

76th Annual Report
St. George District Athletic Club Inc.
31 March 1997



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St. George District Athletic Club Inc

MINUTES OF THE 75th ANNUAL GENERAL MEETING HELD AT THE ST GEORGE LEAGUES BOWLING CLUB PRINCES HIGHWAY CARLTON ON TUESDAY 25 JUNE 1996.

The meeting opened at 7.38 p.m.

Present 45 members and guests - see attached list

The President Albie Thomas welcomed Vice Presidents, Life Members, members, and guests amongst whom were Barbara Lea and Kay Culkin of St. George Little Athletics, Malcolm Harris Executive Director Athletics NSW, Bill Saravinovski (Mayor Rockdale), Bill Frawley (Alderman Hurstville)

Apologies - Tom Lind Mayor Kogarah, Peter Olah Mayor Hurstville, Robert McClelland Member for Barton, Bryan Langton Member for Kogarah, Morris Iemma Member for Hurstville, Daryl Melham Member for Banks, George Thompson Member for Rockdale, Leo McLeay Member for Watson, Marie Ficarra Member for Georges River, Arthur Henderson, Alwyn Gainsford, Anne Manning, Bob Elphinston, John Burne, Peter Nash, Stan Donnelly.

The minutes of the 74th Annual General Meeting were confirmed on the motion of Bruno Molino seconded Albert Ferraro. There were no matters arising from the minutes.

The minutes of the Special General Meeting held on 22 July 1996 were confirmed on the motion of Bruno Molino seconded Allan Staples

The 75th Annual Report and Financial Statement was presented by the President Albie Thomas. He mentioned that the forthcoming 75th Anniversary Dinner was an important milestone for the Club as was the vote not to amalgamate with Saucony Sutherland which caused the loss of a number of athletes. The time spent by Ron Gribble in managing the Interdistrict teams was not fully appreciated by either St. George or Sutherland until his resignation when others, like Jim Gallagher, had to take over the management of the teams. The results achieved in conjunction with Saucony Sutherland were much greater than were initially anticipated. He thanked various members of the Executive for their efforts throughout the year, the handicappers and the ladies who ran the raffles and provided the afternoon teas during the cross country season. The efforts of Arthur Peek in running the Summer Cross Country, his liaison with the St. George Little LA's and his work in coaching the younger athletes to the point when they required specialised coaching were greatly appreciated. He referred to the family nature of the club where parents and children competed in handicaps against champion athletes. He referred to the records set by Alison di Rosa in her first season in Senior athletics and to the achievement of Adam Murphy in winning an essay competition which takes him to a World Youth meeting at Atlanta in association with the Olympic Games. He mentioned the results achieved by the athletes during the year and referred to the details contained in the Annual Report.

Ron Gribble congratulated the athletes for their contribution and stressed that the Club was there for the athletes. He made special mention of various members of the Executive, especially Dennis Jolliffe who has been the Treasurer for 31 years.

Barbara Lea President of the St. George LA's congratulated the Club on its report and thanked Arthur Peek for his work with the LA's. She mentioned that there was a need for a new LA centre in the St. George area as the present Centre had more athletes than they could comfortably handle.

Bill Saravinovski Mayor of Rockdale stated that he enjoyed coming to meetings of Club like this to meet the real people who were running community activities. He mentioned that a need for a multi-purpose sports centre had been identified for the St. George district and although he would prefer to see it in the Rockdale area he would be happy to see it in any of the three local municipalities and was sure that all would co-operate in achieving this long term aim.

Mick Frawley an alderman on Hurstville Council endorsed Bill's remarks and noted that sportspersons are usually high achievers and that a blending of age & youth in administration of sport brings about results and could well provide part of the answer to the current "youth problem"

Malcolm Harrison acknowledged that St. George was one of the longest serving Clubs in existence but times were changing and that the Club should utilise this change to its advantage. He mentioned that the World Youth Games were being held at the HIAC this year and that 2,100 athletes from 144 countries were competing. International athletes were using Sydney to train and the city was getting good publicity. NSW was finding the going tough and had lost money on some of its carnivals (in common with most other States), litigation had been costly and he was concerned about the funding of the Sydney Marathon. Relationships with the LA's was very good and surveys show that more people are becoming interested in athletics as a sport.

Dennis Jolliffe said that 75 years was a remarkable achievement and that after 31 years as Treasurer members should be considering his replacement. Thought needs to be given as to how we can keep going forward. The Club was basically a family club and had a strong flow through from LA's. A plan to encourage athletes at cross country was about to be implemented. The financial report for the first time in years was completely correct. He noted that payments to ANSW exceeded subscriptions which was due to the subsidisation of talented athletes and highlighted the income from members working at major events.

Chris Stratford congratulated the contributors to the report but questioned whether the Club was prepared for the next 75 years as attendances at interclub meetings was down the membership was top heavy with veteran athletes although there was good numbers in the younger age groups. The track and field teams were poorly supported and there was a need for coaches.

It was moved by Albert Ferraro, seconded by Dennis Jolliffe that the 75th Annual Report and Financial Statements be approved.

Election of Officers

Patron R. Nash

President A. Thomas

Senior Vice Presidents G. Carruthers MBE, S. Donnelly, D. Jolliffe

Vice Presidents R. McClelland (Barton), L. McLeay (Watson), M. Ficarra (Georges River), G. Thompson (Rockdale), B. Langton (Kogarah), M. Iemma (Hurstville), D. Melham (Banks), P. Olah (Mayor Hurstville), T. Lind (Mayor Kogarah), B. Saravinovski (Mayor Rockdale), R. Jolliffe, D. Wilson AM, G. Page, G. Freeman, D. Jolliffe, A. Staples, A. Argall, Mrs B. Scott, Mrs. P. Donnelly, A. Peek, P. Phillips, B. Molino, A. Henderson, H. Gibbons, Bosman, T. Richards.

Secretary R. Molloy

Treasurer D. Jolliffe

Track Secretary

Distance Secretary C. Batman

Auditor D. Carlisle

Minute Secretary P. Phillips

Executive

A. Thomas
S. Donnelly
A. Ferraro

R. Molloy
C. Ferraro
A. Staples

D. Jolliffe
P. Phillips

C. Burgess
A. Kelly

C. Batman
J. Gallagher

Delegates Athletics NSW

A. Thomas

R. Molloy

A. Staples

C. Batman (alt)

Delegates to Interclub

A. Peek

A. Thomas

C. Stratford (alt) J. Gallagher (alt)

Delegates to Harrier (Winter) Committee

A. Staples

P. Phillips (alt)

Annual Awards These were presented to the winners present.

General Business There was no General Business.

The meeting closed at 9.00 p.m.

Cover Photos

From Top Left to Right: Daniel Batman, Sean Culkin,
Ursula Rodway, Albie Thomas & Jim Bailey.



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Patron

R. Nash

President

A. Thomas

Senior Vice Presidents

G. Carruthers MBE; S. Donnelly; D. Jolliffe

Vice Presidents

P. Bryant; L. McLeay; S. Witheridge; M. Iemma; D. Melham; P. Olah;
B. Langton; M. Ficarra; R. McClland; G. Thompson; P. Donnelly;
B. Scott; R. Jolliffe; D. Wilson AM; G. Page; T. Richards; A. Staples;
A. Argall; A. Henderson; A. Peek; B. Molino; L. Bosman; P. Phillips.

General Secretary

R. Molloy

Treasurer

D. Jolliffe

Track Secretary

J. Gallagher

Distance Secretary

C. Batman

Minute Secretary

P. Phillips

Honorary Auditor

D. Carlisle

Executive

A. Thomas (Chairman); R. Molloy; D. Jolliffe; C. Burgess;
C. Batman; S. Donnelly; C. Ferraro; J. Gallagher; K. Culkin
A. Ferraro; A. Staples; A. Kelly

Delegates to Management Council

A. Thomas; R. Molloy; A. Staples; C. Batman (alt)

Delegates to Interclub

A. Peek; J. Gallagher (alt); C. Stratford (alt)

Delegates to Harrier (Winter) Committee

A. Staples

Track Captain

C. Burgess

Track Vice Captain

K. Gallagher

Mens Distance Captain

J. Hudleston

Mens Distance Vice Captain

A. Kelly

Womens Distance Captain

V. Moore

Womens Distance Vice Captain

K. Elder

Publicity Officers

A. Peek; R. Gribble; A. Thomas

Registrar

C. Ferraro

Assistant Registrar

A. Ferraro

Records Officer

J. Gallagher

Social Committee

P. Donnelly; N. Thomas; E. McClean; E. Walsh; H. Moore
J. Molloy; S. McCarthy; V. Moore; J. Moore; M. Peek

Selectors

S. Donnelly; D. Jolliffe; A. Peek; C. Burgess; J. Scott; J. Gallagher;
K. Elder; C. Batman; V. Moore; J. Hudleston; K. Gallagher; A. Kelly;
C. Stratford

Handicappers

S. Donnelly; D. Jolliffe; J. Scott; A. Peek; C. Stratford

Timekeepers, Judges, Recorders and Gear Stewards

K. Jenkins; S. Donnelly; B. Molino; A. Argall;
J. Scott; H. Kunkel; J. Gallagher; T. Richards; A. Peek;
J. Hudleston; D. Jolliffe; N. Windred;
P. Wright; E. Walsh; P. Tuziak; J. McClean
R. Molloy; J. Molloy; A. Otto; J. Irvine

Costume Custodian & Trophy Steward

T. Richards

Starters

S. Donnelly; A. Peek; P. Tuziak; R. Molloy

Coaches

A. Peek; P. Tuziak; A. Thomas; L. Watson; C. Stratford; W. Pratt;

First Aid

A. Argall; V. Hopkins;

Life Members

| | |
|-------------------------------|------|
| A.A. Gainsford OAM (deceased) | 1923 |
| W.J. Hasler (deceased) | 1932 |
| B.C. Button | 1937 |
| W. Ahern (deceased) | 1955 |
| A. Gould (deceased) | 1963 |
| J. Bowers | 1971 |
| D. Jolliffe | 1971 |
| D. Wilson AM | 1971 |
| R. Gribble | 1975 |
| G. Carruthers MBE | 1983 |
| A. Thomas | 1983 |
| S. Donnelly | 1991 |
| F. Eggleton (deceased) | 1991 |
| R. Nash | 1991 |
| A. Peek | 1991 |
| A. Staples | 1991 |

Merit Awards

| | |
|------------------------|------|
| F. Eggleton (deceased) | 1975 |
| M. Moroney (deceased) | 1975 |
| G. Page | 1975 |
| A. Thomas | 1975 |
| F. Thornton | 1975 |
| L. Williams (deceased) | 1975 |
| D. Edwards | 1991 |
| A. Henderson | 1991 |
| P. Phillips | 1991 |
| T. Richards | 1991 |
| B. Scott | 1991 |
| A. Argall | 1995 |
| J. Irvine | 1995 |
| K. Jenkins (deceased) | 1995 |
| B. Molino | 1995 |

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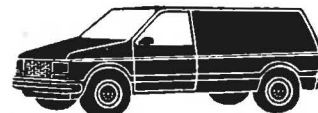
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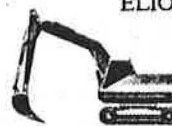
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Club Membership

| | 1992-93 | 1993-94 | 1994-95 | 1995-96 | 1996-97 |
|-----------|---------|---------|---------|---------|---------|
| Officials | 23 | 26 | 26 | 26 | 29 |
| Open | 75 | 85 | 97 | 27 | 20 |
| Veteran | 0 | 0 | 0 | 56 | 41 |
| Associate | 1 | 10 | 0 | 1 | 0 |
| Under 20 | 0 | 2 | 2 | 5 | 4 |
| Under 19 | 5 | 5 | 9 | 5 | 0 |
| Under 18 | 9 | 8 | 5 | 5 | 7 |
| Under 17 | 7 | 2 | 12 | 7 | 3 |
| Under 16 | 6 | 4 | 12 | 8 | 6 |
| Under 15 | 6 | 8 | 11 | 6 | 5 |
| Under 14 | 11 | 10 | 9 | 7 | 8 |
| Under 13 | 8 | 4 | 16 | 9 | 7 |
| Under 12 | 3 | 9 | 11 | 6 | 10 |
| Under 11 | | 15 | 11 | 24 | 18 |
| Total | 169 | 188 | 221 | 192 | 158 |

There are three distinct categories into which club members can be placed. These are -

(A) Open, Associates and Officials;

(B) Athletes 16 years and over but under 20; and

(C) Athletes less than 16 years.

For the second year in a row club member numbers have fallen. While numbers of younger members remained roughly the same as last year, there were falls in numbers of older members, particularly in the winter season. There was a pleasing increase in numbers of athletes registering for the summer, and this resulted in some outstanding performances on the track. During 1996-97, the Club received 37 new members and had 119 renewals, compared to 61 new members and 131 renewals for the previous year. 103 members, including 48 athletes under 15 and 29 officials, were members for the full year; 29 registered for the winter season and 26 registered as summer athletes.

President's Report

Presented to members at the 76th Annual General Meeting held at St. George Leagues Bowling Club on 24 June 1997.

Ladies and Gentlemen

VALE

In 1996 our Club lost its Emeritus President, Alleyn Gainsford, whose health had deteriorated over the past year leading up to his death. But right to his last days, his interest in "his club" had not waned and any visitor was always asked for the latest athletic happenings. He has set a longevity record as our President that is never likely to be repeated.

One of our merit award holders, Ken Jenkins, passed away late last year. Ken was a very willing worker and with his famous wheelbarrow, was ever ready to mark out a course or help when we volunteered at club fund raising functions. He holds the record for the fastest lake crossing during a race.

In May 1997 we lost Terry O'Connor with a heart attack. He will be remembered by the Oatley community as their caring, kind, gentle friend and chemist. At his Requiem Mass, hundreds had to stand outside to hear the service. The cortege drove through Oatley Shopping Centre after the service.....all shops had been closed as a mark of respect.

Farewell dear friends, our members will miss you.

It is again an opportune time to remind our members that the Club would not function so successfully without the help and gift of time by our many helpers and officials. During the year we have members who willingly give their time and efforts to assist others.

