

NEW SOUTH WALES AMATEUR ATHLETIC ASSOCIATION

PRICE: 20 CENTS

RESULTS OF THE SANYO NEW SOUTH WALES NOVICE CROSS COUNTRY CHAMPIONSHIPS  
HELD AT SCARBOROUGH PARK, RAMSGATE, ON SATURDAY, 12TH MAY, 1984.

N.S.W. MEN'S NOVICE 10,000 METRES CROSS COUNTRY CHAMPIONSHIP

1. D. Lightfoot	SMC	32:21	33. P. Dwyer	ES	36:09
2. B. Southers	Kat	32:41	34. W. Corrick	RB	36:10
3. A. Watson	MW	32:58	35. B. Singh	SMC	36:11
4. K. Taylor	WS	33:05	36. S. Lawrence	StG	36:15
5. H. Gambrell	MW	33:23	37. D. Suttle	RB	36:19
6. M. Keene	S	33:34	38. M. Roberts	RB	36:23
7. M. Nicholl	BS	33:41	39. P. Webb	StG	36:31
8. C. Hamilton	MW	33:43	40. P. Chambers	RB	36:36
9. M. Everton	WSF	33:48	41. I. Melrose	K	36:48
10. I. Humphries	RB	34:04	42. A. Buchan	RB	37:08
11. I. Campbell	RB	34:06	43. D. Cooley	RB	37:09
12. S. Hadlow	MW	34:09	44. P. Rose	StG	37:23
13. G. Scott	RB	34:16	45. B. Hinit	SMC	37:25
14. J. Gumieniuk	SMC	34:24	46. M. Harmer	MW	37:41
15. A. Blue	StG	34:27	47. G. North	ES	37:56
16. R. Briars	RB	34:28	48. I. Stanley	S	38:01
17. I. Gaudry	WSF	34:29	49. M. Nicholson	MW	38:27
18. T. Hall	WS	34:30	50. P. Krier	MW	38:38
19. A. Blonner	WS	34:31	51. J. Chapman	SMC	38:53
20. P. Browne	StG	34:32	52. P. Sanger	S	38:54
21. G. Hoare	S	34:33	53. E. Hall	IBS	40:19
22. M. Beckerman	WS	34:35	54. J. Morris	SMC	41:19
23. D. Pomery	IBS	34:39	55. L. Gonye	UNSW	41:29
24. I. Argall	StG	34:40	56. N. Tamplin	S	41:56
25. P. Sheringham	S	34:53	57. J. Black	SMC	42:30
26. G. Hawke	RB	34:59	58. A. Redhead	MW	42:47
27. P. McGregor	MW	35:01	59. K. Barter	S	43:31
28. N. Burley	BS	35:02	60. N. Fowler	P	44:15
29. C. Goodsell	WS	35:05	61. S. Wood	WS	44:50
30. M. Robinson	WS	35:12	62. V. Gravitis	BS	49:05
31. P. Lineham	WS	36:00	63. K. Jenkins	StG	50:33
32. J. Lupton	RB	36:04			

P. Holland (S) Not Entered; D. Coe & R. Howell Not Registered.

N.S.W. MEN'S NOVICE CROSS COUNTRY TEAMS CHAMPIONSHIP

1. Manly-Warringah No. 1	(3,5,8,12)	28 points
2. Randwick-Botany No. 1	(10,11,13,16)	50 "
3. Western Suburbs No. 1	(14,18,19,22)	66 "
4. Sydney Marathon Clinic	(1,14,35,45)	95 "
5. St. George	(15,20,24,36)	95 "
6. Sutherland	(6,21,25,48)	100 "
7. South Coast Branch	(9,17,23,53)	102 "
8. Randwick-Botany No. 2	(26,32,34,37)	129 "
9. Western Suburbs No. 2	(29,30,31,61)	151 "
10. Randwick-Botany No. 3	(38,40,42,43)	163 "
11. Manly-Warringah No. 2	(27,46,49,50)	172 "

N.S.W. WOMEN'S NOVICE 4,000 METRES CROSS COUNTRY CHAMPIONSHIP

1. T. Adams	C	13:39	4. S. Fleck	ES	14:36
2. L. Schulz	RB	13:44	5. E. Cody	ES	14:46
3. S. Cook	S	14:27	6. M. Dovey	RB	14:48

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N.S.W. WOMEN'S NOVICE 4,000 METRES CROSS COUNTRY CHAMPIONSHIP (CONT.)

