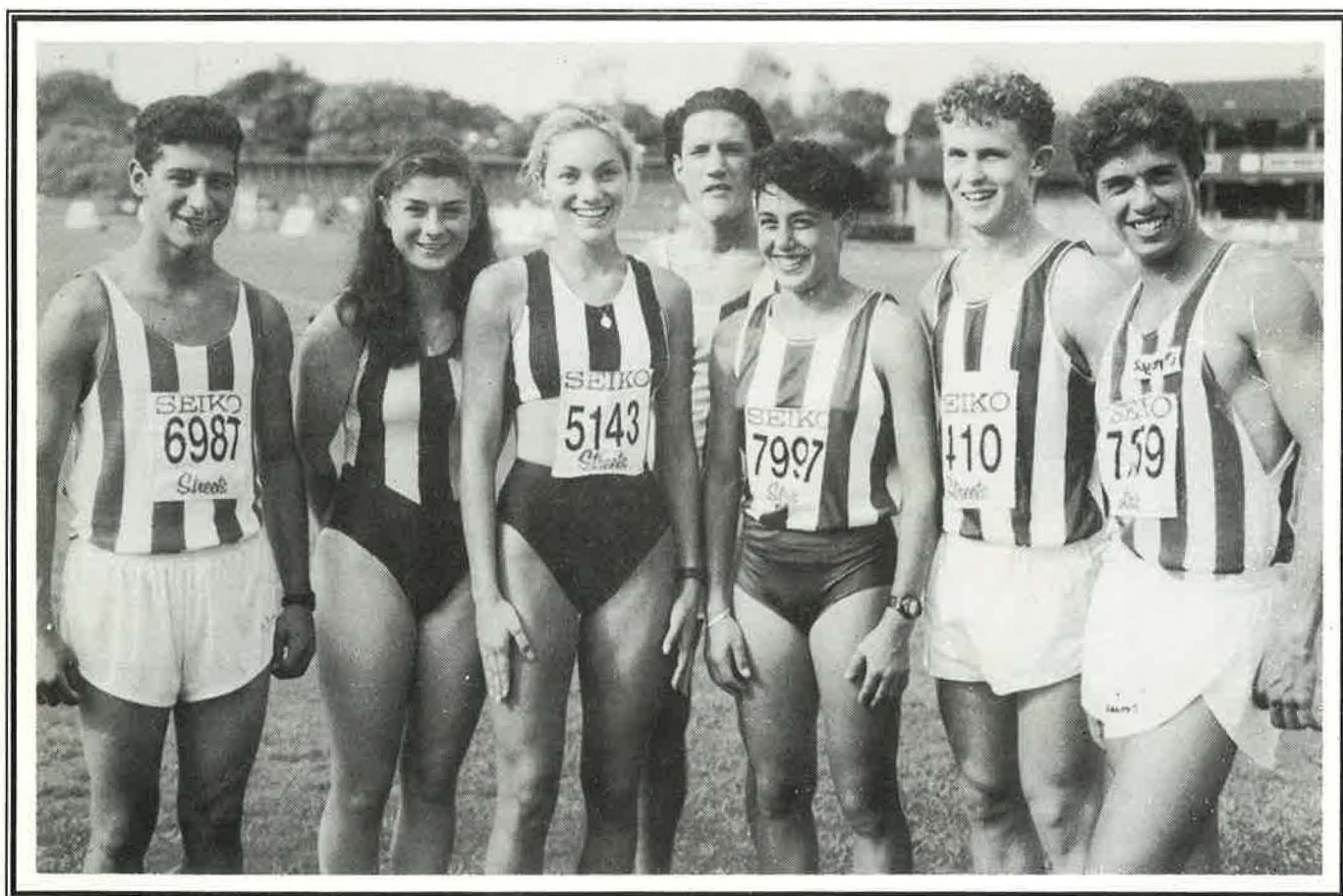
Successor to St. George District Amateur Athletic Club

Founded 1921. Affiliated Athletics NSW



Headquarters

Track: Olds Park Distance: Scarborough Park



St. George Athletes who represented NSW in the Australian All Schools Track and Field Championships held in Perth from 4th-6th December 1992. From left: Daniel Simone, Belinda Otto, Danielle Ferraro, Tony Auciello, Lisa Zammarrelli, Clinton Pelham and Saxon Moseley.

SEVENTY SECOND ANNUAL REPORT AND STATEMENT OF ACCOUNTS

FOR THE YEAR ENDING 31st MARCH, 1993

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A.Staples; A.Argall; B.Scott; A.Henderson;
B.Molino; H.Gibbons; L.Bosman; P.Donnely;
A.Peek; P.Phillips

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D.Jolliffe

Track Secretary
A.Peek

Distance Secretary
C.Batman

Minute Secretary
P.Phillips

Honorary Auditor
D.Carlsie

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C.Batman; S.Donnely; C.Ferraro; J.Gallagher;
P.Phillips C.Williams; A.Staples; A.Thomas

Delegates to Management Council
R.Gribble; R.Molloy; A.Staples; C.Batman(alt)

Delegates to Interclub
A.Peek; R.Gribble; J.Gallagher (alt); C.Stratford (alt)

Delegates to Harrier (Winter) Committee
A.Staples; W.Seary; P.Phillips (alt)

Track Captain
C.Williams

Track Vice Captain
D.Simone

Mens Distance Captain
G.McClean

Mens Distance Vice Captain
B.Molino

Womens Distance Captain
C.Williams

Womens Distance Vice Captain
L.Zammarrelli

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C. Ferraro

Assistant Registrar
V.Hopkins

Records Officer
J.Gallagher

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P.Donnely; P.Nash; N.Thomas; E.McClean;
J.Molloy; J.Windred; C.O'Malley

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S.Donnely; D.Jolliffe; A.Peek; G.McClean;
C.Batman; P.Tonge; C.Williams

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R.Nash; H.Kunkel; J.Gallagher; T.Richards;
A.Peek; A.Henderson; D.Jolliffe; P.Tonge;
P.Wright; E.Walsh; E.Gentle; P.Tuziak;
B.Buckley; B.Rodway; R.Molloy

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T.Richards

Starters
S.Donnely; A.Peek; P.Tonge; R.Nash; P.Tuziak

Coaches
A.Peek; P.Tuziak; A.Thomas; R.Ennever;
R.Molloy; L.Watson; C.Stratford

First Aid
Dr. R.F.Molloy; A.Argall; R.Nash; V.Hopkins

Life Members

A.A. Gainsford OAM	1923
W.J.Hasler (deceased)	1932
B.C. Button	1937
W.Ahern (deceased)	1955
A.Gould (deceased)	1963
J.Bowers	1971
D.Jolliffe	1971
D.Wilson	1971
R.Gribble	1975
G.Carruthers MBE	1983
A.Thomas	1983
S.Donnely	1991
F.Eggleton (deceased)	1991
R.Nash	1991
A.Peek	1991
A.Staples	1991

Merit Awards

F.Eggleton (deceased)	1975
M.Moroney (deceased)	1975
G.Page	1975
A.Thomas	1975
F.Thornton	1975
L.Williams (deceased)	1975
D.Edwards	1991
A.Henderson	1991
P.Phillips	1991
T.Richards	1991
B.Scott	1991

Club Membership

	1988-89	1989-90	1990-91	1991-92	1992-93
Official	50	39	47	14	23
Open	40	37	33	83	75
Associate	1	1	3	0	1
Under 20	8	2	3	2	0
Under 19				2	5
Under 18	8	9	7	5	9
Under 17				7	7
Under 16	16	25	18	8	6
Under 15				4	6
Under 14				6	11
Under 13				9	8
Under 12	18	23	20	17	3
Under 11					15
Total	141	136	131	157	169

There are three distinct categories into which club members can be placed. These are -

- (A) Open, Associates and Officials;
- (B) Athletes 16 years and over but under 20; and
- (C) Athletes less than 16 years.

The Club has experienced growth in categories B and C, while the open and officials category remained virtually static. The resurgence in membership is particularly encouraging and is due in part to the efforts of the Club's executive and a policy towards family registrations by Athletics NSW.

During 1992-93, the Club received 41 new members and had 128 renewals, compared to 31 new members and 126 renewals for the previous year. 107 members, including 49 athletes under 16, were members for the full year; 46 registered for the winter season; and 16 registered as summer athletes.

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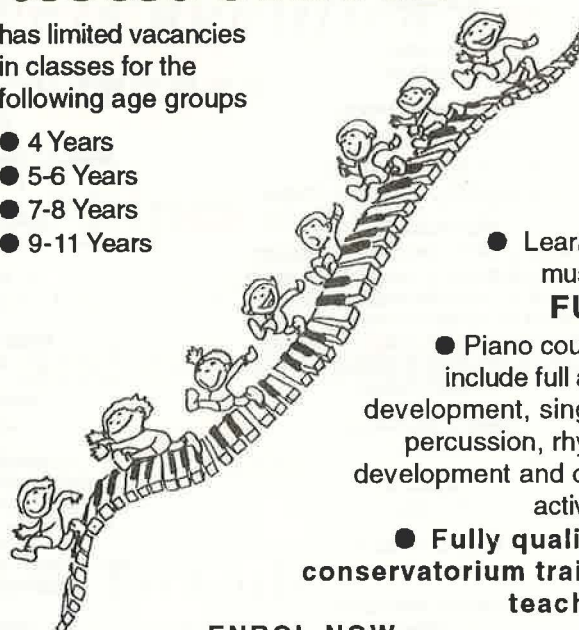


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President's Report

Presented to members at the 72nd Annual General Meeting held at Syd Frost Memorial Hall, Hawthorne Street, Ramsgate on Friday 25 June 1993 at 7.45pm

Ladies and Gentlemen,

We can all feel pleased with our club's progress both on and off the field in the past year. Athletes have improved their performances and club administration has progressed in our desire to increase assistance to athletes and to raise the image of our club.

It has been gratifying to witness more involvement by members in club activities and with this increased enthusiasm it is predicted that we will be able to add to and build on our future goals.

Membership of our club has increased for the second successive year to be our highest for 8 years. This is a good sign and considering the increase is in our junior ranks it augurs well for our future. There are many varieties of sport and recreational activities these days, all vying for membership, so we must feel encouraged to see our membership rise. However, this is no reason to be complacent. We must invite others to join us and make for more friendships, better competition and a healthy club.

Our younger athletes, in particular, have shown improvement in their various events. Seven of these youngsters represented NSW in Perth last December. They were Tony Auciello, Danielle Ferraro, Saxon Moseley, Belinda Otto, Clinton Pelham, Daniel Simone and Lisa Zamarrelli, who between them, brought back 2 gold, 5 silver, and 1 bronze for their efforts.

The highlight of the winter season would have been the win by our open mens team in the State 6 x 6km Road Relay Championship. We had our best team with Rex Peters, Gary McClean, Lawrie Whitty, Bruce Hansard, Andrew Kelly and John Andrews together for the only time during the season and they dominated the event.

Besides many individual outstanding performances by our athletes, the most important success for our club during the summer season was to win the Womens Interclub "A" Grade competition. As a combined team with Saucony Sutherland, we easily won the final against Blair Central by 136 points to 51 and remained undefeated premiers. This was the first time our club has won or been associated with an "A" grade Interclub Track & Field Premiership by either men or women. Congratulations to our ladies for a fine effort. Anne Manning, our champion racewalker, was undefeated in the walks during the competition with 9 wins, a great effort. Our ladies "B" Grade team also won their Premiership by defeating Blair Central by 114 points to 98. Cathy Williams, Track Captain, was a tower of strength to our womens' Interclub teams and she, herself, scored a record 102 points during the competition.

Our mens "A" Grade Interclub team fought a great battle with Tiger Wests in the final to go right down to the last event, the 3km steeple before Wests edged ahead to win by 161 points to 157.

Our association with Saucony Sutherland as a team for the Track & Field Interclub competition proved a very friendly and successful partnership. As Teams Manager I thank Stan Sheringham and Saucony Sutherland athletes for their co-operation and friendship at all times.

We were easily the most successful team in the Interclub Track & Field series reaching the finals in 6 of the 7 grades of mens and womens competition and winning the Premiership in 3 of these finals.

Anne Manning was rewarded for her wonderful efforts throughout the year when she was chosen to represent Australia in the IAAF World Walking Cup held in Monterrey, Mexico in April 1993. Anne has been a great competitor for our club since she made a comeback to athletics just 2 years ago. Her improvement has been exceptional with personal bests and new club records with every competition. Anne has her sights set on next years Commonwealth Games and the 1996 Olympics.

Another racewalker who performed well, particularly during the winter was Chris Stratford who won both the 20km and 50km State

Titles and was placed 2nd in the 30km title. Anne & Chris were both acclaimed NSW Distance Walkers of the year for 1992 by the State Roadwalking Board. Again in the State Track Championships (1993) Anne & Chris were placed in both the 5km & 10km events - a great year for both these athletes.