Our General Secretary, Bob Molloy, gives us a tremendous amount of his time handling the administration of the Club. He also competes, acts as a race official at events and volunteers for every fund raising activity we hold or attend. Dennis Jolliffe,

our Treasurer, not only performs that important role, but co-ordinates all our registrations with Athletics NSW. He is also a cross country handicapper (Division 1), race official, and is there setting up events each Saturday during Cross Country. Our other three cross country handicappers, Stan Donnelly (Seniors), Chris Stratford (Division 2) and Julian Scott (Under 12 years) make it possible to enjoy our races and monitor progress during the year. Mr "Fixit", Tom Richards, is at cross country to open up and set up courses, chaperones over the lonely parts of the course, chases up the trophies and volunteers his time. Similarly Alan Staples is in attendance every CC Saturday accepting race entries, collecting raffle money and generally helping. Coral and Albert Ferraro attend to our annual registrations.

The cross country season is when we raise the majority of our "teams funds", and it is also when we rely on our volunteers to act as officials at the Sydney ½ marathon, City to Surf, Sydney Marathon - we get paid for acting as officials and this money goes to the "teams fund". We also conduct the NSW Novice event and on this day we get the chance to raise funds - the Gallagher Family operate the BBQ, Val Moore and family operate the refreshment stall, Elaine-Joyce-Nola-Pat-Jill operate the Tea/coffee shop, raffle tickets are sold, entries taken and plenty of volunteers set up and marshall the courses on the day.

We also received great assistance from John McClean/Breville with our raffle prizes and Gordon Buctons Butchery supplied the sausages for the BBQ---they helped us raise lots of dollars. As well we received donations from St. George Leagues Club, Arncliffe Sports & Social Club, Brighton le Sands Amateur Fishermans Association, and Mortdale RSL Club.

I have not mentioned every name, but thank you all of the "volunteers" - without your help we could not operate.

Similarly in the track and field season, we rely heavily on Jim Gallagher and Arthur Peek to provide the help and link between the athletes and our club. They give numerous hours of their time to provide help and guidance. Jim manages the T & F teams and liaises with Saucony Sutherland Club for events and teams. Arthur Peek has been our main conduit with the Little Athletics, and it is through his efforts that we now have additional athletes which he has nurtured to our club. Under their guidance the club has had a most successful year with many wins at State and Australian level. The young athletes have also re-written most of the club records, male and female, over many age divisions and events. We must also thank their coaches and parents who give the time with coaching and help.

During the summer, Arthur Peek also conducts a very successful Summer Cross Country season, which allows us to keep contact with athletes who do not run track.

During the year we have all been successful. That can mean being successful as a volunteer helper, or a club runner just enjoying each run, being a serious runner setting and achieving goals in time, distance, club, State or National level, or an official doing a job and getting satisfaction from helping others. We can all be successful at different levels - congratulations everyone on your success.

1996 Cross Country.

We had many younger runners plus parents who now regularly compete each Saturday. There was not a large interest in attending Championship events and for that reason the club conducted relay team events on our home course on Championship days - Dennis Jolliffe was the organiser of these days. However those that did run in Championships performed very well and won or were placed in events - Chris Stratford organised teams. Our Under 12 years Boys were very successful as both individually and in team events - we hope that they continue with their winning ways and stay together as a team. Elizabeth Stratford was again in the forefront and successfully combined with our other girls to gain teams places in cross country and road relays. Our "oldies" continued to be well represented in Championship events with various age

division wins and a gold in the relays for the over 40's men. Generally it was a successful season, though we lack runners in the senior ranks.

1996/97 Summer Season.

This was a very successful year for Jim and Arthur's youngsters, as all of them performed really well - just check the new club records in this report. In fact it was a great year by our young athletes.

Five athletes were selected to represent at the Pacific School Games in Perth. Daniel Batman, Phoebe Gunning, Alison di Rosa, Sean Culkin and Clinton Pelham, who returned with 1 Gold, 3 Silver, 1 Bronze, Personal Bests and many new club records. To assist them get to Perth, our club gave each of them \$500 towards their travel expenses.

In the NSW Championships our athletes recorded 10 First places, 3 Second places, 6 Third places, Club records, and many personal best - all from athletes under 20 years of age.

The National Open and Under 20 years were held in Melbourne, while the Under 18 years and other age groups were held in Brisbane. Athletes who attended these Nationals recorded 2 First places, 2 Second places, 3 Third places, plus club records and personal bests. We assisted 9 athletes to attend the Nationals with \$200 per athlete towards their travel costs. Let me re-iterate that the NSW Athletics body assists them with NIL funding.

The performances are dominated by Ursula Rodway, Phoebe Gunning, Alison di Rosa, Elizabeth Stratford, Kylie di Rosa, Brydan Lenne, Carly Bartlett, Adam Sommerville, Chris Burgess, Daniel Batman, Sean Culkin, Clinton Pelham and Brad Wiblen. These athletes are setting a very fine example of performance, sportsmanship and good citizenship, so that others are motivated by their results. Keiran Gallagher was injured for most of the season, but did get out a couple of promising runs. To the coaches and parents who put in the hours with our athletes - feel proud of their performances, they are all capable of better next year.

The results are recommended reading as only then can you fully understand the quality of their performances and records.

To cap off the season, Sean Culkin won the Sydney 2000 Encouragement Award at the Leader Sportstar Annual Awards.

75th Anniversary Dinner

We celebrated this historic occasion with a dinner at St. George Motor Boat Club. Locating former members was not an easy task, but some good sleuthing work got us a very good attendance on the night. It was a great re-union where we had a display of memorabilia, many races were re-run and many old friendships were revitalised.

Our 1936 Olympian, Basil Dickinson, was guest speaker and gave us an excellent dinner speech, when he related his trip to and competition at the Berlin Olympic Games - it was tough in the old days.

Ron Gribble spent considerable time researching and preparing his talk on the 75 years history of our club. It was a fine talk - 75 years history in 30 minutes.

Our "teams fund" also benefitted by more than \$600. Albie Thomas, President

Annual Awards for 1996-1997 Athletics Season

A.A.Gainsford Trophy (Outstanding Senior Athlete)

Kieran Gallagher

Robert Nash Trophy (Most improved senior athlete)

Jim Owens

The L.L.Bosman Award (Performance, Sportsmanship)

(Outstanding under 20 years) Ursula Rodway (F)

Chris Burgess (M)

A.Henderson Trophy (Outstanding under 18 years)

Daniel Batman

R.A.Jolliffe Trophy (Most improved under 18 years)

Sean Culkin

St.George DAAC Trophy (Best under 18 years CC)

Not Awarded

6 - St. George Athletics 97

A.Gould Memorial Trophy (Outstanding under 16 yrs)

Phoebe Gunning

G.Page Trophy (Outstanding U/16 cross country)

Elizabeth Stratford

H.Gibbons Trophy (Most improved U/16 years CC)

Edward Scott

F.Wilson Trophy (Outstanding under 14 years)

Carly Bartlett

L.L.Bosman Trophy (Outstanding hurdler)

Alison di Rosa (F) Chris Burgess (M)

J.J.Walsh Trophy (Outstanding Marathon runner)

Damon Harris

St.George Trophy (Best field athlete)

Sean Culkin

Ron Gribble Trophy (Open grades track & field aggregate point score winner)

Sean Culkin

Albert Thomas Award (Track & field encouragement award for athletes under 16 years)

Kylie di Rosa

A.Winter Perpetual Trophy (Best triple jump performance)

Chris Burgess

Peter Tuziak Award (Encouragement award for athletes under 12 years)

Brydan Lenne (F) Brad Wiblen (M)

1996 DISTANCE REPORT

by Christine Batman Distance Secretary

This year saw the development of a number of St. George runners as they improved enormously throughout the cross country season.

Jim Owens, in his second year of competitive running in Australia concluded his excellent season of improvement with a 13th place overall in the NSW Distance Runner of the Year and was officially 3rd in the NSW Marathon.

Jim, Dean Degan & Andrew Kelly consistently competed in championship races this year with the alternating places in all races with only seconds between them.

Jon Charles, Harry Ward & Frank Scorzelli were other outstanding open runners with these three frequently winning their respective age group divisions in State Championships and together with Greg Breen won gold in the State Relays over 40 men.

Elizabeth Stratford competed consistently in State Championships & club events. She finished 2nd in all three State Championships in the U14 division and was the fastest member of the U14 girls relay teams. The other team members, Elise Anthony, Carly Bartlett, Kara Nicholl, Jo Elder all performed well and the team came 3rd in the Cross Country Relays and 2nd in the Road Relays.

The Open Female Novice team consisting of three under age runners, Elizabeth Stratford, Jo & Kelly Elder with Elizabeth Lohwasser finished 3rd. Elizabeth Stratford won the U18 Club Championship as a 13 year old!

The outstanding potential of our U12 boys was obvious in all races Club and State events. Darren Yee ran impressively to win the U12 2.5km State Championship at Centennial Park and teamed with Brad Wiblen, Martin Sippel & Justin Hill to take out a teams gold medal. The U12 team alternated runners & with Damian Pryer coming into the team the boys won the State Cross Country Relays and Road Relays.

Darren & Brad proved their ability in winning the U14 & U12 Club Championships. Darren & Elizabeth were always the fastest runners in Club races.

The Club Trophy Days were popular & the trophies were well shared by many club competitors indicating great handicapping from Stan Donnelly, Dennis Jolliffe, Julian Scott and Chris Stratford.

The many volunteers who assisted in the Half Marathon, City to Surf and Marathon helped to raise over \$1,000 and had fun while encouraging the runners. Many thanks for your help.

Athletics NSW Distance Runner of the year 1996

Male

13 Jim Owens

1996 Winter Point Score

Senior 1 John Irvine 265 Points
2 Alan Staples 246
3 Jon Charles 224

Fastest Times Champions

Male Dean Degan

Female Penny Gribble

Intermediate 1 1 Ken Elder 315 Points
2 Michael Edwards 288
3 Elinor Walsh 277

Fastest Times Champions

Male Jim Owens

Female Elizabeth Stratford

Intermediate 2 1 Arthur Peek
2 Ray Russell
3 Gail Stratford

Fastest Times Champions

Male Edward Scott

Female

Under 12 1 Chris Pryer 203 Points
2 Amanda Russell 202
3 Lauren Bartlett 197

Fastest Times Champions

Male Martin Sippel (Equal)

Damen Pryer

Female Lauren Bartlett

St. George Trophy Days

Bill Dalton Trophy: Senior 11km H'cap 20.4.96

1 P. Donnadieu 2 J. Charles 3 R. Gribble

Fastest a. Kelly (M) 39.49

Jim Allen Trophy: Senior 8km H'cap 4.5.96

1 A. Argall 2 k. Jenkins 3 P. Phillips

Fastest J. Owens (M) 28.57 P. Gribble (F) 38.57

Dick Vaughan Trophies 15.6.95

Under 12 2km

1 L. McGrath 2 K. Edwards 3 J. Maynard

Fastest M. Sippel (M) 7.45 L. Bartlett (F) 9.37

Intermediate Div 2 2km

1 M. Pryer 2 R. Russell 3 C. Bartlett

Fastest E. Scott (M) 7.26 Jo Elder (F) 8.30

Intermediate Div 2 4km

1 V. Moore 2 K. Nicholl 3 M. Edwards

Fastest Ken Elder (M) 15.39 E. Stratford (F) 15.15

Snr 12km

1 P. Gribble 2 C. Maver 3 P. Owens

Fastest D. Degan (M) 43.40 P. Gribble (F) 55.03

Greg Page Trophy: Senior 14km H'cap 6.7.96

1 J. Owens 2 P. Owens 3 C. Maver

Fastest J. Owens (M) 50.33

Jack Coppock Trophy: U/14 3km H'cap 3.8.96

1 A. Peek 2 D. Yee 3 G. Rochford

Fastest d. Yee (M) 12.22 Jo Elder (F) 14.13

National Fitness Association Trophies 17.8.96

Under 12 2km

1 J. Rochford 2 L. Tracey 3 D. Pryer

Fastest D. Pryer (M) 7.55 L. Bartlett (F) 9.09

Intermediate Div 2 4km

1 R. Russell 2 B. Maynard 3 J. Chew

Fastest D. Yee (M) 15.25 Jo Elder (F) 16.55

Intermediate Div 1 5km

1 E. Walsh 2. G. Breen 3 P. Johansson

Fastest G. Breen (M) 19.21 E. Stratford (F) 19.17

Senior 10km

1 C. Stratford 2 J. Charles 3 A. Staples

Fastest D. Degan (M) 36.03

Ron Gribble Trophies 31.8.96

Under 12 2km

1 A. Russell 2 C. Pryer 3 J. Rochford

Fastest D. Pryer (M) 7.54 L. Bartlett (F) 8.55

Intermediate Div 2 3km

1 M. Rochford 2 G. Stratford 3 Arthur Peek

Fastest E. Scott (M) 12.27 K. Bartlett (F) 17.06

Intermediate Div 1 5km

1 Arthur Peek 2 P. Tonge 3 Ken Elder

Fastest J. Owens (M) 19.40 E. Stratford (F) 22.05

Senior 8km

1 S. Causer 2 J. Irvine 3 P. Owens

Fastest S. Causer (M) 31.36 P. Gribble (F) 43.48

George Carruthers Cup: Open 2k H'cap 14.9.96

1. Jenna Maynard 2 Vicki Pryer 3 Phil Tonge

Fastest A. Kelly (M) 6.20 Kelly Elder (F) 8.52

St. George Club Champions 1996

Men

| Senior | 1st | 2nd | 3rd |
|--------|-------------------|----------|----------|
| 8km | A. Kelly 27.54 | J. Owens | D. Degan |

Under 18

| | |
|-----|------------------------------|
| 5km | M. Edwards 27.09 16.26 |
|-----|------------------------------|

Under 16

| | |
|-----|-------------------|
| 3km | E. Scott 11.34 |
|-----|-------------------|

Under 14

| | | | |
|-----|-----------------|--------|---------|
| 3km | D. Yee 12.05 | M. Yee | J. Hill |
|-----|-----------------|--------|---------|

Under 12

| | | | |
|-----|-------------------|-----------|-----------|
| 2km | B. Wiblen 7.39 | L. Tracey | W. Hewson |
|-----|-------------------|-----------|-----------|

Women

| | | | |
|------------|-----------------------|------------|----------|
| Senior | | | |
| Senior 5km | E. Lohwasser 24.03 | K. Edwards | E. Walsh |

| | |
|----------|-------------------|
| Under 20 | R. Walsh 27.49 |
|----------|-------------------|

Under 18

| | | | |
|-----|-----------------------|----------|------------|
| 5km | E. Stratford 20.10 | K. Elder | K. Nicholl |
|-----|-----------------------|----------|------------|