7.	J. Gallagher	C	15:10	19.	P. Robson	WS	16:56
8.	K. Hayes	StG	15:15	20.	G. Allen	S	16:56
9.	C. Gorman	S	15:20	21.	L. Fahy	S	17:08
10.	D. Haar	RB	15:49	22.	L. Christison	SW	17:12
11.	N. Smith	CTC	15:53	23.	C. Hall	IBS	17:17
12.	M. Hamilton	MW	16:00	24.	D. Sanger	S	17:21
13.	K. Coster	RB	16:05	25.	E. Wade	BS	17:39
14.	I. McCormick	RB	16:21	26.	H. Kent	BS	17:54
15.	A. Dalton	MW	16:27	27.	J. Rayner	MW	18:11
16.	L. Fawcett	BS	16:45	28.	D. Booth	S	18:50
17.	M. Peek	MW	16:47	29.	E. Bowers	S	19:19
18.	T. Murray	SMC	16:52	30.	C. Delamare	StG	19:48

P. Marshall (SMC) Not Entered; H. Graham (BS) Not Registered.

N.S.W. WOMEN'S NOVICE CROSS COUNTRY TEAMS CHAMPIONSHIP

1.	Randwick-Botany	(2,6,10,13)	31 points
2.	Sutherland	(3,9,20,21)	53 "
3.	Manly-Warringah	(12,15,17,27)	71 "

SUPPORTING EVENTS

SENIOR 10,000 METRES CROSS COUNTRY

1.	L. Whitty	BS	31:09	38.	J. Smith	P	37:22
2.	J. Kearns	MW	31:53	39.	J. Eastwood	BS	37:23
3.	Q. Morley	WS	32:00	40.	M. Irwin	StG	37:25
4.	D. Beeson	ES	32:13	41.	A. Argall	StG	37:27
5.	S. Nobbs	StG	32:14	42.	D. Chatwin	BS	37:38
6.	C. Whiteman	StG	32:53	43.	D. Wade	BS	38:07
7.	A. Lloyd	ES	32:54	44.	I. Birss	S	38:20
8.	W. Raimond	WSF	32:55	45.	C. Astle	MW	38:25
9.	Scanlen	INV.	32:56	46.	P. Piper	RB	38:32
10.	R. Rojas	WSF	32:59	47.	W. Lloyd	S	38:40
11.	H. Ward	S	33:08	48.	L. Gleeson	RB	38:47
12.	R. Spilling	WS	33:10	49.	D. Bond	S	38:51
13.	J. Harrison	UNSW	33:11	50.	C. Spriggens	StG	38:54
14.	P. Simpson	S	33:51	51.	P. Verstegen	S	38:55
15.	D. Just	BS	34:07	52.	G. McClean	StG	39:01
16.	G. Sockhill	WS	34:11	53.	T. Irwin	StG	39:01
17.	K. Mayhew	RH	34:12	54.	S. Knight	NS	39:03
18.	I. Graves	S	34:13	55.	B. O'Dea	StG	39:12
19.	J. Lee	StG	34:47	56.	P. Robinson	S	39:15
20.	G. Cook	GW	35:17	57.	G. Beahan	BS	39:35
21.	P. Brown	BS	35:18	58.	G. Allomes	BS	40:05
22.	E. Cherry	ES	35:37	59.	H. Fooks	S	40:13
23.	G. Beale	BS	35:38	60.	G. Clark	S	40:17
24.	J. Bowers	S	35:50	61.	K. Barker	BS	40:22
25.	S. McGloin	RB	35:55	62.	J. Murn	USNW	40:37
26.	R. Coyle	MW	35:57	63.	Irvine	StG	40:41
27.	C. Hodges	RB	36:01	64.	Maitland	RB	40:54
28.	S. McLean	StG	36:07	65.	Edwards	V	40:58
29.	L. Good	RB	36:19	66.	R. Bennett	UNSW	41:05
30.	C. Dalton	MW	36:22	67.	P. Jones	StG	41:15
31.	R. Osborne	RH	36:33	68.	J. McClean	StG	41:16
32.	R. Mrakovcic	RB	36:47	69.	N. Markham	V	41:20
33.	R. Gillingham	S	36:51	70.	W. Seary	V	41:21
34.	R. Piper	RB	36:51	71.	G. Kable	S	41:36
35.	N. Shackleton	MW	37:08	72.	W. Griffith	P	41:43
36.	J. Bedford	BS	37:17	73.	M. Kean	S	41:47
37.	P. Tqte	BS	37:18	74.	F. Devlin	RB	41:48