A new marathon champion has emerged in our ranks. Rex Peters has graduated to this event in the past 12 months with outstanding results. Rex faced an international field in the Melbourne Marathon and was pleased with 8th (2nd Aussie) in a great time of 2hours 20 mins 11 sec a fine effort first up. He followed this with another run of 2h 20m 32s for 2nd placing in the Lake Kawagucki-Ko Marathon, Japan. Rex won his first State Open title when he ran a personal best of 29m 50s to win the 10km track title. He also won the Sutherland Half Marathon during the winter. It was a great year for Rex with more to come this year.

Tony Auciello (17), one of our many talented young athletes was in great form and set new club records for 800m, 1m 51.89s and 1500m 3m 53.9s during the track and field Interclub competition. These times are outstanding for his age and eclipsed John Hancock's under 20 800m record set in 1965.

As of 14 October 1992 our club became incorporated.

Our efforts to seek a sponsor, have an athletic arena constructed at Scarborough Park and form a closer liaison with St. George Little Athletics Centre continue to be our immediate aim and progress is being made in each area.

Cross Country running at Scarborough Park continues to be popular. The new summer cross country competition has attracted more runners. The winter season is the most sociable side of our club and is enjoyed by all who attend and I thank the ladies for preparing afternoon tea each Saturday.

The efforts of Arthur Peek and Peter Tuziak at Olds Park for club track and field competition and training cannot be overlooked and although no substantial increase in numbers is noted, a proposed change to the midweek competition for this coming season hopefully will encourage more athletes to attend.

Arthur Peek is devoted to his coaching duties at Olds Park and I would like to thank Arthur for the time and effort he devotes to athletes and our club. He was also manager on State Novice Cross Country Championship day when our club hosted these very successful titles at Scarborough Park. Our club received written thanks from the Board of Management of ANSW "for a job well done."

Our Club Executive continues to work for the betterment of our athletes and the club in general and I thank all members for their attendance and input at these meetings. I must thank Hurstville City Council for the splendid job in preparing Olds Park for Track & Field athletes during the summer and also Rockdale Municipal Council for keeping the sporting fields and recreation areas at Scarborough Park in apple pie order for cross country running.

I am in constant touch with Secretary Bob Molloy and Treasurer Dennis Jolliffe as well as Distance Secretary Christine Batman and Track Secretary Arthur Peek and I thank you all for your continued support.

Club finances have fallen slightly during the year mainly due to the present downturn in the economy and low interest rates. However, we are grateful to a number of clubs in the St. George district for financial assistance to help club athletes meet travel and accommodation expenses when competing interstate in National Championships.

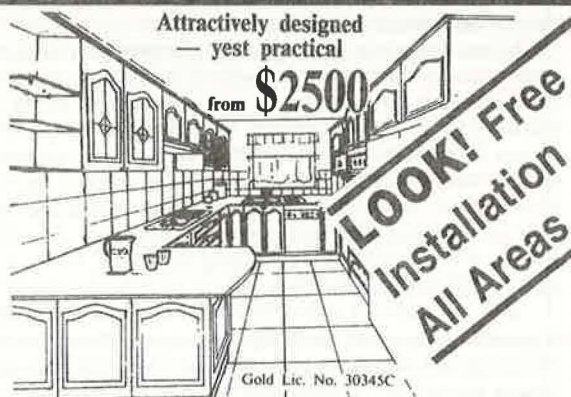
In addition I must thank Vice President Pat Donnelly and her band of helpers for their untiring efforts with fund raising during the winter season.

Members were saddened with the passing of long time member Fred Eggleton, Life Member of both our club and Athletics NSW and Claude Smeal our Olympic Marathon representative in Helsinki 1952. Please see obituary report.

I conclude my report feeling optimistic with results in the past year and foresee further progress in the coming year.

**Ron Gribble
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Annual Awards for 1992-1993 Athletics Season

A.A.Gainsford Trophy (Outstanding Senior Athlete)
Anne Manning

Robert Nash Trophy (Most improved senior athlete)
Anne Manning

The L.L.Bosman Award (Performance, Sportsmanship)
(Outstanding under 20 years) Michelle Buckley

A.Henderson Trophy (Outstanding under 18 years)
Tony Auciello

R.A.Jolliffe Trophy (Most improved under 18 years)
Tony Auciello and Daniel Simone

St.George DAAC Trophy (Best under 18 years CC)
Lisa Zammarrelli

A.Gould Memorial Trophy (Outstanding under 16 yrs)
Danielle Ferraro

G.Page Trophy (Outstanding U/16 cross country)
Jason Buckley

H.Gibbons Trophy (Most improved U/16 years CC)
Adam Murphy

F.Wilson Trophy (Outstanding under 14 years)
Greg Scott

L.L.Bosman Trophy (Outstanding hurdler)
Ursula Rodway

J.J.Walsh Trophy (Outstanding Marathon runner)
Rex Peters

St.George Trophy (Outstanding field athlete)
Belinda Otto

Ron Gribble Trophy (Open grades track & field aggregate
point score winner)
Cathy Williams (F) Keiran Gallagher(M)

Albert Thomas Award (Track & field encouragement
award for athletes under 16 years)
Gabrielle Templeman(F) Brian Ashton(M)

A.Winter Perpetual Trophy (Outstanding triple jump per-
formance) Gabrielle Templeman

Peter Tuziak Award (Encouragement award for athletes
under 12 years) Sam Screen

OBITUARIES

By Emeritus President Allyn Gainsford

Since our last Annual General Meeting two of our members,
Fred Eggleton (Life Member) and Claude Smeal (athlete) have
passed away.

Tribute to the late Claude Smeal

When Claude Smeal passed away on 1 January 1993, it brought to close a career in athletics from 1948 to 1955. Claude established himself as our best marathon athlete during the years he was a clubmember. His best performance was in winning the State title on 15 September 1951 at Richmond in a time of 2h 48m 6s. Claude's career was mainly in the army where he attained the rank of Lt. Colonel (RL). During war service in Korea in 1952, he was selected to represent Australia in the marathon at the Helsinki Games. He apparently ran a very good time for the marathon in Korea and the army contacted the AAU of Australia and the AOF to confirm his performance. Claude then flew direct to London to join the Australian Team. He finished 45th in the Olympic marathon in a time of 2h 52m 23s. This tribute closes with deepest sympathy to his wife Catherine, and daughters, Margaret, Marilyn and Lynette.

Tribute to the late Fred Eggleton

The passing of Fred Eggleton on 15 February 1993 closed a career in athletics which spanned 45 years from 1948 to 1993. Fred was a leading Fields Game athlete in NSW and his best performances were, Javelin 55-78m, Shot Put 13.36m, Discus 42.07m, Hammer 45.82m. He was Club Champion in these events on many occasions and represented NSW in Australian track & field championships. Fred was closely associated with Athletics NSW and was Board Member for Technical Affairs, a most time consuming position. Fred was a Life Member of Athletics NSW and was very proud of being a Vice President and a Life Member and of our club and would say "this is the one I wanted". He was a club delegate and acted as an official at important track & field meetings and had the honour of being an official at the 1956 Melbourne Olympic Games. He was overseas on war service in 1943-45 mainly in the Pacific Area and was attached to the 2/2nd Commando Unit, Special Forces. His service was clouded in secrecy and his exploits as a commando were never known. Fred always said "I want my ranking to be remembered as a trooper". After his war service he joined Qantas. Fred will be a great loss to athletics and this tribute closes with deepest sympathy to his wife Noeline and daughters, Lynne and Delma.

1992 DISTANCE REPORT

by Christine Batman Distance Secretary

This year was a great year for the St George team effort! We had full representation in all State races and secured more team medals in our younger age groups than most other clubs.

Again this year the U18 Females won the Athletics NSW point score. The team of Nicola Hoyle, Lisa Zammarrelli, Michelle and Catherine Buckley, Linda Horrocks, Suzanne Stratford & Beth Walsh were again undefeated in all team events. Michelle, Beth & Linda move up an age group this year & have other commitments but we are hoping to have two strong female teams for championships.

With the "turning of age" (35) of Deborah Jenkins, the O/35 female team were also undefeated at two State Championships.

The O/50 males have the potential to win every championship but as with the open males, family commitments &

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unavailability seem to prevent them all being together for the same championships.

Our teams gained 18 medals in 1992, 9 from the Road Relays. Let's keep up this winning streak in 1993.

Individual personal bests came from Lisa Zammarrelli when she won the State Novice Championship with Michelle Buckley 3rd. Michelle ran her best to pip Lisa for 3rd at the State 4km Championship. Deborah Jenkins won her 1st O/35 State Title one week after her birthday with Christine Batman 3rd.

In the 10km Novice Supporting Event, John Andrews was awesome in winning & breaking the long standing course record. This record 29 mins 44 secs should stay with our St. George runner for many years.

Gary McClean & Bruce Hansard were our NSW representatives at the Australian Half Marathon Road Championships held at Port Macquarie. Gary finished 12th while Bruce finished with a time of 70m 20secs.

Rex Peters enjoyed winning many Fun Runs in 1992, including the Sutherland Half Marathon and 8th placing (2nd Aussie) in the Melbourne Marathon (2h 20m 11s), followed by a 2nd placing in the Lake Kawaguchi-Ko Marathon (2h 20m 32s) in Japan.

Bruce Hansard also represented NSW in the Australian Marathon Championships held on the Gold Coast where he finished 28th in a time of 2h 31m 23s.

Executive changes in 1992 will bring about an emphasis on our own Club Championships so keep this date free for this prestigious event in 1993.

Individual Highlights include

Athletics NSW Distance Runner of the year 1992

3 Gary McClean	39 Points
9 Laurie Whitty	17
12 Bruce Hansard	16
16 John Andrews	15

NSW Novice Championships 2.5.92

Open Male 10km	
8 Andrew Kelly	32.52min

Open Female 4km

1 Lisa Zammarrelli	14.40min
3 Michelle Buckley	14.49min

Supporting Events Open Male 10km

1 John Andrews	29.44min
(Scarborough Park Record)	

State Cross Country Championships The Crest 25.7.92

Female Over 35 6km

1 Debbie Jenkins	22.53min
3 Christine Batman	23.45min
5 Veronica Hopkins	24.47min

Male Over 40 12km

4 Frank Scorzelli	39.43min
-------------------	----------

Male Over 50 12km

4 Neville Markham	44.46min
-------------------	----------

Female Under 18

3 Michelle Buckley	15.30min
4 Lisa Zammarrelli	15.33min

Male Open 12km

8 Gary McClean	35.38min
----------------	----------

1992 Winter Point Score

Senior	1 D.Edwards	305 Points
	2 B.Molino	291
	3 R.Vaughan	290
	<i>Fastest Times Champions</i>	
Male	A.Kelly	57
Female	C.Batman	68
Intermediate	1 Paula George	35 Points
	2 Cath Williams	33
	3 Robyn Curtis	32
	<i>Fastest Times Champions</i>	
Male	T.Auciello	46
Female	Michelle Buckley	78
Under 14	1 Rebecca Teece	181 Points
	2 A.Murphy	174
	3 J.Screen	160
	<i>Fastest Times Champions</i>	
Male	G.Scott	90
Female	Cath Buckley	80
Under 12	1 S.Screen	218 Points
	2 E.Stratford	192
	3 T.Edwards	186
	<i>Fastest Times Champions</i>	
Male	S.Screen	114
Female	Elizabeth Stratford	92

St. George Trophy Days

Jim Allen Trophy: Senior 10km H'cap 11.4.92
1 S.Causer 2 Christine Batman 3 Veronica Hopkins
Fastest B.Hansard(M) 32.29 Christine Batman(F) 43.14

Bill Dalton Trophy: Senior 11km H'cap 25.4.92
1 R.Gribble 2 A.Kelly 3 G.McClean
Fastest G.McClean(M) 36.48 C.Batman(F) 49.52

Jack Coppock Trophy: U/14 3k H'cap 23.5.92
1 Melanie Buckley 2 G.Scott 3 Kate Iffland
Fastest G.Scott(M) 11.29 Catherine Buckley(F) 12.37

Greg Page Trophy: Senior 13km H'cap 13.6.92
1 J.Irvine 2 Anne Manning 3 R.McRae
Fastest R.McRae(M) 44.52 Anne Manning(F) 54.16

Ron Gribble Trophies 20.6.92
Under 12 2km
1 Stacey Jansen 2 Kirsten Jenkins 3 Laura Benjamin
Fastest E.Scott(M) 8.16 Elizabeth Stratford(F) 8.15
Under 14 4km
1 Kate Iffland 2 A.Murphy 3 M.Moody
Fastest G.Scott(M) 15.14 Catherine Buckley(F) 15.33
Intermediate 4km
1 Ruth Walsh 2 E.Gentle 3 Lisa Zammarrelli
Fastest T.Auciello(M) 12.21 Lisa Zammarrelli(F) 14.40