Under 14

| | | | |
|-----|---------------------|----------|--------------|
| 3km | E. Anthony 12.24 | Jo Elder | F. Patterson |
|-----|---------------------|----------|--------------|

Under 12

| | | | |
|-----|---------------------|------------|-------------|
| 2km | L. Bartlett 9.16 | A. Russell | J. Rochford |
|-----|---------------------|------------|-------------|

Championship Results 1996

State Novice Championship 27.4.96

Teams

Open Male 10km

7 D. Degan, J. Owens, A. Kelly, J. Charles

Open Female 4km

3 E. Stratford, K. Elder, J. Elder, E. Lohwasser

Individual 10km Male

| | | |
|----|-----------------|-------|
| 27 | Dean Degan | 35.47 |
| 28 | Jim Owens | 35.52 |
| 31 | Andrew Kelly | 36.19 |
| 37 | Jon Charles | 36.47 |
| 42 | Frank Scorzelli | 37.11 |

Individual 4km Female

| | | |
|----|---------------------|-------|
| 10 | Elizabeth Stratford | 16.12 |
| 6 | Kelly Elder | 17.36 |
| 9 | Jo Elder | 17.58 |
| 11 | Elizabeth Lohwasser | 19.22 |

State Cross Country Relay Championships 22.6.96

4x4km

Veteran Male 50+

4 J. Irvine, C. Maver, D. Edwards, V. Gravitis

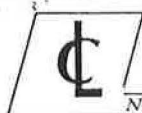
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Veteran Male 40+

10 J. Charles, K. Jenkins, R. Molloy, C. Stratford

4x2km**Under 14 Female**

3 E. Anthony, C. Bartlett, K. Nicholl, E. Stratford

10 S. Chew, J. Rochford, G. Rochford, F. Patterson

Under 14 Male

6 M. Yee, C. Sippel, J. Hill, M. Rochford

Under 12 Male

1 D. Yee, B. Wiblen, D. Pryer, M. Sippel

State Road Relay Championships 27.7.96**Teams****Veterans 50+**

5 J. Irvine, C. Maver, D. Edwards, M. Roberts

9 J. McClean, J. Gallagher, V. Gravitis, R. Molloy

Veterans 40+

1 F. Scorzelli, G. Breen, J. Charles, H. Ward

9 J. Hudleston, G. McCarthy, K. Elder, A. Hewson

Open Male 4x5km

6 A. Kelly, D. Degan, J. Owens, A. Peek

Under 14 Male 4x3km

3 D. Yee, M. Yee, M. Rochford, C. Sippel

Under 12 Male 4x2km

4 B. Wiblen, J. Hill, D. Pryer, M. Sippel

Veteran Female 4x5km

2 C. Batman, P. George, P. Vea, D. Jenkins

Open Female 4x5km

8 R. Patterson, L. Edmundson, L. Hopkins, V. Tulahe

Under 16 Female 4x3km

2 J. McCarthy, E. Anthony, K. Elder, E. Stratford

Under 14 Female 4x3km

4 E. Stratford, C. Bartlett, K. Nicholl, J. Elder

State Road Championships 11.5.96**Open Male 10km**

62 Dean Degan 36.27

112 John Hudleston 43.0

116 Chris Stratford 43.24

126 Mike Roberts 44.34

146 Vilis Gravitis 48.28

Under 14 Female 3km

2 Elizabeth Stratford 11.08

State Cross Country Championships Nowra 8.6.96**Individual****Open Male 10km**

103 Chris Stratford 56.47

109 Vilis Gravitis 60.00

Under 14 Female 3km

2 Elizabeth Stratford 11.06

State Cross Country Championships Centennial Park

13.7.96

Team**Over 40 8km**

4 J. Charles, F. Scorzelli, G. Breen, M. Roberts

Under 12 Male 4x2.5km

1 D. Yee, B. Wiblen, M. Sippel, J. Hill

Individual**Open Male 8km**

57 Jon Charles 29.56

63 Frank Scorzelli 30.10

101 Greg Breen 33.46

118 Mike Roberts 35.14

129 Chris Stratford 36.22

130 Chris Maver 36.25

140 Vilis Gravitis 39.36

Under 16 Male 5km

11 Edward Scott 20.03

Under 14 Male 2.5km

6 Craig Sippel 9.52

7 Mark Yee 10.08

Under 12 Male 2.5km

1 Darren Yee 9.34

4 Brad Wiblen 9.40

11 Martin Sippel 10.25

13 Justin Hill 10.30

Under 14 Female 2.5km

2 Elizabeth Stratford 9.28

4 Elise Anthony 9.31

City to Surf 14.8.96

41 Damon Harris 46.00

57 Andrew Kelly 46.47

197 Jim Owens 50.22

261 Frank Scorzelli 51.23

287 Harry Ward 51.43

421 Shane Causer 53.23

432 David Scorzelli 53.29

4818 Vilis Gravitis 69.45

13892 Bob Molloy 86.59

14497 Elinor Walsh 88.14

23005 Tom Richards 115.05

State Half Marathon 26.5.96

Jim Owens 80.52

John Hudleston 89.52

Allen Argall 95.48

Chris Maver 97.46

Mike Roberts 100.36

Phillipe Donnadieu 105.20

Harry Ward) did not 75.17

Ron Gribble) register 82.22

Penny Gribble) 98.26

State Marathon 18.8.96

3 Jim Owens 2h 45.54

Damon Harris) did not 2h 39

Chris Maver) register 3h 52

Athletic NSW Winter Premiership Team Results**Female**

Under 14 5th Open "A" 10th

Open 50+ 6th

Open 40+ 4th

Under 14 6th

Under 12 2th

NSW Track & Field Championships**Homebush International Athletic Centre**

February 1997

Women**Under 20**

400mH Final U. Rodway 62.53s 1st

100mH Final U. Rodway 15.49s 6th

Long Jump U. Rodway 5.11m 8th

Heptathlon U. Rodway 2348Pts 2nd

100mH Final A. di Rosa 15.62s 7th

2000mStpl E. Stratford 7m53.85s 1st

Under 18

100mH Final A. di Rosa 15.11s 3rd

400mH Final A. di Rosa 63.63s 1st

Under 16

400m Heat P. Gunning 60.08s 2nd

400m Final P. Gunning 56.91s 1st

800m Heat P. Gunning 2m18.00s 1st

800m Final P. Gunning 2m12.39s 1st

100m Heat K. di Rosa 13.59s 5th

300mH Heat K. di Rosa 49.41s 4th

400m Heat K. di Rosa 61.12s 3rd

3000m Final E. Stratford 10m18.40s 2nd

1500m Final E. Stratford 4m51.84s 4th

Under 14

800m Heat B. Lenne 2m30.70s 4th

| | | | |
|-------------|----------------|--------|-----|
| Men | | | |
| Open | | | |
| 400mH Final | A. Sommerville | 55.38s | 4th |
| 400m Heat | A. Sommerville | 50.83s | 5th |
| 400m Semi | A. Sommerville | 50.39s | 8th |
| 400mH Final | C. Burgess | 54.42s | 3rd |

| | | | |
|-----------------|------------|--------|------|
| Under 20 | | | |
| 200m Heat | C. Pelham | 22.84s | 3rd |
| 200m Final | C. Pelham | 22.81s | 7th |
| 100m Heat | C. Pelham | 11.48s | 4th |
| 400mH Heat | C. Burgess | 55.75s | 1st |
| 400mH Final | C. Burgess | 53.36s | 2nd* |
| 400m Heat | D. Batman | 49.83s | 1st |
| 400m Final | D. Batman | 48.57s | 1st |
| High Jump | S. Culkin | 2.00m | 3rd |
| Long Jump | S. Culkin | 6.71m | 3rd |

| | | | |
|-----------------|-----------|---------|------|
| Under 18 | | | |
| Decathlon | S. Culkin | 3209pts | 3rd |
| Long Jump | S. Culkin | 7.08m | 1st* |
| High Jump | S. Culkin | 2.00m | 3rd |

| | | | |
|-----------------|-----------|--------|------|
| Under 16 | | | |
| 200m Heat | D. Batman | 23.18s | 1st |
| 200m Final | D. Batman | 22.26s | 1st |
| 400m Heat | D. Batman | 51.85s | 2nd |
| 400m Final | D. Batman | 48.36s | 1st* |

| | | | |
|-----------------|-----------|--------|-----|
| Under 12 | | | |
| 400m Final | B. Wiblen | 61.99s | 1st |

* Club Record

Australian Track & Field Championships Melbourne 28 February -1 March 1997

Women

| | | | |
|-----------------|-----------|--------|-----|
| Under 20 | | | |
| 400mH Heat | U. Rodway | 62.34s | 1st |
| 400mH Final | U. Rodway | 64.2s | 5th |
| Heptathlon | U. Rodway | | 7th |

Men

| | | | |
|-------------|------------|--------|-----|
| 400mH Heat | C. Burgess | 54.39s | 3rd |
| 400mH Final | C. Burgess | 54.37s | 4th |

Australian Track & Field Championships Brisbane 21-23 March 1997

Women

| | | | |
|-----------------|------------|--------|------|
| Under 18 | | | |
| 400mH Heat | A. di Rosa | 64.99s | 1st |
| 400mH Final | A. di Rosa | 62.67s | 2nd* |
| 100mH Heat | A. di Rosa | 15.03s | 3rd |
| 100mH Final | A. di Rosa | 15.21s | 6th |

Under 16

| | | | |
|-------------|--------------|-----------|------|
| 400m Heat | P. Gunning | 57.34s | 2nd |
| 400m Final | P. Gunning | 56.59s | 3rd* |
| 800m Heat | P. Gunning | 2m16.62s | 1st |
| 800m Final | P. Gunning | 2m11.47s | 1st* |
| 1500m Final | E. Stratford | 4m57.85s | 8th |
| 300m Final | E. Stratford | 10m18.26s | 2nd |

Under 14

| | | | |
|-----------|-------------|-------|-----|
| High Jump | C. Bartlett | 1.64m | 3rd |
|-----------|-------------|-------|-----|

Men

| | | | |
|-----------------|-----------|--------|------|
| Under 18 | | | |
| 400m Heat | D. Batman | 48.66s | 2nd |
| 400m Final | D. Batman | 48.36s | 1st |
| High Jump | S. Culkin | 2.03m | 3rd* |
| Long Jump | S. Culkin | 6.88m | 4th |

* Club Record

NSW Relay Championships Homebush IAC 14-15 December 1996

Men

| | |
|-------------|--------------------------------------|
| Open | |
| 4x200m | 4th in Heat 1m 29.50s(disq in final) |
| 4x400m | 1st in Heat 3m 22.58s |
| | 4th in Final 3m 24.45s |

Under 20

| | |
|--------|--|
| 4x100m | 3rd in Heat 45.01s |
| | 5th in Final 44.63s |
| 4x200m | 6th in Final 1m 33.94s |
| 4x400m | 2nd in Final 3m 27.58s |
| | (C. Pelham, C. Burgess, K. Scarr, D. Batman) |

Under 18

| | |
|--------|------------------------|
| 4x200m | 4th in Heat 1m 39.11s |
| | 7th in Final 1m 38.17s |

Under 12

| | |
|---------|---|
| 4x1500m | 4th in Heat 21m 36.55s |
| | (M. Sippel, J. Hill, D. Pryer, B. Wiblen) |

Other participating were - P. Cotter, A. Sommerville, S. Culkin, N. Kyriotis, B. Eastwood, J. Eastwood.

Women

Under 18

| | |
|--------|---|
| 4x400m | 1st in Heat 4m 05.42s* |
| | 4th in Final 4m 10.67s |
| | (A. Di Rosa, C. Bartlett, E. Stratford, P. Gunning) |

Under 16

| | |
|--------|---|
| 4x800m | 3rd in Final 10m 05.22s |
| | (K. Di Rosa, C. Bartlett, E. Stratford, P. Gunning) |

1996-7 Track & Field Season Report

by Jim Gallagher

There was an encouraging increase this season in St. George track & field participation, following the decline last season. This time we were recipients of a small group migration from another club, the reversal of last year. In addition, there was again a good flow through from St. George LA's, both ex LA's and dual registrants. Additionally some seniors took the step from Friday night Olds Park competition to interdistrict, Club Challenge or State Relays.

Several of our younger athletes were selected and participated in the Pacific Schools Games in Perth in December. These were Daniel Batman, Sean Culkin, Alison di Rosa, Phoebe Gunning and Clinton Pelham. The Club assisted their participation and was proud of their excellent results.

The Australian Open and Under 20 championships were held in Melbourne this year, after we had been spoiled by three successive years in Sydney. The Australian Age Championships were held in Brisbane. Eight Club athletes participated in the championships, some others qualified but withdrew through injury.

Those competing at Melbourne were Chris Burgess and Ursula Rodway, contesting U20 400m Hurdles, mens & womens respectively. Ursula also contested the U20 Heptathlon in Brisbane.

Those who competed in Brisbane were Carly Bartlett (U14 High Jump), Daniel Batman (U18 400m), Sean Culkin (U18 High Jump and Long Jump), Alison di Rosa (U18 100m Hurdles and 400m Hurdles), Phoebe Gunning (U16 400m and 800m), Elizabeth Stratford (U16 1500m and 3000m).

These eight athletes performed magnificently in the National Championships, making the finals in every one of the 13 events they contested. Their placings included 2 firsts, 2 seconds, 3 thirds and 2 fourths and 6 were medalists.

Two athletes were selected for Grand Prix events. Andrew Franklin and Keiran Gallagher contested the 300m at the Canberra December meeting. Andrew ran the 400m Hurdles and Keiran the 400m at the January Canberra meeting. Both suffered injuries in the latter which precluded them from further Grand Prix, State and National Championships.

Phoebe Gunning and Daniel Batman were 2 talented young

athletes who joined our ranks this season. Both participated in the Club Challenge, Interdistrict and State Relays and have gone on to win State and National championships, setting Club records along the way. Phoebe was 13 and Daniel 15 at the beginning of the season and both have the potential to go much further.

Phoebe competed U16 in State and National championships at 400m & 800m. She is competitive over the range from 200m to 1500m but concentrated mainly on 400m & 800m. She became a regular A Grader at 800m Interdistrict, and won State and National U16 titles in this event recording 2m 11.47s in the Nationals final which set Club records through to U20's. She won the State U16 400m and was placed 3rd at Nationals, setting a Club senior womens record in the National final of 56.59s.

