St. George District Athletic Club, Inc.

Incorporated 1992. Successor to St. George District Amateur Athletic Club Founded 1921.



St George District Athletic Club

SUMMER CROSS COUNTRY 2013- 2014 Program

D A IDE	T/DNITE	< 50 DM	# 40 DX #
DATE	VENUE	6.50 PM	7.10 PM
OCTOBER 2013			
WED 23rd	SCARBOROUGH PARK	2KM*	3KM*
WED 30th	GANNONS PARK	2KM*	3KM*
NOVEMBER 2013			
WED 6th	SCARBOROUGH PARK	2KM	3KM
WED 13th	GANNONS PARK	2KM	3KM
WED 20th	SCARBOROUGH PARK	2KM	3KM
WED 27th	GANNONS PARK	2KM	3KM
DECEMBER 2013			
WED 4th	SCARBOROUGH PARK	2KM	4KM
WED 11 th	GANNONS PARK	2KM	3KM
WED 18 th	SCARBOROUGH PARK	2KM	4KM
JANUARY 2014			
WED 8th	GANNONS PARK	2KM	3KM
WED 15th	SCARBOROUGH PARK	2KM	4KM
WED 22nd	GANNONS PARK	2KM	3KM
WED 29th	SCARBOROUGH PARK	2KM	4KM
FEBRUARY 2014			
WED 5th	GANNONS PARK	2KM	3KM
WED 12 th	SCARBOROUGH PARK	2KM	3KM
WED 19th	SCARBOROUGH PARK	2KM	3KM

Scarborough Park ----- Hawthorne St Ramsgate

Gannons Park ----- Southern car park via Forest Rd to Boatwright Ave Peakhurst.

Athletics NSW insists that all competing athletes be insured, therefore all runners must be registered. Unregistered runners wishing to race in these events are allowed two trialling runs, before registration.

Aggregate handicap pointscore trophies for the first three placings in each division. Fastest times pointscore trophies Male/Female in each division.

Enquiries - David Edwards 9528-8681,e-mail <u>davide154@hotmail.com</u> or Kim Delaney 9597-7670 <u>lynkim@optusnet.com</u>

^{*}These races are scratch, all other runs will be handicap unless conditions dictate otherwise.