Senior 10km
1 R.Vaughan 2 R.Molloy 3 B Molino
Fastest A.Kelly(M) 33.26 Christine Batman(F) 46.17

Dick Vaughan Trophies 11.7.92
Under 12 2km
1 Brigid Iffland 2 M.Pryer 3 Stephanie Thompson
Fastest D.Batman(M) 7.50 Elizabeth Stratford(F) 8.16
Under 14 3km
1 Melanie Buckley 2 A.Murphy 3 Kate Iffland
Fastest G.Scott(M) 11.28 Catherine Buckley(F) 12.33
Intermediate 4km
1 K.Jenkins 2 Angela Nicholson 3 Ruth Walsh
Fastest B.Shaw(M) 12.03 Lisa Zammarrelli(F) 14.35

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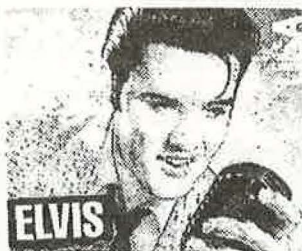
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Snr 12km
 1 J.Irvine 2 A.Kelly 3 G.McClean
 Fastest G.McClean(M) 38.28 Christine Batman(F) 54.24
National Fitness Association Trophies 15.9.92
 Under 12 2km
 1 Sara George 2 Stephanie Thompson 3 S.Screen
 Fastest S.Screen(M) 8.04 Elizabeth Stratford(F) 8.19
 Under 14 4km
 1 Lisa Soo 2 Kate Iffland 3 Bree George
 Fastest A.Murphy(M) 15.47 Catherine Buckley(F) 15.51
 Intermediate 5km
 1 Beth Walsh 2 Lisa Hopkins 3 Elinor Walsh
 Fastest R.McRae(M) 17.07 Michelle Buckley(F) 19.53
 Senior 10km
 1 R.Molloy 2 N.Markham 3 D.Jolliffe
 Fastest A.Kelly(M) 34.50 Veronica Hopkins(F) 47.55
George Carruthers Cup: Open 2k H'cap 19.9.92
 1.Christine O'Malley 2 H.Kunkel 3 R.Molloy
 Fastest T.Auciello(M) 6.20 Michelle Buckley(F) 7.29

St. George Club Champions 1992

Men

Senior	1st	2nd	3rd
8km	G.McClean 27.44	R.Squires	S.Causer
Under 18 5km	L.Leary 18.09		
Under 16 5km	A.Clegg 29.05		
Under 14 3km	G.Scott 11.42	A.Murphy	J.Screen
Under 12 2km	S.Screen 8.06	E.Scott	B.Scott

Women

Senior			
Senior 5km	D.Jenkins 20.36	P.George	C.Williams
Under 16 5km	D.Ferraro 23.08		
Under 14 3km	R.Teece 13.55	B.George	S.Donoghue
Under 12 2km	E.Stratford 8.14	Sara George	Skye George

Championship Results 1992-93 Teams

State Novice C'ship - Scarborough Park 2.5.92 Open Females

1	M.Buckley(14.49), L.Zammarrelli(14.40), S.Stratford(15.42), C.Buckley(15.25)
---	---

State Cross Country C'ships - Nowra 30.5.92 Under 18 Female

1	L.Zammarrelli(16.42), M.Buckley(16.38), S.Stratford(17.19), N.Hoyle(18.20)
---	---

Over 50 Males

1	A.Argall(17.10), B.Molino(18.50), J.McClean(19.00), J.Scott(17.05)
---	---

Under 18 Males

2	J.Buckley(15.24), D.Simone(15.55), T.Watson(15.05), D.Jones(14.07)
---	---

Championship Results 1992

State CC Championship The Crest 25.7.92 Under 18 Females

1	Lisa Zammarrelli	15.32
	Michelle Buckley	15.30
	Linda Horrocks	17.27
	Suzanne Stratford	16.13

Over 35 Females

1	Deborah Jenkins	22.53
	Christine Batman	23.45
	Veronica Hopkins	24.47
	Kerry Edwards	27.43

Under 16 Females

2	Kate Iffland	19.18
	Ruth Walsh	18.56
	Danielle Ferraro	18.09
	Nicola Hoyle	17.08

Under 12 Males

2	Daniel Batman	8.00
	Sam Screen	8.05
	Edward Scott	8.22
	Matthew Pryer	9.02

Over 50 Males

3	Allen Argall	46.32
	Tom Richards	53.50
	John McClean	51.03
	Neville Markham	44.46

NSW Road Relays Homebush 8.8.92

Under 18 Females

1	Michelle Buckley	11.07
	Suzanne Stratford	12.05
	Linda Horrocks	12.28
	Lisa Zammarrelli	11.28

Over 35 Females

1	Veronica Hopkins	21.21
	Paula George	21.14
	Christine Batman	20.13
	Deborah Jenkins	19.45

Over 50 Males

1	Bob Squires	20.23
	Ron Gribble	21.58



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1	Rex Peters	18.06
	John Andrews	18.13
	Gary McClean	18.36
	Laurie Whitty	18.54
	Andrew Kelly	18.57
	Bruce Hansard	19.37

Under 12 Females

3	Elizabeth Stratford	7.53
	Melanie Buckley	8.16
	Stephanie Thompson	9.00
	Jacqueline McCarthy	8.27

Under 16 Females

3	Danielle Ferraro	12.50
	Ruth Walsh	13.42
	Nicola Hoyle	12.45
	Rebecca Teece	14.33

Under 18 Males

3	Tony Auciello	16.37
	Daniel Simone	18.00
	Leon Leary	17.26
	Jason Buckley	17.45

Under 14 Males

3	Greg Scott	10.44
	Adam Murphy	11.18
	James Screen	12.01
	Andrew Teece	11.42

Under 12 Males

3	Daniel Batman	7.43
	Sam Screen	8.26
	Edward Scott	8.05
	Brad Scott	8.11

City to Surf 16.8.92

4	John Andrews	41.48
13	Rex Peters	43.12
18	Gary McClean	44.18
153	Bob Squires	48.31
179	Frank Scorzelli	48.59
191	Shane Causer	49.09
324	Ron Gribble	51.09
706	Neville Markham	55.03
923	Chris Stratford	56.41
971	Leon Leary	56.58
1412	Dave Edwards	59.14
1531	Dennis Jolliffe	59.44
1668	Stephne Gallagher	60.18
1810	John McClean	60.56
2633	Evelyn Argall	63.36
2890	Andrew Teece	64.21
3619	Cathie Williams	66.24
3915	Bruno Molino	67.00
5070	Tony Nunn	69.14
5268	Veronica Hopkins	69.41
5462	Suzanne Stratford	70.04
6937	Tom Richards	72.55
7539	Jim Gallagher	74.01
7759	Eddie Gentle	74.23
10946	Rebecca Teece	80.06
11214	Angela Nicholson	80.36
11630	Bob Molloy	81.23
13974	James Screen	86.15
14103	Sam Screen	86.30

17802	Nola Thomas	96.05
20849	Eileen Gallagher	107.14
22027	Pat Donnelly	112.11

Athletic NSW Winter Premiership Team Results

Female

Over 35	2nd
Under 18	1st
Under 16	2nd
Under 14	7th
Under 12	2nd
Open "A"	8th

Male

Over 50	3rd
Over 40	7th
Under 18	4th
Under 14	4th
Under 12	2nd
Open "A"	3rd
Open "B"	2nd

1992 - 93 Summer Season Review

By Arthur Peek Track Secretary

The success at Interclub at Sydney Athletic Field and the excellent results of our junior athletes at the various track and field championships were the highlights for our club this year. Unfortunately we did also have some disappointing results, but the good did outweigh the bad.

Firstly, we had seven of our younger members travel to Perth for the Australian All Schools T&F C'ships in December, and the club was able to assist with much of the finance needed for the trip, thanks to club funds and some generous sporting and social clubs in the district. At this point in time I have no detail report so I cannot give performances by the athletes involved and perhaps for the future all athletes receiving club assistance should supply a detailed report on their return.

The results of the NSW Relay Championships were excellent with six of our eight teams winning medals. Congratulations to our "golden oldies", the mens over 45 years 4x1500 metres in winning our only gold medal at the championships and to the three teams that set new club records.

The combined Sutherland-St. George interclub teams were very strong in all grades at SAF and were successful in winning several grades. Congratulations to all athletes involved and especially Keiran Gallagher, one of only three athletes with a 100% attendance and winner of the interclub point score trophy. We had a total of 34 club athletes involved with interclub at SAF and the overall attendance was disappointing. There were only nine rounds of interclub for the summer season (far too few) yet we could only manage a small attendance on each day of competition (round 1=15, 2=11, 3=14, 4=15, 5=12, 6=12, 7=10, 8=9, 9=18). I believe Ron Gribble was consistently chasing athletes by phone in attempts to fill all grades throughout the season. Attendance by our athletes could be a lot better and must be rectified for next season.

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Congratulations also to Anne Manning and Chris Stratford for an excellent walking season, and both recording 100% attendance at interclub. See Ron Gribbles detailed report on interclub for all details.

Outer ground interclub at Hensley Athletic Field provided competition for our athletes who could not make the qualifying standards set for SAF. St. George supplied the strongest team on the ground and combined with the athletes from other clubs made enough for competition. Our club team was far superior throughout the season and won the premiership clearly.

Our participation in the South Western Region interclub series was very poor. There were only four rounds of competition, Bankstown, Olds Park Ingleburn, Illawong, and it was very difficult to find an athlete competing in the red and white singlet. Based on this years results, are we really interested in this competition? We did not even have enough officials at our night for the events to run smoothly. See detailed results for the clubs involved and the placing in the various age division.

Club nights at Olds Park Penshurst were held regularly on Wednesday nights this season and the attendance could be better. In fact any fewer and there would have been little or no competition. Again are our club members interested in a club night during the season?

Summer Cross Country saw an increase in numbers this year over our first year. Competition was keen and usually a field of some 30 runners faced the starter. Scarborough Park is a popular venue for club competition throughout the year and our summer cross country is no exception.

Our club athletes produced some good results at the various track & field championships throughout the season. Many medals were won and many encouraging performances were made - too many to list here but see the detailed reports for results where known.

St. George has many promising young athletes progressing throughout the various age groups, male and female. These young athletes carry the burden of interclub during the season. It should not be left to the younger brigade and a few senior athletes - regular attendance of all club members will increase the strength of our club. This support is necessary at avenues of competition, SAF, HAF, Regional and Club Nights.

Finally coaching and development continues at Olds Park throughout the year. Our coaching co-ordinator, Peter Tuziak and myself spent many hours each week working with athletes of all ages and all of our club members are welcome to attend any of our training sessions held twelve months of the year.

Southern Zone competition saw only three rounds, Sylvania Waters, Buckle Reserve and Olds Park. Four clubs made up the zone Illawong, Ingleburn, St. George, and Sutherland. See the detailed results for our club's performances. Our club did well on the evening of the Olds Park meet to win the aggregate score for the night. We had a total of 32 athletes on the ground that night but the numbers were poor on our away nights. I hope that our athletes will be willing to travel for next season's competition.

The results of the various state championships were encouraging - particularly those of our younger athletes. Congratulations to our successful track relay teams for an excellent result during the weekend of the age relays at SAF. The outstanding effort of the Mens Under 16 years 4 x 1500m was one of the highlights of the season. Without star runner Tony Auciello our four runners, Leon Leary, Keiran Gallagher,

Jason Buckley and Daniel Simone contested a close race throughout and any of five teams looked to have a chance of winning. Daniel Simone's final 400m put the result in our favour.... a brilliant 400m at the end of 1500m. Gold medal winners at various State Championships include Lisa Zamarrelli - 3000m, Tony Auciello - 1500m and 3000m, Clinton Pelham - 100m, 200m and 400m, Belinda Otto - triple jump, Danielle Ferraro 100m and 200m. We also had several athletes not too far from the winners either - see detailed reports for the results. Special mention should be made of Karen Hall - battling injuries throughout the season she leapt 5.66m in Canberra in the long jump, her best effort by far and is showing promise in the heptathlon event.

Finally, the club's first season of summer cross country at Scarborough Park was most successful. Held in the cool of the evening all runners enjoyed the competition and it is to be hoped that the numbers will increase next season.