Daniel Batman was eligible for U16 State Championships but contested as both U16 and U20 in 400m and U16 in 200m. He won all 3 titles, setting an U18 Club record for 400m in the U16 final of 48.36s. He turned 16 just prior to the National Championships, where he won the U18 400m equalling his record of 48.36s in the final.

Sean Culkin continued to grow and improve as a multi athlete. His jumping and sprint speed both showed enormous improvement. He competed consistently in many events through Club Challenge and Interdistrict in which he again won the overall pointscore. He competed at State Championships in both long and high jumps in both U18 & U20 age groups. He won the U18 long jump in a Club record of 7.08m and was 3rd in the high jump. In the U20 he was 3rd in both long & high jump. He also contested the U18 State decathlon and was 3rd. In the National Championships U18 Sean was 4th in the long jump and 3rd in the high jump with a Club senior record of 2.03m.

Alison di Rosa had some injury problems especially in the early part of the season but was able to finish strongly. She contested State Championships U18 in the 100m hurdles, finishing 3rd and in 400m hurdles which she won. She also competed in State U20 100m hurdles finishing 7th. At the National Championships she was 6th in U18 100m hurdles and 2nd in 400m hurdles, setting a Club U18 record in the final of 62.67s. At interdistrict Alison lowered her Club U20 100m hurdles record to 14.85s.

Elizabeth Stratford competed consistently throughout the season in distance & walk events, adding the new women's event, 2km steeple to her repertoire. At State Championships she was 2nd in U16 3000m and 4th in 1500m. She also won the U20 2km steeplechase. A disqualification in the last strides of the 1500m walk stripped her of 2nd place. At National Championships she was 2nd in U16 3000m and 7th in 1500m.

Carly Bartlett made a few appearances at Club Challenge and Interdistrict, in which at 13 years she equalled the Club senior women's high jump record of 1.65m. She gained 3rd place in U14 high jump at the National Championships.

Chris Burgess had a very good season missing only one round of competition. He improved by nearly 3 seconds in 400m hurdles, was placed 2nd in State U20 400m hurdles in a Club U20 record of 53.36s and 3rd in the Open division. At National Championships he was 4th in U20 400m hurdles.

Ursula Rodway made a welcome return after being sidelined for the past 2 seasons and a late start this season. She set a Club senior womens record in 400m hurdles of 62.21s, was placed 2nd in State U20 decathlon, 1st in 400m hurdles, 6th in 100m hurdles & 8th in long jump. At National Championships she was 5th in U20 400m hurdles and 7th in decathlon.

State Relays

We were able to enter 11 teams covering men's and women's events. On the day, our participation was hampered by several young athletes being in Perth at the Pacific Schools Games and an abnormal number of athletes with injuries. It was difficult at times to field a team, but with good support from reserves and a willingness by all to fill gaps we fielded 10 under strength teams. Overall we gained 1st in U12 mens 4x1500m,

2nd in mens U20 4x400m and 3rd in U18 womens 4x800m. Our U12 men's team effort in the 4x1500m was particularly impressive. Not only did they have a huge win but each individual time was within one second of each other.

1996-7 Interdistrict Teams Competition

St. George combined again with Saucony Sutherland in a 6 team competition covering 4 open grades and 3 women's grades. The competition this year followed the 3 week Club Challenge competition, and consisted of 10 weeks of interdistrict matches and 2 weeks of finals over the period from late October to mid March. The last week of finals followed the Open National Championships. Overall this format was preferred by athletes to last season where interdistrict was wrapped up by mid January.

St. George athletes comprised a strong team of sprinters particularly over 200, 400 and 400m hurdles with again very few contesting the longer distances.

The Saucony Sutherland St. George team once again this year had a successful season in all but A grade.

We won womens B & C grades, and mens C & D grades with mens's B grade still unresolved. We believe we have won B Grade but the results are still being investigated after protests both ways. Our A Grade performances in both men's and womens were disappointing having made a poor start to the season and never being able to recover from it. From St. George's perspective, our A grade athletes were plagued by an abnormal number of injuries which kept several sidelined for half the season, and consequently we were never able to mount a full strength team.

It was pleasing to see an increase in both our mens and womens teams this season, and also in the increased participation in higher grades. We had 26 competitors (18 men and 8 women) compared with 18 (14 men and 4 women) last season, and a higher percentage of these competing more than a few times.

Our contribution to the overall pointscore was 986 (230 women and 756 men), the average per athlete being down from 45 last year to 40 this year, but the A Grade average being up from 13 to 18.

Two athletes registered over 100 points, Sean Culkin 154 leading the St. George pointscore for the second year, and Chris Burgess 104. Chris was also the leading A Grade pointscorer with 71 from Keiran Gallagher 66 and Andrew Franklin 61. Phoebe Gunning in her first year, and still in Little A's lead the womens overall pointscore with 64 and A Grade with 35. The listed points are according to the previous scoring system. This year the interdistrict points system was changed and will be adopted in our future reports.

This year each combined team had to provide 10 officials each week, with points penalties for any shortfall. Sutherland being the larger club provided most, however we managed to contribute 3 to 4 each week with the regular help of Chris Stratford, Kaye Culkin and Mabel Lawrence and occasional help from Alan Staples, Bob Molloy and Arthur Peek.

The association with Saucony Sutherland was once again harmonious and our athletes were given supportive and fair treatment from management team headed by Stan Sheringham, Peter Ikin and Craig James. We thank them for their season's efforts on behalf of the two clubs.

OPEN A GRADE - Sixth - Only two wins were registered over the 10 rounds plus 2 final rounds for a disappointing result. We lacked strength in throws & middle distance and injuries restricted our sprint & hurdle performances.

St. George athletes contributed 465 points in this grade, Chris Burgess 71, Keiran Gallagher 66 7 Andrew Franklin 61 being the main contributors. Nine athletes in all scored Open A Grade points; Adam Sommerville 48, Daniel Batman 43, Clinton Pelham & Sean Culkin 40, Paul Cotter 25 and Andrew Kelly 7. Of the 401 points scored in this grade 354 were in sprints, 40 in jumps and only 7 in distance, an indication of where our track strength lies.

The A Grade was conducted this season as seeded heats, a departure from the previous team v team match format. This gave a consistent standard of competition to athletes.

Team Results were -

| | | | | | |
|--------|------|--------|--------|------|---------|
| v RRB | lost | 88-105 | v RRB | lost | 51-105 |
| v ASC | lost | 89-146 | v ASC | won | 122-116 |
| v NWC | won | 119-96 | v NWC | lost | 80-126 |
| v SW | lost | 81-116 | v SW | lost | 109-150 |
| v UNIS | lost | 50-126 | v UNIS | lost | 101-120 |

Finals { v NWC lost 103-106
 { v NWC lost 102-103

Won 2 Lost 10 - scored 1095 for 1415 against - 6th

OPEN "B" GRADE - Possible Premiers - The final result is still under dispute. The team had only one loss in the 10 rounds up to the final. We won the final against ASICS Central but a protest was lodged followed by a counter protest. Three months later the matter is still unresolved. St. George athletes who contributed to this grade included Chris Stratford 31, Sean Culkin 28, Chris Burgess 24, Paul Cotter 14, Clinton Pelham & Daniel Batman 12, Adam Sommerville 10, Keiran Gallagher 9, Andrew Franklin & Marck Lanham 7.

Team Results were -

| | | | | | |
|--------|------|---------|--------|-----|---------|
| v RRB | won | 151-104 | v RUN | won | 127-73 |
| v ASC | won | 134-118 | v ASC | won | 174-99 |
| v NWC | lost | 111-157 | v NWC | won | 126-119 |
| v SW | won | 144-81 | v SW | won | 140-94 |
| v UNIS | won | 148-111 | v RESU | won | 152-94 |

Finals { v ASC won 169-166
 { v ASC to be resolved

Won 10 Lost 1 in doubt 1

OPEN "C" GRADE - Premiers - The team won all its 10 rounds and 2 finals. Sean Culkin 39, Robert Otto 35 scored well in this grade, others to score were Chris Burgess 9, Paul Cotter 7, Andrew Kelly and Kynan Scarr 2.

Team Results were -

| | | | | | |
|--------|-----|---------|--------|-----|--------|
| v RRB | won | 119-94 | v RRB | won | 151-53 |
| v ASC | won | 164-112 | v ASC | won | 162-80 |
| v NWC | won | 145-79 | v NWC | won | 120-95 |
| v SW | won | 201-71 | v SW | won | 93-87 |
| v UNIS | won | 117-81 | v UNIS | won | 161-42 |

Finals { v NWC won 127-42
 { v NWC won 131-32

Won 10 lost 0 - scored 1691 for 868 against - Premiers

OPEN "D" GRADE - Premiers - This team won all its 10 rounds and finals. Sean Culkin contributed 47 points. Others to score were Juliano Damjano 16, Brad Tonge 15, Nick Kypriotis and Leo Zygouras 9, Andrew Kelly 7 and Kynan Scarr 4.

Team Results were -

| | | | | | |
|--------|-----|--------|--------|-----|--------|
| v RRB | won | 100-46 | v RUN | won | 75-42 |
| v ASC | won | 98-55 | v ASC | won | 102-28 |
| v NWC | won | 81-72 | v NWC | won | 82-60 |
| v SW | won | 102-80 | v SW | won | 78-20 |
| v UNIS | won | 95-22 | v UNIS | won | 91-6 |

Finals { v NWC won 91-30
 { v NWC won 51-28

Won 10 lost 0 - scored 1046 for 489 against - Premiers

"A" GRADE WOMEN - Fifth - The team won 2 matches from the 10 rounds, then won both final rounds. It was a disappointing result as the combined Saucony Sutherland St. George clubs had a large number of women athletes. Phoebe Gunning 35, Alison di Rosa 24 and Ursula Rodway 5 were our pointscorers.

Team Results were -

| | | | | | |
|--------|------|--------|--------|------|---------|
| v RRB | lost | 77-91 | v RRB | lost | 39-51 |
| v ASC | lost | 65-70 | v ASC | lost | 71-147 |
| v NWC | lost | 65-134 | v NWC | lost | 62-67 |
| v SW | lost | 24-121 | v SW | lost | 102-147 |
| v UNIS | won | 95-36 | v UNIS | lost | 89-34 |

Finals { v UNIS won 108-59
 { v UNIS won 91-44

Won 4 lost 8 - scored 888 for 1001 against - 5th

"B" GRADE WOMEN - Premiers - The team won 8 of its 10 matches leading to the finals playoff against NWC. It beat NWC in both finals matches to finish first. Pointscorers were Elizabeth Stratford 23, Ursula Rodway 19, Carly Bartlett 14, Phoebe Gunning 12, Alison di Rosa 10, Kylie di Rosa & Rachael Patterson 4.

Team Results were -

| | | | | | |
|--------|------|---------|--------|-----|---------|
| v RRB | won | 168-10 | v RRB | won | 85-74 |
| v ASC | lost | 106-108 | v ASC | won | 167-63 |
| v NWC | won | 119-107 | v NWC | won | 135-77 |
| v SW | lost | 96-150 | v SW | won | 149-117 |
| v UNIS | won | 150-20 | v UNIS | won | 155-36 |

Finals { v NWC won 147-97
 { v NWC won 141-129

Won 10 lost 2 scored 1618 for 1078 against - Premiers

"C" GRADE WOMEN - Premiers - The team won 9 of its 10 matches leading to the final. The final 2 rounds were shared one all with South West, but Saucony Sutherland St. George won on overall points 192 to 123 in the final matches. UNIS did not field a team in this division and to accommodate its large womens team, SSG filled the 6th team position with a 2nd string side, SSG2. Elizabeth Stratford scored 31 points, Kylie di Rosa 21, Phoebe Gunning 17, Ursula Rodway 7, Brydan Lenne 3 and Rachael Patterson 1.

Results were -

| | | | | | |
|--------|------|--------|--------|-----|--------|
| v RRB | won | 115-54 | v RRB | won | 71-51 |
| v ASC | won | 113-67 | v ASC | won | 137-27 |
| v NWC | won | 93-82 | v NWC | won | 80-75 |
| v SW | lost | 93-136 | v SW | won | 126-72 |
| v SSG2 | won | 92-46 | v SSG2 | won | 133-36 |

Final { v SW won 117-34
 { v SW lost 75-89

Won 10 lost 2 - scored 1245 for 769 against - Premiers

Points scored by St. George athletes at Interdistrict Competition were -

| St. George Women | | | | | |
|------------------|----|----|----|-------|-------|
| | A | B | C | Total | |
| C. Bartlett - | 14 | - | 14 | | |
| A. di Rosa | 24 | 10 | - | 34 | |
| K. di Rosa | - | 4 | 21 | 25 | |
| P. Gunning | 35 | 12 | 17 | 64 | |
| B. Lenne | - | - | 3 | 3 | |
| R. Patterson | - | 4 | 1 | 5 | |
| U. Rodway | 5 | 19 | 7 | 31 | |
| E. Stratford | - | 23 | 31 | 54 | |
| Total | | | | 230 | |
| St. George Men | | | | | |
| | A | B | C | D | Total |
| D. Batman | 43 | 12 | - | - | 55 |
| C. Burgess | 71 | 24 | 9 | - | 104 |
| P. Cotter | 25 | 14 | 7 | - | 46 |
| S. Culkin | 40 | 28 | 39 | 47 | 154 |
| J. Damjano | - | - | - | 16 | 16 |
| A. Franklin | 61 | 7 | - | - | 68 |
| K. Gallagher | 66 | 9 | - | - | 75 |
| A. Kelly | 7 | - | 2 | 7 | 16 |
| N. Kypriotis | - | - | - | 9 | 9 |
| M. Lanham | - | 7 | - | - | 7 |
| R. Otto | - | - | 35 | - | 35 |
| C. Pelham | 40 | 12 | - | - | 52 |
| K. Scarr | - | - | 2 | 4 | 6 |
| A. Sommerville | 48 | 10 | - | - | 58 |
| C. Stratford | - | 31 | - | - | 31 |
| B. Tonge | - | - | - | 15 | 15 |
| L. Zygouris | - | - | - | 9 | 9 |
| Total | | | | | 756 |

12 - St. George Athletics 97

Club Challenge

The Club Challenge was held at the start of the season over 3 Saturdays in October. The first 2 rounds, held at Homebush and Beaton Park, Wollongong were qualifying rounds for the final held at SIAC Homebush. Once again St. George athletes rallied well to allow us to be competitive with much larger clubs.