SENIOR 10,000 METRES CROSS COUNTRY (CONT.)

75. R. Sewell	Girr	42:05	108. H. Owens	S	46:59
76. D. Libter	RB	42:09	109. R. Allen	S	47:17
77. A. Morrissey	RB	42:16	110. P. Cougherty	S	47:21
78. G. Buckley	BS	42:19	111. B. Scott	S	47:41
79. R. Macmillan	S	42:32	112. L. Brown (F)	INV.	47:48
80. M. O'Hehie	S	42:34	113. E. Browne	INV.	47:48
81. G. Cafe	S	42:44	114. D. Mitchell	INV.	47:51
82. M. Rabbitt	RB	42:48	115. K. Sloane	S	47:54
83. A. Milne	S	42:50	116. A. Ross	WS	48:36
84. G. Gotch	BS	42:51	117. M. Powditch	S	48:46
85. T. Richards	StG	42:55	118. J. Davison	RB	48:58
86. D. Warburton	S	43:11	119. P. Friend	Qantas	49:18
87. B. Sharpe	BP	43:13	120. E. Barclay	S	49:21
88. B. Hancock	S	43:38	121. R. Payne	RB	49:27
89. J. Gorman	S	43:58	122. R. Wendt	S	50:01
90. R. Woodcock		44:02	123. M. Fooks (F)	S	50:05
91. M. Owen	S	44:07	124. E. Gentle	StG	50:37
92. W. McCusker	UNSW	44:13	125. P. Short	BS	50:38
93. J. Heslop	S	44:26	126. A. Hynes	RB	50:48
94. R. Toole	S	44:39	127. B. Pease	V	50:56
95. E. Grant	S	45:17	128. K. Cravine	RB	51:32
96. P. Dell	S	45:18	129. J. Laird	S	51:52
97. H. Bardorf	S	45:26	130. D. Thompson	S	51:58
98. UNKNOWN		45:31	131. P. Wright	StG	52:08
99. P. Williamson	S	45:38	132. T. Allen (F)	S	53:02
100. D. Coughley	S	45:50	133. P. Flanagan	S	53:02
101. I. Wood	S	45:53	134. K. Warwick	S	53:06
102. B. Molino	StG	45:57	135. R. Allen (F)	S	53:14
103. B. Newton	BS	46:12	136. D. Owens (F)	S	54:18
104. R. O'Meera	S	46:50	137. H. Owens	S	54:37
105. B. Letcher	Bath	46:51	138. G. Lambert	S	56:53
106. K. Allen (F)	S	46:52	139. J. Barter (F)	S	57:29
107. G. Sampson	BS	46:57			

UNDER 20 4,000 METRES CROSS COUNTRY (AND SENIOR FEMALE)