NSW Track & Field Championships

Sydney Athletic Field, February 1993

Female

Open

800m	R.Carne	2:13.40	5th
5km Walk	A.Manning	22:18.07	3rd
Long Jump	B.Tuzick	5.20m	8th
Triple Jump	B.Tuzick	10.69m	8th

Under 20

1500m	M.Buckley	4:49.73	5th
3000m	M.Buckley	10:29.90	2nd

Under 18

400m	P.Nowak	66.3	(H)
800m	L.Zammarrelli	2:19.04	6th
1500m	L.Zammarrelli		7th
Triple Jump	G.Templeman	10.80m	5th
Long Jump	B.Otto	5.23m	7th

Under 16

400m	U.Rodway	61.80	(H)
300mH	U.Rodway	49.70	7th
Long Jump	U.Rodway	4.87m	8th
	G.Templeman	4.77m	10th
Triple Jump	G.Templeman	10.86m	2nd
High Jump	U.Rodway	1.55m	10th

Male

Open

5000m	R.Peters	14:34.63	3rd
	G.McClean	14:57.57	8th
5000m Walk	C.Stratford	23:41.02	7th

Under 20

800m	S.Moseley	1:55.14	4th
1500m	S.Moseley	3:56.72	3rd

Under 18

400m	K.Gallagher	51.55	(H)
800m	T.Auciello	1:57.57	2nd
	K.Gallagher	2:00.24	(H)
	D.Simone	2:01.88	(H)
1500m	T.Auciello	4:06.87	1st
	D.Simone	4:08.72	3rd
3000m	D.Simone	9:05.53	2nd
2km Steeple	L.Leary	6:58.61	9th

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NSW 10km Track Championships

Sydney Athletic Field 24 October 1992

Rex Peters	29:50.40	1st
Laurie Whitty	30:08.11	3rd
Gary McClean	30:38.90	6th

Australian Track & Field Championships U/16 U/18

Sydney Athletic Field 19-23 March 1993

Under 18

Female

Triple Jump	G.Templeman	10.88m	9th
Long Jump	B.Otto	5.67m	5th
Heptathlon	K.Hall	4135 pts	6th

Male

800m	T.Auciello		3rd
1500m	D.Simone	4:04.65	6th
3000m	D.Simone	9:12.5	9th

Under 16

Female

300mH	U.Rodway	47.5	8th
Multi Event	U.Rodway	4100 pts	10th
Triple Jump	G.Templeman	11.07m	8th

NSW Multi Event Championship

Sydney Athletic Field 9-10 January 1993

Under 16 Female

Heptathlon	U.Rodway	3463 Pts	6th
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NSW Secondary Schools Track & Field Championships

Sydney Athletic Field 10-11 October 1992

Female

Under 14

800m	C.Buckley	2:32.36	5th
1500m	C.Buckley	5:27.0	5th

Under 15

200m	D.Ferraro	26.25	5th
400m	D.Ferraro	57.90	1st
1500m	U.Rodway	5:15.43	8th

Under 16

Long Jump	G.Templeman	4.96m	3rd
Triple Jump	G.Templeman	10.93m	2nd

Under 17

800m	L.Hopkins	2:39.27	8th
1500m	L.Hopkins	4:58.24	3rd
3000m	L.Hopkins	12:14.07	7th

Under 19

Heptathlon	K.Hall	4001 pts	2nd
1500m	M.Buckley	4:48.55	2nd
3000m	M.Buckley	10:27.93	2nd

Male

Under 15

100m	C.Pelham	11.77	3rd
400m	C.Pelham	55.12	3rd

Under 17

1500m	T.Auciello	4:08.00	1st
	D.Simone	4:18.39	5th
3000m	T.Auciello	8:54.32	1st
	J.Buckley	10:16.50	7th
2km Steeple	D.Simone	6:34.62	2nd

Under 19

800m	S.Moseley	1:57.44	2nd
1500m	S.Moseley	3:59.27	2nd

5000m
2km Steeple

D.Jones	17:01.38	3rd
S.Moseley	6:37.31	3rd
D.Jones	6:51.10	6th

1992 Interclub Teams Competition

by Ron Gribble

You may wonder what happened to Interclub at the beginning of 1993. The summer Track & Field Interclub season, in past years, was held from October to February. Well this season just 9 rounds of competition including 2 Saturdays of finals was thought to be enough on the Track 7 Field Programme. Some athletic officials have forgotten the value of this type of teams competition for athletes of all grades and ability.

Club officials representing the majority of teams in this important part of our summer season programme are hopeful that the next Interclub season will be extended well into 1994.

There is no doubt this is what our athletes require and in many instances why we pay registration fees to enable us to represent our clubs and contribute to this teams competition.

I must give credit to an improvement in the organisation and staging of the Interclub programme compared with the past few years, all clubs were pleased with much needed changes.

Our combination with Saucony Sutherland as a team could not have worked better. My good friend and colleague, Stan Sheringham and I combined to manage the Saucony Sutherland/St.George teams and I must say, although we were kept busy throughout the season we both enjoyed the challenge eventuating in a successful finale. Our biggest hurdle each Saturday was to get Stan up the steps from the main gate. Athletes from both clubs teamed well and did their best in a very friendly atmosphere between our clubs. Stan spent a lot of time organising Saucony Sutherland athletes and also kept up to date records of points scored by all athletes who played a part in the Interclub competition. I thank you, Stan.

Cath Williams our Club Captain did a fine job, for as well as being our clubs highest points scorer with 102 points, she always gave a hand in organising the ladies teams and particularly the relay teams each Saturday.

As a combined team we were without doubt the most successful combination in the competition. Our athletes gave their all to reach the finals in 6 of the 7 grades and we finished up winning 3 premierships i.e. ladies "A" and "B" Grades and mens "D" Grade.

The win by our "A" Grade ladies was the first ever, by a team from St. George or Sutherland. We are very proud of the girls for their great effort - they were undefeated throughout the competition.

Our "A" Grade mens team had a neck and neck struggle with Tiger Wests for the entire 2 days competition covering 22 events only to bow out in the 3km steeple, the last event, to go down by 161 points to 157. We gave the mens "B" Grade premiership to Tiger Wests after two unwanted hiccups on the final day which was most unfortunate for this team. "C" Grade men were robbed of the premiership. I cannot recall such blatant cheating in any Interclub final as what happened in this instance. I'll keep calm and say no more. "C" Grade ladies finished 4th in the competition.

"A" GRADE WOMEN - The premiership win by our girls in this competition was first ever for St.George and Saucony

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Sutherland clubs. Congratulations to all athletes who made it possible to remain undefeated throughout the competition. Many of our girls scored points in this top grade including Anne Manning who was the only undefeated racewalker. Anne had a perfect score winning outright each week to score 63 points. Her contribution in the first event each Saturday i.e. 3/5km walk gave our team a flying start. Anne continually broke her club records throughout the season and she will continue this great comeback into next season.

Danielle Ferraro had a good start to the track season with a personal best in the 400 metres of 57.45s. She scored 31 points before injuries put a dampener on her progress. That is just a slight hiccup Danielle, the enforced rest may be a blessing.

Belinda Otto also began a rapid improvement in the long jump with 2 wins, 2 seconds and a 3rd placing in the Interclub Competition. Belinda's best effort, however, was to finish 2nd in the Australian All Schools Athletic Championships held in Perth last December. She went within a few centimetres of winning that championship.

Other girls who scored points in "A" Grade included Lisa Zammarrelli, Ricki Carne, Lisa Hopkins and Michelle Buckley in middle distance events, while Rochelle Cox and Karen Hall scored points in the long jump.

Team Results were -

v NCU	won	72-58	v TW	won	86-63
v ND	won	74-31	v BC	won	79-54
v RBK	won	84-34	v BC	led	54-16
v AE	won	86-36	v BC	led	82-35
v SW	won	48-26	Final	won	136-51

won 9 lost 0-scored 653 for 353 against - Unbeaten Premiers

"B" GRADE WOMEN - Another premiership in this grade. Although we had only one loss in an early round, Blair Central, our opponents in the final threw everything at us but we held them out to win by 114 points to 98.

St. George athletes had a good strike rate here with Cath Williams scoring 54 points followed by Bronwyn Tuziak with 37 points, Gabrielle Templeman 31 points and Suzanne Stratford on 23 points.

Gabrielle Templeman a newcomer to our club this year continually improved and has the makings of a good allrounder. Once she puts those legs into top gear Gabrielle will add metres to her long, triple and high jump performances.

With regular appearances this year Bronwyn Tuziak showed she too has the ability to go much further in this sport. Bronwyn can also sprint and jump and was always willing to run relays and assist our team wherever needed.

Suzanne Stratford was more competitive in middle distance events this year and will improve even more with a full season of cross country running as a background. Suzanne scored 23 points.

Another newcomer to our club was Joanne McRae who showed her ability in the sprints and is an athlete who puts everything into her efforts.

Good backing up came from Danielle Ferraro, Ursula Rodway, Belinda Otto, Lisa Zammarrelli, Rochelle Cox and Catherine Buckley.

Team Results were -

v	BC	lost	43-67	v	SW	won	89-34
v	ND	won	95-40	v	ND	won	61-26
v	TW	won	50-48	v	BC	led	43-27
v	AE	won	87-44	v	BC	drw	71-71
				Final	won	114-98	

Won 7 lost 1 drew 1 - scored 592 for 365 against - Premiers

"C" GRADE WOMEN - This team finished 4th in the competition but was unfortunate not to have been placed better. On a few occasions we were short of field games athletes and this contributed to our downfall.

St. George girls again scored well with Suzanne Stratford, Bronwyn Tuziak, Cath Williams, Ursula Rodway, Karen Hall and Gabrielle Templeman all filling major places during the competition. Most of these athletes had personal best efforts in some events which is very encouraging to any athlete. Ursula Rodway is steadily making progress in the jumps and hurdling. Ursula can gain points in any event she enters and her natural ability will be a big plus for her in the future.

Team Results were -

v	NCU	lost	32-50	v	TW	won	39-16
v	ND	won	42-17	v	BC	lost	27-67
v	RBK	won	44-38	v	RBK	lost	3-39
				v	RBK	lost	39-42
				Final	lost	42-81	

Won 4 lost 5 4th scored 276 for 321 against - 4th

"A" GRADE MENS - Our top grade athletes went within an ace of winning this premiership which would have been a first time for our club. We went down in the final to Tiger Wests by 161 points to 157, a very close contest and a very exciting affair. Saucony Sutherland athletes made up the bulk of this team and did a great job.

In contrast to past years St. George athletes made a better showing this year and hopefully this is a sign of things to come.

Chris Stratford, our champion racewalker was a model of consistency during the competition over the shorter 3/5km journeys. Chris never missed a place and scored 49 points for this team.

One of our most brilliant young runners in Tony Auciello showed what a talent he has over middle distances running some record breaking times for 800m and 1500m. As a 16 year old, Tony improved his 800m time to 1m 51.89s a new club Under 20 record and his 1500m time to 3m 53.9s, both times being approx. 4 seconds inside his previous best. As well as running these excellent times during the Interclub Competition, Tony gained valuable experience running with the state's best middle distance runners. Tony had 5 wins for this team, a great effort at his age.

Daniel Simone who is always willing to help out also had his best season and improved on his best. He began to show out in the steeplechase towards the end of the competition. This could be Daniel's event in years to come.

With an ounce of luck Graeme Jolliffe could have won the competition for us. He was just 28 centimetres behind the winner of the triple jump in the finals and gained 3rd place points behind the Tiger Wests competitors. So near and yet so far but his trip from Albury was worth it for our team's sake.

Andrew Kelly tried his hand at the steeplechase this year and surprised us all including himself with his good performances. Maybe Andrew for the steeplechase next year.

Our athletes to score points in "A" Grade were John Andrews, Gary McClean, Rex Peters and Laurie Whitty.

Team Results were -

v NCL	won	113-17	v TW	lost	75-114
v ND	won	100-52	v BC	won	103-52
v RBK	won	119-45	v TW	lost	73-72
v AE	won	119-38	v TW	lost	84-89
v UNI	won	102-78	Final	lost	157-161

Won 7 lost 2- scored 884 for 557 against- Runner-up

"B" GRADE MEN - The story with this final reminds me of the fish that got away. We had it in the bag but a couple of hic-cups (slack) and we blew it. Quite a disappointment to say the least, we went down by 159 points to 152, again to Tiger West.

Dean Jones was a consistent points scorer in this grade with 24 and he was running well over the middle distances. Along with Dean were Andrew Kelly 12, Mike Roberts our veteran steeplechaser on 18, Keiran Gallagher 9, Tony Auciello 7, Daniel Simone 8 and Saxon Moseley 4.

Team Results were -

v	UNI	won	106-57	v	TW	lost	68-74
v	ND	won	94-21	v	BC	won	104-70
v	RBK	won	93-49	v	TW	led	62-54
v	AE	won	106-45	v	TW	lost	90-105
v	SW	won	88-71	Final		lost	152-159

Won 7 lost 2 scored 701 for 520 against - Runner-up

"C" GRADE MEN - As I said in my preliminary report we were robbed of a win in this grade by some blatant cheating i.e. an "A" Grade relay team dropped to run "C" grade in order to beat us etc. Our gradings would not allow such a low practice, some clubs are desperate. Anyway we again took the final to the wire to go down 112 points to 102.

David Jones also showed improved form this year and scored 25 points. David gained a scholarship in the Army towards the end of the season. "He's in the army now". Hope David can continue with athletics as he is bound to improve his times.