We made the finals and finished 9th with 591 points behind Reebok 1495, Bankstown 1031, Asics West 1001, UTS Norths 991, Athletics East 881, Hills District 857, Saucony Sutherland 753 and Nepean 641.

By comparison, the previous season we were 18th and did not qualify. The competition is open to all NSW clubs.

The St. George team was well supported by our regular interdistrict athletes, as well as a number of those who normally compete at Olds Park, Friday nights and some veterans. These included Blake & Jarrod Eastwood, Ryan Dellaca, Shannon Warren, Artheur Peek & Bob Molloy.

As on previous occasions, the team spirit was great, all supporting each other and willing to step into fill gaps in events as required.

Once again we provided more than our share of officials from club committee and senior members.

Olds Park

Outer ground competition for the Club was held at Olds Park in conjunction with St. George Little A's. With ever increasing qualifying standards for Inter District competition our athletes are able to compete in the cool of Friday night in events in which they could not qualify for Homebush. Senior competition at Olds Park also enables a follow on for the older Little A's enabling them to continue their track & field competition into the senior ranks. We have been successful over the past few years as several Little A's have progressed well in the senior ranks. Thanks go to St. George LA's for allowing the senior club to share competition nights and it is hoped that our efforts will continue to assist the younger athletes to reach their potential and enjoy years of athletics.

Season's Best Performances.

Open Male

| | | |
|-----------|------------------|--------|
| 100m | P. Cotter | 11.12s |
| 200m | K. Gallagher | 21.84s |
| 300m | K. Gallagher | 33.79s |
| 400m | K. Gallagher | 47.76s |
| 800m | K. Gallagher 1m | 59.6s |
| 1500m | M. Lanham 3m | 58.7s |
| 3000m | A. Kelly 9m | 35.8s |
| 5000m | D. Harris 15m | 27.0s |
| 400mH | A. Franklin | 53.03s |
| 2000mStpl | A. Kelly 6m | 36.9s |
| 3000mStpl | A. Kelly 10m | 11.3s |
| 3000mW | C. Stratford 15m | 18.0s |
| 5000mW | C. Stratford 27m | 09.0s |
| Shot Putt | A. Peek | |
| Javelin | A. Franklin | 54.78m |
| Hammer | A. Peek | |

Male Under 20 years

| | | |
|-------------|------------|--------|
| 100m | C. Pelham | 11.34s |
| 200m | C. Pelham | 22.76s |
| 400m | C. Burgess | 49.70s |
| 110mH | C. Burgess | 18.3s |
| 400mH | C. Burgess | 53.36s |
| Triple Jump | C. Burgess | 11.93m |

Male Under 18 years

| | | |
|-----------|----------------|----------|
| 100m | S. Culkin | 11.45s |
| 200m | S. Culkin | 22.89s |
| 400m | D. Batman | 48.36s * |
| 800m | J. Eastwood 2m | 37.4s |
| High Jump | S. Culkin | 2.03m * |
| Long Jump | S. Culkin | 7.08m * |

| | | |
|-------------|-----------|--------|
| Triple Jump | S. Culkin | 11.77m |
| Pole Vault | S. Culkin | 3.20m |
| Shot | R. Otto | 13.50m |
| Discus | R. Otto | 16.20m |
| Javelin | S. Culkin | 41.82m |
| Hammer | R. Otto | |

Male Under 16 years

| | | |
|-------------|-------------|----------|
| 100m | N. Kyriotis | 11.89s |
| 200m | D. Batman | 21.91s |
| 400m | D. Batman | 48.36s * |
| 800m | K. Scarr 2m | 07.0s |
| Long Jump | R. Dellaca | 4.53m |
| Triple Jump | R. Dellaca | 11.27m |
| Discus | R. Dellaca | 16.32m |

Male Under 12 Years

| | | |
|------|-----------|--------|
| 400m | B. Wiblen | 61.99s |
|------|-----------|--------|

Female Under 20 years

| | | |
|-----------|--------------|--------|
| 400m | U. Rodway | 63.58s |
| 800m | U. Rodway 2m | 24.1s |
| 100mH | U. Rodway | 16.65s |
| 400mH | U. Rodway | 62.21s |
| High Jump | U. Rodway | 1.55m |

Female Under 18 years

| | | |
|-----------|------------|--------|
| 200m | A. di Rosa | 26.10s |
| 100mH | A. di Rosa | 14.85s |
| 400mH | A. di Rosa | 62.67s |
| High Jump | A. di Rosa | 1.50m |
| Shot Putt | A. di Rosa | |

Female Under 16 years

| | | |
|-----------|------------------|----------|
| 100m | P. Gunning | 13.14s |
| 200m | P. Gunning | 26.33s |
| 400m | P. Gunning | 56.59s * |
| 800m | P. Gunning 2m | 11.47s * |
| 1500m | E. Stratford 4m | 46.2s |
| 3000m | E. Stratford 10m | 18.26s |
| 2000mStpl | E. Stratford 7m | 31.7s |
| 300mH | K. di Rosa | 48.0s |
| 1500mW | E. Stratford 6m | 49.5s |

Female Under 14 years

| | | |
|-----------|-------------|---------|
| 800m | B. Lenne 2m | 30.7s |
| High Jump | C. Bartlett | 1.65m * |

* Club Record

NSW Veterans Track & Field Championships March 1997

Women 55

| | | |
|----------|-------|-----|
| E. Walsh | 1500m | 2nd |
|----------|-------|-----|

Men 50

| | | |
|--------------|-------|-----|
| F. Scorzelli | 5000m | 3rd |
|--------------|-------|-----|

Men 55

| | | |
|------------|---------------|-----|
| M. Roberts | 3000m Steeple | 2nd |
|------------|---------------|-----|

Men 60

| | | |
|-----------|------|-----|
| R. Molloy | 100m | 3rd |
| | 200m | 3rd |
| | 400m | 4th |

Summer Cross Country

By Arthur Peek

Summer Cross Country was again successful with many of the club's athletes competing on Tuesday evenings. The venues were Olds and Scarborough Parks. Events were conducted over two divisions. The competition was keen as seen in the pointscore and attendances were reasonable throughout the season.

Pointscore

Division 1 (5km & 6km) Division 2 (2km & 3km)

| | | | |
|--------------|-----|--------------|-----|
| J. Irvine | 225 | C. Pryer | 204 |
| C. Maver | 198 | K. Pryer | 200 |
| V. Pryer | 189 | B. Molino | 196 |
| Arthur Peek | 183 | A. Russell | 184 |
| B. Maynard | 177 | Arthur Peek | 180 |
| L. Maynard | 173 | D. Pryer | 164 |
| B. Tonge | 172 | J. Maynard | 163 |
| P. Johannsen | 168 | B. Enholm | 163 |
| P. Gayton | 143 | B. Tonge | 154 |
| P. Tonge | 141 | G. Gayton | 152 |
| D. Pryer | 128 | Amelia Peek | 118 |
| J. Hill | 117 | Andrew Peek | 115 |
| T. Gayton | 110 | R. Laver | 101 |
| R. Laver | 98 | A Ferraro | 88 |
| Andrew Peek | 86 | D. Jolliffe | 72 |
| J. Tonge | 85 | D. Serafin | 71 |
| T. Hill | 81 | M. Russell | 71 |
| R. Russell | 69 | J. Gallagher | 63 |
| J. Maynard | 54 | J. Hill | 62 |
| Amelia Peek | 42 | J. Tonge | 55 |
| C. Pryer | 37 | D. Ferraro | 51 |

Fastest Times Pointscore

Division 1 - Men

| | |
|------------|----|
| B. Tonge | 90 |
| J. Irvine | 65 |
| B. Maynard | 41 |
| D. Pryer | 32 |
| J. Hill | 26 |
| C. Maver | 22 |

Division 2 - Men

| | |
|-------------|----|
| B. Tonge | 84 |
| D. Pryer | 66 |
| Arthur Peek | 37 |
| C. Pryer | 30 |
| J. Hill | 20 |
| D. Jolliffe | 15 |

Division 1 - Women

| | |
|-------------|----|
| L. Maynard | 79 |
| V. Pryer | 65 |
| R. Laver | 50 |
| J. Maynard | 18 |
| Amelia Peek | 12 |
| D. Ferraro | 6 |

Division 2 - Women

| | |
|-------------|----|
| A. Russell | 96 |
| K. Pryer | 50 |
| J. Maynard | 46 |
| R. Laver | 34 |
| Amelia Peek | 26 |
| D. Ferraro | 15 |

Teams Championships

1. Brad Tonge, Phil Tonge, Ros Laver
2. Billy Enholm, Bruno Molino, Par Johannsen, John Irvine
3. Gerard Gayton, Arthur Peek, Chris Maver, Bill Maynard

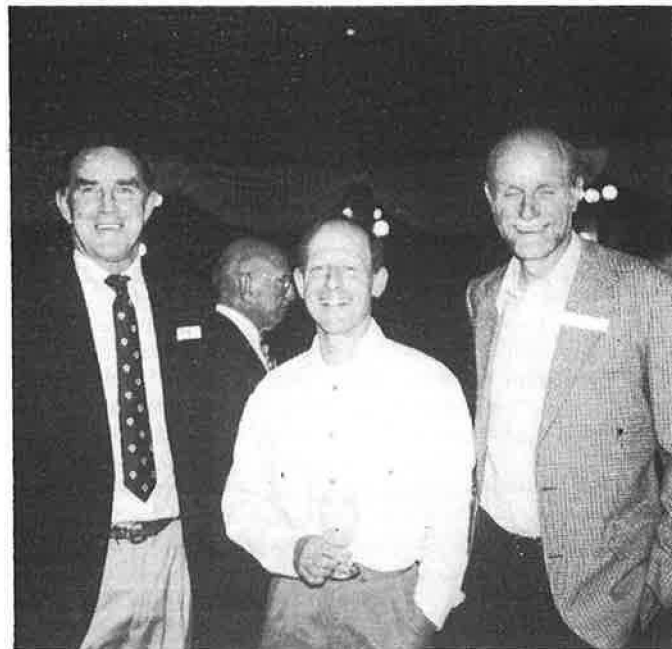
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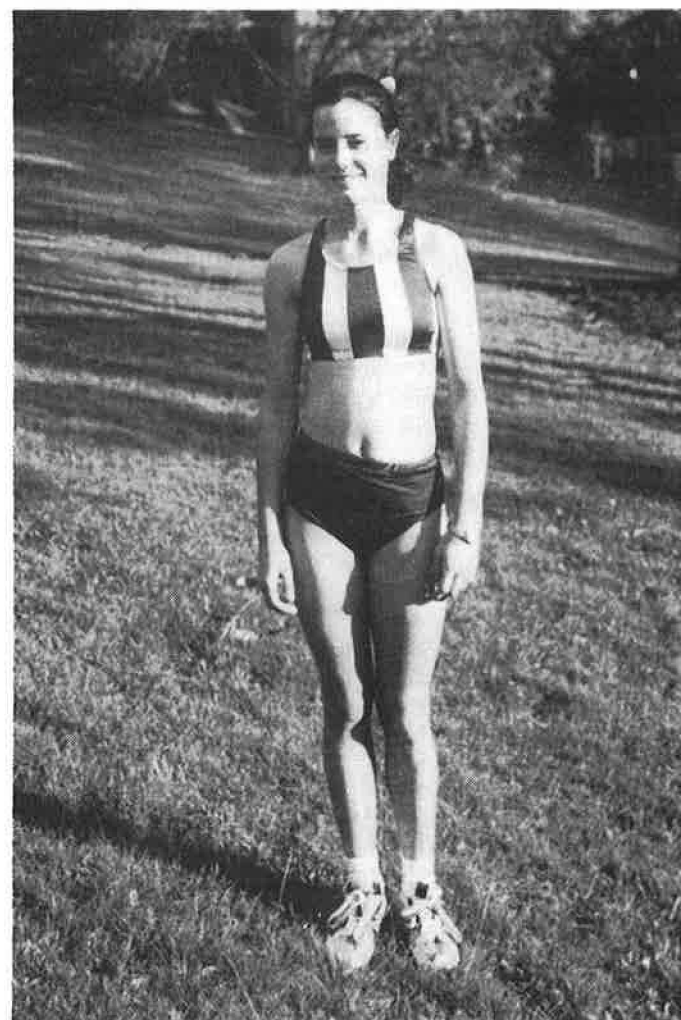
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CLUB RECORDS

SENIOR MENS BEST ON RECORD

| | | | |
|------------------|-----------------|------------|----------|
| 100 metres | R.Henderson | 10.3s | 16.3.85 |
| 200 metres | S.Longden-Gee | 20.9s | 1974/79 |
| 400 metres | S.Longden-Gee | 45.7s | 17.12.74 |
| 800 metres | G.Rootham | 1m 46.6s | 26.3.72 |
| 1500 metres | A.Thomas | 3m 42.6s | 1964 |
| 3000 metres | J.Andrews | 7m 58.30s | 11.2.84 |
| 5000 metres | J.Andrews | 13m 27.31s | 23.11.89 |
| 10000 metres | J.Andrews | 28m 09.7s | 16.12.82 |
| Half Marathon | J.Andrews | 1h 1m 37s | 3.10.93 |
| Marathon | J.Andrews | 2h 14m 44s | 30.10.88 |
| 1 mile | A.Thomas | 3m 58.3s | 21.3.64 |
| 110m H(1.067m) | V.Plant | 13.7s | 17.12.77 |
| 400m H(0.914m) | G.Cox | 51.2s | 17.3.77 |
| 3000m Steeple | M.Jones | 9m 05.16s | 19.1.87 |
| 3000m Walk | C.Stratford | 13m 23.20s | 29.2.92 |
| 5000m Walk | C.Stratford | 22m 46.20s | 21.12.91 |
| 10000m Walk | C.Stratford | 48m 26.7s | 12.1.91 |
| 20 Km Walk | C.Stratford | 1h 37m 38s | 15.8.92 |
| 30 Km Walk | C.Stratford | 2h 36m 38s | 18.7.92 |
| 50 Km Walk | C.Stratford | 5h 13m 15s | 28.6.92 |
| High Jump | S.Culkin | 2.03m | 21.3.97 |
| Long Jump | B.Dickinson | 7.48m | 1938 |
| Triple Jump | B.Dickinson | 15.64m | 1935 |
| Pole Vault | L.Tufu'unga | 4.40m | 11.2.95 |
| Shot 7.26kg | L.Chinnery | 16.18m | 1964 |
| Discus | R.Lunt | 51.16m | 1973 |
| Javelin 800g | G.Glynn | 74.34m | 1970 |
| Hammer 7.26kg | M.Bodiroza | 59.30m | 9.10.77 |
| Decathlon | B.Dickinson | 5350Pt | 1938 |
| 4 x 100m Relay | R.Gurr | | |
| | V.Plant | | |
| | J.Van Stappen | | |
| 4 x 200m Relay | S.Longden-Gee | 41.5s | 11.3.78 |
| | J.Sullivan | | |
| | G.Cox | | |
| | M.Van der Velde | | |
| 4 x 400m Relay | S.Longden-Gee | 1m 27.3s | 1.12.79 |
| | S.Longden-Gee | | |
| | J.Fortesque | | |
| | M.Van der Velde | | |
| 4 x 800m Relay | J.Van Stappen | 3m 15.5s | 3.3.79 |
| | G.Rootham | | |
| | G.Cook | | |
| | M.Dunn | | |
| 4 x 1500m Relay | R.Meagher | 7m 34.7s | 1976 |
| | J.Hancock | | |
| | G.Rootham | | |
| | P.Glucina | | |
| | J.Scott | 15m 40.4s | 31.1.72 |
| 50 Mile Track | D.Edwards | 6h 29m 41s | 1971 |
| 50 Mile Road | H.Dearnley | 5h 38m 37s | 1.10.78 |
| 100 Miles D.Gray | 18h | 45m 27s | 30.5.87 |
| 1 Hour Run | C.Whiteman | 18.77km | 15.9.82 |
| 1 Mile Walk | E.Austen | 6m 45s | 1924 |
| 3 Mile Walk | E.Austen | 22m 13s | 1924 |
| 7 Mile Walk | E.Austen | 55m 49.2s | 1924 |

