



St. George District Athletic Club Inc.

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SUMMER CROSS COUNTRY PROGRAMME - 2000/2001

ENQUIRIES TO ARTHUR PEEK Tel: (02) 9534 4304

DATE	VENUE	6.50pm	7.10pm	COMMENTS
OCT 2000				
WED 4 th	SCARBOROUGH PARK	2km	3km	
WED 11 th	PEAKHURST PARK	2km	3km	
WED 18 th	GANNONS PARK	2km	3km	
WED 25 th	SCARBOROUGH PARK	2km	4km	
NOV 2000				
WED 1 st	PEAKHURST PARK	2km	3km	Reverse
WED 8 th	GANNONS PARK	2km	3km	Reverse/Teams
WED 15 th	SCARBOROUGH PARK	2km	4km	Reverse
WED 22 nd	PEAKHURST PARK	2km	3km	Teams
WED 29 th	GANNONS PARK	2km	3km	
DEC 2000				
WED 6 th	SCARBOROUGH PARK	2km	4km	Teams
WED 13 th	PEAKHURST PARK	2km	3km	Reverse
JAN 2001				
WED 17 th	GANNONS PARK	2km	3km	Reverse
WED 24 th	SCARBOROUGH PARK	2km	4km	Reverse
WED 31 st	PEAKHURST PARK	2km	3km	
FEB 2001				
WED 7 th	GANNONS PARK	2km	3km	
WED 14 th	SCARBOROUGH PARK	2km	4km	
WED 21 st	PEAKHURST PARK	2km	3km	Reverse/Teams
WED 28 th	GANNONS PARK	2km	3km	Reverse
MAR 2001				
WED 7 th	SCARBOROUGH PARK	2km	4km	Reverse
WED 14 th	SCARBOROUGH PARK	2km	3km	Teams

VENUES

SCARBOROUGH PARK HAWTHORNE STREET, RAMSGATE

PEAKHURST PARK TRAFALGAR STREET, PEAKHURST

GANNONS PARK ISAAC STREET, PEAKHURST

COMPETITION RULES/TROPHIES/FEES

- \$5.00 Race fees - for the season
- Three runners make one team - 2k + 2k + 3k/4k - no individual runners pointscore on team days
- Aggregate handicap pointscore for first three placings in each division.
- Fastest times pointscore male / female in each division
- Trophy for each member of champion team