Keiran Gallagher who also took many seconds off his times for 400m, 800m and 1500m scored 22 points. Our guys did not have much input to this grade.

Team Results were -

v	NCL	won	94-82	v	TW	won	75-51
v	ND	won	76-31	v	BC	lost	79-80
v	RBK	won	91-68	v	BC	lost	23-24
v	AE	won	104-43	Final	BC	lost	79-88
v	SW	won	80-53				

Won 6 lost 3- scored 701 for 520 against- Runners-up

"D" GRADE MEN - A premiership win for the boys in this grade was some compensation after the "C" grade debacle. We won easily in the end brushing Blair Central aside by 108 points to 49.

Keiran Gallagher who commenced the season in this grade before his elevation to faster company scored 38 points. Danny Simone was a regular relay runner and scored 18 points.

Team Results were -

v	SSG2	won	64-15	v	TW	won	58-12
v	ND	won	61-60	v	BC	won	43-80
v	RBK	won	70-41	v	BC	led	33-10
v	AE	lost	40-43	Final		won	75-39
v	SW	won	42-24	8 Way		won	108-49

Won 7 lost 2 - scored 486 for 270 - Premiers

I made a prediction at the conclusion of my Interclub report last year that our combined teams could win both "A" Grade Mens and Womens Premierships in 1992. We went horribly close. Next season 1993-94 we will go that little bit better and take this prestigious double.

Points scored by St.George athletes at Interclub competition were -

St.George Women

	A	B	C	Total
C.Buckley	-	3	-	3
M.Buckley	5	-	-	5
R.Carne	16	-	7	23

R.Cox	5	3	5	13
D.Ferraro	31	8	-	39
K.Hall	7	-	11	18
L.Hopkins	7	-	7	14
A.Manning	63	-	-	63
J.McRae	-	14	4	18
B.Otto	28	16	-	44
U.Rodway	-	4	18	22
S.Stratford	-	23	28	51
G.Templeman	-	31	14	45
B.Tuziak	-	37	40	77
C.Williams	-	54	48	102
L.Zammarrelli	16	7	-	23
Total				533

St.George Men

	A	B	C	D	Total
J.Andrews	7	-	-	-	7
B.Ashton	-	-	-	8	8
T.Auciello	38	7	-	-	45
S.Causer	-	-	1	-	1
K.Gallagher	-	9	22	38	69
S.Gallagher	-	-	-	7	7
R.Gribble	-	-	-	1	1
G.Jolliffe	7	-	-	-	7
D.Jones	-	24	25	-	49
A.Kelly	11	12	-	-	23
L.Leary	-	-	-	18	18
G.McClean	2	2	-	-	4
S.Moseley	-	4	-	7	11
C.Pelham	-	-	-	4	4
R.Peters	7	-	-	-	7
M.Roberts	-	18	-	-	18
D.Simone	18	8	-	27	53
C.Stratford	49	-	-	-	49
L.Whitty	3	-	-	-	3
Total					384

1992-93 RACEWALKING REPORT

By Chris Stratford

The 1992-93 season was very successful for the St George racewalkers highlighted by two State Championships for Chris Stratford and selection for Anne Manning in the Australian team for the Eschorn Cup (World Championships for Racewalking held every two years).

During the winter roadwalking season Chris Stratford won both the 20km and 50km NSW Championships and came second in the 30km Championship. Anne was very consistent in the 5, 10, and 20km NSW Championships by coming second in every event. During the summer Anne progressed very rapidly and produced many excellent results but was unfortunate in not winning a State title having to contend with Kerry Junna Saxby in both the 5 and 10km NSW Championships. Additionally, Anne was third in the Australian 5km Walk Championship and finished the season in grand style by coming second in the selection trials for the Eschorn Cup which took place on 25 April 1993 in Mexico.

NSW ROAD WALKING CHAMPIONSHIPS

Open Men

50km	1st	Chris Stratford	5h 13m 15s
30km	2nd	Chris Stratford	2h 36m 38s
20km	1st	Chris Stratford	1h 37m 38s

Open Women

20km	2nd	Anne Manning	1h 42m 59s
10km	2nd	Anne Manning	48m 22s
5km	2nd	Anne Manning	23m 37s

AUSTRALIAN ROAD WALKING CHAMPIONSHIPS

Open Men

20km	8th	Chris Stratford	1h 40m 32s
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Open Women

10km	10th	Anne Manning	49m 38s
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NSW DISTANCE WALKER OF THE YEAR

Men	1st	Chris Stratford	44 points
Women	1st	Anne Manning	42 points

1993 NSW TRACK WALK CHAMPIONSHIPS

Open Women

10km	2nd	Anne Manning	46m 15.60s
5km	3rd	Anne Manning	22m 18.07s

Open Men

10km	3rd	Chris Stratford	49m 31.42s
5km	7th	Chris Stratford	23m 41.02s

Emeritus Presidents Report

By Alleyne Gainsford OAM

Ladies and Gentlemen,

In 1962 I produced a booklet giving details of the formation of the club on Monday 7/3/1921, together with outstanding performances of members from 1921 to 1962. On this occasion I'm highlighting some of the outstanding promotions involving the club.

Our first big effort was the holding of the 1st Australian Marathon on 27/8/27 under the auspices of the AAU of Australia and the NSWAAA. The race started at Barrack St near Martin Place to Hurstville and finished at the Sydney Cricket Ground. Entries totalling 39, came from every State and New Zealand. The winner was R.McMurdo of Queensland, in a time of 3h 6m 23s.

Later we conducted 3 State Marathons in 1948-49-50 on behalf of the NSWAAA. These started and finished at the Rockdale Town Hall and went to the Botany area. The fastest time was in 1949 with 2h 48m 15s by Rowley Guy of Botany.

The State Novice CCC was first held at Ramsgate on 20/7/40. It started and finished at Ramsgate baths and proceeded through Scarborough Park. The winner was Doug Dickings of Botany with a time of 27m 53.5s. St.George has conducted this event ever since. The Novice was first conducted at Rose Bay in 1911 and was won by C.H. Foster of East Sydney in a time of 33m 21s. Albert Thomas and Jim Bailey both club olympians won the State Novice along with Laurie Whitty & Gary McClean.

Our club had a magnificent year in 1948 when it held 2 International Meetings at Hurstville Oval. Without doubt these were the best the club has ever held since its formation. the first featured Herb McKenley of Jamaica and Lloyd La Beach of Panama. Both these athletes competed at Olympic Games

and at different times held world records.

In the first, Herb McKenley performed magnificently running 300yds in 30.4s (Aust record). Lloyd La Beach, not well, was beaten in the 100yds by Bartram of Victoria in 10.2s. The crowd was estimated at 12,000 spectators.

The second featured Fanny Blankers-Koen of Holland who won 5 Gold Medals at the 1948 London Olympic Games. Spectators numbered 14,000 which created a ground record. The crowd covered the cycling track and spilled onto the circular running track. Fanny performed up to her olympic standard when she ran 80 metres hurdles in 11.3s (Aust record) only 1/10th outside her olympic winning time. Marjorie Jackson, later to be a dual olympic champion at Helsinki in 1952, won the 100yds in 11.2s, while Shirley Strickland, also to win at the Helsinki Games in the 80m hurdles, won the 220yds in 25.5s.

We had a great season in 1976-7 with a record membership of 279. Women had not joined our club at this time. There were 10 teams at Interclub from "A" to "U13" and we gained 3 1sts, 3 2nds 3 3rds and 1 5th. Athletes who competed with great success these years were Vin Plant, Laurie Whitty, Bill Bird, Bob Talay, Stephen Longden-Gee, Graeme Cook, Dragon Arapovic and Milo Bodiroza. Our distance athletes had a great season winning 5 teams titles and 4 individual titles in State Championships.

This history supplements that included in last years Annual Report.

Open Male Club Championships

100m	A.Kelly	12.9s	T.Nunn	M.Gentle
				R.Molloy
200m	M.Gentle	27.1s	R.Molloy	E.Gentle
400m	R.Molloy	61.3s	M.Gentle	
P.Tuziak				
800m	R.Gribble	2m 18.07s	T.Nunn	A.Peek
1500m	A.Kelly	4m 10.0s	R.Gribble	A.Peek
3000m	A.Kelly	8m 48.9s	A.Peek	M.Gentle
110mH	A.Peek	22.3s		
3000mS	M.Roberts	11m 27.0s	A.Peek	
3000mW	C.Stratford	13m 30.3s		
5000mW	C.Stratford	23m 21.8s		
10KmW	C.Stratford	49m 31.42s		
High Jump	M.Gentle	1.40m	P.Tuziak	R.Molloy
Long Jump	M.Gentle	4.88m	P.Tuziak	A.Peek
Triple Jump	P.Tuziak	10.08m	M.Gentle	A.Peek
Shot	P.Tonge	9.47m	A.Peek	T.Nunn
Discus	P.Tonge	25.98m	A.Peek	T.Nunn
Javelin	A.Peek	33.86m	R.Molloy	M.Gentle

Male Under 18 years

100m	K.Gallagher	11.9s	L.Leary	
200m	K.Gallagher	24.52s	L.Leary	
400m	K.Gallagher	51.55s	L.Leary	
800m	T.Auciello	1m 51.89s	D.Simone	K.Gallagher
1500m	T.Auciello	3m 53.9s	D.Simone	D.Jones
3000m	T.Auciello	8m 54.32s	D.Simone	D.Jones
5000m	D.Jones	17m 01.38s	L.Leary	
110mH	L.Leary	20.2s		
400mH	D.Jones	62.60s		
2000mS	D.Simone	6m 29.4s	D.Jones	L.Leary
High Jump	L.Leary	1.70m		
Long Jump	L.Leary	5.11m	K.Gallagher	I.Kennedy
Triple Jump	K.Gallagher	11.49m	L.Leary	
Shot	K.Gallagher	9.18m	L.Leary	

Discus	L.Leary	23.20m		Javelin	U.Rodway	24.46m	G.Templeman
Javelin	L.Leary	24.98m	K.Gallagher D.Jones	Multi	U.Rodway	4100points	

Male Under 16 years

100m	B.Ashton	11.9s
200m	B.Ashton	25.0s
400m	B.Ashton	53.42
800m	B.Ashton	2m 38.0s
1500m	B.Ashton	5m 39.0
High Jump	B.Ashton	1.50m
Long Jump	B.Ashton	5.15m
Triple Jump	B.Ashton	10.91m
Shot	B.Ashton	8.42m
Discus	B.Ashton	22.32m
Javelin	B.Ashton	22.28m

Open Female Club Championship

100m	B.Tuziak	13.13s	C.Williams J.Page
200m	C.Williams	26.49s	B.Tuziak J.Page
400m	R.Carne	59.25s	C.Williams B.Tuziak
800m	R.Carne	2m 13.23s	C.Williams J.Page
1500m	R.Carne	4m 59.8s	C.Williams J.Page
3000m	R.Carne	11m 50.4s	
3000mW	A.Manning	13m 05.8s	
5000mW	A.Manning	22m 18.07s	
10000mW	A.Manning	46m 15.60s	
High Jump	B.Tuziak	1.35m	A.Nicholson
Long Jump	B.Tuziak	5.20m	C.Williams A.Nicholson
Triple Jump	B.Tuziak	10.69m	C.Williams A.Nicholson
Shot	A.Nicholson	7.62m	B.Tuziak
	J.Page	7.62m	
Discus	J.Page	22.30m	B.Tuziak C.Williams
Javelin	J.Page	21.84m	C.Williams B.Tuziak

Female Under 18 years

100m	K.Hall	13.10s	B.Otto
200m	K.Hall	26.67s	L.Zammarrelli B.Otto
400m	S.Stratford	65.74s	
800m	L.Zammarrelli	2m 19.04s	K.Hall S.Stratford
1500m	L.Zammarrelli	4m 46.1s	S.Stratford K.Hall
3000m	L.Zammarrelli	11m 28.7s	S.Stratford
100mH	K.Hall	17.52s	
High Jump	K.Hall	1.61m	B.Otto
Long Jump	B.Otto	5.67m	K.Hall
Triple Jump	B.Otto	10.39m	
Shot	K.Hall	8.91m	B.Otto
Discus	B.Otto	22.00m	K.Hall
Javelin	K.Hall	28.82m	J.Holmes
Heptathlon	K.Hall	4135 points	

Female Under 16 years

100m	D.Ferraro	12.84s	G.Templeman U.Rodway
200m	D.Ferraro	26.02s	U.Rodway G.Templeman
400m	D.Ferraro	57.45s	U.Rodway G.Templeman
800m	U.Rodway	2m 24.75s	
1500m	U.Rodway	5m 15.43s	G.Templeman
90mH	U.Rodway	15.07s	
300mH	U.Rodway	45.89s	
High Jump	U.Rodway	1.61m	G.Templeman
Long Jump	U.Rodway	5.27m	G.Templeman
Triple Jump	G.Templeman	11.07m	U.Rodway
Shot	G.Templeman	7.70m	
Discus	U.Rodway	23.32m	G.Templeman