MENS UNDER 20 BEST ON RECORD

| | | | |
|----------------|-------------|-----------|----------|
| 100 metres | R.Henderson | 10.63s | 18.3.83 |
| 200 metres | R.Henderson | 21.18s | 14.2.82 |
| 400 metres | K.Gallagher | 47.43s | 9.3.96 |
| 800 metres | T.Auciello | 1m 51.89s | 21.11.92 |
| 1500 metres | M.Vassallo | 3m 53.0s | 15.2.86 |
| 3000 metres | L.Whitty | 8m 12.7s | 1977 |
| 5000 metres | L.Whitty | 14m 20.5s | 18.2.78 |
| 10000 metres | L.Whitty | 29m 30.4s | 1.3.77 |
| 1 mile | J.Hancock | 4m 13.8s | 1965 |
| 110m H(1.067m) | W.Bird | 14.2s | 21.12.76 |
| 400m H(0.914m) | W.Bird | 53.3s(H) | 12.3.77 |
| | C.Burgess | 53.36s(E) | 9.2.97 |
| 2000m Steeple | M.Jones | 5m 53.31s | 22.3.81 |
| High Jump | S.Culkin | 2.03m | 21.3.97 |
| Long Jump | G.Friend | 7.39m | 1964 |
| Triple Jump | B.Dickinson | 14.78m | 1932 |
| Pole Vault | I.Berry | 3.50m | 1979 |
| Shot 5.449kg | J.Neale | 14.40m | 12.9.82 |

| | | | |
|-----------------|-------------|------------|----------|
| Discus 1.5kg | J.Neale | 52.22m | 17.10.81 |
| Javelin 800g | G.Glynn | 65.10m | 1963 |
| Hammer 5.449kg | A.Scott | 39.92m | 3.3.79 |
| Decathlon | M.Dorrity | 5024Pt | 1977 |
| Pentathlon | M.Dorrity | 2888Pt | 31.12.77 |
| 4 x 100m Relay | A.Dunsha | | |
| | C.Sams | | |
| | D.Snowden | | |
| 4 x 200m Relay | R.Henderson | 43.18s | 12.12.82 |
| | C.Sams | | |
| | P.McCaffrey | | |
| | D.Snowden | | |
| | R.Henderson | 1m 29.70s | 29.11.81 |
| 4 x 400m Relay | R.Abberton | | |
| | J.Sullivan | | |
| | R.Pollett | | |
| 4 x 800m Relay | M.Dorrity | 3m 23.6s | 12.3.78 |
| | D.Simone | | |
| | W.Freier | | |
| | K.Gallagher | | |
| 4 x 1500m Relay | T.Auciello | 7m 53.32 | 19.12.93 |
| | S.Carvalho | | |
| | T.Auciello | | |
| | D.Harris | | |
| | D.Jones | 16m 31.43s | 4.12.94 |
| 1 Hour Run | W.McCourt | 16.814km | 15.9.82 |
| 1 Mile Walk | W.McAlister | 7m 18s | 1953 |

MENS UNDER 18 BEST ON RECORD

| | | | |
|------------------|-------------|------------|----------|
| 100 metres | J.Abdullah | 10.97s | 11.12.82 |
| 200 metres | R.Henderson | 21.6s | 11.10.80 |
| 400 metres | D.Batman | 48.36s | 23.2.97 |
| 800 metres | T.Auciello | 1m 51.89s | 21.11.92 |
| 1500 metres | M.Vassallo | 3m 53.0s | 15.2.86 |
| 3000 metres | L.Whitty | 8m 25.2s | 16.12.77 |
| 5000 metres | L.Whitty | 14m 36.0s | 1976 |
| 10000 metres | L.Whitty | 30m 01.0s | 1977 |
| 110mH(0.914m) | P.Jones | 16.0s | 16.10.82 |
| 400mH(0.914m) | C.Burgess | 56.07s | 17.2.96 |
| 2000m Steeple | R.Deutsch | 6m 01.47s | 8.12.84 |
| High Jump | S.Culkin | 2.03m | 21.3.97 |
| Long Jump | S.Culkin | 7.08m | 23.2.97 |
| Triple Jump | I.Berry | 13.95m | 13.11.75 |
| Pole Vault | I.Berry | 3.35m | 21.1.78 |
| Shot (5.449kg) | J.Neale | 14.40m | 12.9.82 |
| Discus (1.5kg) | J.Neale | 52.22m | 17.10.81 |
| Javelin (700g) | J.Neale | 56.78m | 7.11.81 |
| Hammer (5.449kg) | R.Stubbs | 38.98m | 1972 |
| Decathlon | D.Davison | 6954pt | 12.1.86 |
| 4 x 100m Relay | M.Jansen | | |
| | C.Witheriff | | |
| | S.Hignett | | |
| 4 x 200m Relay | C.Davis | 44.52s | 2.12.84 |
| | M.Jansen | | |
| | C.Witheriff | | |
| | S.Hignett | | |
| 4 x 400m Relay | C.Davis | 1m 32.29s | 16.12.84 |
| | K.Gallagher | | |
| | C.Pelham | | |
| | W.Freier | | |
| 4 x 800m Relay | D.Simone | 3m 26.93s | 18.12.93 |
| | D.Simone | | |
| | W.Freier | | |
| | K.Gallagher | | |
| 4 x 1500m Relay | T.Auciello | 7m 53.32s | 19.12.93 |
| | T.Munson | | |
| | D.Askew | | |
| | M.Lanham | | |
| | W.Freier | 16m 35.80s | 3.12.94 |

MENS UNDER 16 BEST ON RECORD

| | | | |
|-------------|------------|-----------|----------|
| 100 metres | M.Jansen | 11.1s | 15.10.83 |
| 200 metres | D.Batman | 21.91s | 1.2.97 |
| 400 metres | D.Batman | 48.36s | 23.2.97 |
| 800 metres | T.Auciello | 1m 57.35s | 26.10.91 |
| 1500 metres | T.Auciello | 3m 57.49s | 17.11.91 |

| | | | | | | | | |
|------------------|--------------|------------|--------|----------|------------------|---------------|--------|---------|
| 3000 metres | T. Audie | 8m | 52.76s | 13.10.91 | Long Jump | S. Liku | 6.23m | 11.2.95 |
| 100m Hurdle | C. Burgess | | 16.07s | 30.1.94 | Triple Jump | S. Liku | 11.66m | 12.2.95 |
| 200m Hurdle | W. Bird | | 27.00s | 1973 | Shot 4kg | B. Otto | 9.34m | 26.1.94 |
| 400m Hurdle | D. Davison | 1m | 01.91s | 10.11.84 | Discus 1kg | B. Otto | 25.76m | 26.1.94 |
| 2000m Steeple | T. Clarsen | 6m | 29.1s | 23.11.85 | Javelin 600g | K. Hall | 29.14m | 30.1.94 |
| 1500m Walk | D. Latham | 7m | 45.0s | 30.11.76 | Hammer 4kg | C. Williams | 14.28m | 1.11.91 |
| High Jump | H. Pavlidis | | 1.90m | 16.9.81 | Heptathlon | K. Hall | 4143pt | 30.1.94 |
| Long Jump | R. Fong | | 6.12m | 21.9.80 | 4 x 200 m Relay | B. Otto | | |
| Triple Jump | G. Nixon | | 13.56m | 1975 | | D. Ferraro | | |
| Pole Vault | S. Jansen | | 2.45m | 3.12.83 | | U. Rodway | | |
| Shot (4.535kg) | H. Pavlidis | | 13.25m | 3.10.82 | | G. Templeman | 1m | 46.38s |
| Discus (1.5kg) | H. Pavlidis | | 42.22m | 3.10.82 | 4 x 400 m Relay | U. Rodway | | |
| Javelin (700g) | D. Davison | | 47.74m | 7.11.81 | | K. Hall | | |
| Hammer (4.535kg) | A. Noisier | | 19.40m | 8.12.84 | | H. Moore | | |
| Multi Event | C. Burgess | 3643points | | 30.1.94 | 4 x 800 m Relay | C. Williams | 3m | 58.68s |
| 4 x 100m Relay | C. Davis | | | | | M. Buckley | | |
| | C. Witheriff | | | | | R. Carne | | |
| | M. Lubrano | | | | | C. Williams | | |
| | M. Jansen | 44.89s | | 4.12.83 | 4 x 1500 m Relay | L. Zammarelli | 9m | 13.02s |
| 4 x 200m Relay | C. Davis | | | | | C. Batman | | |
| | C. Witheriff | | | | | L. Bennett | | |
| | M. Lubrano | | | | | M. Dovey | | |
| | M. Jansen | 1m | 33.15s | 20.11.83 | | B. Mrakovcic | 18m | 53.95s |
| 4 x 400m Relay | V. Parker | | | | | | | |
| | D. Davison | | | | | | | |

| | | | | |
|-----------------|---------------|-----|--------|----------|
| 4 x 800m Relay | A. Noisier | 3m | 33.65s | 16.12.84 |
| | N. Nixon | | | |
| 4 x 1500m Relay | P. Warren | | | |
| | M. Lubrano | | | |
| | R. Woods | 8m | 23.49s | 28.11.83 |
| | R. Summerill | | | |
| | P. Warren | | | |
| | G. Sheumacher | | | |
| | R. Woods | | | |
| | R. Summerill | 17m | 39.48s | 12.12.82 |

UNDER 14 BEST ON RECORD

| | | | | |
|-----------------|-------------|-----|--------|----------|
| 100 metres | C. Pelham | | 11.63s | 12.10.91 |
| 200 metres | C. Pelham | | 23.24s | 8.2.92 |
| 400 metres | A. Noisier | | 53.57s | 25.2.84 |
| 800 metres | N. Nixon | 2m | 07.84s | 27.2.83 |
| 1500 metres | N. Nixon | 4m | 19.88s | 26.2.83 |
| High Jump | S. Mungovan | | 1.65m | 6.11.82 |
| Long Jump | A. Noisier | | 5.52m | 1.1.84 |
| Triple Jump | A. Noisier | | 11.54m | 8.11.83 |
| Shot (3.623kg) | A. Noisier | | 14.16m | 6.1.84 |
| Discus (1kg) | A. Noisier | | 39.44m | 17.1.84 |
| Javelin (500g) | A. Noisier | | 43.00m | 27.1.84 |
| 4 x 400m Relay | N. Nixon | | | |
| | M. Tonge | | | |
| | S. Jansen | | | |
| | A. Irwin | 4m | 01.23s | 28.11.82 |
| 4 x 800m Relay | D. Davison | | | |
| | D. Whealy | | | |
| | A. Irwin | | | |
| | N. Nixon | 9m | 17.55s | 12.12.85 |
| 4 x 1500m Relay | D. Whealy | | | |
| | A. Irwin | | | |
| | T. Dietz | | | |
| | N. Nixon | 19m | 40.94s | 28.11.82 |

WOMENS SENIOR BEST ON RECORD

Commenced on 1.10.86

| | | | | |
|---------------|--------------|--------|--------|----------|
| 100 metres | C. Williams | | 12.30s | 4.1.91 |
| 200 metres | A. di Rosa | | 25.23s | 18.2.96 |
| 400 metres | P. Gunning | | 56.59s | 23.3.97 |
| 800 metres | B. Mrakovcic | 2m | 10.65s | 21.2.88 |
| 1500 metres | B. Mrakovcic | 4m | 21.45s | 20.2.88 |
| 3000 metres | B. Mrakovcic | 9m | 33.26s | 28.2.87 |
| 10000 metres | B. Mrakovcic | 36m | 07.0s | 7.11.88 |
| 2000m Steeple | E. Stratford | 7m | 31.7s | 18.1.97 |
| Marathon | P. Marshall | 2h 52m | 03.0s | 25.4.86 |
| 1 mile | B. Mrakovcic | 4m | 46.70s | 10.1.88 |
| 100mH(0.840m) | S. Liku | | 14.39s | 11.2.95 |
| 200mH(0.762m) | B. Otto | | 33.30s | 23.10.91 |
| 400m H | U. Rodway | | 62.21s | 8.3.97 |
| 3000m Walk | A. Manning | 12m | 29.20s | 5.2.94 |
| 5000m Walk | A. Manning | 21m | 23.07s | 17.2.96 |
| 10000m Walk | A. Manning | 44m | 27s | 21.1.96 |
| High Jump | K. Hall | | 1.65m | 27.11.93 |
| | C. Bartlett | | 1.65m | 21.12.96 |

| | | | |
|------------------|---------------|--------|---------|
| Long Jump | S. Liku | 6.23m | 11.2.95 |
| Triple Jump | S. Liku | 11.66m | 12.2.95 |
| Shot 4kg | B. Otto | 9.34m | 26.1.94 |
| Discus 1kg | B. Otto | 25.76m | 26.1.94 |
| Javelin 600g | K. Hall | 29.14m | 30.1.94 |
| Hammer 4kg | C. Williams | 14.28m | 1.11.91 |
| Heptathlon | K. Hall | 4143pt | 30.1.94 |
| 4 x 200 m Relay | B. Otto | | |
| | D. Ferraro | | |
| | U. Rodway | | |
| | G. Templeman | 1m | 46.38s |
| 4 x 400 m Relay | U. Rodway | | |
| | K. Hall | | |
| | H. Moore | | |
| | C. Williams | 3m | 58.68s |
| 4 x 800 m Relay | M. Buckley | | |
| | R. Carne | | |
| | C. Williams | | |
| | L. Zammarelli | 9m | 13.02s |
| 4 x 1500 m Relay | C. Batman | | |
| | L. Bennett | | |
| | M. Dovey | | |
| | B. Mrakovcic | 18m | 53.95s |