1. W. Andrews	MW	11:58	14. A. Vote (F)	S	16:12
2. M. Roberts	BS	12:10	15. L. Hamilton (SF)	MW	16:37
3. E. Vandermee	RB	13:09	16. D. Walsham (F)	K	17:10
4. J. Davis	StG	13:12	17. B. Holmes (F)	StG	17:20
5. P. Just (SF)	BS	13:15	18. P. Stenson (S)	S	17:35
6. E. Argall (F)	StG	13:42	19. J. Page (F)	StG	17:57
7. K. Ganzevoort (F)	BS	14:08	20. N. Hocking (F)	StG	18:10
8. F. Whelan (SF)	BS	14:09	21. A. Waghorn (S)	S	18:23
9. R. Hingerty (S)	S	14:16	22. P. Ellis (S)	S	18:25
10. R. Wood	SMC	14:41	23. B. Munns (F)	S	18:34
11. R. Arnold (S)	S	14:59	24. UNKNOWN		18:36
12. J. Walker (SF)	MW	15:15	25. L. Yali (F)	P	19:57
13. T. Ross (S)	S	15:23			

UNDER 18 4,000 METRES CROSS COUNTRY

1. M. Sewell	MW	12:05	11. S. Barclay	RB	13:54
2. S. Brown	RB	12:12	12. D. Ignacz	HD	14:11
3. S. Rothwell	Kat	12:14	13. R. Harper	SMC	14:23
4. R. Deutsch	RB	12:22	14. D. Bellingham	S	15:14
5. D. Woodcock	MW	12:26	15. R. Norton (F)	RB	16:23
6. P. Dickson	SMC	12:28	16. M. Stavert	S	17:04
7. S. Scott	S	12:46	17. L. Yali (F)	P	17:41
8. R. Roberts	BS	12:47	18. A. Ludington	S	18:27
9. K. Murphy	Kat	13:26	19. D. Crispine	S	18:49
10. S. Dalton (F)	MW	13:39	20. S. Mellor	S	19:31



UNDER 16 4,000 METRES CROSS COUNTRY

1.	S. Dewhurst	CTC	12:53	23.	S. McLennan	S	15:31
2.	J. Brown	CTC	12:59	24.	C. Smith (F)	CTC	15:37
3.	P. Mapstone	MW	13:07	25.	M. McIntyre (F)	StCl	15:46
4.	J. Wendt	S	13:29	26.	R. Overton	WS	16:18
5.	N. Grant	J	13:37	27.	S. Walsham (F)	K	16:28
6.	B. Garrety	RB	13:50	28.	D. McIntyre (F)	StCl	16:44
7.	P. Webb	RB	13:52	29.	C. Parry	SSB	16:49
8.	S. SEwell	MW	13:54	30.	D. Walsham (F)	K	16:56
9.	T. Rainmond	WSF	14:00	31.	P. Scott	S	17:16
10.	A. Isaac	StG	14:02	32.	M. Wood	S	17:42
11.	B. Wood	SMC	14:02	33.	D. Bazzano (F)	S	17:44
12.	D. Rossa	RB	14:17	34.	M. Chapman (F)	SSB	17:46
13.	J. Clarke	WSF	14:25	35.	N. Andrew	S	17:51
14.	J. Murray	WS	14:38	36.	T. Rizk	SSB	18:27
15.	A. Irwin	StG	14:43	37.	J. Roman	S	18:28
16.	P. Chapman	S	14:44	38.	C. Burne	PtHack	18:29
17.	G. Kable	S	14:55	39.	M. Lynch	S	18:30
18.	M. Tonge	StG	14:57	40.	B. McAuliff	S	19:35
19.	G. Sanger	S	15:00	41.	D. Roman	S	19:36
20.	S. Sutherland	S	15:13	42.	K. Landop (F)	S	19:46
21.	P. Wiggins	Wall	15:18	43.	M. Sloane (F)	S	19:46
22.	S. Haggerty	StG	15:29				