To be eligible for Club Championships, club athletes must have competed at least 3 times at:-

- * interclub at SAF
- * Interclub at HAF
- * Regional Interclub
- * Club Competition nights
- * or a combination of the above

Hensley Interclub Pointscore

"A" Divn. Men		"C" Divn. Men	
619	A.Peek		
297	R.Molloy	45	E.Gentle
231	E.Gentle	12	L.Leary
151	M.Gentle		
112	T.Nunn		
72	P.Tuziak		
53	L.Leary		
20	R.Gribble		
		"A" Divn. Women	
		36	B.Tuziak

Results HAF Interclub Premiership

Mens "A" Grade		Womens "A" Grade	
164	St.George (1)	36	Bankstown Sport
141	Randwick Botany	36	St.George
134	NSW Vets (1)	24	Tiger West
83	St.George (2)	12	Eastern Suburbs
78	Southside Masters	12	Randwick Botany
56	Eastern Suburbs	10	Cumberland RH
34	Bankstown Sport		
31	Northern Suburbs		
30	Tiger West		
23	Girraween		
23	Sutherland		
22	NSW Vets (2)		
19	Blacktown		
18	Cumberland Ryde Hornsby		
13	Sydney University		
12	Illawong		
10	South Sydney		
Mens "C" Grade			
49	NSW Vets (1)		
22	St.George		
17	Randwick Botany		
3	NSW Vets (2)		

Olds Park Competition

Open Men		Under 18 Men	
2729	A.Peek	1817	L.Leary
1968	E.Gentle	1422	B.Ashton
902	J.Gallagher	455	K.Gallagher
865	P.Tuziak		
550	P.Tonge		
Open Women		Under 18 Women	
2113	A.Nicholson	1013	K.Hall
989	C.Williams	942	B.Otto
950	B.Tuziak		
843	J.Page		
Under 16 Women			
1284	U.Rodway		
1126	G.Templeman		

South West Region Interclub Competition Individual Pointscores

Veteran Mens		Open Women	
714	A.Peek	131	J.Page
566	E.Gentle	36	C.Williams
318	J.Gallagher		
Under 18 Mens		Under 18 Women	
487	L.Leary	132	G.Templeman
176	B.Ashton	98	B.Otto

P.Donnelly	68
J.Gallagher	63
T.Edwards	62
R.Curtis	59
J.Walker	45
A.Thomas	35
B.Molino	34
P.Tonge	34
P.Nash	23
M.Edwards	18
C.O'Malley	18
C.Coles	13
L.Hopkins	13
M.Donnelly	8

South West Region Competition Premiership Results

Open Male		Veteran Male	
3678	Ingleburn	4753	Ingleburn
3103	Illawong	4509	Illawong
1668	Bankstown	1672	Bankstown
340	Camden	1594	St.George
319	Campbelltown	1186	Camden
151	St.George	320	Campbelltown
39	Tiger West	118	Tiger West
		118	Revesby

Under 18 Mens		Open Women	
3539	Ingleburn	1228	Illawong
2787	Illawong	1006	Ingleburn
1267	Bankstown	236	Bankstown
797	Campbelltown	227	St.George
614	St. George	63	Jensen
119	Camden	60	Camden
58	Westfield	50	Revesby
57	Tiger West		
Veteran Women		Under 18 Women	
968	Ingleburn	1954	Ingleburn
840	Illawong	1072	Illawong
150	Bankstown	761	Bankstown
47	Campbelltown	402	St.George
		236	Camden
		65	Campbelltown
		52	Jensen
		51	Revesby

Fastest Times Pointscore

Division 1 - Men		Division 2 - Men	
J.Irvine	43	A.Murphy	52
O.Williams	35	D.Curtis	34
L.Leary	30	B.Molino	12
D.Edwards	25	J.Gallagher	11
A.Peek	16	A.Thomas	11
R.Vaughan	4	K.Coles	10
E.Gentle	3	P.Nash	10
Division 1 - Women		Division 2 - Women	
K.Edwards	42	K.Iffland	32
V.Hopkins	6	J.Page	26
		S.Donohue	25
		Bridget Iffland	16
		L.Iffland	14
		K.Kosh	12
		R.Curtis	9

NSW Veterans Track & Field Championships

M35					
3km Steeple	A.Peek	3	13m	43.5s	
Javelin	A.Peek	2	31.22metres		
Pentathlon	A.Peek	2	1830points		
M50					
1500m	R.Squires	2	4m	28.8s	
5000m	R.Squires	1	16m	38.0s	
10000m	R.Squires	1	34m	45.0s	
M55					
800m	R.Gribble	1	2m	18.7s	
1500m	R.Gribble	1	4m	37.9s(rec)	
5000mCC	R.Gribble	2			
M60					
800m	N.Markham	4	2m	29.1s	
1500m	N.Markham	2	4m	54.2s	
10000m	N.Markham	1	37m	40.0s(rec)	

Summer Cross Country

Division 1 (5km & 6km)		Division 2 (2km & 3km)	
J.Irvine	89	D.Edwards	126
D.Edwards	80	A.Murphy	116
A.Peek	79	L.Iffland	110
E.Gentle	76	Bridget Iffland	108
O.Williams	60	A.Clegg	106
C.Coles	59	R.Molloy	103
L.Leary	54	Bernie Iffland	101
K.Edwards	53	K.Coles	90
R.Vaughan	36	S.Donnelly	89
M.O'Malley	26	E.Walker	88
B.Molino	19	S.Donohue	84
A.Thomas	14	K.Iffland	82
P.Nash	13	N.Thomas	80
V.Hopkins	9	K.Kosh	77
M.Donnelly	6	C.Walker	77
J.McClean	6	J.Page	76
		N.Clegg	68

CLUB RECORDS

SENIOR MENS BEST ON RECORD

100 metres	R.Henderson	10.30s	16.3.85
200 metres	S.Longden-Gee	20.90s	1974/79
400 metres	S.Longden-Gee	45.70s	17.12.74
800 metres	G.Rootham	1m 46.60s	26.3.72
1500 metres	A.Thomas	3m 42.60s	1964
3000 metres	J.Andrews	7m 58.30s	11.2.84
5000 metres	J.Andrews	13m 27.31s	23.11.39
10000 metres	J.Andrews	28m 09.70s	16.12.82
Marathon	J.Andrews	2h 14m 44.00s	30.10.88
1 mile	A.Thomas	3m 58.30s	21.3.64
110m H(1.067m)	V.Plant	13.70s	17.12.77
400m H(0.914m)	G.Cox	51.20s	17.3.77
3000m Steeple	M.Jones	9m 05.16s	19.1.87
3000m Walk	C.Stratford	13m 23.20s	29.2.92
5000m Walk	C.Stratford	22m 46.20s	21.12.91
10000m Walk	C.Stratford	48m 26.7s	12.1.91
High Jump	M.Meredith	2.01m	1963
Long Jump	B.Dickinson	7.48m	1938
Triple Jump	B.Dickinson	15.64m	1935
Pole Vault	D.Arapovic	4.32m	1970
Shot 7.26kg	L.Chinnery	16.18m	1964
Discus	R.Lunt	51.16m	1973
Javelin 800g	G.Glynn	74.34m	1970
Hammer 7.26kg	M.Bodirova	59.30m	9.10.77
Decathlon	B.Dickinson	5350Pt	1938
4 x 100m Relay	R.Gurr V.Plant J.Van Stappen S.Longden-Gee	41.50s	11.3.78
4 x 200m Relay	J.Sullivan G.Cox M.Van der Velde S.Longden-Gee	1m 27.30s	1.12.79
4 x 400m Relay	S.Longden-Gee J.Fortesque M.Van der Velde J.Van Stappen	3m 15.50s	3.3.79
4 x 800m Relay	G.Rootham G.Cook M.Dunn R.Meagher	7m 34.70s	1976
4 x 1500m Relay	J.Hancock G.Rootham P.Glucina J.Scott	15m 40.40s	31.1.72
50 Mile Track	D.Edwards	6h 29m 41.00s	1971
50 Mile Road	H.Dearnley	5h 38m 37.00s	1.10.78
100 Miles	D.Gray	18h 45m 27.00s	30.5.87
1 Hour Run	C.Whiteman	18.77km	15.9.82
1 Mile Walk	E.Austen	6m 45.00s	1924
3 Mile Walk	E.Austen	22m 13.00s	1924
7 Mile Walk	E.Austen	55m 49.20s	1924
50km Walk	C.Stratford	5h 23m 18.50s	14.7.90

MENS UNDER 20 BEST ON RECORD

100 metres	R.Henderson	10.63s	18.3.83
200 metres	R.Henderson	21.18s	14.2.82
400 metres	D.Stephenson	47.80s	1970
800 metres	T.Auciello	1m 51.89s	21.11.92
1500 metres	M.Vassallo	3m 53.00s	15.2.86
3000 metres	L.Whitty	8m 12.70s	1977

5000 metres	L.Whitty	14m 20.50s	18.2.78
10000 metres	L.Whitty	29m 30.40s	1.3.77
1 mile	J.Hancock	4m 13.80s	1965
110m H(1.067m)	W.Bird	14.20s	21.12.76
400m H(0.914m)	W.Bird	53.30s	12.3.77
2000m Steeple	M.Jones	5m 53.31s	22.3.81
High Jump	P.Jones	1.95m	15.11.81
Long Jump	G.Friend	7.39m	1964
Triple Jump	B.Dickinson	14.78m	1932
Pole Vault	I.Berry	3.50m	1979
Shot 5.449kg	J.Neale	14.40m	12.9.82
Discus 1.5kg	J.Neale	52.22m	17.10.81
Javelin 800g	G.Glynn	65.10m	1963
Hammer 5.449kg	A.Scott	39.92m	3.3.79
Decathlon	M.Dorrity	5024Pt	1977
Pentathlon	M.Dorrity	2888Pt	31.12.77
4 x 100m Relay	A.Dunshea C.Sams D.Snowden R.Henderson	43.18s	12.12.82
4 x 200m Relay	C.Sams P.McCaffrey D.Snowden R.Henderson	1m 29.70s	29.11.81
4 x 400m Relay	R.Abberton J.Sullivan R.Pollett M.Dorrity	3m 23.6s	12.3.78
4 x 800m Relay	P.Dwyer B.Byrne D.Clarke J.Hancock	7m 59.4s	1965
4 x 1500m Relay	L.Whitty G.Elliott W.McCourt M.Jones	16m 34.3s	2.12.79
1 Hour Run	W.McCourt	16.814km	15.9.82
1 Mile Walk	W.McAlister	7m 18s	1953

MENS UNDER 18 BEST ON RECORD

Commenced 1.8.82

100 metres	J.Abdullah	10.97s	11.12.82
200 metres	R.Henderson	21.6s	11.10.80
400 metres	M.Lubrano	49.23s	11.12.83
800 metres	T.Auciello	1m 51.89s	21.11.92
1500 metres	M.Vassallo	3m 53.00s	15.2.86
3000 metres	L.Whitty	8m 25.20s	16.12.77
5000 metres	L.Whitty	14m 36.00s	1976
10000 metres	L.Whitty	30m 01.00s	1977
110mH(0.914m)	P.Jones	16.00s	16.10.82
400mH(0.914m)	P.Jones	59.52s	20.2.82
2000m Steeple	R.Deutsch	6m 01.47s	8.12.84
High Jump	P.Jones	1.95m	15.11.81
Long Jump	W.Bird	6.64m	1975
Triple Jump	I.Berry	13.95m	13.11.75
Pole Vault	I.Berry	3.35m	21.1.78
Shot (5.449kg)	J.Neale	14.40m	12.9.82
Discus (1.5kg)	J.Neale	52.22m	17.10.81
Javelin (700g)	J.Neale	56.78m	7.11.81
Hammer (5.449kg)	R.Stubbs	38.98m	1972
Decathlon	D.Davidson	5954pt	12.1.86
4 x 100m Relay	M.Jansen C.Witheriff S.Hignett		

4 x 200m Relay	C.Davis	44.52s	2.12.84	800 metres	N.Nixon	2m	07.84s	27.2.83
	M.Jansen			1500 metres	N.Nixon	4m	19.88s	26.2.83
	C.Witheriff			High Jump	S.Mungovan		1.65m	6.11.82
	S.Hignett			Long Jump	A.Noisier		5.52m	1.1.84
4 x 400m Relay	C.Davis	1m	32.29s	16.12.84	Triple Jump	A.Noisier	11.54m	8.11.83
	R.Deutsch				Shot (3.623kg)	A.Noisier	14.16m	6.1.84
	A.Noisier				Discus (1kg)	A.Noisier	39.44m	17.1.84
	R.Summerill				Javelin (600g)	A.Noisier	43.00m	27.1.84
4 x 800m Relay	P.Warren	3m	33.00s	2.12.84	4 x 400m Relay	N.Nixon		
	D.Simone				M.Tonge			
	D.Jones				S.Jansen			
	K.Gallagher				A.Irwin	4m	01.23s	28.11.82
4 x 1500m Relay	T.Auciello	8m	06.07s	12.11.92	4 x 800m Relay	D.Davison		
	R.Baral-Stenberg				D.Whealy			
	N.Nixon				A.Irwin			
	M.Vassallo				N.Nixon	9m	17.55s	12.12.85
	M.Zammarrelli	16m	36.39s	7.12.85	4 x 1500m Relay	D.Whealy		
					A.Irwin			
					T.Dietz			
					N.Nixon	19m	40.94s	28.11.82