WOMENS UNDER 20 BEST ON RECORD

| | | | | |
|------------------|---------------|-----|--------|----------|
| 100 metres | D. Ferraro | | 12.84s | 31.10.92 |
| 200 metres | A. di Rosa | | 25.23s | 18.2.96 |
| 400 metres | P. Gunning | | 56.59s | 23.3.97 |
| 800 metres | P. Gunning | 2m | 11.47s | 22.3.97 |
| 1500 metres | M. Dillon | 4m | 27.76s | 22.2.91 |
| 3000 metres | M. Dillon | 9m | 41.44s | 7.10.90 |
| 10000 metres | N. McKean | 38m | 27.00s | 12.11.86 |
| 2000m steeple | E. Stratford | 7m | 31.7s | 18.1.97 |
| 100mH(0.840m) | A. di Rosa | | 14.85s | 18.1.97 |
| 200mH(0.762m) | B. Otto | | 33.30s | 23.10.91 |
| 400m H | U. Rodway | | 62.21s | 8.3.97 |
| 3000m Walk | C. Stratford | 14m | 36.41s | 11.2.90 |
| 5000m Walk | C. Stratford | 25m | 33.00s | 17.2.90 |
| High Jump | K. Hall | | 1.65m | 27.11.93 |
| | C. Bartlett | | 1.65m | 21.12.96 |
| Long Jump | B. Otto | | 5.67m | 24.2.93 |
| Triple Jump | G. Templeman | | 11.07m | 21.3.93 |
| Shot 4kg | B. Otto | | 9.34m | 26.1.94 |
| Discus 1kg | B. Otto | | 25.76m | 26.1.94 |
| Javelin 600g | K. Hall | | 29.14m | 30.1.94 |
| Heptathlon | K. Hall | | 4143pt | 30.1.94 |
| 4 x 200 m Relay | B. Otto | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | G. Templeman | 1m | 46.38s | 12.11.92 |
| 4 x 400 m Relay | A. di Rosa | | | |
| | E. Stratford | | | |
| | C. Bartlett | | | |
| | P. Gunning | 4m | 05.42s | 15.12.96 |
| 4 x 800 m Relay | M. Buckley | | | |
| | L. Hopkins | | | |
| | L. Horrocks | | | |
| | L. Zammarelli | 9m | 41.37s | 16.11.91 |
| 4 x 1500 m Relay | M. Buckley | | | |
| | N. Hoyle | | | |
| | L. Horrocks | | | |
| | L. Zammarelli | 20m | 16.96s | 24.11.90 |

WOMENS UNDER 18 BEST ON RECORD

| | | | | |
|---------------|--------------|-----|--------|----------|
| 100 metres | D. Ferraro | | 12.84s | 31.10.92 |
| 200 metres | A. Di Rosa | | 25.23s | 18.2.96 |
| 400 metres | P. Gunning | | 56.59s | 23.3.97 |
| 800 metres | P. Gunning | 2m | 11.47s | 22.3.97 |
| 1500 metres | M. Dillon | 4m | 27.76s | 22.2.91 |
| 3000 metres | M. Dillon | 9m | 41.44s | 7.10.90 |
| 100mH(0.840m) | A. Di Rosa | | 14.85s | 18.1.97 |
| 200mH(0.762m) | B. Otto | | 33.30s | 23.10.91 |
| 400m H | A. Di Rosa | | 62.67s | 23.3.97 |
| 3000m Walk | C. Stratford | 14m | 36.41s | 11.2.90 |
| High Jump | C. Bartlett | | 1.65m | 21.12.96 |
| Long Jump | B. Otto | | 5.67m | 24.2.93 |
| Triple Jump | G. Templeman | | 11.07m | 21.3.93 |
| Shot 4kg | B. Otto | | 9.34m | 26.1.94 |
| Discus 1kg | B. Otto | | 25.76m | 26.1.94 |
| Javelin 600g | U. Rodway | | 28.88m | 26.3.94 |

| | | | | |
|------------------|----------------|-----|--------|----------|
| Heptathlon | U. Rodway | | 4446pt | 30.1.94 |
| 4 x 200 m Relay | B. Otto | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | G. Templeman | 1m | 46.38s | 12.11.92 |
| 4 x 400 m Relay | A. di Rosa | | | |
| | E. Stratford | | | |
| | C. Bartlett | | | |
| | P. Gunning | 4m | 05.42s | 15.12.96 |
| 4 x 800 m Relay | M. Buckley | | | |
| | L. Hopkins | | | |
| | L. Horrocks | | | |
| | L. Zammarrelli | 9m | 41.37s | 16.11.91 |
| 4 x 1500 m Relay | M. Buckley | | | |
| | N. Hoyle | | | |
| | L. Horrocks | | | |
| | L. Zammarrelli | 20m | 16.96s | 24.11.90 |

WOMENS UNDER 16 BEST ON RECORD

| | | | | |
|------------------|----------------|-----|---------|----------|
| 100 metres | D. Ferraro | | 12.84s | 31.10.92 |
| 200 metres | A. di Rosa | | 25.23s | 18.2.96 |
| 400 metres | P. Gunning | | 56.59s | 23.3.97 |
| 800 metres | P. Gunning | 2m | 11.47s | 22.3.97 |
| 1500 metres | M. Dillon | 4m | 32.97s | 12.12.88 |
| 3000 metres | M. Dillon | 10m | 01.01s | 18.2.89 |
| 90mH | U. Rodway | | 14.26s | 29.1.94 |
| 100mH | A. Di Rosa | | 14.89s | 25.2.96 |
| 200mH(0.762m) | B. Otto | | 33.30s | 23.10.91 |
| 300mH | A. di Rosa | | 43.16s | 8.12.95 |
| 1500m Walk | C. Stratford | 6m | 45.58s | 18.2.89 |
| High Jump | C. Bartlett | | 1.65m | 21.12.96 |
| Long Jump | U. Rodway | | 5.27m | 28.11.92 |
| Triple Jump | G. Templeman | | 11.07m | 21.3.93 |
| Shot 4kg | B. Otto | | 8.74m | 4.3.92 |
| Discus 1kg | U. Rodway | | 23.32m | 28.10.92 |
| Javelin 600g | U. Rodway | | 28.88m | 26.3.94 |
| Heptathlon | U. Rodway | | 4446pts | 30.1.94 |
| 4 x 200 m Relay | C. Buckley | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | J. Nelson | 1m | 54.60s | 16.11.91 |
| 4 x 400 m Relay | M. Buckley | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | J. Nelson | 4m | 17.48s | 17.11.91 |
| 4 x 800 m Relay | M. Buckley | | | |
| | L. Horrocks | | | |
| | U. Rodway | | | |
| | L. Zammarrelli | 9m | 44.64s | 26.11.89 |
| 4 x 1500 m Relay | M. Buckley | | | |
| | N. Hoyle | | | |
| | L. Horrocks | | | |
| | L. Zammarrelli | 20m | 16.96s | 24.11.90 |

WOMENS UNDER 14 BEST ON RECORD

| | | | | |
|-----------------|----------------|-----|--------|----------|
| 100 metres | D. Ferraro | | 12.95s | 12.10.91 |
| 200 metres | D. Ferraro | | 25.85s | 15.2.92 |
| 400 metres | D. Ferraro | | 58.58s | 12.10.91 |
| 800 metres | L. Zammarrelli | 2m | 18.86s | 7.10.88 |
| 1500 metres | L. Zammarrelli | 4m | 43.09s | 7.12.88 |
| 3000 metres | E. Stratford | 10m | 34.99s | 8.12.95 |
| 200mH(0.762m) | U. Rodway | | 39.20s | 23.10.91 |
| 1500m Walk | E. Stratford | 6m | 53.59s | 31.3.96 |
| High Jump | C. Bartlett | | 1.65m | 21.12.96 |
| Long Jump | U. Rodway | | 4.94m | 30.1.91 |
| Triple Jump | U. Rodway | | 10.58m | 26.10.91 |
| Shot 2.724kg | U. Rodway | | 7.74m | 4.3.92 |
| Discus 1kg | U. Rodway | | 20.40m | 15.1.92 |
| Javelin 600g | U. Rodway | | 18.08m | 19.2.92 |
| 4 x 200 m Relay | C. Buckley | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | J. Nelson | 1m | 54.60s | 16.11.91 |
| 4 x 400 m Relay | C. Buckley | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | J. Nelson | 4m | 17.48s | 17.11.91 |
| 4 x 800 m Relay | C. Buckley | | | |
| | D. Ferraro | | | |
| | U. Rodway | | | |
| | J. Nelson | 10m | 15.94s | 16.11.91 |

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|------------------|--------------|-----|--------|----------|
| 4 x 1500 m Relay | U. Rodway | | | |
| | J. Roberts | | | |
| | S. Stratford | | | |
| | L. Hopkins | 22m | 08.45s | 26.11.88 |

ATHLETICS NEW SOUTH WALES

St. George hosted the 1996 NSW Novice Cross Country Championships at Scarborough Park. There were 54 starters in the Mens Novice 10km and 22 in the Womens 4km. The mens team came 7th while the womens team came a creditable 3rd with our younger runners forming the team.

Members of St. George Club were active in Athletics NSW holding the following offices:

George Carruthers MBE - Consultant City to Surf, Life Member Athletics NSW

Arthur Peek - Manager NSW Novice CC Championships

Alan Staples - Member Harrier Committee (Winter)

Albert Thomas - Merit Award holder of Athletics NSW

Ron Gribble - Merit Award holder and Announcer for Athletics NSW

Dennis Jolliffe - Merit Award holder of Athletics NSW

Roy Patmore - Merit Award holder of Athletics NSW

AUSTRALIAN & OVERSEAS REPRESENTATIVES

| | | | |
|------------------|-----------------|--------------------------|------|
| 10000m Walk | E. E. Austen | Paris Olympic Games | 1924 |
| 10000m CC | C. Weeks | Wellington-Aust CCC | 1925 |
| 10000m CC | A.A. Gainsford | Wellington-Aust CCC | 1925 |
| Hop, Step & Jump | B.C. Dickinson | Berlin Olympic Games | 1936 |
| 440yds Hurd | G. Gedge | Auckland Empire Games | 1950 |
| | (53.9s) | | |
| Marathon | C. Smeal | Helsinki Olympic Games | 1952 |
| | (2h52m23s) | | |
| 3 Mile | A. Thomas | Brit Comm v USA Sydney | 1956 |
| | (13m 39s 1st) | | |
| 880 yds | J. Bailey | Melbourne Olympic Games | 1956 |
| 5000 metres | A. Thomas | Melbourne Olympic Games | 1956 |
| | (14m 04.8s 5th) | | |
| 1 Mile | A. Thomas | Cardiff Empire Games | 1958 |
| | (4m 02.7s 3rd) | | |
| 3 Mile | (13m 26s 2nd) | | |
| 1500 metres | A. Thomas | Rome Olympic Games | 1960 |
| | (3m 46.8s) | | |
| 5000 metres | A. Thomas | Rome Olympic Games | 1960 |
| | (14m6.2s 11th) | | |
| 1 Mile | A. Thomas | Perth Empire Games | 1962 |
| 3 Mile | A. Thomas | Perth Empire Games | 1962 |
| 1500 & 5000m | A. Thomas | Tokyo Olympic Games | 1964 |
| 800 metres | G. Rootham | | |
| | (1m 48.2s) | | |
| 800 metres | G. Rootham | Munich Olympic Games | 1972 |
| | (1m47.2s) | | |
| 400 metres | S. Gee(47.0s) | Christchurch | |
| 110m Hurdles | V. Plant | C'wealth Games | 1974 |
| Cross Country | L. Whitty | NZ Games Christchurch | 1975 |
| 5000 m | J. Andrews | NZ Games Christchurch | 1975 |
| | (14m08s) | | |
| 10000 m | J. Andrews | Pacific Conference Games | 1981 |
| | (28m41s) | | |
| 12000 m CC | J. Andrews | Christchurch NZ | 1981 |
| 12000 m CC | J. Andrews | World CCC Madrid | 1981 |
| 10000 m Walk | A. Manning | World CCC Gateshead | 1983 |
| 10000 m Walk | A. Manning | C'wealth Games, Victoria | 1994 |
| Marathon | J. Andrews | World C'ships Gothenburg | 1995 |
| | | World C'ships Gothenburg | 1995 |

OUTSTANDING PERFORMANCES MADE OUTSIDE AUSTRALIA

* Former world record

| | | | |
|-----------|-------------------------|-----------------|------|
| 880 yards | J. Bailey (Los Angeles) | 1m48.8s | 1956 |
| 1 Mile | J. Bailey (Los Angeles) | 3m58.1s | 1956 |
| 3 Mile | A. Thomas (London) | 13m 26.4s (1st) | 1958 |
| 1 Mile | A. Thomas (Dublin) | 3m58.6s | 1958 |
| 2 Miles * | A. Thomas (Dublin) | 8m32.0 | 1958 |
| 3 Miles * | A. Thomas (Dublin) | 13m10.8s | 1958 |

| | | | |
|------------------|-----------------------|--------------|------|
| 1500 metres | A. Thomas (Sweden) | 3m42s | 1958 |
| 3000 metres | A. Thomas (Helsinki) | 8m05.2s | 1958 |
| 3 Mile | A. Thomas (London) | (4th) | 1958 |
| 4x1 Mile Relay * | A. Thomas & D. Wilson | 16m 25.6s | 1959 |
| 3 Mile Indoor | A. Thomas (Toronto) | 13m 26.4s | 1964 |
| 880 yards | J. Duxbury (USA) | 1m50.2s | 1966 |
| 5000 metres | L. Whitty (NZ junior) | 14m19.5s | 1977 |
| Marathon | L. Whitty (Fukuoka) | 2h 15m23.00s | 1980 |
| 3000 metres | J. Andrews (Hamilton) | 8m00.81s | 1981 |
| 5000 metres | J. Andrews (Auckland) | 13m52.00s | 1981 |
| 3000 metres | J. Andrews (Poland) | 7m58.70s | 1982 |
| Marathon | J. Andrews (Chicago) | 2h 14m44.00s | 1982 |
| Half Marathon | J. Andrews (Brussels) | 1h 01m37.00s | 1993 |