UNDER 14 2,000 METRES CROSS COUNTRY

1.	J. Thomas	RH	6:27	10.	S. Overton (F)	WS	7:46
2.	M. Thomas	RH	6:30	11.	J. Arnold	S	7:47
3.	P. Deutsch	RB	6:36	12.	D. Dawn (F)	MW	7:53
4.	T. Clarsen	RB	6:40	13.	L. Stone (F)	S	8:09
5.	C. Barter	S	6:42	14.	L. Wood (F)	S	8:14
6.	T. Dietz	StG	6:44	15.	M. Arnold (F)	S	8:26
7.	W. Quick	War	7:09	16.	D. Waghorn (F)	S	8:55
8.	N. Stenberg (F)	HD	7:11	17.	J. Waghorn (F)	INV.	9:01
9.	S. Bellingham	S	7:43	18.	R. Ellis (F)	S	11:53

UNDER 13 2,000 METRES CROSS COUNTRY

1.	W. Lear	Woll	6:53	29.	D. Raymond	S	7:58
2.	M. Sanger	S	6:59	30.	B. Williams	S	7:59
3.	D. Pazzano	S	7:00	31.	J. Lambert	BP	8:03
4.	K. Ansell (F)	S	7:01	32.	A. Bloom	S	8:05
5.	S. Abell	MW	7:06	33.	J. Stone (F)	S	8:11
6.	T. Letcher	Bath	7:12	34.	M. Richards	S	8:12
7.	N. Baird	S	7:14	35.	P. Sewell	Girr	8:13
8.	C. Shane	S	7:15	36.	J. Smith	Nep	8:20
9.	D. Smith (F)	S	7:16	37.	D. Walsham (F)	K	8:22
10.	M. Locke	StG	7:17	38.	B. Holmes (F)	StG	8:23
11.	J. Hall	IBS	7:20	39.	D. Yali (F)	P	8:27
12.	L. Rass (F)	S	7:23	40.	N. Hocking (F)	StG	8:35
13.	S. McKenzie	S	7:25	41.	N. Wood	S	8:40
14.	S. Walsham (F)	K	7:27	42.	M. Locke	StG	8:41
15.	C. McCormack	Gym	7:29	43.	J. Tonge	StG	8:41
16.	N. Ardren	S	7:30	44.	J. Thompson	Ill	8:50
17.	C. Burne	PtHack	7:31	45.	D. Letcher	Bath	8:56
18.	J. Romy	S	7:32	46.	S. McCormack	Gym	8:57
19.	N. Orchard (F)	S	7:33	47.	L. Vote (F)	S	9:10
20.	F. Clare (F)	Gul	7:33	48.	B. Ellis (F)	S	9:13
21.	G. Ignacz (F)	HD	7:35	49.	K. O'Hare (F)	S	9:15
22.	A. Farquhar	S	7:35	50.	Y. Lynch (F)	S	9:25
23.	A. Brown	CTC	7:41	51.	S. Bloom (F)	S	9:48
24.	M. Lynch	S	7:44	52.	M. Marnil	StG	9:59
25.	A. Vote (F)	S	7:46	53.	N. Warwick (F)	S	10:00
26.	A. Clarke	Woll	7:47	54.	B. Thompson	S	10:04
27.	C. Revithiadis	StG	7:49	55.	N. Stenson (F)	S	10:05
28.	S. Hall	IBS	7:50	56.	P. Arnold (F)	INV.	10:07

UNDER 13 2,000 METRES CROSS COUNTRY (CONT.)

57.	S. Hengerty	S	10:19	64.	Thompson (F)	INV.	11:42
58.	M. McKenzie	INV.	10:30	65.	C. Roman (F)	INV.	11:51
59.	L. Verstegen	O	10:31	66.	M. Milne (F)	S	11:53
60.	B. O'Hare (F)	S	10:41	67.	E. Sanger (F)	S	11:54
61.	J. Lynch	INV.	10:55	68.	A. Grant	S	11:55
62.	S. O'Mera (F)	S	10:56	69.	S. Warwick	Ill	11:56
63.	D. Milne (F)	S	11:11				

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