MENS UNDER 16 BEST ON RECORD

100 metres	M.Jansen	11.10s	15.10.83
200 metres	M.Jansen	22.69s	12.2.84
400 metres	M.Lubrano	49.70s	15.10.83
800 metres	T.Auciello	1m 57.35s	26.10.91
1500 metres	T.Auciello	3m 57.49s	17.11.91
3000 metres	T.Auciello	8m 52.76s	13.10.91
100mH(0.914m)	G.Scott	18.96s	27.2.83
200mH(0.762m)	W.Bird	27.00s	1973
400mH(0.914m)	P.Davison	1m 01.91s	10.11.84
2000m Steeple	T.Clarsen	6m 29.10s	23.11.85
1500m Walk	D.Latham	7m 45.00s	30.11.76
High Jump	H.Pavlidis	1.90m	16.9.81
Long Jump	R.Fong	6.12m	21.9.80
Triple Jump	G.Nixon	13.56m	1975
Pole Vault	S.Jansen	2.45m	3.12.83
Shot (4.535kg)	H.Pavlidis	13.25m	3.10.82
Discus (1.5kg)	H.Pavlidis	42.22m	3.10.82
Javelin (700g)	P.Davison	47.74m	7.11.81
Hammer (4.535kg)	A.Noisier	19.40m	8.12.84
4 x 100m Relay	C.Davis		
	C.Witheriff		
	M.Lubrano		
	M.Jansen	44.89s	4.12.83
4 x 200m Relay	C.Davison		
	C.Witheriff		
	M.Lubrano		
	M.Jansen	1m 33.15s	20.11.83
4 x 400m Relay	V.Parker		
	D.Davison		
	A.Noisier		
	N.Nixon	3m 33.65s	16.12.84
4 x 800m Relay	P.Warren		
	M.Lubrano		
	R.Woods		
	R.Summerill	8m 23.49s	28.11.83
4 x 1500m Relay	P.Warren		
	G.Sheumach		
	R.Woods		
	R.Summerill	17m 39.48s	12.12.82

MENS UNDER 14 BEST ON RECORD

100 metres	C.Pelham	11.63s	12.10.91
200 metres	C.Pelham	23.24s	8.2.92
400 metres	A.Noisier	53.57s	25.2.84

WOMENS SENIOR BEST ON RECORD

Commenced on 1.10.86

100 metres	C.Williams	12.30s	4.1.91
200 metres	C.Williams	25.7s	14.1.91
400 metres	D.Ferraro	57.45s	31.10.92
800 metres	B.Mrakovcic	2m 10.65s	21.2.88
1500 metres	B.Mrakovcic	4m 21.45s	20.2.88
3000 metres	B.Mrakovcic	9m 33.26s	28.2.87
10000 metres	B.Mrakovcic	36m 07.00s	7.11.88
Marathon	P.Marshall	2h 52m 03.00s	25.4.88
1 mile	B.Mrakovcic	4m 46.70s	10.1.88
100mH(0.840m)	K.Hall	17.52s	10.10.92
200mH(0.762m)	B.Otto	33.30s	23.10.91
3000m Walk	A.Manning	13m 05.80s	6.2.93
5000m Walk	A.Manning	22m 18.07s	20.2.93
10000m Walk	A.Manning	46m 15.60s	10.1.93
High Jump	K.Hall	1.61m	20.3.93
	U.Rodway	1.61m	10.1.93
Long Jump	B.Otto	5.67m	24.2.93
Triple Jump	G.Templeman	11.07m	21.3.93
Shot 4kg	K.Hall	8.91m	24.2.93
Discus 1kg	U.Rodway	23.32m	28.10.92
Javelin 600g	K.Hall	28.82m	10.10.92
Hammer 4kg	C.Williams	14.28m	1.11.91
Heptathlon	K.Hall	4135pt	23.3.93
4 x 200 m Relay	B.Otto		
	D.Ferraro		
	U.Rodway		
	G.Templeman	1m 46.38s	12.11.92
4 x 400 m Relay	M.Buckley		
	L.Hopkins		
	L.Horrocks		
	L.Zammarrelli	4m 11.80s	17.11.91
4 x 800 m Relay	M.Buckley		
	R.Carne		
	C.Williams		
	L.Zammarrelli	9m 13.02s	12.12.92
4 x 1500 m Relay	M.Dillon		
	L.Bennett		
	M.Dovey		
	B.Mrakovcic	18m 53.95s	27.11.88

WOMENS UNDER 20 BEST ON RECORD

100 metres	D.Ferraro	12.84s	31.10.92
200 metres	D.Ferraro	25.85s	15.2.92
400 metres	D.Ferraro	57.45s	31.10.92
800 metres	M.Dillon	2m 11.90s	12.10.90
1500 metres	M.Dillon	4m 27.76s	22.2.91
3000 metres	M.Dillon	9m 41.44s	7.10.90
10000 metres	N.McKean	38m 27.00s	12.11.86
100mH(0.840m)	K.Hall	17.52s	10.10.92
200mH(0.762m)	B.Otto	33.30s	23.10.91
3000m Walk	C.Stratford	14m 36.41s	11.2.90
5000m Walk	C.Stratford	25m 33.00s	17.2.90
High Jump	K.Hall	1.61m	20.3.93
	U.Rodway		10.1.93
Long Jump	B.Otto	5.67m	24.2.93
Triple Jump	G.Templeman	11.07m	21.3.93
Shot 4kg	K.Hall	8.91m	24.2.93
Discus 1kg	U.Rodway	23.32m	28.10.92
Javelin 600g	K.Hall	28.82m	10.10.92
Heptathlon	K.Hall	4135pt	23.3.93
4 x 200 m Relay	B.Otto		
	D.Ferraro		
	U.Rodway		
	G.Templeman	1m 46.38s	12.11.92
4 x 400 m Relay	M.Buckley		
	L.Hopkins		
	L.Horrocks		
	L.Zammarrelli	4m 11.80s	17.11.91
4 x 800 m Relay	M.Buckley		
	L.Hopkins		
	L.Horrocks		
	L.Zammarrelli	9m 41.37s	16.11.91
4 x 1500 m Relay	M.Buckley		
	N.Hoyle		
	L.Horrocks		
	L.Zammarrelli	20m 16.96s	24.11.90

WOMENS UNDER 18 BEST ON RECORD

100 metres	D.Ferraro	12.84s	31.10.92
200 metres	D.Ferraro	25.85s	15.2.92
400 metres	D.Ferraro	57.45s	31.10.92
800 metres	M.Dillon	2m 11.90s	12.10.90
1500 metres	M.Dillon	4m 27.76s	22.2.91
3000 metres	M.Dillon	9m 41.44s	7.10.90
100mH(0.840m)	K.Hall	17.52s	10.10.92
200mH(0.762m)	B.Otto	33.30s	23.10.91
3000m Walk	C.Stratford	14m 36.41s	11.2.90
High Jump	K.Hall	1.61m	20.3.93
	U.Rodway	1.61m	10.1.93
Long Jump	B.Otto	5.67m	24.2.93
Triple Jump	G.Templeman	11.07m	21.3.93
Shot 4kg	K.Hall	8.91m	24.2.93
Discus 1kg	U.Rodway	23.32m	28.10.92
Javelin 600g	K.Hall	28.82m	10.10.92
Heptathlon	K.Hall	4135pt	23.3.93
4 x 200 m Relay	B.Otto		
	D.Ferraro		
	U.Rodway		
	G.Templeman	1m 46.38s	12.11.92
4 x 400 m Relay	M.Buckley		
	L.Hopkins		
	L.Horrocks		
	L.Zammarrelli	4m 11.80s	17.11.91
4 x 800 m Relay	M.Buckley		

L.Hopkins			
L.Horrocks			
L.Zammarrelli	9m 41.37s	16.11.91	
4 x 1500 m Relay	M.Buckley		
	N.Hoyle		
	L.Horrocks		
	L.Zammarrelli	20m 16.96s	24.11.90

WOMENS UNDER 16 BEST ON RECORD

100 metres	D.Ferraro	12.84s	31.10.92
200 metres	D.Ferraro	25.85s	15.2.92
400 metres	D.Ferraro	57.45s	31.10.92
800 metres	M.Dillon	2m 15.50s	4.2.89
1500 metres	M.Dillon	4m 32.97s	12.12.88
3000 metres	M.Dillon	10m 01.01s	18.2.89
90mH	U.Rodway	15.07s	21.3.93
200mH(0.762m)	B.Otto	33.30s	23.10.91
300mH	U.Rodway	45.89s	20.3.92
1500m Walk	C.Stratford	6m 45.58s	18.2.89
High Jump	U.Rodway	1.61m	10.1.93
Long Jump	U.Rodway	5.27m	28.11.92
Triple Jump	G.Templeman	11.07m	21.3.93
Shot 4kg	B.Otto	8.74m	4.3.92
Discus 1kg	U.Rodway	23.32m	28.10.92
Javelin 600g	U.Rodway	24.46m	9.1.93
Heptathlon	U.Rodway	4100pts	23.3.93
4 x 200 m Relay	C.Buckley		
	D.Ferraro		
	U.Rodway		
	J.Nelson	1m 54.60s	16.11.91
4 x 400 m Relay	M.Buckley		
	D.Ferraro		
	U.Rodway		
	J.Nelson	4m 17.48s	17.11.91
4 x 800 m Relay	M.Buckley		
	L.Horrocks		
	U.Rodway		
	L.Zammarrelli	9m 44.64s	26.11.89
4 x 1500 m Relay	M.Buckley		
	N.Hoyle		
	L.Horrocks		
	L.Zammarrelli	20m 16.96s	24.11.90

WOMENS UNDER 14 BEST ON RECORD

100 metres	D.Ferraro	12.95s	12.10.91
200 metres	D.Ferraro	25.85s	15.2.92
400 metres	D.Ferraro	58.58s	12.10.91
800 metres	L.Zammarrelli	2m 18.86s	7.10.88
1500 metres	L.Zammarrelli	4m 43.09s	7.12.88
3000 metres	L.Zammarrelli	11m 16.00s	2.11.88
200mH(0.762m)	U.Rodway	39.20s	23.10.91
1500m Walk	C.Stratford	7m 07.05s	4.3.89
High Jump	U.Rodway	1.50m	18.1.92
Long Jump	U.Rodway	4.94m	30.1.91
Triple Jump	U.Rodway	10.58m	26.10.91
Shot 2.724kg	U.Rodway	7.74m	4.3.92
Discus 1kg	U.Rodway	20.40m	15.1.92
Javelin 600g	U.Rodway	18.08m	19.2.92
4 x 200 m Relay	C.Buckley		
	D.Ferraro		
	U.Rodway		
	J.Nelson	1m 54.60s	16.11.91
4 x 400 m Relay	C.Buckley		
	D.Ferraro		

	U.Rodway				1 Mile & 3 Mile	A.Thomas	Cardiff Empire Games	1958
	J.Nelson	4m	17.48s	17.11.91	1500 metres	A.Thomas	Rome Olympic Games	1960
4 x 800 m Relay	C.Buckley					(3m 46.8s)		
	D.Ferraro				5000 metres	A.Thomas	Rome Olympic Games	1960
	U.Rodway					(14m6.2s)		
	J.Nelson	10m	15.94s	16.11.91	1500 & 5000m	A.Thomas	Tokyo Olympic Games	1964
4 x 1500 m Relay	U.Rodway				800 metres	G.Rootham		
	J.Roberts					(1m 48.2s)	Munich Olympic Games	1972
	S.Stratford				800 metres	G.Rootham	Christchurch	
	L.Hopkins	22m	08.45s	26.11.88		(1m47.2s)	C'wealth Games	1974
					400 metres	S.Gee(47.0s)	NZ Games Christchurch	1975
					110m Hurdles	V.Plant	NZ Games Christchurch	1975
					Cross Country	L.Whitty	NZ-Aust match	1978
					5000 m	J.Andrews	Pacific Conference Games	
						(14m08s)	Christchurch NZ	1981
					10000 m	J.Andrews	Pacific Conference Games	
						(28m41s)	Christchurch NZ	1981
					12000 m CC	J.Andrews	World CCC Madrid	1981
					12000 m CC	J.Andrews	World CCC Gateshead	1983

ATHLETICS NEW SOUTH WALES

St.George hosted the 1992 NSW Novice Cross Country Championships at Scarborough Park. This venue is a popular course for cross country running and is always enjoyed by athletes and spectators alike. Lisa Zammarrelli won the Womens State Novice 4km with Michelle Buckley coming 3rd. The St. George womens team of M.Buckley, L.Zammarrelli, S.Stratford and C.Buckley won the teams event. John Andrews set a new course record in winning the Open 10km, the supporting event to the Mens State Novice Championship.