CLUB, SCHOOLS & AUSTRALIAN JUNIORS OVERSEAS REPRESENTATIVES

| | | | |
|------------------------------|--------------------------|-----------------------------------|------|
| Long Jump | W. Gilliver (6.88m) | NZ Games C'church Schools team | 1975 |
| 800 metres | G. Cook (1m56.0s) | NZ Games C'church Schools team | 1975 |
| 110m Hurdles | W. Bird (15.0s) | NZ Games C'church Schools team | 1975 |
| 110m Hurdles & 100m | W. Bird | Christchurch, NZ | 1977 |
| Marathon | R. Squires (2h23m39s) | NZ Hamilton Marathon | 1975 |
| Marathon | D. Edwards (2h34m51s) | NZ Hamilton Marathon | 1975 |
| Marathon | J. Scott (2h25m04s) | Boston Marathon | 1977 |
| 3000 metres & 1500 metres | L. Whitty | Christchurch Team (NZ) | 1977 |
| Shot & Discus | D. Snell | Christchurch Team (NZ) | 1977 |
| 100m & 200m | R. Henderson | USA (NSW Schools) | 1981 |
| 3000m & 5000m | J. Andrews | UK and Europe | 1982 |
| 100m, 200m 400m | R. Henderson | UK and Europe | 1982 |
| World Walking Cup | A. Manning | Monterrey Mexico | 1993 |
| 400m | K. Gallagher | Lisbon Portugal | 1994 |
| Cross Country | M. Lanham | Durham England | 1995 |
| 200m 400m | K. Gallagher | UK and Europe | 1995 |



Basil Dickinson

OBITUARIES

Vale Alleyn Gainsford OAM

A man whom many considered was the father of Athletics in the St. George District.

Alleyn was the first to arrive at Colvin's Hall, Hurstville on Monday, 7th March 1921 for the inaugural meeting to form the St. George District Amateur Athletic Club and won its first event, a 2½ mile race along Forest Rd, Bexley on 2nd April 1921 and was our first Life Member.

Alleyn built up a momentous history of service to our club and Athletics in Australia and his memorabilia of our club's progress and achievements by our athletes was unbelievable. He was a champion athlete in his heyday (1920's-1930's) winning many State distance running Championships, set in record times and was a true clubman.

Alleyn was a Life Member & Vice President of the State Athletics Association (now ANSW) and was also an Olympic Committee Chairman and 1956 Olympic Games Official and Selector. From his records he attended some 7,800 meetings relating to Athletics.

For 55 consecutive years he was Club President and became the first Emeritus President. These accomplishments will probably never be equalled or surpassed by anyone in any club or organisation.

Alleyn was also active in the St. George scouting movement and held the position of Area Chairman for 20 years and represented the St. George Scouting Association on the State Executive for 30 years.

In 1980 Alleyn was awarded the Order of Australia for his service to our sport and the community.

Alleyn possessed a wonderful memory and would often relate instances of our clubs early history. His memorabilia included exercise books up to two inches thick with media stories, photos and athletic results. It was fascinating that he knew where every story and photo was in the maze of books etc.

His main love in athletics was Cross Country running and he seldom missed a Saturday at Scarborough Park. He always chatting to club members and their families, liked a joke and a scotch and water and over the years became a well known identity in the St. George District.

Alleyn had a pride and admiration for the red and white striped athletic singlet worn by club athletes since our inception. He saw many brilliant St. George Club athletes become Olympians, World and Commonwealth Games representatives, World Record Holders, State and Australian Champions. He was also instrumental in our clubs many Premiership winning teams and relays successes.

Sadly Alleyn passed away just one week prior to our 75th Anniversary Dinner on 13 August 1996 but as his health had been deteriorating during the months prior to his passing it was unlikely that Alleyn would have been able to attend.

Alleyn was a gentle, proud man, proud of his family, proud of what he had achieved in life and proud of our club and its members. He was our last remaining foundation member.

We will all miss Alleyn's presence for a long time to come, in fact we will always remember this wonderful man. On behalf of all club members both past and present I close this tribute with my deepest sympathy to Alleyn's daughters Marjorie and Lynnette and their families. - Ron Gribble (Life Member)

Vale Ken Jenkins

Ken Jenkins joined our Club in 1980 after bringing his daughters Karen and Heather down to run with us. Contrary to the usual form he ran faster as he got older and won the National Fitness Trophy in 1995. Ken became our "handyman"; welding repairs, making metal posts, signs and other odd jobs. He was always there on open days for course marking and officiating, and Ken and Enid always volunteered to work on City to Surf, Half marathon, and Marathon days. Ken was also an active swimmer and sailor. We remember his satisfaction at having sailed from Fremantle to Sydney with the First Fleet Re-enactment in 1988.

Ken was a good bloke and mate.

We miss him. Tom Richards.

Vale Terry O'Connor

Terry passed away suddenly on the morning of Saturday 10 May. Some of our members had seen him during that week and were absolutely shocked to learn of his death. He hadn't competed for a couple of years because of a knee problem but previously was a consistent supporter. He was the second last survivor of a group which commenced training consistently on the oval in Oatley Park back in the early sixties - there is

still an active training group. He was well known in the Oatley area where he was the local chemist for 38 years and the shopping centre closed in tribute to his efforts in local affairs as his cortege passed down the main street. His son Tony is also a Club member. Terry will be remembered for his call "You're looking good"
Our sympathies go to his wife Lorraine, his three sons & two daughters.

Equipment as at 31 March 1997

| | |
|----|----------------------------------|
| 1 | Portable Loud Hailer |
| 1 | Map display Board |
| 1 | Winners Dais |
| 1 | First Aid Kit |
| 4 | High Jump Bars - Fibreglass |
| 1 | Measuring Sticks -Metal |
| 1 | Pole Vault Bar |
| 1 | Pole Vault Pole |
| 2 | Shot Put Stop Boards - Wooden |
| 3 | 6 lb Shot Puts |
| 3 | 4 kg Shot Puts |
| 3 | 3 kg Shot Puts |
| 3 | 8 lb Shot Puts |
| 3 | 10 lb Shot Puts |
| 3 | 12 lb Shot Puts |
| 1 | Heavy Metal Box |
| 1 | 1 kg Discus |
| 1 | 1.5 kg Discus |
| 2 | 2kg Discus |
| 1 | Portable Metal Discus Circle |
| 1 | 400 g Javelin |
| 4 | 600 g Javelin |
| 2 | 700 g Javelin |
| 4 | 800 g Javelin |
| 1 | 50 m Tape Measure |
| 3 | 30 m Tape Measures |
| 1 | Steel 20 m Tape Measure |
| 1 | Set Field Markers (1-20) |
| 1 | Rake |
| 5 | Metal Measuring Spikes |
| 40 | Hurdies |
| 2 | Junior Relay Batons |
| 8 | Relay Batons |
| 1 | Lap Bell (hand) |
| 1 | 2-cap Starting Gun |
| 1 | Clock |
| 1 | Printer-Stop Watch |
| 3 | Stop Watches |
| 2 | Metal Finishing Posts |
| 20 | Metal Course Posts |
| 20 | Wooden Course Flags - Red/White |
| 20 | Plastic Course Flags - Red/White |
| 3 | St George Club Banners/Flags |
| 22 | Clipboards |
| 20 | Plastic Chairs |

Comments on Annual Financial Statements by Dennis Jolliffe

Over the past five years, the Club's funds have fluctuated as follows-

| As at 31 March | Total Club Funds | Movement |
|----------------|------------------|-----------|
| 1992 | \$18,741.65 | |
| 1993 | \$18,061.97 | -\$679.68 |
| 1994 | \$17,183.80 | -\$878.17 |
| 1995 | \$17,264.06 | \$80.26 |
| 1996 | \$16,546.80 | -\$717.26 |
| 1997 | \$17,258.99 | \$712.19 |

In 1996-97 Club Funds rose by \$712.19. Through careful management, the club has been able to arrest the decline in club funds over recent years. This has been at the cost of not being able to assist our developing athletes as much as we would have liked when they were selected to compete in Australian Championships. Another factor which also affected our ability to provide assistance was the inability of Athletics NSW to pay for the supply of Club Officials at the State Marathon Championships in 1996. The major contribution towards the improvement in Club Funds was as a result of reinvestment of the Club's term deposits.

The Club's members contributed to fund raising efforts by officiating at the Half Marathon, Marathon and the City to Surf. Also, the Club received generous donations from various Clubs and organisations for assistance to our athletes to compete in Australian Championships. Through the generosity of these organisations the Club was able to assist many of our athletes. These Clubs are listed in Note 3 to the Accounts.

Once again David Carlisle has agreed to audit the Club's books in an honorary capacity. His suggestions in ensuring that the Club's assets are properly accounted for, and his dedication to his auditing function are of substantial value to the Club.

St George District Athletic Club Inc

Statement of Receipts and Payments for the 12 months ended 31 March 1997

| | \$ | \$ |
|-------------------------------------|-----------------|------------------|
| Receipts | | |
| Annual Subscriptions | 4,990.00 | |
| Cross Country Total (Note 1) | 5,575.00 | |
| Track & Field Total | 63.50 | |
| Sale of Uniforms | 690.00 | |
| General Total (Note 2) | 6,794.06 | |
| Team Fund Total (Note 3) | <u>2,532.00</u> | |
| Total Receipts | | 20,644.56 |
| less | | |
| Payments | | |
| Registrations, etc to Athletics NSW | 4,935.00 | |
| Cross Country Total (Note 4) | 4,367.10 | |
| Track & Field Total | 73.80 | |
| Purchase of Uniforms | 601.00 | |
| General Total (Note 5) | 6,420.58 | |
| Teams Fund Total (Note 6) | <u>4,155.00</u> | |
| Total Payments | | <u>20,552.48</u> |
| Net Surplus | | 92.08 |
| Plus | | |
| Cash at Bank 1 April 1996 | | <u>635.22</u> |
| Cash at Bank 31 March 1997 | | <u>727.30</u> |



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Statement of Financial Position as at 31 March 1997

| | \$ | \$ |
|------------------------------------|--------------------|------------------|
| Current Assets | | |
| Stock on Hand | 1,537.00 | |
| Cash at Bank | 727.30 | |
| Bank Term Deposits | <u>13,775.76</u> | |
| | | 16,040.06 |
| Non-current Assets (Note 7) | | |
| Equipment, at cost less depn | | <u>1,731.00</u> |
| | | 17,771.06 |
| less | | |
| Non-current Liabilities | | |
| Reserve for Perpetual Trophy | 295.10 | |
| Reserve for CC Trophies | <u>216.97</u> | |
| | | <u>512.07</u> |
| | | <u>17,258.99</u> |
| equals | | |
| Club Funds - | | |
| General Fund | 20,151.31 | |
| Teams Fund | <u>(-2,892.32)</u> | |
| | | <u>17,258.99</u> |

Dennis Jolliffe
Honorary Treasurer

Auditor's Statement

I have examined the Books and Records of the St George District Athletic Club Inc. for the year ended 31 March 1997 and report that the above Statement of Financial Position sets out a true and fair view of the state of the Club's affairs at that date.

David Carlisle
Honorary Auditor

Note 1

Cross Country Receipts

| | |
|-------------------------|-------------------|
| Cross Country Race Fees | 2,794.10 |
| Net Raffle Proceeds | 663.30 |
| Novice Day Entries | 1,229.00 |
| Trophy Donation | 50.00 |
| Sale of Refreshments | <u>838.60</u> |
| | <u>\$5,575.00</u> |

Note 2

General Receipts

| | |
|-----------------------------|-------------------|
| Donations | 120.00 |
| Bank Interest | 32.95 |
| Term Deposit Interest | 952.11 |
| Presentation Dinner Tickets | 5,190.00 |
| Presentation Dinner Raffle | <u>496.00</u> |
| | <u>\$6,794.06</u> |

Note 3

Teams Fund Receipts

| | |
|---|-------------------|
| Donations | |
| Brighton Amateur Fishermans Assoc | 100.00 |
| Mortdale RSL Club | 390.00 |
| St. George Leagues Club | 500.00 |
| Arncliffe Scots | <u>250.00</u> |
| | 1,240.00 |
| Raffle Proceeds | 212.00 |
| Contributions re supply of Officials: City to Surf | 600.00 |
| Contributions re supply of Officials: Half Marathon | <u>480.00</u> |
| | <u>\$2,532.00</u> |

Note 4

Cross Country Payments-

| | |
|---|-------------------|
| Cross Country Cycle Prizes | 1,273.40 |
| Cross Country Hire of Hall | 596.00 |
| Raffle Prizes | 125.00 |
| Cross Country Trophies & Other Expenses | 1,099.35 |
| Novice Day Expenses | <u>1,273.35</u> |
| | <u>\$4,367.10</u> |

Note 5

General Payments

| | |
|------------------------------------|-------------------|
| Printing, Postage, Stationery, etc | 249.02 |
| Refreshments | 10.00 |
| Trophies | 338.45 |
| Equipment Maintenance | 87.00 |
| 75th Anniversary Dinner Expenses | 4,783.00 |
| Increase in Term Deposit | <u>953.11</u> |
| | <u>\$6,420.58</u> |

Note 6

Teams Fund Payments

| | |
|----------------------------------|-------------------|
| Assistance to Individuals | |
| D. Batman | 700.00 |
| C. Burgess | 200.00 |
| S. Culkin | 700.00 |
| A. di Rosa | 500.00 |
| P. Gunning | 400.00 |
| C. Pelham | 500.00 |
| E. Stratford | 400.00 |
| U. Rodway | 200.00 |
| C. Bartlett | <u>100.00</u> |
| | 3,700.00 |
| Relay Entries | <u>455.00</u> |
| | <u>\$4,155.00</u> |

Note 7

Equipment

| | |
|-------------------------------|-------------------|
| Equipment, Valued at cost | 4,959.00 |
| less Accumulated Depreciation | <u>3,228.00</u> |
| | <u>\$1,731.00</u> |



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