Members of St.George Club were active in Athletics NSW holding the following offices:

Alleyne Gainsford OAM

1. Life Member
2. Announcer for Athletics NSW

George Carruthers MBE

1. Consultant "City to Surf"
2. Life Member Athletics NSW

Arthur Peek

1. Manager Hensley Field Competition
2. Manager NSW Novice CC Championships

Alan Staples

1. Member Harrier Committee (Winter)

Albert Thomas

1. Merit Award holder of Athletics NSW

Ron Gribble

1. Merit Award holder of Athletics NSW
2. Announcer for Athletics NSW

Dennis Jolliffe

1. Merit Award holder of Athletics NSW

Roy Patmore

1. Merit Award holder of Athletics NSW

AUSTRALIAN, STATE & OVERSEAS REPRESENTATIVES

10000m Walk	E.E.Austen	Paris Olympic Games	1924
10000m CC	C.Weeks	Wellington-Aust CCC	1925
10000m CC	A.A.Gainsford	Wellington-Aust CCC	1925
Hop, Step & Jump	B.C.Dickinson	Berlin Olympic Games	1936
440yds Hurd	G.Gedge	Auckland Empire Games	1950
	(53.9s)		
Marathon	C.Smeal	Helsinki Olympic Games	1952
	(2h52m23s)		

OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

* Former world record

880 yards	J.Bailey (Los Angeles)	1m48.8s	1956
1 Mile	J.Bailey (Los Angeles)	3m58.1s	1956
1 Mile	A.Thomas (Dublin)	3m58.6s	1958
2 Miles *	A.Thomas (Dublin)	8m32.0	1958
3 Miles *	A.Thomas (Dublin)	13m10.8s	1958
1500 metres	A.Thomas (Sweden)	3m42s	1958
3000 metres	A.Thomas (Helsinki)	9m05.2s	1958
880 yards	J.Duxbury (USA)	1m50.2s	1966
5000 metres	L.Whitty (NZ junior)	14m19.5s	1977
Marathon	L.Whitty (Fukuoka)	2h 15m23.00s	1980
3000 metres	J.Andrews (Hamilton)	8m00.81s	1981
5000 metres	J.Andrews (Auckland)	13m52.00s	1981
3000 metres	J.Andrews (Poland)	7m58.70s	1982
Marathon	J.Andrews (Chicago)	2h 14m44.00s	1982

CLUB AND SCHOOLS OVERSEAS REPRESENTATIVES

Long Jump	W.Gilliver	NZ Games C'church	
	(6.88m)	Schools team	1925
800 metres	G.Cook	NZ Games C'church	
	(1m56.0s)	Schools team	1975
110m Hurdles	W.Bird (15.0s)	NZ Games C'church	1975
110m Hurdles		Schools team	
& 100m	W.Bird	Christchurch,NZ	1977
Marathon	R.Squires	NZ Hamilton	
	(2h23m39s)	Marathon	1975
Marathon	D.Edwards	NZ Hamilton	
	(2h34m51s)	Marathon	1975
Marathon	J.Scott	Boston Marathon	1977
	(2h25m04s)		
3000 metres & 1500 metres	L.Whitty	Christchurch Team (NZ)	1977
Shot & Discus	D.Snell	Christchurch Team (NZ)	1977
100m & 200m	R.Henderson	USA (NSW Schools)	1981
3000m			
& 5000m	J.Andrews	UK and Europe	1982
100m, 200m			
400m	R.Henderson	UK and Europe	1982

Equipment as at 31 March 1993

1	Portable Loud Hailer
1	Map display Board
1	Winners Dais
1	First Aid Kit
4	High Jump Bars - Fibreglass
6	High Jump Bars -Metal
4	Sets High Jump Stands
2	Measuring Sticks -Metal
2	Wooden Pole Vault Uprights
2	Pole Vault Bar
1	Pole Vault Pole
2	Shot Put Stop Boards - Wooden
1	Portable Shot Put Metal Circle
3	6 lb Shot Puts
2	4 kg Shot Puts
3	3 kg Shot Puts
3	8 lb Shot Puts
3	10 lb Shot Puts
3	12 lb Shot Puts
1	Heavy Metal Box
2	1 kg Discus
2	1.5 kg Discus
2	2kg Discus
1	Portable Metal Discus Circle
1	400 g Javelin
3	600 g Javelin
2	700 g Javelin
4	800 g Javelin
1	50 m Tape Measure
3	30 m Tape Measures
1	Steel 20 m Tape Measure
1	Set Field Markers (1-20)
1	Rake
5	Metal Measuring Spikes
2	Sets Wooden Jumps Take-off Markers
40	Hurdles
2	Junior Relay Batons
8	Relay Batons
1	Lap Bell (hand)
1	2-cap Starting Gun
1	Clock
1	Printer-Stop Watch
3	Stop Watches
2	Metal Finishing Posts
20	Metal Course Posts
20	Wooden Course Flags - Red/White
20	Plastic Course Flags - Red/White
3	St George Club Banners/Flags
22	Clipboards

Comments on Annual Financial Statements

by Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows -

As at	Social	Other	Total	Movement
31 March	Committee	Club Funds		Club Funds
1989	\$3,800.45	\$12,778.72	\$16,579.17	
1990	\$6,120.23	\$12,979.63	\$19,099.86	+\$2,520.69
1991	\$7,385.98	\$13,964.48	\$21,350.46	+\$2,250.60
1992	\$11,886.81	\$6,854.84	\$18,741.65	-\$2,608.81
1993	\$12,349.74	\$5,712.23	\$18,061.97	-\$679.68

In 1992-93 Club funds decreased by \$679, and when combined with the decrease for the previous year, show a reduction of \$3,288. The Club needs to monitor its expenses in future years to enable it to preserve its capital. Interest rates have fallen significantly over the past twelve months and although the Club's fixed deposits at 31 March 1993 stood at \$12,282, interest is likely to fall below \$500 in the next financial year.

During the year the Club incurred abnormal expenses of \$1,470 when it incorporated. The other major expenditure during the year comprised assistance totalling \$4,456 to individuals for travelling expenses to compete in Australian Championships and overseas. This is a significant increase over the \$2,650 paid in the previous year, but was offset by donations of \$2,525 received by Clubs in the St George area. Our President Ron Gribble is to be commended for his efforts in appealing to these Clubs for assistance. These Clubs which have generously supported our athletes include the St George Leagues Club, Brighton RSL Club, Brighton Fishermen's Association, Bexley RSL Club, Georges River Sailing Club, Rockdale RSL Club, Penshurst RSL, The Roundabout Hotel at Hurstville, Earlwood-Bardwell Park RSL, Rockdale Businessmen's Club and St George Masonic Club.

Next year McDonalds have entered into an arrangement to sponsor NSW Combined High School Teams to compete at the Australian Combined High Schools Championships, and this should reduce the number of requests by Club athletes for assistance.

Once again David Carlisle has agreed to audit the Club's books in an honorary capacity. His suggestions in ensuring that the Club's assets are properly accounted for, and his dedication to his auditing function are of substantial value to the Club.

NOTICE TO ADVERTISERS

The Trade Practices Act, 1974 came into force on October 1, 1974. There are important new provisions in that Act which contain strict regulations on advertising and all advertisers and advertising agents are advised to study those provisions very carefully. It can be an offence for anyone to engage in trade or commerce, in conduct "misleading or deceptive". In particular Section 53 contains prohibitions from doing any of the following in connection with supply of goods or services or in connection with the promotion by any means of the supply or use of goods or services.

- Falsely represent that goods or services are of a particular standard, quality or grade, or that goods are of a particular style or model.
- Falsely represent that goods are new.
- Represent that goods or services have sponsorship, approval, performance characteristics, accessories, uses or benefits they do not have.
- Represent that he or it has sponsorship, approval or affiliation he or it does not have.
- Make false or misleading statements concerning the existence of, or amounts of, price reductions.
- Make false or misleading statements concerning the need for any goods, services, replacements or repairs.
- Make false or misleading statements concerning the existence of effect of any warranty or guarantee.

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For an individual - \$10,000 or 6 months imprisonment. For a corporation - \$50,000.

It is not possible for this company to ensure that advertisement which are published in this magazine comply with the Act and the responsibility must therefore be on the person, company or advertising agency submitting the advertisements for the publication.

IN CASE OF DOUBT CONSULT YOUR LAWYER

Statements of Receipts and Payments for the twelve months ended 31 March 1993

Receipts

Annual Subscriptions	
Donations	
Promotions -	
CC Race Fees	1,525.00
Track Race Fees	<u>434.00</u>
	1,469.00

Sale of Uniforms	
General	
Sale of Handbooks	66.00
BBQ Proceeds	120.00
Bank & Building	
Society Interest	<u>132.41</u>

Total Receipts
Loss

General Fund

4,794.00
1,074.00

1,959.00

318.41

9,136.41
814.05

\$9,950.46

Payments

Printing, postage and stationery	608.39	
Registrations etc to Athletics NSW		4,142.00
Promotions -		
CC Hire of Hall		500.00
CC Cycle & CC Prizes	<u>969.00</u>	
Purchase of Uniforms		563.48
General -		
Purchase of Chairs	300.00	
Purchase of Refreshments	120.70	
BBQ Expenses		65.00
Trophies		
Track Season	211.85	
Annual Meeting	293.60	
Cross Country	133.40	
Perpetual	204.90	
Donations, Wreaths, etc	60.00	
Purchase of Handbooks	167.00	
State Chship Results	29.00	
Incorporation Expenses	1,470.84	
PO Box Rental	37.00	
Maintenance of Equipment	<u>74.30</u>	

3,167.59

\$9,950.46

Teams Fund

Sportstar Awards	150.00
Contribution from Social Committee	1,634.74
Assistance to Teams	
(donations received)	<u>2,525.00</u>
Total Receipts	4,309.74
Loss	<u>804.26</u>

Contributions to Individuals -	
A Manning	650.00
T Auciello	400.00
M Buckley	200.00
D Ferraro	300.00
B Hansard	170.00
G Jolliffe	296.00
G McClean	220.00
S Moseley	400.00
B Otto	300.00
C Pelham	400.00
R Peters	200.00
D Simone	400.00
L Whitty	20.00
L Zammarrelli	<u>500.00</u>

4,456.00

Relay Entry Fees 438.00

Re-imbursement Teams entries 220.00

\$5,114.00

\$5,114.00

Statement of Receipts and Payments for the Year Ended 31 March 1993 Social Committee Funds

Receipts

Fund Raising Proceeds (net)	1,429.98
Interest	<u>667.69</u>
	<u>\$2,097.6</u>

Payments

Transfer to Teams Fund	1,634.74
Surplus	<u>462.93</u>
	<u>\$2,097.67</u>

Consolidated Fund

Cash & Deposits at Bank 1 April 1992 -	
General & Teams Fund	3,974.56
Social Committee	<u>11,886.81</u>
	15,861.37
Surplus - Social Committee	<u>462.93</u>
	<u>\$16,324.30</u>

Loss - General Fund	814.05
Loss - Teams Fund	804.26
Increase in Building Society Deposits	1.78
Cash & Deposits at Bank 31 March 1993	
General & Teams Fund	2,354.47
Social Committee	<u>12,349.74</u>
	<u>14,704.21</u>
	<u>\$16,324.30</u>

Balance Sheet as at 31 March 1993

Liabilities

Club Funds -	
General Fund	8,454.55
Teams Fund	(2,742.32)
Social Committee	<u>12,349.74</u>
	18,061.97

Non-current Liabilities	
Reserve for Perpetual Trophy	295.10
Reserve for CC Trophies	<u>216.97</u>
	512.07

\$18,574.04

Assets

Non-current Assets	
Equipment	2,772.00
less Depreciation	<u>277.00</u>
	2,495.00

Current Assets	
Stock on Hand	1,351.00
Cash at Bank -	
General & Teams Fund	2,354.47
Social Committee	67.71
Bank Deposits -	
Social Committee	12,282.03
Building Society	<u>23.83</u>

16,079.04
\$18,574.04

Dennis Jolliffe
Honorary Treasurer

Auditor's Statement

I have examined the Books and Records of the St George District Athletic Club Inc. for the year ended 31 March 1993 and report that the above Balance Sheet sets out a true and fair view of the state of the Club's affairs at that date.

David Carlisle
Honorary Auditor

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(FOR THE INFORMATION OF MEMBERS AND GUESTS)



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